RHEUMATIC TREATMENT

Some Simple Precautions Which Will Prevent a Recurrence of Attacks.

A prominent citizen, who had for years suffered from rheumatism and rheumatic gout, has, been giving his friends the benefit of his experience, and incidentally a copy of the prescription which was of material assistance in effecting a cure.

In the first place, he found that every time he partook freely of acid fruits his old trouble returned; and, secondly, he learned that it was absolutely essential to keep the kidneys active. To do this it was necessary to drink plenty of water. Occasionally he would dissolve a lithia tablet in the water to assist its action on the kidneys.

The treatment is as follows: Procure from your druggist :-Fluid Extract Cascara..... 1/2 oz. Syrup Rhubarb ..... 1 Carriana Compound ...... 1 Compound Syrup Sarsaparilla 5

Take one teaspoonful after each meal and at bedtime This is valuable information. This can be mixed at home. Save the prescription.

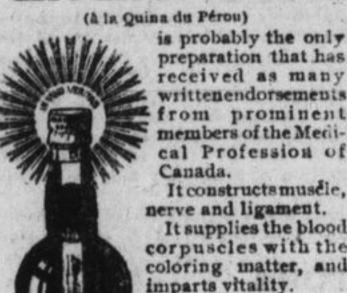
#### THE LIFE-GIVING TONIC

PORT W

I know and recommend your excellent tonic Wilson's Invalids' Port." I prescribe it to young persons and to debili-tated women and the result is most satisfactory. I congratulate you for having filled with the greatest of care a time-honoured prescript which is approved by the Medical Profession I heartily wish you all the success you Yours truly,

Dr. J. M. Beausoleil, President of the Canadian Medical Association.

## WILSON'S **Invalids' Port**



preparation that has received as many writtenendorsements from prominent members of the Medical Profession of It constructs muscle,

It supplies the blood corpuscles with the coloring matter, and imparts vitality. It possesses the peculiar virtues of stimulating the strength of the system. Ask YOUR Doctor.

BIG BOTTLE at all Pharmacies Everywhere.

## NO TRIFLING

It's dangerous to allow a cough or cold to

remain. It's foolish to let yourself become thin and

It's easy to put yourself right with the world; in shape to do your work and enjoy life.

#### Take Brick's Tasteless Cod Liver Oil-That's All

All of the genuine Cod Liver Oil is used except the greasy part, Compound Syrup of Hypophosphites, Liquid Extract of Malt and the Fluid Extract of Wild Cherry Bark are added to assist the Cod Liver Oil to build up your system.

On the whole it's the best thing you can take if you're not "just right."

All Druggists



TO HIS MAJESTY THE KING .

Sir John Power & Son Ltd ESTABLISHED AD 1791

## IRISH WHISKEY

Famous for over a century for its delicacy of flavor. Of highest standard of

It is especially recommended by the Medical Profession on account of its peculiar "DRYNESS"

Purity.

Why does Santa Claus always go the chimney? Because it souls (suits) him.

SERMON AT LAYMEN'S MISSIONARY ASSOCIATION CONVENTION.

the People Absorbed in Christian Missions -Charge Them With Missionary Dynamic. Before an audience of fifteen hundred miniity, in attendance at the Laymen's Missionary

Movement Convention, Rev. Dr. James I. Vance, of Newark, N.J., delivered an address

you will see the sleepy wake up, and the stingy every religion and creed and class. loosen up, and the sour sweeten up. The Persia, where public propagandism is procure for a sick church is to get it on a mis- hibited, is percolated with it. "I do not say," on the soul of the man who tries to minister to them. The trouble is not that these churches are bad, that there are no devout people there, that the members do not love Christ die; the trouble is that they have been sidely it is the pastor who himself has dug his

change. It may prefer to remain undisturbed. Paris, Berlin, Stuttgart. But what of that? Did you ever know a man sound asleep who liked to be wakened? It Bahais are found in Canada, and in almost may regard you as fanatical, but that is not every state of the Union. There are Bahai necessarily fatal. Better be a fanatic than a assemblies in New York, Boston, Philadelphia, corpse. The enterprise of missions is God's Baltimore, Washington, Chicago, Denver, Los plan for the church. It is the most enchanting | Angeles, Oakland, Montreal. So far has the vision that ever dazzled the brain of man, and movement advanced that Bahai teachers have the Christian who can come under its spell gone out from America to Europe, India, Perand not be thrilled, not have some spark of sia. heroism flaring into flame within him, is only dead freight. The preacher can make his pulpit flame with the evangel of missions. He can yield it, on occasions, to returned missionaries. They may not always be as eloquent as the regular occupant, but they come straight from the firing line, wearing a worn uniform, blood stained, gunshot and sabre scarred. Words are always cheap when the message is man. Let us give our sermons the missionary outlook. Then we shall be on edge because next Sunday we must say something, for we shall always have something to say. We can make our pastoral work a part of our missionary propaganda. This would transform it from a downright sham into a

