

THE USES OF BILE IN DIGESTION

Bile is Quite as Important as Are the Gastric Juices in the Process of Digestion.

Chronic Indigestion Disappears When an Active Liver Supplies Bile in Sufficient Quantities.

You think of bile as something disagreeable and poisonous, something to be well rid of. In the blood the bile is poisonous and harmful, but the liver takes the bile out of the blood and pours it into the intestines, where it fulfills a most important mission.

Without bile human life is short; for...

Bile hastens the passage of the food along the alimentary canal.

Bile neutralizes the acid which passes from the stomach to the intestines.

Bile prevents the fermentation of food in the intestines, which in turn causes gas, wind, flatulency.

Bile, in short, is Nature's cathartic and maintains a regular and healthful process of digestion and of elimination of waste matter by way of the bowels.

But to have a regular flow of bile the liver must be kept healthy and active and just here is where Dr. A. W. Chase's Kidney-Liver Pills come in, for they are definite, specific and direct in their action on the liver.

It is only by setting the liver right that constipation can ever be cured. It is only by making the liver healthy that biliousness and bilious, sick headaches can be thoroughly overcome. It is only by making the liver active that the most difficult cases of indigestion and dyspepsia will ever vanish.

A single box of Dr. A. W. Chase's Kidney-Liver Pills at 25c. a box will convince you of their extraordinary merit. One pill a dose, at all dealers, or Edmondson, Bates & Co., Toronto.

Kellogg's Is Not a Medicine

Kellogg's Toasted Corn Flakes is not a medicine—it's a dainty, wholesome table delicacy with a palatable flavor that calls for more, more, more.

But—it has all the remedial value of the good, old-fashioned "cures" your mother used to give you—it's Nature's Own Food—Purified.

It is because of Kellogg's "Secret" that Toasted Corn Flake Eaters are a happy, healthy people. Try it yourself—and be sure it's

Kellogg's Toasted Corn Flakes

You cannot possibly have a better Cocoa than

EPSS'S

A delicious drink and a sustaining food. Fragrant, nutritious and economical. This excellent Cocoa maintains the system in robust health, and enables it to resist winter's extreme cold.

COCOA

à la Grâce Corsets FULLY GUARANTEED NONE BETTER MADE

MEN AND WOMEN. Use Big 48 for unusual discomforts, inflammation, irritation or ulceration of mucous membranes. Pains, and not act as a cathartic. Sold by Druggists, or sent by express, prepaid, for \$1.00, or by bottle \$1.75. Circular sent on request.

Cook's Cotton Root Compound

SANTAL MIDY

WITH STRANGE MAN

KIDNAPPED GIRL LEAPS FROM AUTO.

Picked Up Unconscious—Her Abductor Captured—Police Guard Him From Violence.

Chicago, June 1.—A leap from a swiftly moving automobile to escape from a man she alleged was taking her away from home, brought serious injuries to Miss Mary Kirschner, of South Chicago.

Miss Kirschner, who is twenty-two years old, was found in an unconscious condition near the roadside at East Chicago, Ind., shortly after she had left that town with a man in a white touring car. The driver of the car was arrested after a chase in which many citizens of the little town joined with the police. He refused to give his name and was locked up.

The girl, upon reviving, said she had a slight acquaintance with her captor. She had met him at a dance two years ago, she said. As she was walking home, he drove up in his machine and offered to carry her. She accepted, she said, but the man drove his car swiftly for the open country, despite her pleas to be allowed to get out. Just outside of the town, after the car had passed several groups of men who say they heard the girl scream, Miss Kirschner tried to jump out. The man tried to hold her, but only succeeded in tripping her so that she fell on her face in the road.

The driver then put on his highest speed and fled. Several men who had witnessed the struggle jumped into wagons and buggies and followed the machine. The car became stranded in a sand road and the driver was captured. The officers who came up had trouble in guarding the man from injury. Miss Kirschner said she could not remember his name.

Several Varieties.

A reactionary storm period is central on the 3rd, 4th and 5th. The moon is full at a total eclipse node on the 3rd, and at greatest declination south on the 5th. High temperature, low barometer and thunder storms will be the order at this time.

