

# Malta-Vita

"The Perfect Food"

## Now in Tablets.

Same Big Package Same High Quality

Malta-Vita "The Perfect Food," malt life, as its name implies, stands for that intense vitality that results from the daily use of a food skillfully prepared from the whole of the wheat, of which, after being cooked, each kernel has been subjected to the searching digestive action of the diastase and other enzymes of barley malt. This makes it a "predigested" food of highest nourishment value, which explains the remarkable results obtained in cases of nervous debility, deranged stomachs and constipation. Besides, it is the best food to eat.

"We have used several boxes of Malta-Vita and think it the finest food we have tried yet. It has almost disappeared and I feel as if my body were being re-created. I had, since I took it, a constant desire for food and a general improvement in my health and I am entirely cured of constipation. In fact, my appetite is so good that I have gained weight. It is the best food I have ever eaten. We had it three times a day and lost in the entire system." Many given on request by Malta-Vita Pure Food Co.

Malta-Vita is a food with a "taste." It does not belong to the tasteless variety of "flaked foods" and too great credit cannot be claimed for Malta-Vita on account of the fact that it contains its own sweetening agent—malt sugar, a healthy, digestible sugar, formed by the action of the malt diastase upon starch and it contains the stomachic and tonic action of malt sugar, glucose or grape sugar, as all these cause acidity in the stomach and are seriously injurious.

### Tips For The Farmers

BY UNCLE JOSE.

A hog of elephantine proportions was this week shipped from Toronto to St. Thomas. The animal weighed 750 pounds. It is the biggest living parcel that the Dominion Express company has handled for some time.

If the farmers would realize the advantages of pure-bred stock in place of scrubs, a great amount of actual cash would be saved to them, and they would have better herds says an authority. They put feed and care into a scrub that, if expended on a pure-bred animal, would bring in much greater returns. This is a great source of loss to the farmer, and only a systematic breeding and buying can it be overcome.

The hog, is, probably, the money-maker of the farm. No other domestic animal has as great a capacity for transforming so varied an assortment of farm products into a single article. Good animals can be bought so reasonable that there is no excuse whatever for any farmer breeding and feeding mongrels.

One of the most delicate operations, and one that requires the closest and most careful attention on the part of dairymen or the breeder of dairy cattle, is the feeding of the dairy calf. It has been said that on the first eighteen months or two years of the calf's life does its future usefulness depend, says the Farmer's Guide. We went to go just a little further than this, and say to all who are raising calves for well-nourished, whether it be to make butter, cheese, selling whole milk or cream, or supplying a condensing factory or creamery: raise calves from a strictly dairy breed of cattle. If you have not the pure bred cow, get yourself, at least a pure bred sire of good breeding, and the better record his dam has the better he is: that is the better will his calves be. Now, which ever breed you choose, stick to it and don't go to trying crosses or you may lose money. If you select a Jersey sire at first, stick to the Jerseys, and you will soon have a profitable, well-bred and nice-looking herd. The same is true with the Guernseys and Holsteins.

The cow should be well fed when she is carrying the calf. That is, before the calf is born, so that the calf may be well nourished and the cow return a good margin over the expense of feed and care. When the calf is born, place it and its dam in a clean, dry, well bedded place and in a comfortable temperature, not too hot or too cold. It is a good plan to let the calf stay with its dam for the first forty-eight hours. The first milk, or colostrum, is very necessary for the calf as it acts as a purgative and cleans its bowels. After the first forty-eight hours the calf may be removed and fed by hand (after it has been taught to drink) and this, with some calves, is no longer a matter of course. It takes patience and perseverance, for it is very necessary that the calf has the regular amount of milk twice a day, hence the staying-it-to-it proposition. It is a good plan to have a complete set of buckets and a bucket to let it go till it will drink. Three pounds of milk, twice a day, is enough for the first week or even two. Care must be taken to see that the milk is warm and sweet, and that the calf has a dry, clean, well-lighted and bedded place for the calf you will never be troubled with calf-sours. After the calf is two weeks old it can take four pounds of milk twice a day, eight pounds per day. This milk should be weighed every time and they will never drink too much. A pair of spring balances hung in a convenient place will solve this problem.

