

**TRAVELLING.**  
**KINGSTON & PEMBROKE RAILWAY**  
 IN CONNECTION WITH  
**Canadian Pacific Railway**  
**Dominion Day**  
 Round Trip Tickets will be sold at  
**SINGLE FARE**  
 Good going June 30th, and July 1st.  
 Good for return until July 2nd, 1908.

**HOMESEEKERS' EXCURSION**  
 To Manitoba, Saskatchewan and Alberta.  
 Good to go June 23rd, July 7th, and 21st, Aug. 4th and 18th.  
 Tickets good to return in 60 days.  
 Full particulars at K. & P., and C. P. R. Ticket Office, Ontario St., Phone, 50.  
**F. CONWAY,**  
 Gen. Pass. Agent.

**BAY OF QUINTE RAILWAY**  
 Trains leave union station, Ontario street, 4 p.m. daily (Sundays excepted, for Tweed, Sydenham, Napawa, Deseronto, Bancroft and all points north. To secure quick despatch to Bancroft, Bay, Maynooth, and points on Central Ontario, route your shipments via Bay of Quinte Railway. For further particulars, apply to H. W. DICKSON, Agent, Phone, No. 8.

**SUMMER OUTINGS**  
 Lower St. Lawrence  
 Gaspé Peninsular  
 Maritime Provinces  
 All reached by the

**INTERCOLONIAL RAILWAY**  
 (Excellent Dining and Sleeping Car equipment).

**Fishing, Bathing, Boating, Shooting.**

Writs for "TOURS TO SUMMER HAUNTS," quoting special rates for special tours, and other pamphlets describing territory.

**Montreal City Office,**  
 141 St. James Street.

General Passenger Department,  
**MONCTON, N.B.**

**GRAND TRUNK RAILWAY SYSTEM**

**DOMINION DAY, 1908**  
 Round trip tickets will be sold at  
**Single First-Class Fare**  
 Good going Tuesday and Wednesday, June 30th and July 1st, returning on or before Thursday, July 2nd.

**NEW ONE FARES TO THE CANADIAN NORTHWEST** via Chicago and St. Paul.

Winnipeg, Man.	1st Class	2nd Class
Brandon, Man.	\$21.00	\$21.00
Regina, Sask.	\$24.00	\$23.00
Edmonton, Alta.	\$39.00	\$27.50
Edmonton, Alta.	\$52.00	\$37.50

And proportionate rates to all points in the Canadian Northwest.  
**HOMESEEKERS' EXCURSIONS** to the Canadian Northwest via Chicago and St. Paul, good going June 23rd, July 7th and 21st, Aug. 4th and 18th, good to return within 60 days.  
 For pullman accommodation, tickets and any other information apply to  
**J. P. HANLEY, Agent,**  
 Cor. Johnson and Ontario Sts.

**Quebec Steamship Company LIMITED.**

**River & Gulf of St. Lawrence**  
 Summer Cruises in Cool Latitudes

Two Screw Iron SS. "Campana," with electric lights, electric bells and all modern comforts.  
**SAILS FROM MONTREAL ON MONDAYS,** at 4 p.m., 29th June, 13th and 27th July, 10th and 24th August, 7th and 21st September, for Pictou, N. S., calling at Quebec, Gaspé, Mal Bay, Percé, Grand Haven, Sanguinette, P.E.I., and Charlottetown, P.E.I.

**NEW YORK FROM QUEBEC**  
 Calling at Charlottetown and Halifax, S.S. Trinidad, 2,000 tons, sails from Quebec 25th July, 8th and 22nd August.

**Bermuda**  
 Summer Excursions, \$10 and upwards, by the Twin Screw SS. "Bermudian," 5,500 tons. Sailing fortnightly from New York, from 2nd June to 5th October. Temperature cooled by sea breezes seldom rises above 80 degrees. The finest trips of the season for health and comfort.  
**ARTHUR ALBERRY, Secretary, Quebec.**  
 For tickets and staterooms apply to J. P. HANLEY, or C. S. KIRKPATRICK, Ticket Agents, Kingston Ont.