Storm conditions will develop and move in regular order from west to east, but local thunder showers in June are more sporadic, being liable to break out simultaneously in widely scattered localities. Beginning at this period, we enter a marked seismic circle that will last up to the 20th of June. The full moon on the 3rd, being at an eclipse node, and causing an eclipse of the sun at that date. Under these conditions, as scientific leaders should long ago have seen and confessed, there is a prolonged strain from one eclipse to the other, exciting a maximum tendency to earthquakes and volcanic perturbations. From June 1st to 6th, inclusive, as well as to the first decided seismic period, the probable effects being heaviest south of the equator.

STOCK QUOTATIONS.

Cobalt and Leading Canadian Stocks Listed.

The following quotations are supplied by the City Brokerage (J. O. Hutton and J. R. C. Dobbs), 41 Clarence street. Telephone 480 A:

Table with columns: Cobalt Stocks, June 1st, Sellers, Buyers. Includes Beaver, Baillie Cobalt, Chambers-Ferland, Cobalt Central, Cobalt Lake, Crown Reserve, Foster, Green Machine, La Rose, Little Nipissing, McKin. Dar. Savage, Nipissing, Nova Scotia, Otisse, Peterson Lake, Rochester, Silver Leaf, Silver Queen, Temiskaming, Trewheey, Watts.

Bravery Recognized.

Toronto, June 1.—The bravery of Frank Ward, Edward and Frederick Ward, of the government life saving crew, at the island, who, with the aid of Charles A. Snider, city editor of the Evening Telegram, rescued the crew of the schooner St. Louis, consisting of six men and a cook, on the morning of Sunday, May 2nd, when the schooner became stranded off the west shore of the island during a gale, was recognized by the board of control, this morning. The board voted \$50 to each of the members of the life saving crew.

A Disastrous Fire.

San Francisco, June 1.—It was estimated, to-day, that \$1,000,000 loss was caused by fire which destroyed the Nevada docks at Port Costa. The fire held up Southern Pacific trains for several hours. The piers were built by the Nevada Bank and James C. Flood, the bonanza king, when the latter attempted to corner the wheat markets of the world and dropped \$15,000,000. Nine hundred tons of wheat and one hundred tons of hops were destroyed by the fire.

Will Seek Settlement.

Cleveland, Ohio, June 1.—In an effort to bring about a conference between the representatives of the Lake Carriers' Association and representatives of the various labor organizations employed upon the great lakes, with strike members of the lake marine arbitration from six states met here, to-day, with Seth Low, New York, president of the National Civic Federation.

Baseball on Monday.

National league—Monday, 3-5; Philadelphia, 2-4; Pittsburgh, 5-4; St. Louis, 4-2; Boston, 1-0; Brooklyn, 0-3; Cincinnati, 4-2; Chicago, 1-3. American league—Boston, 3-2; Philadelphia, 2-1; Washington, 8; New York, 1; St. Louis, 6-1; Cleveland, 3-5; Detroit, 5-7; Chicago, 1-7. Eastern league—Toronto, 3-3; Buffalo, 0-4; Rochester, 4-8; Montreal, 0-3; Providence, 3-2; Baltimore, 2-12; Newark, 3-5; Jersey City, 1-6.

Was It Stolen White Boy?

Galveston, Texas, June 1.—Two Braids, a well-known Apache chief, has proven his identity as Thomas Stringfield, a native Texan, born of a prominent family, forty-four years ago in McMullen county, who at the age of four years was kidnapped by a band of Apaches, who on a raid massacred the boy's mother, father and young brother. A sister, presumed to have been slain, survived, and is still alive.

Will Take Six Weeks.

Berlin, June 1.—Count Zeppelin has sent a telegram to the Reichstag, saying he regrets greatly that he must postpone his arrangements for members to make assessments in his new model airship inasmuch as the complete restoration of the parts in yesterday's accident will require six weeks.

A CENTENARY EVENT.

Methodists Will Visit Old White Chapel.

