

TRAVELLING,
KINGSTON & PEMBROKE RAILWAY
 IN CONNECTION WITH
Canadian Pacific Railway
Civic Holiday, July 26th, 1909
 Round Trip Tickets will be sold at
Single First-Class Fare
 Good going July 24th and July 26th.
 Good for return until July 27th, 1909.
Next Home-seekers' Excursions
 Will leave on July 27th; Aug. 10th,
 24th; Sept. 7th 21st.
 Tickets good for 60 days.
 Full particulars at K. & P. and C. P.
 R. Ticket office, Ontario street, F.
 CONWAY, Gen. Pass. Agent.

BAY OF QUINTE RAILWAY.
 Train leaves union station, Ontario
 street, 4 p.m. daily (Sunday excepted)
 for Tweed, Buchanan, Nanawau, Deser-
 onto, Bannockburn and points north.
 To secure quick despatch to Bannock-
 burn, Maynooth and points on Central
 Ontario, route your shipments via Bay
 of Quinte Railway. For further particu-
 lars, apply H. W. DICKSON, Agent,
 Phone, No. 8.

WHITE STAR LINES
CRUISE THE ARABIC
 SAILING JANUARY 20, 1910
 to Madeira, Spain, Mediterranean, Orient
 Costing only \$400 and up for 73 days.
 Cruise Dept. White Star Lines, N.Y. or agents

GRAND TRUNK RAILWAY SYSTEM
SEASIDE EXCURSIONS.
 Round trip tickets will be on sale
 August 9th, 10th and 12th, good to re-
 turn until August 31st, at the following
 fares from Kingston to
 Charlottetown, P.E.I. \$22.55
 Halifax, N.S. 23.50
 Kennebunkport, Me. 14.40
 Little Metis, Que. 16.50
 Old Orchard, Me. 14.45
 Portland, Me. 13.80
 St. John, N.B. 13.30
 Summerside, P.E.I. 21.30
 And to other points at rates in pro-
 portion.

Alaska Yukon Pacific Exposition.
 Round-trip first-class tickets will be on
 sale daily until September 30th, good to
 return until October 31st, from King-
 ston to
VANCOUVER, B.C. \$83.90
VICTORIA, B.C.
SEATTLE, WASH.
TACOMA, WASH.
PORTLAND, OREG.
 Going via any direct route, returning
 via same or any other regular direct
 route.
SAN FRANCISCO, CAL. \$99.15
LOS ANGELES, CAL.
 Choice of routes to San Francisco, re-
 turning via Portland, Oregon and any
 regular direct route therefrom or vice
 versa.
 For full particulars, apply to J. P.
 HANLEY, Agent, Corner Johnson and
 Ontario streets.

Lake Ontario & Bay of Quinte Steamboat Co., Limited.
STEAMERS
North King & Caspian
 1000 Islands—Kingston—Rochester.

Commencing June 27th, steamer leaves
 for 1,000 Islands, Alexandria Bay and
 Gananoque at 10.30 a.m., daily, except
 Monday. Returning, steamer leaves at 5
 p.m. for Bay of Quinte Ports and Port
 of Rochester, N.Y.
SYRACUSE—Leaves on Mondays at
 6 p.m. for Pictou and intermediate Bay
 of Quinte ports.
 Full information from
 E. E. HORSEY, J. P. HANLEY,
 General Manager, O. S. KIRKPATRICK,
 Kingston, Ont. JAS. SWIFT & CO.,
 Agents, Kingston, Ont.

Thousand Island and St. Lawrence River Steamboat Companies
 In connection with the New York
 Central and Hudson River
 R. R. Co.

Leave Kingston daily, except Sunday,
 5.00 a.m. and 2.00 p.m.
 Leave Kingston, Sunday, 7.30 a.m.
 and 2.00 p.m.
 Making direct connections at Cape
 Vincent to and from all points in New
 York State. Through sleeper Cape Vin-
 cent to New York.
 Week end round trip rate, Kingston to
 Watertown, good going Saturday or
 Sunday, returning Monday, \$1.65.
 For excursions to Brockville and
 Ogdensburg and the Thousand Islands,
 see local advertisements.

