

### FOR INDIGESTION distress after eating, dizziness, that heavy feeling, wind and pains in the stomach and furred tongue, take

# Beecham's Pills

before you retire to rest. They  
start the gastric juices, assist the  
stomach to dispose of the food, en-  
courage good appetite, sound di-  
gestion and make you feel life is  
worth living.  
Sold Everywhere. In boxes 25 cents.

## FIRE ESCAPES!

All lengths, all sizes  
and to suit all con-  
ditions. Built to order  
and erected in place on  
short notice.

Estimates Furnished  
on Request.

Selby & Youlden, Ltd.  
Kingston Foundry.

## GIRLS WHO WORK



Girls who work for their living  
are especially exposed to the dangers  
of organic feminine disorders. Stand-  
ing all day, or sitting in cramped  
positions; walking to and from their  
places of employment in bad weather  
all tend to break down their delicate  
feminine organism.

No class of women are in need  
of greater assistance, and thou-  
sands of letters like the following  
demonstrate the fact that

**LYDIA E. PINKHAM'S  
VEGETABLE COMPOUND**  
restores the feminine system to a  
strong, healthy, normal condition.

Miss Abby F. Barrows, of Nelson-  
ville, Ohio, writes to Mrs. Pinkham:  
"I was very sick, had dull head-  
aches, pain in my back, and a feminine  
weakness. I had been to several doc-  
tors and they did me no good. Lydia E.  
Pinkham's Vegetable Compound  
made me well and strong, and I can do  
most any kind of work. I am in better  
health than I ever was, and it is all due  
to your medicine."

Miss Lillian Ross, of 630 E. 84th St.,  
New York, writes to Mrs. Pinkham:  
"I had a female trouble, nervous  
headaches, and was tired all the time,  
and could not sleep. Lydia E. Pinkham's  
Vegetable Compound made me feel so  
much better that I hope every woman  
who suffers as I did will try it."

**FACTS FOR SICK WOMEN.**  
For thirty years Lydia E. Pink-  
ham's Vegetable Compound, made  
from roots and herbs, has been the  
standard remedy for feminine ills,  
and has positively cured thousands of  
women. Why don't you try it?

Mrs. Pinkham, Lynn, Mass.,  
invites all sick women to write  
her for advice.

## SPRING UNDERWEAR

TRADE MARK  
IMPERIAL  
When you buy underwear ask  
for the  
**IMPERIAL CROWN  
BRAND**  
Every garment guaranteed.  
Durable comfort.  
Made only by KINGSTON  
Hosiery Co. Ltd., Kingston,  
Ont.

## Every Woman

should use  
**MARVEL Whiting Spray**  
The new Whiting  
Sprey is a  
miraculous  
remedy for  
all skin  
troubles.

## Cook's Cotton Root Compound

The great Uterine Tonic, and  
the most effective Menstrual  
Regulator on which women can  
depend. It is a  
powerful  
stimulant  
and  
restores  
the  
feminine  
system  
to a  
normal  
condition.

## Tips For The Farmers

BY UNCLE JOSE

Manitoba farmers are going to be  
in a tight spot for the coming season,  
as everyone can see a "phone con-  
nected with the long-distance lines at  
a reasonable cost.

The quality and quantity of cheese  
depends upon the curing. The weight  
is affected to the extent of about one  
and a half pounds on an eighty-  
pound cheese, in about one month.

The reason why many eggs in the  
early spring are not fertile is entire-  
ly due to the close quarters in which  
the breeding fowl are kept.

When giving your birds their soft  
feed be careful not to make it too  
wet.

An inveterate egg-eater often gives  
a great deal of trouble, and if they  
are not valuable birds the best thing  
to do is to cut off their heads, as  
this is a safe cure.

Never turn your eggs in the incubator  
before you first take them out. It  
is best to let them cool a short  
time first.

Give your ducks time to lay in the  
mornings before letting them out.

After killing a fowl it is best to im-  
mediately pluck it. If the plucking is  
done at once, practically the whole of  
the feathers may be easily removed in  
a few minutes.

Keep salt, charcoal, and sulphur in  
every pig pen and pig yard.  
Cleanliness and pure water are es-  
sentials in the care of pigs.

Hard-wood ashes are fine for giving  
strength to the bones.  
The best medicine for a sick hog  
is just to let him alone and refrain  
from feeding him till he acts as if  
he were hungry.

It is difficult to carry breeding and  
stock hogs satisfactorily through the  
winter without the use of fine clover  
hay or alfalfa.

Feed to the satisfactory should pos-  
sess reasonable bulk.

