Repeat it. Learn It. Know It.

Shiloh's Cure

Will Cure My Cold.

Experience Has Taught Us How

to make Pen-Angle, the best underwear you can buy. Like trained athletes we know how to do some things better than those who have not had so much experience. For forty years we have been manufacturing Pen-Angle Underwear, and the knowledge gained during that period you'll find knitted into our Underwear of to-day.

You'll Note It

Pen-Angle

WARRANTED HIGH GRADE PENMAN'S UNSHRINKABLE

Trade Mark

in the Perfect **Form Fitting** shapeliness of every garment, whether for man, woman or child—

In the **Permanent Elasticity** of the fabrics, which means retention of shape and greatly added strength—

In the Soft Feel of the garments—

In the Washing, for Pen-Angle doesn't shrink—

In the firmly secured buttons; sewed to stay on.

Furthermore, *Pen-Angle Underwear is Guaranteed.* Your money promptly refunded by your dealer at our expense for any garment, bearing the Pen-Angle in red, that is found defective in material or making. You're safeguarded in every way when you buy Pen-Angle.

Penman's No. 95 stands supreme in a medium-weight natural wool garment. Fine quality of wool, absolutely fast dyes. Best value.

Also makers of Pen-Angle Elastic Ribbed, Wool Fleece, Scotch Knit and Balmoral Stripes, and Pen-Angle Hosiery.

PEN-ANGLE UNSHRINKABLE UNDERWEAR

IT IS a very simple operation to bake on the SOUVENIR RANGE.

The aerated principle of the SOUVENIR provides a constant flow of pure air, heated to the temperature of the oven before it enters it. This ensures a baking of bread or cake from "falling."

If bread, cakes or pies are to be light and wholesome, they must be surrounded by pure air while baking. In no range is this supplied so scientifically as in the SOUVENIR.

The aerated oven of the SOUVENIR places it away ahead of all other kitchen ranges.

Every Souvenir is absolutely guaranteed by the makers.

THE GURNEY-TILDEN COMPANY LIMITED

Hamilton Montreal
Winnipeg Vancouver

SOUVENIR RANGE

S. J. HORSEY, LOCAL AGENT.

AUTHORS & COX

135 CHURCH ST. TORONTO

To this branch of the business we have given much time and careful attention, inventing and constructing appliances, for the relief of those suffering from shortened limbs, by means of which crutches may be discarded and permanent relief given, together with comparative freedom from

THE KAISER'S MAIL

TAKEN TO ENGLAND BY A COURIER.

It Consists of 200 Letters Each Day—Other News From the German Capital.

Berlin, Nov. 23.—A courier starts from here every day for England, heavily laden with the kaiser's personal and official mail, for, except when travelling in his yacht along the coast of Norway during what he considers his summer vacation, the kaiser attends to everything just as if he were at home.

The kaiser's private mail is about 200 letters a day, exclusive of official dispatches on affairs of state. As a recipient of letters the kaiser is surpassed only by King Edward among European monarchs. His private mail bag contains communications from friends all over the world, and also a variety of petitions addressed to him by his subjects.

These are always answered, and when the petitioner appears worthy of help, a favorable reply is sent. A young boy wrote to the kaiser saying he was the son of a widow who had six children, and who prayed every day for the kaiser. Could his majesty help him to enter the military school to be trained as a soldier.

Inside of ten days the kaiser replied thanking the widow for her prayers and promising the boy that he should have his military education. In another case a poor dressmaker, who had lost her husband, a veteran of the Franco-German war, appealed for help, and received a letter from the kaiser saying that he had recommended her case to the Empress.

There is an elaborate system of dealing with the kaiser's correspondence. His three private secretaries, who open all his letters, summarize them, and the summaries are read to the kaiser, who issues his commands regarding each letter.

The secretary takes shorthand notes of his majesty's commands, which are then expanded into draft letters, and again submitted to the kaiser. When he has finally approved the letter it is properly inscribed on the kaiser's handsome letter paper and mailed. The kaiser never signs any letters himself, except those to his personal friends, or to foreign monarchs or ministers abroad. Two secretaries are with the kaiser on his present trip, while the third attends to business here in the imperial palace.

