Mr. Disgwall was Superintendent of St. Andrews Sunday School in Williams town for nine years and License Commissioner for Glengarry - and Tax Collector for Charlottenburg-for fourteen years continuously. Read how strongly Mr. Dingwall comes out in avor of "Fruit-a-tives."



Williamstown, Ont., April 5th., 1907.

I have much pleasure in testifying to the almost marvellous benefit I have derived from taking "Fruit-a-tives." I was a life long sufferer from Chronic Constipation and the only medicine I ever secured to do me any real good was "Fruit-a-tives." This medicine cured me when everything else failed. Also, last spring, I had a severe attack of "Fruit-a-tives" cured these complaints for me, when the physician attending me had practically given me up. I am now over eighty years of age and I can stronghly recommend "Fruit-a-tives" for Chronic Constipation and bladder and kidney trouble. This medicine is mild like fruit, is easy to take, but most effective in action.

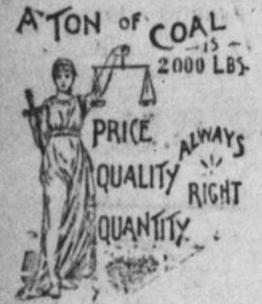
(Sgd) JAMES DINGWALL. "Fruit-a-tives" - or "Fruit Liver Tablets" are sold by dealers at 50c a box

-6 for \$2.50 or will be sent on receipt of price. Fruit-a-tives Limited, Ottawa. American

> Oils Coal Oil Lubricating Oils Gasoline

We make a specialty of handling Lubricating Oils of all kinds. Prices on application. W. F. KELLY & CO.,

South Cor. Ontario and Clarence.



P. Walsh, Coal Dealer BARRACK STREET.

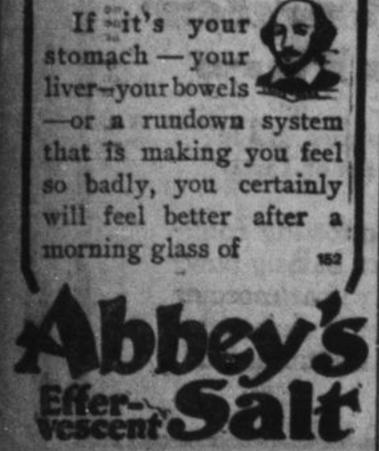
RENFREW \$3,000 BEHIND.

Ottawa, March 28.-The Renfrew hockey team, which cleaned up the Upper Ottawn championship, for the past couple of years, and this season mad little too deep in securing a team this winter and as a result is \$3,000 the bad. The executive is, however composed of wealthy townsmen, an they have made a good the deficiency, without any squealing. It is more over said that Renfrew will be pro fessional again hext winter, and try to get into one of the big leagues.

Does your house look reproachfully at you? Give it a new cont. Let Ramsay repaints demonstrate how littie it takes to give a world of pleasure in beauty and fresh life to your building. W. A. Mitchell has them and be will soll you how much it wil take. The price is reasonable. The Paint is guaranteed.

A quiet wedding took place at the Methodists parsonage, Deseronto, Wednesday, when Miss Laura Woodgate, Desaronto, became the bride of Frederick Lucas, a prosperous young farmer liging near Napanee.

pink, green, 121c. per yard. New York | pile at the end of the journey, and Miss Ettie Virtue, who has been a was ended they looked back and there member of the Carleton Place post of were no more troubles on the lee staff and telegraph operator for but they had all been gathered up a he past mine years, has resigned and the end and made beautiful mounting ill retire the end of the month.



The Journey

The following story for children, en titled "The Journey of Life," in parable form, was written by Ensign Madele Wilson, of the Salvation Army It appeared in the Christian and Missionary Alliance Magazine, of New York. The sequel is entitled "The Journey of Life Ended!

The Journey Of Life. Once there was an old man called Time, and whenever he heard that a

little baby was born he always went to the door and left a parcel for the little stranger. If he went to the homes of the rich

white, and then, again, it would be done up in rough, brown paper. But the strange part of it all was that whatever he put around the parcel, the thing inside was always the same. And wherever he left the parcels he

got to the end of Life's journey they Some could open them early, and always an unfailing friend. some could open them late. But evbladder trouble with kidney trouble, and | way and some for a little way-before little child to children. laid them down; and when the day came to lay that burden down human at the same time, never too This feat put the American Amateur Father Time would open another door busy or occupied to fail to be cour- Athletic Union on their mettle. The beautiful world, where they would

have no burdens to carry any more. Now, when the rich and poor alike pose they all found? A lot of little Now, nobody liked what was in the

parcel, and nobody wanted to carry lives. them. Some said they would like to burn them, but they would not burn; perience so truly vital a Christianity prise me if Great Britain is drawn in and some people wanted to throw and so noble a life !
them into the sea, but they would not Your loving sink; and so they had to do what Father Time said they would, and that was to bear the burden, or carry the parcel he had left for them.

