

HIGHEST IN HONORS

Baker's Cocoa



50 HIGHEST AWARDS IN EUROPE AND AMERICA

A medical writer says: "The use of a thoroughly reliable preparation of cocoa should be universally encouraged..."

Waiter Baker & Co., Ltd. Established 1780. DORCHESTER, MASS.

Free-Teddy Bear-Free

This is a genuine, imported, woolly bear... "Teddy" is all the rage in the cities...

The more costly "Teddy" will be \$2.50 each... Write to-day. Address The Ross Perfume Co., Toronto, Ont.

Scores of Lives Lost

A philosopher has said that "All men think all men mortal, but themselves," and it is quite true that there is a tendency to look upon our own individual case as being...

There is indisputable proof that PSYCHINE is a genuine and certain remedy for such cases as yours... "One time ago I was in a very low condition physically owing to severe lung trouble..."

You cannot possibly have a better Cocoa than EPPS'S COCOA. A delicious drink and a sustaining food. Sold by all druggists and stores in 1-lb. and 4-lb. tins.

HAD COINAGE OF HER OWN

THE EARLIEST EXTANT COINS IN THE IRISH KINGDOM.

Special Silver Struck and Distributed When the Ceremony of the Washing of the Feet Was Performed—Other Old-time Things Explained.

Ireland had a coinage of her own from early times. The earliest extant coins are pennies of the Hiberno-Danish King of Dublin, 872 A.D.

What the font is everybody knows, but why it was so called, wrote Bishop Sparrow more than a century ago. The rites of baptism in the first times were performed in fountains and rivers, because converts were many...

Who was Melchizedek? The name seems "righteous king." He was the priest-king of Salem (Gen. 14: 18, 20)...

What is the origin of the words, "When in Rome, do as the Romans do"? It is related that St. Augustine was in the habit of dining on Saturday, as on Sunday, but being puzzled with the different practices then prevailing...

The Transgressor's Bell.

In a German town is a church bell, usually called "the poor sinner's bell." Five hundred years ago a bell-founder had melted his metal, and left a boy in charge of it for a minute or two, warning him not to meddle with the catch that secured the seething mass in the cauldron.

Come Out of the Past!

Remorse and regret are the greatest of all enemies to success and happiness. Regret wastes our time, taking us back over the fields of lost pleasures, departed youth, and missed opportunities.

Among large geographical divisions of the world, Canada has not only the best observation of the Lord's Day...

MORMON INCIDENT IN ALBERTA

Where there Are Now Considerable Members of the Famous Sect.

A few years ago, on hearing of Mormons, one thought of Utah. Now they are in considerable numbers in our own North-west. Five years ago a Mormon settlement began to grow up around a mine about thirty miles east of Lethbridge, on the Crow's Nest line of C.P.R.

In time others besides Mormons began to come in, and when a coal company began operations on an extensive plan, it was seen that Taber was to be one of the prosperous towns of Alberta.

By the summer of 1907, the village had grown to a sufficient size to be incorporated as a town. Nominations were held for mayor and town council.

Under ordinary circumstances, however, one might live a long time among Mormons without such startling revelations. They seem to live like ordinary men, barring a few external traits peculiar to themselves.

The Faithful Rechabites.

A chapter of the Bible shows us a strange sight—a prophet as a tempter! Upon the ancient family (or religious order, as some think it) of the Rechabites, their great founder, Jonadab, had laid two rules—strict temperance and the nomadic life.

East a Land of Prayer.

Prayer pervades the East. Far off across the sands, when travelling in the desert, one sees thin minarets rising toward the sky. A desert city is there. It signals its presence by this mute appeal to Allah.

Uncommon Hotel Customs.

The Scotch people as a class have a horror of profanity and bad language, and at a hotel in Edinburgh, patrons who swear must place a penny in a box kept for this purpose, and a grossly profane person cannot stay at this hotel.

THE SOUND OF THE BELLS.

Used to Call the Faithful Souls to Worship in Old Ages.

By E. Hermitage Day, D.D., in The Treasury.

"Come to thy God in time. Thus saith their pealing chime; Youth, manhood, old age past, Come to thy God at last."

From the earliest ages, soon after the church emerged from the period of persecution and had begun to assert her presence, bells have been used to summon the faithful to worship.

As churches arose, and the mission priests became parish priests, with settled places of residence, the bells they had used were kept in or near the churches and were replaced by bells of a larger size.

When the land began to be covered with churches, and their architecture to be developed, the bell-tower became an important feature.

In the monastic houses which, from the time of the first coming of the Benedictines, gradually spread over the whole country, the bell played a most important function. By day and by night it rang the community to the services, the opus Dei or work of God which it was the chief purpose of the religious community to maintain.

