

Naming it "spring water" doesn't make it safe to drink.

Spring water, as a rule, is good pure water, and fit to drink—at the spring. But it may not be so when you get it.

Many things can happen—do happen—to much spring water, long before you pour it into a glass.

Some of them are things you wouldn't like to know about.

Some bottlers of spring water bring it long distances in tanks. This simply invites bacteria to come and multiply in the water.

Some spring waters are stored in containers a long while before they are bottled. Then the water gets flat and insipid.

Things happen in the bottling house, too, that don't do the water any kind of good.

The safe way for you, and the only way for a bottler who cares about purity, cleanliness, quality, is to do the bottling where the spring flows, as we do with York Springs Water.

Wholesome — Limpid — Refreshing

We take more trouble than seems worth while to have everything just as clean as daintiness demands—we are perhaps "finicky,"—even the bottles we use are cleansed with York Springs water.

Bottling at the Springs for surety of purity, and bottling under scrupulously hygienic conditions, we KNOW York Springs Water gets to you pure.

If you realized half the dangers that come from drinking water that isn't surrounded with just such precautions—you would drink no water except York Springs Water.

Ideally Pure York Springs Water is the basis of these beverages: York Springs Water (natural), Sparkle (York Springs Water charged with purified carbonic gas), York Ginger Ale, York Sarsaparilla, York Soda, York Potash Water, York Aperients (the perfect laxative).

The Mineral Springs Limited Toronto

For Sale by Rigney & Hickey, Jas. McParland and W. E. McRae & Co., Wellington streets.

THE CHARMS IN GEMS

WHAT VARIOUS PRECIOUS STONES WILL DO.

The Amethyst is the Prelate's Gem—The Opal is Fatal to Love and Sows Discord.

Lord Bacon believed a "planet seal" would obtain the affections of one's sweetheart; the czar of Russia wears a ring which is believed to be a piece of the real cross of Calvary to protect him from physical ills; King Alfonso of Spain was showing a sequin—a Turkish coin which he always carries—to President Faure when, in a Paris street, the attempt of an assassin on his life was unsuccessful.

So why shouldn't common folks have their superstitions? And of all the old-time superstitions that survive, those relating to precious stones are the most persistent.

Temperance societies some day may buy up the supply of amethysts and present them to habitual tipplers; for, according to the superstition that has been brought down through the ages, with modern variations, this stone banishes all desire for strong drink.

Yet in this the societies might make a bad bargain, for, possibly, it is not so much that the stone cures one of desire to drink as that it permits one to drink all he desires without feeling any ill-effects.

This isn't a modern whim. The Greeks thought the amethyst possessed a charm for counteracting the effect of wine and in Christian countries it has ever been an emblem of sobriety.

which blinds a serpent that looks at it; the May child who wears it "will be a loved and happy wife."

July's ruby is the emblem of unlimited success; the wearer shall be free from love's doubts and anxiety.

If you follow a dangerous occupation—even though December be not the month of your birth—you will find the turquoise a faithful companion, for it will not only bring you happiness, but if your wellbeing be in peril will warn you by turning pale.

That the opal, which typifies October, is fatal to love and sows discord between the giver and receiver, is disquieting information. Especially is it said to bring ill-luck when given as an engagement ring. Still, it is the emblem of hope, so why worry, if you like it?

If you are troubled with bad dreams, perhaps it is because you wear an ornament made of onyx, which is said to obtain an imprisonment of the devil who wakes and gets mischievous when you are asleep.

—But, on the other hand, your bad dreams may be caused by indigestion, in which case red coral would make you sleep happy; or, perhaps, by what you drank before going to bed—in which case an amethyst might counteract the work of the onyx.

Moontone has the virtue of making trees fruitful and curing epilepsy.

Sapphire produces somnambulism and impels the wearer to do good deeds—while walking in his sleep or waking, the old tradition neglects to tell.

Topaz, for November, promotes digestion, keeps one from having violent hemorrhages, and is an emblem of fidelity.

Unless one born in August wears a sardonyx, he or she need not look for

MOONEY'S PERFECTION CREAM Sodas. "Yes Ma'am—this is the Mooney Baker-boy." "Another box of MOONEY'S PERFECTION CREAM SODAS? Yes Ma'am." "You like them better than any other Biscuits you ever tried? Mooney's Biscuits are everybody's favorite." "Now that you know MOONEY'S for what they really are—the most delicious biscuits in Canada—I hope you will always order them and insist on having them."

Hecla Furnace Fire Pots. Twice as long as firepots made ordinary way. They are made in two pieces, joint in the centre, leaving room for expansion and contraction. There is consequently no HECLA FIRE POT. Years, I have not had to replace in 1% of the HECLA FIRE POT. My Fire Pots cast iron flanges, which sing surface than plain pots.

Wash Silk is Fast Color, Highest Lustre, Artistic Shades. Wash your labor using Wash Silk—buy Corticelli—difference in results.

Att's (LONDON). Undoubtedly the best brewed on the continent. Proved to be so by analysis of four chemists, and by awards of the world's great Exhibitions, especially Chicago, into out of a possible hundred, United States or Canada.

HELP FOR MEN. The only remedy for gonorrhea, sciatica, rheumatism, etc. Dr. Kohn's remedy, a cure which has the highest success rate. Free with a book of rules for health, diet and exercise.

Wholesome and Refreshing. In quality at the price of...

For Breakfast or Luncheon Housekeepers Find a Real Support in TRISCUIT. It is the wholesome Shredded Wheat wafer. Displaces ordinary white bread or crackers, because of its superior nutritive qualities, whether served with soup as a crouton, with cheese, preserves, cocoa or chocolate, or toasted, with butter.

MEN'S SHOES. We have the very newest styles in summer shoes for men in Patent Colt, Vici Kid, Velour and Gun Metal Leathers. We have High Shoes AND Oxfords. In Laced, Button and Blucher styles. Men's Swell Oxford Shoes in Patent and Tan Leathers. \$3.50, \$4, \$4.50 & \$5. We invite your inspection. ABERNETHY'S.

Deliberate Case Of Grave Robbing. Remarkable Experience of Well-known Forest Citizen Vouched For By Baptist Minister and Local Druggist. From Forest Free Press. Forest, May 2, 1907.—The following facts, vouched for by Rev. C. E. Burrell, Baptist minister, and Ralph E. Scott, the well-known local druggist, is incontrovertible evidence that even when physicians have abandoned hope, there is still a way whereby the grave may be cheated of its prey.

CHANGE IN KLONDYKE. Territory on a Rapid Decline For the Individual Miner. In an official despatch, Vice Consul Woodworth, of Dawson, submits information about the changing place in the mining system. The Klondyke country proper—that is, the Yukon territory in the vicinity of Dawson, as far as the individual miner is concerned, is on a rapid decline, owing to the immense area being acquired by dredging companies.

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McGill University MONTREAL. Session 1907-1908. Courses in Arts, Applied Science (Architecture, Chemistry, Metallurgy, Theory and Practice of Railways, and Civil, Electrical, Mechanical and Mining Engineering) Law, Medicine and Commerce. Matriculation Examinations, and examinations for Second Year Exhibitions and Third Year Scholarships, will commence on September 9th.

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Nurses' Treasure. Mothers' Treasure. Safest regulator for baby. Prevents colic and vomiting—gives healthful, contented sleep without the harmful effects of medicines containing opium or other injurious drugs.

MONEY IN CANARIES. How possible this poultry. Speculation unnecessary. We sell you the bird. Our new one book, "How to Buy and Sell Live Poultry," is a complete guide to the business of buying and selling live poultry. It is a book that every poultry raiser should have.