

Recommended As An Ideal Remedy



W. S. BOND, ESQ.

Lloydtown, Ont., March 10th, 1909.

"For some years I have been greatly troubled with headaches and indigestion, brought on by stomach disorders, constipation and biliousness. I had tried many remedies with only indifferent success, until 'Fruit-a-tives' came to my notice. Being a general store-keeper, I was selling a good many 'Fruit-a-tives' to my customers and remarking how pleased they were with the results obtained from using 'Fruit-a-tives,' I decided to try them and, I might say, the effects were almost magical. Headaches and biliousness disappeared and to-day I recommend 'Fruit-a-tives' to my customers as 'An ideal remedy.'

"I might also add that about three years ago I was laid up with LUMBAGO AND SCIATICA—couldn't get out of bed or lift one foot over the other. A good treatment of 'Fruit-a-tives' cured me of these pains and banished the Sciatica and Lumbago so that to-day I am as well as ever and can lift anything necessary."

(Signed) W. S. BOND.

Moir's



Think of little, thin squares, sweet as honey, and coated with purest of smooth, rich chocolate, and you'll have a slight idea of the delicious confection known as Moir's Chocolate Chips. Buy a box and introduce yourself to them in reality.

MOIR'S, Limited, Halifax, N.S.

Chocolate Chips

Gasoline

16c. A GALLON

Put in Your Tank at Our Dock.

Garage

Repairs to Automobiles and Marine Engines promptly attended to.

Selby & Youlden, Ltd.

Ontario St.

With **Maypole Soap**
With **Ease at Home**
With **Sure Results**

10c. for colors, 15c. for black.

Frank L. Bamford & Co., Montreal.

CHEAPER Year smart dresses and to clean
TO CLEAN your soiled
OF DYE curtains and dresses
THAN BUY will all look as fresh and
bright as new after we
clean or dye them.

The cost is small and we pay the
express charges one way on out-of-town
orders.

WRITE FOR OUR NEW BOOKLET, IT TELLS ALL

"MY VALET"
FOUNTAIN CLEANER
50 Adelaide St. W., Toronto

Wood's Phosphodine
The Great English Remedy
Tones and invigorates the whole
nervous system, makes new
blood in old veins, cures Nerve
debility, Headache, Dizziness, Weak
stomach, Neuralgic Weakness, Eruptions, Skin
affections, and Effects of Abuse and Excess.
Sells all over the world. Sold by all druggists or mailed by
direct to the old receipt of price. Also wholesale
mail order. The Wood Medicine Co.,
Toronto, Ont.

OUR ROOSTER BRAND OF TOBACCO

Smoking and Chewing at forty-five cents a pound, is a good tobacco. Why pay eighty-five cents. Andrew Maclean, Ontario street.

ASTRONOMERS WATCH MARS AT CLOSE RANGE.



WATCHING MARS AT GREENWICH FROM THE SPHERE.

The planet Mars, says the Sphere, being now in unusual proximity to the earth, is a prominent object in the heavens the greater part of the night. Mars is due south (on the meridian) about midnight and is two million miles nearer than when Mr. Percival Lowell observed it in 1907 from this great observatory in Arizona. This brilliant amateur astronomer claims to have seen canals in Mars and thus to have established the fact that there are beings on the planet; if so, these enormous canals would show greater engineering capacity than we on the earth possess. Few astronomers, however, accept his theory. Our artist when he was in the observatory (Greenwich) was struck by the solemn stillness of the place while the astronomers are at work on their delicate observations. The room, of course, is quite in the dark except for the light which creeps in from the night sky and the little electric lamp which enables one of the observers to make notes in his observation book.



DR. FRANCISCO FERRER. M. LEPINE CHECKING A DEMONSTRATION IN PARIS. FROM ILLUSTRATION.

Despite many appeals, and it was reported, against the wish of Pope Pius X., Dr. Francisco Ferrer, a Spanish radical, was shot to death in Barcelona.

The news of the execution of the sentence of death imposed by the court-martial caused an outbreak of angry protest over Continental Europe, serious rioting taking place in Paris and Rome. In the French capital ten thousand men made a demonstration against the Spanish Embassy. The rioters fired a volley of shots at M. Lepine, Prefect of Police, when he appeared to quell the outbreak. M. Lepine narrowly escaped death.

Telling Fortunes.
"Rich man, poor man, beggar man, thief."
"Tell by your looks which you'll be,
Doctor, lawyer, merchant, cheat—
There! You're rich and a great M.D."

Next say, "Silk satin, calico, ribbons."
To choose a gown for your charming
bride,
"Oh good! But, of course, she would have
silk."
To sit by her own true lover's side.

