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TO STOP CRUELTY

AN EDUCATIONAL CAMPAIGN AGAINST CHECK-REINS.

Painful and Irritating to Horses and Productive of Disease—This is the Decision of Veterinary Surgeons.

The annual report of the Canadian Society for the Prevention of Cruelty to Animals illustrates how general the work is and how the officers of the society are trying to prevent cruelty and bring offenders to justice. Perhaps the most widespread form of cruelty is the inhuman use of the check rein on horses. The society are carrying on an educational campaign, on this subject. They publish the opinions of veterinary surgeons and other experts to show how the utility of the horse is impaired as well as suffering inflicted. The testimony cannot be too widely read: "We, the undersigned veterinary surgeons, are of the opinion that the use of the bearing rein, when tightly applied, is painful and irritating to horses, is directly or indirectly productive of disease, and is a cause of wear, and by its mechanical action greatly hinders horses from employing their full strength. For the plea of utility as well as humanity—its use should be discontinued." The report is signed by: Prof. Fritchard, Royal Veterinary College, London; Prof. Axe, Royal Veterinary College, London; Prof. Walley, Royal Veterinary College, Edinburgh; Prof. McGill, Veterinary College, Glasgow; Prof. Mayer, Agricultural College, Gloucester; Prof. McGill, Veterinary College, Glasgow.

They follow the names of 564 members of the Royal College of Veterinary Surgeons, after which ten pages are taken up with remarks by forty veterinary surgeons and other practical horsemen. They describe the particular diseases and evils which arise from the use of the bearing rein, diseases and evils which have been discovered in great numbers by years of experience in the post-mortem house and the dissecting room, as well as through connection with a horse insurance company. The evil direct circulation of the blood, upon the veins, and upon the arteries, are also described.

A Strong Protest

"We, the undersigned veterinary surgeons, are of opinion that the use of the overhead check-rein, when tightly applied, and used for any length of time, is painful and irritating to horses, is directly or indirectly productive of disease, and by its mechanical action greatly hinders horses from employing their full strength." Signatures: Prof. Fritchard, F.R.C.V.S., D.V.S., dean faculty of Veterinary Science, McGill University; Charles McEachran, D.V.S., F.F., Glasgow; D.V.S., professor of Laval, William Pearson, D.V.S., F.R.C.V.S., medalist, Edinburgh; J. T. Scot, V.S.; Alexander Cowan, D.V.S., Westmount; Louis Leduc, D.V.S., 543 Hypocrite; D. Beaumont, M.V., professor Laval; M. A. B. B. D.V.S.

Decided Testimony

We have this testimony from the president of the Royal Veterinary College, London—William Fritchard, D.V.S.: "An act of great cruelty is being daily and hourly perpetrated, and in many instances by very good people who know not what to do." Were they aware of the pain they were inflicting, I am sure they would soon bring about the abolition of a custom which undoubtedly is a source of much evil. . . . If the practice were not more calculated to avoid obstacles to the head of the animal, it is certainly falling. A moment's thought will suffice to show that this is an error. Let me ask the question: is the horse more calculated to avoid obstacles in his path when travelling with his head in a fixed position, or when he has a fair opportunity to move it from side to side and upward and downward? Again the continued pressure of the bit of the bearing-rein (check-rein), deadens the surrounding portion of the mouth with which it is in contact thus producing a partially insensible condition of it—a condition most ill-suited to receive a sudden impression, as a check-rein. Whether, in the event of the horse stumbling from any cause; I would therefore say that instead of preventing horses from falling, the bearing-rein is calculated to render falling more frequent. Other not uncommon results of the use of this instrument of torture are: degree as to impede the respiration even afterwards, excoriation of the mouth and lips, paralysis of the muscles of the face, etc.

"A great many people think that a trotting horse should be driven with an over-check. It is just as easy to choke a horse by checking him in the high and forcing the tongue back to the entrance of the throat as it would be in any other way. I have seen one or two horses die in harness that I am sure were choked to death—John Splin, in Life with the Trotters.

