TRAVELLING.

KINGSTON & PEMBROKE RAILWAY
IN CONNECTION WITH
Canadian Pacific Railway

LOW ONE-WAY RATES
Second Class One Way
Daily, February 29 to April 29.
$50.10 Various B. C. Points, Vancouver, Seattle, Portland, etc.

Full particulars at K. & P., and C. P. R. Ticket Office, Ontario St.
F. CONWAY,
Gen. Pass. Agent.

BAY OF QUINTE RAILWAY
Train leaves union station, Ontario Street, 4 p.m. daily (Sundays excepted), for Tweed, Sydenham, Napanee, Deseronto, Bannockburn and all points north. To secure quick despatch to Bannockburn, Maynooth, and points on Central Ontario, route your shipments via Bay of Quinte Railway. For further particulars, apply to R. W. DICKSON, Agent. 'Phone, No. 3.

GRAND TRUNK RAILWAY SYSTEM
ONE-WAY COLONIST RATES
Daily Feb. 29th to April 29th.
Vancouver, B.C., Victoria, B.C., Westminster, B.C., Seattle, Wash. Tacoma, Wash., Portland, Ore ..... $50.10.
San Francisco, Cal., Los Angeles, Cal., San Diego, Cal. $52.05
El Paso, Tex. ..... $50.35.
Mexico City ..... $57.55.

Local Branch Time Table.
Trains will leave and arrive at City Depot, Foot of Johnson street.

GOING WEST.

		Lve. City	Arr. City
No. 5	mail	12.38 a.m.	1.07 a.m.
" 3	express	2.35 a.m.	3.17 a.m.
" 11	local	9.15 a.m.	9.47 a.m.
" 1	Inter. Ltd.	12.25 noon	12.56 p.m.
" 7	mail	3.19 p.m.	3.51 p.m
" 15	local	7.03 p.m.	7.38 p.m.

GOING EAST.

		Lve. City	Arr. City
No. 8	mail	1.43 a.m.	2.17 a.m.
" 2	fast express	2.35 a.m.	3.17 a.m.
" 14	local	8.18 a.m.	8.50 a.m.
" 6	mail	12.25 p.m.	12.56 p.m.
" 4	fast express	1.02 p.m.	1.29 p.m.
" 12	local	7.03 p.m.	7.38 p.m

Nos. 1, 2, 3, 4, 5, 6, 7 and 8 run daily. All other trains daily except Sunday.
For full particulars, apply to J. P. HANLEY, Agent, Cor. Johnson and Ontario Sts.

INTERCOLONIAL RAILWAY
Royal Mail Trains From Montreal to Halifax
CONNECTING WITH
Royal Mail Steamers From Halifax to Liverpool
Canada's Famous Train
THE MARITIME EXPRESS
Leaving MONTREAL Fridays at 12.00 (noon) carries passengers baggage and European mails, reaching the steamer's dock at HALIFAX the following Saturday afternoon.
SPECIAL TRAINS carrying passengers baggage and mails when inward steamers do not connect with the MARITIME EXPRESS, leave HALIFAX immediately after the arrival of the steamer, making connections for Ottawa, Toronto, Detroit and points west.
FOR TICKETS AND FURTHER INFORMATION, apply to nearest GRAND TRUNK RAILWAY AGENT, or to
Montreal Ticket Office
141 St. James St.

QUEBEC S. S. COMPANY
BERMUDA
Reached in 45 hours from New York by the new Twin Screw Steamship "Bermudian," 5,500 tons, Sailings every Saturday at 10 a.m.
Bermuda to Nassau, Bahamas
S.S. "Trinidad" fortnightly in February and March.
West India Cruises from New York
New Steamer "Guiana," 3,700 tons, with all up-to-date improvements and other first-class steamers sail from New York every 10 days.
For beauty of scenery and perfection of climate these trips are unsurpassed. For illustrated pamphlets giving rates of passage and all information, apply to A. E. OUTERBRIDGE & CO., Agents, Quebec Steamship Co. 29 Broadway, New York; A. AHERN, Sec'y., Quebec, Canada, or to Ticket Agents, J. P. HANLEY, and J. P. GILDERSLEEVE, Kingston.

ALLAN Royal Mail LINE
TO LIVERPOOL
From St. John. Halifax.
Tunisian, Sat., Mar. 21.
Victorian, Fri., Mar. 27. Sat., Mar. 28
Corsican, Sat., Apr. 4.
Rates of passage and full information may be obtained from J. P. HANLEY Agent G.T.R., or O. S. KIRKPATRICK, Local Agents.