In the thirteenth century bell-founding came to be a craft of great importance. By that time the design of the bell had been carefully thought out, and the methods of casting brought to a system, while the proportions of the metals used had been settled by rough experiment.

As the dignity of bells increased, and also as the ceremonial of the Middle Ages developed, the dedication of a bell became an elaborate rite. Bells were dedicated in the names of angels, or saints, whose names were cast in the inscriptions; they were solemnly blessed with a ceremony which included affusion of holy water.

Among dedications, that to Gabriel was common. It was natural, for the bell which was used to call the people to commemorate the mystery of the Incarnation, in the ringing of that Angelus, might well receive the name of Angel.

Woman's Ancient Status.

Rev. J. Campbell Morgan, London: In Christ there is neither male or female. There can be no doubt that women were definitely appointed to Christian service.

from his place. When they were hung further west, "squirms," or oblique openings, were cut through the intervening walls, so that the ringer might have a clear view of the elevation and be able to ring at the right moment.

Old customs of ringing have a long life, and many remain from pre-Reformation times, though all memory of their original purpose has been lost by those who ring. Conservative clerks and sextons ring at certain times, for no other reason than that their predecessors have so rung from time beyond memory.

After the Reformation bell inscriptions, which had hitherto been pious, if occasionally superstitious, became too often secular and frivolous. They commemorated not an angel or a saint, but a donor, a rector, or a founder.

Ye faithful to your God and King. A number of inscriptions still continue to present sentiments of a religious character.

With the lessening of reverence in post-reformation days came the custom of ringing on all occasions of political and social interest.

Change-ringing is a peculiarly English pastime. Among enthusiasts it is known as "the exercise." Carillons, so popular on the continent, have never found much favor in England.

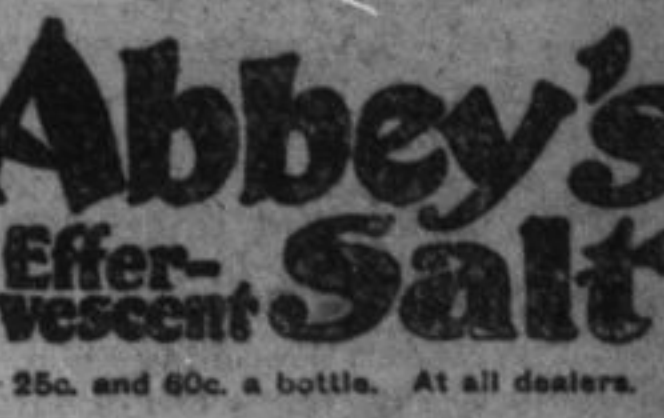
It is scarcely a year since the general movement for gathering adults into organized Bible classes, in connection with the regular Sunday school, was begun.

A potent factor in bringing growth was the conference of workers in Toronto, January, 1908. Encouraged by this joint organization, consisting of Adult Bible Class committees of the provincial and city Sunday-school associations...

Rev. J. Campbell Morgan, London: In Christ there is neither male or female. There can be no doubt that women were definitely appointed to Christian service.

A Bad Stomach

may come from one of three causes — faulty digestion, constipation or weak kidneys. Whether it's one or all three of these troubles, ABBEY'S SALT will sweeten the stomach, make the digestion sound, and regulate and strengthen the kidneys.



"Don't Neglect a Cough or Cold."

It can have but one result. It leaves the throat or lungs, or both, affected.

Dr. Wood's Norway Pine Syrup is the medicine you need. It is without an equal as a remedy for Coughs, Colds, Bronchitis, Sore Throat, Pain in the Chest, Asthma, Whooping Cough, Quinsy and all affections of the Throat and Lungs.

Do not be humbugged into buying so-called Norway Pine Syrup, but be sure and insist on having Dr. Wood's. It is put up in a yellow wrapper, three pine trees the trade mark, and price 25 cents.

Advertisement for Sir John Power & Son Ltd. THREE SWALLOWS IRISH WHISKEY. Famous for over a century for its delicacy of flavor. Of highest standard of purity.

WE EAT TO LIVE

Nobody who is suffering from nervous disorders, from coughs or colds or debility of constitution cares to eat. When you have no appetite your ambition is gone—don't care much whether you live or die.

Brick's Tasteless Cod Liver Oil

would keep you alive whether you ate food or not, but it brings back your appetite, then, starts right in to build up your system and throw out the disorders that breed incurable diseases. It purifies the blood, makes the thin fat, the weak strong.

Hay's Hair Health

Never Fails to Restore Gray Hair to its Natural Color and Beauty. No matter how long it has been gray or faded. Promotes a luxuriant growth of healthy hair. Stops its falling out, and positively removes Dandruff. Keeps hair soft and glossy. Refuse all substitutes, 2 1/2 times as much in \$1.00 as 50c. size. Is Not a Dye. \$1 and 50c. bottles, at druggists.