

HIGHEST IN HONORS

Baker's Cocoa



50 HIGHEST AWARDS IN EUROPE AND AMERICA

A medical writer says—"The use of a thoroughly reliable preparation of cocoa should be universally encouraged, and it is the consensus of opinion among medical men as well as laboratory workers that the best of cocoa manufactured by Walter Baker & Co. Ltd. not only meets the indications, but accomplishes even more than is claimed for it."

Walter Baker & Co., Ltd. Established 1769. DORCHESTER, MASS.

BRANCH HOUSE: 55 St. Peter Street, Montreal

THE WILD CHERRY TREE

grows bark that contains sedative and bronchial tonic properties.

Fluid Extract of this bark goes into

Brick's Tasteless Cod Liver Oil

as well as Compound Syrup of Hypophosphites. The finest Cod Liver Oil only used but that disagreeable greasy taste has been removed.

THE CURE FOR YOU if you lack energy, feel depressed, all run down, thin; have a cough or cold is, beyond doubt,

BRICK'S TASTELESS. At all Druggists

VASELINE NO GOOD FOR HAIR.

Dandruff Germ Thrives In It, As Well As In All Grease.

A well-known Chicago hair specialist has reported to come to his office and see, under a microscope, how the germ that causes dandruff thrives in vaseline. The specialist said that all hair preparations containing grease simply furnish food for the germs and help to propagate them.

Hay's Hair Health

Never Fails to Restore Gray Hair to its Natural Color and Beauty.

No matter how long it has been gray or faded. Promotes a luxuriant growth of healthy hair. Stops its falling out, and positively removes Dandruff. Keeps hair soft and glossy. Replace all substitutes. 2 1/2 times as much in \$1.00 as 50c. size. Is Not a Dye. \$1 and 50c. bottles, at druggists.

JAS. B. McLEOD A Wide Range. Everybody's Magazine. Aunt Anne, an old family darkey, was sitting with knees crossed in the kitchen, when the young daughter of the house entered and, impressed with the 'hulness' of the old woman's feet, asked what size shoe she wore.

THE MAKING OF A SAINT

THE STEPS TAKEN TOWARDS THE ENROLLMENT OF ONE.

Joan of Arc, Five Hundred Years Dead, has been in Process of Beatification for Thirty-Three Years.

BEATIFY—To ascribe extraordinary virtue or excellence to; regard as saintly or exalted.

CANONIZE—To enroll a beatified person among the saints.

The New York Sun gives an account of the steps taken toward enrolling Joan of Arc in the category of saints of the Church of Rome. Widely current is a mistaken notion that at a solemn ceremony in Rome, in which the Pope participated, Joan of Arc was to be proclaimed a saint. The Maid of France is to be beatified, not canonized; and beatification is the spiritual state which precedes canonization, and is not necessarily followed by it.

The impressive ceremony which will soon take place in St. Peter's will be the culmination of an inquiry which was begun thirty-three years ago. In 1876 the "cause," as the proposal to beatify Joan of Arc is technically called, was made the subject of a long and careful trial in Orleans by Mgr. Dupanloup, then bishop of the diocese. After his death the judicial investigation was continued by his successor in that see, who on the favorable completion of the trial went to Rome and laid the formal request before the Congregation of Rites. Not lightly is the crown of beatification bestowed. The process of examining the claim consists of several stages, the third and final act being that of adjudication before the Pope himself. The "cause" is entrusted first to a cardinal, conceived as chief petitioner; secondly, to the upholder of the faith, whose duty of raising all possible objections has earned for him the name of "devil's advocate"; thirdly, to the sub-upholder of the faith, and lastly to other officials of the Congregation of Rites. The inquiry was delayed by the successive deaths of defenders of the faith, and it was not until 1894 that the request for beatification was so far complied with by Leo XIII. that he ordered the three final inquiries to be made which canonically are necessary.

In 1898 judgment was recorded in favor of the cause as regards the first inquiry. Some five years later, or shortly before the death of Leo XIII, the Congregation of Rites returned a favorable answer to the second inquiry, and in January, 1904, Pius X was present at a meeting of the congregation just named when a decree declaring the Maid of France to have practised heroic virtues was read. Finally, toward the close of November, 1908, was read in the presence of the Pope the decree which answered the third inquiry and declared miracles to have been performed through the intercession of Joan of Arc. In the following December, in the Hall of the Consistory in the Vatican, the decree of beatification was published and the Pope declared that he regarded the Maid of Orleans as the personification of chivalrous France, ever generous and ever ready to sacrifice herself for a noble aim.

