

TRAVELLING.
Kingston & Pembroke
Railway Company.

Notice.

Commencing MONDAY, June 15th, No. 1 train will leave Kingston at 12 noon instead of 12.10 as at present. No. 2 train will arrive at Kingston 3.55 p.m. instead of 3.45 as at present. There will not be any change in the arrival or departure of other trains.

F. CONWAY,
Gen. Pass. Agent.

BAY OF QUINTE RAILWAY

Train leaves union station, Ontario street, 4 p.m. daily (Sundays excepted) for Tweed, Bydesham, Knapton, Deseronto, Bancroft and all points north. To secure quick dispatch to Bancroft, Maynooth, and points on Central Ontario, route shipments via Bay of Quinte Railway. For further particulars apply to R. W. DICKSON, Agent, Phone, No. 5.

SUMMER OUTINGS

Lower St. Lawrence
Gaspé Peninsular
Maritime Provinces

All reached by the

INTERCOLONIAL RAILWAY

Excellent Dining and Sleeping Car equipment.

Fishing, Bathing,
Boating, Shooting.

Write for TOURS TO SUMMER HAUNTS, quoting special rates for special tours and all pamphlets describing territory.

Montreal City Office,
141 St. James Street.

General Passenger Department,
MONTREAL, N.B.

GRAND TRUNK RAILWAY SYSTEM

DOMINION DAY, 1908

Round trip tickets will be sold from Kingston to all stations in Canada and to Detroit and Port Huron, Mich., Buffalo, Black Rock, Niagara Falls, Suspension Bridge, Houses Point and Massena Springs, N.Y., Island Pond and Swanton, Vt., and intermediate stations in the United States at

Single First-Class Fare

Good Friday (Tuesday and Wednesday), June 30th and Sunday, July 1st. Good return-union or before Thursday, July 2nd, 1908.

New One-Way Fares to the Canadian Northwest Via Chicago

In effect June 14th, 1908.

	1st. 2nd.
Windsor	Class
London	Canada
Hamilton	Western
Regina	Eastern
Edmonton	Western
Calgary	Eastern
Winnipeg	Western

And all points in Canadian North-West.

For full particulars, accommodation, tickets and other information, apply to J. P. HANLEY, Agent, Corner Johnson and Ontario Sts.

Quebec Steamship Company
LIMITED.

River & Gulf of St. Lawrence
Summer Cruises in Cool Latitudes

Twin Screw Iron S.S. "Campana," with electric lights, electric bells and all modern comforts.

DEPARTS FROM MONTREAL ON MONDAY, at 4 p.m., June 13th and 27th, July 10th and 24th August, 7th and 21st September, for Pictou, N.S., calling at Quebec, Grand Mal Bay, Pictou, Grand River, St. John's, N.S., and Charlottetown, P.E.I.

NEW YORK FROM QUEBEC

Calling at Charlottetown and Halifax, N.S., Pictou, 2,500 tons, sails from Quebec 13th, and 25th, July 8th and 22nd, August.

Bermuda

Summer Excursions, \$40 and upwards by the Twin Screw S.S. "Bermuda," 5,500 tons. Sailing fortnightly from New York, from 2nd June to 26th October. Temperature cooled by sea breezes seldom rises above 80 degrees.

The finest trip of the season for health and comfort.

ARTHUR AHERN, Secretary, Quebec.

For tickets and stationery apply to J. P. HANLEY, or G. S. KIRKPATRICK, Ticket Agents, Kingston, Ont.

Lake Ontario & Bay of Quinte Steamboat Co.
LIMITED.

KINGSTON, ROCHESTER,
1,000 ISLANDS.

Str. NORTH KING.

Commencing May 31st, leaves Kingston for Thousand Island point on Sundays at 10.15 a.m., returning leaves at 8 p.m. for Charlotte, N.Y., (Port of Rochester), calling at Bay of Quinte ports. Service will be daily except Monday commencing June 27th.

For full particulars apply to J. P. HANLEY, or G. S. KIRKPATRICK, Ticket Agents.

