

ALMOST GIVEN UP

"FRUIT-A-TIVES" SAVED HIS LIFE

Mr. Dingwall was Superintendent of St. Andrew's Sunday School in Williams town for nine years and License Commissioner for Glenora and Tax Collector for Charlottetown...



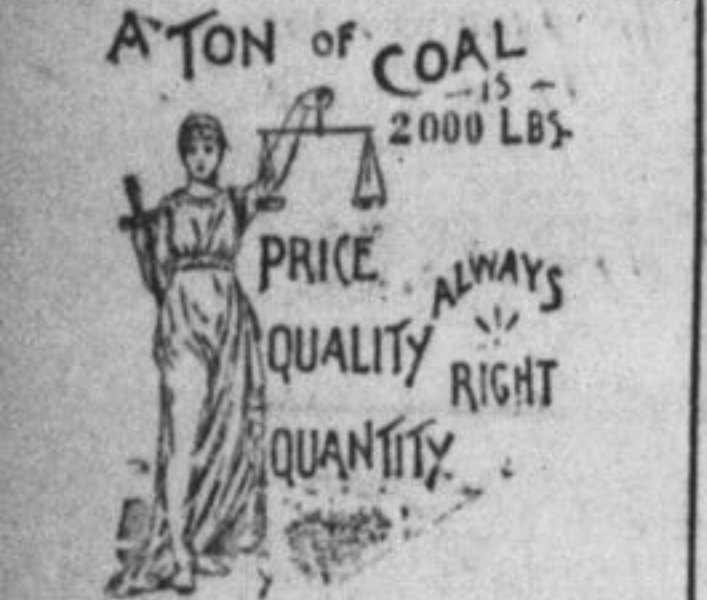
Williamstown, Ont., April 5th, 1907.

I have much pleasure in testifying to the almost marvellous benefit I have derived from taking "Fruit-a-tives." I was a life long sufferer from Chronic Constipation and the only medicine I ever secured to do me any real good was "Fruit-a-tives." This medicine cured me when everything else failed.

"Fruit-a-tives" — or "Fruit Liver Tablets" are sold by dealers at a box — 6 for \$2.50 — or will be sent on receipt of price. Fruit-a-tives Limited, Ottawa.

American Oils

Coal Oil Lubricating Oils Gasoline We make a specialty of handling Lubricating Oils of all kinds. Prices on application. W. F. KELLY & CO., South Cor. Ontario and Clarence.



P. Walsh, Coal Dealer BARRACK STREET.

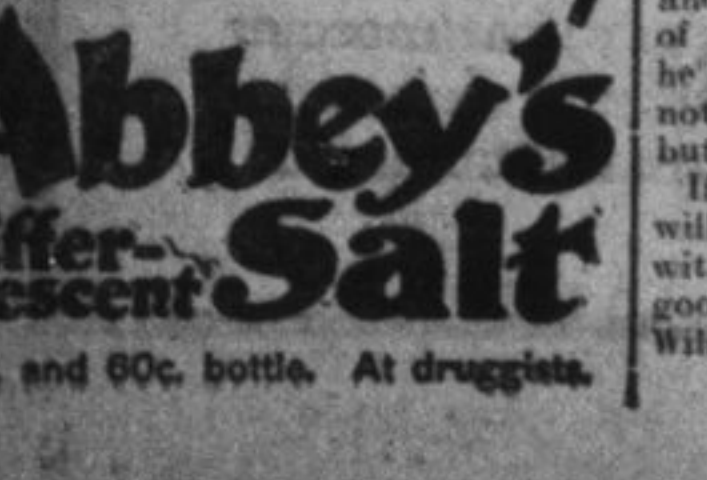
RENFREW \$3,000 BEHIND.

Backers of Hockey Team Out of Pocket. Ottawa, March 25.—The Renfrew hockey team, which claimed up the Lyle per Ottawa championship for the past couple of years, and this season made a name for itself as a professional organization, is said to have gone a little too deep in securing a team this winter and as a result is \$3,000 in the red.

Does your house look reproachfully at you? Give it a new coat. Let Ramsay's paint demonstrate how little it takes to give a world of pleasure in beauty and fresh life to your building.

A quiet wedding took place at the Methodist parsonage, Deseronto, on Wednesday, when Miss Laura Woodgate, Deseronto, became the bride of Frederick Clackson, a prosperous young farmer living near Napanee.

If it's your stomach — your liver — your bowels — or a rickety system that is making you feel so badly, you certainly will feel better after a morning glass of



The Journey of Life.

The following story for children, entitled "The Journey of Life," in parable form, was written by Ensign Madeline Wilson, of the Salvation Army.