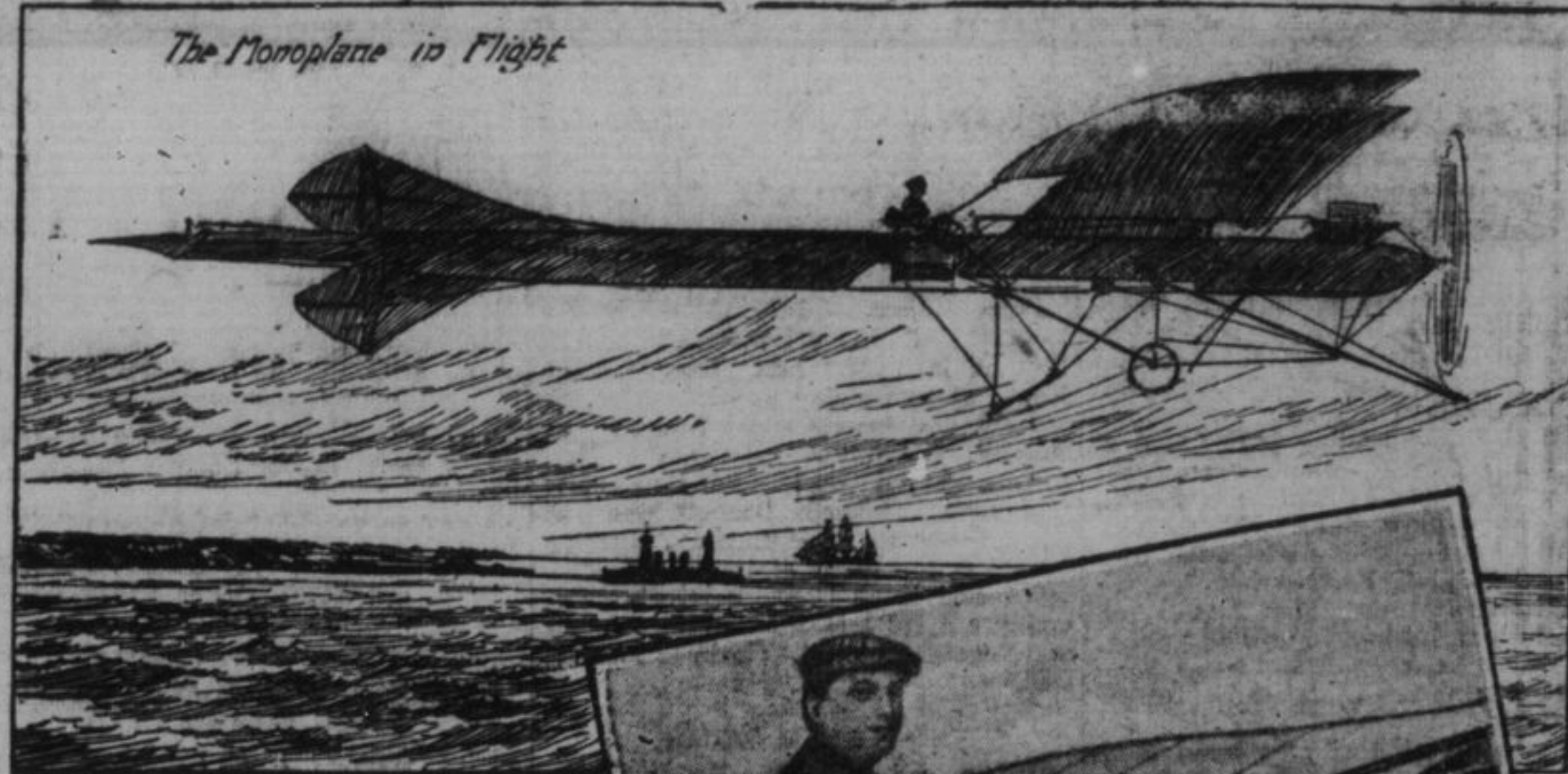
Quebec Steamship Company LIMITED.
River & Gulf of St. Lawrence
 Summer Cruises in Cool Latitudes

SS. "Trinidad" 2,600 tons, with
 electric lights, electric bells and all
 modern comforts.
**SAILS FROM MONTREAL ON MON-
 DAYS, at 4 p.m. 2nd, 10th and 30th**
 August, and 13th September, for Pictou,
 N.S. calling at Quebec, Gaspe, Mal Bay,
 Force, Grand River and Charlottetown,
 P.E.I.
BERMUDA
 Summer Excursions, \$20 to \$30, by the
 Twin Screw "Bermudian," 5,500
 tons, 28th July, at 11 a.m., and every
 20 days thereafter from New York.
 Temperature cooled by sea breezes
 rises above 80 degrees.
 The finest trip of the season for
 health and comfort.
 ARTHUR AHERN, Secretary, Quebec.
 For tickets and staterooms apply to
 U. P. HANLEY, or C. S. KIRKPATRICK,
 Ticket Agents, Kingston, Ont.

