Headaches Mean Your Blood Is Poisoned

If your bowels, kidneys or skin are not ridding the system of waste-matter, the blood is laden with impurities, which inflame the nerves. It is these irritated nerves that make the head ache.

Powders and pills won't cure, they merely drug the nerves into unconciousness and relieve for a short time.

"Fruit-a-tives" cure Headaches, Neuralgia and Nerve Pains

because they purify the blood. They act directly on the three great eliminating organs—Bowels, Kidneys and Skin—and restore them to healthy action, thus ridding the system of all poisons.

"Fruit-a-tives" are fruit juices—chemically changed, by the process of combining them, into a far more effective medicinal compound than the natural juices. 50c. a box—6 for $2.50. At all dealers' or from Fruit-a-tives Limited, Ottawa.

Fruit-a-tives

(FRUIT LIVER TABLETS.) 80

Every Woman

is interested and should know about the wonderful

MARVEL Whirling Spray

The new Vaginal Syringe. Best—Most Convenient. It cleanses thoroughly.

Ask your druggist for it. If he does not supply the MARVEL, accept no other, but send stamp for illustrated book—sealed. It gives full particulars and directions invaluable to ladies.

WINDSOR SUPPLY CO., Windsor, Ont. General Agents for Canada.

Rheumatics all tell the same story about

Bu-Ju

The Gentle Kidney Pill

Do you live near Picton, Ont., or know anyone who does? Then find out for yourself how Mr. Mills feels about Bu-Ju. Is it any wonder he thinks Bu-Ju is a life-saver?

"I have used Bu-Ju with great benefit to myself, and cheerfully recommend it to all who are suffering from Rheumatism and Kidney Trouble. I think it is the best remedy made."
JAMES MILLS.

After you have tried Bu-Ju, seen how quickly it relieves the pain, and how completely it cures you of Rheumatism, you will gladly recommend Bu-Ju to your friends, just as Mrs. Kidd, of Young's Point, Ont., does:

"Have found Bu-Ju very beneficial for Rheumatism. They are certainly a blessing. My husband is also receiving great benefit from Bu-Ju. He has had great pain in the small of his back, but is so much better now."
MRS. A. C. KIDD.

Mr. J. H. Cairncross, of Toronto, urges everyone to give Bu-Ju a fair trial. In a signed statement he says, after telling how Bu-Ju cured him:

"In my own case I had taken three boxes before I felt I was receiving any benefit."

Bu-Ju must cure you of Kidney and Bladder Troubles and Rheumatism, or your money will be promptly refunded. 50c. a large box. Sent on receipt of price if your druggist does not have it. 77

The Claflin Chemical Co., Ltd., Windsor, Ont.

BRITISH - AMERICAN HOTEL

KINGSTON - - ONTARIO

Has undergone alterations and Is now open to the travelling public.

W. TELFER - - Proprietor

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S. C. McGill, Managing Director. Office, 87 Clarence Street, Kingston.

Varnish Stains

The Canada Paint Co's. Varnish Stains are ready for use and when applied, will produce clear and rich shades true to nature.

SOLD ONLY AT

STRACHAN'S HARDWARE.

Try a Pound of

Myers' HOME-MADE Sausages

For Sunday's breakfast. 60 Brock St.

Dress Studs

Three Dress Shirt Studs of 14k Gold sell from 14c up.

Sets of three Gold-filled sell from 75c. up.

Kinnear & d'Esterre, Jewelers & Opticians 100 Princess Street

FIGHT WITH A PANTHER

INFURIATED BEAST CHARGES A LUMBERMAN'S RAFT.

Legs Bumped a Tree on River Bank—Animal Was Asleep — Enraged at Being Disturbed Springs at Surprised Man — Is Tearing Him to Pieces—Companion Comes to Rescue With an Axe.

Henry Rogers, a stalwart lumberman not long ago closed a contract with a large milling concern to cut and raft the timber from a big area of virgin forest down the river to the company's sawmill. It was a big undertaking and Rogers was employed on the job for several months with a considerable force of men.

I had met him on a hunting trip and he invited me to spend a week or so with him at his camp, says a well-known writer. Of course I accepted. He was camped in one of the best hunting sections that could be imagined and I packed my kit, took a large quantity of ammunition and caught the first train for a small town on the lower river, where Rogers met me with a gasoline launch and conveyed my traps and me to his camp, thirty miles down the river.