Once there was an old man called Time, and whenever he heard that a little baby was born, he would go to the door and left a parcel for the little stranger.

He went to the homes of the rich or silver paper, and when he went to some other houses it was done up in white, and then, again, it would be done up in rough, brown paper.

Now, when the rich and poor alike opened their parcels what do you suppose they all found? A lot of little things called "the troubles of life."

So they all started to bear their burdens, and this way some of them tried. They tied the parcels all up again, and with a long string they put them around their necks and hung them in front of them, so that when they walked along the Path of Life their heads were bowed and their eyes were down.

At last a kind friend called Experience said to them, "Put your burden behind you, and see if that won't be easier." So they turned their troubles behind them, and they bore them with heads erect and eyes uplifted, and walked on the Path of Life at all at them in wonder.

Now there were some other people who took each trouble out one at a time, and tied it round their necks in front of them, and they were tired and worn out, having to look always at their friends' troubles, till they became such a burden to themselves that they went by the name of mill-stones.

And then they came to the end of the journey, and all the people who had their troubles behind them, and their old friends gathered them together, and their old friends gathered them together, and their old friends gathered them together.

The Journey Ended. Now, my dear children, about Christmas-time I wrote you a story called "The Journey of Life," and now I am going to tell you the story of a good man who made this journey and came to the gates of the Eternal City on St. Valentine's Day.

THE SPORT REVIEW

AN ENGLISH COMMENT ON 'TOM' LONGBOAT

A Writer Believes That the Canadian Indian is the Greatest Runner Alive—He Can Do Twelve Miles An Hour.

Robert Winston, a former English athlete, but now resident in New York, and prominently connected with university sports in America, writes as follows to the editor of Sporting Life, England:

"Tom" Longboat, the Canadian Red-skin, has stirred up a warm discussion here in the United States regarding his amateur standing.

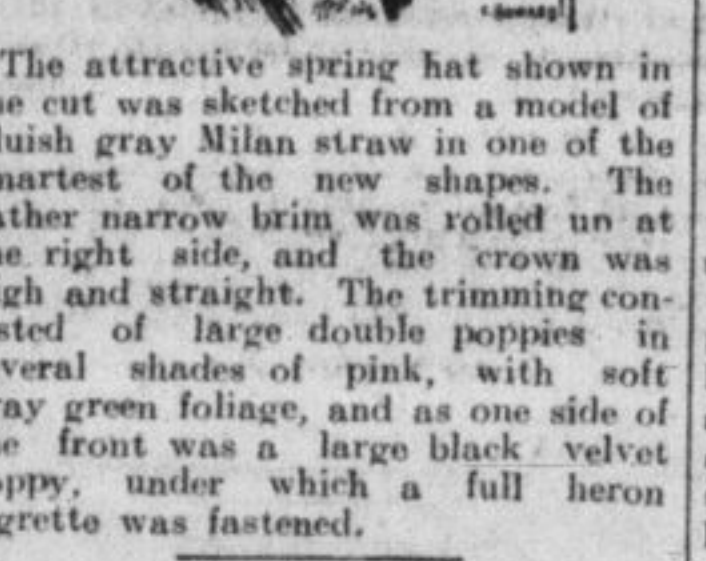
I believe him the fastest ten to twenty miles runner alive. The cause of all the trouble is that the Canadian runner received permission from the Canadian Amateur Athletic Union of Canada to try and beat the record made by Alfred Shrub, in Boston, Mass., U.S.A., on the same track, and under exactly the same conditions.

He had a face like a benediction, a face that was the embodiment of cheer and a laugh that was an inspiration.

May God give us all grace to experience so truly vital a Christianity and so noble a life!

Your loving friend, MADEIRA WILSON.

Spring Hat Model.



The attractive spring hat shown in the cut was sketched from a model of bluish gray Milan straw in one of the smartest of the new shapes.

To Prevent the Grip. Laxative Bromo Quinine removes the cause. To get the genuine, call for full name and look for signature of E. W. Grove, 25c.

A large crowd of people attended the hallelujah wedding at the Salvation Army barracks, Napanee, on Tuesday evening, when Daniel Edmund Sedore was united in the holy bonds of matrimony to Miss Charlotte Blakely.

The enormous advance in the price of Ceylon Tea has made it necessary for the "Salada" Tea Company to adopt one of two courses.

London Field: Rowing means much more than mere exercise of muscles. Over it all lies the strong spell of ordered movement, the delight of rhythmic rhythm, which throwing man is perfectly justified in claiming must be experienced to be understood.

A TESTED SPRING MEDICINE. Cures Sallow Skin, Headache, Languor and Tiredness.

