

### For Women's Needs

Every woman should fortify herself against those weaknesses and derangements which are usually present at times when Nature makes extra demands upon the system. For women's special ailments there is no known remedy so safe and reliable as



These pills possess corrective and tonic properties which have a marked effect upon the general health and promptly relieve nervousness, sick headache, depression, backache, weakness and other unpleasant symptoms. Beecham's Pills establish healthy conditions and furnish

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Drury's Coal and Wood Yard, 285 Wellington street. Phone 448A.

Some men who pose as good store-tellers are not much good at anything else.

### Tips For The Farmers

BY UNCLE JOSH.

Why should cow testing be carried on? Mainly because individual cows in the same herd are likely to vary in production about as much as sometimes much more than individual cows in different herds. Then too, must be considered, the strange variations in milk and fat from day to day, even with a cow handled as carefully as possible. Such variations are very apt to be overlooked unless the record is carefully kept. Another point: Two cows side by side, one gives 20 pounds of milk a day, or 10 pounds at a milking, the other gives 9 pounds. The difference in weight, or the difference in bulk in the pail, especially if there is a lot of froth on top, is not easily gauged by the ordinary milker. But multiply that by the 300 days of a milking period, and it is seen that one cow gives 600 pounds more milk than the other. Yet the ordinary milker would have said, these two cows give "just about" the same. But is not the extra 600 pounds worth having? Many members of the cow testing association say that the hired man milks better, with more endeavor to milk clean, if the record hangs before him constantly, and an extra 500 pounds per cow has often been obtained since the introduction of the pencil and ruled sheet. Try it, not simply for the extra milk or fat, but for the immense personal satisfaction in knowing that each cow is being made to do better, to do her best.

How do Ontario farm conditions compare with farm conditions in Western Canada? asks the Toronto Globe. This is a question that the press of this province should not be backward about answering. For many years have been lauding the west, advertising the west, praising the west, and urging the young man to go west and grow up with the country. This has been a delightful task. The whole dominion is proud of the west, and when the vast acres of the central provinces become settled Canadians will, we hope, be still prouder of the wealth and glory of the great northland, but in this favored portion of the world we should not forget that the Dominion of Canada has an east as well as a west. The east was settled long before the west came into prominence, and the east is to-day the more important part of this splendid country. It is not now our purpose to bring the two great areas of Canada into conflict, but in all justice we must not "boom" one section or province or even one group of provinces to the exclusion and detriment of all others.

The time to trim lambs is when they are young. Every autumn one finds the markets crowded with coarse ram lambs with long tails. These lambs bring low prices, and a few of them in a flock mean a considerable loss.

The castration of lambs is a simple, easy operation, and attended with very light mortality. Anyone who is accustomed to doing this work on pigs and calves successfully may be assured of good results with lambs. Two points only need to be especially borne in mind in emasculating lambs. The incision of the scrotum is more likely to become closed up in lambs than in any other kind of animals, because sometimes the matting of wool over the edges prevents free drainage of the wound. This can be best avoided by clipping the wool from the end of the scrotum in cases where it is as much as a fourth of an inch in length and by cutting off the end of the incisions for each testicle. The other difficulty, found more especially with the younger lambs, is the extreme delicacy of the internal tissues of the testicle. When the enclosing membranes are slit to expose the organ and its cord, care must be taken not to cut deeply into the testicle itself, or else escape of the pusy interior matter leaves the organ so collapsed that it is difficult to grasp it for removal.

There are excellent opportunities to

### Influenza Coming From Europe

If a Wave of This Disease Sweeps Over Canada, Thousands Will Die.

Be prepared—now is the time to-day you should commence to protect yourself.

Influenza or la grippe invariably seizes upon those who have coughs, colds and sore throats.

An important Montreal physician states that the epidemic can be minimized if the people will only guard their colds—stop them before they grow large. Nothing better for the purpose is known than Nerviline—taken in hot water three or four times during the day and just before retiring.