The forces of men in the woods and the hauling of the logs kept the game stirred up considerably and I had such a hunting trip as I had always dreamed of but had never before experienced. My bag included two bears, many deer and one or two wolves, to say nothing of turkeys, geese, ducks and squirrels without count.

Down River on a Raft.

About the time that my vacation was drawing to a close Rogers made ready an enormous raft of logs, which he intended floating down the river, and as he was to accompany the raft in person I decided to go with him, thinking that this would be a novel trip and possibly as exciting one, but my wildest fancy had not prepared me for the adventure we encountered.

Several tents were rigged up on the raft, where we slept at night as snug as if we had been ashore. The cooking was done on open fires built upon boxes of earth. During the day I traveled generally in the gasoline boat, stopping along from time to time to hunt out some stretch of forest or visit a lake which Rogers told me of, and I had excellent sport. I could travel a great deal faster than the raft, of course, and I sometimes let it get five or ten miles ahead of me or I would run that distance down the river ahead of it and hunt until it overtook me or nightfall made me set out in search of it.

As a rule we tied up at night, especially in difficult portions of the river, where islands and shoals made navigation for the raft beset with dangers of grounding it or splitting it up on snags or the point of an island. However, as we suffered some delay and the contract time for the delivery of the raft at the mill was drawing close, Rogers decided to run as much as possible at night, and after that it was not often that we tied up. Nature favored us. The nights were almost as bright as day after the moon came up, which at that season occurred about 11 o'clock.

The Collision With the Tree.

There was good light after moonrise until morning, but between dark and the hour for the moon to make its appearance it was as dark as a pocket and the traveling was beset with grave dangers. More than once on these occasions did the raft bump into the bank, driving the timbers together with a sullen, crushing sound.

One night, as we were traversing a most difficult stretch of water, a narrow channel where the great raft had scarcely more than room to pass, I was standing out forward where Rogers and three others were working the sweeps, guiding the unwieldy mass of timbers through the narrow channel. We were navigating a difficult bend, a point that required the greatest skill in steering, when the current got the upper hand and the raft was hurled toward the bank with a force that was amazing.

Just at this point a large, crooked oak tree hung low over the water and the raft swept beneath it. The extreme end of the foremost log struck the trunk with a shock that shook the tree as if it had been a reed.

The Panther Spring Upon Him.

I had braced myself for the shock the best I could, and I should have retained my legs if it had not been for a long, lithe object that projected itself out of the rank foliage of the tree straight in my face. It sailed through the air like a flash of light and with an unearthly scream it alighted upon my breast and its sharp claws tore through my heavy hunting clothes as if they had been the veriest gauze.

There was no mistaking what it was. It was a gigantic panther, and my heart turned sick within me as I realized it. The force of the leap threw me flat upon my back, but the enraged animal did not loosen its death grapple in the least. I could feel its hot breath burning my cheek and its sharp claws as they dug deeper and deeper into my flesh. It is a wonder that I did not become unconscious, but I was not to be so spared.

I thought every moment that the animal would seize my throat in its jaws and it seemed an age that I lay there helpless with its cat-like eyes glaring into my own, scarcely six inches away. I was utterly helpless and resigned to my fate.

It certainly was not more than three or four seconds that I lay thus, although it seemed an age before I saw Rogers approaching me with a heavy axe raised above his head.

His Rescue by a Companion.

He was running across the logs and once I saw him leap high into the air, but I did not then know why he did this. Afterwards I discovered that the raft had broken up and that I was upon a small portion of it that had gone on an independent cruise. Rogers had jumped across a rapidly widening space of water to my rescue and had he missed his calculation of the distance his life might have paid the penalty. The panther saw him approaching, and with a snarl of rage it sprang from my recumbent form straight for the approaching woodman. Rogers saw it coming and swung his axe above his head like some ancient conception of the god of battle. Just at this moment the raft swung around a bend of the river, which threw us out of the heavy shadow of the timber into the moonlight.

I have never seen a more inspiring sight than Rogers, standing with his axe poised and every muscle of his magnificent form tense, with anticipation of the shock, and the panther leaping straight for his throat. With a flash of light the axe descended just as the panther poised in air immediately before Rogers. The next instant the blade of the weapon crashed deep into the animal's skull and it fell, inert and lifeless, at the foot of my rescuer.

That panther's skin is the rug beneath my feet as I write, and plainly upon the top of its head is the scar of the blow that ended its life. The taxidermist who prepared it for me wanted to sew up the cut so that it would be invisible, but I would have none of it.

