

**COLDS**  
CURED IN ONE DAY



**GRIP**  
Munyon's Cold Remedy Relieves the head, throat and lungs almost immediately. Cures Croup, stops Discharges of the nose, takes away all aches and pains caused by colds. It cures Grip and obdurate coughs and prevents Pneumonia. Price 25c.



**What Our Trade-Mark Means to You**

It means that the flour contained in bags and barrels so trade-marked is decidedly whiter, a great deal stronger and more nutritious than other flours.

It means that the flour has been properly aged to mature its full strength.

It means "More bread and better Bread" and better pastry, too.

**PURITY FLOUR**

Western Canada Flour Mills Co., Limited, MILLS AT WINNIPEG, GORDERTON, BRANSON.

If you are troubled with **DANDRUFF** and an **ITCHING, BURNING SCALP**,

**Hays Hair Health**

will positively remove all traces of it, and stop the itching and burning, keep the scalp healthy and clean and encourage the growth of new hair.

Do not delay as the dandruff germ kills the hair roots and stops the growth of hair. IS NOT A DYE.

21 AND 50c. BOTTLES, AT DRUGGISTS.

**JAS. B. McLEOD**

**A WINDSOR LADY'S APPEAL**  
To All Women: I will send free, with full instructions, my home treatment which positively cures Eczema, itching, Ulceration, Displacements, Falling of the Womb, Painful or Irregular Periods, Uterine and Ovarian Tumors or growths, also Hot Flashes, Nervousness, Melancholy, Pains in the Head, Back, Bowels, Kidney and Bladder troubles where caused by weakness peculiar to our sex. You can continue treatment at home at a cost of only about 12 cents a week. My book, "Woman's Own Medical Advisor," also sent free on request. Write today. Address Mrs. M. Summers, Box 251 Windsor, Ont.

**Every Woman**  
is interested and should know about the wonderful **MARVEL Whirling Sp. cv.** The new Vertical Spring. Best—30 cent copy sent instantly. **WOMEN'S OWN MEDICAL ADVISOR** Sent free on request.

**Men and Women**  
Use the Big 45 for unsatisfactory discharges, inflammation, irritations or ulcerations of mucous membranes, of the nose, throat, larynx, trachea, bronchi, or lungs.

**Tips For The Farmers**

BY UNCLE JOSH.

The following is given as a good recipe for harness-dressing:

Three ounces of turpentine and two ounces of refined beeswax dissolved together over a slow fire. Then add one ounce of ivory black and a dram of indigo, well pulverized and mixed together. When the wax and turpentine are dissolved, add the ivory black and indigo and stir 'till cold. Apply very thin. Wash afterwards, and you will have a beautiful polish. This blacking keeps the leather soft. It is excellent for buggy-tops and harness. In England a large amount of beeswax is used by the makers of harness-dressing. The foregoing is the usual recipe.

It is an old-established fact that the quality of silage improves as the depth increases. This is due to the increased moisture in dealing with this subject. Bulletin 110 of the Iowa station says: "A larger percentage of mouldy and otherwise inferior silage is found near the top of a silo than at the centre or near the bottom, proving that a certain weight is necessary to compress the silage and exclude the air so as to insure its perfect preservation. By building a deep silo a greater quantity of good silage is obtained, which is, of course, a matter of economy. Good practice at present seems to dictate that the depth should be at least thirty feet. A large percentage of good silage are built considerably deeper, even fifty to sixty feet."

Where a crop of corn is well cared the best of them can be broken off to husk and the remainder put in the silo as soon as possible.

Not only can corn be made into ensilage, although it may be the best crop for the purpose, but clover, alfalfa and even oats and rye, when at the proper stage of growth. A silo filled with a mixture of corn and clover would make an excellent feed for stock.

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of which cost twice as much as a quart of milk. Milk is a balanced ration, of a proportion suitable for an infant, or an old man. It is a product which seems to have an ever-increasing demand, which bears no relationship to the increase of the population, but grows rapidly as its food and economic values are better understood.

There is, however, a rapidly growing demand that it be produced, cared for, and delivered under conditions of absolute cleanliness and sweetness. Leading cities of Canada have passed regulations restricting the sale of impure milk, which go far to protect the dealer, the hotelkeeper and the housekeeper in the purchase of their supplies of milk, but there are apparently none to protect the customer of the restaurant or the hotel.