The 100th birthday of the White chapel, at Hallowell Mills, two miles below Picton, will be fittingly marked, on June 5th, when the Bay of Quinte conference, of the Methodist church, will adjourn from its sittings in Belleville, to visit the historic structure, now the oldest Methodist chapel, in use for church purposes, in Canada.

The Bay of Quinte conference begins its yearly sessions in Belleville, the first of the month, and June 5th has been the day set apart for an official visit to the century old pile. The services of the day will be appropriate. S. F. Lazier, K.C., of Hamilton, whose father was an early preacher in the chapel, J. N. Laker, a prominent Toronto layman, and fifty years ago, a local preacher in the old church, as well as many others who at one time served in the chapel, will assist in the anniversary. It is the intention to have the conference have the old building preserved as a monument to Methodism of the early days, as well as to direct efforts towards reclaiming the Adolphustown chapel.

JUNE PREDICTIONS.

According to Hicks There'll Be Several Varieties.

A reactionary storm period is central on the 3rd, 4th and 5th. The moon is full at a total eclipse node on the 3rd, and at greatest declination south on the 5th. High temperature, low barometer and thunder storms will be the order at this time.

A GENERAL STRIKE

Is Promised if Terms Are Not Arranged.

Philadelphia, June 1.—The street railway strike situation, to-day, is ugly. Twelve thousand policemen are on guard in the city and Mayor Royer said that, if necessary, he would swear 1,000 men in. Traffic was entirely suspended before midnight and serious clashes were looked for if an attempt was made to run cars, to-day. The force of 250 strike breakers on duty since the beginning of the strike, was augmented to-day, by 600 men who rushed here from New York. A general trade organization strike is threatened by John J. Murphy, president of the Central Labor Council, if the Philadelphia Transit company does not meet the terms of the striking trolley men by Thursday night.

Terms Quite Reasonable.

Toronto, June 1.—The railway commission, this morning, gave judgment on the application made by the G.T.R. and C.P.R. to compel the C.N.R. to pay one-third of the fixed annual charges on the Union Station, or \$1,000 per year rental. The board ruled that the agreement made by the parties Nov. 7th, 1906, by which the C.N.R. was to pay \$1 per car in and out of the station was reasonable and that the C.N.R. should not be called upon to contribute towards the fixed charges.

Shot By His Neighbor.

Rochester, June 1.—Morris Donovan, a wealthy Clyde, N.Y., farmer, was killed by his friend and neighbor, Beckwith Tremper. After a night's drinking bout Tremper said, "Boys, it's time to go home; I want to go to bed." The reply was a refusal to depart, and saying, "I've got something to hurry you," Tremper fired a shotgun at Donovan.

A Fallen Goddess.

Bankok Times. A goddess has fallen from grace. She is, or was, the deity of the Kun in temple at Canton. Fire took place there not long ago, and the unfortunate goddess, being made of wood, was unable to save herself. The Nam Ho magistrate, in his wisdom, has decreed that she shall be worshipped no more, as the fact of her being burned is proof of her inability to perform a miracle.

Barring It Out.

London Tit-Bits. Irate Parent—So you think my daughter loves you, sir, and you wish to marry her? Young Lover—That's what I called to see you about. And if you don't mind, I thought I'd just ask first if there is any insanity in your family. Irate Parent—No, sir, and there's not going to be any.

King Edward's Number.

The king's lucky number is 9. Both his parents were born in 1819, he was born on a 9th, his marriage took place in the year 63, which numbers added one to the other make 9; his reign commenced in 1901, he was to have been crowned on the 27th, which figures added together make 9, and he was actually crowned on August 9th.

The Worm May Turn.

The worm may turn, but the grindstone has to be turned. After breaking a \$5 bill the pieces are soon lost. A homely truth is better than a handsome lie.

NEWS OF THE WORLD

OCCURRENCES RECORDED IN BRIEF FORM.

Matters That Interest Everybody—Notes From All Over—Little of Everything Easily Read and Remembered.

John M. Beasley, Petroler, died while driving in his buggy. Winnipeg street railwaymen are not satisfied with the award of the conciliation board.

Word was received of the sudden death in Boston of Rev. Thomas McKay, a Torontonian. The Consolidated Elevator company will build a new 1,700,000-bushel elevator at Fort William.