STR. ECELWAT
 Will start regular trips to Kingston
 Mills, June 12th. Leave Crawford's
 Wharf, foot of Princess street, 10 a.m.,
 return 12 a.m. Leave 2 p.m., return at
 six. Return fare, 25c. Children half
 fare.
CAPT. L. WHALEN,
 Captain.
 Phone, 571.

By this time the June brides have
 tentatively made up their minds what
 duplicate carving sets and sugar
 spoons they can give away for Christ-
 mas presents.
 No matter how indignant a woman
 is at her husband's she cannot bear to
 see him leave the house with his neck-
 tie awry.

FRENCH AVIATOR AND MONOPLANE THAT AWFUL PAIN IN THE BACK



BICYCLE ROAD RACE

O. KNOTT WON THE CUP FOR BEST TIME.

In the Twelve-Mile Run Held to
 Kingston Mills—Sixteen En-
 tered Into the Race, Which Was
 Lively One Throughout.
 O. Knott won the cup offered by
 Harvey Milne, for the best time, and
 H. Nicholson, a member of the Victoria
 baseball club, won 2nd prize, in
 the twelve mile handicap new depart-
 ure bicycle road race, held yesterday
 morning. There were sixteen entries,
 and the race was a lively one. A
 large crowd assembled at the corner of
 Wellington and Princess streets, where
 the race started. There were some
 great mix-ups on the road, a couple
 of the young men entered, fell off their
 wheels, and one had had the misfor-
 tune to smash his wheel before he
 reached Cataract bridge. The route
 was to Kingston Mills and return.
 The road was in rather poor condi-
 tion, full of ruts and stones, and the
 racers had a hard time of it, and
 many are to-day suffering from
 bruises. However, the race provided
 good sport, and everybody was well
 satisfied with the way in which it was
 run.

The prizes offered were as follows:—
 1st, gold medal; 2nd, silver medal; 3rd,
 bronze medal; time prizes, silver cup.
 The following entered in the race:—
 H. Stratford, R. Watts, P. Skinner,
 K. McCullough, D. Mullen, W. Shep-
 herd, H. Nicholson, E. Welsher, J.
 Henry, C. H. Hall, O. Knott, W. Hac-

Doctors Gave Him Up
A Terrible Experience With Kidney Disease and Dragging Backache.

Expected Death Any Day.
 To get well and keep well after being
 pronounced incurable by his phys-
 ician, was the wonderful experience of
 A. P. Chapman, who was snatched
 from the very jaws of death by the
 timely use of Dr. Hamilton's Pills.
 "For two years, I had suffered from
 advanced kidney disease, was stooped,
 back-weary, hollow eyed and complet-
 ly played out. One Saturday night I
 was seized by an acute attack and be-
 came so sick I had to call in my phys-
 ician. For a week he attended me
 constantly, but I grew weaker and
 sicker every day. The pains in my
 back, the blinding headaches, the aw-
 ful weakness from which I suffered al-
 most killed me—the doctor said it was
 hopeless.
 "As a last hope I was persuaded to
 take Dr. Hamilton's Pills. They
 brought back my strength, aided my
 stomach, created new appetite, cleansed
 my blood and gave me relief from
 pain. After I used Dr. Hamilton's
 Pills for a month I was like a new
 man. I continued the treatment for
 three months and was cured.
 "Surely there is an obvious moral and
 lesson here for all men and women. If
 you are suffering from any derange-
 ment of the system, if you are tor-
 mented and distressed by indigestion, if
 you are weakened by the ravages of con-
 stipation, kidney, liver or bladder
 complaint, if your blood is weak and
 your system run down—then use Dr.
 Hamilton's Pills, take them continually
 till you are fully restored to health
 again.
 "Give Dr. Hamilton's Pills an imme-
 diate and thorough trial, your faith
 in them will not be disappointed, for
 per box, or five boxes for \$1 at all
 dealers of the Cataractzone Company,
 Kingston, Ont.

ABSOLUTE SECURITY.
Genuine Carter's Little Liver Pills.
 Must Bear Signature of
Wm. Carter
 See Fac-Simile Wrapper Below.