If you must set your milk in the  
pantry, keep everything in the line of  
virtues as far away as possible.

As soon as you begin stabling the  
cow at night, clean the stables twice  
a day, at least, and as many more  
times as you can find the time to  
do it.

Let the young, growing animals run  
loose in a roomy shed or barn. It  
need not be warm where they are kept  
if they are well fed. In fact, a little  
air will do them good.

The growing of alfalfa, or lucerne,  
is a subject of importance to Cana-  
dian farmers. This plant has revolution-  
ized agriculture in those states of  
the neighboring republic where its cul-  
tivation has been seriously studied  
and its value recognized. The limit of  
its area of growth is largely a ques-  
tion of variety. It has been found in  
Northern Siberia and will probably  
grow successfully in the major portion  
of the cultivated area of our vast  
northland. Under proper conditions  
this plant grows well in Ontario, Que-  
bec, the maritime provinces, in Brit-  
ish Columbia and in the more favored  
regions of the central provinces of the  
west.

That dairy products will bring high  
prices during the coming summer is  
about as well assured as anything can  
be; that Ontario's dairy herds were  
sadly reduced the past fall is known  
to all connected with the industry,  
says the Toronto Sun.

Under such circumstances arrange-  
ments should be made in advance  
which will ensure the highest possible  
level in production by cows still avail-  
able. This can be assured only by  
making provision for a supply of  
green feed during the period of short  
pastures which we experience every  
summer. The farmer who has a field  
of alfalfa has the best possible pro-  
vision already made for this. Nothing  
else will give such an abundant supply  
of green feed of such fine quality.

Fattening alfalfa there is nothing  
better for the early part of the sea-  
son than a crop of peas and oats-  
Siberian oats and Prussian blue peas.  
This mixture, with one early sowing,  
and one or two slightly later sowings  
will keep the cows going until the  
corn and pumpkins are ready. For  
summer feeding nothing will surpass  
the latter mixture for keeping up the  
milk flow. Those who have not alfalfa  
growing now will act wisely in seed-  
ing some this spring. The land for the  
crop should be in good state of tilth,  
free from weeds and well drained. Alf-  
alfa can best be grown with a light  
seedling of an early maturing variety  
of barley as a nurse crop. If the alf-  
alfa is intended for a hay or spring  
crop it should not be pastured at any  
time.

On the purchasing power of Great  
Britain depends in large measure the  
extent of Canadian agricultural pro-  
sperity. Although general conditions  
in Great Britain are fairly satisfac-  
tory, there appears to be dullness in  
the shipbuilding trade. The total ton-  
nage launched in Scottish ship yards  
in January last was less than 3,000  
tons as compared with nearly 36,000  
tons for the same month last year.

In Germany the shipbuilding trade is  
also reported as slower than last  
year.

**Produce And Prices.**  
Kingston, April 18.—Prices were  
quoted to the Whig, to-day, as fol-  
lows:

Flour and Feed—Flour, baker's  
\$2.90 to \$3.10; farmers', \$2.90 to \$3.10;  
Humberston patent, \$3.15 to \$3.30; ad-  
vance and rolled oats, \$1.40 to \$1.50;  
cornmeal, \$1.80 to \$2.10; bran \$2.60 to  
\$2.70 per ton; shorts \$2.70 to \$2.80  
per ton; straw, \$12 to \$14; hay, \$10 to  
\$12; pressed, \$20.

Eggs—New laid, 20c. per dozen.  
Green Eggs, 15c. to 17c.; local  
chick, \$1 to \$1.05; buckwheat, 55c.;  
barley, 70c.; rye, 75c. to 80c.; peas,  
75c. to 80c.; corn, best, 77c. mixed,  
70c.

Butter—Chicopee, creamery, 33c.; farm-  
ers' butter, prints, 28c.; packed, 28c.;  
rolls, 28c.

Meat—Beef, carcass, \$9 to \$10 cwt.;  
choice, cuts, 8c. to 10c. a lb.; pure,  
5c. per lb.; veal, by the quarter, 5c.  
to 6c. per lb.; cuts, 6c. to 12c.; by  
carcase, 5c. to 6c. per lb.; cutlets,  
12c. to 15c.; lamb, by pound, 12c.;  
chops, 15c. a lb.; mutton, 8c. to 9c.  
per lb.; hogs, 87c.