**Lake Ontario & Bay of Quinte Steamboat Co. LIMITED.**  
**KINGSTON, ROCHESTER, 1,000 ISLANDS.**

**Str. NORTH KING.**  
 Commencing May 31st, leaves Kingston for Thousand Island points on Saturdays at 10:15 a.m. Returning leaves at 6 p.m. for Charlotte, N.Y. (Port of Rochester), calling at Bay of Quinte Point. Service will be daily except Monday, commencing June 27th.  
**ST. ALBERTA**—Leaves daily except Sunday for Bay of Quinte Point, at 2 p.m.  
 Full information from JAMES SWIFT & Co., Freight Agents, J. P. HANLEY, or C. S. KIRKPATRICK, Ticket Agents.

**Wm. Murray, Auctioneer**  
 27 BROCK ST.  
 New Carriages, Cutters, Harness etc., for sale.  
 Sale of Horses every Saturday.

**NOW I AM WELL**  
 THANKS TO "FRUIT-A-TIVES"



I wish to state, for the sake of others who may be sufferers like I was, that I suffered from severe indigestion and constipation for years and that there was also much trouble with unpleasant pains in my back which made me miserable, constantly. I tried physicians and took many remedies but I got no relief. It was indeed a very "Fruit-a-tives" and I can truly say this was the first medicine that ever did me any good. "Fruit-a-tives" quickly relieved the constipation and indigestion and completely cured me of all symptoms of womb trouble. I cannot express too strongly my great gratitude to this medicine as I am as well now in every way as ever I was, thanks to "Fruit-a-tives". I can strongly recommend "Fruit-a-tives". It is easy to take and the effect is always mild like fruit.  
 (Sgd) MRS. M. BRELAND, 148  
 Many women suffer with what the doctors call "Womb Trouble"—"Disordered Ovaries"—"Female Complaints" etc.—when Constipation is causing all the pain. Cure the liver and make the bowels move regularly with "Fruit-a-tives" and the "Womb Trouble" will be cured at the same time.  
 "Fruit-a-tives" or "Fruit Liver Tablets" are sold by dealers at cost a box—6 for \$2.50—or will be sent on receipt of price. Fruit-a-tives Limited, Ottawa.

**FRENCH FANS**

There is something new and dainty in our stock of Imported French Fans.  
 We especially call your attention to one with Silk Lace and Hand-Painted, which sells at \$4.75.  
 Others with Cut-Steel and Lace range in price from \$2 up to \$10.

**Kinnear & d'Estorre**  
 Jewellers  
 100 Princess St., Kingston.

**GASOLINE**  
 20c. PER GALLON

Put in your tank at our Dock. We always have in stock Spark Coils, Spark Plugs, Columbia Dry Batteries, etc.  
 Repairs promptly attended to.

**Selby & Youlden, Ltd.**  
 Kingston Foundry.

**Home Grown Asparagus**  
**Dunbar's Cucumbers & Tomatoes**  
**Canadian Strawberries**  
**Table and Whipping Cream.**  
**A. GLOVER'S,**  
 Cor. Bagot and Earl Sts.

**ALLAN Royal Mail LINE**  
 Montreal to Liverpool  
 Corsican sails June 26, July 21, Virginia sails July 5, July 31, Trinidad sails July 19, Aug. 1, MONTREAL TO HAVRE AND LONDON.  
 Parisian sails June 27, Sept. 25, Sardinian sails July 14, Aug. 15.  
 Rates of passage and full information may be obtained from J. P. HANLEY, Agent G.T.R., or C. S. KIRKPATRICK, Local Agents.