As soon as the calf will eat it should have all the oats and bran it will eat as well as bright clover hay. There is nothing that will take the place of oats for young calves raised for the dairy. Water should also be provided for the calves at all times. It is a good plan to have a large bucket to set before them all the time and they will never drink too much at one time. After a calf is six weeks old it may be changed to warm, sweet skim milk, but you have a hand separator, this is the ideal way to raise a calf. It should not fall off in flesh or stop growing at all nor will it if you give it good care. It is well to add a little meal to the skim milk, when the change is made. The change should also be made gradually, as half a pound of skim milk replaced by a pound of meal milk, till the change is completed.

In feeding oil meal one should not feed too much at first. Just a little pinch and increase to a small handful. The skim milk can be increased as the calf grows older, so that a six-month-old calf may take seven or eight pounds at a feed. Silage may be added to the ration at six-months old and bran take the place of oats entirely, because of its better character. It is the good, liberal feeder that makes money in the dairy business. It is well, however, to figure so as to feed as cheap a ration as possible as long as it is good.

10c.; by the carcass, 5c. to 7c. per lb.; cutlets, 12c.; hogs, live weight, \$7 per cwt.; carcass, \$9 to \$10 per cwt.; cuts, 12c. to 15c. a lb.; lamb, by carcass, \$7.

Fish—Salmon trout, 19c. a lb.; whitefish, 12c. a lb.; pike, 10c. a lb.; Chinook salmon, 30c. a lb.; speck, 20c. a lb.; kippered herring, Yarmouth blotters, 40c. a doz.; Atlantic salmon, 30c. a lb.; salt codfish, 7c. to 15c. a lb.; halibut, 20c. a lb.; fresh haddock, 10c. a lb.; bullheads, 10c. a lb.; red herring, 15c. a box; mackerel, 15c. a lb.; trout, 12c. a lb.; perch, 30c. a doz.; frog's legs, 40c. a lb.; cicoria, 15c. a lb.; oysters, 40c. a doz. and 60c. per qt.; bluefish, 15c. a lb.; butterfish, 15c. a lb.; lake herring, 10c. a lb.

Poultry—Chickens, 75c. to \$1.25 per pair; turkeys, \$1 to \$2 each.

Fruit—Lemons, 25c. to 30c. a doz.; oranges, 30c. to 60c. per doz.; bananas, 20c. to 25c. a doz.; Malaga grapes, 15c. to 20c. per lb.

Vegetables—Potatoes, 60c. to 70c. a bush; new cabbage, 5c. to 10c. a head; celery, 8c. a head, or 50c. a doz.; parsnips, 25c. peck; turnips, 15c. peck; beets, 20c. peck; onions, 60c. peck.

Beef hides, No. 1, 8c. per lb.; No. 2, and bulls, 7c. per lb.; sheep pelts, freshly taken off, \$1 to \$1.25; call skins, 10c. lb.; dairy skins, 80c. each; rendered tallow, 5c. lb.; bees wax, No. 1, 27c. lb.; red fox, No. 1, large, \$4; seal, fine seal, \$3 to \$7; beaver, 50c. to \$2, according to beauty of same; skunk, 25c. to 27c.

### HE IS STILL ACTIVE

Though He Has Reached Eighty Years.

SIR JOSEPH LISTER, London, May 4.—Sir Joseph Lister, "the Grand Old Man of English Surgery," has just celebrated his eightieth birthday, and yet still actively engaged in practice. He is the man responsible for antiseptic treatment in surgery, the foundation of all that is best in the surgeon's art to-day.

### Patrons For Canada.

Review of Reviews.

There was introduced to congress a bill to appropriate \$8,000,000 annually for industrial education in high schools of secondary grade. It is proposed to devote about half of this sum to instruction in mechanic arts and home economics in city high schools and half to instruction in agriculture and home economics in agricultural high schools. There have been established in various states between thirty and forty agricultural high schools, articulating with the rural schools below and with the agricultural colleges above. As these schools return, most of their graduates to country life, they are properly said to articulate with the farm also. This bill would cause the states to establish two or three hundred more of these agricultural high schools, one for each ten agricultural counties. Numerous cities have established mechanic arts high schools.

There have been organized in districts of twenty-five square miles, three hundred consolidated rural schools, six to ten isolated rural schools being consolidated into one; the pupils are carried to and from school at public expense. In some of these schools, instruction in agriculture and home economics is being successfully made. While the little rural schools cannot afford teachers trained to instruct in these subjects, the consolidated school can pay a principal and an assistant trained to teach them and to give instruction in country life generally. It has been demonstrated also that the consolidated rural school can build on a simple laboratory, support a small farm, develop a library, and secure other equipment to teach agriculture and home economics.