Fish—Salmon, trout, 12c. a lb.;  
skinned digby herring, 20c. per lb.;  
whitefish, 12c. a lb.; pike, 10c. a lb.;  
Chinook salmon, 30c. a lb.; smelts,  
10c., 15c. and 20c. per lb.; hipped  
herring, Yarmouth blonkers, 40c.;  
dozen; Atlantic salmon, 30c. lb.; salt  
codfish, 7c. to 15c. a lb.; halibut,  
20c. a lb.; fresh haddock, 10c. a lb.;  
bullheads, 10c. a lb.; red herring, 15c.  
a box; mackerel, 15c. a lb.; trout,  
12c. a lb.; perch, 30c. a dozen; frog  
legs, 10c. a lb.; geese, 15c. a lb.; cy-  
sters, 40c., 50c., 60c. per quart; blue-  
fish, 15c. a lb.; lake herring, 10c. lb.;  
Sundon haddock, 10c., 12c. lb.; red  
snappers, 15c. flounders, 10c.; fresh  
salt-water herring, 40c. to 60c. doz-  
en; fresh lobsters, 30c. a lb.; sea bass,  
12c. a lb.; smoked salmon, 30c. a lb.

Poultry—Chick, \$1.25 per pair;  
turkeys, \$1.25 to \$1.75.  
Fruit—Malaga grapes, 20c. per lb.;  
lemons, 20c. per dozen; Valencia, 10c.  
to 20c.; Mexican, 20c. to 30c.; navels,  
25c. to 50c.; bananas, 30c. to 40c. per  
dozen.

Vegetables—Potatoes, \$1.10 per  
bag; cabbage, 75c. to \$1 dozen; celery,  
50c. a dozen; parsnips, 75c. a bushel;  
turnips, 75c. per bag; beets, 2c. per  
peck; onions, \$1 per bushel; carrots,  
75c. per bushel.

## MANY RELIEVED NOW

### TREMENDOUS POPULARITY OF HOME PRESCRIPTION.

No Sufferer From Kidney Trouble  
Should Leave It Untried, Be-  
cause Only Good Results Can  
Follow Its Use.

That the readers of this paper ap-  
preciate advice when given in good  
faith is plainly demonstrated by the  
fact that one well-known local phar-  
macy filled the "vegetable prescrip-  
tion" many times within the past  
two weeks. Most of these folks natu-  
rally bought the ingredients only and  
mixed them at home. The announce-  
ment of this simple, harmless mixture  
has certainly accomplished much in  
reducing the great many cases of kid-  
ney complaint, and rheumatism here,  
relieving pain and misery; especially  
among the older population, who are  
always suffering more or less with  
bladder and urinary troubles, back-  
ache and particularly rheumatism.

Another well-known druggist asks  
us to continue the announcement of  
the prescription. It is doing so much  
real good here, he continues, that it  
would be a crime not to do so. It  
cannot be repeated too often, and  
further states many cases of remark-  
able cures wrought.

The following is the prescription, of  
simple ingredients, making a harm-  
less, inexpensive compound, which any  
person can prepare by shaking well in  
a bottle: Fluid Extract Dandelion,  
one-half ounce; Compound Syrup Sar-  
saparilla, three ounces. Any first-class  
drug store will sell this small  
amount of each ingredient, and the  
dose for adults is one teaspoonful to  
be taken after each meal and again  
at bedtime. There is enough here to  
last for one week, if taken according  
to directions. Good results will be ap-  
parent from the first few doses.

## A Dangerous Weapon.

There is surely a terrible responsi-  
bility resting upon the shoulders of  
inventors of the machine gun, says the  
Technical World Magazine. He has  
patented a gun that will kill a man  
with no more noise than the hiss of a  
snake. A murderer could shoot down  
his victim without attracting the  
least attention; only on examination  
would the cause of death be revealed.

On the other hand a single police-  
man using the noiseless gun could  
disable every member of a gang of  
burglars before they recovered from  
their surprise. The invention may  
lead to the re-employment of the armed  
force of the world, and the revolu-  
tionizing of methods of warfare will  
perhaps even hasten the happy day  
when there will be no war, for the  
very best safeguard against war is  
the invention of weapons of such  
terrible power that armies will never  
dare to meet and fight each other.

"War," said Bismarck, "is the great-  
est enemy of war, and will eventually  
put war out of existence."

In war skirmishes may use noise-  
less rifles, enabling them to creep  
along an enemy's front and shoot  
down his ranks without being detected.  
Until their dead bodies were dis-  
covered would the alarm be given.  
The extended front of an army, con-  
cealed in the underbrush or behind  
rocks, could work terrible havoc  
among the opposing forces before its  
position was discovered. To the big  
game hunter the silent firearm will  
open up new horizons.

## A World Famine.

How soon will the world starve to  
death? Last year Sir William Crookes  
predicted that unless something is  
done to increase the yield of wheat  
per acre, there will soon be a world  
famine. The average yield per acre,  
the world over, is only 12.7 bushels.

