STOMACH INDICESTION.

Peruna Strikes at the Root of the



of Toronto, and a well-known business man, writes from 247 Guy street, Montreal, Quebec:

"I wish to testify to the good results years with catarrh of the head, I decided to give Peruna a fair trial and I can truly say I have received great benefit from its use.

"It evidently strikes at the very roos

valuable remedy for stomach trouble | few days. and indigestion. "I have no hesitancy whatever in recommending Peruna as a reliable catarrh

remedy." There are several kinds of indigestion. The trouble may be due to sluggish-

ness of the liver, derangements of the bowels, enlargement of the pancreas, or it may be due to the stomach itself. In nearly all cases of stomach indiges-

tion catarrh is the cause. The only permanent cure is to remove the catarrh. Peruna has become well-known the world over as a remedy in such cases.

P 37 Years' Record 9

As results speak louder than words" so also a Company that can point to a "successful record of 37 years" is sure to receive the patronage of the Canadian public which is quick to discern sound and progressive management in the interests of policyholders.



has just such a record for successful management from the establishment of the Company in 1870 up to the present day, as the following summary

Add present Assets, Dec. 31, 1906. \$10,385,539.84 Amount paid to Policy-holders and heldfor them \$17,862,069.10 Total Premiums received. \$17,338,715.05 Excess of Assets and pay-ments to Pelicy-holders

ever promium receipts. . \$ 523,354.05 Write Head Office, Waterloo, Ont., or call on

S. ROUGHTON - District Agent Kingston,

stability, more controlling, more governing strength. Without that the Heart must continue to fail, and the stomach and kidneys also have these same controlling nerves.

This clearly explains why, as a medicine, Dr. Shoop's Restorative has in the past done so much for weak and alling Hearts. Dr. Shoop first sought the cause of all this painful, palpitating, suffocating heart distress. Dr. Shoop's Restorative—this popular prescription—is alone directed to these weak and wasting nerve centers. It builds: in strengthens at offers real, genuine heart help.

If you would have strong Hearts, strong dispession, strengthen these merves—re-establish them as needed, with

Dr. Shoop's Restorative "ALL DEALERS"

0000000000000 Women's Pains

"I received your sample of Zutoo 30 minutes I was entirely free from pain and experienced no more throughout the period. I suffer a great deal at these times and feel grateful that I now have a remedy which affords quick re-lief. Every woman in the land should know about Zutoo Tablets and what they will do."
MRS. ALLEN WRIGHT, Fulford, Q.

Gold in Gwilight

(Continued from page 2.) Place," entertained a number of Chisolm, wings. included: The principal of Queen's, ferce. Mrs. Daniel Jordan, Mrs. Adam Shortt, Mrs. A. P. Knight, Mr. and Dr. and Mrs. W. G. Anglin, Mr. and Hope seven. Mrs. W. R. Sills, Mrs. G. Y. Chown, Miss Sarah Lavell, Miss Violet Smith, Mr. S. J. Massey, formerly a resident supper, and managed this part per- battle for the silverware.

A number of the young people are looking forward to a party, on Fri-I have derived from the use of Peruna. street home. The guests have been asked to represent some animal, and the results achieved by fertile brains and skilful fingers will be certain to cause much amusement.

of the trouble and good results are soon | Wilgar have been, the centres of at- Association series. traction at several very small and in-"I have also found Peruna a very formal little functions within the past

To-morrow will have more than its share of gaiety, several bridges being

Florence Welch, on Monday. Mrs. Newman, 178 Barrie street, has

Mrs. W. Busby asked a few married ladies to a little game of bridge at 'Annandale' this week, Mrs. Elmer Davis, Sydenham street,

There was a pleasant and informal little tea, yesterday, for Mrs. A. J Herbermann.

Mrs. James Third, Wellington'street, was hostess at a ladies' luncheon party to-day.

Miss Macaulay, King street, is Stratford, paying a little visit to her

niece, Mrs. Charles Abbott. Mrs. H. W. Snelling, Division street will be hostess at a thimble tea, on

George Anglin, last week. sell Wilson, in Montreal, came home

home, in Kingston, on Monday.

