

The "Hecla" Furnace



These Grate Bars Mean a Clean Fire and no Coal Wasted.

There are four grate bars in the "Hecla." Each can be shaken separately. When the center of the fire is bright, and the outside dead, simply shake the outside bars. If any part of the fire needs cleaning, that one part may be cleaned without disturbing the live coals or unburnt fuel in any other part of the fire-pot.

"Hecla" Grate Bars are easy to shake, clean the fire without a poker, save coal and make sifting ashes unnecessary.

The "Hecla" also has the famous Fused Joints—that make this furnace absolutely and permanently gas, smoke and dust proof.

Have you our latest catalogue? You should, if you are going to put a new furnace in your house this season. Write for free copy.

ELLIOTT BROS., Kingston

The fruit season is here, and with it the demand for SUGAR. When purchasing, insist upon having

Redpath

CANADA'S STANDARD
MADE FROM PURE CANE SUGAR.

Manufactured by The Canada Sugar Refining Co., Ltd.,
MONTREAL, QUE.

Gas Stoves!



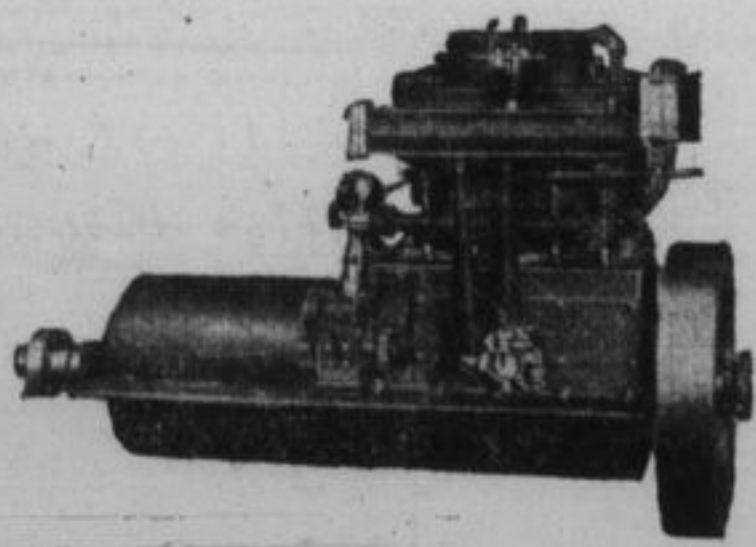
The "Chicago Jewel" is The Key of Economy

The latest improvements on the "Chicago Jewel" are the Flame Reflector and Valveless Oven Burner-Lighter. Two features on the "Chicago Jewel" which are not on any other gas stove made. Examine them before purchasing. They are acknowledged the best manufactured.

ELLIOTT BROS., 77 PRINCESS ST.

Buffalo Gasoline Motors

2 to 100 Horse Power



Ask For Catalogue

Heavy Duty Type.

Columbia Igniters, Remy Magnitos, Rajah and Heinze Spark Plugs, Samson Spark Coils, P. & R. Storage Batteries, Marine Oil and Grease.
Sole Agents for Kenyon Boat Tons, Combinations, Cushions and Life Preservers.

HALLIDAY ELECTRIC CO., 345 King Street

TRISCUIT

For Dainty Luncheons

You cannot serve anything that is tastier and more wholesome than Triscuit (Shredded Wheat Wafer). Eaten with butter and cheese or marmalade. Heat in oven before using.

At all Grocers.

1448

WOMAN CHOSEN PRESIDENT OF AMATEUR PAPER PUBLISHERS



For the first time in its history, a woman has been elected president of the National Amateur Press Association. Miss Edith Minter, the lucky candidate, comes from Boston, where she edits and publishes the Aftermath, a periodical devoted to history. Her success is attributed entirely to her own energy, and the fact that she has for a long time past had the best interests of the association at heart. While it is a flourishing body very little new blood has been introduced into it for some time, and it is

thought the election of an active and progressive woman like Miss Minter will do much to infuse new life. Miss Minter is not entirely an amateur publisher. For several years she has, in addition to publishing the Aftermath, contributed extensively to professional publications, and is not by any means unknown to magazine publishers. The association is composed of men and women who have their own ideas as to what is fit to print, and each one is working at a publishing hobby which circulates in a rather select manner.

WORKING THE TOWNS.

Evils of Bonus System Well Set Forth.