### Their Rheumatism Vanished.

In the long period during which Dr. Hall's Rheumatic Cure has been made it has thoroughly cured thousands of cases. These cases have been of every variety and degree of severity. The treatment has been effective because it strikes at the root of the disease. It deserves a thorough trial by every rheumatic sufferer. Its action in any case must be beneficial because it purifies and enriches the blood and builds up vitality and energy. Its action is prompt and benefit is progressive until the cure results. Ten days' treatment. Price 50c., at Wad's drug store.

### The Useful Poppy.

The Borist was still pale from the Easter rush, but he had earned a great deal of money, and that made him talkative.

"Rose and lilye yield," he said, "cologne, and violet petals, candied, are edible, but the most useful of all flowers is the poppy."

"The juice of the poppy gives us opium, the most pleasant and nutritious poppy seed cake is one of the best cattle foods. And the oil answers a hundred purposes. It is used to mix artists' colors, to cook with (like olive oil), to make soap, and in lambs."

"Truly, beside the industrious poppy, the idle lily and the rose must hang their heads."

Wad's Furniture Polish, big bottles, 50c. a doz.

### PRODUCE PRICES.

What is Paid at the City Stores.

Kingsford, May 4.—The following prices prevail in the city to-day:

Flour and Feed—Flour, bakers, strong, \$2 to \$2.10; farmers, \$2.10 to \$2.30; oatmeal and rolled oats, \$2.40 to \$2.50; cornmeal, \$1.50 to \$1.65; bran, \$1.90 to \$2.00; shorts, \$2.20 to \$2.30; straw, \$6 to \$8; hay, loose \$9 to \$10, pressed, \$12 to \$14.

Eggs—New laid, 17c. per dozen.

Grains—Oats, 37c.; wheat, 70c. and 75c. (different grades); buckwheat, 50c.; barley, 48c. to 55c.; rye, 50c.; peas, 75c.

Butter—Choice, creamery, 25c. a lb.; farmers' butter, in prints, 26c. a lb.; packed, 24c.; rolls, 24c.

Meat—Beef, carcass, \$7.50 to \$8.50 a cwt.; choice cuts, 12c. to 15c. per lb.; pork, \$10 to \$11 a cwt.; veal, by the quarter, 5c. to 8c. per lb.; mutton, 10c. to 12c. per lb.

ESTABLISHED 1870

## THE STANDARD BANK OF CANADA

Head Office - - - Toronto

**\$1.00 OPENS AN ACCOUNT**

In our Savings Department, Deposits of \$1 and upwards are received, on which the highest current rate of interest is allowed.

No Delays in making Withdrawals  
Interest added four times a year

Savings Bank Department in Connection with all Branches.

**KINGSTON BRANCH**  
J. S. Turner, Manager  
COR. PRINCE AND BAGOT STS.

ESTABLISHED 1867

## THE CANADIAN BANK OF COMMERCE

HEAD OFFICE, TORONTO

E. E. WALKER, President  
ALEX. LAIRD, General Manager  
A. H. IRELAND, Superintendent of Branches

Rest, - - - \$10,000,000  
Paid-up Capital, - - - 5,000,000  
Total Assets, - - - 113,000,000

Branches throughout Canada, and in the United States and England

A GENERAL BANKING BUSINESS TRANSACTED  
COMMERCIAL AND FARMERS' PAPER DISCOUNTED

**SAVINGS BANK DEPARTMENT**

Deposits of \$1 and upwards received; interest allowed at current rates and paid quarterly. The depositor is subject to no delay whatever in the withdrawal of the whole or any portion of the deposit.

**KINGSTON BRANCH,**  
P. C. STEVENSON, Manager.

Members of Toronto Stock Exchange

72 King Street West  
Phone, Main 6733-34

## F. H. Deacon & Co.

STOCKS, BONDS  
INVESTMENT SECURITIES  
Dealt in on All Exchanges

Established 1857

Correspondence Invited

## Sheet Lead All Sizes.

Canada Metal Co., Ltd. WILLIAM ST. Toronto, Ont.

## LARDER LAKE

Proprietary Goldfields, Limited

Owing to the phenomenal rush for shares in the above company, the first limited amount of stock at our first offering of \$1.00 per share will be exhausted sooner than expected. The price will then be materially advanced.

The advance will take place any day, probably without notice—just as soon as the stock has been introduced by placing a very limited amount at our initial price of \$1.00 per share—most of which is sold.

I am not urging anyone to take on Larder Lake Proprietary. The stock is fast selling itself, and in a short time will all be placed in Canada and the United States.