This is not as it ought to be. Last year the city of Winnipeg passed laws placing these under the same obligations in regard to the sale of milk by the glass as the dealers by the gallon, and the result was an immediate increase in the consumption of milk, to the detriment of the sale of less useful beverages.

What is needed to make of this growing industry, that of milk production, a factor of still more gigantic proportions, are higher principles of sanitation, and greater attention to cleanliness in producing and distributing it.

The present expansion of dairying foretells a bright future in Canada, and its possibilities should not be jeopardized by any neglect.

Wherever dairying is a leading industry on the farm and corn is a crop largely grown, it will pay to have a silo. Well prepared ensilage is one of the best feeds for cows giving milk that we have. It is more like the grasses in its character, palatable and digestible than dried fodder, writes E. R. Towle, Successful Farming.

Where corn is grown largely and entirely for a fodder crop as it is in many parts of the country, it will be worth much more to the farmer to put in the silo than to cure and feed dry.

When the crop has reached its best condition, that is when the ears are out of the milk and while the stalks are yet green, then is the time to put it in the silo.

It is difficult feeding the dried fodder, especially if it is of the larger varieties, whole without considerable waste.

When put in the silo, this large growth becomes softened and retains its succulence, and when rightly fed there should be little or no loss from waste, as it is eaten up clean.

In my opinion it requires less work to put the crop in the silo than to harvest in the old way and handle over two or three times before it can be placed before the cows or other stock. And further I believe the crop thus cared for will be worth at least one-third more, all things considered, than when fed dry.

A large amount of corn can be put in the silo of average size, and when the work is completed it is then under shelter in the best condition now known, and ready for use when wanted.

The silo should be thoroughly constructed, be air and water tight. The round form is the one now mostly used, and it should not be too large in diameter but of good height, for the better keeping and feeding of the silage.

It should be placed where it will be the most convenient, thus saving time and labor. Where there is a large stock to feed it would be better to have two moderate sized silos than a very large one.

Where it is desirable to make use of a large amount of green feed in the summer season, a small silo filled expressly for the purpose will be found of the greatest advantage, as experience has proven.

**Produce and Prices.**  
Kingston, April 17.—Prices are quoted to the Whig as follows:  
Fish—Salmon trout, 12c. lb.; skinned diply herring, 20c. lb.; wet fish, 12c. lb.; pike, 10c. lb.; Chinook salmon, 30c. lb.; silverides, 20c.; qualla, 15c.; kippered herring, Yarmouth bladders, 40c. doz.; perch, 30c. doz.

**That Old Winter Cough**  
The Cough Syrup You've Taken Has Sickened But Not Cured You.  
You'll Never Be Well Till You Heal the Lungs With "Catarrhozone."  
Nothing pulls down strength, makes you wretched, miserable and despondent like a chronic cough. The old-fashioned liquid mixture, slip down the throat, enter the stomach and do little else but pain digestion.

**A SIMPLY MADE FOULARD**



POSED BY MISS BELD OF QUEEN OF THE MOULIN ROUGE CO. PHOTO BY JOEL TEPNER.

One of the unalterable laws of the best dressmakers is, "Figured fabrics on unbroken, simple lines." And the pretty little gown of two-tone foulard silk, in an apple green shade, ringed with darker green, shown here, follows this rule and is simplicity itself. The method of carrying the skirt drapery over one shoulder gives the one piece effect that is especially a smart this season. The sleeves are of green chiffon, finely tucked, and trimmed with buttons made from the silk.

**A "WHITE" SUMMER.**  
Lingerie Gowns Very Smart—Growing to Popularity.  
A growing inclination to wear white is apparent. White was once regarded as the special privilege of youth. Now, with a clearer knowledge of the values of color and a better realization of the importance of surroundings, one indulges one's natural tastes. Perhaps the influence of the period under which fashion is passing has something to do with this, for the women who amused themselves at the Trianon used white frocks and without stint.

Be that as it may, white gowns, and white, generally will be more worn this season than ever. White cloth in a variety of makes, satin charmeuse, the cashmere and white serge, in an infinite variety of qualities and thicknesses, will come in for much attention from artists in dress.

As to the lingerie gown, its importance in the wardrobe cannot be questioned. It is one of the most useful things to have, and, whether worn outside or indoors, permits so much individual taste and charm in contrast that it is quite indispensable.