CARTER'S LITTLE LIVER PILLS.
 FOR HEADACHE,
 FOR DIZZINESS,
 FOR TORPID LIVER,
 FOR CONSTIPATION,
 FOR SALLOW SKIN,
 FOR THE COMPLEXION
 PURELY VEGETABLE.
 CURE SICK HEADACHE.

Herbert Latham
 in his Machine
 Latham yesterday attempted to cross the English Channel from
 Calais to Dover in his aeroplane, but dropped into the water when
 only half way across. The machine floated easily and he was calmly
 smoking a cigarette when picked up by a torpedo boat destroyer.
 Latham says he will try again in a short time.

kett, F. King, L. Bodore, A. Raven,
 and J. Stanton.
 Following shows how the race fin-
 ished with the time:
 1st—Nicholson, 44 minutes.



Gold Medal, won by O. Knott, in
 Bicycle Road Race.

2nd—Knott, 45 1/2 minutes.
 3rd—Stratford, 48 minutes.
 4th—Stanton, 48 1/2 minutes.
 5th—McCullough, 49 minutes.
 6th—Bodore, 52 minutes.
 7th—Henry, 52 1/2 minutes.
 8th—Shepherd, 53 minutes.
 9th—Bell, 53 1/2 minutes.
 10th—Skinner, 11th: Mullen, no time
 taken, for these two and others.
 The prizes were awarded as follows: 1st,
 Knott, cup, 2nd, Nicholson; gold
 medal, 3rd, McCullough; silver medal,
 4th, Bell; bronze medal.
 The officials for the race were as
 follows: Starter, H. Angrove; judges
 of course, H. Milne, Harold Mullen
 and J. Mann; timekeeper, George Lar-
 turney and J. Angrove.

At Trousdale's Corners.
 Trousdale's Corners, July 22.—Hay-
 ing is the order of the day and the
 light crop is reported, but things are
 looking fresh since the recent rain. G.
 M. Smith left today to visit his
 daughter, Mrs. Pitcher, Brantford. The
 lawn social in aid of the church was a
 decided success. A number from here
 took in the excursion to the Thousand
 Islands. David Walker is im-
 proving his residence by a coat of
 paint. Rev. Mr. Lidstone occupied the
 pulpit in the Methodist church on
 Sunday, in the absence of Rev. Mr.
 Folks, who is ill. A number of Albert
 Ewing's Hartington friends gave him
 a birthday party, on the 17th. Con-
 gratulations to Miss Nellie Medcof,
 with honors, and to Cecil Walker, who
 was so successful in his recent exam-
 ination. Quarterly service will be held
 in the Free Methodist church on Sun-
 day next. Miss Amanda Walker is
 home from Perth where she was visit-
 ing her cousin, Miss Elsie Clow is visit-
 ing her parents, Miss Nettie Red-
 mond, Harrowsmith, and Miss Essie
 Babcock, of Adams, N.Y., are at J.
 W. Redmond's, John Medcof, Guilph,
 returned to his home for a short time
 but is now visiting friends in Quebec.
 The Misses Alma and Alice Walker
 and Messrs. James Medcof and Harold
 Redmond are home from Sydneyham
 high school, Miss Hattie Collins and
 Miss Edith Martin are at home for
 their holidays. Visitors: Miss Edna
 Walker, Caltonia; Mr. Bowles, Claren-
 don; Mr. Babcock, Wilton; Mr. Shan-

A Kingston Horse Killed.
 Hartington, July 21.—Berry-picking
 has begun, but the crop promises to
 be very scant. A valuable horse be-
 longing to A. Abrams, of Kingston,
 was struck by lightning in a stable
 on his farm near here, last Sunday,
 and instantly killed. Owing to the
 illness of Rev. Mr. Foxwell, the new
 pastor, the pulpit was occupied by
 Rev. B. Medcof, of Holford, on
 Sunday evening. Farmers are cut-
 ting hay which this year is a very
 light crop. Rye is also being har-
 vested. Mrs. Goslin is visiting friends
 at Reynoldsstown. Mrs. Clowley is
 improving slowly. Mrs. Edward Free-
 man and children, visiting Mr. and
 Mrs. E. Freeman, returned to their
 home at Peterboro last Wednesday.
 Miss Marion Clow has returned from
 visiting friends in Kingston. Miss M.
 Campsall and Mrs. Edward Revell-
 went Thursday with friends in Flor-
 ida. Mr. and Mrs. Hogbe, Oleson,
 were the guests of Mr. and Mrs. H.
 Jamieson on Sunday. Miss Meta
 Campbell has returned from a visit to
 friends at Elginburg.

