

Even Better Than Frumenty

Old English Dish Is Now Surpassed by a Malted Grain Food.

Writing on the food problem and advocating a rational health diet, Dr. Joseph Griffith, author of "The Claims of Common Life" and other well-known works, has recently published a book which is a study of grain food and is necessary and refers to the old English dish of frumenty as a most excellent article of food. It also speaks of malted grain as a food for increasing years. This eminent author thus strikes the very keynote of health and strength.

There is a modern food which embraces all the qualities of frumenty and has even more for it is malted grain. Malt-Vita is made by a scientific and elaborated process of the old way of making frumenty. The whole wheat grain is thoroughly cleaned, then boiled in water and cooked in steam to gelatinize the starch. After the starch cells have broken down, the wheat is mixed with pure barley malt extract which is a scientific distillation of starch into maltose, or sugar, highly nutritious and easily absorbed even by the weakest stomach.

Then each grain of wheat is rolled into little water-floated and goes to the great ovens where, under intense heat, it is baked crisp and brown, "done to a turn" and ready for use.

All grocers sell Malt-Vita. 10 cents.

FOR HOME COOKS

Beaver Flour is the flour for home baking—everyone who takes pride in their culinary skill, and their ability to run the house economically.

BEAVER FLOUR is a blend of the best wheat and rye flours. It yields MORE bread to the barrel than any other brand.

Order "Beaver" Flour next time—and see how much more inviting and toothsome is everything you bake.

AT YOUR GROCER'S

Dealers, write for prices on all kinds of Feeds, Coarse Grains and Cereals. T. H. Taylor Co., Limited, Chatham.

Cook's Cotton Root Compound.

The Great Uterine Tonic, and only safe and reliable Regularizer which women can depend on. Sold by all druggists or sent free on receipt of 25 cents.

SYNOPSIS OF CANADIAN NORTHWEST HOMESTEAD REGULATIONS

Any even numbered section of Dominion Lands in Manitoba or the Northwest Provinces, excepting 8 and 26, not reserved, may be homesteaded by any person the sole head of a family, or male over 18 years of age, to the extent of one-quarter section, of 160 acres, more or less.

Application for homestead entry or inspection must be made in person by the applicant at the office of the local Agent or Sub-agent.

An application for entry or inspection, made personally at any Sub-agent's office may be filed to the local Agent by the Sub-agent, at the expense of the applicant, and if the same is applied for in vacation on receipt of the telegram such application is to have priority, and the land will be held until the necessary papers to complete the transaction are received by mail.

In case of "persecution" the entry will be summarily cancelled and the applicant will forfeit all priority of claim.

An applicant for inspection must be eligible for homestead entry, and no application for inspection will be received from an individual until that application has been made.

A homesteader whose entry is in good standing and not liable to be cancelled, subject to approval of Department, relinquish it in favour of father, mother, or son, or daughter, or sister, or brother, but to no one else, on filing of declaration of assignment.

Where an entry is summarily cancelled or voluntarily abandoned, subsequent to institution of cancellation proceedings, the applicant for inspection will be entitled to prior right of entry.

Applicants for inspection must state in what particular the homesteader is in default, and if subsequently the applicant is found to be incorrect in material particulars, the applicant shall lose all prior right of re-entry should the land become vacant, or if entry has been granted it may be summarily cancelled.

Duties—A settler is required to perform the conditions under one of the following plans:

(1) At least six months' residence upon and cultivation of the land in every year during the term of three years.

ST. PAUL'S VESTRY

ADJOURNED MEETING HELD LAST NIGHT.

A Report Submitted Showed The Church to be Almost Free From Debt.

The adjourned vestry meeting of St. Paul's church was held Monday night. There was a large attendance of members, showing their interest in the new vicar, Rev. W. F. Fitzgerald. After matters pertaining to previous years were discussed, the vicar was elected chairman of the meeting.

The report of the church wardens, which was adopted, showed the church to be almost free from debt. The auditor's report was presented and referred to the advisory committee.

A. E. Loscombe was elected the people's vicar for the ensuing year, and R. F. Elliott was elected the vicar's vicar.

On motion of Capt. Gaskin it was decided that all necessary statements be procured for the vestry clerk.

