

DARE YOU EAT HEARTILY?

Or Is Every Good Meal Followed By Discomfort?

So certain are we that "Little Digesters" will cure indigestion every time—for every person—for YOU—that we will give you your money back without a word if they fail.

You can enjoy a good, hearty meal of wholesome food three times a day, if you take a tablet after each meal.

Read how "Little Digesters" cured Mr. Thody.

"For two years I suffered with indigestion, and obtained no relief from anything I took, including several prescriptions from prominent physicians. Every meal was followed by acute pain until I feared to eat, consequently became run down for lack of nourishment. "Little Digesters" were recommended to me by a friend and I tried them with remarkable results, two boxes completely curing me. It is three months since I took any, and I have not suffered a pain, no matter how hearty I eat. I would certainly recommend them to anybody suffering with indigestion." (Signed) R. THODY, 241 Yorkville Ave., Toronto.

June 12, 1909. "Little Digesters" can be had from your druggist or by mail from Coleman Medicine Co., for 25 cents a box. 26

TRAVELLING.

GRAND TRUNK RAILWAY SYSTEM

LOW RATES TO PACIFIC COAST

One way colonist tickets on sale daily, Sept. 15th to Oct. 15th, at following rates.

Table with 2 columns: Destination and Rate. Includes Spokane, Wash. (\$45.10), Vancouver, B.C. (\$47.05), Victoria, B.C., Seattle, Wash., Portland, Oreg., San Francisco, Cal., Los Angeles, Cal., San Diego, Cal., Mexico, City, Mex.

HUDSON-FULTON CELEBRATION

New York, N.Y., Sept. 25th, Oct. 2nd. Round trip tickets will be issued to New York via Montreal \$15.45, good going Sept. 23rd to 30th inclusive, good to return until Oct. 10th.

For full particulars, apply to J. P. HANLEY, Agent, Corner Johnson and Ontario streets.

KINGSTON & PEMBROKE RAILWAY

IN CONNECTION WITH Canadian Pacific Railway

Low Rates to Pacific Coast

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KINGSTON-OTTAWA

Leave Kingston, 12:01 p.m., arrive Ottawa 5 p.m. Leave Ottawa 10:45 a.m., arrive Kingston 3:55 p.m.

Full particulars at K. & P. and C. P. R. Ticket office, Ontario street.

RAY OF QUINTE RAILWAY.

Train leaves union station, Ontario street, 4 p.m. daily (Sunday excepted) for Tweed, Sydenham, Napane, Deseronto, Bannockburn and all points north.

To secure quick despatch to Bannockburn, Maynooth, and points on Central Ontario, route your shipments via Ray of Quinte Railway.

Full particulars, apply R. W. DICKSON, Agent, Phone, No. 8.

Lake Ontario & Bay of Quinte Steamboat Co., Limited.

STEAMER CASPIAN

1000 Islands—Kingston—Rochester.

Leaves for 1,000 Islands, Alexandria Bay and Gananoque at 10:30 a.m. Sundays. Returning, steamer leaves at 5 p.m. for Bay of Quinte Ports and Port of Rochester, N.Y.

Full information from E. E. HORSLEY, J. P. HANLEY, General Manager, C. S. KIRKPATRICK, Kingston, Ont., JAS. SWIFT & CO., Agents, Kingston.

COAL!

The kind you are looking for is the kind we sell.

SCRANTON

Coal is good coal and we guarantee prompt delivery. Phone, 183.

Booth & Co., FOOT WEST STREET.

Asphalt Roofing

Gravel and Sand Surfaced

P. Walsh, Barrack St., Kingston

Builders and Contractors

Use Sashweights made in Kingston at Angrove's Foundry.

Special prices for large quantities.

WAR LONG'S LAUNDRY REMOVED

From 73 Clarence St., to 155 Wellington St., between Brock and Clarence Sts. Best laundry in the city. Good called for and delivered.

GANANOQUE ANNOYED

BECAUSE G.T.R. FAST TRAIN WON'T STOP.

Another Seizure of Nets—Last Service at Half Moon Bay—Methodist Church Bible Class Competition.

Gananoque, Sept. 27.—Fish and Game Officer, George Toner, has just made an important seizure of nets at Landon's Bay. This following the seizure early in the week, makes a good week's work toward the enforcement of the law.

Thomas Boucher, while operating a press in one of the local factories, had his foot quite severely injured by a heavy part of the machine falling on it.

Christ church celebrated its annual harvest thanksgiving, yesterday. Rev. Canon Starr, of St. George's cathedral, Kingston, conducted both morning and evening services. The new Book of Common Prayer was introduced. The proceeds of the day are to be donated to the hospitals of Kingston and Brockville.

The final service for the season was held at Half Moon Bay, last evening, beginning at 5 p.m. A large number were in attendance, although the weather was quite cool. The break up of the various camps among the islands of this section will take place during the next few days and October will see few, if any, left.

The opening session in the Union Bible class competition, comprising Smith's Falls class, Sydenham street class, Kingston, Grace church class, Gananoque, and Wall street class, Brockville, was held yesterday afternoon. Gananoque's class turned out 125 strong for the occasion.

"Jerry" Dillard, the fast representative from the stable of W. R. Acton, of this town, succeeded in landing first money in the free-for-all at Ogdensburg, last Wednesday, in three straight heats.