Prof. Robert Koch is "His Excellency" now. For valuable services rendered humanity, and more especially for his discoveries as to the causes of the "sleeping sickness" which has devasted enormous areas in Africa, the kaiser has conferred upon the famous scientist the title of "Wirklicher Geheimrat" (privy councillor).

Nearly a year ago Prof. Koch took his life into his hands and went to the district in Africa where the sleeping sickness had proved most deadly. For eighteen months he lived alone with a native servant on an island in Lake Victoria Nyanza, the inhabitants of which had nearly all died from the disease he came to study.

He discovered the germ of the disease, a bacillus which is transferred into the human blood by an insect glossina palpalio, much as yellow fever germs are brought into the human system by mosquitoes.

He furthermore discovered that this insect cannot exist except upon the blood of crocodiles, and by exterminating the crocodiles the mortal disease may be stamped out.

He found that injections of arsenic will cure the disease if not too advanced, and also that it is extremely contagious.

Although living in an ordinary hut such as used by the natives, the professor was never affected by the disease. He intends to return to Africa next year and will then begin an organized fight against the sleeping sickness.

Countess Sophia Tolstoy, wife of Count Leo Tolstoy, has presented to the Historical Museum of Moscow a number of very interesting manuscripts containing her autobiography.

The biography gives a great many details concerning Count Leo Tolstoy, as well as of the prominent scientists and artists with whom he has come in contact.

The contents are, however, to be kept secret until after the death of the countess.

The first large factory for the wholesale manufacture of dirigible military balloons is to be built near this city. The Seegt-Halske-Schukart Electric company is behind the scheme, and the promoters expect to deliver airships to all the powers of the world much as the Krupp factories now sell guns.

President Ballin, of the Hamburg-American line, declares that his company has no intentions of trying to wrest the "blue ribbon of the Atlantic" from the Cunard line, as he considers this would cost too much.

"We will build at least two ships larger than the Mauretania in England, but we have not stipulated that they must be more speedy. They will be built more for comfort than for speed. I do not think that it will be possible to build much speedier vessels than those now in existence until steam shall have been replaced by some other motive power."

Chain A Mile Long.

From an ironmaker's point of view the greatest achievement during the revolutionary period was the making of the great West Point chain. This massive chain, which has probably never had an equal since the first hammer struck upon the first anvil, was stretched across the Hudson river at West Point to prevent the British fleet from making a second attack on Kingston and Albany. It was nearly a mile in length and weighed almost 200 tons, many links being as heavy as an ordinary-sized man. To complete it in six weeks sixty men hammered day and night at seventeen forges and the cost of it was placed at $400,000.

Beef, Iron and Wine, "Our Own" make. Pint bottles 50c., at Wade's drug store.

The man who foots the bills always has a kick coming.

Get Well

MUNYON'S 3X RHEUMATISM CURE seldom fails to relieve in one to three hours, and cures in a few days; price, $1.

Munyon's Dyspepsia Cure is guaranteed to cure all forms of indigestion and stomach trouble. Price, 25c.

Munyon's 3X Kidney Cure speedily cures pains in the back, loins or groins and all forms of kidney disease. Price, 25c.

Munyon's Headache Cure stops headache in three minutes. Price, 25c.

Munyon's Blood Cure eradicates all impurities of the blood. Price, 25c.

Munyon's Cold Cure prevents pneumonia and breaks up a cold in a few hours. Price, 25c.

Munyon's Pile Ointment positively cures all forms of piles. Price, 25c.

Munyon's Vitalizer restores lost powers to weak men. Price, $1.

Munyon's Remedies at all druggists, mostly at 25 cents a vial.

A Phenomenal Record

As a tree is known by its fruits, so also is a Life Insurance Company known by its actual results to policyholders.

The actual results realized under the policies of

The Mutual Life Insurance OF CANADA

have never been excelled by any Canadian Company.

All its surplus belongs to, and is distributed among its policy-holders—

It has the Lowest Expense Rate to income—notwithstanding the fact that its net business for the past ten years has increased more rapidly than that of any other native company—

Not a dollar received from its policyholders has been lost, out of the millions invested for their security.