In connection with the above warning the story of Mr. Ernest E. Eckhart, of Augusta, will serve to illustrate how valuable Nerviline is.

"Early in the winter I contracted a stubborn cold and until it grew severe I did little for it. When I saw I was in for an old-fashioned attack of influenza I went to the drug store and got a large 25c. bottle of Nerviline and a Nerviline Porous Plaster rubbed my back, throat and chest three times with the Nerviline and three times with the Nerviline Porous Plaster then put a very sore, congested spot on my chest. Before retiring I took half a teaspoonful of Nerviline in hot sweetened water; next morning I was like a new man—that throbbing headache, the burning fever, the sense of choking and tightness in my chest and throat, had disappeared. There was no ringing in my ears, no fever left, and not a trace of cold. This is but one instance of thousands of cures from Nerviline which has no equal in curing all winter ailments such as croup, quincy, hoarseness, bronchitis, lumbago, sciatica or rheumatism. Safe, sure and certain—that's Nerviline—refuse any substitute."

day for young men in the older parts of districts of old Ontario. When a young man has made up his mind to face life's battle with courage and determination, when he is prepared to work hard and long, it really does not matter where he goes. If he has intelligence and grit he will succeed. When he does succeed, which part of the country will appeal to him most? Where would he prefer to live? These are the questions he should ask and answer for himself. A man who is a good farmer and a hard worker, with his brains as well as with his hands, can make money about as easily in old Ontario as in any part of Canada. New Ontario is, as we have seen, a most wonderful country, but no man who is unwilling to work should go there to live. The same thing is true of the central provinces of Western Canada. It is not exclusively of Nova Scotia, Prince Edward Island and New Brunswick as well? To get on in Canada men must be intelligent and willing workers. They ought to be thrifty, but the making of money is not the sole purpose of their lives. Men and women and children should seek to live and to live means more than to eat and sleep and to wear fine clothes. We should not forget that the man who is most successful is the man who lives most, or who enriches life most. Success, looked at from this point of view, is not so easy as some men think. It may be attained—no—easily here as elsewhere.

Do farmers, on the average, want their sons to be farmers? Some do, some do not. If we judge the question by the amount of farm education the majority of farmers give their sons, we can certainly say that they do not want their sons to be farmers. Yet the villages and cities are full of men who have lived their life with nothing of confidence to show for it, who are failures, but who would have made a fair success if they had stayed on the farm. Hundreds of these men have told us so. Yet there are just as many foolish young men as ever rushing away from the farms to the cities. Their fathers could have stopped this folly had they given the boys a term or two in the short course or provided a good supply of dairy and farm literature in the shape of books and papers.

The United States Country Life Commission state that in their investigations in thirty states, there was universal against the country school; that the farmers would not make it fit to teach their boys even the rudiments of education; that nothing was taught that would help a boy gain any knowledge of agriculture or help him to understand what he read.

The farmers in every school district are responsible for the school they produce. If they wanted better school-houses they could easily make them. If they wanted better teachers they could procure them by paying what they are worth. If they wanted the school to help make intelligent boys and girls, who would understand the chemical terms that are used in farm literature, they could secure that also. If the country school is a bad failure, if it fails to make intelligent men of their boys, the farmers are alone to blame for it.—Hoard's Dairyman.

Farm conditions, so far as they can be ascertained throughout the major portion of the province of Ontario, are exceedingly promising. In some parts of eastern Ontario where the land is not well underdrained the season is backward and spring seeding has been much delayed. In the central and western parts of the province, while seeding was a few days late, yet the outlook on the whole is very good indeed. The grain is coming up in fine shape; it shows an evenness and strength of stand that promises large things. The fall wheat is spotted in some places, but the average field is fair. In most of the counties of Ontario there is a splendid outlook for a good and mature coming season ought to be one of the very best that we have enjoyed for a long time, so far as the grass crops are concerned. The high prices that obtain for all kinds of farm produce should make Ontario farmers exceedingly happy.