**STEAMER WOLFE ISLANDER**  
 LEAVES WOLFE ISLAND—  
 MON. 7:30-9:15 a.m. 1:00-4:00 p.m.  
 TUES. 7:30-9:15 a.m. 1:00-4:00 p.m.  
 WED. 7:30-9:15 a.m. 1:00-4:00 p.m.  
 THURS. 7:30-9:15 a.m. 1:00-4:00 p.m.  
 FRI. 7:30-9:15 a.m. 1:00-4:00 p.m.  
 SAT. 7:30-9:15 a.m. 1:00-4:00 p.m.  
 SUN. 9:15-12:30 a.m. 5:00 p.m.  
 LEAVES KINGSTON—  
 MON. 8:00-11:30 a.m. 3:00-5:30 p.m.  
 TUES. 8:00-11:30 a.m. 3:00-5:30 p.m.  
 WED. 8:00-11:30 a.m. 3:00-5:30 p.m.  
 THURS. 8:00-11:30 a.m. 3:00-5:30 p.m.  
 FRI. 8:00-11:30 a.m. 3:00-5:30 p.m.  
 SAT. 8:00-11:30 a.m. 3:00-5:30 p.m.  
 SUN. 9:45 a.m. 1:15-3:30 p.m.  
 Sat.—Special trip to Simons Island and Spencer's dock, at 5:30 p.m.  
 Time Table subject to change without notice.  
 Box calls at Garden Island going to and from Kingston.

**NEWS OF NEIGHBORS**

**WHAT WHIG CORRESPONDENTS TELL US.**

**The Tidings From Various Points in Eastern Ontario—What People Are Doing And What They Are Saying.**  
**Had Arm Broken.**  
 Ferguson's Falls, June 22—John Rothwell, of this place, has left for Winnipeg, where he intends to spend the summer. Miss Josephine McCaffery, New York, is visiting friends here. Joseph Murphy, Wolfe Island, visited his sister, Mrs. Michael Gray, here, last week. John Gemmill, Lark, was seriously hurt, last week, while boring a block. The auger caught his shirt sleeve, twisting it up and breaking his arm in three places. Mrs. M. J. McCann, Carleton Place, spent Sunday with her mother, Mrs. John Quinn, of this place.

**Rockport Reports.**  
 Rockport, June 23.—Mr. and Mrs. A. Carnegie, Rapid City, Michigan, were guests of his brother, John Carnegie, Sunday last. Mrs. C. Cornell is spending a few days at her Gouverneur home. Miss Alice Fairman is spending her vacation at her home in Belleville. Mrs. A. Spearman and little daughter, Elsie, returned to her home at Clayton, N.Y., her father, R. Williams, accompanying them. Dr. and Mrs. LeFevre, New York, have arrived at their summer home, Wick-Wick Point. Mr. and Mrs. John Dickey spent Sunday at Malorytown. John Fitzsimons, attending school at Gananoque, is spending his vacation at home. Mrs. Lynn Patterson has returned home after spending a few weeks at Saratoga Springs, N.Y.

**Shot A Bear.**  
 Lombardy, June 23.—Miss Mary Balle, nurse-in-training at St. Luke's hospital, Newburgh, N.Y., is at her home in South Elmley, for a few weeks' holidays. Miss Gertrude Balle leaves next week to resume her duties at St. Luke's, her holiday term being over. Master Vincent Ryan, Brooklyn, N.Y., is here to spend the summer vacation with his grandparents, Mr. and Mrs. Paul Ryan. A large number from this vicinity attended the Cole Bros. circus in Smith's Falls last Saturday. Last week, on William Lawson's farm, a few miles from here, Mr. Lawson's dogs treed what their owner thought was a raccoon, but which, on investigation, proved to be a bear. A rifle was soon procured, and the animal shot. It weighed over 200 pounds.

**Back To School.**  
 Chadley's Locks, June 22.—The farmers of this vicinity were pleased with the recent shower of rain. The many friends of Miss M. E. Fleming are pleased to hear she is able to resume her school duties again after her illness. Born, on June 21st, to Mr. and Mrs. J. W. Simmons, a son. The steamer "Hudson" will be passing through here on her first trip to-day. The statute labor is being performed this week under the supervision of J. W. Simmons. Mr. and Mrs. G. Whistler, Youngstown, arrived, to-day, to spend the summer at the Spinnock Club House. The funeral of Mrs. Brady's children, at Phillipsville yesterday. The family have the sympathy of this neighborhood. W. Murphy, Brewer's Mills; Miss Fowler, Kingston Mills, spent a few days of last week with Miss M. E. Fleming.