The North Land of Promise. The wealth and tremendous possibilities of the Peace River country were pointed in glowing colors by F. G. Lawrence before the Canadian Club of Toronto. The son of a pioneer of that district, he is east to interest capitalists in the transportation problems. Like many others of the West, Mr. Lawrence wants the Hudson Bay road, but he thinks that one line won't be enough to handle the business that promises to spring up.

Poets of the Land. Sir James D. Edgar, who was unanimously elected Speaker of the Dominion House of Commons in 1896, was a frequent contributor to magazines. In 1874 he won a prize for the best Canadian national song, his poem being entitled "This Canada of Ours," which was published in 1893 with many other pieces. Of these the best is "The Canadian Song Sparrow," with its quaint interpretation of the bird's mournful song.

Overstepped the Line. The town of Ocean Grove, New Jersey, was the outgrowth of a camp-meeting; at first hundreds, then thousands, gathered there, to worship, to praise, to keep boards, to conduct remunerative shops, to bathe in the sea, and to attend concerts. Being the property of a so-called religious corporation, it escaped taxes, and went on making money with no fears of the assessor. Not only did it indulge in secular amusements, but the large auditorium that had taken the place of the first and more primitive one, was the scene of entertainments not particularly religious in character.

Everybody's Magazine. Aunt Anne, an old family darkey, was sitting with knees crossed in the kitchen, when the young daughter of the house entered and, impressed with the 'hulness' of the old woman's feet, asked what size shoe she wore. "Well, honey," replied Aunt Anne, "I kin wear eight; I generally wear twines, but dese yer I see got on am twines, an' de good-Lawd knows dey hu's, me!" All that glitters is not fiscal.

ECHOES FROM GLASGOW.

A Bishop Who Can Say Religious Attitude Has Changed.

A Campbell of Skippers, Archibald Ean Campbell, the new and hard-working Bishop of Glasgow, was enthroned lately. He comes of the men who raised the Earl of Crawford's Independents, now known as the Black Watch, and his ancestors harried the Perthshire Episcopalians. So he's the man to say the religious attitude of Scotsmen has changed. "As a boy I heard the thunders of Calvinism but could not believe souls were damned for God's glory, I couldn't help remembering the Scottish church daily prayed: 'O Lamb of God that take away the sins of the world.' Now, practically all Scotland takes the Catholic view, and congregations have become familiar with the prayer book, they hear so much of it from their ministers." The bishop has said, "In human nature there ought to be no waste, and the efficiency of the church as God's agent depends on utilizing the neglected residues of humanity. People say there are multitudes of heathen at home—they have been brought into being by the lack of the missionary spirit. You can't keep home and foreign work in separate water-tight compartments. The church failing to extend the kingdom beyond the seas, loses the power of conversion of souls at home. Here in Glasgow we live from hand to mouth, but I say the only way to avoid bankruptcy is to put our hands in both pockets and give to foreign missions. That was why we gave almost recklessly to the Pan-Anglican offering when we needed the money ourselves. And for the first time we had a hopeful report from our secretary, and following that £25,000 came to us from the skies, you might say." With such sentiments from the bishop, it's no wonder the huge diocese of Glasgow and Galloway is said to be "the most missionary diocese in Europe."

An Inspiration From Casey.

The women in the church in a suburb in Chicago were soliciting money to pay for re-decorating their house of worship. They were told, diplomatically, that if they would call on Casey, who kept the leading saloon in the section, they might get a good donation. They called. Casey met them graciously, listened to what they had to say and subscribed \$500. This was much more than the solicitors had hoped for that they were much flustered, and could do nothing but stammer their thanks. Finally one of them rounded to and said: "Why, Mr. Casey, this is most generous of you. It will allow us get what we want very much—a fine, stained-glass window." Casey thought that would be the right thing to do. "And, Mr. Casey," said the spokeswoman, "in view of this magnificent donation, isn't there something you would like to put on the window, some sentiment or some remembrance, or something of the kind?" "Well," said Casey, "I think it would look foine to have on 't glass, becuhne 't two parts av it, in nate letters, somethin' loike this: 'Aither Mass. Visit Casey'."

Make Landlords Keep Hotel. Canadian Baptist. We heartily join in expressing the conviction that the time has come for our Provincial Legislature to consider the matter of licensing hotels that have no bar-rooms. Selling liquor is one thing; keeping hotel is another thing, or should be. We must have hotels for the travelling public, but these hotels should have some standard defined by law.