DOMINION AMMUNITION
 IMPROVED AND PROVED
 A British Columbia blue grouse or
 a Newfoundland caribou, you're
 sure of your game if you load your
 gun with Dominion Ammunition.
 Every shot, shell and cartridge is
 Guaranteed Sure. Cheaper be-
 cause made in Canada. Remember,
 every single cartridge or shell
 guaranteed. Dominion Cartridge
 Co., Ltd., Montreal.

WABASH
 Comfortable
 Collar all the
 Year Round—
Tooke

"WABASH"
 POINTS 2 1/2 INCH, BACK 1 1/2 INCH.
 2 for 25c.
IRON FRAME BRAND—
"ALBANIA"—3 for 50c.
TOOKE BROS. LIMITED, MONTREAL
 MAKERS OF
 SHIRTS, COLLARS, TIES, VESTS—
 AND IMPORTERS OF MEN'S
 FURNISHINGS.

"JUST OUT"
 is just out. It is
Day & Martin's
Latest Shoe Polish
 Those who have tried it, say it is
 the best shoe polish ever used.
 Ask your
 dealer.
CHAS. GYDE
 Agent for Canada
 Montreal.

The Prospective Patentee
 Patent and Trade Mark
Petherstonhaugh, Dennison & Co.
 STAR BUILDING,
 18 KING ST. W.
 TORONTO.
 OFFICES—MONTREAL, TORONTO,
 OTTAWA, WINNIPEG, WASHINGTON.

Wood's Phosphodina,
 The Great English Remedy.
 Tones and invigorates the whole
 nervous system, builds, re-
 stores, and cures old folks, nervous
 debility, mental and brain worry, de-
 cline, sexual weakness, emaciation, sper-
 matorrhea, and effects of Abuse or Excess.
 Price 4 per box, six for \$5. One will please, six
 will cure. Sold by all druggists or mailed in
 plain package on receipt of price. New pamphlet
 mailed free. The Wood Medicine Co.,
 Toronto, Ont.

Grand Union Hotel
 Opp. Grand Central Station, New York City
Rooms, \$1.00 a Day
 LEAD UPWARD
 Register to and from Station Free.
 Send for stamp for N.Y. City Guide Book and Map
 To Preach in Ottawa.
 Rev. Prof. Jordan, D.D., of Queen's
 University, will occupy the pulpit of
 St. Andrew's church, Ottawa, from
 August 8th to 22nd, during the ab-
 sence of Rev. Dr. Herridge.

Is a Sure Sign of Congestion of the
 Kidneys. Take "Fruit-a-Lives."
 Lots of men, and women too, are
 limping about the house—groaning in
 easy chairs—or tossing about the bed—
 because of that nagging pain in the
 back. The old standbys—hot vinegar,
 poultices, plasters, liniments, etc.—don't
 do any good any more. You see, you
 are a bit older now. The kidneys are
 not as strong as they used to be. And
 even those "blistering" liniments and
 plasters won't stimulate the kidneys.
 Your trouble is kidney trouble. The
 kidneys are not diseased, they are over-
 worked and strained. The bowels and
 skin—which help the kidneys to rid the
 system of waste matter—have not been
 doing their share of the work. The kid-
 neys have had to do too much.
 What you need is a medicine to cure
 the bowels, liver and skin. This medi-
 cine must cure the Constipation by ac-
 ting on the liver and thus make the
 bowels move regularly and naturally.
 This medicine must heal and strength-
 en the kidneys, and thus relieve the
 congestion. "Fruit-a-Lives" is this medi-
 cine. It is the most effective kidney
 remedy known, and keeps these vital
 organs in a vigorous, healthy condition,
 for aged people, for those who work
 hard, for tired-out women. "Fruit-a-
 Lives" moves food to sleep, that severs
 out the back and build up the whole
 system. 50c a box, 6 for \$2.50, or trial
 box, 25c. At dealers or from Fruit-a-
 Lives Limited, Ottawa.

For Sale.

- \$2,000—Double Frame Dwelling,
 new, B. C.
- \$1,400—New Frame Single Dwel-
 ling.
- \$1,900—Frame Dwelling, Single,
 B. C., nice situation.
- \$3,300—New Double House,
 plastered, with brick front, B. C.,
 in good situation.
- \$7,000—Fine Solid Brick, mod-
 ern home, large grounds, nice
 situation.
- \$800—Single 7 rooms; Frame,
 easy terms.