thing of power. "The pastor can help forward the mission ary movement by seeing that the missionary collections are placed on a business basis and not left to the accident of weather on the day assigned to the cause or made to depend on 'the moving appeal' of some advecate. Let the mission funds get as good treatment as the funds for congregational use. It is possible the pastor might find, by diligent effort, individuals in his congregation who would personally undertake the support of one or more missionaries. We are engaged in a glorious campaign, and it should have our best. and we are sure to win, for God is not going to quit until He has things His way."

Still An Age of Heroism.

In connection with the dreadful earthquake in Southern Italy stories are told of sacrifices and acts of heroism. A Russian sailor, on learning that a number of women and children were imprisoned in the third story of a wrecked house, climbed the wall with great daring, and rescued the people. No sooner were they in the street than the wall collapsed, burying rescued and rescuer in one grave. A company of soldiers were working desperately to release some unfortunates pinned down under heavy timbers, when an adjoining brick wall collapsed, killing the workers and ending the agony of those they were trying to rescue. Of two regiments, stationed at Messina, only ten men survive. Of another nature was the under the great shock.

An Honored British Hero. is one of the great events in the Peninsular of achievement. war. But on reaching the shore, he turned at bay and repulsed his pursuers with great loss, at the sacrifice of his own life, creating one of the most pathetic episodes in British mili-

tary annals: "Not a drum was heard, not a funeral note, As his corpse to the ramparts we hugried, Not a soldier discharged his farewell shot

O'er the grave where our hero was buried." Wreaths were placed on Moore's monuments in St. Paul's Cathedral, London, and in Glasgow. The Spanish Ambassador wrote: "The same celebration took place in Spain, especially in La Carunna, where Sir John Moore is buried, and where his monument, kept with great reverence and pride, is constantly visited by Britishers and Spaniards."

Lord send me sleep that I may live; The wrongs I've done this day forgive; Bless every deed and thought and word I've rightly done, or said, or heard. Bless relatives and friends always; Teach all the world to watch and pray. My thanks for all my blessings take And hear my prayer for Jesus' sake.

Review of Reviews. liberated Abbas Effendi, the Master of Acca, The Best Thing a Minister Can Do Is to Get for fifty-six years prisoner, exile, the great exponent of the "Bahai Revelation." The con- The former was one of three brothers, all stitution promulgated by the Sultan proclaims liberty, justice, equality, fraternity, religious tolerance. Does this proclamation embrace Apostolic Church. The Rev. John was a missters and church officers of Boston and vicin- the Bahai movement? It is a question of interest to Islam, to the world. Islam has fought the movement, has resisted purgation, for more than sixty years, since May 23, 1844, upon the topic: The Minister the Key to the the day Mirza Ali Muhammad, a young Persian, declared himself the "Gate," or "Bab," "What is the best thing a minister can do the herald of "The Mighty One to Come." for his people-the very best? Without any Recession from the hostile position is a tremreservation I would say: 'Let him get them endous step towards the realiza on of the absorbed with Christian missions. Let him world peace, the world religion. For this is charge them with the missionary dynamic. the motif of the Bahai movement. The move-There is nothing like it. It is the panacea ment is a prodigious, an irresistible fact. Alfor ecclesiastical ills. It will work a trans- ready has it attained world-far dimensions. formation in any congregation. Try it, and It numbers its adherents by the millions, from

be a minister satisfied with very little. His all progressive men and optimists whom I met appetite is small. I am not speaking of all n Persia were Bahaïs." In India the barriers churches, but I am speaking of some, and the of caste disintegrate before the Bahai Revelanumber is too large; they are a dead weight lion. Calcutta has a considerable Bahai Assembly. There are Bahais in Bombay, Zoroasrian and Muhammedan converts, once credal twelve fellow-men found no difficulty in co and do not want to go to heaven when they collowers of six religions, -Buddists, Muhammedans, Hindus, Christians, Jews, Zoroastracked on some minor issue, shunted into trians. Mandalay has several hundred Bahais, some blind alley, and the pity is that frequent- for the most, native Burmans. Entire Hebrew