I am anxious, however, that my Canadian following get what they want at the first price. Hence this Canadian advertisement to give you notice that the ground-floor opportunity will not last much longer.

My following has consistently made money by acting on my advice. Thousands will testify to that.

I have never advised the purchase of a stock without it materially advancing in market value within a reasonable time.

My method after placing a stock with the public is to see that it is listed on the Exchanges. In every such case the result has been a legitimate market at an advanced price.

That is my record.

Larder Lake Proprietary will shortly be listed on the Exchanges and placed on the New York and Boston curls.

I predict that very soon indeed it will stand at several dollars a share. I furthermore know that after the stamp mill materializes results, and it should be running within six weeks, that they will be of a sensational nature and I know that the stock will then surely sell \$10 a share. A bold prediction, I hear some say, but those who specially accept my invitation to take the trip to Larder on the special train I'm going to run from New York, Boston and Toronto will think my prediction conservative enough when they are on the ground and see what I and my engineers have been investigating and verifying for six months past.

The facts about the Larder Lake Goldfields, and the Proprietary Company in particular, are far too great to present here. Full particulars, however, may be secured on request by calling personally, or by mail, telegraph or phone.

Again I say, I am not urging the purchase of this stock, for it is selling itself even faster than we can take care of the orders from Canada and the United States—two days behind now—but I am anxious that my Canadian following get into this, by far the best thing I have ever recommended, at our first offering price.

HEAD OFFICE  
41-45 ADELAIDE ST. EAST, TORONTO.

LONG DISTANCE PHONES:  
Main 7565  
7568

BRANCH OFFICE AT LARDER.

H. C. BARBER  
Managing Director,  
Canada Mines, Limited.

## I Use Richards Pure Soap

BECAUSE

- it is a solid bar of pure, fresh, dirt-removing ingredients, containing not a single atom of harmful adulterants.
- when washing colored goods they will not run or fade.
- woolens or flannels will not shrink, as no boiling or rubbing is necessary.
- easy on the hands and clothes.
- no experimenting—in use for 40 years.

Write for our handsome illustrated Catalogue of Premiums given free for Richards Pure Soap wrappers.

**FREE**—Mail us five Richards Pure Soap wrappers and we will send you a beautiful souvenir from any paper, and we will send you a beautiful souvenir from any paper, and we will send you a beautiful souvenir from any paper.

The RICHARDS PURE SOAP CO., Limited  
WOODSTOCK, ONTARIO  
CUT THIS AN OUT-LET IN VALUABLE.

Please mention Kingston Whig when answering this advertisement.

CONSULT ANY LIST YOU PLEASE—  
You will not find anywhere the equal in quality at the price of

## Blue Ribbon Tea

The most wholesome and delicious, refreshing and vivifying beverage for table or social use.

Black, green, mixed—25c. to \$1 a lb.—All grocers

## House-Cleaning Shoes

During house cleaning season, you want something comfortable and cool on your feet. Try a pair of our Carpet Slippers, all sizes for Women at

### 25c.

We also have a line of Prunella Slippers, which are very cool and comfortable, all sizes.

**50c, 60c, 75c and \$1**  
Women's Prunella Gaiters, 65c., \$1.00, 1.25  
Women's Gaiter Boots, good elastics, in fine Kid, \$1.25, \$1.50 and \$2.

We also have a large assortment of Women's fine Kid House Slippers, elastic vamps, just the thing for a house-cleaning shoe.

## Only 60c. a Pair

Better Grades at 75c. and \$1.00.

When you want anything in Comfort Shoes, don't forget we carry the largest assortment in Kingston.

## Abernethy's Shoe Store

### NEW YORK ACCIDENTS.

Explosion, Collision and Losses of Life.

A locomotive drawing a logging train of the Rich Lumber company at Wannakena, N.Y., exploded. Harris Keffel, a peddler riding on the train, was blown to atoms. Fireman Storms was badly burned and cut. W. G. Reynolds, timekeeper, is not expected to live. Reynolds has a wife and young daughter at Wannakena, and a father and mother in Watertown. Three or four more were seriously injured, but their names have not been received.

A freight wreck in which one man was killed, two seriously injured, five cuts, dented and two destroyed, occurred in the Oswego yard of the R. W. & O. Conductor Bracken and brakemen C. J. Myers and W. Coy were riding on the head car of a string of merchandise cars, being backed to the freight house. The switch leading to a parallel track had been left open, and the cars ran through the switch and cornered those on the parallel track. Brakeman Myers was caught between two cars and instantly killed. Bracken and Coy jumped the former suffering a compound fracture of the left leg and the latter a fracture of the right arm. All the men reside in Oswego.