It takes a lot of Christianity to enable a man to feel glad when he is called upon for \$10 to help repair the church.

Suffered 20 Years
"Fruit-a-lives" Cured in 2 Months



ST. RAPHAEL'S, ONT.

For over twenty years I suffered from Chronic Constipation of the bowels, and I could get no medicine to cure me. I tried doctors and every known purgative, or laxative, medicine known but I was no better. Sometimes, if I did not take medicine, I would go four or five days, without any action of the bowels. During all this time I was weak and suffered from Indigestion constantly.

About a year ago a friend advised me to try "Fruit-a-lives" as they had helped her. I began taking "Fruit-a-lives" and from the outset I began to feel better, and inside of a month the pains were almost gone and the Constipation relieved. In two months I was perfectly well again, no pains, no constipation, and my complexion had lost all that sallow appearance.

(Sgd) MARY A. McDONELL.

"Fruit-a-lives" or Fruit Liver Tablets are the only remedy known to science that actually cure Constipation. They do this by making the liver healthy and active—thus causing more bile to flow into the bowels.

"Fruit-a-lives" or "Fruit Liver Tablets" are sold by dealers at 50¢ a box for \$2.50—or will be sent on receipt of price. Fruit-a-lives Limited, Ottawa.

MAGIC SODA
E.W. GILLET COMPANY
TORONTO, ONT.

"Silver Plate that Wears"
No Other
"Just as Good"

Ask for silver plate marked
"1847 ROGERS BROS."

On knives, forks, spoons, etc., it stands for artistic beauty and quality that endures.

World by leading dealers.
Silver plates and plates that lead in elegance to the table are made by MERIDEN BRITCO.

Every Woman
is pleased and should know
of this marvelous product.

MARVEL WHIRLING SPRAY
Feminine Hygiene,
Keeps you clean and fresh.

ARE YOU DRUGGED FOR IT?
MAYBE! I enjoy the relief from my ailment, and the relief from my ailment, and the relief from my ailment.

WINSTON SUPPLY CO., Windsor, Ont.
General Agents for Canada.

MONEY IN CANARIES

Buy a pair of canaries for 10¢ each. They are the best breed, and will breed for you. They are the best breed, and will breed for you.

COTTAM BIRD SEED
52 Bathurst St., London, Ont.

"JUST IT."

For breakfast on a cold morning a hot slice of "Just It" and a cup of tea.

Strictly Fresh Eggs, at MYERS', 60 Brock street, Phone, 570.

HO, FOR A HOLIDAY!
DAILY TO KINGSTON MILLS.
The Commodious Str. Ecelewat.

WILL MAKE DAILY TRIPS TO KINGSTON MILLS, for further notice, Leaving CRAWFORD'S Wharf, foot of Princess St., 9 a.m., 2.30 and 4.30 p.m., returning, leave Kingston Mills, 10 a.m., 3.30 and 6 p.m., 3 trips each way daily, except Sundays, on Tuesdays, Thursdays and Saturdays we run a fishermen's special.

Leaving Kingston 7.30 a.m.

Round Trip Tickets 25¢, good until used for any trip. Steamers can be chartered for special parties, at reasonable rates. Skiffs towed, 25¢. Package freight also carried.

Captain, GEO. HAMMOND,
Engineer, WM. DUNGAN.

For further information address: Capt. Geo. Hammond, Princess Theatre, or at Boat, Foot of Princess St.

ALLAN Royal Mail
Montreal to Liverpool

Toronto sails	June 12, July 10,
Victoria	June 13, 21,
Cornwall	June 14, 22,
Victoria	July 3, July 31,

States of passage and full information may be obtained from J. P. HANLEY, Agent G.T.R., or G. S. KIRKPATRICK, Local Agents.

A WOMAN CLIMBER

GOING UP SHE SAYS IS VERY DELIGHTFUL

It is Not So Cheerful at the Top—
The Opinion of the Wife of a London Steeple-Jacks

It appears that there is no immediate likelihood of women steeplejacks becoming less rare, than they are at present.