Miss Lena Staley, of Kingston, is a one day guest of Miss I. M. Braniff, of Brock

where she will visit her daughter, Miss ment, Fredericton, N.B.; Lieut, Costin, melo-drama, "A Firebug Foreman." self, actually diseased. It is almost always a Mrs. Charles Bate, of Ottawa, enhidden tiny little nerve that really is all at facit.
This obscure nerve—the Cardiac, or Heart Nerve tertained at a very enjoyable little ming, 36th Regiment, Toronto; Lieut.

Conflagration in Paris and made part ten, on Saturday afternoon, in honor Nordheimer, R.C.D., Toronto; Capt. of the melo-drama. The fire is shown of her guest, Miss Edith Van Stran- Archimbault, 6th Regiment, Montreal; from start to finish, and is the finest

> A,O.H. EUCHRE PARTY. Very Pleasant Affair Last

and the ladies prize, a beautiful five Kenna very pleasant entertainers. o'clock china ten set, was won by Mrs. S. Brooks, while the gentlemen's prize, a beautiful volume of Moore's poems. and Leo Gallagher.

Instrumental solos were rendered by he Misses Hanley, Crowley, Mrs. Brooks, Mrs. Gallivan and Mrs. Steele and songs by Messrs, Brooks, Crowley and Kane, while little Miss Cleary (monthly) and headache. At the end of danced the Highland Fling in her usual the Kingston Old Boys' association to greatly beloved Rev. Dr. Henry W pleasing way. This is the last of these social gatherings until after the Lenten season. Mr. Ronan, as master of ceremonies, performed his duty in his usual pleasing way.

Miss. Isabel. Ryder celebrated her The snow this afternoon put the snow off the ice in the harbor. wenty-first birthday on Monday even- street car service out quite a few ing by giving a birthday supper. A minutes. The wet snow makes a very number of her friends gathered in and slippery rail, and the cars had quite from seven until one p clock a happy a time getting up some of the streets time was spent. The table was laid around the city. with flowers in the middle and decora- The Stratford team did not arrive

Dr. C. A. Publow received his pro- ternoon, being on the second section fessorship at Cornell university on Sa- of the western train. The trains all turday. After the ceremonies con- day have been delayed by the snow nected therewith Dr. Publow, who has and rain. gained for himself hosts of friends, | Quite an amount of money has been

Mere present the positive Experience unnecessary. We give advice the Core new up both. "Moosy in Canada." Secretary William Hewitt, of the paper, a new paster lines fluence and free, flyon name this paper, a new paster lines fluence and the core of the paper, a new paster lines fluence and the core of the paper, a new paster lines fluence and the core of the paper, a new paster lines fluence and the paper, and the paper amount on the round. The better paster lines fluence and the paper, and the paper amount on the game, and the paper and the paper amount on the game, and the paper amount on the game to-night, and the paper amount on the game to-night, and the paper amount on the game to-night, and the paper amount on the game, and the paper amount on the game amount on the paper amount on the game amount on the paper amount on the

INSTITUTE BOYS WON.

Had a Game With the Kingston Business College. The Kingston Collegiate Institute CONSTRUCTION AIMED AT team easily defeated the Kingston)

Business College boys, on Zion rink. Tuesday afternoon, the final score be-

K.B.C. (2)-Playfair, goal: Ayles: worth, point; Langdon, cover; Hicks, Mr. and Mrs. W. S. Ellis, "Tintern rover; Robinson, centre; Watson and

To Play On Friday Night.

Miss Mona Knight, Mr. A. McPhail The final games to decide the chamand Mr. Lindsay Malcolm, Miss Edith pionship of the junior city league the liberal party, who was making his speech in the house in that capa-speciation.

The final games to decide the chambard the liberal party, who was making his superintendent of agencies for the asymptotic sociation. Ellis and her two brothers, Mr. Doug- the week. The Regiopolis and St. city.

Mills-Dalton Team Won. The New York athletic club hockey day night, at a hospitable Johnson team defeated the Wanderers by 13 to street home. The guests have been 3, and still holds second place in the government speakers, he contrasted & Saguenay railway from St. Anne New York hockey league.

To Play Thursday Night.

IN THE FIELD TO STAY.