A NOVEL TRIO.

Robin and Sparrow Keep House With a Rabbit.

A sparrow, a robin and a rabbit have lived peacefully together in an old hollow log all winter and seem to be the best of friends. They took up housekeeping in the same abode to keep warm, and apparently have thrived without friction since the first snows came. The rabbit hardly needed feathered companions to add to his bodily comfort, as his kind are well protected by nature, but evidently he longed for companionship.

George S. Hixon, on whose farm the happy family have been sharing quarters, says that he has frequently seen the rabbit occupy the end of the log on cold days in order to keep his companions warm within. Sometimes he would keep his post for forty-eight hours without food, apparently for no other reason than to be sure that his pals within were shielded from the winter blasts.

Went Foraging.

When the weather was agreeable the rabbit, sparrow and robin would go foraging together, the former picking up a living by gnawing the bark of poplar trees and the latter by delving about for what edibles they could find. Several times Mr. Hixon has observed them trailing along back to the log in Indian file. On these occasions the birds either hopped behind the rabbit or fluttered close to the ground.

"I went out one morning after a severe storm to place food where the family could get it and found the log entirely covered," said Mr. Hixon. "As I neared the spot there was a disturbance of the snow and out hopped the rabbit. After him came the sparrow and robin. The birds looked about in a dazed kind of way and then nestled close to their furry companion. At my approach they flew to nearby trees, but as soon as I had retired all three assembled for the feast I left."

Death of a Pioneer.

P. H. Bradt, a Fort Garry pioneer, died recently aged 93 years. He had been a resident of Winnipeg since 1878, and had had a remarkable career. He was one of the survivors of those who took an active part in the stirring events of 1837, having served with the Government against W. Lyon Mackenzie. He also wore the medal for Fenian raid services. The old man's memory was remarkable, and, up to the time of his death, delighted to tell of his experiences along the Niagara frontier in 1837. He was on sentry duty on the night the steamer Caroline was sent over the Falls, and saw that occurrence, being probably the last eye-witness of the tragedy.

Bringing Her Up.

Little Willie, tired of play,
Pushed sister in the well one day,
Said mother as she drew the water,
"'Tis difficult to raise a daughter."

At Baltimore, Mrs. Alexander D. Brown, widow of a member of a banking firm of international fame, and once widely known in Baltimore as Laura Hobson, will wed Charles H. Kaufman, a coachman on her estate, in June. She is sixty-six years old, thirty-two years, the senior of her prospective husband.

URIC ACID GRAVEL

IS CAUSED BY THE KIDNEYS BEING UNABLE TO CARRY THE POISONOUS WASTE MATTERS OUT OF THE BLOOD.

The urine of persons suffering from uric acid or gravel is generally scanty and after it has stood a while, a reddish sediment like brick dust forms in it. In advanced stages the uric acid sometimes appears as fine sand, or large crystals. Those who pass gravel in any considerable quantity are usually troubled with inflammation of the kidneys, bladder and urinary organs, sour stomach, indigestion, heartburn, gout and rheumatism.

Any one desiring to know the proper method of testing the kidneys should write at once to the Warner Safe Cure Co. for free doctor's advice or consultation. A descriptive medical booklet will also be sent to any one writing for it.

Cured By Warner's Safe Cure

"I have used Safe Cure for chills caused by uric acid poison in my system and I have been perfectly cured. It has done for me what I have never known any other medicine to do. It cures people in the South who suffer much from malaria, which always affects the kidneys. If all the doctors would prescribe Safe Cure instead of quinine for cases of malaria there would be less bad after effects, as quinine does not remove the disease germs from the system like Safe Cure. I take 'Safe Pills' when I need a gentle laxative."—Mrs. M. E. DEAN, Treas. Lotus Club, Chattanooga, Tenn.

When the kidneys are diseased the uric acid is not carried off, and this causes Gout, Lumbago, Rheumatism of the Joints, Rheumatism of the Muscles, Rheumatism of the Heart, Rheumatism everywhere.

In Bright's disease the bowels are often constipated and the liver torpid. Warner's Safe Pills quickly relieve this condition, and no ill after effect is experienced.

WARNER'S SAFE CURE is put up in two sizes and is sold by all druggists, or direct, at $1.00 A BOTTLE. Refuse substitutes containing harmful drugs which injure the system.