D. A. Cays
 57 Brock St.

**See our new stock of Granite and
 Marble. Just arrived.**
KINGSTON GRANITE & MARBLE WORKS
 Cor. Princess and Clergy Sts.

International Portland Cement

Adamant Wall Plaster
Guelph and Renfrew
Lite
P. Walsh's,
 Coal and Wood Yard, Barrack St.

THE FRONTENAC
LOAN AND INVESTMENT SOCIETY
 ESTABLISHED, 1863.
 President—Sir Richard Cartwright.
 Money loaned on City and Farm Prop-
 erty. Municipal and County Dele-
 gates. Mortgages purchased. Deposits
 received and interest allowed.
 S. C. McGill, Managing Director,
 87 Clarence street.

M. P. KEYS
Antiseptic Barber Shop
 Hair Dressing and Shaving Parlor.
 Three Chair, Quick Service. Your pat-
 ronage solicited.
 336 King Street
 Next door to Wale's Drug Store.

Wm. Murray Auctioneer
 27 BROCK ST.
 New Carriages, Cutters, Harness.
 Sale of Horses every Saturday.

J. A. WALLACE
 SUCCESSOR TO O. G. JOHNSON.
FLORIST
 Palms, Ferns and Cut Flowers. De-
 sign work a specialty. Phones, Con-
 servatory, 235; Shop, 239.

OUR ROOSTER BRAND
OF TOBACCO
 Smoking and Chewing at forty-five
 cents a pound, is a good tobacco. Why
 pay eighty-five cents. A good Maclean,
 Ontario street.
 When ordering your Cooked Meats for
 picnics or parties, call upon us to order.
 We have a variety to choose from. Phone, 570.

All Our \$5.00
Men's Oxford Ties Re-
duced to \$3.75.
All Our \$4.00
Oxfords Reduced to \$2.98
 We do not wish to carry over one single
 pair of Men's Oxfords. We have
 Tan, Pat, Colt and Gun Metal in both
 grades. These lines represent the last
 word in Up-to-Date Shoemaking.
 Come in and look at these Smart
 Shoes.
J. H. SUTHERLAND & BRO.
 The Home of Good Shoe Making.

Special for Men
 Regular \$3.50 Oxfords, Black Calf and Tan
 Calf, for \$2.50.
 Regular \$4 and 4.50 Oxfords, in Black Calf,
 Tan Calf and Pat. Colt, for \$3.25.
 Regular \$5 Oxfords, in Black Calf, Tan Calf
 and Pat. Colt, for \$3.95.
 These are all good, natty lasts.
See Our Window.
Reid & Charles.
 The fruit season is here, and with it the demand
 for SUGAR. When purchasing, insist upon having

Redpath
CANADA'S STANDARD
MADE FROM PURE CANE SUGAR.
 Manufactured by The Canada Sugar Refining Co., Ltd.,
 MONTREAL, QUE.
A SNAP OF A LIFE TIME TO FURNISH A HOME
As Our Big Mid-Summer Sale is
Still Booming.
 Making room for our Fall Stock,
 everything reduced.
 A bargain for everybody in Buf-
 fets, Sideboards, China Closets and
 Extension Tables.
 Brass and Iron Bedsteads, Marshall
 Sanitary and Ostermoore Mattresses.
JAMES REID,
 The Leading Undertaker.
 Phone 147 for Ambulance.

California Fruit
ORANGES PEACHES
PLUMS GRAPE FRUIT
 The best—the most luscious. Fresh arrivals
 almost daily. Just the thing for picnics, outing
 lunches, etc.
TOYE'S, King St.
HOT WATER WITH A COOL KITCHEN.
 Do you ever suffer from the heat with that hot coal fire these fine days?
 Easily remedied if you care to live the new way.
 We can supply you with an abundant quantity of hot water at a saving
 greater than you ever figured on.
 Our canvasser who called upon you the other day has made your neighbor's
 wife comfortable and happy. May we not serve you?
 Why not talk the matter over anyway. Call in some day when you are down
 town and we will endeavor to tell you all about the putting in of the pipes to
 your home, and the wonderful saving effected by the use of gas for cooking.
Kingston Light, Heat and Power Dept.
 C. C. FOLGER, GENERAL MANAGER.
WE ARE HEADQUARTERS FOR BABBITT METALS
 WRITE FOR PRICES.
The Canada Metal Co., Ltd., Toronto, Can.