THE COMMON SOURCE OF HEALTH

The Juice of the Ordinary Apple is One of the Best Things in the World For Keeping the Blood Pure.

Few people there are but enjoy a

fect on the kidneys, increasing their reply is expected from him. The yacht power to throw off the waste products of the body, called urea, and thus prevent Rheumatism, Sciatica, Neuralgia, and similar troubles that come

action of the liver and bowels-others ville and Gananoque will enter junior deal of unnecessary worry. of the skin. Combined, they keep the blood pure-the body clean and

must eat a great deal of fruit, or bet- players are members of the K. Y. C.,

a-tives." "Fruit-a-tives" are tablets in which the juices of ripe fruits, with their medicinal value intensified, are comfrom the body. Trial box 25c. Regular size 50c.-6 boxes for \$2.50. Fruit-a-tives Limited, Ottawa.



Synopsis of Canadian Northwest.

Homestead Regulations.

NY even-numbered section of Domin ion Lands in Manitoba or the Northnot reserved, may be homesteaded by any person the sole head of a family, or male over 18 years of age, to the extent of onequarter section, of 160 acres, more or less. Application for homestead entry must made in person by the applicant at a Dominproxy may, however, be made by an Agency on certain conditions by the father, mother, son, daughter, brother or sister of an in

An application for cancellation must be made in person. The applicant must be eligible for homestead entry.

DUTIES .- (1) At least six months' residence upon and cultivation of the land in each year during the term of three years. (2) A homesteader may, if he so desires, perform the required residence duties by living on farming land owned solely by him, not less than eighty (80) acres in extent, in the vicinity of his homestead. Joint ownership in land will not meet this requirement. (3) If the father (or mother, if the father is deceased) of a homesteader had permanent residence on farming land owned solely by him, not less than eighty (80) acres in extent, in the vicinity of the homestead, or upon a homestead entered for by him in the vicinity, such homesteader may perform his own resi dence duties by living with the father (or (4) The term "vicinity" in the two pre-ceding paragraphs is defined as meaning not more than nine miles in a direct line. SYNOPSIS OF CANADIAN NORTH-WEST

MINING REGULATIONS, COAL -Coal mining rights may be leased | boys. for twenty-one years at an annual rental of \$1.00 an acre. Not more than 2,560 acres can be leased to one applicant. Royalty, five

QUARTZ.-A person eighteen years of age and over having made a discovery may locate a claim 1,500 feet by 1,500 feet. Fee \$5.00. At least \$100.00 must be expended on the claim each year, or paid to the mining Recorder. When \$500.00 has been expended or paid and other requirements complied with the claim may be purchased at \$1.00 an acre-PLACER MINING CLAIMS generally, 100 feet square. Entry fee, \$5.00 DREDGING .- Two leases of five miles each of a river may be issued to one applisant for a term of 20 years. Rental, \$10.00 a mile per annum. Royalty, 21/2 per cent. after the output exceeds \$10,000.

W. W. CORY, Deputy of the Minister of the Interior. N.B.-Unauthorized publication of this advertisement will not be paid for.



Department of Railways and Canals.

LACHINE CANAL.

undersigned, until 16 o'clock on Thursday, the 1st October, 1908, for the sup ply of 20,000 barrels of Portland Cement for the use on the Quebec Canals. Specifications and forms of tender can be procured at the office of the Superin tending Engineer of the Quebec Canals, No. 2 Place d'Armes Square, Montreal, and at the office of the Chief Enginee of the Department of Railways 'and Canals, on and after Monday the 21st An accepted cheque for (\$2,500) Too

Thousand Five Hundred dollars, payable tive, powerful and above to the order of the Minister of Railways and Canals, shall accompany each The Department does not bind itself to accept the lowest or any tender.

J. W. PUGSLEY, Actg. Secretary. Department of Railways and Canals. Ottawa, 19th September, 1908. Newspapers inserting this advertisement without authority from the Department will not be paid for it.

Jewelery Repairing

We make a speciality in repairing all classes of Jewelery, Silver and Silver-Plate, and with our long experience we can accomplish the most difficult work.

If you have any article of Jewelery in need of repairs, just give us a try.

Kinnear & d'Esterre

Watchmakers and Jewellers, 100 Princess St.

YACHT CLUB WILL ENTER Saunders, p.; Burns, Ib.; Stokes, 2b. THE O.R.F.U.

Wanderers Defeated Elginburg at Association Football-A Kingston Baseball Team Defeated in Ottawa on Saturday.