Reports from all districts surrounding Brandon state that the crop conditions surpass all expectations.

Emmet W. Beldon and Mrs. L. Shepherd drove into a slough near Chilliwack, B.C., and were drowned.

The succession duties for May reached \$84,106, bringing the total for the first five months of this year up to \$379,927.

Near Boston, Mass., a frightful accident occurred, three persons falling many feet from a balloon, with deadly results.

On Thursday, Harvey McKenney, Baynton, was attacked by a bull in the stable yard, and is not expected to recover.

In the Newfoundland legislature, Mr. Warren, a supporter of Premier Morris, will be the speaker, with Mr. Parsons as deputy speaker. The Cavanville Methodist circuit has invited Rev. J. W. Clarry, B.A., Shanville, for next conference year, and Mr. Clarry has accepted.

Built Her Own House.

(One hears so much nowadays of self-made men that it is refreshing, indeed, to hear of a self-made woman. Down in Kansas there is a young woman who has actually constructed a nine-room house by her own labor. She knew nothing of carpenter work when she began, but necessity proved the mother of invention, and she soon discovered that no woman can drive a nail straight. She started in with \$7 and purchased her 100-foot lot on credit. Upon this she built a two-story frame house, buying lumber on the promise of small monthly payments. She took in two other women to board with her and in this manner was able to make her monthly payments and purchase a cow. She sold milk, satisfied her boarders, and took in washing. After some few months she had cleared her indebtedness sufficiently to justify an enlargement of the house. Accordingly, she dug the new foundation, set up the frame, plastered and papered the walls and laid the floors. Then she made a lawn, planted fruit trees and flower beds and set her house in order. And all of this was done on a capital of \$7—a woman.

The Little Trail.

Percy W. Reynolds, in May Bohemian. Oh, the little green trail through the valley. Is calling me on and away, away from the hot, tired city; On and away toward the mountain. Over the hills to a dale. Where water from nature's own fountain Cools the moss on the little green trail. Oh, the little green trail through the valley. Where fatiges and goblins dwell. And dreamers worship in silence. To the sound of an angelic bell; At twilight to list to the singing. Of a soft-throated thrush in the vale. While calm and gentle zephyrs are bringing Sweet peace to the little green trail. Oh, the little green trail through the valley. That leads to the land of Forget. Where day-dreams come true to a dreamer. And there's no such thing as regret: To live and love is worth living. Yes, succeed and never to fail. For love is the prize they are giving. At the end of the little green trail.

Polly Plays Golf.

London Telegraph. An ardent golfer, by way of a joke, dropped a golf ball by a nest of his ancient parrot had built in the corner of its cage. Polly sat with exemplary patience on her novel egg, and appeared to be pretty well heart-broken when the weeks went by and she found herself unworried. At last parrot flesh and blood could stand it no longer. A terrific screeching brought her owner downstairs at three o'clock one morning. "What's the matter, Polly?" he asked, as he noticed the bird's beak was chipped trying to get at the egg's interior. "Matter!" screeched the bird. "Great Scott! I'm bunkered!"

The Girl Out of a Job.

In The Survey for May L. C. Odenrants gives some surprising facts about the irregularity of unemployment among New York women workers. "For instance, there is Mollie, who took off sayings from a machine for a year and a half. She earned \$3.50 a week, but left because night work made her ill. She became assistant forewoman, sewing curtains for one year at \$4 a week, but left because there was no chance of advancement. She was operator on children's coats six months in one place and six weeks in another. She was operator on skirts one month in one place and three months in another. She earned \$6 a week, but each time left because business was slack."

Sun Supplies Electricity.

A Boston engineer has invented a machine claimed to convert the sun's rays into electrical energy direct without the use of any intermediate apparatus, says the June Popular Mechanics. The machine is composed of a large composition, set in insulating material and connected in a series, one end of each plug being in an airtight space exposed to the sun, and the other end in the open air. The difference in temperature of the two ends, usually about sixty degrees F., causes a flow of current. The voltage in each plug, of course, low, but there are 976 connected in a series, and they store enough electricity in ordinary batteries to light the inventor's shop.

