

### How to Get Rid of Fat

A Remarkable Discovery That Can Reduce Fat Harmlessly at the Rate of a Pound a Day.

A Trial Box Sent Free. A quick, harmless reducer of fat, called Rengo, has come into popular use which far surpasses any method of treatment heretofore used.



You Eat Rengo Like Fruit or Candy and Easily Reduce Your Fat a Pound a Day.

Rengo is perfectly harmless, pleasant to take and it is chewed like candy. It attacks abnormal tissue with unerring accuracy, and causes a gradual, harmless but effective reduction in weight, and without leaving wrinkles which are nearly always present after taking drugs and other dangerous materials commonly called "anti-fats."

There is nothing "just as good" as Rengo. For sale by all druggists at \$1.00 per full sized box, or by mail prepaid, by The Rengo Co., 3332 Rengo Bldg., Detroit, Mich. The company will gladly send you a trial package free by mail, if you write them direct to Detroit, no free packages at drug stores. For sale and recommended in Kingston by Wade's Drug Store.

### ABSOLUTE SECURITY.

Genuine Carter's Little Liver Pills.

Must Bear Signature of *Scott's Emulsion*

See Fac-Simile Wrapper Below.

Very small and as easy to take as sugar.

**CARTER'S LITTLE LIVER PILLS.**

FOR HEADACHE. FOR DIZZINESS. FOR BILIOUSNESS. FOR TORPID LIVER. FOR CONSTIPATION. FOR SALLOW SKIN. FOR THE COMPLEXION.

GENUINE SCOTT'S EMULSION PURELY VEGETABLE.

**CURE SICK HEADACHE.**

### COAL!

The sudden changes in weather ought to suggest the wisdom of putting in some good coal. We will good coal. It is the kind that reads out the most heat, and makes the most of it. It's the best money can buy, and there is none better mined.

We deliver it to you clean and without slate, at the very bottom prices.

**Booth & Co.,**  
Phone 133. Foot of West St.

### PAIN

Pain in the head—pain anywhere, has its cause in congestion, pain is blood pressure—nothing usually. At least so says Dr. Shoop, and to cure it he has created a little pink tablet. That tablet—called Dr. Shoop's Headache Tablets—removes blood pressure away from pain centers. Its effect is charming, pleasantly delightful. Gently, though safely, it surely equalizes the blood circulation.

If you have a headache, his blood pressure. If it's painful periods with women, same cause. If you are sleepless, restless, nervous, if's blood congestion—blood pressure. That surely is a certainty, for Dr. Shoop's Headache Tablets stop it in 20 minutes, and the tablets simply distribute the unnatural blood pressure.

Brush your finger, and doesn't get red, and swell, and pain you? Of course it does. It's congestion, blood pressure. You'll find it where pain is—always. It's simply Common Sense.

We sell at 25 cents, and cheerfully recommend

**Dr. Shoop's Headache Tablets**  
"ALL DEALERS"

### Bye

With Maypole Soap

Maybe I a cake of soap that dyes and washes at the same time. A household world in England. No mess, no trouble, no uncertain result. The tired women's best friend—Economic Home Day.

**MAYPOLE SOAP 68**  
No. 40 Caber-st. for Black.  
Frank L. Bennett & Co., Montreal.

## The Merry Widow

By ALBERT PAYSON TERHUNE.

COPYRIGHT, 1908, BY HENRY J. W. SAVAGE



### CHAPTER V. To the Rescue.

NISH, who had obediently followed De Joldon and Natalie at Popoff's orders until they had entered the summer house, now wriggled forward in confusion on hearing the ambassador's voice.

"Did you call me, sir?" he asked. "I must surely did call you, Mr. Nish," cried Popoff. "And I told you I was certain I saw a lady, or, rather, a lady's skirt, disappearing into that summer house. Who was she?"

"I don't know, your excellency," tremblingly lied Nish. "You ought to know," scolded Popoff. "You were standing nearer the summer house than I was. Didn't you see her at all?"

"Yes, sir—yes, I saw her, if I may say so, but I don't know who she was. I really don't." "Was she alone?" "No, your excellency, not quite alone. There was, if I may say so—there was a gentleman with her. At least he looked like a gentleman, but I didn't recognize him either."

"Well, well, well!" chuckled the ambassador, seating himself in a garden chair and eyeing the summer house with delightful interest. "A little flirtation, eh? Gone in there to whisper sweet nothings where no one can intercept 'em. I wonder who they are! Now, I really wonder! Mr. Nish, I would not for the world have you think I am the least bit curious. But—I'll just sit here awhile, for a joke, and watch them come out. In the meantime, Mr. Nish, you might slip around to the rear of the summer house and see if there is another door. If there is, you might lock it. Understand?"

"Yes, your excellency," mumbled Nish, stepping forward. "I'll be back in a moment." "Her husband will never forgive her," she murmured, half to herself. "He will never understand that it's just a silly, harmless, sentimental talk they're having."