COAL!
The sudden changes in weather ought to suggest the wisdom of putting in some good coal. We sell good Coal. It's the kind that sends out the most heat, and makes the home comfortable; it's the best money can buy, and there is none better mined.
We deliver it to you clean and without slate, at the very bottom prices.
Booth & Co.,
Phone 133. Foot of West St

"JUST IT."
For the Breakfast on a cold morning a hot slice of "Mild Cured Ham," and Strictly Fresh Eggs, at MYERS', 60 Brock street. 'Phone, 570.

An average yield of ginger in Jamaica is about 2,000 pounds an acre.

BOY SCRATCHED DAY AND NIGHT

Eczema Began When a Tiny Baby and Lasted 7 Years—Tore Crusts from Face Till It was All Raw—Screamed with Pain and Could not Sleep—Though Specialists Failed

CUTICURA EFFECTED A WONDERFUL CURE

"When my little boy was six weeks old an eruption broke out on his face. I took him to a doctor and got ointments and medicines but his face kept on getting worse until it got so bad that no one could look at him. His whole face was one crust and must have been very painful. He scratched day and night until his face sometimes looked like a raw piece of meat. I was nearly insane with his scratching day and night. Then I took him to all the best specialists in skin diseases but they could not do much for him. He sometimes screamed with pain when I put on the salve they gave me.

"When he was two years old the eczema got on his arms and legs so that I had to keep them bandaged up and I made gloves for his hands so the nails could not poison him worse. We could not get a night's sleep in months and my husband and I were all broken up. Then my mother asked why I did not give up the doctors and try Cuticura. So I got a set and he felt relieved the first time I used them, the Cuticura Ointment felt so cool. He used to wake up and ask for Cuticura to be put on when he itched so badly that he could not sleep, and he would say, 'Oh! Mama, that makes my sores feel so good!' I gave the Cuticura Remedies a good trial and gradually the eczema healed all up and now he is as well as any other children. He is now seven years old and the cure has lasted two months, so I think it will never return. I can't tell you how glad I am that Cuticura did such wonderful work in our case and I shall recommend it everywhere. Mrs. John G. Klumpp, 80 Niagara St., Newark, N. J., Oct. 17 and 22, 1907."

Cuticura Soap, Cuticura Ointment, and Cuticura Resolvent (in the form of Chocolate Coated Pills, in vials of 60). Sold throughout the world. Potter Drug & Chem. Corp., Sole Props., 135 Columbus Ave., Boston, Mass.
Mailed Frs., Cuticura Book on Skin Diseases.

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If you wish to be successful attend The
Kingston Business College
Limited, head of Queen street,
CANADA'S HIGHEST GRADE
business school, Bookkeeping, shorthand, typewriting, telegraphy, and all commercial subjects thoroughly taught by competent experienced teachers. Day and night classes. Enter at any time. Rates very moderate. 'Phone, 440.
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IMPROVE YOUR EDUCATION and INCREASE YOUR EARNING POWER
Day and Evening Classes at the
Frontenac Business College,
Barrie and Clergy Sts.
T. N. STOCKDALE, Principal.
'Phone, 680.

Proof is inexhaustible that Lydia E. Pinkham's Vegetable Compound cures female ills and carries women safely through the Change of Life.

Mrs. Letitia Blair, Cannifton, Ont., writes to Mrs. Pinkham:

"I was sick for five years. One doctor told me it was ulceration, and another told me it was a fibroid tumor, and advised an operation. No one knows what I suffered, and the bearing down pains were terrible.

"I wrote to my sister about it and she advised me to take Lydia E. Pinkham's Vegetable Compound.

"It has cured me of all my troubles, and I did not have to have the operation after all. The Compound also helped me to pass safely through Change of Life."

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

Some of the ice fields of Greenland are said to be a mile and a half in thickness.

NEWS OF NEIGHBORS

WHAT WHIG CORRESPONDENTS TELL US.

The Tidings From Various Points in Eastern Ontario—What People Are Doing And What They Are Saying.

Tichborne Tidings.

Tichborne, March 17.—The box social in the Presbyterian church was a decided success. A few took in the tea meeting at Fish Creek, on Friday evening last. Dr. Spankie, I.P.S., made his annual visit to the school last week, and reports everything in good condition. Visitors: D. Ferguson, Mississippi, at T. Duffy's; Mrs. A. Murdoch, Oconto, at Mrs. J. A. Brown's; Frederick Steele, Mississippi, at J. Hanna's; Mr. and Mrs. T. Swerbrick, at Mrs. H. Gray's.

