NO MORE HEADACHES

Suffered From Constant Headaches—Cured by "Fruit-a-tives" When Doctors Failed.

"I was a sufferer from fearful headaches for over two years, sometimes they were so bad that I was unable to work for days at a time. I took all kinds of medicines, was treated by physicians, and yet the headaches persisted. I was rarely free from headache. A short time ago I was advised to try "Fruit-a-tives" and I did so with, I must confess, very little faith, but after I had taken them for three days my headaches were easier and in a week they left me. After I had taken a box of the tablets my headaches were quite cured. My appetite was always poor and my stomach bad, and now my appetite is splendid and my digestion is excellent. I had become thin and weak from the constant headaches, but now not only have I been cured of all these awful headaches, but my strength is growing up once more, and I feel like a new man. I have taken in all three boxes of "Fruit-a-tives." I am exceedingly grateful to "Fruit-a-tives" for curing me, and I give this unsolicited testimonial with great pleasure, as I hope thereby some other sufferer of headaches will be induced to try "Fruit-a-tives" and will be cured."

(Sgd.) B. Cornell.

Taylorville, Ont.

"Fruit-a-tives" is now put up in the new 25c trial size as well as the regular 50c boxes. Write Fruit-a-tives Limited, Ottawa, if your dealer will not supply you.

IDOLO
SECO SHERRY
BOTTLED IN SPAIN ONLY.

THE WINE OF QUALITY exported by the "premier" sherry house of the world, Messrs. GONZALEZ & BYASS, of Jerez, Spain, is their celebrated brand, IDOLO SECO SHERRY, bottled and sealed exclusively at their own Bodegas. It is pleasing to the healthy, beneficial to the sick and a necessity on all dinner tables.

For sale at all leading Hotels, Cafes, Restaurants and Wine Merchants the World over.

Lawrence A. Wilson Co. Ltd., Canadian Agents, - Montreal. 13

IRISH WHISKEY DISTILLERS

TO HIS MAJESTY THE KING.

Sir John Power & Son Ltd.

ESTABLISHED A.D. 1791.

"THREE SWALLOWS" IRISH WHISKEY

Famous for over a century for its delicacy of flavor.

Of highest standard of Purity.

It is especially recommended by the Medical Profession on account of its peculiar "DRYNESS"

Soap That Dyes!

"MAYPOLE"!—that's the name of the cake of soap that makes successful dyeing at home cleanly, successful, safe. The colors are fast and brilliant. It dyes to any shade. No streaks. No mess or trouble. Give yourself a real pleasant treat with cleanly "Maypole"!

Maypole Soap

10c. for colors. 15c. for black.

Frank L. Benedict & Co., Montreal. 67

Every Woman

is interested and should know about the wonderfu MARVEL Whirling Spray The new Vaginal Syringe. Best—Most convenient. It cleanses instantly.

Ask your druggist for it. If he cannot supply the MARVEL, accept no other, but send stamp for illustrated book—sealed. It gives full particulars and directions invaluable to ladies.

MARVEL WHIRLING SPRAY CO., Windsor, Ont. General Agents for Canada.

Tips For The Farmers

BY UNCLE JOSH

Following are additional extracts from the government's report which will be of interest:

Mixed Grains—Correspondents report for the first time upon the growing of mixed grains. The favorite grain mixture is one of barley and oats; oats and peas, and barley, oats and peas come next. Oats, barley and wheat are also used by some; also oats and wheat, and wheat, peas and oats. Oats and spelt, oats and buckwheat, and oats and flax also have their advocates as grain mixtures. Some who have tried mixed grains speak unfavorably of results, but the bulk of those reporting are more or less strongly favorable to their use. It is claimed that these grain mixtures provide well-balanced and nutritious feed for all classes of live stock at less trouble and expense than by any other method. by sowing peas with the cereals the combined crop can be cut with the binder. The values of these mixtures depend upon the various grains ripening about the same time. Daubeney oats, Mandscheuri barley, and goose wheat are the favorite varieties in these mixtures.

Live stock—The unusually dry fall weather allowed but little growth of grass, and pastures were eaten very closely. Live stock are, consequently, rather thin, but are quite vigorous and remarkably free from disease. Most of the export cattle have been shipped, and not so many animals for fattening are on hand as is generally the case at this time of the year. Sheep did well where kept, but do not appear to be increasing in popularity.

Corn—This has been the most successful crop of the season, and the best of its kind for many years, taking both yield and quality into consideration. The warm, dry weather, which affected nearly all the other field crops more or less adversely, seemed only to add to the growth of corn. The crop was good both for husking and the silo, although a little more rain at earing time was wished for in some localities. Injury from frost was very small, only a few very late fields being nipped.