**Trevelyan Tidings.**  
 Trevelyan, June 22.—Farmers are busy and everything points to a bountiful harvest. Archbishop Gauthier administered confirmation to a number of children on the 15th and delivered a very impressive sermon. Mrs. Patrick Flood has recovered from her recent illness. Miss Ethel Shea, Brockville, spent the past week at the home of her grandmother, Mrs. M. Leeder. Mr. and Mrs. E. J. Leeder have taken up residence in their new home, which is one of the finest in the vicinity. L. P. Shortall, Brewer's Mills, spent the week-end at P. Flood's. Messrs. F. Foddy, Outart, and M. J. O'Grady, Warburton, and Mrs. J. O'Grady, Warburton, and Mrs. Nellie Fudson, Summit, N.J., are renewing acquaintances here. Among the recent visitors were: Mr. and Mrs. T. D. McNamee and Mr. and Mrs. Frank Giffin, Lansdowne; Mr. and Mrs. M. Heffernan and Mr. and Mrs. T. Ronen, Athens; John Lappan, Melcombe.

**Picnics Are Frequent.**  
 Point Traverse, June 22.—We had a shower on Friday night, though we need a heavy rain for meadows very much. Miss Valeria Spafford has a new organ. Mrs. Preston is regaining her health under the care of Dr. Hoaslip. Mrs. A. Bongard has a new wheel, so has N. Farrington and E. Minaker. Picnics are quite frequent at the Point. Mr. and Mrs. D. Wood spent a day recently at Manly Duet-ta's. C. Williams, Cressey, and Mrs. Gallagher visited at Peter Bongard's on Sunday. Some cattle pasturing at the Point are dying off. Earle Collier and Herb Young are out fishing at the Point. A lot of boats are stationed at the Point; Wesley Whattam with his motor the Ariel; H. Bongard with his motor Skipper; Arthur Bongard with steamer Helen; M. Spafford, with sail boat Mattie; H. Thompson with the Gasey; Mr. Vevee with his motor Crome and new motor the vixen, also a few others. Fishing is grand just now. Mrs. Debby Wood is visiting at J. D. Collier's.

**To Wed Out West.**  
 Westbrook, June 21.—Everything looks prosperous since the last rain. James Ewing has returned to his home in Carleton Place, after having spent a week in this vicinity. Mrs. M. J. Smith, Toronto, Miss Allen and Dr. D. J. Smith, Napawa, and Mrs. Van-laven, Colliers Bay, spent Tuesday at G. Smith's. Rev. Father Hanley and his brother, Dr. R. Hanley, were at D. Sheehan's on Tuesday. Miss Lizzie Smith, seriously ill, is improving. W. S. Shane and G. Gates have returned home after a pleasant trip to New Ontario. A popular young lady of the village will leave next week for Cal-

gary, where she will wed a wealthy farmer. Mr. and Mrs. D. J. Crank, Long Lake, were recent visitors in this vicinity. Mr. and Mrs. Moore, of Pictou, spent Sunday with their daughter, Mrs. S. Christopher. Miss Erina Valbeau is spending this week with friends at Moscow.

**Death of David Sears.**  
 Inverary, June 23.—A sad death occurred at the Hotel Dieu, on the 15th, when David Sears, a life-long resident of this place, passed peacefully away. His remains were brought here for burial. The service was conducted by Rev. J. Roadhouse, in the Methodist church, after which the remains were taken to Latimer and placed beside those of his mother, who died but two years ago. His clove has a very large number of men are at work on T. Arthur's barn. Earl Lake and Miss Ada Holder visited at W. R. Tolls, on Sunday. The continual drought is beginning to tell on the crops in this vicinity. Farmers are in considerable corn. Every person is anxiously looking for the better waggons, which supply the fresh meat. Mrs. J. Ferguson has recovered from her late illness, as has also Miss Maggie Denue. The dance at Arthur's grove was attended by a very large crowd. We welcome Rev. J. Roadhouse back for another year. Elmer Shepherd is home again. The remains of the late Mrs. Smith, Lough-boro, passed through here on Sunday.