The movement invaded America in 1893, and

The Lil' Brack Sheep. During one of his London song services Evangelist Alexander said that he had heard a darkey version of the famous song, "The Ninety and Nine," which had brought a blessing to many, and which he and his wife had printed on a little card, and sent to friends, His wife, by request, then recited the poem to the audience in a clear, soft voice:

Po' lil' sheep dat strayed away Done los' in de win' an' de rain-And de Shepherd he say, 'O hirlin', Go fin' my sheep again.' An' de hirlin' say, 'O Shepherd, Dat sheep am brack an' bad.' But de Shepherd he smile, like dat lil' brack sheep Wus de onliest lamb he had.

An' he say, 'O hirlin', hasten, For de win' an' de rain am col', An' dat lil' brack sheep am lonesome Out dere, so far f'um de fol'? But de hirlin' frown, 'O Shepherd, Dat sheep am ol' an' grey!" But the Shepherd he smile, like dat lil brack sheep

Wus fair as de break ob day. An' he say, 'O hirlin', hasten! Lo! here's is de ninety an' nine; But dere, way off f'um de sheepfol', Is dat lil' brack sheep ob mine!' An' de hirlin' frown: 'O Shepherd,

De res' ob de sheep am here!' But the Shepherd he smile, like that lif brack sheep He hol' it de mostes' dear.

An' de Shepherd go out in de darkness, Where de night was col' an' bleak, An' dat lil' brack sheep he fin's it. An' lays it agains' his cheek. An' de hirlin' frown: 'O Shepherd, Don't bring dat sheep to me!" But the Shepherd he smile, an' he hol'

Au'-dat lil' brack sheep-wus-me!

## Force of Self-Leading.

experience of the Marquis of Semmola, who donald's novels, a man of culture and refin- and almost a riot, when a voice cried, 'Here was buried alive in the ruins, but in response ment, who had forfeited his bright prospects comes Dr. Rolph.' The minister did not hear to shouts replied: "Save others! Don't think of promotion in a college library because he or heed the new tumult, but prayed on, be of me. I am in a bar and have all I want to Irank. Arguments and entreaties were useless; coming weaker each moment. Soon the doceat and drink." William Maxwell, the English at last his friends left him to himself. Then a tor dashed up to the scaffold, scattering people war correspondent, declares that the Chinese student won his confidence, and became a daily right and left. He was too weak to speak or city of Port Arthur, after bombardment by companion. The drunkard was proud of the move, but a man in the crowd, snatched a sea and land, was not half so ruinous as student, for whom there was promise of a document from his hand and mounting on th Messina. "Six months cannonade by all the brilliant career. One day, however, the young back of the horse, shouted, 'Reprieve!, 'Re artillery in the world would not produce the man began to drink. The friend entreated prieve! It was so; and that is how Carr and results of ten seconds of Nature's riot." We him to break the habit he was forming, and Smith were saved. are told that the spectacle, when witnessed by pointed to himself as a warning of the results the commander of the British steamer Ebro, of continued indulgence. But his words had was so horrifying that his hair turned white no effect, till he proposed that he would never drink again if the student would make the by the conferring of decorative coat labels on same promise. So, side by side, the old man and the young man fought their battle and The centenary of one of Scotland's greatest | which he was fitted; and the old man became military sons was celebrated in January. Sir almost young again, and was given a place of John Moore, a native of Glasgow, was killed responsibility in the library. What he could at the Battle of Corunna. His masterly re- not be persuaded to do for his own sake he treat in the dead of winter through the moun- had done for the sake of a friend; and the retainous defiles of Portugal, before an over- ward came in his own life. In self-forgetfulwhelming French force under Marshall Sault ness lies one secret of self-mastery, as well as

The House of Never. The House of Never is built, they say, Just over the hills of the By-and-by, Its gates are reached by a devious way, Hidden from all but an angel's eye. It winds about and in and out, The hills and dales to sever; Once over the hills of By-and-by And you're lost in the House of Never.

The House of Never is filled with waits, With "just-in-a-minutes" and "pretty-soons, The noise of their wings as they beat the gates Comes back to earth in the afternoons, When shadows fly across the sky. And rushes quaintly endeavor To question the hills of the By-and-by

The House of Never was built with tears, And lost in the hills of the By-and-by Are a million hopes and a million fears-. A baby's smiles and a woman's cry,

As they ask for the House of Never.