Potatoes—While some correspondents report a heavy crop of potatoes, the bulk of the returns indicate a yield a little less than the average, owing to the unusually dry season. Reports, however, are practically unanimous as to the excellent quality of this year's potatoes, their freedom from rot being frequently commented upon. The ground was hard for digging, but otherwise the crop was most satisfactorily secured for the winter.

Turnips—These roots have been more or less a failure this season, although here and there a few good fields were reported. Not only did turnips, like other roots, suffer from drouth, but lice appeared upon the plants to a greater extent than usual, and in some fields they almost destroyed the crop. Some turnips remained to be housed as correspondents wrote.

Milch cows require different feed than beef cattle. You should not feed much fat-forming foods, as your cows would lay on fat instead of producing milk. Feed more silage or roots in the winter.

Daily feed for a thousand-pound cow: 40 pounds of silage, 7 pounds clover hay, 8 pounds of grain. The cows that are soon to freshen should be fed on succulent feed, such as silage or roots, bran, linseed meal with a little oats. Keep the bowels open and do not feed very heavy on grain just before or after calving.

After calving, give bran mashes and warm drinking water for a few days. Allow the calf to suck for about two days and then feed the mother's milk from a pail for about two weeks, about three quarts twice a day; after that reduce it with skim milk or warm water, so that at the end of the fourth week the calf will be getting all skim milk or half whole-milk and half warm water, with some reliable stock tonic to aid digestion. Keep a supply of good clover or alfalfa hay within reach and also some ground oats, with a little linseed meal mixed with it.

After the calf eats the ground feed, gradually get him used to eating whole oats, as this is the best feed for him up to six months old.

The heifers should not be bred until fifteen or eighteen months old.—Dr. David Roberts, Wisconsin State Veterinarian.

About 50 per cent of the failures in dairy farming are due to underfeeding of succulent food. The dairy with a silo never fails; but the dry-hay dairies are always in trouble over the smallness of the milk checks. The dairy cow that is condemned because she has to produce milk when not fed any more than it requires to support her is often the cow that would pay a generous profit on liberal feeding.

The Chicago ordinance requiring all cows furnishing milk to that city to be tuberculin tested, and that all reacting cows be cut out from the herd, will go into effect January 1st, unless otherwise decided. If the milk is pasteurized it will be admitted, whether the herd is tested or not. The outlook then is to turn shippers into dumpers. It will be easier to accept the price at the pasteurizing stations than to deal with the city of Chicago.

Ribbing land in the fall with a double mould-board or drill plough is a practice that is growing in favor throughout the better farmed districts of the Province of Ontario. It is claimed for this system that it prevents the soluble plant food from leaching away with rains and melting snows during the winter. The excessive moisture will run off in the furrows without interfering with the humus in the soil, as the looser portions will be found in the centre of the ribs. These ribs should be about twenty inches wide, and if well made the penetrating power of the frost is considerably increased and the breaking up and loosening of the sub-soil is materially enhanced. In the spring the ribs are harrowed and cultivated down with a spring tooth cultivator and again harrowed before the grain drill is used. It is quite an advantage to have the land ribbed in the fall, as it can be worked much earlier in the spring, thus making possible early seeding.

While the average returns from farm operations in Ontario are not all that they should be there are many farmers, above the average, who have no reason to complain says the Farmer's Sun.

One of the successful ones lives in the township of Thorah. Twelve years ago he was compelled to borrow $500 in making the start, and for eight years he paid a rental of $3 per acre. At the end of that time not only was the debt discharged, but the late debtor was able to buy 216 acres and pay down $7,000 in cash from accumulations gathered during the period of tenancy. A mortgage for $7,500 was given for the balance, and in the four years of ownership, in accordance with agreement, an annual reduction of $1,000 has been made in the mortgage; besides this a nest egg has been laid aside in the bank in the same time.

All this has not been accomplished with the help of a grown family; the family in this case has been a burden, the oldest not yet being more than 14 years old. What one man has done other men can do.

Produce And Prices.

Kingston, Dec. 5.—Prices were quoted to the Whig, to-day, as follows:

Flour and Feed—Flour, baker's, $2.90 to $3.18; farmers, $2.80 to $3.10; Hungarian patent, $3 to $3.20; oatmeal and rolled oats, $4.40 to $4.50; cornmeal, $1.80 to $2.10; bran, $23 to $24 per ton; shorts, $26.50 to $27 per ton; straw, $10; hay, loose, $12 to $15; pressed, $14 to $15.