Kingston will have at least one Kingston Yacht Club has decided to Louis, 3; Philadelphia, 2. enter. The boys have been talking of the matter for some time, and finally delphia, 2. Chicago, 12; New York, 0. realize that it is a medicine as well as had a meeting on Saturday night, and Boston, 2; St. Louis, 0. Cleveland, 5; decided to enter. The application was Washington, 4, Apple juice has a very marked ef- sent in to Secretary Gladish, and a club could put as good a junior team in the league as has ever represented should make a good back division for Kingston, and if given a fair show Ottawa College. should win out, in this district at Similarly, other fruits stimulate the any rate. This will mean that Brock- als cost them about \$50 and a great teams, as they were waiting for King- Lafleur and Ryan will probably be To get this effect, however, one enter. A great many of the local ball Interprovincial this season. in the Cricket field early this morn- tity. bined with valuable tonics. They act every morning in future at 6.30 English Olympic lacrosse team is and put them in perfect condition - if the men will only take advantage at London thus ensuring the thorough elimina- of it and get busy. Another meeting tion of all waste matter and poisons will be held on Tuesday night, when firm stands in the National Baseball officers will be elected, and the matter League, but it looks like New York fully arranged. The meeting to ar unless Mathewson "caves in." range a schedule will likely be held

Limestones May Arise.

down to work at last, to see if a to win any championship. Well, perteam cannot be secured. Stanley Trot- haps, but is there enough sweet perter is endeavoring to get the boys to- suasiveness around the capital to get gether and is meeting with good re- that material into the game? sults. The first practice will be held "Tom" Clancy, one of the best in the Armouries on Wednesday next, known rugby coaches in Canada, anwhen all the players are requested to nounced that it was not likely he turn out and get down to work. If would coach the Ottawa team this the men turn out as they should a fall. A delegation from the club visteam will likely be entered in the ited "the king" yesterday, and he ion Lands Agency or Sub-agency. Entry by get out and show they are worth it, to be Clancy's main reason for keepand they certainly are worth it if they ing out of the coaching game this

Later-It was finally decided, this morning, that the Limestones will en- Montreal A.A.A. teams of all brands ter the senior O.R.F.U. series. Most of has always been too many managers. the players have been seen and are Last year they kept their hands off anxious to enter the senior series.

· Play In Ottawa. are improving every day. This team their lacrosse team hustling to keep work from start to finish and for that out of last place in the N.L.U. reason generally come out on top. The Hamilton Spectator: Now the

Queen's Loses Campbell.

will not be able to play this season. the history of the O.R.F.U." This is a hard blow to the team as "Curly" is one of their best halves, and this season was showing up extra

Wanderers Beat Elginburg. An interesting game of association football was played at Elginburg, on Saturday afternoon, between Wanderers and Elginburg. The game from start to finish was exciting, and Elginburg put up a good defence, but could not overcome the eager forwards of the city team, who won by one goal to nothing, Hart doing the needful. Wanderers were minus three of their regular players. It was a hard

and fast game, good, clean play, and one of the best of the season.

Defeated In Ottawa. The Kingston picked baseball team

Don't be Shocked

If you never have a miss-fire or hang-fire in a thousand shots. Dominion primers are sensi-

We test one out of every hundred primers before making the range test of the finished product.

For all makes of arms. Costs one-third to one-fifth less than duty paying ammunition. Our guarantee puts all risk on the Dominion Cartridge Co., Ltd., Montreal.

DOMINION AMMUNITION



The bicycle road event of the season. Run with the sanction of the C. W. A. under the auspices of The Dunlop Tire & Rubber Goods Company.

Toronto, Saturday, Oct. 3rd from the head of Broadview ave., 71/2 miles out the Danforth and Kennedy roads and

return. All entries must be in by Sept. 30th. No track en-tries allowed. Entry blanks and full information may be obtained from R. Reith, 18 Temperance street, Toronto.

turday by the Ottawa city team. The final score was twelve runs to five, in favor of the Capitals. The Kingston team lined up as follows: Tilson, c.: Doyle, ss.; Turcotte, 3b.; Nicholson, r.f.; Anderson, c.f.; Coyne, l.f. Turcotte pitched the first three innings,

Baseball On Saturday, National League - Chicago, 5-3; Brooklyn, 0-0. New York, 6-3; Cincinteam in the O.R.F.U. series, as the nati, 2-1. Pittsburg, 5; Boston, 0. St. American League-Detroit, 3: Phila-

but was then taken out and Saunders

Sporting Notes. Bawlf, Richards, O'Neil and Whelan

Cornwall's protest against Nationston before they decided what series to the outside wings for Ottawas in the