In fact, steeplejacking seems likely to be one of the few occupations left in which men will not have to consider the possibility of competition by women.

This, at any rate, is the opinion of Mrs. Larkina, wife of the best-known London steeplejack, who herself made an ascent of a 170-foot chimney.

"They would never have the nerve to work one of our spires," she said. "Take my own case. Though for the first time in my life, I attempted a chimney stack, I have always been fond of heights—in the way of rocks, mountains and snow mountains.

"I always could climb like to go up a steeple after I married, but until this week I had never made an ascent, though I would dearly have loved to accompany my husband when he repaired the Nelson Column.

"It is not very often that he gets work as near home as Allan's chimney stack—170 feet high—in Canal road, Mile End, London, and so one day this week when my little boy, Willie, came from school we went down to watch the work.

"Then I was suddenly seized with the old craving to climb, too. My husband put me into the steeplejack's seat, and up I went. Will had gone a few minutes before with his father, but 90 feet was considered enough for him.

"At this height my husband suggested my returning to the ground, too, but by this time I was enthusiastic to mount higher.

"I suppose the sensation is something similar to what one would experience in a balloon.

"Gradually everything and everybody got smaller; the men calling their goods on the pavement, the women hanging out their washing in the yards, the motor cars rushing down the Mile End road.

"The sensation of steadily rising was splendid. Then I reached the top. That was the only part I didn't like.

"While the cradle was in motion it was delightful, but once it became stationary my one idea was to get down again.

"I could never work up there; I defy any woman to. Even if they were in men's dress (which would be imperative for safety's sake) no woman could keep a steeplejack. She could never keep her head."

East Indian Immigration.

Even more satisfactory than the settlement of the Hindu immigration difficulty is the method by which it has been accomplished. In this as in other matters, the British state affairs come into real or apparent contact with the most valuable of the Empire to remain characteristically Anglo-Saxon communities and give their sympathetic support. A question which at one time assumed a very serious aspect and led to rather hasty censures of Canada by a section of the British press has thus been got rid of in a way which strengthens the Imperial bond and strikingly illustrates the advantage attending consultation and co-operation on a basis of mutual confidence. Mr. Mackenzie King has discharged his delicate duties with a skill and tact that cannot but enhance his already considerable reputation as a Canadian public servant.

Silver Shipments from Cobalt.

The shipments of silver from Cobalt for the first four months of the current year were nearly double that of the same period for 1907. Fifteen mines shipped 1,817,255 tons in April, 1908. The shipments for April, 1907, only amounted to 535,315 tons. Cobalt shipped nearly three times as much in April, 1908, as it did in April, 1907.

Jan. Feb. March, April Total	1,205,379 1,715,590 1,820,791 1,535,550
950.11	903,711,027.59 533,153,444.56

Increase in tons for first four months, 3,305.45.

Canada's Task.

To become the British Empire's economic centre, Canada must turn the country to the north of us must increase in population faster than the United States has overdone. But that is not all. She must have the inland means of communication and the ships to carry her trade to the parts of the world, the construction of which would mean an unprecedented commercial activity, so says The Brooklyn Standard Union.

An Incredible Accusation.

Customer looking over his bill—
You have made two mistakes in this bill, once in your favor and once in mine.

Waiter—In your favor? Where?

A New Dairy Industry.

A company has been formed at Pictou, Prince Edward Co., to make what they believe the finest butter in the district have agreed to sell their whey to this company.

Anania's Calling.

The Dentist—Now, open wide your mouth, and I won't hurt you a bit.

The Patient (after the extraction)—Doctor, I know what Anania did for a living now.

Doulton Ware.

Vancouver, B.C., June 15.—There is a likelihood that the Doultons, whose Doulton ware has world-wide fame, may establish a pottery near here on Vancouver Island.

Is Your Stomach Uneasy?

That's the sort of feeling that provokes the merit of Polson's Nervine. It cures nausea and indigestion at once, settles the stomach, sets you up, so you feel better at once. Large bottles, 25¢, everywhere.

CHINESE WRITING.