TRIAL BOTTLE FREE. TO convince every sufferer from diseases of the kidneys, liver, bladder and blood that WARNER'S SAFE CURE will cure them, a trial bottle will be sent ABSOLUTELY FREE, postpaid, to any one who will write WARNER'S SAFE CURE CO., Atlantic and Pacific Ave., Toronto, Ont., and mention having seen this liberal offer in the Kingston British Whig. The genuineness of this offer is fully guaranteed. Our doctors will send medical booklet, containing descriptions of symptoms and treatment of each disease, and many convincing testimonials free to every one.

Not So Much

Please do not put quite so much Red Rose Tea in the teapot as you do of other kinds. If you do the tea will be too strong.

Red Rose Tea combines strength with that rich, fruity flavor which has made it famous.

You are sure to like it. Will you order a package from your grocer?

RED ROSE TEA

THOUSAND ISLAND PARK.

Arrivals to Date—Water is Unusually High.

Thousand Island Park, April 23.—The water on the river is unusually high for this season of the year. Bullhead fishing has commenced in South Bay. Fenoryo granite quarry, on the foot of Picton Island, is opened, and is running full time, with its full complement of men. G. R. Brown has Judge Chester's yacht house completed at Murray Hill Park. James Smith has sold his boarding house on Outlook avenue. He has purchased a smaller cottage and will remove into it soon.

James A. Morris and wife have arrived from Southern Pines, North Carolina. W. R. Fitch, secretary of the Park Association, made an official call at the Park a few days ago. The Islander is bringing large quantities of freight for the Park store. S. Dano has the sloop Flying Cloud rebuilt and will have her launched in a few days.

Arrivals at the Park to date: Prof. Marshall, Watertown; James Smith and wife, Kingfisher, Okla.; Major Judson, Ogdensburg; Miss E. Deutcher, Rochester; J. H. Dano, Watertown; Walter Osborne and wife, Watertown; Mrs. M. Hutchinson, Alexandria Bay.

PALE, LISTLESS GIRLS.

Can Only Obtain Health Through New, Rich Pure Blood Made By Dr. Williams' Pink Pills.

Growing girls—girls in their teens—must have rich, pure blood. Healthy womanhood depends upon the vital change from girlhood to maturity. Every woman should most carefully watch her daughter's health at this critical period. If a girl at this period has headache, if she is pale, thin and languid, it shows that her slender blood supply is being overtaxed. She will always be ailing and may slip into a hopeless decline or consumption if her blood is not built up at once with Dr. Williams' Pink Pills. The rich, red blood which these pills make bring health and strength to every organ, and make dull, listless, languid girls, bright, rosy-cheeked, active and strong. Miss Maggie Donahue, Erinsville, Ont., says: "Before I began the use of Dr. Williams' Pink Pills I was badly run down, and it seemed as though my blood had turned to water. I was very pale, suffered from headaches and palpitation of the heart, and often I would pass sleepless nights. I found nothing to help me until I began the use of Dr. Williams' Pink Pills, and these have fully restored me and I can truthfully say I never enjoyed better health than I am now doing."

When Dr. Williams' Pink Pills replace bad blood with good blood they strike straight at the root of all common ailments like anaemia, decline, indigestion, kidney and liver troubles, skin eruptions, erysipelas, neuralgia, St. Vitus dance, paralysis, rheumatism, and the special ailments of growing girls and women. Be sure you get the genuine pills with the full name, "Dr. Williams' Pink Pills for Pale People," printed on the wrapper around each box. Sold by medicine dealers or sent by mail at 50c. a box or six boxes for $2.50 by writing the Dr. Williams' Medicine Co., Brockville, Ont.

Rockport News.

Rockport, April 22.—Mr. and Mrs. Thomas Jeroy attended the funeral of Mrs. Jeroy's father, Mr. McEwan, at Brockville, on Wednesday last. A party of twenty young men of the Gananoque militia rode horseback to this village and spent the day at the Island View house. Mr. and Mrs. Thomas Hunt and family and Mr. and Mrs. H. Edgley, of Alexandria Bay, spent Sunday at her father's, J. O'Brien. Mr. and Mrs. Richard Adams, of Hayden's Island, will move into the village shortly. Raymond Cornwall, barrister, Watertown, N.Y., is spending a few days at the Island View house. Mrs. Myers and son, of Rochester, N.Y., will arrive Thursday to occupy her summer home on Club Island. James D. Griffin, of Gouverneur, N.Y., spent a couple of days last week with his mother, Mrs. Charles Cornwall.