Toronto Star: It seems that both ter, eat a little fruit and take "Fruit- and all are anxious to get out under the Ontario and Quebec Rugby Unions their colors. Quite a number were out are desirous of retaining their idening, and practices will be held there A London exchange says that the

directly on Bowels, Kidneys and Skin o'clock. This a good time to get out, playing the greatest game ever seen Chicago and Pittsburg are making

> Longboat in a race with Indians here or in Gananoque in the near fu- and Longboat against white men is a different man. He goes at the redskin trotters like a fiend, and beats them

The Limestones are again recovering | Toronto Telegram: Alf. Smith says from their sleep and are going to get Ottawa has enough football material

senior or intermediate series. Some gave a decisive answer. Lack of time good men have volunteered to help the that would be necessary to devote to boys along in a financial way, if they rounding out a winning team appears

Toronto Telegram: The weakness of long enough to let Roberts and "Chaucer" Elliott turn them out bunch of champions. Then they woke game in Ottawa for October 10th, and ting their share of the limelight. will accompany Queen's excursion. Hence their butting in. The same These boys are showing fine form and kind of management has long kept

players can teach the older ones a few Brockville and Gananoque rugby teams tricks when it comes down to getting have got the Interprovincial fever and out to practice. Every day they get are not over-eager to form the last of out at four o'clock and dig right in the old brigade. This group will be until six or later. Messrs. Sliter and Interprovincial in another day. In ad-Hatch are taking a great interest in dition to this, St. Jerome's College, the team and are a great help to the which has been persistently O.R.F.U for the last two weeks, has decided to play Interpro. with Petrolea, Western University, London and the rest of the Queen's first team is at work twice western juniors. So that the O.R.F.U. a day and getting in shape rapidly, is gradually losing all around, al-The first set-back of the season came though a week ago they were strongeron Friday, when Campbell was taken than ever, and were reported to have out of the game by physicians. He held "the most successful meeting in

Frock For Little Girl.



The attractive frock shown in the sketch is a practical model for small girl, and the design would be excellent either for cloth or a washable material. The model was in white washable French flannel, with trimming of pale blue braid, embroid-ery in pale blue and pale blue buttons. The little yoke was detachable and was of sheer white tucked lawn, with a collar of batiste embroidery.

B. A. Hotel Arrivals.

F. U. Wray, M. F. Maguire, George H. Matthews, G. H. Barlow, Toronto; Norman M. McLean and wife, Stouffville; Mrs. S. B. Miller, Alexandria Ray; W. B. Ackerley; White Stairs, N. Y.; Charles J. Armbuster, R. L. Hop T. J. Couthier, G. Christie White Plains, N.Y.; Lew, A. Kenley side, London; P. H. Irving, Victoria, N.B.; Russell H. Britton, Gananoque G. Steward and wife, Miss Hadley Henry Hadley, W. Y. Mills, Montreal; McMinus Munroe, C. H. Chambers, M. Brown, J. B. Brown, George G. Kinder and wife, Edwin B. Young, W. C. Husted, H. A. Hatturath, De Wolf Hopper, J. H. Beurimo, Austin Strong, Ed. W. Corless, Richard Kin and wife, B. J. Berry, E. W. Patebey, Capt. H. A. Kaulbach, Mrs. H. A. Kaulbach, New York; W. Miller, Toronto; Angus Orr, W. H. Stewart and and wife, J. N. Groleau, Wm. Croker, Montreal; J. E. Ilff, Redmond, Ind. P. F. Flynn, Mrs. M. Flynn, Syracuse, N.Y.; B. P. Coyne, Chesterville; Thos. Donnelly, Deseronto; C. J. Clapp and wife, Miss Mary Boyce, Miss Maude Boyce, F. Geddes, Picton; J. P. Shine, England; E. Shundlin, Brantford; Mrs. E. P. Turnen, Waldso Turner, Miss Elda Curry, Dallas, Texas; W. W. Aker, Guelph; C. T. Sherwood, Ottawa; J. F. Singleton, Smith's Falls; Philip Oswald, Odessa; Lester Mollatt, Hamilton: A. G. Brown and wife, Stratford; A. L. Morgan, C. F. Corbett, Cobalt; Fred. Somer, Dundas; H. Mapleton, T. Smythe, Peterboro.

Many a slow man throws on the speed lever when he starts down hill.

