The Sensible Cure for Indigestion is "Little Digesters"

Probably because the taking of food causes such intense discomfort, many dyspeptics think that by abstaining from this and that-practically starving themselves - they can cure the

Of course, where Indigestion is caused by sheer gluttony, cutting down the food would no doubt do good. But in most cases Indigestion is caused, not by overeating, but by lack of physical exercise, and consequent lack of vigor in the organs of digestion. Partial starvation still further impairs the bodily vigor, and makes the trouble

The dispeptic needs plenty of good, wholesome food. He can eat it, and DIGEST IT, TOO, if he takes a "Little Digester" after each meal, "Little Digesters" help the weakened stomach to do properly that which it cannot do alone-digest and assimilate the food needed to build up the system.

At your druggist's, or by mail from the Coleman Medicifie Co., Toronto, for 25c a box.

(Non-Alcoholic)

LEMON SYRUP. LIME JUICE, RASPBERRY VINEGAR.

D. COUPER,

Dealer In Pure Food Groceries. 341-3 Princess St.

Ignition Dynamos, Storage Batteries, Carburctors. Etc.

TRY OUR DRY BATTERIES.

Get Well First

Don't risk even a penny-until health first returns.

will out of my own pocket, pay for your medi-And for 20 years Dr. Shoop's medicines have his while! hamlet in America. They are positively stand-ard in every community—and everywhere. Thousands upon thousands have in the past successfully used Dr. Shoop's Restorative. When the Stomach nerves, or the Heart or Kidney nerves fail, these sick ones know how quickly Dr. Shoop's Restorative will bring them back to health again. But best of all, they positive lytakeno money risk whatever. They know

This will save delay and disappointment All druggists sell Dr. Shoop's Restorative and Dr. Shoop's Rheumatic Remedy, but all are not authorized to give the 30 day test. So drop me a line please—for I have appointed an honest and reto issue my "no pay."

Minister" alone.

Said to have drawing to its of "The Little book and stage rights of "The Little book which book you need. The books Minister" alone. below will surely open up new and helpful ideas to those who are not well. Besides you are perfect-ly free to consult me just as you would your home physician. My advice and the book below are

Perhaps a word or two from me will clear up some serious ailment. I have helped thousands upon thousands by my private prescription or personal advice G. W. Cables "A smallish, sedate, reti-

Which Book Shall I Send You? No. 4 For Women No. 1 On Dyspepsia No. 5 For Men No. 2 On the Heart No. 3 On the Kidneys No. 6 On Rheumatism.

Dr. Shoop's Restorative

Wood's Phosphodine, The Great English Remedy Tones and invigorates the whole nervous system, makes new Blood in old Veins, Cures Nervous Debility. Mental and Brain Worry, Despondency, Sexual Weakness, Emissions, Spermatorrhwa, and Effects of Abuse or Excesses.

Price 11 per box, six for 25. One will please, six Price \$1 per box, six for \$5. One will please, six will cure. Sold by all druggists or mailed it plain not on receipt of price. New pamphles plain pig. on receipt of price. New pamphlet mailed free. The Wood Medicine Co. formerty Windson! Toronto, Ont

Asphalt Roofing Gravel and

Sand Surfaced

Walsh, Barrack. St., Kingston M. P. KEYS

Antiseptic Barber Shop Hair Dressing and Shaving Parlor, Three Chair. Quick Service. Your pav-ronage solicited.

336 King Street Next door to wade's Drug Stores

THE FRONTENAC LOAN AND INVESTMENT SOCIETY

ESTABLISHED, 1863. President-Sir Richard Cartwright. perties. Municipal and County Debendout Out of business last week by Putnam's when a lad.

The der and ready-made clothing departs disprove the theory.

When a lad.

The der and ready-made clothing departs disprove the theory.

When a lad.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The der and ready-made clothing departs disprove the theory.

The derivative the departs disprove the departs Money issued on City and Farm Proreceived and interest allowed; S. C. McGill. Managing Director, 87 Clarence street;

Starvation Treatment a Failure A WIZARD OF THE PEN

SOMETHING ABOUT MR. J. M BARRIE.