Paradise for Lazy Men. The five years' war that ruined once prosperous Paraguay left ten women to one man, and was the cause of the women becoming the burden bearers of that country, a hardship they have never been able to escape. They kill the animals in the slaughter yards, and are the butchers in the market-places. Light, delicate-looking women walk the streets barefooted, carrying on their heads large baskets of manioc, oranges, tobacco leaves, and other products of the country for sale. Some have quaint pots of water poised on their heads, and wear white skirts and white muslin shawls over the head and shoulders like the chudhar of the women in India. Such sad, appealing faces! One is reminded by their forlorn and downtrodden appearance of the women of Palestine at the time of Christ,—and many of them are veritable women of Samaria, just living out their lives in the deepest ignorance, superstition, and immorality.

Call For Equal Rights. Canadian Baptist. It is no disappointment to us that the courtesy of half fares on the railroads in the West is likely to be withdrawn or greatly curtailed.

The War on Opium Spreads. "Opium causes half a million suicides a year," declared the Rev. A. S. Gregg, of the International Reform Bureau, this week in Cleveland, with reference to the opium conference which begins sessions at Shanghai, on February 1st. The statement is based on reports from Dr. E. W. Thwing, special secretary of the bureau, sent to China to investigate. As an expert, he will ask the conference to hasten the destruction of the opium traffic throughout the world. He has obtained statistics from the provinces of Kui Chau, Yun-nan, Sze Chuan and Anhwei, with a population of 58,000,000, of which the proportion of the people using opium is from twenty to thirty per cent., and the money spent for the drug is \$200,000,000 a year.

Overstepped the Line. The town of Ocean Grove, New Jersey, was the outgrowth of a camp-meeting; at first hundreds, then thousands, gathered there, to worship, to praise, to keep boards, to conduct remunerative shops, to bathe in the sea, and to attend concerts. Being the property of a so-called religious corporation, it escaped taxes, and went on making money with no fears of the assessor. Not only did it indulge in secular amusements, but the large auditorium that had taken the place of the first and more primitive one, was the scene of entertainments not particularly religious in character. The thirty state of New Jersey, within whose borders the little wave-washed summer city existed, now calls upon it to pay taxes, the same as other towns that do not have camp-meetings. Even bar-taxes may be required, running up into great figures. If these demands are made effective, it will be evident that, as Daniel Drew used to say, "the line has been overstepped."

The Mission of Hope. The poet Hesiod tells us that the miseries of all mankind were included in a great box, and that Pandora took off the lid of it, by which means all of them came abroad, and only hope remained at the bottom. Hope, then, is the principal antidote which keeps our heart from bursting under the pressure of evils, and is that flattering mirror that gives us a prospect of some greater good. Some call hope the manna from heaven that comforts us in all extremities, others the pleasant flatterer that caresses the unhappy with expectations of happiness in the bosom of fortune. When all other things fail us, hope stands by us to

GOOD, STRONG AND HONEST

IS THE KIND OF NAME THE PLAIN JOHN SMITH USUALLY BEARS.

No Bird Regarded As More of a Pest than the Little Sparrow—What Is Found on the Lintels of a House in Holydean, Scotland—The Very Wise Inaxims.

John Smith—plain John Smith—is not very high-sounding; it does not suggest aristocracy; it is not the name of any hero in die-away novels; and yet it is good, strong and honest. Transferred to other languages it seems to climb the ladder of respectability. Thus in Latin it is Johannes Smitthus; the Italian smooths it off to Giovanni Smitthi; the Spaniards render it Juan Smitthus; the Dutchman adopts it as Hans Smitth; the French flattens it out into Jean Smet; and the Russian sneezes and barks Jonoff Smitowski. When John Smith gets into the tea trade in Canton he becomes Jovan Shimitth; if he clambers about Mount Hecla, the Icelanders say he is Jahnne Smitthson; if he trades among the Tuscaroras he becomes Ton Oa Smitthi; in Poland he is known as Ivan Oa Smitthi; when he gets to Mexico he is John Smitth; when he gets to Turkey he is booked as Jonff.Smitth; and in Turkey he is actually designated as Yoo Seef.