**THE SPORT REVIEW.**  
**Interesting News From the Various Sporting Fields.**  
 Toff, the well-known ex-Toronto catcher, has been appointed to the Eastern League umpiring staff.  
 Uncle Toby was the largest money earner at Hamilton among the batters with \$1,350 to his credit. Cave Adams got \$1,400; Please, \$1,000, and Night Mist, \$1,000.  
 A Melbourne syndicate has arranged a match between "Bill" Lang, the champion of Australia, and "Tommy" Burns, the Canadian champion pugilist, during the week the United States fleet is there.  
 The Toronto News produces a snapshot of "Chaucer" Elliott, coach of the Montreal lacrosse team, which was defeated by the Tegucseles on Saturday, sitting with a cigar in his mouth, watching the game "haucer" is a well-known figure in Toronto.  
 A Canadian Associated Press cable says that the British Olympic council has not yet considered the entry of "Tom" Longboat for the Marathon race, which disposes of the New York story that the entry had been refused. A refusal to allow Longboat's withdrawal of all the C.A.A.U. candidates for the other games.  
 Pittsburgh Dispatch: Hans Wagner, during his twelve years in last company, has achieved many records, but one that was last sight of until Jimmy Long delivered in his book was that Wagner has made nearly 2,000 base hits. His record at present is 1,999. No other player has made so many hits during his career in professional company.  
 J. Sandilands, aged eighty-one years and now bowling his sixtieth successive season, received a tremendous ovation on the North London green for his brilliant play throughout the Whitsuntide tournament, says a London paper. Starting at eleven o'clock the veteran was still bowling when darkness caused the honors to be given to the other bowlers.  
 Mr. Brady's children, at Phillipsville yesterday. The family have the sympathy of this neighborhood. W. Murphy, Brewer's Mills; Miss Fowler, Kingston Mills, spent a few days of last week with Miss M. E. Fleming.

**TO THE PUBLIC.**  
 We Are Agents For Parisian Sage, and We Know the Guarantee is Genuine—G. W. Mahood.  
 Parisian Sage, the quick-acting hair restorer, is guaranteed—  
 To stop falling hair,  
 To cure dandruff,  
 To cure itching of the scalp,  
 To put life into faded hair,  
 To make harsh hair, soft and luxuriant.  
 To make hair grow, or money back.  
 It is the most delightful hair dressing made, and is a great favorite with ladies who desire beautiful and luxuriant hair. Price 50c. a large bottle at G. W. Mahood, or by express, all charges prepaid, from Groux Mfg. Co., Fort Erie, Ont.

**THE WHIG'S JUMBLE.**  
**Tells About a Lot of Things in Short Metre.**  
 See Bibby's \$1 outing shirts. A fat purse makes a good deal more than a slight difference.  
 See Bibby's special \$1 shirts. Some men try to dodge the issue when they find what they are looking for.  
 See Bibby's \$1 negligee shirts. Toilet powders, beautiful assortment, at Gibson's Red Cross drug store.  
 In writing a love letter a man should remember that it may come home to roost.  
 Bibby's \$1 shirts are favorites. Some one asks why babies cry. Perhaps it is because they don't know how to swear.  
 Offer a girl who will let a young man kiss her doesn't want to let him know that she will let him.  
 Bibby's, the shirt store.  
 Vancouver's population, according to the city directory, which will be issued shortly, is 55,000.  
 Try Bibby's 3c. fancy hosiery. The wise guy who knows which shell the little pea is under is usually the first to yell when stung.  
 A man's good reputation may be due to the fact that people are not on his case.  
 Dispensed in polished glasses, the soda water at Gibson's Red Cross drug store fountain.  
 Ever notice how many things there are in the shop windows that you have no earthly use for?  
 Bibby's \$1.50 pajamas are swell. Probably from the viewpoint of the man in the moon a balloon doesn't come up to his expectations.  
 "West India Toffee" for campers. Put up in tin boxes. Sold in Kingston at Gibson's Red Cross drug store.  
 Never call an aggressive man a liar to his face. Use a long distance phone and break the news to him gently.  
 Try Bibby's \$1.50 pajama suit. A married woman's idea of a satisfactory compromise is to have her husband agree to do just what she wishes him to do.  
 See Bibby's special 5c. underwear. Hayer's and McKinley's high class candy sold in Kingston only at Gibson's Red Cross drug store. Phone 230.