Thrums Was Very Much Upset When Winner-Even His Mother Chuckl-

J. M. Barrie says, "two maiden ladies Mr. Booth, with the single excepasked what I was to be. When I re- tion of Warde, was not assembled, plied brazenly, 'An author,' the and there could be but one or two flung up their hands, and one of them exclaimed reproachfully, 'And you an

And these horrified ladies but expressed the general feeling "Thrums," the little weaving town in Forfarshire, where the future author of "The Little Minister" had been cradled in one of the meanest of its cottage. For Jamie, who might have become a minister and an ornament of the kirk, to throw himself away on a scribbler's trade was-well, simply "an awfu' waste of a gude 'edu-

er whom he has so tenderly and beau- ments and effects were made out of that her boy meant to live and die a about but "Othello." lady chuckled at the idea-when she all meant to him, was exceedingly the half of man's working day, stand- midlands have the Keuper beds, had got reconciled to it a little—of anxious about the results, as was ing on a chair and winding up that where the "seas" were always shallarmic ever expecting to find anyone his wife. They lived in a poor, hum- blamed old clock when it didn't need low and where we can trace the

scious that up in the north there was an elderly lady chuckling so much at him that she could scarcely scrape

But Jamie meant to be an author, let who would scoff at his ambition. "The malignity of publishers," he says, "could not turn me back; there could be no humdrum dreadful profession for me; literature was my game." And with what magnificent Auccess he has played the game and found a gold-mine in it, we all know."
Of course the weaver's boy of Thrums was born a writer. As a child he lived in a dream-world of his own. His favorite companions were "Robinson Crusoe" and "The Pilgrim's Progress"; and he was ideally happy when he had converted the tiny strip 878 Bagot Bis of back garden into Sloughs of Despond, with peasticks to represent preliminary to the life-work he had prayers?" ryapped out for himself in many a wakeful hour in the cottage attic; and the first thing he did after he laid aside his college gown was to who beat Mr. Ritchie in the contest I am the one physician who says to the sick "I write a three-volume novel, which a for the lawn-tennis championship of

> man-to-be was proud to see in the frame a reserve of energy and spirit local paper his report of a cricket- which keeps him going through even match or a letter, signed "Paterfami- the hardest match, and a hotly-conlias," advocating longer holidays for tested five-set game at lawn-tennis at schoolboys. How, in process of time, Wimbledon is about as severe a test he drifted to Nottingham to serve his of physical power as one could devise. apprenticeship to journalism; how he Yet there is scarcely a sport in which found his literary feet in The St. Mr. Gore would not count as a veter-James's Gazette with the first of a an. He has played in lawn-tennis series of "Auld Licht" sketches which as long as most people remember were to make Thrums and himself fa- lawn-tennis, although it is only withmous-this is part of literary history, in the last ten years that his chances as are all his later triumphs of the of the championship have had to be pen. To-day the man who was proud seriously discussed. He first won to earn three guineas a week on The that event in 1901, and he has out-Nottingham Journal has an income lasted a whole series of players who gist in almost far advanced in five figures, and is were superior to him in their day. said to have drawn \$250,000 from the

> > the smiles and gifts of fortune; for G. W. Cables "A smallish, sedate, reticent man, of a breadth and squareness of brow that would claim the attention of any passing stranger. His shoulders are square and sturdy, his eyes pensive, and his hands prone to seek his pockets for resting and hiding. When he speaks his word come in low procession, as though he were writing them. His voice is soft in tone, and I do not remember that in my three days of constant intercourse with him it ever rose to a high note." His smallness, by the way, was a sore trouble to his mother, who feared that when the editors saw her Jamie they would form a poor opinion of him.

One day Barrie, who is, of course, an inveterate smoker, came across youth whom he employed smoking a dirty, reeking clap pipe, packed with black twist tobacco. Barrie lectured him severely on the terrible evil of boys smoking — especially smoking such vile "twist." That night some friends came to Barrie's rooms. He went to a cabinet which he kept stored with the choicest cigars. But the cigars had all gone. So had the boy. Instead was only a screw of paper, on which the boy had written that Mr. Barrie was quite right. It was a bad thing (as Barrie had told him) for a young lad to smoke thick twist. So he wrote he had decided to give it up. Meanwhile, he would put up with the cigars. They would help him along till he was of the right age for clay pipes and "twist."