Memories of the ways of jealous Marsovian husbands flashed into her mind. In that primitive fatherland wives had been beaten—yes, and murdered—for less. Something must be done, and done quickly.

"Don't worry!" she consoled the terrified Nish. "Say nothing to anyone else. I'll get Mme. Popoff out of the scrape if I can."

But Popoff was gone more at the key-hole. "They're standing up to go," he reported. "Now she's beginning to face this way. It's— Oh, good Lord!"

The poor old man staggered away from the door as though struck between the eyes. Reeling to a chair, he collapsed and buried his face in his hands. "No, no! It can't be! It can't!" he moaned. "And yet I could hardly be mistaken. My wife! And—"

"Brace up, your excellency!" entreated Danilo in genuine distress. "Pull yourself together. There are people coming along the walk. Don't make a scene. Perhaps you were mistaken."

"No; I saw her!" groaned Popoff. "My own wife and De Joldon! And he kissed her hand." "Oh, I dare say she was more kissed against than kissing!" Danilo observed consolingly. "But be careful, sir. A whole lot of people are within earshot."

"Then let them know the worst!" cried Popoff in a voice that brought a number of guests hurrying to the spot. "I'll denounce her before them all! Come out of there," he bellowed, rushing forward, "both of you! Come out!"

He threw the summer house door wide open and shrank back, incredulous, aghast. On the threshold stood De Joldon and—Sonia!

"What—what does this mean," gurgled the confused ambassador, "this—this change and—"

"Yes, called to us to come out," returned Sonia calmly. "May I ask what you wanted of us?" "Sonia!" gasped Danilo. And through the confusion of many excited voices she heard him and thrilled to the note of anguish in his half stifled cry.

"If—if it was you who were in there with M. de Joldon," stammered Popoff, "where is my wife?"

machine made merriment they solemnly believe to be a part and parcel of true Parisian life. On the night of Sonia's garden party one group of men and women who entered the jolly restaurant were so different from the usual habitués of the place as to come in for not a few amused glances from their neighbors. They were Mme. Natalie Popoff, Mme. Nova Kovitch and Casca and Et. Briocha. The visit was Natalie's idea.



She had heard Danilo's wild speech of goodby to Sonia and his announcement that he was off to Maxim's. Hence the ambassador's wife, with a feeble yearning to atone in some way for the false position into which the widow had been thrust for her sake, had resolved to follow in the hope of securing a word in private with Danilo and setting matters right again.

Natalie had not confided her plan to her husband, and now as the party were ushered to a secluded table in an alcove she glanced at the riotous scene about her with a delighted nervousness. The delight vanished suddenly, however, and the nervousness waxed smote upon her ear.

Popoff had just come in and was standing not ten feet away from the secluded table where his wife sat trembling. "I want to see Prince Danilo at once," he said to the head waiter. "Has he arrived?"

"Not yet, sir," was the reply, "but he will be here very soon. There is a supper party waiting for him over there," waving to a tableful of gayly appareled girls with tired eyes. "Really!" exclaimed the ambassador. "I'll just join them till he comes."

He toddled off to the distant table, where, to Natalie's jealous eye, he seemed to make himself at home with a phenomenal ease and quickness. He was scarce seated when Danilo strode in. The whole table rose to give the prince noisy greetings.

"Why, hello, your excellency!" cried Danilo. "This is queer company for a monument of respectability like yourself to wander into!"

(To be Continued.)



After the game—after any violent exercise or whenever you are overheated—don't drink ice water plain. It merely aggravates thirst and is apt to upset the stomach.

## "MONTERRAT" Lime Fruit Juice

in the form of a delicious limeade, cools, refreshes and satisfies. It is the ideal thirst quencher—mixes with everything (except coffee).

Order by name—"Montserrat." Canadian Agents: NATIONAL DRUG AND CHEMICAL CO. OF CANADA LIMITED.

### You shake down the ashes—not the coal—in the "Hecla" Furnace

There are four grate bars in the "Hecla" Each one can be shaken separately.

You don't have to shake the whole fire to get out the ashes around the edges of the firepot. You don't shake down a lot of good coal with the ashes. You don't have to use a poker at all.

The "Hecla" Triangular Bar Grate allows you to shake just the part of the fire where the ashes are, without disturbing the rest of the coals.

Naturally, one grate is easier to shake, than four all geared together. That is why people find the HECLA "no trouble to look after."

Fused Joints—a patented "Hecla" feature—keep the house free of gas, smoke and dust.

Write for free copy of our new catalogue which describes these and other special features.

**Clare Bros. & Co. Limited, Preston, Ont.**  
KINGSTON AGENTS: ELLIOTT BROS.

### Synopsis of Canadian Northwest HOMESTEAD REGULATIONS.

A NY even-numbered section of Dominion Lands in Manitoba or the Northwest Provinces, excepting 8 and 20, not reserved, may be homesteaded by any person the sole head of a family, or male over 18 years of age, to the extent of one-quarter section, of 160 acres, more or less.

