

NATURE A VERY SKILFUL PHYSICIAN

Take Up Her Medicines in Most Tempting Form.

Have you ever tasted anything more delicious than the fresh, ripe, succulent fruits? These are Nature's medicines. A regular diet without fruit is positively dangerous, for the system soon gets clogged with waste matter and the blood poisoned. Fruit juices stir up bowels, kidneys and skin, making them work vigorously to throw off the dead tissue and indigestible food which, if retained, soon poisons the blood and causes indigestion, headaches, rheumatism, neuralgia and a host of other distressing troubles.

But there is a quicker way to stimulate the organs to do their work properly. Take one or two "Fruit-a-lives" tablets every night, besides eating some fresh fruit every day. "Fruit-a-lives" combine the medicinal properties of oranges, apples, prunes and figs, with the best tonics and internal disinfectants added.

Their action on Bowels, Liver, Kidneys and Skin is as natural as Nature's own, but quicker and more effective. Sold by all dealers—25c. for trial box—50c. for regular size—\$1.00 boxes for \$2.50. Fruit-a-lives Limited, Ottawa.

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Our High-Grade Courses never fail to bring success to our graduates. Day and Evening Classes, and Modern Methods.

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Kingston Business College, Limited, Head of Queen Street.

Canada's Leading Business School Day and Evening Classes. Short-hand, Typewriting, Book-keeping, Telegraphy, Stenography, Individual Instruction for pupils deficient in English branches. Rates moderate. Enter at any time. Phone, 440. H. F. METCALFE, Principal.

DON'T BLAME HER



For she cannot help it. Women are often cross, irritable, hysteric, and declare they are driven to distraction at the slightest provocation.

Men cannot understand why this should be so. To them it is a mystery because in nine times out of ten this condition is caused by a serious feminine derangement.

A remedy is necessary which acts directly upon the organs afflicted, restoring a healthy normal condition to the feminine system, which will quickly dispel all hysterical, nervous and irritable conditions. Such is

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

Mrs. Henry Clark, Glandford Station, Ont., writes to Mrs. Pinkham: "I have taken Lydia E. Pinkham's Vegetable Compound for years, and never found any medicine to compare with it for sick women."

"I had ulcers and a displacement of the female organs, and doctors did me no good. I suffered dreadfully until I began taking Lydia E. Pinkham's Vegetable Compound, which has cured me."

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness, or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

Grand Union Hotel
Opp. Grand Central Station, New York City
Rooms, \$1.00 a Day.
Inward
Baggage to and from Station free.
Send 2c stamp for N.Y. City Guide Book and Map

TO CONTRACTORS & BUILDERS
The Perfect Brick & Tile Co., Washburn, Ont.
PAISLEY & GRISHOLM, Lessees

Are ready to contract for immediate delivery. Brick that stand inspection at reasonable rates. Capacity of plant 60,000 daily.

NEWS OF NEIGHBORS

WHAT WHIG CORRESPONDENTS TELL US.

The Tidings From Various Points in Eastern Ontario—What People Are Doing And What They Are Saying.

Dead Creek Notes.
Dead Creek, Jan. 22.—R. S. Dennison passed through here, today, buying lumber. J. A. Newton started his saw mill, to-day, and expects to put in a busy winter. Miss Dill Amey and William Pipe went to Tweed, on Wednesday last, and were married there. They returned home yesterday. William Gaylord slipped on the ice today, and fell, striking his head heavily. He was quite seriously injured. School will re-open on Monday next with Miss J. D. Pringle as teacher. J. E. Hays made a business trip north of Gull Lake, last Monday.

News From Perth.
Perth, Jan. 22.—There is plenty of wood coming to town. The carnival here, Monday night, was a success. Many from Smith's Falls came up. Smith's Falls young people will give one in return. Mrs. George Fournier, of Atholpe, returned home, today, after spending a week with her daughter, Mrs. J. H. McMillan. Mrs. George (Chilton) Moberly, is spending a few days here. Herbert Carey, of Swan Lake, Man., visited acquaintances in town. Mrs. M. J. Drennan, Peter street, returned from a pleasant visit with Chicago friends.