Now there is probably no bird regarded as more of a pest than the little sparrow. His ill-bred, loud-voiced clatter drives away song birds. He hangs around your barn and steals your grain; and he nests in the eaves of your poultry house and infests the chicks with that vermin pest of chicken life—mites—and he proves a messy visitant on your house piazzas. Yet balance the little sparrow's account with what is to his credit. A scientist in Iowa by test after test found that in winter time the sparrow ate about a quarter of an ounce of weed seed a day. Then he counted the number of sparrows ordinarily seen in winter to the square mile. On a basis of ten birds to the mile, he figured that the sparrows must eat in the State of Iowa alone, eight hundred and seventy tons of weeds a winter. Figure out how many acres of good land these weeds would have assuredly contaminated.

On the lintel of a house in Holydean, Scotland, where the ancestors of the writer of the diary lived, is a stone on which is carved the words known as "Dame Esbel Ker's Three Precepts":

"Fear God. Fle from Sin. Mak for the Life Everlasting to the end."

Could there be a trio of fundamental truths more succinctly stated? Could there be three wiser maxims for life's conduct? So, over three-and-a-half centuries after good old Dame Esbel thus caused the words to be carved, the house still standing and the lettering still intact—her Three Precepts continue to do their work of advice and admonition.

Different Gauges of Offences. Father Minehan, R.C., Toronto. What are the causes of poverty in cities? They are many—disinclination to remain in the country and the consequent congestion of population in cities, laziness, shiftlessness, lack of industrial training—above all, drink.

Real Practical Benevolence. At the time of the great disaster in Italy the United States supply ship "Celtic," lay in the Brooklyn navy yard loaded with supplies, for the great fleet on its way home from its journey around the world. Within eighteen hours she was on her way to Gibraltar. Red tape had been cut, the telegraph and the telephone superseded regular channels of official communication. Officers and men rivalled one another in pushing forward the loading, and just three hours after the order had been received the vessel put to sea.

All One Church in China. "We are prepared to take a certificate of membership in a church of one denomination, and accept it as a certificate of membership in any other church," said N. W. Rowell, K.C., speaking on missionary work in China, at Carleton Street Methodist Church, Toronto.

Palpitation of the Heart. One of the first danger signals that announce something wrong with the heart is the irregular beat or violent throbs. Often there is only a fluttering sensation, or an "all gone" sinking feeling; or again, there may be a most violent beating, with flushings of the skin and visible pulsations of the arteries.

Every Woman is interested and should know about the wonderful MARVEL Whirling Sp... The new English S... 100-104... It gives full particulars and directions to be written to...

Palpitation of the Heart. Mr. Sylvester Smith, Hampton, N.B., writes:—"I was troubled with palpitation of the heart and tried doctor's medicines, but they only gave me temporary relief. I heard of your Heart and Nerve Pills and bought two boxes and before I had used them I was completely cured and would recommend them to all similarly affected."

Price, 50 cents per box, or 3 boxes for \$1.25 at all dealers or mailed direct on receipt of price by The T. Millburn Co., Limited, Toronto, Ont.

You cannot possibly have a better Cocoa than

EPPS'S

A delicious drink and a sustaining food. Fragrant, nutritious and economical. This excellent Cocoa maintains the system in robust health, and enables it to resist winter's extreme cold.

COCOA

Sold by Grocers and Storekeepers in 4-lb. and 1-lb. Tins.

Every Woman is interested and should know about the wonderful MARVEL Whirling Sp... The new English S... 100-104... It gives full particulars and directions to be written to...

LOCAL OPTION IN ONTARIO.

The Net Result of the Voting at the Recent Municipal Elections.

The net results of the voting on local option in Ontario have been fully tabulated. Some returns were slow in arriving. Toronto's majority for reduction of forty bars was 846 on a total vote of 37,830. The Citizens League, a temperance organization, swept Brantford, St. Catharines voted for reduction of licenses, from 19 to 12, by 151 majority. Smith's Falls voted to cut off two licenses. The returns by municipalities on direct votes are—

Table with 3 columns: For, Against, Maj. Lists various municipalities and their results on local option.

By-laws to repeal prohibition were voted upon in 29 municipalities. In 27 the option law was again sustained, including Owen Sound, in most cases by very decided majorities—the totals being: For continued restriction, 11,475; for repeal of prohibition, 6,851. In two places, Courtwright and Hepworth, repeal was carried by majorities of 27 and 11 respectively.

Different Gauges of Offences. Father Minehan, R.C., Toronto. What are the causes of poverty in cities? They are many—disinclination to remain in the country and the consequent congestion of population in cities, laziness, shiftlessness, lack of industrial training—above all, drink.

Real Practical Benevolence. At the time of the great disaster in Italy the United States supply ship "Celtic," lay in the Brooklyn navy yard loaded with supplies, for the great fleet on its way home from its journey around the world.