Insects Have Thousands of Eyes. The eyes of insects present several peculiarities. Often in the same individual we shall find two sets of eyes, the simple and the compound, these latter having a large number of minute hexagonal facets, each of which is in reality a cornea, and the marvel is that every single facet belongs to a distinct eye, with pupil, iris, lens, all complete. The number of these corneas varies very considerably. While the ant possesses fifty only, the ordinary housefly has 4,000, butterflies have no fewer than 17,000, 419 acres of the British Isles, but it and some beetles rejoice in as many as 25 000. - London Chronicle.

5,000 Out Of Work

treated by l'utnam's. It is safe, pain- Chickering's. Leave orders at Mc to make room for his fall and win- a friendly interest in you; the chances less and sure. Use only Putnam's. Anley's Book Store.

" BEHIND THE SCENES.

Actor Had to Struggle.

An actor's life, although often interesting and frequently useful, is brought his wife and children to America to live with him while he Jamie Repudiated the Kirk and made his way there he was, after Took Up Authorship as a Bread- various ups and downs, engaged by Mr. Booth to play certain prominent parts. In "Talks In a Library" Mr. ed at the Idea of Anyone Publish- Laurence Hutton relates some of ing His Efforts-Boyhood's Games, the difficulties with which the young

actor had to struggle. "When I left the University," Mr. | The company, long associated vith rehearsals before the first performance. Warde had never even seen the play of "Othello" and had no idea how to dress it-a very important item to a man who had little

money to devote to costumes. There were, of course, professional persons who could have fitted him out from wig to sandal, but to those

he could not afford to go. He read the tragedy many times, studied his part till he was what is called "letter perfect," and at the Astor library copied many drawings, colored by his own hand, of the His mother's heart, too-that moth- dresses he had to wear. These gar-

foolish enough to publish his writ- ble little apartment, and he was to "You may picture," her son take a midnight train to the scene once wrote, "the Editor in his office of his great effort only a day or two thinking he was behaving like a before he was to make his debut in shrewd man of business, and uncon- one of the most important and trying parts of the English drama.

I went to the train with him, and just as we were starting Mrs. Warde came down and said: "I've just been putting the chil

dren to bed, and I must tell you what Arthur prayed." Arthur was then a lad not out o his frocks. It seems that the child, kneeling by his little cot, had gone through the regular formula, "Our Father," "Now I lay me," "Please, God, remember papa and mamma and little sister and dear grandmother in England," and had then added, as an impromptu, "and, O God, do please help papa through with 'Othello.'

I told his story at a dinner one night, as I am trying to tell it now, and was startled by an inquiry from Christian on his travels, and a buffet- the wife of a clergyman, who, with stool for his burden. His schooling at wonder and doubt in her voice, de-Dumfries and his reading for his manded, "Do you mean to tell me Edinburgh M.A. were only an irksome that actors' children say their

Lawn-Tennis Champion. The stamina of Mr. A. W. Gore, publisher offered to give to the world England, astonishes everybody. He -if the writer would make it worth is a little man, spare, and even weaklooking, and yet he can wear down the In these prentice days the great- hardiest opponent. He has in his

A Sarcastic Tenor. Roger, the celebrated French tenor, And never was man less spoilt by on one occasion was engaged for the sum of 1,500 francs to sing at the Mr. Barrie is to-day as modest and house of a rich financier. Roger sang his first song magnificently, but tion, and the guests talked their loudest. Presently the host thought the time had come for another song and sent for Roger. He could not be found and that evening was seen no more. Next day a note came from him, accompanied by the sum of 2,000 francs. The note ran thus: "I have the honor to return the 1,500 francs which I received for singing at your party, and I beg leave to add 500 francs more for having so greatly disturbed the conversation of your guests."