Prof. Crookes was denounced as a  
pessimist and a prophet. But within a  
year the alarming condition he pre-  
dicted has been reached.

"The world has a wheat deficit of  
four hundred millions of bushels,"  
says a leading statistical authority.  
"America has a surplus for export of  
483,000,000 bushels, against a mini-  
mum requirement of over five hundred  
millions. We can supply the demand  
only by selling from our emergency  
supply."

The population of America in-  
creases much more rapidly than the  
average added to farming lands used  
for the great primary crops. Since  
1898 the area in the United States de-  
voted to wheat growing has been in-  
creased by only a few thousand acres;  
corn acreage has increased a little  
more, but comparatively speaking,  
only a trifle; oats are on a par with  
wheat. Along with the vastly en-  
larged domestic consumption goes a  
constantly increasing demand for ex-  
port.

## His Impressive Pleadings.

"Yassah, I knowledges dat I steales,  
yo' honah—now and agin," confess-  
ed Brother Bunkum, who had been  
dragged up before the bar of justice  
on the charge of embezzling sundry  
fowls. "I steals, sah, but yo' desart  
o' de time—not all de time. De rest  
o' de time I sawvils projects  
around amongst de diluent 'biguns  
negonations, eatin' dinner wid 'em  
and up-makin' out like I was mighty  
rich. That worried de lawyer 'drif  
church, and I undeloomedly axes yo',  
sah, to lemme done easy, if yo' please,  
uk-kaze I does much benevunsness  
does some 'de time, as I says befo',  
and not all de time, like dose yuh  
trust gentlemen dat we-all veahs tell  
us now—uh-days. And 'sides all dat  
yo' honah, what I des yuh good folks,  
dat's allus tryin' to 'made me over  
to deir way o' thinkin', do widout  
no? H I was to go to jail de  
wouldn't have nobody to practice on,  
and yo' organizes yo' self, sah, dat dev  
kaint kapp well leas' de y has some  
sympathize to be overastintly unpleas-  
in' at."

## The Square Deal Pays.

And square with the enemy every  
man gets when he separates himself  
from his course by Putnam's corn ex-  
tractor. For fifty years "Putnam's"  
cured every corn it treated—  
"Putnam's" only—It's plainness and  
sures

## THE EARTH A SPECK.

### Some Lessons That May Be Found in Humility.

Manchester Guardian.  
Prof. Boyd Dawkins gave the first  
of a series of lectures on the  
place of the earth in the universe, and  
his object might well have been to  
teach the human race a lesson in hu-  
mility. In describing the characteris-  
tics of the planetary bodies he en-  
gaged in some favorite speculations as to  
the presence of life on our neighbor  
Mars. When compared with the earth  
Mars, he said, showed a very remark-  
able identity of constitution. Mars  
had land and sea, and there were very  
clear indications that spring, summer,  
autumn and winter took their regular  
course there as here. On the whole,  
the climate was probably very much  
the same as the climate of the earth.  
In Mars, therefore, we had all the con-  
ditions of life such as we found them  
on the earth.

Were we to believe that there  
was life on Mars? He for one most  
absolutely and firmly held that there  
was evidence of such life. The evi-  
dence was that whatever conditions of  
life existed on the earth there was  
found life in some form or another.  
And whom we found the conditions in  
Mars much as they were here, that  
was to him absolute proof that there  
were living forms in Mars, because the  
conditions of life were there for them.  
The importance of Mars, then, in an  
enquiry as to the place of the earth in  
the universe was that it showed that  
there was other bodies than our own  
which were inhabited. This idea has  
taken root in the popular mind, and  
some people had gone to the length of  
leaving money to the first person who  
should telegraph to Mars. That, of  
course, was a chimerical idea, for it  
did not follow in the least that the  
inhabitants of Mars were at the present  
inhabitants of the earth. The present  
order of things on the earth was com-  
paratively of yesterday, and we our-  
selves were mere shadows that had  
appeared from time to time, the last  
in a long procession of organized be-  
ings who had made their appearance  
on the earth. He did not believe for  
a moment that the process of evolu-  
tion had stopped on the earth; the  
change of conditions which was going  
on now would lead to further and fur-  
ther stages. In our own case he took  
it that we should either develop into  
something very much higher than we  
were at present, or, if we did not fit  
ourselves to our surroundings, we  
should become characteristic fossils of  
the future. Applying all this to the  
inhabitants of Mars, it was quite lik-  
ely that they might present a stage  
of evolution either inferior to or in-  
finitely higher than ours.