St. George's Lake News.

St. George's Lake, March 17.—Crows have put in an appearance. The cheese meetings held in the school house on Monday night were well attended. A number from here attended the box-social at Tichborne on Monday evening. A merry sleigh load also took in the tea-meeting at Crow Lake on Thursday last. P. Riley made a flying visit to Tichborne on Monday. Service will be held in the Methodist church at Oconto, on Friday evening by Rev. G. Tredinnick.

Notes From The North.

Lavant Station, March 17.—Miss J. Murphy is at present sewing at Mrs. T. Lee's. J. Paul and William Paul who spent the winter at their homes returned to the west on Tuesday. Miss L. B. Headrick spent Saturday with Miss J. J. Jackson, Wilbur. We are glad to hear that William Browning's baby is recovering. R. Somerville, Queen's, conducted services here on Sunday, but on account of the weather the attendance was small. Mrs. E. J. McFarlane spent a couple of days at her home at Lavant.

Notes From Wilbur.

Wilbur, March 17.—The iron ore mine is making more progress now. It is running another shift at night. Visitors: Miss Mary Richardson has come to stay at her home here; Miss Headrick spent Saturday here with Miss Jessie Jackson; Miss Mamie Boyd at S. Jackson's; Miss A. Riddle has come to Mr. Alcorn's; J. Barr spent Sunday at his home at Clarendon; Mrs. S. Jackson at W. C. Boyd's. Miss Edna Jones returned home after spending some time in Kingston; W. J. Boyd spent Sunday at his home here; Miss J. Reid at home.

Washburn Wafts.

Washburn, March 16.—The weather has become quite mild and spring-like; the snow is daily settling. The Perfect Brick and Tile company is not working for a few days. Drawing hay is the order of the day in this vicinity. Recent visitors were Mr. and Mrs. Samuel Woods, at Mrs. J. Toner's; Mr. and Mrs. M. C. Millon, at H. M. C. Brown's; Ross Pringle has returned to the city; Mrs. Henry Toner, Erie, is at her mother's, Mrs. J. Fisher's; Miss Sadie Thompson has returned home after spending the last week visiting Miss Mamie Woods; Mr. and Mrs. B. Balls at T. Bell's, Willetsholme.

Ompah News.

Ompah, March 15.—The heavy rain storm broke up the Swamp Road and the teams had to go home from the Yankee camp. C. Dumas is engaged as engineer for the Chanler and Jones Co. James Watson left this week, for the west. Miss Maggie Pay, Mud Lake, is engaged working for Mrs. Robert Eady. A young son has come to stay at George Kellford's; a little girl has come to brighten the home of A. Hart, Canonto. A young son has come to stay at Ziney Keller's. S. Duman has returned home after spending the winter at Crolly Lake. William Miller has completed his job and has moved to his home at Snow Road. D. Miller spent Sunday at J. P. Wilson's; Miss E. Wilson is spending a few days with her sister, D. Gates. C. Strong made a trip to Lavant Station last week.

Notes From Fair View.

Fair View, March 16.—George Rooks and John Loucks spent Monday at Schuyler Loucks'. Stanley File bought a fine horse. Robert Hodron sold his farm to Mrs. Samuel McNeill. He is moving out near Selby. He bought another farm of thirty acres. Robert Denison has moved on his farm at Riverside, and is going to build a new house. Frederick Burley has moved on William Miles' farm. Archibald Hess is on Mrs. Empey's farm. Mrs. A. D. Snider spent a few days at Desmond, visiting friends. Mrs. Stanley Free was at home to a few friends.

At Ferguson's Falls.

Ferguson Falls, March 16.—William Bailey intends holding a sale of farm stock and implements on the 19th. D. Horrick, of Prestonvale, has brought timber here to build a new bridge. Rev. Father Keeney, of this parish, assisted in the forty hours devotion in Perth last week. James Hickey has returned home from the woods. The many friends of Mrs. William Rothwell will be glad to hear that she is recovering from a serious illness. Thomas Stafford was called to Renfrew to see his brother, Charles Hollinger made a business trip to North Bay last week.

At Chaffey's Locks.