Write Head Office, Waterloo, Ontario, or call on

S. ROUGHTON - District Agent
Kingston.

87

Had Palpitation of The Heart

EVER SINCE SHE WAS NINE YEARS OLD,

MILBURN'S HEART AND NERVE PILLS EFFECTED A COMPLETE CURE.

If you find your health failing, your food apparently doing you no good, your heart beating irregularly—now slow, now fast—skipping a beat now and then, palpitations or throbbings on the slightest excitement or exertion, pain in the region of the heart, face pale, dizzy and faint spells, these all point to heart weakness, to nerve derangement, to a state of health consequent upon these, which, if not corrected and cured by Milburn's Heart and Nerve Pills, will surely end in utter prostration and hopeless invalidism.

From the depth many have been raised by this remarkable remedy, as its power is beyond all question most marvellous; but, why wait until you have gone so far? Taking these pills now will turn you from the perilous path of sickness and put you on the highway to health.

Miss Mary Wilson, Toronto, Ont., writes: "It is with the greatest of pleasure that I recommend Millburn's Heart and Nerve Pills. Ever since I was nine years of age I have been afflicted with palpitation of the heart, pain in my side and nervousness. As I grew older it kept increasing, having tried numerous doctors medicines, but to no avail, I was induced to try your pills, and after using several boxes I began to improve, so kept on taking them for some time until now I can truthfully say I am in perfect health."

Milburn's Heart and Nerve Pills are 50 cts. per box or three for $1.25, at all dealers or The T. Milburn Co., Limited, Toronto, Ont.

MONEY IN CANARIES

More profitable than poultry. Experience unnecessary. We give advice free. Our new 136 book, "Money in Canaries," tells all about it. With book we send free, if you name this paper, a 136 pocket BIRD BISCUIT. Also, "How to Rid Birds of Lice," and "Bird Magazine." Send 20c to-day; stamps or coin. Refunded if you buy birds from us. Birds shipped anywhere any time. Write us before buying. Address:

COTTAM BIRD SEED
82 Bathurst St., London, Ont.

SAYS THIS IS BEST

A leading health journal in answering the question, "What is the best prescription to clean and purify the blood?" prints in a recent issue the following:

Fluid Extract Dandelion one ounce;

Compound Salatone, one ounce;

Compound Syrup Sarsaparilla, four ounces.

Shake well and use in teaspoonful doses after each meal and at bedtime.

A well-known physician states that these are harmless vegetable ingredients, which can be obtained from any good prescription pharmacy.

This mixture will clean the blood of all impurities. In just a few days the skin begins to clear of sores, boils and pimples. It puts vigor and energy into run-down debilitated men and women. For many years Sarsaparilla alone has been considered a good blood medicine. But while it built up and made new blood, the impurities remained within and the good accomplished was only temporary. Sarsaparilla, however, when used in combination with Compound Salatone and Extract Dandelion, works wonders. This combination puts the kidneys to work to filter and sift out the waste matter, uric acid, and other impurities that cause disease. It makes new blood and relieves rheumatism and lame back and bladder troubles.

SECRETS OF LONGEVITY.

Famous Personages Who Have Solved Subtle Problem.

Mme. Patti has given as her recipe for retaining youth: "Eat frugally and be scrupulously clean." It may be interesting to collect other testimonies from those who have successfully combatted the ravages of time.

Gen. Booth, of the Salvation Army, a grand old man of seventy-nine, has given an explanation of the methods by which he has retained his activity. Here is his advice:

Eat as little as possible. The average man eats too much. Instead of nourishing his body he overtaxes it, compelling his stomach to digest more food than it has capacity for.

Drink plenty of water in preference to adulterated concoctions. Water is wholesome nourishment.

Take exercise. It is just as foolish to develop the mind and not the body as it is to develop the body and not the mind. Perform some manual labor; dig, walk, chop wood; or if you can talk with your whole body, do it with all your might.

Do not fill your life with a lot of silly and sordid pleasures, so that when you come to die you will find you have not really lived.

Abstain from indulgences which overtax the body and injure not only yourself, but the generations that come after you.