WHAT WHIG CORRESPOND-

ENTS TELL US. in Eastern Ontario-What Miller are convalescent.

People Are Doing And What They Are Saying. Burned Down The Barns.

Walkerville, Ont., Sept. 26.-Children playing with matches, yesterday, at the home of Joseph Langlois, a Sandwich East township farmer, started a fire which completely destroyed the large barns and burned the season's crop, including 1,500 bushels of oats, which had been threshed only the day before. Loss \$5,000; no insurance.

News From Picton.

Picton, Sept. 26.—Apple buyers are quite busy. The fair was held on Wednesday and Thursday and was Miss Maude Diamond, of Campbelllargely attended. On Thursday the ladies' guild of St. Mary's Magdalene church served dinner and supper at the Parish House. The theatorium on Main street is siderably patronized. The new ward school is in process of erection, and at present school is held in church near the old school site. teachers' convention is to be next week. The fountain on the lawn in front of the post office considerably improves its appearance.

Harlowe Happenings. the job of digging the trench from Thompson, Salmon river, at F. I

Equal It If You Can.

You can search the world over, and for an even thousand dollars not find a remedy that destroys as many pains The Collegiate team has secured a up to the fact that they weren't get- Stronger by five times than ordinary liniments, and more penetrating, it Bancroft soothes away inflammation and de- Bobcaygeon stroys pain instantly. Just try Nervi- | Colborne line for toothache, earache, sore Maherly muscles or lumbago-you rub in the Nerviline and rub out the pain. Internally it cures cramps, stomach pains and sick headaches, all minor ills and children's sickness, it cures

Movement ehurch to connect with the ther trench leading to the creek. Mrs. Becker and son, Howard, have returned to Parham, after spending a few weeks at F. Gibb's. Rev. Mr. Gilbert, Arden, visited recently at C. Bott's. Quite a number of people from here attend the special meetings at Dead The Tidings From Various Points Creek, Mrs. J. White and Master Oral

Bethany Notes. Bethany, Sept. 21 .- Many of the farmers around here are engaged in corn-picking and binding. Quite a few from here attended Shannonville fair on Saturday. The recent repairs that have been put on the schoolhouse have added greatly to its appearance. Miss Jennie Carpenter, of Gananoque, spent Thursday and Friday of this week with her sister, Miss A. Carpenter. Mrs. J. McCutcheon, Belleville, called on friends and relatives in this vicinity. R. Cooley left last Monday for Guelph to attend Agricultural College. Miss Ethel Easton, of Foxboro, spent Saturday and Sunday with her parents. ford, is visiting her aunt, Mrs. E. Brown. Mr. Cook, of Albert Colon Sunday. The infant child of Mr. lege, Belleville, conducted services here and Mrs. H. Brown is very ill.

News From Arden. Arden, Sept. 26.-Judge Madden held court here on Wednesday, September 23rd. There were only three cases on the docket. James McGarvey, Northbridge, an old resident of this place, was in town for a few days renewing old acquaintances. He has not been to his old home for nearly twenty-five Harlowe, Sept. 25.-There is to be years. All are pleased to see him a husking bee at G. Wood's, to-night. looking so well. Mrs. (Dr.) Geddes Many enjoyed the one at J. Morri- and daughter, have returned from Toson's and S. Thompson's this week. ronto, where they have been spending R. Gray visited, Saturday and Sun- a few weeks. The C. P. R. company day, at John Gray's. Miss Mabel put on watchmen on the tressle bridge Scott, Cloyne, is spending a few days east of the depot in case of fire. Elias at her grandmother's, Mrs. Benny. A Wormwith is night man and Stanley wee boy has come to brighten the Loyst, day man. Some of the people home of W. Miller. Miss P. F. Tay- went out to Dead Creek the other lor visited, on Saturday and Sunday, night to the revival meeting. Samuel at Mrs. F. Gray's. Mr. and Mrs. J. Thompson, who was laid up with McCausland have returned home from blood poisoning is around again. Mort a visit at Napanee. Mr. and Mrs. W. Mosier is quite low. J. Minor Wit-Black and children spent Sunday last | hams is talking of going North to at J. Miller's, Fernleigh. Mrs. Palma- work this winter. Visitors: Rev. Jorteer was the guest of Mrs. S. Wheeler, | don Crowe, Parham, at Samuel Bar-Elmsdale, Sunday last. School was ker's; Miss Nellie Clark, Mountain closed two days of this week, on ac- | Vale, at G. E. Thornton's; James Mecount of illness of the teacher. Mrs. Garven, Northbridge, at G. S. Rhombo, Dead Creek, spent Monday Mond's; Mrs. Claude Williams, Elm at Mrs. R. Scott's. J. Thompson has Tree, at James Williams'; Edward Wormworth's; Miss Jennie See