You don't need to be told how you feel—blue, sort of sickness, poor appetite, vague pains, tired in the morning. This condition is common in the springtime, but fortunately there is prompt relief in Dr. Hamilton's Pills, which immediately relieve the system of all poisons and disease producing matter.

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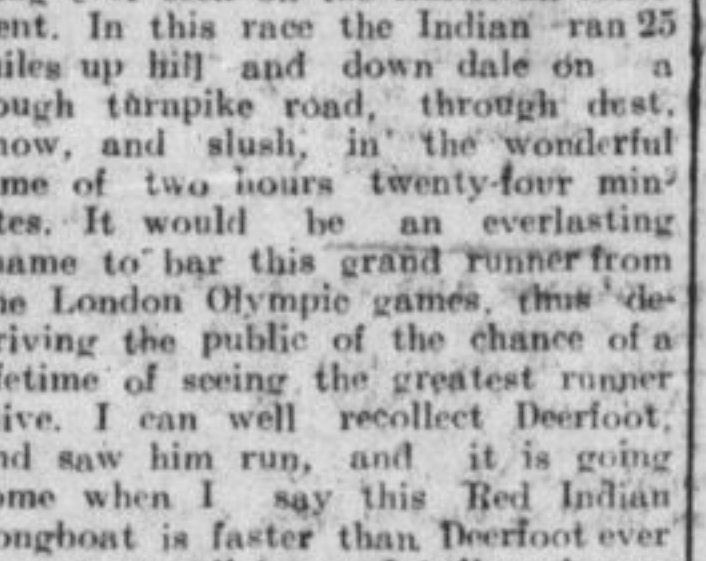
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Abbernethy's

Your Spring Shoes Are Here.

Everything that is New and Stylish is to be found here.

All the Newest Patterns in High Shoes, Oxford Ties and Buckle Pumps for Women and Girls.

All the Up-to-Date Lasts in High Shoes and Oxfords for Men and Boys.

In fact, everything that will appeal to the taste of good judgment.

INSPECTION INVITED

Abbernethy's

We Will Continue Our SALE OF FURNITURE During March.

A few lines of Mission Furniture, suitable for Dens, at special prices. Plate Racks, regular price, \$4.50, for \$1.50. Iron Beds, from \$2.50 to 25.

Marshall Sanitary and Ostermoor Mattresses, at Sale Prices. Combination Buffets, from \$25 to \$75. Solid Mahogany Bedroom Furniture, big reduction Parlor Set, in Solid Mahogany, \$125 for \$1.00.

R. J. REID,

230 Princess street. Phone, 577.

Polishing Mitten

Answers equally well for Furniture, Shoes and Stoves, and they keep your hands clean.

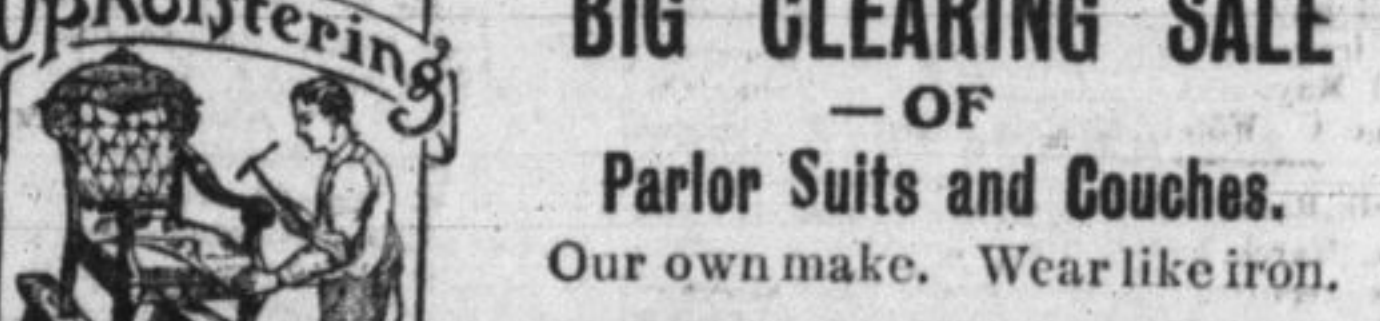
Price, complete with Dauber, 15c.

McKELVEY & BIRCH, 69-71 Brock St

UPHOLSTERING

BIG CLEARING SALE

—OF Parlor Suits and Couches. Our own make. Wear like iron.



A bargain for you. JAMES REID, The Leading Undertaker.

Ripe Bananas, Pineapples, Tomatoes, Tangerines, Malaga Grapes.

ORANGES CHEAPER THAN EVER.

A. J. REES, 166 Princess St

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TRAVELLING.