Barriefield Budget.
Barriefield, Jan. 22.—A large crowd attended the assembly in the town hall, Tuesday night, considering the stormy weather. Mrs. H. Knapp was suddenly called to the bedside of her aunt, Miss Cranston, Kepler, who is dangerously ill. Mrs. S. Saunders and little daughter, city, spent a couple of days at her father's, Mr. Stanton, this week. Mr. and Mrs. W. Henderson and little daughter, recently visited at J. A. Smith's. Mr. and Mrs. A. Donaldson, Joyceville, are at W. Wood's. Mrs. W. Hunter is recovering from her recent illness. A card party was held at W. Melton's, Thursday evening. School is progressing, under the able management of Miss Boyd.

Allisonville Tidings.
Allisonville, Jan. 23.—The regular meeting of the Ladies' Aid was held at the home of John Tice, on Tuesday of this week. There was a good attendance, considering the stormy afternoon. All report a very interesting meeting and pleasant time. Rev. H. H. Craig arrived in time to give a little talk before the meeting was brought to a close. Mr. and Mrs. S. B. Palmer gave a party to about a hundred of their friends at their home on Tuesday evening. Supper was served at midnight. Mr. and Mrs. Palmer received their friends cordially. George Ferguson took his two daughters, Florence and Louise, yesterday, to the burial of their grandmother, Mrs. Mahala Sweetman, who died in Belleville, at her daughter's, Mrs. S. J. Munroe, where she had been living for several years. Charles McCall's youngest child is quite ill this week.

Yonge Mills Jottings.
Yonge Mills, Jan. 25.—U. Steacy had a telephone put in this week. Miss May McCallum, Brockville, was the guest of Mrs. John A. Dickey last week. Mr. and Mrs. D. Herison, Brockville, and Mrs. J. Clow, Junctown, spent last week with Mrs. M. Gibson. Miss Helen Purvis has returned home after visiting friends in Mallorytown. Miss Kate Ferguson is spending the week in Lyn. Carl Burnham is visiting his sister, Mrs. J. Munroe. Mrs. Easton, who has spent a couple of months with

friends here, returned to Brockville last week. Lewis Davis, who spent a part of last year at Kenora, will work his father's farm this year. Mr. and Mrs. J. Derbyshire, Brockville, were the guests of the latter's parents, Mr. and Mrs. A. Purvis, on Thursday.

A Wedding At Charleston.
Charleston, Jan. 22.—The home of Mr. and Mrs. Daniel Beach was the scene of a pleasing event on Wednesday, January 20th, when their niece, Miss Ruth E. Wilkie, became the bride of Manion Sheldon, of Coppehagen, N.Y. The ceremony was performed in the parlor under an arch of evergreens, from which was suspended an evergreen wreath, beautified with white roses. Rev. T. N. Beckstedt, of Athens, tied the nuptial knot. The couple were unattended. The bride was given away by her uncle, Milton Schofield, and looked beautiful in a dress of white silk, trimmed with lace and insertion. She carried a bouquet of white roses, a spray of flowers in her hair, and a bridal veil of chiffon completed the lovely costume. The house was tastefully decorated throughout. The front parlor with evergreens and flowers. In the back parlor evergreens and red, white and blue decorations were in profusion. Flays were conspicuous over the archway. In the dining-room blue and white were the colors. After the ceremony, congratulations were extended to the newly-wedded pair and the company numbering about thirty sat down to an elegant repast. The afternoon was spent in social intercourse until about four o'clock when Mrs. Sheldon donned her travelling suit of blue, with hat and gloves to match, and the happy couple left amid showers of rice and old shoes for Brockville, where they took the train for points in the west. The bride received many beautiful presents.

ODESSA OCCURRENCES.

The Annual Meeting of the Agricultural Society.
Odessa, Jan. 23.—The agricultural society held its annual meeting in the town hall on Wednesday afternoon. A large number of the members were present. Samuel G. Hogle, of Violet, was elected president for 1909. Messrs. J. A. Timmerman and E. O. Clark were appointed auditors. They decided at the meeting to erect a building for the exhibits on S. Bourle's property, east end of the village, where the show was held last year.