It is nearly time that Canadian towns and cities, large and small, considered their correct attitude relative to a prospective manufacturer with eyes upon a particular locality. For many years, municipalities have competed to give away much for almost anything in the shape of a new industry. Tax exemptions have been granted for periods of half a century. Land has been given away and money bonuses dispensed with lavishness. To the civic participants in this competition, the excitement of beating a rival has been intense, and may prove expensive. The immediate present often has been the only consideration. Messrs. Dippolo Mattic & Co., iron bed manufacturers, Feathertown, Ohio, desire to locate a branch factory in Canada. Their decision is reached for several reasons. Possibilities are recognized with new business in sight. The company do not consider that Canada is found of capital and enterprise. Obviously, the motive for locating a branch factory in this country is an entirely selfish one. After inquiries it is decided to favor a certain town with the industry. On the announcement being made, half a dozen municipalities jump forward with better offers. The transformation of the prospective manufacturer is immediate and complete. He is no longer a self-interested capitalist of industry. The garb of philanthropist is his; Canadian municipalities bow with reverence. The position of both parties is absurd. This kind of happening every week almost has created a bonus fever. The time has come for its cessation. A new western town, for instance, may grant tax exemption for fifty years, give a money bonus of fifty thousand dollars and a free grant of land. In half that time, the town will probably have become important. The industry, making big dividends for its shareholders perhaps, remains exempt from taxation. The municipality is burdened with the bonus; the manufacturer holds real estate which will have appreciated materially in value. It is a big price to pay for a new industry. What doth it profit a city if it gain a dozen manufacturers and lose its character and independence?

Mrs. Charles Smith, of James, Ohio, writes: I have used every remedy for sick headache I could hear of for the last fifteen years, but Carter's Little Liver Pills did me more good than all the rest. Frank Cooke's office, 346 King.

WEAK GIRLS MAY GROW

Into Strong Women—Blood Supply Must Be Kept Pure.

Healthy girlhood is the only path to healthy womanhood. The morning of girlhood into womanhood lays a new tax upon the blood. It is the overtaxing of the scanty blood supply that makes growing girls suffer from all these headaches, backaches and sicknesses—all that paleness, weakness and weariness—all that languor, despondency and constant ill-health. Unhealthy girlhood is bound to lead to unhealthy womanhood and a life of misery. Nothing but the blood-building qualities of Dr. Williams' Pink Pills can save a girl when she undertakes the trials and tasks of womanhood. That is the time when nature makes new demands upon the blood supply. Dr. Williams' Pink Pills actually make new, rich blood which meets those new demands with ease. In this simple scientific way Dr. Williams' Pink Pills fill a girl with overflowing health and strength. Miss Eva Dennis, Amherst, N.S., says: "Dr. Williams' Pink Pills have come me a world of good. I was completely run down, was very pale, easily tired and suffered from frequent severe headaches. Though I tried many medicines I got nothing to do me the least good until I began using Dr. Williams' Pink Pills. Even the first box of these seemed to help me, and after taking a half dozen boxes I was again a strong healthy girl. I have not had any illness since, but should I again feel run down Dr. Williams' Pink Pills will be my only medicine, and I strongly recommend them to every weak and ailing girl. Dr. Williams' Pink Pills are sold by all medicine dealers or sent by mail at 50c a box or six boxes for \$2.50, by the Dr. Williams' Medicine Co., Brockville, Ont.

Changed His Tactics.

Everybody's Magazine. John L. Sullivan was asked why he had never taken to giving boxing lessons. "Well, son, I tried it once," replied Mr. Sullivan. "A husky young man took one lesson from me and went home a little the worse for wear. When he came around for his second lesson, he said: 'Mr. Sullivan, it was my idea to learn enough about boxing from you to be able to lick a certain young gentleman what I've got it in for. But I've changed my mind now. If it's all the same to you, Mr. Sullivan, I'll send this young gentleman down here to take the rest of my lessons for me.'"

HOW TO OVERCOME PERIL.

Milk a Menace Unless Pasteurized.

Of all the menaces to humanity—the Black Peril of the plague, the Red Peril of communism, the Yellow Peril of the fever of the tropics—there is none more grave, more fraught with the possibilities of death, than the White Peril of infected milk, says Nathan Straus, in the Delinctor for August. But there is no danger to life more easily overcome. Pasteurization renders the milk supplies safe. The White Peril is as closely related as cause and effect to the White Plague that annually exacts the forfeiture of nearly one hundred and sixty thousand lives in this country alone. This fact is recognized and declared by all impartial scientific men. Carefully compiled vital statistics from a portion of the United States containing, in 1906, 40,966,317 inhabitants, showed that in that year, in those parts of the country, 75,512 people died from tuberculosis, 13,160 from typhoid fever, 10,793 from diphtheria, 3,227 from scarlet fever and 42,581 babies under two years were victims of diarrhoea. These five causes were responsible for 145,273 out of a total of 658,105 deaths from all diseases and accidents. To say that all of these 145,273 deaths were caused by milk, would be going beyond the evidence. But I am quite within the thoroughly proved facts of the case in asserting that infected milk is a common cause of these diseases, and that it is fair to attribute a large proportion of these deaths to the use of milk that contained the microscopic germs which produce these diseases. But the remedy for this frightful slaughter is not to taboo milk. Pasteurization is a simple, inexpensive, non-patented process by which all milk that is produced under fairly decent conditions may be made safe for human food. The process consists in bringing the milk to a temperature of 157 degrees and maintaining that degree of heat for twenty minutes, so as to kill all the germs of disease. Then the milk is quickly cooled, and it may be used without peril. It should be bottled, which is the only safe method for distribution.