Indignant.

on the topics. Both afternoon and M.P., are very sore over the treat- ed were dug by liberals. The esti- watchman, broke open the safe, and Mrs. W. H. Wormwith, Earl street, him down for W. F. Nickle. Mr. Met. over a million. The government had and Pipe company, Washington, Pa., will give a little tea, on Friday, for calfe had already on two occasions an undertaken no new, work, and yet resumed operations on Wednesday. Mrs. J. E. L. Goodwill, of Peterboro. nounced himself as a candidate, and there had been an unexplained drain Over 1,000 miners in the Cherry Valhas been canvassing for some time, upon the public purse. On their chosen ley district have resumed work. Mrs. Thomas Slater, Barrie street, Hence there was no need, they say, of ground, the agreements entered into The plant of the American Iron will give a dance for her visitor, Miss another candidate being brought out. with the Montreal River company, Mr. Steel company, Reading, Pa., resumed. plainly that he was in the field, and government to have been more advan- | 000 men. The company reports ar that he intended to remain.

On Monday evening, Mrs. R. Uglow, Metcalfe is not the kind of a man who new merely had for its object the perished Tuesday night in a fire in Barrie street, gave a small bridge can be bought off. He declares that swelling of revenue. He wrung from store building at Briers, Minn. Mr no position in the gift of the Whitney the government an admission that and Mrs. Owens were badly burned. government can keep him out of the they had no intention of bringing

Kingston. In 1892, he defeated the out going through the protracted for will be hostess at a card party to- late Alexander Conn in a bye-election. malities of appeal to the dominion and to get a seat at Toronto or Ottawa, cational policy of the government re and a great many think that Mr. Met- ceived censure, while an interrogation calle is the only conservative in Kings- as to the results accruing from the

OF A MILD NATURE.

Outbreak of Small-pox at Syden-

Medical Health Officer Dr. Bell, go to ment would be unwise to introduce any show that the outbreak of small-pox measure of law reform this session in that place is of a very mild na- quoting as his precedent an action of ture. All the necessary precautions the late Sir Oliver Mowat. With a are being taken, and the patients are few brief words the premier defended Miss Gertrude Anglin, Barrack doing well. The stage has not been his attitude regarding the famous street, went back to Omaha with Mr. stopped, but a special watch is being "three-fifths clause" in reply to the opkept upon it, to see that no person position leader's claim that the ma-Miss F. F. Phillips, who has spent comes into the city who would spread jority should rule. When the urban some time with her niece, Mrs. Rus. the disease. Similar action will be school grants were arranged he intimtaken regarding other vehicles coming ated that two million dollars would be into the city. The houses have under- spent in education this year. Dr. C. A. Publow will reach Picton, gone a thorough fumigation, and a to-night, from Cornell, and will be general order was given for everyone to be vaccinated. Three hundred people were examined and vaccinated in Part of a Fun Melodrama at "The

Long Course Officers.

Entertained Friends. The Misses Bridgie and Mac Mc- afternoon and evening. Kenna, Bagot street, entertained

about thirty of their young friends at their home last evening with dancing. The A.O.H. held another enjoyable games, etc. Refreshments were served the railways, to-day, and nearly progressive suchre party, in its hall, at midnight. Many vocal selections the trains were late. The snow drive last evening, which was greatly ap- were given during the evening and the ed in on the branch lines, and som preciated by the large crowd present. Jolly affair came to a close at two trains were over two hours late. The There were twenty-two tables in play, o'clock, all voting the Misses Mc- front of the engine on the Bay

What Causes Headache. From October to May, colds are the snow storm set in about ten o'clock was won by F. Whitcomb. The con- most frequent cause of headache. Lax- and continued all night, and it w solation prizes went to Mrs. P. Hayes ative Bromo Quinine removes cause. very cold. W. Grove on box, 25c.

> An informal reception will be tendered to E. J. B. Pense, M.P.P., by York, regarding her late father, t

Kingston Old Boys.

Great Odds And Ends Sale. Thursday and Friday, Wilkinson's old stand, Wellington street.

in the city until 3:30 o'clock this af-

BY THE LIBERAL PARTY.

ing 7 to 2. The deams lined up as Let the Majority Rule is Liberal 833,615. Motto Regarding Option-Leader Backed By a United Party.