Application for homestead entry must be made in person by the applicant at a Dominion Lands Agency or Sub-agency. Entry by proxy may, however, be made in an Agency on certain conditions by the father, mother, son, daughter, brother or sister of an intending homesteader.

An application for cancellation must be made in person. The applicant must be eligible for homestead entry.

DUTIES.—(1) At least six months' residence upon and cultivation of the land in each year during the term of three years.

(2) A homesteader may, if he so desires, perform the required residence duties by living on farming land owned solely by him, not less than eighty (80) acres in extent, in the vicinity of his homestead, joint ownership in land will not meet this requirement.

(3) If the father (or mother, if the father is deceased) of a homesteader has permanent residence on farming land owned solely by him, not less than eighty (80) acres in extent, in the vicinity of the homestead, or upon a homestead entered for by him in the vicinity, such homesteader may perform his own residence duties by living with the father (or mother).

(4) The term "vicinity" in the two preceding paragraphs is defined as meaning not more than nine miles in a direct line.

### SYNOPSIS OF CANADIAN NORTHWEST MINING REGULATIONS.

COAL.—Coal mining rights may be leased for twenty-one years at an annual rental of \$1.00 an acre. Not more than 2,500 acres can be leased to one applicant. Royalty, five cents per ton.

QUARTZ.—A person eighteen years of age and over having made a discovery may locate a claim 1,500 feet by 1,500 feet. Fee \$5.00. At least \$100.00 must be expended on the claim each year, or paid to the Mining Recorder. When \$500.00 has been expended on paid and other requirements complied with, the claim may be purchased at \$1.00 an acre.

PLACER MINING CLAIMS generally, 100 feet square. Entry fee, \$5.00.

DREDGING.—Two leases of five miles each of a river may be issued to one applicant for a term of 20 years. Rental, \$10.00 a mile per annum. Royalty, 2 per cent after the output exceeds \$10,000.

W. W. CORY,  
Deputy of the Minister of the Interior,  
N.B.—Unauthorized publication of this advertisement will not be paid for.

## THE CANADIAN BANK OF COMMERCE

HEAD OFFICE, TORONTO ESTABLISHED 1867

B. E. WALKER, President Paid-up Capital, \$10,000,000  
ALEX. LAIRD, General Manager Reserve Fund, 5,000,000

Branches throughout Canada, and in the United States and England

COUNTRY BUSINESS Every facility afforded to farmers and others for the transaction of their banking business. Sales notes will be cashed or taken for collection.

BANKING BY MAIL Accounts may be opened by mail, and monies deposited or withdrawn in this way with equal facility.

**KINGSTON BRANCH,**  
CORNER OF KING AND PRINCESS STS.  
P. C. STEVENSON, Manager.

## COWAN'S PERFECTION COCOA

Health in every cup of

Very nutritious and very digestible. Give it to your children and drink it yourself.

**THE COWAN CO., Limited, TORONTO**

## OXFORDS FOR MEN.

Pat. Colt Skin, narrow and wide toe, natty last, lace, \$5.00.  
Pat. Colt Skin, narrow and wide toe, natty last, button, \$5.00.  
Pat. Colt Skin, medium toe, natty last, lace, \$4.50.  
Gun Metal Calf Blucher, narrow toe, natty last, \$5.00.  
Gun Metal Calf Blucher, wide toe, natty last, \$4.50.  
Tan Calf Blucher, narrow toe, natty last, \$5.00.  
Tan Calf Blucher, wide toe, natty last, \$5.00.  
Chocolate Tan Blucher, wide toe, \$4.00.  
Pat. Colt Skin Blucher, medium toe, \$4.00.

**REID & CHARLES**  
111 PRINCESS ST. KINGSTON.

## GASOLINE 18c. PER GALLON.

Put in your tank at our dock.

Spark Colls, Spark Plugs, Columbia Dry Batteries, etc. in stock.

REPAIRS PROMPTLY MADE.

**Selby & Youlden, Ltd.**  
Kingston Foundry, E.

## American Oils

Coal Oil Lubricating Oils Gasoline

We make a specialty of handling Lubricating Oils of all kinds. Prices on application.

**W. F. KELLY & CO.,**  
South Cor. Ontario and Clarence.

## Kingston Business College

Limited, head of Queen street, CANADA'S HIGHEST GRADE business school. Bookkeeping, shorthand, typewriting, telegraphy, and all commercial subjects thoroughly taught by competent experienced teachers. Day and night classes. Enter at any time. Rates very moderate. Phone, 640.

H. F. MORTON, President.  
J. E. CUNNINGHAM, Secretary.

When looking for a policeman look in the safe places first.

### Baby's Own Soap

Best for Baby, best for you. Avoid substitutes.

Albert Soaps Ltd. Mfgs., Montreal.

Try "Albert" Tale-Foist Scented and antiseptic.

### CHAPTER VI. At Maxim's

MAXIM'S after midnight—the show restaurant whither sightseeing Americans and other tourists flock and whose dizzy