Speaking of the fate of the earth,  
Professor Boyd Dawkins showed how  
the planets revolve round the sun in a  
sort of spiral movement, and how, by  
the law of gravitation, they must be-  
come eventually part of the central  
mass. The enormous heat of the sun  
is kept up largely by the falling-in of  
planets as after age. Ultimately, be-  
yond all doubt, and by the very na-  
ture of the case if the law of gravita-  
tion were true that must be the fate  
of the earth, and we and our civiliza-  
tion and everything on the earth  
would be absorbed into the great cen-  
tral mass. That, too, in the long  
course of ages would happen to every  
one of the planets now revolving  
around the sun.

Leaving our own system, Professor  
Boyd Dawkins reminded his hearers  
that the stars were great blazing  
centres of other systems. Our own  
planetary system was not unique; it  
was merely one of an infinite number  
of others; a minute speck in the  
general order of things, and nothing  
at all as compared with the infinite  
number of other systems, probably  
built on the same lines and some of  
which had probably arrived at the  
same stage of evolution as that of  
our own system. If that were true in  
respect to our planetary system as a  
whole, what should we say in regard  
to that part of it which we called  
earth? Some people whose theological  
tendencies overpowered their astron-  
omical observations talked of the  
earth as being the centre of the uni-  
verse. It was really a mere speck in  
the universe. From that he suggested  
we might take the measure of our  
own value. We on earth were merely  
the last comers on our own planet,  
and there were untold numbers of  
earths in the universe outside. It was  
a very good thing that we who were  
accustomed to be so proud of our at-  
tainments should come down to our  
true position, and that those who  
prided themselves on knowing a little  
more than their poorer fellows should  
realize that they and their possessions  
and the wealth of knowledge they  
might have were absolutely insignif-  
icant in the general order of things.

## Soldiers Will Fly.

Three flying machines have been ac-  
cepted by the United States war de-  
partment, and trial of them will be  
made at Fort Myer, Virginia, near  
Washington, so writes Rene Bache in  
the Technical World Magazine. That  
military post is on top of a consider-  
able hill which affords an extensive  
area of level ground suitable for tests.  
All three machines are operated on the  
aeroplane principle. That is to say  
they have no gas bag, and depend for  
their flying power upon huge wings.  
They are, in short, artificial birds of  
huge size, and utilize their air sur-  
roundings to uphold them while aloft,  
the power of propulsion being furnished  
by automobile engine of a type which  
economizes bulk and weight to the  
utmost practicable extent.

## Big Clearing Sale

### OF BRASS and IRON BEDS

In pretty designs, strong and  
durable. Also Hercules  
Spring to fit, and Sanitary  
Mattresses at sale price.

## James Reid, The Leading Under- taker. Phone, 147

Selfishness is so inherent in some  
men that they want to act as judge  
and jury in their cases.

The length of some men's memory  
depends largely upon the number and  
size of their debts.



To-day there is not one  
feature in "FASHION-  
CRAFT" clothes—Style,  
fit, quality, shape retain-  
ing, which is not as  
perfect, as good, as  
dependable as can be  
found in the highest-  
priced custom tailored  
garments.

## Fashion-Craft

The H. D. Bibby Company  
78-82 Princess Street, Kingston.

## DOMINION CORSET CO., Manufacturers, Quebec, Montreal, Toronto

There has been no chocolate produced in any  
country equal to

## Cowan's Maple Buds

This is a confection every one should buy.

THE COWAN CO., Limited, TORONTO

## Dr. KOHR'S RESTORINE

The  
Remedy  
of the  
New  
Century—the most wonderful Medicine ever dis-  
covered. It is according the medical world, 10,000  
cases cured in one month in Paris. The National  
Medical Board has recommended this Remedy for use  
in the United States where, as is well known, the  
majority of the male inmates are victims of lost vitality  
in its most terrible form. In Europe the remedy is  
endorsed by all governments and is now used as a  
specific in the most serious cases of both France  
and Germany. Stands issues in from seven to ten days  
as that they never return. Drains entirely clean  
after a few days' treatment. The skin becomes clean,  
the eyes bright, confidence returns, very elastic bowels,  
regular. Headaches disappear. No more weak mem-  
ory, the mind becomes bright and active. A Food  
for brain and blood. A permanent cure no matter  
how chronic the case. Just send us to-day your name  
and address plainly written and a 5 days treatment  
of Restorine will be sent FREE in plain sealed pack-  
age. Do not hesitate a moment. We will treat you  
with success and with kindest consideration.

Dr. KOHR MEDICINE CO., P. O. DRAWER L, 2341, MONTREAL.

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