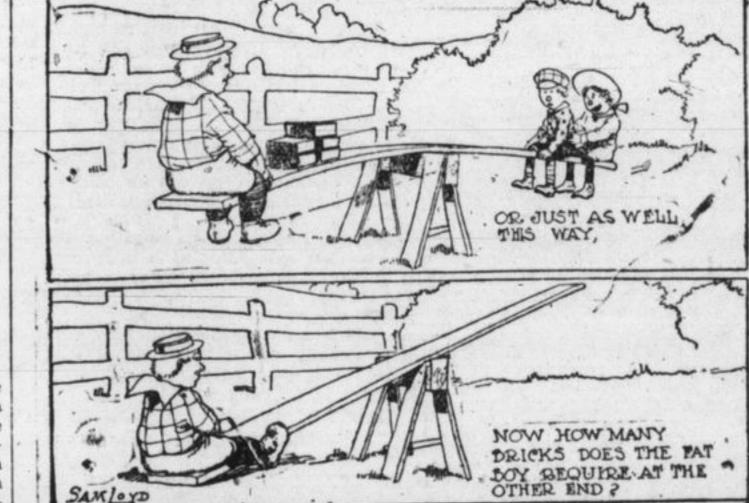
AGRICULTURAL FAIRS.

or aches as a 25c, bottle of Nerviline. Dates of Some of These For

..Oct. 1 and 2

as fast as the doctor and costs but a | Orillia's population as a result of a church census is 6,016.





Answer on Wednesday.

For Coughs

Never hesitate to ask your doctor about Ayer's Cherry Pectoral. It is a regular medicine, a strong medicine, a doctor's medicine.

Ayer's Cherry Pectoral REVISED FORMULA

It would be very interesting to know how many years your family physician has prescribed Ayer's Cherry Pectoral for coughs, colds, and all forms of lung troubles. Ask him the next time you see him. We know physicians who have used it for over half a century.

Free from Alcohol

I. C. AYER CO., Manufacturing Chemists, Lowell, Mass.



Supreme Effort

TAS BEEN CONCENTRATED in the buying of our Fall Shoes, and the result is most gratifying. To-day we are showing the result of such effort in

Our Snappy New Fall Lines of Shoes.

We believe, that never in the 50 years of our shoe retailing in Kingston, have we offered such splendid values. We will appreciate having you call and look over the new lines.

THE HOME OF GOOD SHOES.

Main Idea and Object

Is to please our customers. This brings us success and makes us friends.

We do it with our little prices, with our big assortment, with our fine qualities and grades. Our low prices show you how to save your dollars. Mission Dining Room Sett, 8 pieces, early English

finish, for \$45. Mahogany Parlor Suites, 3 pieces, \$25 to 45.00, best silk covering. China Cabinets for \$18 to 65.00.

Robt. J. Reid, 230 Princess Street. Telephone, 577

This is the expression heard so often from our customers when ordering

CHARCOAL IN PAPER SACKS Simply a little waste paper, a match, and your fire

Price 15c. a Sack.

Ask you grocer for it or if he does not yet handle it, 'phone

McKelvey

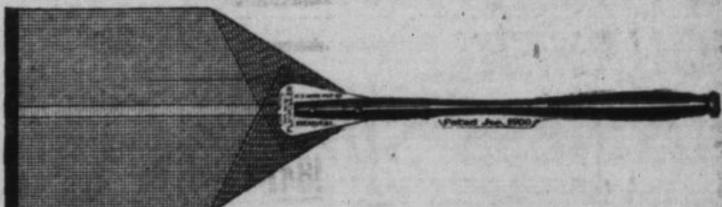
69 and 71 Brock Street.

WE ARE NOW SHOWING

-OUR-

ROYAL SHOES FOR MEN

& CHARLES. "KING" FLY KILLER



Kills without crushing and do es not soil fabrics or injure the highest polis h. 10c. each, Druggists, Hardware and Grocers.

The St. Lawrence Sugar Refining Co., Ltd MONTREAL

Manufacturers of the choicest

REFINED SUGARS

Granulated and Yellows. Made entirely from Cane Sugar. Be sure you ask for "St. Lawrence." D. STEWART ROBERTSON & SON, Agents for Eastern Ontario.