**Kingston and Ottawa.**  
 Steamers of the Rideau Lakes Navigation Company leave for Ottawa, Monday, Wednesday, Thursday and Saturday, at 6 a.m.  
**Men's Fine Straw Sailors.**  
 50c. on. Extra special values, \$1, \$1.50, \$2, at Campbell Bros.

**GANANOQUE TIDINGS.**

**Boy Had Bone in Right Hand Fractured.**  
 Gananoque, June 21.—The steamer New Island Wanderer has started on her regular route, leaving here about eleven a.m. and returning about 3:30 p.m. She took out quite a nice crowd for a searchlight excursion to Clayton last evening.  
 The young son of Mr. and Mrs. W. H. Britton had the misfortune, while scuffling with some of his playmates at school, to have one of the small bones in his right hand fractured.  
 The coal schooner Britton, with a cargo for the Seranton Coal company, came to anchor at Britton's wharf last evening and is now unloading.  
 W. J. Beile, has rented for store lately vacated by Mooney & Sons, grocers, and purposes opening up a meat business.  
 James Donevan, Victoria avenue, has purchased a motor launch from Geo. Potter, of Echo Lodge. Councillor Donevan will now be in line with the other motor boat owners and will strengthen Gananoque's rapidly growing fleet.  
 An English family named Bartlett, consisting of Mr. and Mrs. Bartlett and six children, residing for some time past on River street, left to-day for Montreal, where they will sail shortly for their home in England. Mr. Bartlett's health has failed during the year or more he has been in Canada. He has been unable to work for some time past and a fund was started to provide the family with their passage money and it was most liberally contributed to by the townspeople.  
 The high school closed yesterday afternoon to give place for the holding of the entrance and departmental examinations. A large number of students from the surrounding townships have arrived here to write on the entrance exams, which start to-day.  
 Rev. Joseph Cornell, who for the past three years has most satisfactorily filled the pastorate of Gananoque East circuit, in company with his eldest son, William Cornell, left for his new station at Harrowsmith yesterday morning. Mrs. Cornell and daughter, Miss Maud Cornell, and two sons, Charles and Howard, will remain here until the finish of the school examinations. Freeman and Ross Crouch; sons of Mrs. William Crouch, Princess street, have left for Port Arthur, where they have secured employment.  
 The family of Prof. Nichols, of Ithaca, N.Y., have taken possession of their summer residence, near Dora's Dale, a few miles west of the town. Prof. Nichols is expected in the course of a few weeks. Mr. and Mrs. W. M. Bass, of Newboro, spent some time during the past few days with friends in town.

**WE'VE A GRIP ON THE SHOE TRADE.**  
 We hold our trade by force of merit. We make it advantageous to buy Shoes here.  
 Our Shoes are trade keepers.  
 There is a difference between shoes that are trade keepers and shoes that are trade winners.  
 A trade winning shoe is a shoe sold for a little money—a cheap shoe that gives no satisfaction it was trade just once. Trade Keeping Shoes are shoes that give the buyer full value for his money, look well, fit well, and wear well. We sell only good Standard Shoes. We stick to them and people stick to us, and by this method we KEEP OUR GRIP on the Shoe Trade.  
 If you want a large measure of satisfaction for your shoe money, come to the store where nothing but good shoes are sold.

