

A man is as old as he feels.

The man, who feels old, is the man who neglects his liver and stomach.

Every man can be 50 or 60 years YOUNG, by keeping his stomach clear—liver active—and bowels regular.

A dessert spoonful of Abbey's Salt, in a glass of tepid water every morning, is the "fountain of perpetual youth."

Abbey's Effer-Vescent Salt

Try it this summer, and keep young.

25c. and 60c. a bottle. At all druggists.



SEES SOME HOPE LORD MILNER BLAMED FOR RAND'S DISTRESS.

Viscount St. Aldwyn Says He Started Colonial Government on Too Big a Scale.



Cape Town, May 18.—Viscount St. Aldwyn, who is returning to England next week after a two months' tour in South Africa, gave his views on the situation to-day. His lordship believes that the prevailing depression has reached its lowest point and that the commercial outlook is now favorable, although he does not expect a rapid recovery. He holds that Lord Milner is greatly to blame for the position in the Transvaal by starting the machinery of government on a scale beyond the capacity of the colony to maintain.

DANGEROUS PURGATIVES.

Medicines of This Class Do Not Cure—Their Effect is Weakening. Nothing could be more cruel than to induce a weak, anemic person to take a purgative medicine in the hope of finding relief. Ask any doctor and he will tell you that a purgative medicine merely galls through the bowels, weakening the tender tissue. He will tell you also that a purgative cannot possibly cure disease, or build up bad blood. When the blood is weak and watery, when the system is run down a tonic is the one thing needed—the only thing that will put you right. And in all this world there is no tonic so good as Dr. Williams' Pink Pills for Pale People.

NEWS OF CHURCHES

RELIGIOUS ITEMS FROM ALL DENOMINATIONS.

The Pulpit "A Coward's Castle"—The Oldest Roman Catholic Prelate in America—How the Denominations Rank. Rev. W. C. Cruz, Gladstone, Man., has been invited to the Methodist church in Toronto. The Rev. W. C. Cruz, Gladstone, Man., has been invited to the Methodist church in Toronto. The Rev. W. C. Cruz, Gladstone, Man., has been invited to the Methodist church in Toronto.

Malta-Vita "The Perfect Food"

Now 10c. Couldn't be made better—there's none "just as good," there isn't a better food. Simply delicious. The grocer offering a food "just as good" as Malta-Vita has little respect for your judgment or health.

Lea & Perrins' Sauce



makes good Roast Beef taste Better. By Royal Warrant served on the King's Table. Imitated everywhere—never equalled. Insist on the Genuine.

COOKING COMFORT AND CONVENIENCE

Just one gas range takes as well as any coal range—takes more evenly—far more quickly—and so saves the cook's temper, the table's repose and the household's money. Just one gas range represents the farthest development of improvement—of ingenuity—of labor saving and fuel economy.

Oxford Gas Range

Made of steel, so lasts and stands rough usage without getting out of order. It is a clean range. Burners lift out and can be quickly wiped, drip pans handy to get at and keep free from grease. No tools are necessary to keep it clean.

Price \$18. The Yellow Store, 211-213 Princess St. Phone 494

Oxford Shoes ALWAYS COOL AND COMFORTABLE.

INVICTS We have a large assortment of OXFORDS FOR Men, Women, Boys and Girls

Men's Oxfords in Tan Calf, Velour Calf and Patent Calf, \$3.50 to 5.00. Blucher and Buttoned Patterns. Women's Oxfords in fine Vici Kid, Patent Colt, Tan, Brown and Canvas, \$1.25, 1.50, 1.75, 2.00, 2.50, 3.00 and 3.50.

A Vain Desire.

Chicago Record-Herald. I want to go back to the old home place. And swing on the old front gate. In the cool, clear spring I would love my face.

Check Reins in Germany.

Cleveland Leader. In 1905 the use of the check rein was prohibited in the German emperor's stables, and almost simultaneously with this prohibition the new police regulations of the city of Berlin, governing public cabs came into effect.