W. J. Baker has taken out a permit at the city engineer's office for the erection of concrete stores on Princess street opposite Sydenham, to replace the old ones formerly owned by George Caruthers.

On Monday evening the members of Cooke's church Young Men's Club organized their baseball team, for the summer. The officers will be elected later in the season. The police have not secured any trace of the cigars stolen from McQueen's cigar factory, or the rubber goods stolen from Sowards' coal yard.

CUT HIS THROAT.

Rash Deed of Young Man at Lavant.

Lanark, Ont., June 1.—James McKay, a young man in the employ of R. R. Drysdale, lumber merchant, committed suicide by cutting his throat, from ear to ear, with a razor, at Drysdale's Mills, Lavant, last night, in a field adjoining his boarding house. The young man was much esteemed in the community and no cause can be assigned for the rash act. Coroner Klobe, of this place, has promised to hold an inquest.

Fatherhood.

By Coventry Patmore. My little son, who look'd from thought And moved and spoke in quiet, grown-up wise. Having now law the seventh time disobeyed. I struck him, and dimpled With hard words and unkind's. His mother, who was patient, being dead. These fearful lest his grief should hinder sleep. I visited his bed. But found him slumbering deep. With darken'd eyelids, and their lashes yet From his late sobbing wet. And I with moon, Kissing away his tears, left others of my own. For on a table drawn beside his head, He had put, within his reach, A box of counters and a red veined stone. A nickel glass abraded by the beach. And six or seven shells. A bottle with blueberries. And two French silver coins, ranged together with careful art. To comfort his sad heart. So when the next I trav'd To God I wept and said: Ah, when at last we lie with tranced breath. Not vexing thee in death, And thou rememberest of what toys We made our joy. How weakly understood The great commanded good. Than I whom thou hast molded from the clay. Thou'lt leave thy wrath and say: "I will be sorry for thy childishness."

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Build Up A Reserve Now

Now, while your earning power is good, why not convert part of it into a Cash Reserve that will later on, yield a competence for old age? You can easily do it by regularly depositing a part of your income in

THE STANDARD BANK OF CANADA

Established 1873 OF CANADA 77 Branches

One Dollar and upwards opens an account, and with systematic saving and Compound Interest, the fund will rapidly accumulate. Begin to-day.

KINGSTON BRANCH J. S. TURNER, Manager

Attractive Summer Millinery.

Ladies Who Have Not Yet Purchased Their Summer Hat

And are desirous of securing a model of more than ordinary distinction and charm. Our assortment is large and choice. There being Hats to harmonize with every costume. Also see our new Wash Costumes, Skirts and Waists.

David M. Spence, The Leading Millinery & Mantle Store, 110 Princess St.

You are invited to meet Miss Eccles

an expert corset fitter of Bias Corsets Ltd.

Monday, May 31st to June 5th

when the superiority of Bias Corsets will be demonstrated to you.

The Summerville Co., Wellington St.

Brighten Up

It would cost 50% more to build your barn today than 10 years ago. Lumber is scarce and expensive and is getting more so. By keeping your barn (or any building in fact) painted with good paint you will increase the life of it from 10 to 25 years. Ask your dealer for

SHERWIN-WILLIAMS PAINTS AND VARNISHES

Made in Canada THE SHERWIN-WILLIAMS Co. Montreal, Toronto, Winnipeg

Grand Union Hotel

Opp. Grand Central Station, New York City Rooms, \$1.00 a Day

Wm. Murray Auctioneer

27 BROCK ST. New Carriages, Cutters, Harness, Sale of Horses every Saturday.

OUR ROOSTER BRAND OF TOBACCO

Smoking and Chewing at forty-five cents a pound, is a good tobacco. Why pay eighty-five cents. Andrew Maclean, Ontario, street.

Builders and Contractors

Use Sashweights made in Kingston at Angrove's Foundry. Special prices for large quantities.

You will want some Home-Made Mince Meat and here is the place to get the good old fashioned kind that mother used to make. Also, our Pork Sausage Meat is just the crowning you need. Phone, 570, St. J. MYERS.