### Piles Believed At Once.

Wade's Ointment relieves the distressing symptoms of piles at once, and, faithfully used, will cure them permanently. It has remarkable soothing and healing properties. Best for all purposes for which a healing ointment can be used.

Cures eczema, salt rheum, scaly or itching eruptions of the skin, pimples, blotches, dandruff, etc. In six boxes, 25c., at Wad's drug store.

### HE IS CORRECT.

Dr. Hamilton Proves That Piles Are Caused By Constipation and Strong Cathartics.

Knowing the frequency with which people suffer from this ailment, Dr. Hamilton made an exhaustive study into the cause of piles.

He found that the lower part of the bowels is like a network of blood-vessels, and if subjected to persistent pressure, a section will bulge out and form what is commonly known as piles.

The only effective mode of curing this trouble in the regular use of Dr. Hamilton's Pills, which can be taken before retiring. Next day will bring wonderful relief.

"I suffered up to about the limit of human endurance with piles," writes Miss Leckers, from Cornwall, Ont. "I was employed in a factory here, but for a while had to give up work till I got better of this trouble. I read in the Montreal Herald about Dr. Hamilton's Pills, and after using them for two weeks was cured. I can recommend these pills very highly; there are none better. They at once relieve and prevent a constipated condition of the bowels, and from my experience can be depended upon as a perfect safeguard against piles. Dr. Hamilton's Pills of Manstrake and Butternut, I am sure, would be a benefit to every girl or woman."

Take Dr. Hamilton's Pills and your system will be regenerated, revitalized, and made proof against disease. Good for men, excellent for women, and most effective for children. All ages and both sexes find Dr. Hamilton's Pills a marvelous medicine. Although active, they do not grip or cause inconvenience, still they cleanse and purify the system, thereby maintaining a high standard of health. Sold by all dealers, 25c. per box, or five boxes for \$1, or by mail, from N. C. Polson & Co., Hartford, Conn., U.S.A., and Kingston, Ont.

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## Cellu-loid Starch

Saves time, because it makes ironing easier. Saves linen, because it gives a better gloss with half the iron-rubbing. Saves bother, because it needs no cooking. Just cold water. And it CAN'T stick. Buy it by name.

Saves Plenty

TO HIS MAJESTY THE KING.

Sir John Power & Son Ltd.  
ESTABLISHED AD 1791.

## THREE SWALLOW'S IRISH WHISKEY

Famous for over a century for its delicacy of flavor.  
Of highest standard of Purity.

It is especially recommended by the Medical Profession on account of its peculiar "DRYNESS"

## MILBURN'S HEART AND NERVE PILLS

For Weak People Having Heart or Nerve Troubles.

**SYMPTOMS**

Fatigability of the Heart, Irregular Skipped Beats, Dizzy Spells, Swooning, Feeling, Shortness of Breath, Bluish Color of the Lips, Pain in the Region of the Heart, Thin Watery Blood, Cold Hands and Feet, Nervousness, Sleeplessness, etc.

If you have any of these symptoms MILBURN'S HEART AND NERVE PILLS will bring the whole system into health action, and give power, force and vigor every organ of the body thereby strengthening the weak heart and restoring the nerves. Mrs. Harmon Dayhall, Welland, O., writes: "I write to let you know my good Milburn's Heart and Nerve Pills did for me. For over three years I suffered with pain under my left breast and my nerves were completely unstrung. I purchased boxes of your pills and before I had first box finished I felt much better and I am cured."

Price 50 cents per box or three boxes \$1.25 at all dealers or will be mailed on receipt of price by The T. Milburn Limited, Toronto, Ont.

## MAGIC BAITING POWDER

MAKES YOUR CAKES LIGHT.  
MAKES YOUR BISCUITS LIGHT.  
MAKES YOUR LABOR LIGHT.  
MAKES YOUR EXPENSES LIGHT.

Order from your Grocer.

E. W. GILLET COMPANIES LIMITED  
TORONTO, ONT.

## The Cinderella Shoe

A Ladies' Goodyear Walt Blush Shoe, Vici Kid, with patent toe and high Cuban heel. It is an up-to-date street shoe.

Price \$5.00 and \$5.50.

H. JENNINGS, KING  
Try a Pound of Myers' HOME-MADE Sausage