Every Scrap of Every Kind Is Held to Be Sacred.

The Chinese hold every scrap of writing sacred, no matter what the characters express—the merest commercial message, advertisement, etc. Since Confucius used these characters to teach his wisdom they are holy.

In the average Chinese community all letters and waste papers are laid away in a clean receptacle to await the collector, who appears at regular intervals to transfer the waste papers to the sacred furnace. If the papers were burned by the Chinese in their own homes, the ashes of the sacred writings would mingle with the ashes of wood and other fuel, and the ashes of Chinese writing are as sacred as the writing itself.

The ashes from the sacred furnace are placed in sacks, the sacks are conveyed by wagons to the sea and there, in a Mon War boat, are carried out where the tide runs swift and consigned to the waves.

The Mon War boat belongs to the Mon War Sher, which is a lodge with branches everywhere, organized and maintained for the purpose of paying reverence to the spirit of Confucius.

The furnace in the Chinatown which nearly every large city in the United States harbors is generally a brick, ovenlike structure about five feet high. On top of the wall there will usually be an inscription of the character of the following: "The spirits of our ancestors are pleased that we keep sacred the writing of our country."

The society of Mon War Sher (Club of the Beautiful Writing) is made up in each case of the prominent denizens of Chinatown, who support it by voluntary contributions, which pay the salaries of the keeper and his assistants.

A MERCHANT.

He Used to Be One Engaged Exclusively in Foreign Commerce.

Originally the term merchant was applied only to one who traded with foreign countries and who owned or chartered ships for that purpose—Chaucer's "Marchant."

It holds the sea work kept for anything between Middelburgh and Orwelle.

The merchant of Venice had "on the ocean" his "argosies with portly sail," and so had all the other merchants about whose poets or historians have written. So also in the Bible there is no confusion about the meaning of the word. One passage alone will serve as an illustration, "She is like the merchants' ships—she bringeth her food from afar" (Proverbs xxxi, 14). De Quincey, writing in the early part of the nineteenth century ("Autobiographic Sketches"), says:

"My father was a merchant, not in the sense of Scotland, where it means a retail dealer,—no, for instance, who sells groceries in the cellar,—but in the English sense, a sense rigorously exclusive—that is, he was a man engaged in foreign commerce and no other, therefore in wholesale commerce and no other."

But now it is no longer necessary to "plow the Spanish main" to give one this time honored title, for any one who sells eggs by the dozen or flannel by the piece is at once put down as a merchant.—London Notes and Queries.

Webster's Home Squadron.

A few days before his death Daniel Webster wished to leave his sickroom once more to look upon the little paradise which his taste had adorned about his mansion. Dressing himself with the utmost care, he went through the house on the arm of a servant and finally reached the library. The night before there was a terrific storm, and the great statesman expressed solicitude for the safety of the fishermen off the coast. As he looked from the window his eye fell upon a number of pleasure boats which had been moored to a little mound in the artificial pond in the rear of the house. "Well," said he, "the home squadron is safe. I think I will go back." It was his last playful remark. He never left his room again.

Sensitive Plants.

There are plants so sensitive that if wien standing by them you should suddenly put up your umbrella or sunshade it would be quite sufficient to cause them instantly to close together their leaflets and turn down their leaf stalks, just as if they were startled and alarmed by the movement. Indeed, on a sunny day when the temperature is sufficiently high you need not make even so decided a movement; merely your shadow coming in contact with their leaves will often cause them to fall slightly.—Strand Magazine.

Dignity.

I ought not to allow any man because he has broad lands to feel that he is rich in my presence. I ought to make him feel that I can do without his riches, that I cannot be bought—rather by comfort, neither by pride—and, although I be utterly penniless and receiving bread from him, that he is the poor man beside me.—Emerson.

Seeing the Alps.

"Did you see the Alps?"

"Oh, yes. Our car broke down right opposite them, and do you know, I'm almost glad it did. I found them so charming and interesting."—Exchange.

Clean, but Confusing.

She—Oh, don't go there on Saturday. It's so frightfully crowded. Nobody goes there then.