Eggs—New laid, 30c. per dozen.

Grains—Oats, 40c.; local wheat, 85c to $1; buckwheat, 65c.; barley, 60c.; rye, 80c. to 85c.; peas, 90c. to 95c.; corn, best, 80c.; mixed, 77c.

Butter—Choice, creamery, 30c.; farmers' butter, prints, 28c.; packed, 26c.; rolls, 26c.

Meat—Beef, carcase, $7 to $8 cwt.; choice cuts, 6c. to 15c. lb.; pork, 9½c. per lb.; veal, by the quarter, 8c. to 9c. per lb.; cuts, 7c. to 15c., by carcase, 8c. to 8c. per lb.; cutlets, 12½c. to 15c.; spring lamb, 12c. lb.; chops, 15c. to 18c. a lb.; mutton, 10c. per lb.; live hogs, $6.75.

Fish—Salmon trout, 12½c. a lb.; skinned digby herring, 20c. per lb.; whitefish, 12½c. a lb.; pike, 10c. a lb.; chinook salmon, 30c. a lb.; kippered herring, Yarmouth bloaters, 40c. a a lb.; perch, 30c. a doz.; frogs' legs, 40c. doz.; Atlantic salmon, 30c. lb.; salt codfish, 7c. to 15c. lb.; halibut, 20c a lb.; fresh haddock, 10c. a lb.; bullheads, 10c. a lb.; red herring, 15c. a box; mackerel, 15c. a lb.; trout, 12½c. 10c. a lb.; ciscoes, 15c. a lb.; bluefish, 15c. a lb.; lake herring, 10c. a lb.; finnan haddie, 10c. to 12½c. a lb.; red snappers, 15c.; flounders, 10c.; fresh salt water herrings, 40c. to 60c. a doz; fresh lobsters, 30c. a lb.; sea bass, 12½c. a lb.; smoked salmon, 30c. a lb.;

Poultry—Chickens, 9c. to 10c. per lb.; turkeys, 15c. a lb.

Fruit—Lemons, 20c. per doz.; oranges, 40c. to 60c. per doz.; bananas, 20c. to 30c. per doz.

Vegetables—Potatoes, 90c. to $1 per bag; cabbage, 75c. to $1 a doz.; celery, 30c. to 50c. a dozen; beets, 20c. per peck; onions, $1 per bush.; green onions, 40c. a doz.; carrots, 30c. a doz. bunches; turnips, 75c. a bushel; tomatoes, 30c. a bushel.

Wool, washed, 15c. to 16c. per lb.; sheep skins, fresh, 75c.; tallow, rendered, 5c. per lb.; deakins, 50c.; veal skins, 7c. per lb.; hides, No. 1, 4c. per lb.; hides, No. 2, 3c. per lb.; horse hides, $2.50 each.

Pure Rich Blood.

The whole machinery of health must be kept in order or diseases of the stomach, liver and kidneys will follow. These organs are so related that when one weakens all weaken. To keep them vigorous they must be supplied with pure, rich blood. Such blood is always the result of using Wade's Iron Tonic Pills (laxative.) They are a great nerve strengthener and blood-maker. In boxes, 25c., at Wade's drug store. Money back if not satisfactory.

Peculiar Is Its Name.

"There is a post hamlet in Cass County, Missouri, on the 'Frisco rail road, with nothing peculiar about it but its name, and that is Peculiar." said a man in an uptown hotel. "Its origin, according to local tradition, was as follows: When the settlement was so big it thought it needed a post-office a citizen sent a petition to Washington to have one established. The request was granted, and the citizen was asked to suggest a name. He replied: "The people are not particular so long as the name is peculiar." Thereupon the post-office was named Peculiar, and the name has never been changed."

The Amateur Gunner.

Catholic Standard and Times.

"Ma," asked the little rabbit, "is it true that pa was shot by that amateur gunner?"

"Not at all," snorted the mother rabbit, scornfully. "The gunner was shooting at something else while your poor father sat behind him and laughed. Unfortunately the gun kicked and the man sat down on your father and killed him."

WORK THAT WEAKENS.

Booth's Kidney Pills Have Done Great Service For People Who Work in Kingston.

Many Kingston people work every day, in some strained unnatural position, bending constantly over a desk, riding on jolting waggons or cars, bending over heavy house work, lifting, reaching, pulling, all these strains tend to wear, weaken, and injure the kidneys until they fall behind in their work of filtering the poisons from the blood. Booth's Kidney Pills cure sick kidneys, put new strength in bad backs. Kingston cures prove it.