Testimony of The Lanet, of London, England: "We are glad to find that useless and mischievous piece of harness, the bearing-rein, is being discarded by the best drivers. . . . Whether on grounds of policy or of humanity, a system which has been conclusively shown to be injurious and to produce an ungrainy, exhaustive and unsafe carriage of the head in the horse, is likely to be given up."

"Dr. D. McEachran, in his opening address to the Society of Comparative Psychology, said: 'Never cause unnecessary restraints, such as the bearing-rein, particularly what is called the over-draw check, which is a disgrace to modern civilization, and neither ornamental nor useful in more than one case in a thousand. And if a letter he favors its abolition on the common-sense principle' forcing them to carry his head in an unnatural position." William Mole, Toronto, veterinary surgeon, R.C.V.S., London, Eng., says: "During my short residence in

Do it Now! Don't Wait Until It's Too Late!

KEEP your body clean! Most people are very neat and clean in their outward appearance, but how about the inside? Are you clean inside? And if not, how can you face the world with clean thoughts, clear intelligence, a fair, just, bright mind and get your full share of capacity for work and enjoyment?

Neglect of exercise, rich over-feeding and carelessness about stools, often leave the delicate internal mechanism in a nasty mess.

The small intestine is compelled to absorb the poison of decaying matter instead of wholesome nourishment.

The liver gets inactive; the bile doesn't "work off"; the eyes get yellow; the skin gets dead like putty and pale like dough, disfigured with boils, pimples, blackheads and liver-spots.

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If you can not diet, or keep your mechanism going by proper exercise, take Cascarets, the sweet, fragrant, harmless little vegetable tablets, that "do like exercise" on your bowels, and gently but powerfully clean out and disinfect the whole digestive canal.

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If you have been neglecting yourself for some time, take a Cascaret night and morning and break up the "constipated habit" without acquiring a "cathartic habit."

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Be sure to get the genuine with the "long-tailed C" on the box and the letters "CCC" on each tablet. They are never sold in bulk.

In this country I have been required to treat four cases of poll-evil in horse heads, invariably induced by the over-crowded bearing-rein. I have also met with a number of cases of inflammation of the angles of the lips and injured tongues from this cause. If horsemen could see and understand the effect of its insidious work on the respiratory organs and glands of the neck, I do not think there would be many who value their animals and desire the greatest speed from them—would see this unnecessary ornament, for a tight bearing-rein or over-check is nothing less than ornamental cruelty.

The Great Evil Shown

Prof. Axe, of the Royal Veterinary College, London, says the check-rein is responsible for poll-evil, abscesses, sprung knees, paralysis, and disorders of the brain and muscles. Dr. Fleming, his deputy, veterinary surgeon of the British army, gives reasons why it should be abolished: "It warms the head and neck of the horse by the constrained, and unnatural position in which the chest is held. It spoils the appearance of the horse and largely detracts from his free and graceful movements. The long-continued pressure on the lower jaw tends to give the animal a hard mouth, and therefore renders it less obedient to the driver's rein. It does not prevent stumbling, but, on the contrary, predisposes the animal to fall, and with much more severity than if it were not used. In hot weather, or during extreme exertion, it may directly or indirectly produce an attack of giddiness or staggers, the latter probably terminating in death. In heavy draught, in addition to the torture it causes, it causes a large portion of the horse's power to be lost, from the animal being unable to get his head and neck down and thus to throw more weight of his body into the collar. The powerful muscles which pull forward the shoulders and indirectly the fore limbs, and which are attached to the head and neck, are by it placed in the least favorable position for exercising their function, so that the horse's action as well as its speed and strength are impaired, and this mechanical disadvantage. It causes pain and distress in breathing. It tends to distort the upper part of the hind-type and causes roaring. It frets the lower limbs, and which are attached to the head and neck, and shortens the lives of all."

A man may as well acknowledge the corn if his wife has to take his shoes off when he comes home late at night.



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RESTAURANTS AND CAFES OF PARIS

(Continued from page 16.) ents of the Sorbonne and Ecole des Beaux Arts live here, others dine at this pension, where they get good food at small prices. An interesting feature of this place is the charge account. Some of the students run bills for a year or two, but Saverus knows his customers, and is confident that he will get his money back with interest. It is said by the time some of the students have finished their university course they run up from 30,000 to 50,000 francs alone at this place.