So they all started to bear their burdens, and this is the way some of them tried. They tied the parcels all up again, and with a long string they put them around their necks and hung them in front of them, so that when they walked along the Path of Life their heads were bowed and their eyes were down, so that they could not see the beautiful things of Life at all. At last a kind friend called Experi-

ence said to them, "Put your burden behind you, and see if that won't be easier." So they turned their troubles. behind them, and they bore them with heads erect and eyes uplifted, and walked so straight that people looked at them in wonder that with such heavy burdens they seemed to walk

and sore, and had not been able to aigrette was fastened. help themselves or other people, just because they had stumbled over what was meant for stumbling-stones.

took the same troubles and laid them E. W. Grove, 25c. out along the Path of Life, and stepped upon every trouble that came in their way; and every time they stepin their parcels.

Now there were some other people Blakely. who took each trouble out one at a The enormous advance in the price

troubles along the Path of Life so that per pound, as formerly. they would not be either stepping. Irvine Vanalstine, who for many stones, stumbling-stones or millstones? years has handled the freight from

this was it : Every trouble they had to the merchants, this week sold his they put on the road, and it marked business to Arnold Wolfe, who will dered movement, the delight of pure an event in their life; and when they conduct it in future. come along they could see all they must begin its soothing, healing ac experienced to be understood. had passed by that they would never tion when it enters the mouth. Hol- Midland celebrated last night the have to pass again, and it made them lister's Rocky Mountain Ten restores occasion being the jubilation over feel strong, and those who could count the whole system to a healthy, nor the winning of the intermediate chammany felt stronger than those who may condition. 35c., Tea or Tablets. pionship of the O.H.A. The festivities could few, and so they made their Mahood's Drug Store.

troubles beautiful mile-stones. And then they came to the end the journey, and all the people who had made stepping stones and mile stones of their troubles gathered them Sale of three inch silk ribbon, car- together, and their old friend dinal, nay, black, brown, white, blue, perience put them together in a large when Time told them their journey stones to a higher life; and Time closed the door, and they found for they carry no more burdens, as

and the journey of Life is ended.

The Journey Ended. Now, my dear children, about Christ: prompt relief in Dr. Hamilton's Pills, mas-time I wrote you a story called which immediately relieve the system going to tell you the story of a good matter. Thousands have been so ut. Mr. and Mrs. John Chambers, Saskaman who made this journey and came terly depressed, so worn out as to be ton. Sask John Hughes and John to the gates of the Eternal City on despondent, but Dr. Hamilton's Pills Chambers have returned from New St. Valentine's Day. When that morn- always cure. "I can speak feelingly Ontario for a short visit, Mrs. Geo. ing dawned he was within the gates, on the power of Dr. Hamilton's Pills, Bishop on the sick list for the last of sorrow and pain, through which health," writes C. T. Fearman, of Caplan, of Havelock, assisted Rev. he had walked for sixty-seven years— Kingstag, "Last spring my blood Mr. Smith in holding Lenten services not quite three-score years and ten, was then and weak, I was terribly run in Christ Church last week, Thomas

will remember what I said was done mach. I couldn't sleep or work until and Mrs. S. C. Bourk have returned with all the troubles of life, and this I used Dr. Hamilton's Pills. They did after spending a few days in Carleton good man, whose name was Rev. Dr. me a world of good and I strongly Place. Alexander McPherson, one of Wilson, and a true lover of little child urge everyone to use this great medidest settlers here passed away

for poor, unfortunate, needy people and always. His was a life to be envied in the highest and truest sense; his principles were the principles that any one of us could, by the grace of

God, follow to the end. He was on a journey-going about his Master's business-a journey over which he never returned until attended by the Angel of Death. And because he helped to make life so beautiful for other people all the way along the line, there were many sad hearts, and little children felt they

He lived a good life because he had

he won high honors in college because Canadian Indian. he made the most of the chances and opportunities that crossed his path. world honored him more because

If you had known him well erybody would have to take them could not have failed to love him. He 33 2.5 secs. Longboat's friends de along with them-some for a long was never too big to become as a clared, starting as the tie was, that He was never too holy to fail to be did cleverly.

face that was the embodiment of cheer fessional class, but who were straight opened their parcels what do you sup- and a laugh that was an inspiration, amateurs; then of course, somebody He was a cheerful Christian all got busy and stirred up the storm through to the end, despite the fact which brought about the merry in