**J. H. SUTHERLAND & BRO.,**  
 The Home of Good Shoes.

**REFRIGERATORS!**  
 We have still in stock 14 REFRIGERATORS which we now offer at the following Bargain Prices:

	Regular	Bargain Price
2 Galvanized lined	\$ 8.00	\$ 6.40
2 " " "	8.75	7.00
2 " " "	12.00	9.60
2 " " "	15.00	12.00
1 " " "	18.00	14.40
1 " " "	17.00	13.60
1 " " "	23.00	18.40
1 Enamel lined	25.00	20.00
1 Glass	30.00	24.00

**CRESCENT WIRE WORKS**

See our Garden Border, 7c. and 10c. ft., also Manufacturers of Fencing, Wireguards, Railings and Wire Goods of all kinds.  
**King St. West,**  
 Opposite Hospital.  
 Telephone, 380.

**SPECIAL NOTICE.**

**To the Ladies of Kingston:**  
 I have removed to the former Board of Education rooms, Montreal street, corner Princess. Remember the place.  
**J. ROSEN,**  
 LADIES' TAILOR.

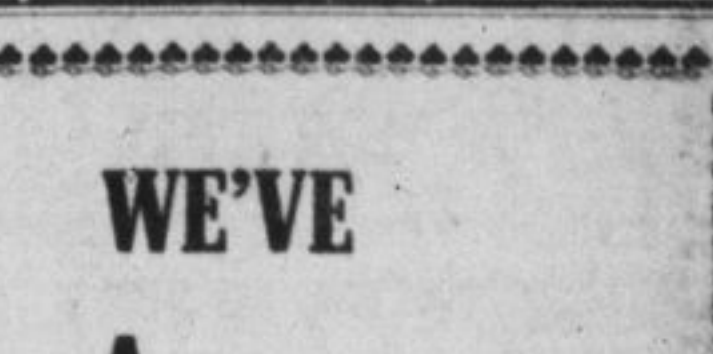
**BEST SHORT STOP CURES ALL COUGHS**  
 ALWAYS.  
 AND COSTS BUT 15¢

**"JUST IT."**  
 For the Breakfast on a cold morning a hot slice of "Just It" Ham, and a slice of "Just It" Eggs, at MYERS', 60 Brock Street, Phone, 519.

**Constipation is Caused by Cathartics**

Any harsh physic—any physic that gripes—irritates the bowels. That is how salts and cathartics get their effect. They act as pepper acts in the nostrils—causing the juices to flow.  
 But the bowel lining—like the skin—grows calloused under constant irritation.  
 The bowels then cease to supply their own laxative. You need physic all the time. As the bowels grow harder you need larger doses.  
 That is chronic constipation.  
 That is how constipation is caused—by the efforts of Nature to resist a harsh physic.  
 The way to cure it is to use a natural laxative—dainty and gentle. That's Cascarets.

If the bowels are calloused, take one Cascaret twice a day for a time. But you'll need them less and less. They will soon bring back the natural functions. Then you won't need them at all!  
 But when the bowels again need temporary help, don't attack them in a way sure to cause constipation.  
 Cascarets are candy tablets. They are sold by all druggists, but never in bulk. Be sure to get the genuine, with C.C.C. on every tablet. The box is marked like this:



**WE'VE A GRIP ON THE SHOE TRADE.**  
 We hold our trade by force of merit. We make it advantageous to buy Shoes here.  
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 There is a difference between shoes that are trade keepers and shoes that are trade winners.  
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2 " " "	15.00	12.00
1 " " "	18.00	14.40
1 " " "	17.00	13.60
1 " " "	23.00	18.40
1 Enamel lined	25.00	20.00
1 Glass	30.00	24.00

**This Special Sale for Cash Only.**

**McKELVEY & BIRCH,**  
 69 and 71 BROCK ST.

**FRESH STRAWBERRIES**  
 ARRIVING DAILY

**LATE VALENCIA ORANGES**  
**Extra Choice Seedless Lemons.**

**R. H. TOYE, 302 King St**

**The St. Lawrence Sugar Refining Co., Ltd**  
 MONTREAL  
 Manufacturers of the choicest  
**REFINED SUGARS**  
 Granulated and Yellows. Made entirely from Cane Sugar. Be sure you ask for "St. Lawrence."  
 D. STEWART ROBERTSON & SON, Agents for Eastern Ontario.