

Rheumatism Comes From Weak Kidneys

When the kidneys are not strong enough to filter uric acid from the blood, this poison inflames nerves and muscles, bringing the excruciating pain of Rheumatism.

Abbey's Effervescent Salt

It was the last day of September. The train glided smoothly along and the smoky sky indicated a large city.

TRIP AROUND THE WORLD

A Racy Letter to Be Published Weekly by the Whig.

BY SIGEL ROUSH. should always be provided, even in mid-summer, and for lying around on the deck, especially if one is seaisick, an old suit that would hardly be worn elsewhere, is preferable.

Notice

Commencing January 1st, No. 5 train will leave Kingston, at 7.45 A.M., on Mondays, Wednesdays and Fridays only.

GRAND TRUNK RAILWAY SYSTEM

Local Branch Time Table. Train will leave and arrive at City Depot, Ottawa, as follows:

INTERCOLONIAL RAILWAY

For Copy Of Notes by the Way With Time Table Of Maritime Express

General Passenger Department

QUEBEC S. S. COMPANY. BERMUDE. Reached in 45 hours from New York by the S.S. "Bermuda."

ALLAN Royal Mail Line

WINTER SAILINGS TO LIVERPOOL. From St. John, Halifax, Lunenburg, etc.

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The First Sight of Land.

And so, with these few suggestions as to your outfit, let us return to our trip across the Atlantic, for the well trained eyes of the captain has discovered far to the east a speck on the horizon which he announces is the light-house on Bishop's Rock, belonging to one of the fifty islands of the Scilly group.

Amusing Phases of Seaisickness.

Unless the element of humor is entirely absent one can usually discover some amusing phase of seaisickness even though he himself may be one of the victims.

WORK THAT WEAKENS.

Booth's Kidney Pills Have Done Great Service For People Who Work in Kingston.

Many Kingston people work every day in some strained unnatural position, bending constantly over a desk, riding on jolting wagons or cars, bending over heavy house work, lifting, reaching, pulling, all these strains tend to wear, weaken and injure the kidneys until they fall behind in their work of filtering the poisons from the blood.

one of the show places of Bremen.

It contains many large casks filled with wine two or three hundred years old. This wine is never used except on state occasions or when some dignitary is a guest of the city.

Mummified Bodies.

The Cathedral was begun over four hundred years ago, and was modeled after the famous "Dom" of Cologne.

St. Margaret's College

A High-Class Residential and Day School for Girls under the management of GEORGE DICKSON, M.A.

GOOD SALARIES

Go Only to the Well Trained Our High-Grade Courses never fail to bring success to our graduates.

FRONTENAC BUSINESS COLLEGE

Clergy street, Kingston. Phone 480. T. N. STOCKDALE, Principal.

ROCKING CHAIR CURE.

New Discovery For the Cure of Dyspepsia. New York, Jan. 2.—Have you heard of the new cure for dyspepsia—the rocking chair cure?

TO DISPLAY BRITISH FLAG.

Sir Percy Scott's Squadron to Visit America. London, Jan. 2.—With a view to the British flag being shown on both shores of the American continent, important orders have been issued by the admiralty which will result in these coast being simultaneously visited by three detached squadrons.

BIBLE LADEN CRAFT

IS ON THE WAY FOR THE SOUTH SEAS.

Bibles to Be Given to the Natives of the Gilbertese Islands—Printed in Their Tongue. Honolulu, Dec. 9.—A tiny craft, deep laden with a cargo of Bibles, hymnals and tracts, the first ever published in the tongue of the natives of the Gilbertese Islands, cleared from this port this morning for the South Seas.

The crew of the schooner consists of six persons—Capt. Walkup and his son, as skipper and mate, Miss Eleanor Walkup, the skipper's daughter, on the ship's list as cook, and three Hawaiian sailors.

In Austria prizes are offered to farmers to encourage them to recover waste lands and lay them out as pasturage.

From Bremen to Berlin is a five hour's journey, and takes one through a level and uninteresting country. The farms are cultivated in strips usually not more than five hundred feet wide and the soil is worked up very fine before planting.

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Useful Articles

For Father, Brother or Sweetheart

For About Half Price

Roney & Co's Gigantic Sale

The golden opportunity to give a useful present of a New Suit, Overcoat, Pea Jacket, Fur-lined Overcoat, Working Coat, etc., at about half regular price.

THE VERY LATEST IN NECKWEAR, (30 dozen just arrived). Sold all over at 75c. and \$1.00. We put them in a fancy box. Price, 50c. each.

FANCY TIES, in boxes, at 39c. and 45c. FANCY SUSPENDERS, in boxes, at 45c. FANCY VESTS, in boxes, at Manufacturers' Prices.

THE NEWEST IN SCARFS. Prices from 19c. up. MOCHA GLOVES, (lined), all sizes, from 69c. up. Kid Gloves, Fur-lined Gloves, Buck Gloves, Gauntlets, Mitts, etc., at prices to clear in a hurry.

Roney & Co's

127 Princess Street, Kingston. The Store That Sets the Pace.

Take Out a Compound Quinquennial Life or Endowment Policy in the

Canada Life Assurance Company

as a Christmas present. Full information given at the office, 18 Market St., J. O. HUTTON, Manager.

CANADA CYCLE & MOTOR CO'S SKATES

Automobile, "Aluminum Top" \$4.25. Automobile, "B." 3.50. Automobile, "A." 2.75. Model, 25 2.00. Model, 5 1.75.

Every Home Should Have Electric Light

We wire and furnish fixtures at small cost and on easy payments.



NEWMAN & SPRIGGS ELECTRIC CO. 79 Princess St. Kingston, Ont.

Partridge & Sons

Crescent Wire and Iron Works. Phone, 380.

Fine Tailoring

Melton and Beaver Overcoatings. Newest Shades in Ulsterings and Suits.

John Tweddell

131 Princess street.

American Oils

Coal Oil, Lubricating Oil, Gasoline. We make a specialty of handling Lubricating Oils of all kinds. Prices on application.

W. F. KELLY & CO

South Cor. Ontario and Clarence St. Phone, 480.

A NEW DISCOVERY!

A preparation found that will stop falling hair, in even the most severe cases, in from ten to four days. Guaranteed or money refunded.

KEYES' Barber Shop

836 King street.

L. Lesse

507 Princess St., Cor. Chatham St.

Antique Furniture

Suitable for Xmas Presents. At very reasonable prices.

Take Notice

Highest prices paid for House Furniture. We have on hand a good line of

The Kingston Granite and Marble Works

WELCH'S OLD STAND. Cor. Princess and Clergy Sts.

MONUMENTS

Inspect our stock and work before placing your order.

Grand Union Hotel

Opposite Grand Central Station. NEW YORK CITY. ROOMS \$1 A DAY AND UPWARDS.

COOK'S COTTON ROOT COMPOUND

The Great Uterine Tonic, and only the most reliable monthly Regulator which women can depend on.

MEN AND WOMEN.

Use Big 4 for unnatural, irregular, or excessive menstruation, or for all other ailments of the female system.