Afghans Must Be Good. News has been received in Simla from the Afghanistan frontier that the Ameer has issued strict orders to the Afghan officials on the Kurram border to refrain from creating troubles structed the border officials not correspond with British officers, but to refer all disputes to Kabul, in or- han's." der that he may correspond personally with the Viceroy. The notorious Mullah Powindah is reported to be colecting a number of pensioned Indian Army Sepoys, offering them good pay and a share of the property collected in raiding the British border.

Rifle Enthusiast Quits.

Lieutenant-Colonel R., W. Schmather, the well-known promoter of volunteering in South Africa, and donor of the 100-guinea Empire Day Challenge Cup, competed for annual- 339,750 ly by military and naval rifle teams throughout the Empire, has resigned his colonelship in the Witwatersrand Rifles, alleging that the Transvaal about \$53,000. Government's attitude is unsympathetic in the matter of financial grants to volunteer corps.

Dangerous Guns. At Sheerness are two 9.2 inch guns to defend the coast. About two years ago they were fired, but the concussion smashed so many windows that they have not been used since.

Washed Away by the Sea. Since 1883 the sea has washed away has also added 30,752. The land gained, however, is at present useless.

It is only a question of time when some kind friend will tell your young Not men, but corns that were put son you smoked corn silk cigarettes great reduction in prices in the or- men to be found in bookstores tend to

HE MADE HIS KICK.

Difficulties With Which a Young The Man Who Had Long Ago Bought It Reveals to Us a Place Where Once an Eight-Day Clock.

"You don't remember, I reckon, said the sour-faced man, putting his by no means easy. When Frederick arms on the showcase, "that I bought a clock of you twenty-five years ago?" "I certainly do not," answered the elderly jeweler, "but I'll take your word for it if you say you did." Well, I did. It was twenty-five years ago last Monday."

Remember what you paid for it 'Yes. I paid you \$10." "Ever had to get it repaired?"

'It's a pretty good clock, then, isn't 'Oh, yes. The clock's all right, but

I've found out something about it that you didn't tell me." "Yes When, I bought it I asked you

how often I'd have to wind it. You said once a week."

go eight days without winding."

"Certainly! Most clock are eight "dead," and this accounts for the day clocks. That's to allow for your masses of salt deposited along their clock. That makes fifty-two times brown quartz. wound it on the eighth day, and tom surface of it shows coral reefs. sad disillusionment when she realized house was thought of or talked wasted twelve minutes every year on which they fed.

> "Well," said the stupefied jeweler, "Nothing, sir. I only wanted you to know it, that's all. When you sel an eight-day clock to a man you ought to tell him it's an eight-day clock.

Good day, sir!" Straightening himself up and pulling his hat brim down in front, he turned on his heel and stalked out of a grouch who had freed his mind.

A Good Enough Excuse.

of mind was the adventure of a certain Desaugiers at the time of a popular uprising in Paris, when the people took possession of the Tuileries. is better than none and sometimes better than a better one would be. He was an inquisitive person, and, regardless of the danger, he hastened to the Tuileries at midnight to see what was going on. At the gate he was stopped by two revolutionists of ominous appearance. "Why do you

not wear a cockade, citizen? Where is vour cockade?" they asked A mob gathered about him and demanded fiercely, "Citizen, where is

Desaugiers took off his hat, turned it around and around, looked at it on all sides and then said in a tone of

How to Learn. The best way to study nature is go right up to it. "I suppose so."

"Oh, I know it. I was once disposed which so much is said. "And you learned better?" "I did. I had a controversy with naturalist over the question, and I

thought I had him beaten until he gave me a demonstration.' ants at work, did he?"

me along on one of his scientific ex- of the bones is estimated at nine peditions and then maliciously pitch-ed my tent over an ant hill. By the name of blue whale from the dark that ants are really and truly indus- led to the name "sulphur bottom," by trious. They are small, but they made | which it is known on the western side me move, and some of them went right of the Atlantic. along with us to the next camping

Not to Be Cheated

"This is a mighty dishonest world you know," said an actor, "and doesn't hurt to be suspicious of some people. I sympathize with the old negro who came to a watchmaker with the two hands of a clock. "'I want yer fer to fix up dese han's. Dey ain't kept ne correct time for mo' den six munfs. "'Well, where is the clock?' de manded the watchmaker.