The woman's missionary society held an "At Home" at the Methodist parsonage on Wednesday afternoon. Rumor says that the congregation of the Free Methodist church have purchased for a parsonage the property next to the church from Mrs. James Day, now occupied by S. W. Clark. The hockey team from Yarker was expected here on Thursday afternoon, but owing to soft weather the game was postponed till later date. The A.O.U.W. gave an oyster supper on Friday night in Toomey & Oswald's hall. Mr. and Mrs. M. McDonald entertained the Methodist church choir on Friday evening. Visitors: George McCombs, Clayton, N.Y., at G. Hamm's; Mr. Carter, Trenton, and Mr. Clerk, of Bancroft, at their uncle's, G. Ferguson's, Ferguson avenue.

Corns Disappear.
When Peck's Corn Salve is used. It takes them out, root and all, and without possibility of injury to the foot. In big boxes, 15c., at Wade's drug store.

Everything in the printing and bookbinding line. Compare our prices with others. British Whig office. The "avenue orchestra" is soon to be tried as an experiment. In some cases the inaudible orchestra would be preferable.

THE SPORT REVIEW.

Interesting News From the Various Sporting Fields.

McGill University basketball team lost the intercollegiate game to 'Varsity by 32 to 16.

Shrubb is reported a six to five favorite over Longboat for Tuesday night's race at Madison Square Garden.

A series of very interesting matches is being played in the Leeds County Hockey League for a silver cup, donated by George Taylor, M.P. Either Shrubb or Longboat is going to get a whaling, but no matter who it is we have this satisfaction, the victor is British to the core.

In the Marathon race at Chicago, Dorando was an easy winner over Gorey, who stopped frequently. Dorando was at one time over five miles in advance of Gorey.

Longboat says: "I'm feeling fine. If Shrubb uses his brains a little, and doesn't try to run too fast at first, it will be a good race, but if he don't I'll beat his block off. I'll beat him no matter what he does."

Commodore Pritchard of the Rochester Yacht Club says that there is no probability of an international yacht race on Lake Ontario in 1908, and that controversy with the Royal Canadian Yacht Club is closed.

Jewell, the fast centre man of the Pictou hockey team, is out of the game for the rest of the season. He had his collar bone broken in the Trenton game. Jewell was the star of the Pictou team, and his absence will be sorely felt.

The utmost confidence is expressed in the Longboat and Shrubb camps, each expecting a decided victory in next Tuesday's race. After Shrubb's workout on Friday, "Tom" Flanagan expressed the opinion that the English runner was overdone, and would not last the gruelling race that is before.

WOLFE ISLAND NEWS.

The Celebration of a Silver Wedding Anniversary.
Wolfe Island, Jan. 23.—On Thursday evening, January 21st, a very happy event took place when Mr. and Mrs. "Jerry" Murphy celebrated their silver wedding anniversary. Friends and relatives gathered at their home in large numbers. Games and other amusements were indulged in, and the principal amusement for the young folks. Mr. and Mrs. Murphy showed the twentieth century folks that in their day dancing was a good enjoyment, too. P. Hogan, Thomas Moran and Malcolm McLaren furnished the music. Refreshments were served at midnight.

Mr. Keenan, Allen McLaren and D. Cosgrove held a very enjoyable dance on Wednesday evening in the C.M.B.A. hall. Some from here attended a dance in the Cape the same night.

The twelve-year old daughter of James Andrews died on Wednesday. She had been ailing for some time. The funeral took place to the Presbyterian church on Friday and was largely attended.

Minister Papping was coming from the city on Wednesday and his horse broke through the ice at the creek, but was soon on top of the ice again. Mr. Card has erected a bridge on the ice which makes travel safe. Gregory Keegan has left for Watertown to visit relatives. Thomas White has purchased a team of horses. Mr. Weber took a large drove of cattle to Cape Vincent on Friday.