On motion of R. F. Elliott, it was decided to tender a vote of thanks to the bishop for his kindness and consideration of the best interests of St. Paul's church, and for the able and courteous manner he at all times manifested towards the committee appointed by the congregation, regarding the appointment of a vicar.

A vote of thanks was tendered the choir and wardens for efficient services rendered during the year.

The following were elected: Messrs. Capt. J. Gaskin, J. W. Power, H. M. Ruffin, W. H. Carnovsky, E. Youlden, James Davis, Mr. Roman, J. Duncan, Thompson, Sergt.-Major Birtles, R. Sutherland, Mr. Downey and Mr. Weir.

Congratulatory remarks were made by most of those present, regarding the favorable impression and gratification it afforded all, to welcome the Rev. Mr. Fitzgerald as their vicar.

The reverend gentleman thanked those who rendered their kindness and consideration.

A vote of thanks was tendered, in appreciation of the earnest and hearty work cheerfully and royally rendered by the congregation and Ladies' Aid of St. Paul's parish.

TRAGEDY OF CHILDHOOD.

Ragged Clothes Drove Chap to Suicide.

Groton, N.Y., April 9.—Rather than endure the humiliation of going to school in tattered garments, thirteen-year-old Lawrence Howe, yesterday, shot himself, inflicting probably a fatal wound. The lad begged his mother not to force him to go to school, yesterday, telling her that he would kill himself rather than face again his companions in his ragged garb. The mother did not take the threat seriously, but when she left the school, yesterday, she found her son with a revolver and sent a bullet into his brain. Physicians who attended him said that he had slight chance of recovery.

AT DIVISION COURT.

The Cases Disposed of By Judge Price.

Judge Price presided at a session of the division court, to-day, when the following cases were disposed of: Rezi Hartman vs. Joseph Wilder—Account, \$20; judgment non-suit with costs.

Joseph Abramsky vs. Iva Cohett—Account, \$25; judgment for plaintiff, in full.

Joseph Abramsky vs. Johl Damaid—Account, \$23.90; judgment for plaintiff, in full.

The next session of the division court will be held on May 7th.

Died At Lethbridge, Alberta.

The sad news was received, this morning, of the death, in Lethbridge, Alberta, of Mrs. Walter Lamb (formerly Miss Sarah Roddy), of this city. Deceased is survived by her husband and two bright little girls and one boy, who are left to mourn the loss of a loving wife, a kind and fond mother. Deceased's parents, Mr. and Mrs. Edward Roddy, of Peterboro, survive her, also four sisters and five brothers: Mrs. William Westlake, Portmouth; Mrs. Cochrane, Lydenham; Mrs. John McGill, Peterboro; Mrs. Joseph Turnball, Peterboro; John Roddy, Victoria street city; Frank, Winnipeg; Edward and Frederick, Peterboro; and Henry, Fort William. Great sympathy is felt for the parents and relatives of the deceased, as the news came very sudden and unexpected. Mr. Lamb and children left Lethbridge with the train and four days, the 8th, and are expected to arrive in this city the latter part of this week.

Ready For Next Month.

It is expected that the new pipe organ for Cook's church will be placed in position and ready for use by the first Sunday in May. There has been such a liberal response to the appeal made for subscriptions for the new organ, as soon as possible. The material was dropped and ready to be put to right ahead with the securing of subscriptions, and to endeavor to clear off the total debt incurred by the installation of the new organ, as soon as possible. The matter was discussed at a meeting of the organ committee held last night, when this decision was arrived at.

At Collins Bay.

Collins Bay, April 8.—An "At Home" was held at the home of Mrs. W. Henderson, on Friday evening. Deep sympathy is felt for Mr. and Mrs. Tulloch, Kingston, in the loss of their daughter, Mrs. and Mr. Tulloch are former residents of this place. Mr. and Mrs. Clement spent Sunday with friends in Napajee and vicinity. C. Ross and Miss Sweet, of Portsooth, were visitors in the village on Sunday. Miss Emma Rankin, Kingston, spent Sunday at her home here. Miss Brit returned home on Sunday after spending a couple of weeks at Adolphusburg. Miss Edith and Mabel Howard spent Friday with friends at Glenvale.