"'Out to my cabin." "But I must have the clock." "'Didn't I tell yer dar's nuffin de matter wid the clock 'ceptin de han's? in British territory. He has also in- | An' here dey be. You jess want de to clock so you kin tinker it and charge me a big price. Gimme back dem

> How Much Gold Can a Man Carry? man of average muscular strength, a strong man and a very strong man were told they might have as much gold as they could carry a

The average man might carry 100 pounds of gold a mile. He would have over \$26,000 if he succeeded. The strong man could perhaps get to the end of his mile with 150 pounds of gold. He would have about

The very strong man could possibly truggie to the end of his mile with 200 pounds. That would give him

her daughter making an entire meal | criminals object to long sentences." of potatoes, because, she explained. there was so much starch in them. One day Eleanor was putting a great deal of kutter on her potatoes. Her unt remonstrated.

Eleanor said: "I have to. Mamma mys they are too stiff." "Why Eleanor," said that lady in erprise "I did not say so!" "Why, yes you did," she replied. You said there was too much starch

Great Clearing Sale. der and ready-made clothing depart- disprove the theory.

SALT ROCK.

a Sea Existed.

Salt under ground! It seems strange thing at first to find calt among he rocks deep down in the earth. What does rock salt tell LS? It reveals to us a place where once a sea existed. The water has since flowed away, leaving some salt behind. We know that ordinary salt exposed to the air soon gets damp and then becomes quite fluid, but rock salt away from the air and sun keeps firm for ages.

Rock salt is found in various layers of the earth's crust. Some of the spaces of underground water are called "seas." but, in fact, large as they were, they often did not resemble the "seas" we have now, because they were much shallower. A few were fairly deep, however. Then, again, these ancient seas were sometimes so salty that no animal could "Well, I've just found out that it'll live in them and only a few plants. Such seas, in fact, were mostly

bottoms. But we find also signs of "I never forget to wind it, sir. Re- rough water in the numerous pebgularly every Monday morning for bles of the layer where the salt is twenty-five years I've wound that found among hard red gravel and a year. If I had known it would Germany once had a tolerably go eight days I would have deep sea, not very salt, and the bot-

tifully immortalized as "Margaret | the cheapest material from his own I would have had to wind it only There are signs in it of great fishes Ogilvie" had set her heart on Jamie patterns, cut and sewed by his will, forty-six times a year. It takes me armed with strong teeth, enabling becoming a "meenister," and it was a and for six weeks nothing in that about two minutes to wind it up. I've them to crush the shellfish upon the thing. See! In twenty-five years These swarmed below the sea in mere author. And how the dear old The young man, realizing what it I've put in 300 minutes, or five hours, thousands. North England and the

low and where we can trace the marks of raindrop filterings and sun cracks. The rock salt is often in a layer 100 feet thick. It is supposed that one part of these seas was separated from another part by a bar of sand, over which the waves toppled only now and then.

In the cutoff sea evaporation went on through the ages, and of course a deposit of salt was formed, while the occasional overflow from outside replaced the water which had evaporated. But really this is not known for certain. It is only clear rock salt that contains the minerals we find in A memorable instance of presence our present sea water-bromine, iodine

Generally this salt is not mixed with fragments of a different substance, but is in columns of rough The hero of the incident sagely acted crystals. Now and then there is found upon the theory that a poor excuse a layer of rock salt, with one of marl and shells under it, succeeded by rock salt again, showing that for a time a change had taken place.

Upon the land near these shallow salt seas lived some singular animals, unlike those of our earth in the later centuries of its history. There were remarkable reptiles belonging to the frog or batracchian family. One of species was the size of a small ox, with peculiar complicated teeth and feet which left prints on the earth so exactly like the impressions of the human hand that geologists gave it a Latin name, meaning "the beast with the hand." Another strange creature was a sort of lizard with a horny bill "Citizens, it is strange, very and feet resembling those of the duck. strange! I must have left it on my It had somewhat the appearance of a turtle, it is supposed. Then there were some warm blooded animals about the size of a rat, which had pouches in their cheeks and preyed upon small insects.