The winding way seems bright to-day, Then darkness falls for ever, For over the hills of By-and-by Amen I Sorrow waits in the House of Never.

PRAYING AGAINST TIME. A Question of Interest to Islam, to the To Save Man From Hanging-Memorable Incident of Life in Western Ontario.

Rev. John Ryerson was a son of Colonel The political activity of Young Turkey has John Ryerson, a noted U.E. Loyalist, in whose memory there exists a brass tablet in the roughs in South London. Just then Miss cathedral church of St. James in Toronto. Ethel Austin, who lived in Clapham-road, hur-Methodist ministers, while there was a fourth brother, George, a minister of the Catholic sionary to the Indians in the west, and on one occasion made a journey to England from Fort William, then simply a Hudson's Bay Co.'s post, across the continent to the Hudson's Bay itself, thence by a whaler to England. That memorable circumstance occurred about 1830. Mr. Ryerson died in Brantford, in

a Canadian, for whose respite from hanging Mr. Ryerson prayed against time. He was about 1834 arrested along with a man named Smith, both quiet reputable persons, for stealing an ox in a township near Toronto. The village close at hand was thrown into great excitement by the crime, the penalty being death at that time. A diligent search resulted sionary diet. The minister satisfied with the said a recent traveller, "that all Persian Bahais in the discovery of the hide, and suspicion fell spiritual condition of his church is likely to are progressive men and optimists, but that upon Carr, who was known to be poor, and in whose house the odor of cooked meat still hung. The village Dogberry and shallow dignitaries, next to deities then, extorted a confession of guilt from Carr and Smith. The culprits were brought to trial, and a jury enemies, now brothers of the same faith. In signing both to the scaffold after the learned Rangoon the Bahai movement has unified the judge had expatiated upon the enormity of think over the matter.

Among those horrified at the approaching execution were Rev. John Ryerson, spiritual advisor of the poor fellows, and Dr. John communities of the Orient have become Bahai Rolph, whose memory still clings to the villcommunities. In Russia the Bahai movement age. The Doctor was more excited than any "Let the minister get his church interested has taken enduring hold. Bahai Assemblies other of Smith and Carr's sympathizers. He missions. The church may not like the are established in Teberan, Cairo, London, determined to ride to Toronto and intercede fore starting he was closeted with Mr. Ryerson. The latter subsequently told that he had agreed to delay the hanging all he could by making the closing prayer as long as his strength and power would permit, provided that Rolph had not returned. Good Dr. Rolph had calculated on getting back a few hours before the time set for execution. He set out on the swiftest horse to be had in the village, but the people had little faith in his ability to make the journey, and still less faith in the Governor's inclination to interfere. The days flew on, and the people flocked in from the

surrounding country. The fatal morn came, but without any tid ings of Dr. Rolph, and the men were led out to die. Private hangings were not in fashion then. It was considered good and wholesome for the common people to witness the awful and just punishment of the horse, cattle and sheep stealer. The gallows were erected out in the open. It was none of your patent, latest style instruments of death, no sandbag scientific test to assure the quickest death possible. It was a rude structure upon which the village carpenter may not have expended more than two hours' labor. Smith and Carr were placed in position, and the sheriff was informed that all was ready for the parson's final blessing or prayer.

Rev. John got down on his knees and began the longest and most remarkable prayer on record. His voice was low purposely, for he wished to husband his vocal strength. He prayed for twenty minutes without creating remark, for long prayers were not so distasteful then as now. But when he entered upon the second half hour, great restlessness was manifest. The sun poured down on the uncovered heads, and many did not hestitate to say aloud that they were getting too much of a good thing. The sheriff was impatient and the hangman looked weary. The proceeding made him tired; even the poor wretches awaiting death showed signs of annoyance, for the parson had not told them of his compact with Dr. Rolph. The murmur arose higher and

higher, but he prayed on without ceasing. An hour passed, and he was still on his knees. There was no longer relevancy in his appeal. He uttered merely words and disconnected phrases to consume time. muscles of his throat contracted, his tongue later that he did not know what he was saying, her sister came back." and that the only real prayer uttered in all that time was a silent one, composed of four words "God hasten Rolph's footsteps." At the end There is a character in one of George Mac- of an hour and a half, there was an uproar,