Where shall the happy couple live?
"Big house, little house, pig pen, barn,"
cried I in a huff. "It can't be true!"
This fortune telling is all a yarn.

And yet, who knows what the buttons
know?
Who knows they are not as wise as
men?
Some button buttons do come true:
So say the fortune teller again.

Let It Go.
Robert S. Donham in suggestion.
Has a neighbor done you wrong?
Let it go.
Argue not, lest friendship end;
Let his weakness make you strong.
Help to cheer the world with song,
Hatred never rights a wrong.
Let it go.

Have you misused your heart's desire?
Let it go.
Don't lose courage, still aspire;
Could you know, is tried by fire,
Moaning never will set you higher.
Let it go.

Do you differ with a friend?
Let it go.
Argue not, lest friendship end;
Better far good will to lend,
Time and trouble soon will end.
Let it go.

In your past is there a stain?
Let it go.
If its memory gives you pain,
Drive it out—'twill be your gain.
Cheerful thoughts will banish pain.
Let it go.

Hay's Hair Health

ACTUALLY, POSITIVELY, INVARIABLY RESTORES GRAY HAIR TO THE COLOR AND VIGOR OF YOUTH.

You can't look young if your hair is gray, faded, dull and lifeless. Hay's Hair Health will bring back the natural color, just as it was when you were young. Stops dandruff and falling out. Makes the hair bright, silky and full of life and beauty—NOT A DYE—won't color or sell your skin.

\$1 AND 50c. BOTTLES, AT DRUGGISTS.
Hay's Hair Health Soap cleans, softens, soothes, keeps skin fine and soft. 25c. druggists. Send 2c. for free booklet, "The Care of the Hair."
The Care of the Hair.
Philo Hay Spec. Co., Newark, N. J.

Jas. B. McLeod

OXO

FOR

ENDURANCE

Men who undergo supreme tests of physical stamina know the value of OXO.

In that memorable Marathon Race at the last Olympic Games, in London, Eng., OXO was served to practically every competitor. Many of the runners, including the winner and the third and fifth men, put their appreciation in writing.

In Great Britain, where everyone knows OXO, long distance walkers, runners and cyclists, football players and athletes generally train on OXO, and rely on it to keep them fit during their contests.

Lieut. Shackleton, returning from his sledge journeys toward the South Pole, cabled from Christchurch, New Zealand, on March 26th last:

"Found OXO excellent on sledge journeys and throughout the winter."

No more striking tribute was ever given by a great man to a great food. It speaks volumes for the superiority of OXO, which Lieut. Shackleton valued highly enough to take it with him in his grim struggle with death itself on perilous sledge journeys.

One of the constituents of OXO has the remarkable power of removing the effects of muscular fatigue, thus enabling a tired muscle to become active again.

Nothing can take the place of OXO—because nothing is so good. OXO is the concentrated excellence, both in nutrition and flavour, of prime, pedigreed beef, every ounce of which comes from OXO'S own Cattle.

For health, vitality and stamina follow the example of those who know, and drink OXO.



OXO

Canadian Offices:

21-27 Lombard St., Toronto.
41 Common Street, Montreal.



OXO is sold by Grocers, Druggists and General Stores.

108 Nox A Cold in One Day

Cures Coughs, Colds, Bronchitis, Asthma and all Lung Trouble. None just as good. At all leading drug stores, 25c and 50c bottles. Manufactured by the Scobell Drug Co., St. Catharines, Ont. For sale at Best's Drug Store.



New Burnished Surface Saves Polishing-Labor

Burnished surface is a new McClary invention that toughens the iron, increasing its heat resistance, and at the same time producing a finish of marvellous smoothness and brightness.

A little black lead and a few rubs with a cloth or brush produce a shine on burnished surface far brighter and more lustrous than you could ever get on your ordinary stove even after an hour's polishing-labor. Just see this new finish on Pandora at the McClary agency in your town. Also see the other exclusive features belonging to the Pandora.

McClary's Pandora Range

For Sale by Lemmon & Co

\$1.25 SPECIALS FOR Saturday

Men's Working Boots
Laced and Gaiters
\$1.25

Women's
Fine Kid Bluchers, patent toes, sizes 3 to 7. New lot just arrived. Special for Saturday,
\$1.25

\$1.25 One lot Small Boys' School Boots, sizes 11, 12 and 13.
\$1.25 Girls' Box Kip Bluchers, sizes 8 to 10, and 11 to 2. Saturday day.
\$1.25

ABERNETHY'S.