One of the series of canning factories being built in Western Ontario probably be erected in Woodstock.

INCIDENTS OF THE DAY.

Newspaper Paragraphs Picked Up By Reporters on Their Rounds.

There was a very poor showing on the local market this morning. J. Zeiger won the gramophone raffle at 27 Main street, last night.

This was another day at the police court. No cases were entered.

The rails for the wharf at Richardson's elevator arrived this morning. Cecil Gibson has gone to work for Rees Bros., fruit dealers, Beget street.

Make sure of a beautiful lawn by sowing Chown's Peerless lawn grass seed, 20c. lb.

Dean Farthing left today for Toronto to attend various ecclesiastical meetings there.

Oatmeal soap for rough skin. Sold at Gibson's Red Cross drug store.

Ald. Tove says that the light department has the right to erect poles outside the sidewalks.

Mr. Hutchinson, for many years connected with W. R. McEwan & Co., grocer, has joined the staff of Gilbert's, Barrie street store.

Five corporation men had a busy time, yesterday, clearing off the crossings. Those that were missed yesterday were attended to today.

Your eyes tested by an expert optician when you get glasses at Chown's drug store.

Lavender Flowers' keep moths away from furs, furs, a package, at Gibson's Red Cross drug store.

A Portsmouth school election will take place, Wednesday, at twelve o'clock, in the town hall, to fill the high standard of the other two local separate schools, by the resignation of Samuel Grier.

Most of the lumbermen to go to Simpson Island, next week, on the steamer Rosemount, are in the city. Numbers of them may be noticed walking the streets.

The action of Carter's Little Liver Pills is pleasant, mild and natural. They gently stimulate the liver and regulate the bowels, but do not purge. They are sure to please. Try them.

The separate school board has decided to add further improvements to St. John's school, bringing it up to the high standard of the other two local separate schools.

Moth bugs, moth balls, lavender moth bags at Chown's drug store.

Though the city council meeting called for last evening was postponed by a "round robin" the roll-call had to be taken. Mayor Mowat was the only member present when City Clerk Sands called the roll. Aids, Graham and Carson came in afterwards.

LE GRAND REED.

With Kelly Cook Concert, City Hall, tomorrow night. Plan at Uglow's. THREE ARCHBISHOP OUT.

Galicians Dumped Head of Officers in Mud.

Brandon, Man., April 9.—A ludicrous incident occurred here, Sunday, when Archbishop Serafin, the eccentric ecclesiastic of Winnipeg, who claims to be head of the Greek church in Canada and religious dictator of the Ruthenians, attempted to hold service in the Galician Catholic church here. They refused to permit him to even enter the sacred building, and when he attempted to force his way in, he was picked up bodily, carried to the street and thrown in the mud. This decidedly tamed his religious ardor, and after hurling anathemas upon his opponents, he departed.

More Stringent Burial Law.

A new Ontario regulation makes it necessary for undertakers to first secure the signature of the medical health officer to death certificates before presenting them to the city clerk for a burial certificate. This will give undertakers much trouble, if they are unable to locate the health officer, who might be out of town on a call. The change is made in order to get more accurate death statistics. Formerly, all the undertakers had to do was to locate the health officer, and Great sympathy is felt for the parents and relatives of the deceased, as the news came very sudden and unexpected. Mr. Lamb and children left Lethbridge with the train and four days, the 8th, and are expected to arrive in this city the latter part of this week.

Cut To Pieces On Track.

Cobourg, Ont., April 9.—Alfred Pelling, an Englishman, thirty-five years of age, employed as a sectionman on the Grand Trunk, was cut to pieces on the track between Cobourg and Grafton. With another sectionman named Kilgamon, he went to Cobourg from Grafton, and on their return the two men placed their handcar in the tool house and separated to go home. Nothing more was seen of Pelling until his body was found, beside the track terribly mutilated.

Sweet peas, all colors, at Chown's drug store.

In Washington, the thermometer, which had fallen to ninety, in the shade, dropped suddenly to twenty, and ice nearly an inch thick was forecast.