They Were Tagged Too. The method of raising money for charities "tag day" is not altogether original. From times immemorial in China a donation of 20,000 won. The student took the place in life for taels to charity has secured for the donor the much-prized peacock's feather, while for half that sum a title of nobility is conferred on Birmingham, Ala. one's ancestors to the third generation. The late Emperor of Brazil, when erecting a hospital in Rio de Jeneiro, found a difficulty in obtaining funds until he announced that the title of "baron" was to be conferred on every subscriber of 100,000 milreis, and that of "count" on subscribers of 250,000 milreis. The hospital was soon completed. The opening ceremony was performed by the Emperor, and attended by a large number of the newly ennobled, who not altogether relished the words inscribed in letters of gold on the gable of the new building, "Human Vanity to Human Misery."

## Signs of Prehistoric People.

The ancient inhabitants of Europe have left some remarkable specimens of human industry in the lake bottoms of Switzerland, revealed villagers of Ober-Meilen discovered in the stone, horn and bronze. The piles seemed to much the same." have been the supports of dwellings destroyed by fire. Following this discovery a search bone needles, pestles and picks. Pottery was made on a vast scale and sometimes decorated hearing Handel's 'Messiah,' when on his second in artistic designs.

It was first publicly sung in Lent, 1798.

Haydn conceived the idea of writing it after good old fashioned kind that mother used to make. Also, our Pork Sausage hearing Handel's 'Messiah,' when on his second wisit to England.

Year and here is the place to get the good old fashioned kind that mother used to make. Also, our Pork Sausage hearing the conceived the idea of writing it after good old fashioned kind that mother used to make. Also, our Pork Sausage hearing the conceived the idea of writing it after good old fashioned kind that mother used to make. Also, our Pork Sausage will be a state of the idea of writing it after good old fashioned kind that mother used to make. Also, our Pork Sausage will be in artistic designs.

#### A LADY'S FRIENDLY COURAGE.

And a Canadian's Appreciation and Persist ency Well Rewarded.

On a Saturday night last March a young police-constable was attacked by five drunken ried to the rescue. First she snatched the constable's whistle from the chain and blew loudly; and then boldly grappled with a man who had thrown the officer to the ground and was kneeling on his chest. He turned and attacked her violently, dealing a terrible blow between the eyes. But although the plucky girl was only seventeen, she was nearly six feet tall, and strongly built, and managed to hold the man till a second policeman arrived. At the Westminster police court on the following Monday, the magistrate, commended This story is concerned with Robert Carr, her pluck, and the Chief Commissioner afterwards sent her a cheque and a letter of thanks. The story was told at the time and was read by a successful Canadian settler, Joseph Simpson, of South Magnetawan, Ontario, By

years of hard work in the backwoods he had made for himself, though still - the early thirties, a comfortable position. Ie owns an hotel, acts as postmaster, and is stationmaster for the Canadian Pacific line. As soon as he read of Miss Au tin he exclaimed, "That's the girl for me!" and wrote asking her to be his wife. At first she made light of the matter, feeling she was too young to marry, especially to a man she had never seen, whose home was thousands of miles across the sea. But eventually she replied that if he were ever in London, and cared to meet her, she would then

Sin pson also thought over the matter. Or Dec. 27 he landed at Liverpool, and on the following day he had taken lodgings at Clapham, not far from Miss Austin's home, and had written to her parents for permission to call. On New Year's Eve he called. He was attracted by a charming girl, of whom he had not even seen a photograph. She was no less attracted by the tall, good-looking Canadian. To her parents he showed excellent English references-for he is a Yorkshireman, and all was satisfactorily arranged. The wedding took place by special licence at St. Mark's Church Kennington, and after a short honeymoon in Yorkshire the happy couple sailed

#### East India Superstrtion.

houses of those people in whose family there there is only a fluttering sensation, or an has been no death during the year are illum- "all gone" sinking feeling; or again, there inated with little lamps, consisting for the may be a most violent beating, with flush most part of an earthen vessel or glass bottle, ings of the skin and visable pulsations of in which is placed cocoanut oil with a wick. the arteries. The person may experience These lights are arranged in various ways in a smothering sensation, gasp for breath front of the houses and the effect is pretty. Late in the night of this day the Hindu brings his rupees into well fighted place and worships them, for the object of the general cleaning and the lighting at this time is that the Goddess of Wealth may be pleased and give them prosperity during the coming year. In earlier vellous. They give such prompt relief times a custom existed, that the money was put back into a dark, underground place. A little boy baby was also placed on the box and a light placed before him, which he would look at till he died of exhaustion, after which his spirit, it was believed, would guard the money. A snake was sometimes put in the hiding place of the money to guard it, but these customs have ceased. But can one wonder that them I was completely oured and would many are ignorant and superstitious, for while in Japan over eighty per cent. of the children of teaching age are in school, in India the proportion is only one per cent. Only one native in 1,000 in Central India is a Christian.