Toronto, Feb. 26.-In the closing margarine are being sold as butter in Queen's College professors and their K.C.I. (7)-Sliter, goal; Mundell, sentences of his speech in the legisla- Chicago. wives, last night. Cards were played point; McCammon, cover; Reid, rover; ture, yesterday, Hon. A. G. MacKay, in the dining-room and the drawing- Moran, centre; Freeman and Sproule, defined what he considered to be the burg Coal company, at Webster, has duties of a public man. Particularly resumed work. son and a flow of soul. The guests A. Smith made a satisfactory re- he addressed himself to the position which he and his colleagues in oppo- the frontier say the rebellious natives sition occupied. The accusation had are likely to yield soon. been made by supporters of the gov- Eight more mills of the Vandergrift Mrs. Cecil Lavell, Mr. and Mrs. A. L. The first game in the final round of ernment that opposition speakers had Steel Works, Vandergrift, Pa., are be-Clarke, Mr. and Mrs. F. O. Willhofff, the junior intercollegiate series will failed to find anything to criticize in ing placed in operation this week. the Rev. and Mrs. Alexander Laird, likely be played here on Friday night, the administration of the Whitney The government will send exhibits Mr. and Mrs. John Matheson, Mr. and between Cadets II and Trinity Col- regime. Mr. Mackay pointed out that from the dominion to the Franco-Mrs. Russell Stuart, Professor and lege, Port Hope. The Cadets have the making of suggestions, the fol- British exhibition in London free of Miss Fowler, Mr. and Mrs. Stafford kept well in practice and should be in lowing of which led to the conferring charge. Kirkpatrick, Mrs. William Workman, condition to put it over the Port of benefit upon the community, was of British Columbia's appeal against far greater importance than mere Chief Justice Hunter's decision in the criticism of accomplished acts. Natal act was dismissed by the full Throughout his address the same high | court. level was maintained by the leader of The Home Life association of Canada

declared his followers to be pledged. to Russia, in succession to M. Bom-Without dealing with the repetitions pard, retired. of scandals which have formed the A syndicate with \$5,000,000 capital government speakers, he contrasted & Saguenay railway from St. Anne the constructive policy of liberal gov- de Beaupre to Tadousac. ernments with the inertia of the pres- A deputation from Berlin and ent holders of office. He showed how Waterloo waited on the government the present prosperous condition of the at Ottawa to advocate a new post of-The Royals and R.C.H.A. will play finances of the province were not one fice and customs building at Waterat the Royal rink on Thursday even- to any constructive act initiated by loo. Mrs. G. C. Mackenzie and Mrs. Percy ing in the Kingston Amateur Hockey the conservative party. The complacent congratulations extended towards peals affirmed the judgments of conthe provincial treasurer by the mover viction against Gibson, Jackson and and seconder of the address on the Neff in the so-called "Buffalo gravefact that he anticipated a surplus of yard' cases, J. H. Metcalfe's Friends Are Very balf a million were shown to be value. An armed band raided the railway less. The channels through which the station at Peshawar, India, to-day, The friends of J. H. Metcalfe, ex- increased provincial revenue had flow- wounded the station master and a ment accorded their old friend by the mates placed before the house last captured six hundred rupees. Conservative Association, in turning year held promises of a surplus of The rolling mill of the Tyler Tube Mr. Metcalfe told Mr. Nickle very MacKay proved the policy of the late Tuesday. Its employees are nearly 1. asked a few of Miss Jean Newman's It is said that Premier Whitney will the present administration. The old Three persons, a servant girl, the in provide for Mr. Metcalfe by offering policy had been framed to help coloni- fant child of Mr. and Mrs. M. W. him a government position, but Mr. zation and development, while the Owens, and a brother of Mrs. Owens,

down this session any measure of law Mr. Metcalfe's friends point out that reform. He pointed out how a subhe was the last conservative to win a stantial and progressive measure might | The Government Will Not Change legislative or parliamentary election in be placed on the statute books with No tory since that time has been able imperial houses. The vacillating edu ton who can carry his party to vic- power policy was absolutely unanswered by the premier.

Hon. Mr. Whitney closed the debat with a characteristic defence of the acts of himself and colleagues, and incidentally made comparisons with the work of the former office holders. He Reports received from Sydenham by stated emphatically that the govern-

A FIRE-SPECTACLE.

pects to come shortly to Kingston, R., Halifax; Lieut. Russell, 68th Regi- row in the great fire-spectacle and received. 6th Regiment, Halifax; Lieut. Roscoe, This splendid scene was photographed Lieut. Willes, R.C.R., Fredericton, N.B. picture of the kind ever published. John Robert Davis and Vera Holden sing two songs at every performance, Amal. Copper ...

Hard On Railroads. The storm of last night was hard Quinte train was covered with snow when the train pulled in. The stor was very severe around Tweed. The

In The Whig To-Morrow. To-morrow, the Whig will publish letter from Miss Madele Witson, No son. There also will appear severa letters on local topies, which had be held over.