Chaffey's Locks, March 17.—W. Kerr's infant son is convalescent. William Kerrnish has been very busy for the past two weeks grinding grain for the farmers. Mrs. T. F. Gray, Hallville, spent last week with relatives about here. Mrs. Nolan, Newboro, and Mrs. M. Burns, Cleveland, called on friends last week. Farmers are busy hauling saw logs, lumber, wood and saw dust as the ice and roads are in good condition. Miss Ruth Howard has returned to Newboro after spending a few days at home. Miss Rose Simmons has gone to Kingston. Capt. John Fleming left for Jones' Falls yesterday morning to begin work on the steamer Edmond.

News From Wellington.

Wellington, March 17.—Sandy Osborne and wife, who have been visiting their two sons and daughter in Chicago for a couple of months this winter, have returned home. Clayton Murphy is moving in his new home, the late John Garratt property. Alonzo Ruttan, of Belleville, was in town latt week. Mrs. Stewart Lloyd, of Bay View Cottage, was the guest of Mr. and Mrs. Jonas Lloyd last week. W. F. McFord is sick with la grippe. A number of new dwellings are to be erected here this summer. A. S. Rankin and mother visited at J. E. Clark's on Monday last. Ryerson and Mrs. Rankin visited Mr. Rankin's sister, Mary Louise, Cherry Valley, who is dangerously ill.

Notes From Maple Dale.

Maple Dale, March 17.—A large number attended the sale at D. Rea's. Cows brought from $35 to $65. James Agnew, proprietor of the Maple Leaf cheese factory, held his annual meeting Monday evening. D. Shook has been engaged in Maple Leaf factory for the coming season, much to the satisfaction of the patrons. Miss Sadie Thompson has returned home after visiting friends at Washburn. Frederick Cummings and James Thompson paid a flying visit to Westbrooke last week. Miss M. McNeely spent Saturday and Sunday at J. Weir's, Cushendall. Visitors: Mr. and Mrs. O. Kirkwood, at F. Johnston's; G. Orr and sister, Sunbury, at W. Thompson's; Mr. and Mrs. A. McCalpin, at A. Johnston's.

Brewer's Mills Briefs.

Brewer's Mills, March 17.—Roads are in a very favorable condition for the time of the season. Mrs. A. Thompson is quite ill with pneumonia; Dr. Gardiner in attendance. The funeral of J. Vanalstine's infant babe, last Sunday, was largely attended, services being conducted by Rev. Mr. Danby. Our school is progressing favorably under the management of our new teacher, Miss E. Gallagher, Wilton. The revival here has been well attended. Quite a number of residents from here drove to Inverary last week to attend the meetings there. Miss Kendall is in the city, taking up the dress-making course. Quite a number are busy hauling logs to the mill. Some are getting in their ice before the general break up. N. Johnston, Seeley's Bay is convassing through this vicinity for wall paper and other materials.

Crow Lake Items.

Crow Lake, March 16.—The tea-meeting on the 12th inst. was a grand success, and realized $24. Quite a number of young people drove to Fish Creek to a tea-meeting. Mr. and Mrs. S. Middleton spent Saturday and Sunday at Newboro visiting their daughter, Mrs. William Mars. Miss Mary Shellington has been visiting her aunt, Mrs. George Bradshaw, and other friends. Quite a number from here attended the leap-year box social held in the Presbyterian church near Tichborne.

Mount Hope Happenings.

Mount Hope, March 17.—A. Bradshaw is putting machinery for making butter from whey in his new cement cheese factory. When this is completed, Mr. Bradshaw will have one of the largest and best equipped factories in Ontario. Miss Sadie Alton has gone to Toronto, where she has secured a good position. Mrs. Frederick Kavaner and children are visiting at Bailey Day's. This neighborhood can boast of having in its midst one of the oldest inhabitants in the county, in the person of James McGuinness, who is now in his ninety-sixth year, and still hale and hearty and remarkably active. Mr. McGuinness bids fair to reach the century mark.

Bannockburn Budget.

Bannockburn, March 17.—Mr. Potter of Millbridge was a visitor in town on Sunday. Mr. and Mrs. William Warren have the sympathy of their large circle of friends in their sorrow in the death of their daughter Nellie. Thomas Nicol, merchant, has rented the grist mill. Walker Unwin was a visitor in Madoc on Saturday. F. Gardiner, of Eldorado, paid our town a flying visit on Monday. James Bailey has just completed his contract for log hauling to the saw mill. William McEwen and Miss McEwen are visiting friends in Madoc and vicinity. The shanties in this locality are now breaking up after a very hard winter. Owing to the lack of feed and deep snow the returns will be small. Mr. Nicol and James Hunter are unloading a couple of cars of hay. The price of hay is now quoted at $19. Mr. Collins, of the Jordan, has moved his portable saw-mill into Mr. Wallbridge's camp, and will be busy most of the spring and summer. Bert Tompkins, of Gilmour, was a visitor at James Harris' last week. The roads are reported to be in a very bad condition, caused by so much log hauling. The Lenten services in the village church are being well attended. Ernest Chase reports much progress in his school of telegraphy at the C. O. R. station. It is expected that three of the students will be ready for relieving work by spring. All the farmers are getting their buckets out for sugar making. It is thought by some of the old weather prophets that the season will be very short this year. Frederick Stapley has returned after spending a short time in New Ontario. Alfred Sanfred has his blacksmith shop completed, and he and Mr. Stapley have begun operations at the George White gold mine.