Lo, The Poor Boarder! Cellingwood Enterprises. Occasionally the consumer gets his innings. At Kingston last week two grocers were fined \$5 and costs each for selling coffee adulterated with burnt grain. It is no wonder the poor boarder complains of the coffee served at breakfast, when it is only diluted grain.

Straddling The Speller.
New York Globe. "Pon me word," protested an English visitor, who had been invited to attend the annual banquet of the Canadian Club of New York last Friday night. "Pon me word, me Canadian cousins are straddling the dear old spelling book too booming hard. 'Pon me word, they are."
He displayed the club's engraved invitation. "D'you see here?" he continued. "They start out by requesting the honour of your company," and they wind up by requesting 'the favor of an answer.' Now, if the letter 'u' be long in 'honour,'—and it does, don't you know?—why do they leave it out of 'favour'?"
"Looks like a compromise between loyalty for the other side of the border and regard for this side, don't you know. But it's too much of a straddle of the dear old spelling book, 'pon me word."

Tarbell, Phillies' catcher.
SNAPPED ON DIAMOND.
Above is shown three of the most popular players who are making a wonderful stride in the American League this year. Reading from left to right they are:—Martell, catcher of Philadelphia; Evers, second-base of Chicago; Chance, first-base of Chicago.

Evers, straggling lined.
Change-Chicago leader.

WAKE UP! It's Time for Kellogg's

You wouldn't feel happy if you missed your Kellogg's—even one meal.

Kellogg's Toasted Corn Flakes, with Milk or Cream, is a tempting, wholesome dish at any meal—every hour is "Kellogg's Time." Served with Fruit, Kellogg's affords a "give me some more" taste you'll never want to forget. Try it to-day—no cooking—it's ready to serve—just add milk.

Made in LONDON, CANADA. 10c

TOASTED CORN FLAKES

WE REPAIR WEAK MEN



ONE SECRET OF OUR SUCCESS. Every case submitted to us receives the personal attention of our Medical Staff, who consider the symptoms, complications and chronicity, and then decide as to the disease and curability. Specific remedies are then prescribed for the case and are compounded by our own chemist in our own Laboratory. Such appropriate treatment cannot fail to cure, as specific medicines are selected to cure the symptoms that trouble you. We have no cure-all medicines like most specialists who send the same medicines to all patients alike and cure none. We have treated patients throughout Canada for over twenty years and can refer to any bank as to our responsibility. We Guarantee Cures or No Pay. We Treat all Diseases of Men and Women.

CONSULTATION FREE
If Unable to Call, Write for a Question List for Home Treatment.
DRS. KENNEDY & KENNEDY
Cor. Michigan Ave. and Griswold St., Detroit, Mich.

Another "Sunshine" Feature

This is an entirely new idea, and will especially interest people who reside in natural gas districts. The gas ring takes the place of the lower Sunshine fire-pot, thus making it possible to burn gas in your furnace without inconvenience. Such is not possible in a furnace where the ordinary gas log is inserted; for, should the gas give out, a coal or wood fire could not be started until the gas pipes were disconnected.

To provide against sweating in the summer time, Sunshine Furnace is equipped with a nickelled steel radiator and dome. All bolts and rivets are nickelled, all rods copper-plated. This special treatment, besides meaning quicker and greater radiation from the radiator and dome than cold chill iron could possibly give, acts as protection for the bolts, rivets and rods from inroads of gas. When cast iron comes in contact with our nickelled steel it is coated with our special Anti-Rust treatment, which prevents the slightest possibility of rust commencing anywhere in Sunshine Furnace.

McClary's
Lemmon & Co., Kingston.

Shine Your Shoes

with "Just Out" Day & Martin's latest and best Shoe Polish (Black and Tan)

Goes twice as far as any other. Shines quicker and with less rubbing—and the polish lasts longer. Ask your dealer.

CHAS. GYDE—Agent for Canada—22 St. Francis Xavier Street, MONTREAL.