KINGSTON & PEMBROKE RAILWAY

IN CONNECTION WITH Canadian Pacific Railway

LOW ONE-WAY RATES

Second Class One Way Daily, February 29 to April 29.

Various B. C. Points, Vancouver, Seattle, Portland, etc.

\$50.10

Full particulars at K. & P., P. R. Ticket Office, Ontario St., F. CONWAY, Genl. Pass. Agent.

RAY OF QUINTE RAILWAY

Train leaves union station, Ontario Street, 5 p.m. daily (Sundays excepted), for Trent, Sydney, Napanee, Beckettville, Beckettville and all points north.

For secure quick dispatch to Beckettville, Maynooth, and points on Central Ontario, route your shipments via Ray of Quinte Railway for further particulars, apply to H. W. DICKSON, Agent, Phone No. 3.

GRAND TRUNK RAILWAY SYSTEM

ONE-WAY COLONIST RATES

Daily Feb. 29th to April 29th. Vancouver, B.C., Victoria, B.C., West- Vancouver, B.C., Seattle, Wash., Tacoma, Wash., Portland, Ore., \$50.10.

San Francisco, Cal., Los Angeles, Cal., San Diego, Cal., \$52.05.

Local Branch Time Table. Trains will leave and arrive at City Depot, Foot of Johnson street.

GOING WEST.

No. 5 mail — 12:30 a.m. 3:07 a.m. No. 3 express — 2:35 a.m. 3:17 a.m.

No. 11 local — 9:15 a.m. 9:47 a.m. No. 12 local — 12:25 noon 12:56 p.m.

No. 7 mail — 3:19 p.m. 3:51 p.m. No. 15 local — 7:03 p.m. 7:38 p.m.

GOING EAST.

No. 8 mail — 1:43 a.m. 2:17 a.m. No. 13 local — 8:15 a.m. 8:50 a.m.

No. 6 mail — 12:25 p.m. 1:36 p.m. No. 12 local — 7:03 p.m. 7:38 p.m.

Nos. 1, 2, 3, 4, 5, 6, 7 and 8 run daily. All other trains daily excepted.

For full particulars, apply to J. P. HANLEY, Agent, Cor. Johnson and Ontario Sts.

INTERCOLONIAL RAILWAY

Royal Mail Trains From Montreal to Halifax

CONNECTING WITH Royal Mail Steamers From Halifax to Liverpool

Canada's Famous Train THE MARITIME EXPRESS

Leaving MONTREAL Fridays at 12:00 (noon) carries passengers luggage and European mails reaching the steamer's dock at HALIFAX the following Saturday afternoon.

SPECIAL TRAINS carrying passengers luggage and mails when service is required do not connect with the MARITIME EXPRESS, leave HALIFAX immediately after the arrival of the steamer, making connections for Ottawa, Toronto, Detroit and points west.

For full particulars apply to nearest GRAND TRUNK RAILWAY AGENT, or to Montreal Ticket Office.

QUEBEC S.S. COMPANY BERMUDA

Reached in 45 hours from New York by the new Twin Screw Steamship "Bermuda," 2,500 tons, sailing at 10 a.m. 28th March, 7th, 14th and 22nd April and 8th, "Tribuna," at 3 p.m. 24th March, 2nd and 10th April.

West India Cruises from New York

New Steamer "Gulana," 2,700 tons, with all up-to-date improvements and other first-class steamers sail from New York every 12 days.

For beauty of scenery and perfection of climate these trips are unsurpassed. For illustrative pamphlets, rates of passage and all information, apply to A. G. OULICHINSKI & CO., Agents, Quebec Steamship Co., 29 Broadway, New York. A. ABERNETHY, Sec'y., Quebec, Canada, or to Ticket Agents, J. P. HANLEY, and J. J. OULICHINSKI, Kingston.

ALLAN Royal Mail Line TO LIVERPOOL

Victorian sails from St. John, March 27th. Halifax, March 28th. Liverpool, Triple Screw Steamer, 12,000 tons. First-Class \$60, Second-Class, \$47.50. Third-Class, \$28.75. Rates of passage and full information may be obtained from J. P. HANLEY, Agent G.T.R., at 63, 8 KING STREET, Local Agents.

COAL!

The sudden changes in weather ought to suggest the wisdom of putting in some good coal. We sell good coal. It's the kind that sends out the most heat, and makes the home comfortable; it's the best money can buy, and there is some better money.

We deliver it to you clean and without slate, at the very bottom price.

Booth & Co., Phone 133, Foot of West St.

"JUST IT!" For the breakfast on a cold morning a hot slice of "Just It" does the trick. Strictly Fresh Eggs, at 10¢ per dozen. Strictly Fresh, Phone, 670.