There are a number of foreign restaurants in Paris managed by Swiss, German, Austrian, and Italian proprietors. An exceedingly popular place is an Austrian restaurant known for its superior Viennese cooking. The dishes for which this place is known are many, including goulash, gumpstuck and swelling pigs. Dining here it is not difficult to imagine one's self in Vienna instead of Paris. There are several English restaurants, one in particular is famous for English joints and panades, and a well-kept, quiet.

There are one or two good Spanish restaurants whose specialties are olla podrida, garbanzos, codfish, a la hasque and croquetas fritas. Not far away there is a Turkish restaurant for those who prefer pilaf and gombo. Paris is cosmopolitan, and is, therefore, not lacking in Italian restaurants. Some of these are excellent if one does not mind an odor of garlic and other strange smells. One may have a large bowl of splendid spaghetti, cookies and a glass of Italian wine for almost a song.

There are even Irish and American ones. Several places make a point of advertising American diners, though French people sip their wines out of doors or with meals. Their heaviest drinks are coffee and cognac and absinthe, which has worked much havoc in France.

The French women are devoted to coffee and cognac, but in the last few years they have learned from the English and Americans that tea is the proper thing and so they have gone in for tea and scones. Though they are, trying hard to like tea, coffee comes to them more naturally. There are a number of fashionable tea-rooms in the Rue Cambon and Rue de Rivoli. Some are managed by English, others by French. Columbia is probably the most fashionable of these places. By four o'clock the roadway is crowded with carriages and automobiles driving toward Columbia. They serve in two rooms, and still it is often difficult to find a place. The counter displays a great variety of teas and cakes, such as the French "only know how to make. But the English and the French who wish to know how to follow them, take tea and scones and tea and toast. Here one can see many of the handsome suits, hats and furs that are made in the Rue de la Paix, and Place Vendome, English ermines, Russian sables with French sealings. It is thoroughly cosmopolitan, although women of many nationalities come here: handsome Americans, attractive English women and stylish, petite French women are in the majority.

They are not here alone; men are beginning to enjoy four o'clock tea. The Englishmen take to it naturally, the Frenchmen struggle to like it. To tell the truth, most of the people prefer to see a man begin to enjoy four o'clock tea.

There are two other places where the cosmopolitan world sups four o'clock tea—at the Elysee Palace and Hotel Ritz. These hotels are always patronized, but on Sundays, if one comes late, it is impossible to find a place at any price. Tea is only a pretext; the women make five o'clock tea as much of a social function as a recreation. They wear reception gowns, rich furs and priceless jewels. Women may be in the majority, but there are many from Wall Street, French bankers, English lords, and French counts out to enjoy this passing show of beauty and splendor.

The epicure has plenty of opportunity of pleasing his palate and spending money in Paris, but this must be said: He can order a fine supper for less money than he could in most large American cities. If he lives in Paris sometime he discovers he can get good food for small amounts, providing he does not care for show and has no desire to hobnob with multimillionaires.

Paradoxes of Travel

There are surprises to him who travels. There are no onions in Bermuda, for the visitors; they are all exported. No tobacco is grown in Egypt; the khedive has forbidden its cultivation. There are no olive trees on the Mount of Olives; the Turks and tourists have destroyed them. The French do not eat frogs; Parisian restaurants may be searched for days without finding a single frog. Irish whisky is drunk in Scotland and Scotch whisky in Dublin. The Holland cross is seldom seen at The Hague and Neufchatel cheese is made in America. The chief justice of the supreme court of Florida is a citizen of the anti-Armenian party in the Turkish empire is an Armenian.

Penalty of Blood Poverty

Blood is the life. Life sets its crimson signal in the face. If you lack the ruddy hue of health you lack life, you are inviting disease. If the face is pale, if the hands and feet are continually cold, or there is any other sign of deficient circulation, use Wade's Iron Tonic Pills.

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