The Judge in Jail.

Cincinnati Enquirer. I said an esteemed magistrate, "spend a week in jail before I entered on my judgeship. I ate the prison food, I slept in a cell, I conformed with all the prison rules. I wore the prison clothes. I did prison work."

REGAIN NOW THE STRENGTH YOU LACK!

Winter Leaves Us Miserable, Ailing Weak. Build Up Now. During the winter the system gets sluggish. The blood, polluted with impurities, dulls the nervous system and dulls the actions of both liver and kidneys; the foulness of the system increases and when spring comes we are limp and useless.

Last Will Stands.

When William Johnston of the village of Bishop's Mills, died, it was found he had left two wills, one dated February 18th, 1897, and one dated November 4th, 1903. A dispute arose between those interested, and an issue was tried at Brockville in December last to determine which will should stand.

Oratory At Westminster.

H. W. Lucy, in the May Albany Review, remarks on the disappearance of an orator from the House of Commons: "Time was, at and since the period of Pitt and Fox, when the House of Commons was a stage from which orators delivered elaborate discourses. Within my comparatively brief experience a great change has been wrought in this respect. There are many able men in the present parliament, but there is not a single one who poses as an orator."

A Runabout Romance.

Cleveland Plain Dealer. "Hear about Blinky?" "Nope. What about him?" "Well, yesterday he left his runabout in front of his office and was gone for a half hour. When he came back what do you suppose he found?" "His car was gone?" "No. The car was there all right, and in the seat was a stunning young woman."

Dr. KOHR'S RESTORINE

The Remedy of the New Century—the most wonderful medicine ever discovered. It is astounding the medical world. 10,000 cases cured in one month in Paris. The National Medical Board has recommended this Remedy for use in the Insane Asylums where, as it well known, a majority of the male inmates are victims of lost vitality in its most terrible form.