Your loving friend,



even straighter than those who seem- the cut was sketched from a model of rough through dest, bluish gray Milan straw in one of the snow, and slush, in the wonderful Then some other people did not smartest of the new shapes. The time of two hours twenty-four ming carry them altogether. They opened rather narrow brim was rolled up at the shapes. It would be an everlasting the box and they took their troubles the right side, and the crown was shape to bar this grand runner from high and straight. The trimming continuous the London Olympic games, thus deall along the Path of Life, and they sisted of large double poppies in priving the public of the chance of a stumbled over them and fell down and several shades of pink, with soft lifetime of seeing the greatest runner. hurt themselves and discouraged oth- gray green foliage, and as one side of alive. I can well recollect Deerfoot, ers; and when they came to the end the front was a large black velvet and saw him run, and it is going of the journey they were all bruised poppy, under which a full heron some when I say this Red Indian

To Prevent The Grip. Laxative Bromo Quinine removes the hands. But there were other people who full name and look for signature of cause. To get the genuine, call for

A large crowd of people attended ped up they caught a new sight of the hallelujah wedding at the Salvabeaven, and their troubles brought tion Army barracks, Napance, on them nearer to God. So they made Tuesday evening, when Daniel Edmund nant denial to the reports that he Backers of Hockey Team Out of stepping-stones of what they found Sedore was united in the holy bonds of matrimony to Miss Charlotte the local option situation in the

time, and tied it round their necks in of Ceylon Tea has made it necessary front, and showed it to all their for the "Salada" Tea Company to a name for itself as a professional or- friends till their friends were tired and adopt one of two courses. Lower the little of the somebody, Here's hoping it is not worn out, having to look always at quality or advance the price. It was their friends' troubles, till they be- felt that the latter course would came such a burden to themselves that prove the most satisfactory, conse-funds of the United States Olympic they went by the name of mill-stones. quently, the company adopted it. The committee. The Boston Athletic As And would you believe that there price of "Brown Label," "Salada" is sociation has contributed \$250, half as was another way you could put your now 30c. per pound instead of 25c.

Well, there was another way, and the G.T.R. freight shed, at Napanee,

ball teams of Kemptville, Smith's pion team.

A TESTED SPRING MEDICINE.

Langour and Tiredness. You don't need to be told how you they are before the Throne of God, feel-blue, sort of sickishness, poor appetite, vague pains, tired in the mornspringtime, but fortunately there is

AN ENGLISH COMMENT ON TCM' LONGBOAT

A Writer Believes That the Canadian Indian is the Greatest Runner Alive-He Can Do Twelve Miles An Hour.

Robert Winston, a former English athlete, but now resident in New York, and prominently connected with university sports in America, writes as follows to the editor of Sporting

"10m Longboat, the Conadian Red-sain, has surred up a warm discussion here in the United States reple felt they had lost a friend, and the garding his amateur standing. No earth was poorer, but heaven had ngure in athletic sports the world opened its door, giving an abundant over has been the subject of so much entrance to a true soldier of Jesus difference of opinion as Longboat, the long distance champion of Canada. He was a hard-working little boy; This man, in a word, is a true sechis parents were poor, and later in life | cond Decrioot, and, like him, a real

I believe him the fastest ten to twenty miles runner alive. The cause But though he was a clever man the of all the trouble is that the Canahe dian runner received permission from' was a good man. He had in his the Canadian Amateur Athletic Union also left strict orders that before they heart what earthly wealth could not of Canada to try and beat the record procure, and so his life was valuable made by Alfred Shrub, in Boston, would have to open their parcels, to the rich, and to the poor he was Mass., U.S.A., on the same track and under exactly the same conditions, you which was ten miles in 51 mins. the Indian could smash it, which he

through which they would pass to a teous and sympathetic under all cir- track was found way short of ten miles; the Redman had three pace-He had a face like a benediction, a makers, alieged to belong to the prothat he met with so many sorrowing ternational dispute between the ath letic authorities of the United States May God give us all grace to ex- and Canada. Thus it will not surto the mess, as the Canadians intend entering their man for the Olympic MADELE WILSON. games in London, next July. With the Indian out of the way the Yankees believe they have a fighting

We all know here that this Redskin has them all skinned alive at any distance over a mile. Few athletes in the world's history have had such record of continued success as this woncierful runner. The only defeat set against him is the race he lost to George Bonhag at Buffalo last year. It was not Longboat's best distance. and he was defeated by one yard in prices. three miles by America's fastest longourney man.