THE TEST OR TRIAL WILL NOT COST YOU A PENNY.

This is the way we sell typewriters; it is a good, fair, honest way. It has not a weak link in the chain of fairness.

We know other typewriters of all kinds and we know that the L. C. Smith has every improvement and every feature that any of them has—AND MORE. We want to place an L. C. Smith in your office AT OUR EXPENSE, and have you compare it part for part, feature for feature, with any other typewriter.

We will let the typewriter speak for itself. All we say about it and claim for it will be demonstrated by the machine itself more convincingly than we could tell it.

Then we want to leave the decision to you. If YOU want it then we will sell you one on favorable TERMS, or if you already have a machine we will take that in part payment.

On the L. C. Smith the bearing is wide and the bar heavy, and will stand years and years of hard work.

Then again, with the L. C. Smith one machine is equipped to do all kinds of work—better writing, invoicing, billing, tabulating, figures, stencil cutting, without touching the ribbon and heavy manifold anything that any typewriter can do the L. C. Smith will do—and more.

You can lift the platen, or writing cylinder, right out and put in another in a second. You can write in two colors, and you do not have to touch your ribbon from the time you put it in the machine till it is worn out.

You can do all these things, and many more, and do them better than you can with any other typewriter.

WILL YOU DO THIS?

And remember THIS IS the machine we want to place in your office or trial and examination AT OUR EXPENSE. It doesn't cost you a penny to try it.

PRESERVE THE BIRDS.

Old Twilight Talks Sensibly on the Subject.

"Every spring," quoth Old Twilight, "there is a conventional faller who meet to devise ways an' means of preserving the moose, an' the deer, an' the beaver. They sometimes include the muskrat and the bullfrog. They send deputations to Parliament an' they get pury near all they ask for. Why, away up north a half-starved codfishan an' potatoes all winter, dasen't shoot a deer out ur season, even if a mouthful of fresh meat would save the hull family from havin' the bush fever, which is the same as the prairie fever an' the Red River fever an' the mountain fever, and the coast fever—all the same thing. I don't find fault with these fellers; but there are things that need perfection a dang sight more'n the willy for a robin or north. I'm alludin' to the birds. I don't see nee hear as many of um this spring as I had to. They are gitthin scarcer every year, just becuz they are not protected and the laws for their protection ain't enforced, if thar is any. That's the reason we've got to spray our stuff. We've got to spray our fruit trees; we've got to spray our berry bushes; we've got to spray our 'taters an' turnips; pury soon we'll her to spray our grain crops an' our grass, an', by ginge! the day'll come when we will her to spray ourselves, especially the old folks an' the kids.

"We wouldn't need no spravin' machines if we had lots of birds.

"If the women would make as much fuss about the air gun evth in connection with boys an' youths as they do 'bout the cigarette evil, they would be doin' somethin' fer the country. An air gun ain't unhealthy for a boy, but it's mighty unhealthy for a robin or a warbler or a woodpecker—an' don't you forget it. What good is an air gun, anyhow? No good 'tall! If the women would up'n at the Government to forbid their manufacture an' sale, the hull country would be with them, an' then the cats! They'd millions by the cat's tail! Round the country who spend every summer huntin' birds. What good are them cats? No good 'tall! It wouldn't do, mebbe, to kill all the cats, but if a body was stuck on a cat, why, let him git out a license for it, same's a dog, an' make him put a tag on it, an' then clean up all the felines that nobody owns. That would give the birds a chance. People don't encourage the birds to come around; they'd sooner depend on paris green an' copperas. The trees are gettin' scarce, and in the long drouths the water holes an' springs dry up. What's the matter with makin' up bird boxes an' have a bird bath in every orchard? You can't believe how the birds would appreciate that.

"But I'm down on air guns. The solbunter with his two-dollar shot gun goin' about killin' everything he sees is bad enough, but you can hear that feller an' smell his smoke; but the feller with the air gun kin shoot the swallows in yer barn and you, milk'n in the yard, won't know nothin' 'bout it. Dar'! A generation from now folks will wonder what a crow looked like, and you'll hev to go to a picture book to see a robin!"