Have a purpose in life, that predominates above all else, that is beneficent to those about you, and not to your own greedy self alone. If there is one thing for which I am glad it is that I have found a purpose which involves not me alone but all humanity.

Lord Roberts, now in his seventy-fifth year, says:

"I have kept myself young on purpose. I have not drunk or smoked, and I am really not a day older than Majuba in 1880."

"Strict teetotalism, no medicine and no doctor," is the prescription of Mrs. Honor Coleman, who is now 107. Mrs. Coleman, who lives in Somersetshire, England, belongs to a remarkably long lived family. Both her mother and her grandmother were centenarians, and her daughter is nearly eighty.

Sir Isaac Holden, the great inventor, who died, aged ninety, held bread to be the staff of life for the young, but injurious to the elderly, who ought to replace it with biscuit made of flour of banana, vegetables and fruit.

The famous physician, Sir Herman Weber, who is eighty-four, recommends care in diet, and general habits of health, plenty of exercise, moderation and a liberal use of the brain.

Sir Lauder Brunton specifies as enemies to continued youthfulness improper mastication of food and chills. Largely open windows are comparatively safe, but a chink through which the air blows is to be carefully avoided.

Sir James Crichton-Browne has strong theories on the subject. He lays down the following principles for those who would preserve their youth:

Do not worry.

Be moderate.

Take plenty of sleep.

Take plenty of exercise.

Eat plenty of sugar, rice, peas, fruit, potatoes, bread and milk.

Eat sparingly of fish and meat.

From these many witnesses one gathers that Crispi was right in finding the secret of long life in "regularity and abstinence." The same view can be gathered from the life of the great German field marshal, Von Moltke, who, at the age of ninety when still possessed of fine intellectual power and remarkable vitality, said that he had managed to live so long and in such excellent health "by great moderation in all things and by regular out-of-door exercises."

Maternal Pride.

Oh, my! Oh, my! the years go by
Like sheep the dogs are harryin';
But late I had a lispin' lad,
And now he talks marryin'!
Lord bless me! but he has the strut
Of one that's grand an' knows it.
No lass so prim that looks at him
But likes his cut-an'-shows it.
An' faix, 'twould do your heart good too
To hear him at the blarney;
There's scarce a lass that sees him pass,
But wears a smile for Barney—
Our Barney—
A wistful smile for Barney.

Tho' Cupid lays cute shares these days,
When Barney goes philanderin',
An' all his traps, hold geese, perhaps,
None takes this cold young gander in.
Ah! none as yet, but there's a net
That will one day or other,
An' her I'd name to bait the same
Is one like me, his mother.
Aye! sure as fate, he'll take for mate,
Sweet, roguish Nora Barney,
Who meets his wiles wid scornful smiles,
As once I did with Barney—
My Barney—
The father of "our" Barney.

Four Hundred Kinds Of Bibles.

It may astonish many people to know that the Bible is now translated and read in 400 different tongues. W. G. Fitzgerald relates in Harper's how the vast undertaking has been accomplished. It has cost many lives and many millions of dollars. In addition to the first cost of translating, there is the expense of revising. The last revise of the Madagascar Bible cost $15,000, and $150,000 was paid to Dr. William Carey and his staff for the Serampore version of the Bible in Hindustani. There are 2,000 linguists continually employed by the British and American Bible societies, which have this work in charge.

Heals Like A Magic.

Wade's Ointment is more than a soothing, healing application. It is antiseptic and germicide. It heals, it prevents the infection of wounds by germs and it destroys the germs or parasites that cause annoying and stubborn skin diseases. Cures eczema, salt rheum, scald head, cold sores, erysipelas, piles, etc. In big boxes, 25c., at Wade's drug store.

Spanish King's Night Guard.

King Alfonso is most carefully guarded at night. For four centuries the slumbers of successive sovereigns of Spain have been watched all night by the Monteras de Espinosa, a body of men to whom is relegated the exclusive privilege of guarding their monarch from sunset to sunrise. They must have an honorable military career and be natives of the town of Espinosa.

Everything comes to the man who advertises while he waits.