Longboat's victory and recordsmashing beat in Boston A. A. Mara thong race last April, was without doubt one of the greatest feats of running ever seen on the American conti-The attractive spring hat shown in miles up hill and down dale on a Longboat is faster than Deerfoot ever was at any distance. I believe he can do twelve miles in an hour in proper

> Notes On Sport. The Olympic committee has told Hamilton plainly that they cannot have a proportion of the Olympic funds to send their own men.

Rube Waddell has entered an indigwas inconvenienced in the least by Hamilton Spectator : Montreal base-

ball club has until April 1st, to make good. It will be April Fool day Money is coming in slowly to the

much as the Ward Marathon race trustees contributed to the Canadian London Field: Rowing means much more than mere exercise of muscless Over it all lies the strong spell of or-

rhythm, which the rowing man wis looked back on the road they had The only true constipation cure perfectly justified in claiming must be

included the presentation of gold It is altogether likely that the base- watches to the members of the cham-Falls, Perth, Carleton Place, Almonte The Renfrew hockey team, which

and Brockville, will form a league cleaned up the Upper Ottawa championship for the past couple of years. Best navel oranges, all sizes, \$3 a and this season made a name for it self as a professional organization, is Mrs. William Bresee, Newboro, will said to have gone a little too deep shortly take up her residence in West- in securing a team this winter, and as a result is \$3,000 to the bad. The Pembroke will accept \$12,000 from executive, however, is composed of Andrew Carnegie and erect a library, wealthy townsmen, and they have made good the deficiency without any squealing. It is, moreover, said that Renfrew will be professional again Cures Sallow Skin, Headache, next winter, and try to get into one of the big leagues.

An Old Settler Dead Oso Station, March 27.-The farmers are still drawing logs to the sawmill here, George Menard, of Garden Island, has finished loading floats and "The Journey of Life," and now I am of all poisons and disease producing binders here for the Calvin company. and had left behind him a city full because they alone restored me to few days, is recovering, Rev. Mr down, had awful headaches and a Bourk left for Charlton, New Outario, If you will refer to the story you gnawing empty feeling about the sto- last Friday. Joseph, W., Miss Maggie cine." All dealers, in 25c, boxes. | on the 23rd, after a lingering illness.

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Your Spring Shoes LOW ONE-WAY Are Here.

Everything that is New and Stylish is to be found here.

All the Newest Patterns in High Shoes, Oxford Ties and Buckle Pumps for Women and Girls.

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In fact, everything that will appeal to the taste of good judgment.

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During March.

A few lines of Mission Furniture, suitable for Dens, at special

Plate Racks, regular price, \$4.50, for \$1.50.

Iron Beds, from \$2.50 to 25. Marshall Sanitary and Ostermoor Mattresses, at Sale Prices. Combination Buffetts, from \$25 to \$75. Solid Mahogany Bedroom Furniture, big reduction Parlor Sett, in Solid Mahogany, \$1.25 for \$1.00. \$85 for \$75, 3-Pieces Mahogany Sett, from \$25 to \$45. at

R. J. REID,

230 Princess street.

Phone, 577.



Answers equally well for Furniture, Shoes and Stoves, and they keep your hands clean.

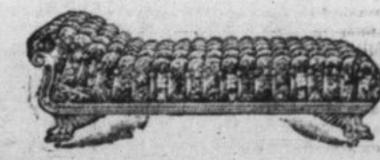
Price, complete with Dauber,

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Parlor Suits and Couches. Our own make. Wear like iron.



A bargain for you. JAMES REID, The Leading Undertaker.

Ripe Bananas, Pineapples, Tomatoes, Tangerines, Malaga Grapes. ORANGES CHEAPER THAN EVER.

A. J. REES, 166 Princess St

CTAIC Copper, Lead We are headquarters.

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KINGSION& PEMBROKE IN CONNECTION WITH

Canadian Pacific Railway

Second Class One Way Paily, February 29 to April 29. Various B. C. Vancouver. Portland, etc.

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BAY OF QUINTE RAILWAY Street, 4 p.m. daily (Sundays excepted) for Twend, Sydenham, Napanee, Deserfontog Bonnockburn and all points north. To secure quick despatch to Bannockburn, Maynooth, and points on Central Ontario, route your shipments via Bay of Quinte Railway. For further particulars, apply to R. W. DICKSON, Agent. 'Phone, No. 3.

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Lve. City Arr. City 1 Inter. Ltd. 12.25 noon 12.56 p.m. GOING EAST. Lve. City Arr. City

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ly after the arrival of the steamer, making connections for Ottawa, Toronto, Detroit and points west. FOR TICKETS AND FURTHER IN-

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"JUST IT." For the Breakfast on a cold morning s hot slice of "Mild Cared Miner," and Strictly Fresh Eggs, at MYRREN, 100