The young ladies of Garden Island held a box social on Friday evening. On next Tuesday evening there is to be a box social at the residence of George Keyes, born to Mr. and Mrs. James Phair a son. A surprise party was held at the residence of Thomas Dee on Friday evening.

Vivid Lightning; Terrible Thunder.
Chatham, Ont., Jan. 23.—This city and neighborhood experienced a severe electrical storm, this morning, just before daybreak. The lightning was very vivid and the thunder terrific.

Rev. Father John McDonald, Kingston, who was operated for appendicitis, at Ottawa, will soon return to his duties.
"Foot Elm" cures sore, tender, tired feet. Sold in Kingston at Gibson's Red Cross Drug Store.
In Ottawa it is believed that the successor of P. W. Morse, as general manager of the G. T. R., will be E. J. Chamberlain, late general manager of the G. T. R.

A WOMAN'S BACK WAS NOT MADE TO AGHE.

Thousands of Women Suffer Untold Misery Every Day With Aching Backs That Really Have No Business To Ache.

Under ordinary conditions it ought to be strong and ready to bear the burdens of life. It is hard to do housework with an aching back. Backaches come from sick kidneys, and what a lot of trouble sick kidneys cause. But they can't help it. If more work is put on them than they can stand it is not to be wondered that they get out of order. Backache is simply a warning from the kidneys and should be attended to immediately so as to avoid years of terrible suffering from kidney troubles. Doan's Kidney Pills will cure you in the same way as they have cured thousands of others.

Mrs. O. Warren, Radisson, Sask., writes: "I SEVERE PAINS IN MY BACK for years. I tried everything I could think of but they did me no good. A friend told me about Doan's Kidney Pills and after taking two boxes, I have not been troubled since. Price 50 cents per box, or 3 for \$1.35, all dealers or mailed direct on receipt of price by The T. Millburn Co., Limited, Toronto, Ont. When ordering specify 'Doan's.'"

Don't Hesitate A Moment!

Get Your Subscription to the Whig at Once

Save Money and Catch "Raffles"

Do You Realize that He must be caught by Someone and that Someone may just happen to be You?

Here is the List of the Last Seven Lucky Ones Together with the Time and the Prize Won in Each Case

NAME.	OCCUPATION.	TIME.	PRIZE OFFERED	PRIZE WON
W. J. Barton,	Cabinet Maker,	5 days, 10 hours,	\$145.00	\$10.00
A. Robertson,	Boat Builder,	5 " 6 "	325.00	96.00
J. Patten,	Engineer,	3 " 11 "	125.00	100.00
H. Webster,	Tax Collector,	4 " — "	100.00	25.00
Miss Collier,	Stenographer,	7 " 8 "	225.00	55.00
Mrs. Peasnell,	House Wife,	6 " — "	160.00	25.00
R. Powell,	Clerk,	12 " — "	130.00	120.00

Seven Out of the Seven Wished They Had Done Something They Had Not Done

Do it NOW Don't Wish You HAD

If there is a Prize offered for any line of Goods for which you have need or may require later

BUY IT NOW AND QUALIFY FOR THE HANDSOME CASH PRIZES CHEERFULLY OFFERED BY LOCAL MERCHANTS

You May Subscribe for the Whig for 3 - 6 - or 12 Months And by doing so you actually save money

REWARDS

Kingston British Whig	\$50.00
Geo. Mills & Co. (see separate advt. for conditions)	30.00
J. H. Sutherland & Bro.	30.00
L. T. Best	10.00
John Laidlaw & Son	10.00
E. P. Jenkins	10.00
W. J. Baker	10.00
I. C. School, Seranton, P.A.	10.00
Jas. Swift & Co.	10.00
Grand Total.....	\$ 160.00

Look Out For Complete Description of "Raffles"

TUCKED NET BLOUSE.



POSED BY MISS COLLINS OF "THE PRIMA DONNA" CO.

This blouse is simply and smartly fashioned of tucked net chiffon or silk muslin and has long, closely fitting sleeves and a half inch collarband.