

Eat Right and Feel Right

Take Care of Your Stomach and You Will Escape No End of Trouble. We can't abuse the stomach without paying a penalty. This penalty is most frequently indigestion, with all its accompanying distress.

The right kind of food is a natural matter. The most delicious, the most satisfying food in the world, always fresh and crisp, containing every food element necessary for the sustenance and up-building of the body and the brain.

A perfect breakfast is impossible without Malta-Vita. Being a pure grain product it is rich in food elements—all the food elements of the best white wheat grown and the finest barley malt extract—intensely vitalizing and easy for even the weakest stomach to digest.

It had been a sufferer from nervous debility and indigestion for several years, without any benefit or relief from various tonics and other medical prescriptions. Imagine my surprise when, a short time after beginning the use of Malta-Vita, I became aware of its beneficial effects by the gradual disappearance of my long-standing ailment.

All grocers sell Malta-Vita. Try some with milk, cream or fruit. You never tasted anything so good and yet so ready to eat. Now 10 cents.

RATS!

Highest Prices Paid for SPRING RATS. W. F. GOURDIER. EXCLUSIVE FURRIER. 78 and 80 BROCK ST.

Rich Cut Glass. At present our Stock of Desirable Cut Glass is more complete than ever.

SMITH BROS. Jewelers and Opticians. Issuers of Marriages. Licensees. Phone 666.

Dress Goods

Are Moving Out Rapidly at This Store. Newest goods at popular prices are responsible for the big selling in this department.

Better goods at 69c., 75c. and 85c. a yard, and the best in the city at \$1, \$1.25 and \$1.50 a yard.

These Prices Apply to Black as Well as Colors. If you want a Dress and want the newest, then be sure and see our display before buying.

Brass Curtain Poles

Given away on WEDNESDAY with each pair of Lace Curtains, at \$1.25 or over.

Newman & Shaw. Muslins and Nets, in Dots and Fancy Figures, at 15c., 19c., 23c., 28c. per yard.

THE STANDARD BANK OF CANADA

ESTABLISHED 1870. Head Office - Toronto. \$1.00 OPENS AN ACCOUNT. In our Savings Department. Deposits of \$1 and upwards are received, on which the highest current rate of interest is allowed.

THE CANADIAN BANK OF COMMERCE

HEAD OFFICE, TORONTO. ESTABLISHED 1867. Paid-up Capital, \$10,000,000. Rest, 5,000,000. Total Assets, 113,000,000. Branches throughout Canada, and in the United States and England.

F. H. Deacon & Co. STOCKS, BONDS, INVESTMENT SECURITIES. Dealt in on All Exchanges. 72 King Street West. Phone, Main 6733-34.

WANTED 50,000 SPRING RATS. John McKay, 153 Brock Street.

Grape Fruit, Pineapples, Tomatoes and Bananas. A. J. REES, 166 Princess Street.

500 Pairs Lace Curtains to Be Offered This Week in the Most Important Sale of the Year. The James Johnston Store.

THE JAMES JOHNSTON STORE. Curtains, Muslins, Underwear. 153 Brock Street.

HELD IN A CAVE

A Picnic Party Became Prisoners. ON HOLIDAY TRIP.

WHITE MEN IN BASUTO COUNTRY ASSAILED BY NATIVES. They Escape By Stratagem—Ride in the Darkness of Night Filled With Exciting Adventures.

Proceeding on their journey the following day they tried a native to direct them to a cave in which they could take their mid-day meal. The Basuto appears to have given information of their presence, for towards evening the party was intercepted by a number of natives, the old man who appeared to be in charge carrying a gun.

Here the visitors' horses were turned astray, and the headman, telling them that they would not be allowed to re-enter Natal, signified that they would have to continue without their horses, and would have to carry their supplies on their backs.

Toronto, April 29.—Wheat, white, per bush, 75c.; spring, red, per bush, 75c.; wheat, white, per bush, 73c.; wheat, golden, per bush, 68c.; oats, per bush, 44c.; barley, per bush, 56c.; peas, per bush, 77c.; 78c.; hay, timothy, per ton, \$14 to \$17; mixed, per ton, \$11 to \$13; straw, per ton, \$13 to \$14; seeds, red clover, per cwt., \$14.50 to \$15.50; alsike clover, per cwt., \$10.50 to \$13; timothy, per cwt., \$5 to \$7; dressed hogs, \$9 to \$9.50; eggs, new laid, per doz., 18c. to 19c.; butter, dairy, per lb., 27c. to 30c.; creamery, per lb., 30c. to 33c.; chickens, dressed, per lb., 15c. to 18c.; turkeys, per lb., 18c. to 22c.; apples, per bush, \$2 to \$2.50; potatoes, per bag, 55c. to 95c.; cabbage, per doz., 35c. to 50c.; onions, per bag, \$1.75 to \$2; beef, hindquarters, \$9 to \$9.50; fore-quarters, \$8.50 to \$7; choice, carcass, \$7.75 to \$8.25; medium, carcass, \$6.50 to \$7; mutton, per cwt., \$10 to \$11; veal, per cwt., \$8 to \$11; lamb, per cwt., \$13 to \$15.

Your Blood Filters. The kidneys are a mass of tiny tubes through which the blood must constantly filter if you are to live. Often these tubes become inflamed or engorged. This condition must be promptly relieved or disease will result.

Peck's Kidney and Liver Pills heal and cleanse these little filters and make the kidneys sound and active. In boxes, 25 cents. For sale only at Wade's drug store. Money back if not satisfactory.

Farewell to Edna May. London, April 30.—Edna May, who gained a peculiar hold on the hearts of theatre-goers here when she appeared as the "Salvation Lass" in "The Belle of New York," a decade ago, which has never been weakened, was given a great demonstration, on Saturday night, on the occasion of her last appearance on the stage, which she abandons to marry young Oscar Lewinsohn.