The ice yachtsmen are pleased to the soft weather, as it will take t

Get acquainted with the big black plug chewing tobacco. A tremendous favorite everywhere, because of its richness and pleasing

PITH OF THE NEWS, ULTINEU The Very Latest Culled From All Over The World.

Roderick Nicholson was burned to leath at High Bank, P.E.I. The police estimates in Toronto for the year total \$410,859, an increase of

The Nova Scotians' claim to rank as creditors of the York Loan was re-

Large quantities of colored oleo-

The Equitable mine of the Pitts-Despatches to Calcutta, India, from

"The greatest good for the greatest | Vice-Admiral Touchard has been ofnumber was the policy to which he ficially appointed French ambassador

THREW DOWN GUAGE.

the Demand.

Toronto, Feb. 26 .- Over half a thou sand members of the Ontario branch of the Dominion Alliance waited upon Premier Whitney and members of the government, this morning, pressing their views regarding the repeal the famous three-fifths clause in the local option legislation. In a somewhat lengthy speech the

premier expressed the sympathy the government felt for the temperance movement, but stated that when they had made up their minds as to the right course to be followed neither threats nor anything else would divert them from that course. He even told the deputation that a three-fifths or some similar majority was sometimes required in their own church courts. If the three-fifths clause were to be made a party issue, then, he said, the government threw down the guage of battle. He stated that there was no need to refer to the states for precedence and so forth, since there were plenty such in British legisla-

Mr. Whitney took occasion, particularly, to express his views with reference to the statement of Rev. Dr. Baker, Columbus, Ohio, who had ad-Did you ever see a great fire in a dressed the alliance, yesterday, saying Hunter subsequently deciding the act big city, with its booming bells, that with regard to the three-fifths does not apply to Japanese, have been Miss Fanny Sullivan, Kingston, The following officers are attending clause he thought this was an undeported by the dominion immigration of the dominion immigration of the state of the st Mrs. C. W. Mitchell, of Ottawa, ex- E. R. Hale, Halifax; Lieut. Pope, R.C. all at The Bijou to-day and to-mor- how the statement ought to have been other than that of his birth.

NEW YORK STOCKS.

Stocks

Prices Furnished By F. W. Boschen (Per W. Hector H. Hume, Manager.)

February 26th.

750	A copper in in in		20.4	
	Amer. Loco. com	32	32	
	Am. Sug. Lefin. Co	1111	1121	
	Am. S. & Refin. Co	584	_08A	
m	Anaconda Min. Co	317	52	
11	Atchest T. & St. Fe	67.8	681	
t-	Balti. & Uhio	18	184	
ne-	Brooklyn R. T	40	404	
ne.	Canadian Pacific	143	143	
of	Chgo. Gt. Western	34	38	
W	C. Mil. & St. P	1081	1084	
m	Colorado Southern	-90	224	
ne	Cons. Gas N.Y	100	100	
k,	Col. Fuel & Iron	16	16	
NB.	Delaware & Hodson	145	1464	
90	G. N. Ry., pfd	118	1184	
83	hansas & Tex, com	18	18	
	Kansas & Texas, pfd	47	47	
a	Louisville & Nashville	894	891	
Mr.	Missouri Pacific	302	304	
10	Min. St. P. & S. St. M.	931	934	
il-	N. Y. Central	944	944	
nl.	Erie Railroad	12	12%	
0	Northern Pacific	1203	1201	
233	Pennsylvania	112	1121	
ve.	Reading	951	951	
9	Rock Island	111	107	
10	Rock Island pfd	214	214	
題	Southern Pacific	68	68	
už.	U. S. Steel, com	28	281	
T	U. S. Steel, pfd	915	919	
н	U. S. Rubber com	181	900	
	U. P. com, ex-div. 21 p.c		1132	
		01	A CONTRACTOR OF THE PARTY OF TH	
-	Wahash	46	8 47	
8	west Un. Tel	30	200	
	CHICAGO PRICES.			
M		mary !	264h	
18		pening		
Н	Mav	964	954	
	STREET, STREET, STREET, STREET, SQUARE, SQUARE,	ALL DESCRIPTION OF REAL PROPERTY.	A CONTRACTOR OF THE PARTY OF TH	

Nearly every woman would feel better for a Cascaret every day. Women exercise less than men. That's why they need help most.