Too Much Food.

Every time you eat too fast, cram too much food into the stomach, you offend a law of nature and will probably suffer headaches, nausea, biliousness and all the horrid distresses which are so common. Now if you will assist nature a little in an agreeable manner with such a pleasant and efficacious treatment as Hutch you need not suffer all these troubles. Hutch will give you instant relief from these little complaints and if you give it a thorough trial you will find that it cures what it produces them. Hutch is sold in all drug stores.

The old Louis street school and site, Toronto, were sold for \$35,000.

NEWS OF THE WORLD

OCCURRENCES RECOUNTED IN BRIEF FORM.

Matters That Interest Everybody.—Notes From All Over—Little of Everything Easily Read and Remembered.

Ten inches of snow fell in Montreal on Monday, the heaviest fall of the winter.

It is expected that the British budget will be brought before parliament on April 18th.

The number of deer killed during 1908, is computed at the enormous aggregate of 12,000.

A general strike in the food supply of Paris is likely to be declared on Thursday.

The burned engineering building of McGill University will be rebuilt at once, better than before.

In Ottawa, law has been used by the police there to convict hotel men for infractions of the license law.

Dr. Melnes, M.P.P. for Brandon, will be appointed provincial secretary and minister of education for Manitoba.

Napoleon Vallin, of the Saratoga hotel, Ottawa, was fined for selling liquor to an Indian, the first case in Ottawa's history.

At Toronto Mrs. Roxey G. Bogart, sixty-nine years of age, wife of the late Peter Bogart, died in an up-town drug store.

Two squaws, suffering with small-pox, were found in a house in a month township, where twelve other Indians were living.

The provincial government will treat mental diseases and will provide accommodation for 100 patients at the new general hospital in Toronto.

Mr. Hamilton, aged thirty-three years, son of the late W. Hamilton, Belleville, is dead from pneumonia. He followed his father in his profession.

G. F. Marter, the well-known prohibitionist and at one time leader of the conservative party in the Ontario legislature, is quite seriously ill.

The United States has agreed to have the question of the waters of the St. John river referred to the International Boundary Waters Commission.

The Duke of Orleans intends to start from Bergen on June 1st on his first voyage of exploration and scientific research in the north polar regions.

Dr. James Cortin, dentist, a well-known Toronto boy, died at St. George, Grenada, from yellow fever. The deceased was twenty-eight years of age.

Andrew D. White, former United States ambassador at Berlin, after looking at Cuba for himself, says the island is nothing but a curse to the United States.

D. B. Mann, of the Canadian North-west, a well-known explorer, was accompanied by his wife and two children, will devote his energies to equipping and putting the existing lines in first class shape.

At London, Ont., Frank H. Butler, a well-known contractor, was arrested on the strength of a telegram from Hamilton, where he is wanted on a charge of fraud.

The private bills committee, of the Ontario legislature, this morning, reported the town of Thessalon bill, granting a bonus of \$10,000 to the Saginaw Lumber Co.

The steamer Simla, D. D. Calvin and family, which has been laid up at Garden Island, for the winter, are being fitted out for the season. The D. D. Calvin expects to start out about April 14th.

In connection with the annual pilgrimage to the shrine of St. Anne de Beaupre, this year, the "Angelus," a Detroit, Mich., Catholic weekly newspaper, has arranged for an excursion to Ireland July next.

Dr. Samuel S. Guy, a prominent dentist in Far Rockaway, N.Y., and for a number of years, until recently, corner of Queen's borough, is under arrest for the murder of his wife, Lillian, in their handsome home.

The public funeral of the Hon. J. W. St. John will take place from the parliament buildings, Toronto, at 10 o'clock, tomorrow afternoon. The public will be permitted to view the remains between 8:45 a.m. and 1:30 p.m.

The private bills committee endorsed the bill of the city of Toronto to appropriate the Toronto Electric Light company. The government will submit amendments to safeguard the interests of the shareholders of the company.

Lawyer Delmas is still talking at the Thaw trial. He says the wife's story haunted him, its tale and Stanford White's declaration that he would get Evelyn back, was enough to cause a young husband to lose his reason.