\$1,000 Reward Still Unclaimed. Long ago the proprietors of "Catharzone" offered this reward for a case of nose cold or catarrh that couldn't be relieved by Catharzone; the reward was never claimed, and meantime thousands have testified that no other remedy is so quick to relieve and so sure to cure. Try Catharzone yourself—it's guaranteed.

Jewel Robbery at Nice. Paris, April 30.—Mme. de Nuomott, the wife of a distinguished Russian official, has been robbed of \$4,000 worth of jewels at Nice.

PEN-ANGLE. Pen-Angle Underwear is form-knit so it can't help fitting your figure. It's made of long-fibred wool so it won't shrink and it's guaranteed besides. The whole idea is to make it so good you can't afford not to buy by the trademark (in blue and red).

THE EDISON OF DENMARK

Letters Can Be Mailed and Used in Telegraphs. DENRIK POULSEN. London, April 30.—Henrik Poulsen, "the Edison of Denmark," whose spectacular invention, the telegraph, has reached such a stage of development that it is hoped soon to be used as business and personal correspondence by its use.

A Good Article Effectively Advertised Finds a Ready Sale. With this in view of the Whig-McClary Manufacturing Company of London, commence their advertising for this year, using a series of ten attractive advertisements. The illustration in these advertisements is the work of an artist, and while the quality of the drawings is of high order, every advertisement deals with a practical feature of the fur trade.

CONVENIENCE BEFORE CREED. Residents of Village Opposed to Walking. Vienna, April 30.—The 700 inhabitants of the Ruthenian village, Nizielna, near Alt-Sambor, Galicia, have formally notified the authorities that they have gone over in a body from the Greek to the Roman Catholic church.

News of Maple Avenue. Maple Avenue, April 29.—The farmers have been pressing their hay and preparing for a new crop. Mr. Nesbitt, the new school inspector, visited the public school one day last week. Levi Lewis has returned home from Kingston General Hospital, after undergoing an operation for appendicitis.

Tidings From Stella. Stella, April 29.—Farmers are very busy, the land being in good condition for seeding. The prospects for another hay crop are not so good as last year. The sheep penning made her first trip of the season to the city yesterday. William McMaster and J. Tugwell each made shipments of pigs from here last week.

CAPT. E. B. SMITH, OF PICTON. Picton, April 29.—When the steamer Alexandria, of the Lake Ontario and Quebec Navigation Company, left port Saturday morning on her initial trip of the season to Charlotte, Captain E. B. Smith entered upon his fifty-second season as master of a steamer. This is perhaps a record in the annals of River St. Lawrence and Lake Ontario navigation.

If A Dyspeptic, Use Hutch. "Not a foul smelling, nasty tasting dose," but a palatable, appetizing corrector of acidity, heartburn and water-brash. It washes away fermenting matters, and the tough mucus that coats the dyspeptic's stomach, leaving it clean, refreshed and ready to digest proper food. It's a doctor for cents. If you can spare \$1 you can buy 200. By mail from Woodward Chemical Co., Bridgeburg, Ont.

THE PEOPLE'S FORUM

HELP WANTED—MALE. A GOOD STRONG MAN TO HELP IN LIMEWORK. Apply to Chown & Son.

WANTED—GENERAL. A COMFORTABLE ROOM IN CITY for gentleman. Address "G," Whig office.

HELP WANTED—FEMALE. A COOK, APPLY TO MRS. NICKLE, 130 Earl street.

FOR CAPT. SMITH AS VESSEL MASTER. Schooner Goldie Near Deseronto Causes Trouble to Navigation—A Lady Broke Her Ankle.



The schooner Goldie, under the command of Capt. E. B. Smith, is in command. The schooner Goldie, under the command of Capt. E. B. Smith, is in command. The schooner Goldie, under the command of Capt. E. B. Smith, is in command.

THE ABOLITION OF MEDIATION. Ever the church has proclaimed the doctrine of mediation between God and man. For centuries it has been taught that man could approach God only as a penitent sinner.

THE SOMERVILLE CO., Pattern Hats, Ladies' and Misses' Hats, Children's and Infants' Headwear, in endless variety, at The Somerville Co., Phone 771. HIGH CLASS MILLINERS.

FOR SALE. GENDRON BICYCLE, APPLY AT Whig office.

LOST. GOLD BRACELET, SET WITH large green stone. Reward for its return to this Office.

FOR SALE OR TO LET. NEW HOUSE, COR. MACK AND Albert street, near Victoria Park. Can be bought on easy terms.

ARCHITECTS. ARTHUR ELLIS, ARCHITECT, OF- fice, Cor. Queen and Bagot streets.

THE PARAGRAPH PULPIT. REV. C. W. GIBSON, OTTAWA. The Abolition of Mediation. Ever the church has proclaimed the doctrine of mediation between God and man.

THE SOMERVILLE CO., Pattern Hats, Ladies' and Misses' Hats, Children's and Infants' Headwear, in endless variety, at The Somerville Co., Phone 771. HIGH CLASS MILLINERS.



FOR SALE. GRAVE PLOTS FOR SALE IN Christ church Cemetery, Ottawa. Apply to the Rector, St. Church Warden Bart. Lancelotti and Smith Elliott, Ottawa.

FOR SALE OR TO LET. DWELLINGS, OFFICES, STORES, etc., at McCann's, 51 Brock street.

INTERNATIONAL CORRESPONDENCE. INTERNATIONAL CORRESPONDENCE. INTERNATIONAL CORRESPONDENCE.

POWER & SON, ARCHITECT, Merchant's Bank Building, corner Brock and Wellington streets. Phone, 213.

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