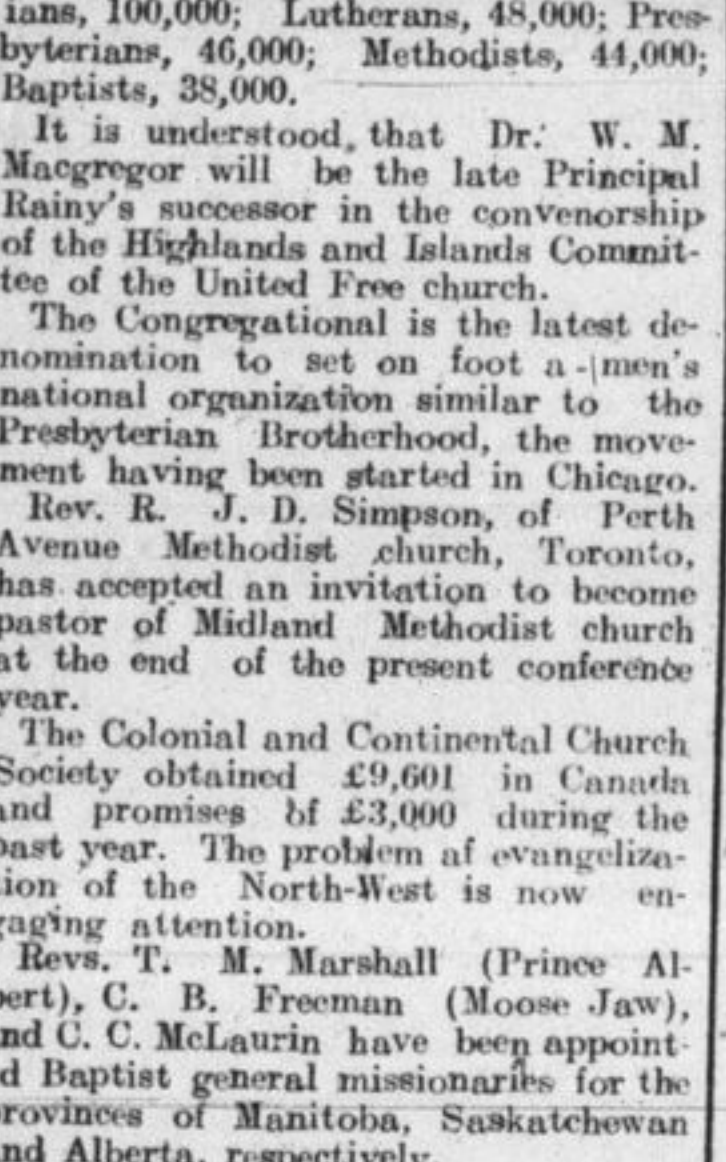
Refrigerators

Ice Cream Freezers and Lawn Mowers. We are now showing in—nice assortment.

McKelvey & Birch

86 Brock Street, Next to Carnovsky's Fruit Store

SUNSHINE FURNACE



EASY MATTER TO REMOVE GRATES. If necessity requires, it is an easy matter to remove the grates from the Sunshine. Just loosen the cotter pin (see the top arrow pointing at it) and the grates on the right can be lifted out. Repeat the operation on the left, and you can do the same with the remaining grates.

McClary's

London, Toronto, Montreal, Winnipeg, Vancouver, St. John, N. B. LEMMON & SONS.

McClary's

These four grates are made of heavy cast-iron with the strongest kind of bull dog teeth. Heavy and strong enough to grind up the biggest clinker into particles small enough to sift through the narrow openings between the teeth. What's left in the ash-pan is not worth sifting. If your local dealer does not handle the "Sunshine," write direct to us for FREE BOOKLET.

Dr. KOHR'S RESTORINE. The Remedy of the New Century—the most wonderful medicine ever discovered. It is astounding the medical world. 10,000 cases cured in one month in Paris.

Refrigerators

Ice Cream Freezers and Lawn Mowers. We are now showing in—nice assortment.

McKelvey & Birch

86 Brock Street, Next to Carnovsky's Fruit Store

COAL!

The sudden changes in weather ought to suggest the wisdom of putting in some good coal. A sack good coal. It's the kind that burns out the most heat, makes the home comfortable; it's the best money can buy, and there is none better mined. We deliver it to you clean without slate, at the very bottom prices.

BOOTH & CO., Phone 133. Foot of West

A. E. HEROD ORDERED FOOTWEAR

Now is the time those who have pairs are wanted. Our work is done in the most perfect manner. 286 PRINCESS ST. THE HOUSE OF QUALITY

New York Chinese Restaurant

83 Princess Street. Open from 10.30 a.m. to 3.00 a.m. The best place to get an all night lunch in the city. Meals of all the shortest notice. English and Chinese a specialty.

Kingston Business College

Limited, head of Queen street. Canada's Highest Grade Business school. Book-keeping, shorthand, typewriting, telegraphy, and all commercial subjects thoroughly taught. competent experienced teachers. Day and night classes. Enroll any time. Rates very moderate. Phone, 440.

As a Sure Road

Nothing... TRIS... The palatable and nutritious in most digestible form all whole wheat kernel. Its corn the stomach and intestinal. Try BISCUIT for Breakfast. All Grocers—13c. a

FREE TO YOU—MY SIST

treatment a complete trial; and if you are cured a week, or less than two cents. Just send me your name and address, and I will send you a complete trial of my book—"WOMAN'S OWN MEDICINE" why women suffer, and how they can have it, and learn to think for herself. You can decide for yourself. The remedy. It cures all, old or young. To treatment which speedily and effectually regular menstruation in young ladies. We never fail to refer you to get any sufferer than this Home Treatment well, strong, plump and robust. Just send your name, also the book, "write" today, as you will receive it free. MRS. M. SUMMERS, Box 11, N. B.

SALE OF... \$35 Hallam Mirror, for \$25. \$30 Hallam Mirror, for \$25. \$25 Hallam Mirror, for \$20. \$15 Hat Rack. A few China sets will be sold at a low price.

Evangelist

G. B. C. THE VERY BEST. A. J. REES,