Sven Hedlin, the Norwegian traveler at present journeying in Thibet along the upper waters of the Brahmaputra, is said to have discovered a new range of very high mountains, and to have also discovered the Brahmaputra's source.

ROYAL BAKING POWDER

Absolutely Pure

A Cream of Tartar Powder free from alum or phosphoric acid

Makes Home Baking Easy

Fresh Arrivals on Second Floor

STYLISH BLACK SKIRTS, in Chiffon, Broadcloth, Venetian, Boxcloth and Panama, \$2.75, \$3.25, \$4, \$4.50, \$5 to \$7.

FANCY TWEED SKIRTS, at \$3.50, \$4.50, \$5 and \$6.75.

BRILLIANTINE SUNBURST SKIRTS in rayon, navy and black, \$5.50.

MISSIE'S FANCY TWEED SKIRTS, sizes 32 to 36, at \$2.50, \$2.75, \$3.

Buy Spring Coats now. A full assortment from.

OPENED TO-DAY—A large shipment of French flowers, ribbons and American hats.

SPENCE'S, The Leading Millinery and Mantle Store.

REPAIRING

This spring finds us with a larger staff of upholsters and cabinet makers who are at your services.

Our Big Sale

Still continues, as we require the room.

James Reid

Gray's Syrup of Red Spruce Gum

Cures Coughs

GRAY'S SYRUP does that one thing, and does it well. It's no "cure-all," but a CURE for all throat and lung troubles.

GRAY'S SYRUP OF RED SPRUCE GUM stops the irritating tickle—takes away the soreness—soothes and heals the throat—and CURES COUGHS to stay cured.

None the less effective because it is pleasant to take.

25 cts. bottle.

TO HAVE AND TO HOLD



A home of one's own should be the ambition of every true Canadian, young or old. If you have this ambition and would like our help to attain it, we would ask you to call and let us know the kind of home you aspire to possess, the price you would like to pay, and we will find you just what you want and arrange terms to suit you. Whether you want your home in city or country we can get it for you speedily.

T. J. Lockhart, 169 Wellington Street, Kingston

Base Ball Bats

Catchers' Mitts

Masks

Bascmen's Gloves

Infielders' "

Suits and Caps.

Anything and everything for the game at the busy-Sporting Goods House.

Angrove Bros., 88 and 90 Princess St.

Imported Suitings

I have ever shown. Special values combined with first-class trimmings and workmanship leave nothing to be desired at

WAGGONER'S Call and inspect the tools

SUMMER GOODS

Gas Stoves and Ranges. Gasoline Stoves. Blue Flame Oil Stoves. Sheet Iron Ovens. X Rays Stove Polish 5c. package.

Taylor & Hamilton 81 and 81 Princess St

Ladies' Tailoring

I have much pleasure in announcing to the Ladies of Kingston that I have secured the premises, 261 Princess St. and have opened up a First-Class Ladies' Tailoring Establishment. Style, Fit and workmanship guaranteed. Kindly call and see me. Will make up your own cloth. Price moderate.

A. METZ Graduate of Varando Cutting School, Regent St., London, Eng.

A. E. HEROD ORDERED FOOTWEAR

Now is the time those Repairs are wanted. Our anti-squeak is used on all work.

286 PRINCESS ST., THE HOUSE OF QUALITY

BRITISH - AMERICAN HOTEL

KINGSTON - ONTARIO Has undergone alterations and is now open to the travelling public.

W. TELFER - Proprietor

New York Chinese Restaurant 83 Princess Street

Open from 10.30 a.m. to 8.00 p.m. The best place to get an all round Lunch in the city. Meals of all kinds on shortest notice. English, Scotch, Chinese a specialty.

Tailoring at The H. D. Bibby Co.

ready to try on, finished to your

special \$15 Blue and Black Suits, \$12.50, \$15 and \$18, \$12, and \$15.

D. Bibby Co.

ITY BUDGET.

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1,000 00

1,500 00

400 00

1,900 00

200 00

800 00

350 00

40 00

150 00

\$12,573 00

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1,500 00

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100 00

80 00

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\$180,186 50

\$72,064 65

108,121 85

\$180,186 50