Mrs. Thomas Moore, of 226 Division street, Kingston, Ont., says: "Very often I would be unable to stoop or lift anything with the dull, bearing-down pains that were almost constant in the small of my back. I had tried many remedies but could find little or no relief for this. The kidneys were disordered and inactive and I was languid and weak. I would awake more tired and unrefreshed than on going to bed. I tried Booth's Kidney Pills on recommendation of a friend procuring same at Mahood's Pharmacy. I soon found them to benefit me, going directly to the cause of the trouble. My back strengthened and the pains left it. The languidness had soon gone. I have not had the least trouble since and can conscientiously recommend Booth's Kidney Pills. Sold by dealers. Price 50c. The R. T. Booth Co., Ltd., Fort Erie, Ont., sole Canadian agents.

Every Mother

knows that Baby's Own is the best soap for her own use, and the only fit soap for her child—she should be careful to get the original and genuine.

Baby's Own Soap

Some dealers persistently sell inferior substitutes—which imitate the appearance of the genuine "Baby's Own" as nearly as the law will permit. Such substitutes are particularly harmful to the skin.

ALBERT SOAPS LIMITED, MFRS., MONTREAL.

LITTLE WILL.

A great crowd of people had gathered around
A small, ragged urchin, stretched out on the ground,
In the midst of the street; and some cried, "For Shame,"
And others, "Can anyone tell us his name?"
For that poor little body, now bleeding and still,
Was all that was left of once bright little Will.
A great, heavy cart had come rattling that way,
Where Willie and others were busy at play,
And the poor little fellow, now stretched on the stones,
Seemed only a mass of bruised flesh, and crushed bones.
But still there was life; and a kind doctor said:
"We must take the child home, and put him to bed.
He must have all the care we can possibly give,
And it may be the poor, little fellow will live."

But, alas, for poor Willie, he had no nice home;
He lived in an alley, in one little room.
And his poor mother, working from earliest light,
Had often no supper to give him at night.
But joy for poor Willie (or not far away
From the place where all bleeding and shattered, he lay)
Was a very large house standing back from the street,
With everything round it, so quiet and neat;
Which many good people had built in His name,
Who healed all the sick when from heaven He came,
And Who promises blessings that ever endure,
To those who shall comfort the sick and the poor.

So there in a room, large and cheerful and bright,
Little Willie was laid on a pillow so white.
The walls with bright pictures were covered all o'er;
Will never had seen such a clean place before.
Long rows of small beds, with small tables between,
The coverlids white, and the beds painted green;
And so many children, all sick, but so bright,
Will almost forgot his great pain at the sight.

But the poor little boy suffered terrible pain,
When the good surgeon came to examine again.
Those poor little limbs; and he said, that by next day,
He must bring his sharp knife, and cut both legs away.
Oh, how could he bear it? Oh, what should he do?
So small and alone, he could never get through,
And then he knew well, that he never could run
And play with the boys, as before he had done.
Poor Willie; he felt that in all that great city
There was no one to help him and no one to pity.
* * * * * * *
It was night, in the hospital ward all was still,
Save the low moans of anguish from poor little Will,
When a dear, little girl in the very next bed
Turned round on her pillow and lovingly said;
"Little boy, what's the matter; are you very ill?"
"Oh, yes," said poor Willie; "and what is worse still,
The doctor is going to hurt my leg so To-morrow; I never can bear it. I know."
"But Jesus will help you," said dear, little Sue;
"He suffered and died; you know, Willie, for you."
The child was astonished, and thus made reply:
"Why, Susie, who's Jesus, and what made Him die?"
"O, Willie, how sad; I thought everyone knew,
You don't go to Sabbath-school, isn't that true?"
"No, I never have been," the boy made reply;
"But tell me of Jesus, and what made Him die."

"Well, Jesus," said Susie, "came down long ago,
Because he was sorry we all suffered so,
And would be so naughty, and He was a child,
Just as little as we, but so gentle and mild,
And when He grew up, He went all through the land,
And healed all the sick with the touch of His hand;
And He took little children right up on His knee—
O, Willie, I wish it had been you and me.
But some cruel men, caught Jesus one day,
And beat Him and mocked Him and took Him away,
And fixed Him with nails to a great cross of wood,
Oh, wasn't it hard when He'd done them such good?
How He must have loved us to die on the tree."
"But," said Willie, "if He's dead, how can He help me?"
"Why, I'll tell you," said Susie; "though, now, He's in heaven,
In the Book, He has left us, a promise is given
That whene'er we want Him He'll come to our aid,
I'm so sure He loves me, I'm never afraid.
I know that He comes to this hospital here;
And 'though folks can't see Him, they feel He is near.
I know, for I've tried it again and again,
He helps us bear sickness and sorrow, and pain."
"How good," said the boy, with a long, thankful sigh,
"But I am so small that He might pass me by;
So I'll put up my hand, just so He can see,
Then He'll know that I want Him, and come right to me."
* * * * * * * *
When the bright sun peeped in on that little white bed,
The hand was still raised, but dear Willie was dead!