KATHRYN OSTERMAN,
In "The Girl Who Looks Like Me," at The Grand, on Thursday, March 19th.

Keep well.
If those old Headaches are coming back—if you have no appetite—if the whole system seems run down—set everything right with a morning glass of
Abbey's Effer-vescent Salt
At druggists—25c. and 60c. 156

AN EATING ULCER.

Ulcers are a skin disease, and are more or less directly occasioned by a bad state of the blood, which produces acrid humors and corrupts the secretions.

No one can expect to have a skin free from disease when the blood is in a disordered condition and the stomach and bowels acting feebly in consequence.

Through its wonderful cleansing, purifying powers on the blood, and its renovating action on the entire system, Burdock Blood Bitters has made thousands of cures of different skin diseases during the past thirty years it has been on the market.

Mrs. Joseph Robinson, Hallerton, Que., writes: "I had an eating ulcer on my ankle. I took two bottles of Burdock Blood Bitters and it worked like a charm, cleansing out all the impurities from my system and improving my appetite. While taking the B.B.B. internally I used it externally to cleanse the sore, and it helped a lot."

Wood's Phosphodine,
The Great English Remedy. Tones and invigorates the whole nervous system, makes new Blood in old Veins. Cures Nervous Debility, Mental and Brain Worry, Despondency, Sexual Weakness, Emissions, Spermatorrhœa, and Effects of Abuse or Excesses. Price $1 per box, six for $5. One will please, six will cure. Sold by all druggists or mailed in plain pkg. on receipt of price. New pamphlet mailed free. The Wood Medicine Co. formerly Windsor. Toronto, Ont.

Cheerful days—the days when you take Cascarets. Isn't it wonderful what a difference one little candy tablet makes?

We all need a laxative sometimes.
How often we need it depends entirely on how we live.
If we exercise largely, and eat the right food, we need a laxative only occasionally.
But if we live in-doors, and get too little laxative effect in our food, we may need to get it quite frequently in some other way.

Nobody can doubt the need for a laxative. The only question is: Which one is the best?
And that isn't a question now.
Cascarets are known to embody the only laxative which acts in a gentle and natural way.
Castor oil merely greases the bowels.
Cathartics and salts, acting as pepper acts in the nostrils, flush the bowels with fluids.
But those fluids are digestive juices, and we will lack them tomorrow if we waste them today.

Cascarets alone cause the muscles of the bowels to act the same as some foods will do.
Carry them with you. Take one when you need it. You will then enjoy all the good effects of keeping the bowels clean.

Cascarets are candy tablets. They are sold by all druggists, but never in bulk. Be sure you get the genuine, with CCC on every tablet. The price is 50c, 25c and
Ten Cents per Box
807

What Everybody Has Been Expecting and Looking For.
A Record Sale for the New "Writing in Sight"
L. C. SMITH & BROS'. TYPEWRITER

We have just closed our first 3 Years' Business.
We have SOLD over 1,400 Machines in Canada.
We hold the biggest record for the sale of any Typewriter placed on the Canadian Market.
Have you seen our new Ball-Bearing Type Bar?
Our Opponents said we "Couldn't do it." "WE DID."
It will be money in your pocket to look at it.
Let us demonstrate it to you.
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A Full Stock of Typewriter Supplies for all makes of Machines always on hand.
We have a large stock, all makes, 2nd hand Typewriters; sold on easy terms.

THE LITTLE BEAUTY NIGHT LAMP
Will stand or hang. A perfect lamp for halls, bathrooms, bedrooms, &c. Burns ordinary coal oil without odor or smoke. Quarter pint oil will last forty hours. The lamp itself is made of Nickel Plated Brass, and if cared for properly, will last a lifetime. Yours on approval, try one. Price 75 Cents.
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Velour Calf Blucher Cut, all sizes and natty lasts.
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