All One Church in China. "We are prepared to take a certificate of membership in a church of one denomination, and accept it as a certificate of membership in any other church," said N. W. Rowell, K.C., speaking on missionary work in China, at Carleton Street Methodist Church, Toronto.

Palpitation of the Heart. One of the first danger signals that announce something wrong with the heart is the irregular beat or violent throbs. Often there is only a fluttering sensation, or an "all gone" sinking feeling; or again, there may be a most violent beating, with flushings of the skin and visible pulsations of the arteries.

Every Woman is interested and should know about the wonderful MARVEL Whirling Sp... The new English S... 100-104... It gives full particulars and directions to be written to...

Price, 50 cents per box, or 3 boxes for \$1.25 at all dealers or mailed direct on receipt of price by The T. Millburn Co., Limited, Toronto, Ont.

You cannot possibly have a better Cocoa than

EPPS'S

A delicious drink and a sustaining food. Fragrant, nutritious and economical. This excellent Cocoa maintains the system in robust health, and enables it to resist winter's extreme cold.

COCOA

Sold by Grocers and Storekeepers in 4-lb. and 1-lb. Tins.

Every Woman is interested and should know about the wonderful MARVEL Whirling Sp... The new English S... 100-104... It gives full particulars and directions to be written to...

NO MORE HEADACHES

Buffered From Constant Headaches—Cured by "Fruit-a-tives" When Doctors Failed.



"I was a sufferer from fearful headaches for over two years, sometimes they were so bad that I was unable to work for days at a time. I took all kinds of medicines, was treated by physicians, and yet the headaches persisted. I was rarely free from headaches. A short time ago I was advised to try 'Fruit-a-tives' and I did so with, I must confess, very little faith, but after I had taken them for three days my headaches were easier and in a week they left me. After I had taken a box of the tablets my headaches were quite cured. My appetite was always poor and my stomach had, and now my appetite is splendid and my digestion is excellent. I had become thin and weak from the constant headaches, but now not only have I been cured of all these awful headaches, but my strength is growing up once more, and I feel like a new man. I have taken in all three boxes of 'Fruit-a-tives.' I am exceedingly grateful to 'Fruit-a-tives' for curing me, and I give this unsolicited testimonial with great pleasure, as I hope thereby some other sufferer of headaches will be induced to try 'Fruit-a-tives' and will be cured."

(Sgd.) B. Cornell, Taylorville, Ont. "Fruit-a-tives" is now put up in the new 25c trial size as well as the regular 60c boxes. Write Fruit-a-tives Limited, Ottawa, if your dealer will not supply you.

Advertisement for Sir John Power & Son Ltd. Irish Whiskey, featuring the Three Swallows logo and text: 'ESTABLISHED A.D. 1791. THREE SWALLOWS IRISH WHISKEY. Famous for over a century for its delicacy of flavor. Of highest standard of Purity. It is especially recommended by the Medical Profession on account of its peculiar 'DRYNESS'.'

Palpitation of the Heart.

One of the first danger signals that announce something wrong with the heart is the irregular beat or violent throbs. Often there is only a fluttering sensation, or an "all gone" sinking feeling; or again, there may be a most violent beating, with flushings of the skin and visible pulsations of the arteries. The person may experience a smothering sensation, gasp for breath and feel as though about to die. In such cases the action of Millburn's Heart and Nerve Pills in quieting the heart, restoring its normal beat and imparting tone to the nerve centers, is, beyond all question, marvellous. They give such prompt relief that no one need suffer.

Mr. Sylvester Smith, Hampton, N.B., writes:—"I was troubled with palpitation of the heart and tried doctor's medicines, but they only gave me temporary relief. I heard of your Heart and Nerve Pills and bought two boxes and before I had used them I was completely cured and would recommend them to all similarly affected."

Price, 50 cents per box, or 3 boxes for \$1.25 at all dealers or mailed direct on receipt of price by The T. Millburn Co., Limited, Toronto, Ont.

You cannot possibly have a better Cocoa than

EPPS'S

A delicious drink and a sustaining food. Fragrant, nutritious and economical. This excellent Cocoa maintains the system in robust health, and enables it to resist winter's extreme cold.

COCOA

Sold by Grocers and Storekeepers in 4-lb. and 1-lb. Tins.

Every Woman is interested and should know about the wonderful MARVEL Whirling Sp... The new English S... 100-104... It gives full particulars and directions to be written to...