The sad look of pain had gone from his face,
And the sweetest of smiles had taken its place;
For far off in heaven, that beautiful land,
Kind Jesus had seen little Will's lifted hand;
The smile on his face Jesus' kissing had given,
And he awoke in the morning with Jesus in heaven.
* * * * * * *
Dear friends who have read this sweet story you see,
That trusting in Jesus will save you and me.
Oh, that all who of Jesus' great mercy have heard,
Would, like dear little Willie, take Him at His word.

When One Of Us Walks Alone.

San Francisco Call.

We have walked together, my love, my love,
Through many a weary day,
With only the ghost of a sun above
To light us upon the way,
Yet we have been happy, my dear, my dear,
More happy than we have known;
Though a good, old world we have journeyed here—
But what when one walks alone?

I would miss your faith, my love, my own,
In the day that may some time be,
Or haply you'd miss the comfort you've known
In bringing your worries to me.
Oh, I am not strong, and I am not brave,
As all of my life has shown;
So I sometimes sigh o'er an unmade grave,
When one of us walks alone.

The day must come, my dear, my dear,
When one shall the shadows seek,
While the other shall wander lonely here
In grief that he cannot speak.
Then give me your hand, sweetheart sweetheart,
In fealty we have known,
And give me your love till at last we part—
And one of us walks alone.

NERVOUS DEBILITY

OUR NEW METHOD TREATMENT will cure you and make a man of you. Under its influence the brain becomes active, the blood purified so that all pimples, blotches and ulcers heal up; the nerves become strong as steel, so that nervousness, bashfulness and despondency disappear; the eyes become bright, the face full and clear, energy returns to the body, and the moral, physical and mental systems are invigorated; all drains cease—no more vital waste from the system. The various organs become natural and manly. You feel yourself a man and know marriage cannot be a failure. We invite all the afflicted to consult us confidentially and free of charge. Don't let quacks and fakirs rob you of your hard earned dollars.

NO NAMES USED WITHOUT WRITTEN CONSENT.

THREATENED WITH PARALYSIS.

BEFORE TREATMENT

Peter E. Summers, of Kalamazoo, Mich., relates his experience:

"I was troubled with Nervous Debility for many years. I lay it to indiscretion and excesses in early youth. I became very despondent and didn't care whether I worked or not. I imagined everybody who looked at me guessed my secret. Imaginative dreams at night weakened me—my back ached, had pains in the back of my head, hands and feet were cold, tired in the morning, poor appetite, fingers were shaky, eyes blurred, hair loose, memory poor, etc. Numbness in the fingers set in and the doctor told me he feared paralysis. I took all kinds of medicines and tried many first-class physicians, wore an electric belt for three months, went to Mt. Clemens for baths, but received little benefit. While at Mt. Clemens I was induced to consult Drs. Kennedy & Kennedy, though I had lost all faith in doctors. Like a drowning man I commenced the New Method Treatment and it saved my life. The improvement was like magic—I could feel the vigor going through the nerves. I was cured mentally and physically. I have sent them many patients and will continue to do so."

AFTER TREATMENT

CURES GUARANTEED OR NO PAY

We treat and cure VARICOCELE, STRICTURE, NERVOUS DEBILITY, BLOOD AND URINARY COMPLAINTS, KIDNEY AND BLADDER DISEASES and all Diseases peculiar to Men.

CONSULTATION FREE. BOOKS FREE. If unable to call write for a Question Blank for Home Treatment.

DRS. KENNEDY & KENNEDY

Cor. Michigan Ave., and Griswold St., Detroit, Mich.

PANDORA RANGE

"We Take off Our Hats to 'Pandora' Range!"

"BECAUSE—

It's a uniform baker and cooker.
Is the only Range with a burnished top surface.
Has a reliable thermometer.
Durable, sure-working grates.
Emery rod for knife sharpening or towel drying.
Is solid, strong, handsome and easily regulated.

"In 'Pandora' We Trust."

McClary's

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FOR SALE BY LEMMON & SONS.