It is always best to give the sow some laxative food a little while before she farrows, to prevent the fevered condition that causes her to eat the pigs. Some wheat bran, or a little linseed meal in the feed will be a good remedy to use as a preventive. Also give a little salt in the feed regularly. If she has been neglected and is constipated and gives at the pigs, take them away at once and throw her a chunk of old salt pork to appease her, for the time being, and give ten to fifteen drop doses of turpentine in acorn or laxative slop food, every four hours, until she becomes quiet, when the pigs can be returned with safety.

Mr. T. G. Raynor, of the Seed Commissioner's branch, Ottawa, reports that there is this season a marked improvement in the quality and purity of the grass-seed offered for sale. The samples of seeds taken in Ontario show a marked advance in the scale of purity. The labels on the seed packages have a good effect on the buyers.

### Produce And Prices.

Kingston, June 19.—Prices were quoted to the Whig as follows: Fish—Salmon trout, 12c. lb.; skinned digby herring, 20c. lb.; whitefish, 12c. lb.; pike, 10c. lb.; Chinook salmon, 30c. lb.; kippered herring, Yarmouth blotters, 40c. doz.; perch, 30c. doz.; frogs' legs, 50c. lb.; Atlantic salmon, 30c. lb.; salt codfish, 7c. to 15c. lb.; halibut, 20c. lb.; fresh haddock, 10c. lb.; bullheads, 12c. lb.; red herring, 20c. box; mackerel, 15c. lb.; lake herring, 8c. lb.; finnan haddie, 10c. to 12c. lb.; fresh lobsters, 25c. lb.; sea bass, 12c. lb.; pickerel, 12c. lb.; mackerel, 15c. lb. Meat—Beef, by carcass, 8c. to 9c.; cuts, 8c. to 17c.; pork, 11c. by carcass; cutlets, 15c. per lb.; lamb, 8c. by carcass; live hogs, 7c. per lb.; turkeys, 18c. per lb.; chickens, 14c. lb.; mutton, 9c. to 10c. lb. Vegetables—Carrots, 5c. a bunch; cabbage, 5c., 10c. and 12c., each; 5c. bunch; turnips, 7c. bag; green onions, 5c. bunch; radishes, 5c. lettuce, 5c.; rhubarb, 5c.; spinach, 5c. Grain—Oats, 50c.; local wheat, 81; buckwheat, 70c.; barley, 58c.; rye, 80c. to 85c.; peas, 81; corn, old, 75c.; new, 75c. Flour and Feed—Flour, bakers', 82.90

to \$3.15; farmers', \$2.50 to \$3.10; Hungarian patent, \$3 to \$3.20; oatmeal and rolled oats, \$3.40 to \$3.50; cornmeal, \$2 to \$2.10; bran, \$25 a ton; shorts, \$26 to \$27 a ton; straw, \$10 to \$12; hay, loose, \$13; pressed, \$14. Eggs, new laid, 20c. doz.; butter, creamery, 26c. lb.; farmers' butter, in prints, 25c.; packed, 23c.; rolls, 23c.; tubs, 21c. Wool—Washed, 18c. lb.; sheep skins, fresh, \$1; tallow, rendered, 6c.; deans, \$1; veal skins, 15c. lb.; hides, No. 1, 9c.; hides, No. 2, 8c. lb.; horse hides, \$3 each.

### Kept The Maid's Kiss.

London Globe. Apropos of Lord Northcote's name being mentioned as a probable successor of Earl Grey in Canada, his lordship was once made curious of while governor-general of Australia. Strolling one night through an avenue of sycamore trees to a friend's house to dinner he was suddenly pounced on by a maid servant, who kissed him effusively and pressed a little parcel into his hand. "Here's a sausage for you, I can't come out to-night, as master has company," she whispered, and as mysteriously disappeared.