ESTABLISHED 1873

THE STANDARD BANK OF CANADA

Head Office - - - - Toronto

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If you live out of town, attendance in person is not necessary, you can send us deposits by registered post and make withdrawals by cheque with perfect safety. Special arrangements for this purpose. Write for particulars. 21

KINGSTON BRANCH
J. S. Turner, Manager
COR. PRINCESS AND BAGOT STS.

Brain Fag

is the result of over-work, over-strain of the mental powers, or protracted anxiety or care.

Its symptoms are the loss of nervous power and general tone of the system, irresolution, mental gloom and despondency.

WILSONS INVALIDS PORT

(à la quina du Pérou)

—A BIG BRACING TONIC

promptly relieves from prostration, nervousness and debility; renews energy, vigor and activity, never failing to give prompt relief. It will cure you permanently—*That's the point.*

BIG BOTTLE

ALL DRUGGISTS EVERYWHERE 73

FREE TO YOU—MY SISTER

FREE TO YOU AND EVERY SISTER SUFFERING FROM WOMEN'S AILMENTS.

I am a woman.
I know woman's sufferings.
I have found the cure.
I will mail, free of any charge, my home treatment with full instructions to any sufferer from women's ailments. I want to tell all women about this cure—you, my reader, for yourself, your daughter, your mother, or your sister. I want to tell you how to cure yourselves at home without the help of a doctor. Men cannot understand women's sufferings. What we women know from experience, we know better than any doctor. I know that my home treatment is a safe and sure cure for Leucorrhoea or Whitish discharges, Ulceration, Displacement or Falling of the Womb, Profuse, Scanty or Painful Periods, Uterine or Ovarian Tumors or Growths, also pains in the head, back and bowels, bearing down feelings, nervousness, creeping feeling up the spine, melancholy, desire to cry, hot flashes, weariness, kidney and bladder troubles where caused by weakness so peculiar to our sex.

I want to send you a complete 10 days' treatment entirely free to prove to you that you can cure yourself at home, easily, quickly and surely. Remember, that it will cost you nothing to give the treatment a complete trial; and if you should wish to continue, it will cost you only about 10 cents a week, or less than two cents a day. It will not interfere with your work or occupation. Just send me your name and address, tell me how you suffer, if you wish, and I will send you the treatment for your case, entirely free, in plain wrapper, by return mail. I will also send you free of cost, my book—"WOMAN'S OWN MEDICAL ADVISER" with explanatory illustrations showing why women suffer, and how they can easily cure themselves at home. Every woman should have it, and learn to think for herself. Then when the doctor says—"You must have an operation," you can decide for yourself. Thousands of women have cured themselves with my home remedy. It cures all, old or young. To Mothers of Daughters, I will explain a simple home treatment which speedily and effectually cures Leucorrhœa, Green Sickness and Painful or Irregular Menstruation in Young Ladies. Plumpness and health always result from its use.

Wherever you live, I can refer you to ladies of your own locality who know and will gladly tell any sufferer that this Home Treatment really cures. If woman's diseases and rashes women well, strong, plump and robust. Just send me your address, and the free ten days' treatment is yours, also the book. Write to-day, as you may not see this offer again. Address:

MRS. M. SUMMERS, Box 11, WINDSOR, Ont.

"Brick's Tasteless"

REGISTERED

is an extract of fresh cod livers, containing all the virtues of fresh cod liver oil without the nauseous grease, the compound syrup of hypophosphites, nutritious extract of malt and the fluid extract of wild cherry bark.

IT purifies the blood.

makes the weak strong.

is a specific in sore throat and lung diseases.

is so prepared that it can be assimilated without the least digestive effort.

is sold under the positive guarantee that a decided improvement will be felt after taking one bottle, or your money will be refunded by the druggist from whom you purchased it.

Can we be fairer?

Two Sizes—8 ounce bottle 50c; 20 ounce bottle $1.00

STOVES! STOVES!

The "HAPPY HOME" range still holds its popularity as one of the most economical ranges made. It will bake perfectly with less fuel than any other range on the market.

We also carry a fine line of **Steel Ranges.** It will pay you to examine our stock before purchasing.

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