## Had a Hidden Sorrow.

The strange story of Harriet Evans was disclosed at an inquest held in London, Eng. She was sixty-eight years of age and a man. hater. She would not handle money coined during the reign of the present king because there was a man's head on it. In taking lodglings she stipulated that there must be no man, cat or dog in the house. She lately went to the office of a newspaper but refused to enter until she could deal with a lady, she also declined to have her letters sent on to her bewas dry and clave to his mouth, his voice was cause the stamps bore the King's head. There husky but he prayed on, the words falling was a hint of a hidden tragedy as she kept without meaning upon his hearers. He told her window blinds down, to stay so "until

## Wedded to His Idol.

Smoking has been under discussion in the Australian Church Synod at Bendigo. One member wanted the temperance pledge extended so as to ban tobacco as well as alcohol. Canon Brydges warned the proposer that he would have the whole female population up in arms against him. "Every wife knew that the pipe was her husband's best friend. It kept him at home and away from the hotel. Opposition to smoking was frequently a case of sour grapes. Either the objector had not the physique of a smoker, or the necessary genial temperament, or had tried to smoke with only partial success."

## Wave of Prohibition

Tennessee has become a prohibition state, the fifth state in the South to do this act. The results of prohibition are notable in three large cities:

Arrests for Drunkenness .. 2,157 Total Arrests ...... 10,685 Atlanta, Ga. Arrests for Drunkenness .. 4,352 Total Arrests ...... 15,086 Knoxville, Tenn. Total Arrests ...... 1,606

## A Pneumonia Warning.

In a warning against exposure to pneumonia, T. N. STOCKDALE. Principal Health Commissioner Evans, of Chicago, says "Men drunk from liquor and men drunk from over-eating are most susceptible to the disease and die of it. The majority of cases of pneu- comowowowowowowowowowo monia are of patients who contract the disease of from a drunken debauch or who were drunk from overfeeding. People arunk from over- & Kingston Business College, Limited, by chance. During unusally low water, the feeding, I think, are almost as immoral as those who stupely themselves with liquors. mud the ends of wooden piles and utensils of The effects of pneumonia in such patients are

How old was Haydn when he wrote his was made in the Alps regions, and interesting famous 'Creation'? In his sixty-third year, and time. 'Phone, 440. H. F. METutensils of ancient times unearthed. They it took him nearly three years to complete. knew how to weave linen, bake bread, utilize I am taking a long time because I mean it domestic animals in agriculture, use all sorts to last a long time.' He has been fully justiof tools, such as stone axes and saws, ropes, fied. It was first publicly sung in Lent, 1798. You will want

#### Rheumatis. Cones From Weak his leys

When the kidneys are act .. ong enough to filter une sele from the blood, this poison in mes nerves and muscles, oringing the excruciating pain of Rheumatism Abbey's Salt cures Rheumatism by strengthening the Kidneys and preventing the accumulation of uric acid.

If you feel your old trouble coming on, get a bottle of



economical. This excellent Cocos maintains the system in robust health, and enables it to resis

# winter's extreme cold

## Palpitation of the Heart.

One of the first danger signals that an dounce something wrong with the heart is The Hindu Dewali is a feast of lights. The the irregular beat or violent throb. Often and feel as though about to die. In such cases the action of Milburn's Heart and Nerve Pills in quieting the heart, restoring its normal beat and imparting tone to the nerve centres, is, beyond all question, mar-

> Mr. Sylvester Smith, Hampton, N.B. writes:-"I was troubled with palpitation of the heart and tried doctor's medicines but they only gave me temporary relief. heard of your Heart and Nerve Pills and bought two boxes and before I had used recommend them to all similarly affected.

Price, 50 cents per box, or 3 boxes for \$1.25 at all dealers or mailed direct of receipt of price by The T. Milburn Co., Limited, Toronto, Ont.



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