When he got to the house he found one of his servants loitering by the gate. "What are you doing here?" asked Lord Northcote. "I'm waiting for my sweetheart," the man stammered. "Where is she?" "In service here." "Ah, then, I am right. Here is a sausage from your sweetheart, and she wishes me to tell you that she cannot come out to-night, as her master has company." Seeing that the man looked nervous, he added, kindly: "She also gave me a kiss for you, but perhaps you would rather wait until you see her. Here is five shillings instead."

### From The Text.

London Tri-Bits. "Here, Benny," said Mr. Bloomplumper to his young son, as the latter started to church, "here is a shilling and a penny. You can put which you please in the contribution box." Benny thanked his papa and went to church. Curious to know which coin Benny had given, his papa asked him when he returned, and Benny replied: "Well, papa, it was this way. The preacher said the Lord loved a cheerful giver, and I knew I could give a penny a good deal more cheerfully than I could give a shilling, so I put on the penny."

### Heating Questions Answered

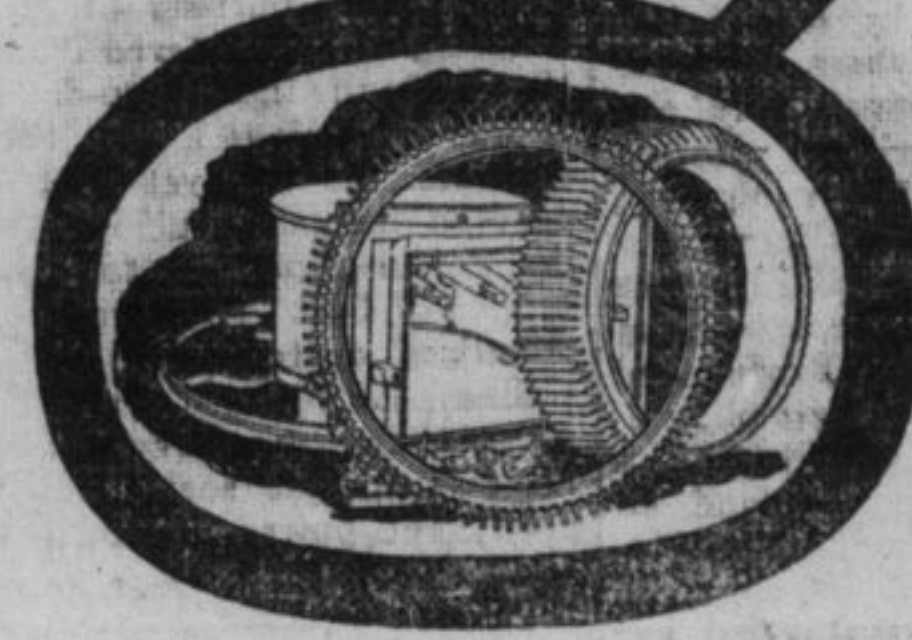
If you are going to build—if you are going to remodel your house—let us solve the heating problem for you. We will give you the benefit of our years of experience in making and installing furnaces. Send us a rough plan of your home. We will tell you what size of furnace will be best and most economical for you—size and location



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Below, we illustrate the "Hecla" Coal-Ribbed Frisquet. By our patented process of firing, ribbed and cast iron, we fuse steel ribs into the furnace, thus increasing the radiating surface nearly three times. Actual tests prove that this invention saves over one-eighth of the coal bill.

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Nothing like them in looks or taste—manufactured only by McCormicks. Pictures are raised above the surface—not stamped into the biscuit.

Contain sufficient Arrowroot (SAME INGREDIENTS AS OUR FAMOUS ARROWROOT BISCUIT) to generate digestive juices, aid digestion and assimilation, and build up the nerves and blood-power. Make healthy, strong children, and promote growth. A perfectly wholesome biscuit-plaything. About 70 to the pound. Ba, Ba, Black Sheep, Humpty Dumpty, Little Jack Horner, Old King Cole, There Was a Little Man, and other designs.

### MCCORMICK'S NURSERY RHYME BISCUITS