Why is it that we hear of so many good people and meet with so few?

Carry Them With You—Don't Wait Till Night

Cathartics are taken at bedtime, because they cause griping. You want it to occur at night!

So you go through the day with a headache—a dullness. And the day is lost.

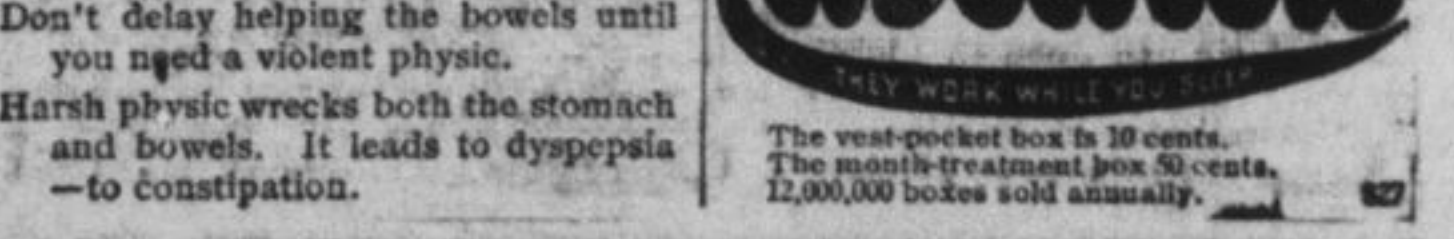
That is wrong because it is unnecessary. There is a laxative that never gripes—that gives instant help when you need it.

A laxative in vest-pocket boxes, so one may always have it ready.

That laxative is Cascarets.

And think of the days you lose. Keep yourself always at your best, by taking one Cascaret the moment you need it. In a little time all will be right. You can't do this with cathartics, but you can with Cascarets. For Cascarets are as harmless as food.

Cascarets are candy tablets. They are sold by all druggists, but never in bulk. Be sure to get the genuine, with C.C.C. on every tablet. The box is marked like this:



Don't delay helping the bowels until you need a violent physic. Harsh physic wrecks both the stomach and bowels. It leads to dyspepsia—constipation.

ACTUS Oxford Shoes

Enjoy comfort in hot weather by wearing a pair of our Oxfords. We have them for Men, Women, Boys, Girls, and Children.

In Gun Metal, Velour Calf, Patents, Tans, and Brown; also White Canvas.

We have them in Button, Laced and Blucher Styles.

Men's Oxfords, \$2.00, 3.00, 3.50 to 5.00.
Women's Oxfords, \$1.25, 1.50, 2.00 to 3.50.
Boys' Oxfords, \$2.00, 3.50.
Girls' Oxfords, \$1.25, 1.50 to 2.00.
Children's Oxfords, \$1.00, 1.25 and 1.50.

Largest assortment in the city to choose from.



Will You Try An L. C. Smith Typewriter?

The Standard Visible Writer



We do not belong to the ANY brand and nobody dictates the PRICE we sell at or HOW we shall sell.

That's OUR business.

We sell our machine strictly on its merit

All the writing on the L. C. Smith is always in sight, and direct in the line of vision. The WRITING LINE IS INDICATED, and the PRINTING POINT IS POINTED OUT so that the L. C. Smith is just WHAT WE CLAIM—a perfect VISIBLE typewriter.

The typebar and hanger are the heart of a typewriter, that means they are the most vital part—a weak typebar means a weak typewriter. Show us a typebar-bearing that is narrow and has no wearing surface, and it tells us that under hard wear such a typewriter will not retain its alignment, and sooner or later will get out of order.

On the L. C. Smith the bearing is wide and the bar heavy, and will stand years and years of hard work.

J. E. Ferguson Company,
EASTERN DEALERS, 205 QUEEN STREET, OTTAWA.

LOCAL AGENTS:
NEWMAN & SPRIGGS ELECTRIC CO., 79 Princess St., Kingston.