World's Largest Animal.

A colossal skeleton in the Museum of Christchurch, New Zealand, is claimed to represent the largest animal in the world. This is the remains of a large specimen of the blue whale stranded on the coast of that country. This whale is probably "Took you out and showed you the | the largest of all living animals. The length of the skeleton is 87 feet and "Well, not exactly that, but he took | the head alone is 21 feet. The weight time I discovered what was happening | bluish gray of its upper surface. The the conviction was forced upon me tinge of yellow on its lower part has Furniture Sale.

An interesting fact is that the chief food of this gigantic animal is a small marine crustacean known to the whalers as "kril." Another species of the same shrimp-like group has been obtained in thousands from the stomachs of mackerel caught on the Cornish coast. The nearly-related opossum shrimps found in enormous numbers in the Greenland seas form the chief food of the common whale,

Balzac's Poverty.

An anecdote of Balzac shows the strange condition of poverty in which he lived even after he had won fame. He made a visit one evening to the house of one of his pet admirations, Rossini, where he found a party assembled and among them a great singer, then the rage, who had declined to favor the company. Ignorant of this, Balzac begged her to sing a song. "For you? Why, of course, at once." And she did. "Who on earth can that be?" asked an astonished guest of Rossini. "Don't you know? It's M. de Balzac." "Oh, really! Then no wonder." And all the morning Balzac had

been trying to borrow a few francs.

The Wit of Evarts. Once when twitted on his small size by a statesman of the strenuous type the late William M. Evarts retorted, "That remark proves what I have always asserted - that in your eyes measures were more important than

To another critic, who found fault with his habit of stringing out a To Offset the Starch. \ \ \text{whole paragraph without a break by the use of parenthetical clauses, he said cheerfully, "I have noticed that

> The Falling Barometer. The rich man was enjoying his first cruise on his new yacht. Suddenly the captain came aft. He looked anxious.

"What's the good word, captain?" the owner asked "The barometer is falling rapidly," the skipper nervously answered. "You must have hung it on a loose nail," the owner pleasantly suggested.

Some people believe that death ends Prevost, Brock street, has made a all, but the numerous lives of great





Pretty Shrewd Shoe

Queen Quality and E. P. Reed Ladies' Stamped Price \$4.00 Oxfords, in Ladies \$1.50 White Canvas Oxfords, also a line of Black Dongola Oxfords, Blucher Cut, Patent Tip, worth \$1.50 BOTH MARKED99c.

Chances For Men

All Our \$3.00 Patent Leather, Tan and Vici Kid Oxfords: NOW \$2.25;

The Best American makes of Men's Oxfords, in Tans, Blacks and Patents. All this season's \$5.00 Shoes. NOW \$3.75. All Our Men's \$4.00 Oxfords go in this big sale. Tans, Patent Colt and Calf, in all the new snappy, smart effects. NOW\$2.98. Our Windows show the big money making opportunity for Oxford wearers. Come in and examine the goods:

J.H. SUTHERLAND & BRO.,

The Home of Good Shoe Making.

Ice Cream Always on hand. 60c. PER QUART. Best in the city.

A.J. REES, 166 Princess St

IMPERIAL MEASURE.

'Phone 58.

Time Flys-Only Few Days Left.

Packed in bricks.

Before the close of our Big

\$3.50 for this big, easy, comfortable Rattan Rocker, only \$3.50. Buy early and get the choice.



The Leading Undertaker. Phone 147 for Up-to-date Ambulance



************* Chocolates!

We have a most complete line of Chocolates in bulk or in boxes. See Our Special Box Line at

Fruit of all kinds arriving daily.

R. H. Toye, 302 King St.

Regular \$3.50 and 4.00 Oxfords for Women in Pat. Colt Skin, Wine Calf, Tan Calf and Vici Kid. All new goods.

See Our Window.