Considerable adverse comment is being freely expressed against the G.T.R. will again cut Gananoque off from the privilege of No. 1 fast express, as they did during last winter. In the new time table of the G.T.R. company, this train is not timed to stop at Gananoque Junction, after the 25th inst., but word has been received to the effect that it will be continued till Monday, when there is the probability that a further order from the head office will arrange for the continuance of its accommodation. The local manufacturers and merchants would be seriously affected by the discontinuance of No. 1.

The Cold Hand. Cold hands or feet indicate more than poor circulation. They are signs that vitality is lacking and that serious conditions are apt to follow.

This watery condition of the blood should not be allowed to exist, there is no need of them. Iron Tonic Pills (laxative) are a sure cure for all anaemic conditions.

They are a great nerve strengthener and blood maker. In boxes, 25c., at J. B. McLeod's drug store, corner King and Brock streets (Ward's old stand) and corner Princess and Montreal streets. Money back if not satisfactory.

Glendower Notes.

Glendower, Sept. 25.—Farmers are cutting their corn, which is a very good crop. William Webster has the job drawing rock for the Lechardson's. Warner Switzer, ill with typhoid fever, at Latchford, is around again. Mrs. Lasher Cronk and two little daughters, are visiting at Sanford Leemon's. Mr. and Mrs. Sanford Leemon visited John Gies and Mr. and Mrs. Harvey Snider, Harrowsmith.

Rev. E. Fraser Bell is in the Mary Fletcher hospital, Burlington, Vermont, undergoing treatment for his eyes, which required a very serious operation. Dr. E. M. Twitchell, formerly of Kingston, performed the operation.

Ever notice how easy it is to roll off a pay roll?

INDIGESTION

Dyspepsia Means Slow Starvation.

Let Those Who Have Experimented With Doubtful Remedies Turn To-day to

Dr. Hamilton's Pills.

And Be Cured Quickly.

By the testimony of actual cures—by the words of those who have proved the merit of Dr. Hamilton's Pills, you can satisfy yourself that indigestion and dyspepsia, are curable.

"Four years ago, I got into a condition of low health—suffered all possible torture with acute indigestion, wind on the stomach and dizzy headaches. The very smell of food often was sufficient to make me violently ill. Energy was gradually fading away, I no longer had any desire for work or for the company of other people and was in the depths of despair. Worse martyrdom brain and body could not suffer, and live. I used so many remedies without success that I was in poor hopes of getting relief when I started on Dr. Hamilton's Pills. In a month I noticed a slight improvement and kept right on using one pill every second night. In a month I was another man, looked ruddy, strong, hearty, and I felt as if I had been made anew. Four years have gone by and I still rely on Dr. Hamilton's Pills and attribute to their power my present condition of robust health." (Signed) H. P. ECKFORD, Rodney, P.O.

Be advised and test Dr. Hamilton's Pills, which for years have been the standard remedy for dyspepsia, indigestion, heartburn, constipation, flatulence, headache, backache, and all kidney, liver and bladder troubles. These diseases are all thoroughly cured by Dr. Hamilton's Pills, 25c. per box or five for \$1. at all dealers or the Catawba Co., Kingston, Ont.

THE SPORT REVIEW.

Interesting News From the Various Sporting Fields.

The strain to Shrub's leg is so severe that the great little Briton may never run again.

Pittsburg Pirates count on their hitting to beat Detroit Tigers in the world's baseball championship series. Trouble with the management is said to have been responsible for Tenny's retirement from the New York Giants.

Several former members of the Brooklyn Nationals are playing with the Rochester Broncos in the Eastern League.

London city council will likely tender a reception to "Mooney" Gibson, the Pittsburg National league catcher, on his return-home to London in October.

Chicago Cubs are getting a fearful "panning" from the fans of their own town because they failed to catch Pittsburg and allowed New York to knock them out of the running.

There is some excitement in the Montreal rugby ranks at the present time on account of some of the directors refusing to reinstate "Ernie" Russell. He is badly needed on the half-back line.

Five runners have entered the forty-two-mile run from Hamilton to Toronto on October 28th. They are: Felix Bowe, of the I.C.A.C.; Frank Murphy, of Toronto; Willie Walker, of Toronto; Walter H. Williams, of Montreal; Thomas Crompton, of Hamilton.

The rugby union of Australia has expelled from the union twelve of the players of the team which visited England last season for agreeing to play under Northern Union rules against the professional team, which visited England at the same time. It is understood that they are receiving £100 each.

Ottawa Free Press: Nick Bawlf is coming to Ottawa the 27th of this month and will remain here permanently, having taken a position in the government. It is therefore safe to assume the famous Nicholas will be seen in the colors of the Ottawa football club after all, despite the reports of his indisposition, which came from Quebec.

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Advertisement for Mrs. Humphry Ward's Great Canadian Novel. Includes a portrait of Mrs. Ward and text: "Mrs. Humphry Ward's Great Canadian Novel Begins in the October LADIES' HOME JOURNAL".

Advertisement for McCormick's Elite Fingers. Includes an image of the product and text: "About 100 to the pound McCormick's ELITE FINGERS".

Advertisement for Asepto Soap Powder. Includes an image of the product and text: "For Washing Delicate Fabrics USE ASEPTO SOAP POWDER. Harmless to everything except dirt. Cleans Better and Quicker than soap. Refreshes. Sterilizes. Makes clothes more healthful. 5c. package. At your Grocer's."

Advertisement for Kingston Business College and Our Rooster Brand of Tobacco. Includes text: "KINGSTON BUSINESS COLLEGE (LIMITED) HEAD OF QUEEN STREET. 'Highest Education at Lowest Cost!'".