**Tight Sleeves and Low Collars.**  
The Delineator.  
Women, whose arms are either very full or very thin dislike the revelation of the sleeve that is guileless of any fullness whatsoever. But for the woman who can wear the smaller sleeve nothing is more chic at present, for it gives a very narrow-shouldered, slender look to the most corpulent figure. Collars are less exaggerated than they were a year ago, and the shawl collars and collarless necks of the new coats are a boon to women who do their own tailoring. They are actually good style and very easy to make.

The average woman can't hit the side of a barn with a brick, but when it comes to throwing hints she hits the target every time.

**KEEP THE KIDNEYS WELL.**  
Health Saving Explained By a Kingston Citizen Who Knows From Experience.  
Many Kingston people take their lives in their hands by neglecting the kidneys, when they know these organs need help.  
Sick kidneys are responsible for a great amount of suffering and ill-health.

The reason so many use Booth's Kidney Pills is their quick relief for all kidney weakness. Here is what a Kingston citizen says:  
Mrs. M. O'Neill, of 263 Sutherland street, Kingston, Ont., says: "A constant heaving down pain had settled across the small of my back. I was weak and languid and could not stoop over to lace my shoes without much suffering. Headaches were frequent and usually accompanied by spells of dizziness. I would take cold with the least change of weather and it would settle in the kidneys. The kidney secretions would become irregular and frequent, and caused me to leave my bed several times during the night. Although I had tried several remedies I could find no relief. I tried Booth's Kidney Pills, purchased at Mahood's Pharmacy, on recommendation of a friend. They cured me as I told you no trouble since and can recommend Booth's Kidney Pills as an excellent remedy." Sold by dealers. Price 50 cents. The R. T. Booth Co., Ltd., Fort Erie, Ont., sole Canadian agents.

**Oldest Tree in The World.**  
The oldest tree in the world, according to the letter of a German traveler, published in the Berliner Morgenpost, is on the island of Cos, on the coast of Asia Minor. Hippocrates, is said to have taught his pupils. The tree is supposed to be 2,500 years old, and its trunk measures ten metres in circumference. Despite its age, every year its branches become green, but many of the larger ones have for several years been held in place with artificial props.

**Pointer For The Teacher.**  
Sacred Heart Review.  
A parent who evidently disapproves of corporal punishment wrote the teacher:  
"Dear Miss—Don't hit our Johnnie. We never do it at home, except in self-defense."  
The longer you let an account run the longer it will be before you catch up with it.

**Better, Healthier Women**

are known to exist in this country by thousands because freed from pain and suffering by Lydia E. Pinkham's Vegetable Compound.

Could such a record be made without actual and superior merit? Read what this woman says, and realize that the results secured in her case could not have been made except by a very good medicine:

Winnipeg, Man.—"Eleven years ago I went to the Victoria Hospital, Montreal, suffering with a growth in the uterus. The doctors said it was a tumor, and could not be removed, as it would cause instant death. They found that other organs were affected and said I could not live more than six months in the condition I was in. After I came home I saw your advertisement in the paper and commenced taking Lydia E. Pinkham's Vegetable Compound. I took it constantly for two years, and still take it at times, and both my husband and myself claim that it was the means of saving my life. I highly recommend it to suffering women."—Mrs. Orilla Bradley, 284 Johnson Ave., Winnipeg, Manitoba.

Science in surgery and electricity has advanced much in the past 30 years, but the treatment of disease by the old fashioned roots and herbs method has never been improved upon. The fact that this leader of them all—**Lydia E. Pinkham's Vegetable Compound**—is to-day the largest seller of any similar medicine in the world, is proof positive of its value and superiority, for with all our enterprise and advertising we could not keep fooling the people for 30 years. Merit and merit alone is what has made Lydia E. Pinkham's Vegetable Compound the standard medicine for treating diseases peculiar to women.

For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No sick woman does justice to herself who will not try this famous medicine. Made exclusively from roots and herbs, and has thousands of cures to its credit.

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health free of charge. Address Mrs. Pinkham, Lynn, Mass.

**"SIDE-OVEN" "CALORIC"**

A new pattern for easy work in the kitchen. Especially suited for the housewife who desires ovens and cooking top within easy reach. No stooping or leaning over burners. Special conveniences: back guard, teapot stand and large tray.

**McClary's "Caloric" Gas Range**

From the Rising to the Setting Sun, For Years past And Years to come,  
There are no Wars will wear As **EDDY'S WARES** have done. Always Everywhere in Canada ASK FOR **EDDY'S MATCHES**

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