A woman moved into a new flat with a bath room, and she said to a visitor: "You don't know how anxious I am for Saturday night. ! want to take a bath."

That's what some of us do with our bowels. We get into the habit of periodical cleansing. And we never realize how much better it is to give a little help every day.

That's the reason for Cascarets. To give you a convenient vest-pocket laxative, the action of which is as natural and gentle as the action of laxative foods.

They are not like the old-time physics castor oil, salts and cathartics. We took them only when we were forced to. We let matters run until the bowels were clogged, and we were miserable.

Today we keep at our best. The way is to take one Cascaret just as soon as you know that you need it. The results are as pleasant as the dose. Those who exercise enough, and eat coarse food and plenty of fruit,

who live in a natural way. Cascarets are candy tablets. They are sold by all druggists,

All others do need them. Cascarets do just what Nature does for those

but never in bulk. Be sure you get the genuine, with CCC on every tablet. The price is 50 cents, 25 cents and

TEN CENTS PER BOX



don't need them. "

cases cured in one mouth in Paris. The National Medical Board has recommended this Remedy for use majority of the male immates are victims of lost Vitality in its most terrible form. In Europe the remedy is endorsed by all governments and is now used as a Specific in the great standing armies of both France and Germany. Stops losses in from seven to ten days so that they never return. Drains entirely cease after a few day's treatment. The skin becomes clean, the eyes bright. Confidence returns, step elastic, bowels mory, the mind becomes bright and active. A Food for brain and Blood. A permanent cure no matter how chronic the case. Just send us to-day your name and address plainly written and a 5 days treatment of kestorine will be sent FREE in plain seated packs age Do not hesitate a moment. We will treat you with success and with honest confidence.

appliance to help you.

Dr. KOHR MEDICINE CO. P.O. DRAWER L, 2341. MONTREAL.

Surgical Aids Authors & Cox 135 Church St. Toronto. Est 1860

Trusses Our success in fit-

ting Trusses is phenominal. Yet it is not to be wondered at, For 48 years, we have studied, tested, examined, invented. Other helps for Spinal Curvature, Un-To-day, we guarantee to fit every ruptured person with a truss, that is not only easy and comfortable, but also a truss that will retain the rupture.

Our ability to help the afflicted, is limitless. Our Artificial Limbs enable those - who have lost one or both legs-to walk, ride bicycle, and even skate. united Fractures, and other deformaties, are made to order. If you are afflicted in any way, write us for the

St. Lawrence Sugar Refining Co. Ltd MONTREAL

Manufacturers of the choicest

REFINED SUGARS

Granulated and Yellows. Made entirely fron cane ugar. Be sure you ask for "St. Lawrence."

JAPANESE DEPORTED.

cupied Courts. under the Natal act, Chief Justice of which he died.

near Port Arthur.

Kicked By Horse ; Killed Brockville, Feb. 26.-While leading a Two Men Whose Case Has Oc- spirited colt to water Master Willie Hunt, a lad of ten years, living near Vancouver, Feb. 26.-The two Ja- Huntley, received a kick in the abdopanese detained in New Westminster men, receiving injuries from the effects

spending several weeks with Mrs. Ar the long course at the Royal Military rushing past by dozens, red flames civilized country. Mr. Whitney stated, tion officials under the order in coun-friends of Mr. and Mrs. H. Gough thur Brophy, in Ottawa, has left for College: Capt. Clark, D.S.A., Ottawa; soaring, black smole rolling high, emphatically, he could not allow this cil forbidding any foreign immigrant called at their home, at 34 Charles Lieut, Cobbett, Victoria, B.C.; Capt. walls crashing? Well, you may see it insult to pass unnoticed and he told to enter Canada from any country street, and spent a very pleasant time. About thirty couples were pressent, and there was dancing and Another big discovery of iron ore games. Supper was served at mid-

> GREAT BRITAIN says NO ALUM IN FOOD and strictly prohibits the sale of alum

baking powder-So does France So does Germany

The U.S. Congress has made the sale of alum foods illegal in Washington (District of Columbia), and alum baking nowders are everywhere recognized as injurious.

To protect yourself against alum, when ordering baking powder,

Say plainly-

and be very sure you get Royal. Royal is the only Baking Powder made from Royal Grape Cream of Tartar: It adds to the digestibility and whole someness of the food.