At Dubuque, Ia., while addressing the Women's Relief Corps, Mrs. Hugh Apfeld, one of the prominent club women of Iowa, was stricken dumb. Doctors pronounce the case paralysis.

CLANCY-CLANCY.

A Pretty Wedding Last Week at Enterprise.

A very pretty wedding took place at the residence of Jacob Clancy, Enterprise, at high noon, on April 17th, when his eldest daughter, Marion Alieux Gertrude, was united in marriage to Bingley Albert Clancy, Watertown, N.Y., Rev. R. Allin officiating. The bride entered the parlor leaning on the arm of her father, to the strains of Mendelssohn's wedding march, played by Miss A. Williams, Napanee. The ceremony was performed in an alcove, formed of evergreens, intermingled with a huge white wedding bell and flowers. The bride was becomingly attired in white benzeline, with allover and valenciennes laces and ribbon, carrying a shower bouquet of white carnations and maidenhair fern. The bride was attended by her sister, Miss Laura M., who was gowned in pale grey silk voile, trimmed with allover and chiffon laces, and carried pink carnations. Ross W. Milligan, Centreville, acted as groomsman. After congratulations had been offered, a dainty wedding breakfast was served. The dining-room, darkened, and lighted by artificial light, looked exceedingly pretty, festooned with pink and white crepe paper, roses and smilax. Rev. Mr. Allin, on behalf of the guests, tendered the bride and groom their hearty congratulations and good wishes. The presents to the bride were beautiful and costly, that of her father being a cheque. The groom's gift to the bride was a gold chain and locket, set with pearls; to the bridesmaid, a gold bracelet, set with an amethyst; to the groomsman, gold cuff links. The happy couple left, immediately after breakfast, amid a shower of Japanese confetti, for Napanee, where they took the 6.40 train east, to spend their honeymoon. The bride's going-away costume, was of grey paneau cloth, with white embroidered silk blouse, picture hat of grey mohair, with tulle and plumes to match.

Linen Frock For School Girl.

A very attractive dress for a young girl is here pictured, the model being in the new wood brown linen of a rather light shade. The skirt was made with a double box plait down the centre of the front and back, the side sections of the skirt showing two deep tucks about the lower part. The waist was made with a detachable chemisette. The rever collar and cuffs were of the linen scalloped and embroidered. Brown embroidered buttons and braid straps of narrow soutache were used in groups down the middle of the bodice front.

Revival At Mountain Grove.

Mountain Grove, April 23.—A glorious revival has just closed here. Evangelist P. A. Scott, assisted the pastor, Mr. Smart. Many came to the meetings and were won to Christ, through the beautiful songs and the earnest appeals of the evangelist. Bro. Scott is a man of God and his work was greatly blessed. Bro. Scott will be very welcome here at any future time.

There is only one "Bromo Quinine" That is Laxative Bromo Quinine.

Similarly named remedies sometimes deceive. This first and original Cold Tablet is a WHITE PACKAGE with black and red lettering, and bears the signature of E. W. Grove.

Grey Worsteds

Fit-Reform Grey Worsted Suits are novel in every respect.

The designs are the very latest—the fabrics are durable—the tailoring, masterly—the fit, perfect—and the styles, irreproachable.

If one of your new spring suits is to be a Worsted, it certainly ought to be a Fit-Reform Worsted.

108

Fit-Reform

E. P. Jenkins, - Kingston

PARLOR FURNITURE

Special Prices This Week

See our 5-pieces Mahogany Parlor Suite, regular price $25, for $20.
Solid Oak and Mahogany Parlor Table, $2.50.
Music Cabinets, $3.50 to $35.
Special prices in Buffets and China Cabinets, from $12 to $95.

Robt. J. Reid,

The Leading Undertaker and Furniture Dealer, 230 Princess St.
Ambulance 'Phone, 577.

ROYAL SHOES FOR MEN

Hand in hand with style goes wearing quality. This together with the choice leather and superb workmanship places these goods in the front rank of shoe perfection.

See our Royal Spring Styles

$5.00 a Pair

McDermott's Shoe Store

OUR BIG FURNITURE SALE

Still booming, everybody pleased with their bargains. A chance of a lifetime as we need the room at

JAMES REID, 'Phone 147

For House Cleaning use the old reliable Furniture Restorer