

a Moment to it for you

the help of a chafing... addition of a few drops... yet to find out how... and appetising, a chafing... add to the richness... materially to the... and that's best of all.

RELIEF Necessity

SEE TO YOU AND EVERY SISTER SUFFERING FROM WOMEN'S AFFLICTIONS... I want to tell all women about... I want to cure yourselves at home without... I want to tell you that you can cure... I want to tell you that you can cure...

Fruit Cures Constipation

"Fruit-a-lives" cure Constipation because they are Fruit Juices in Tablet form.

Constipation means a disordered liver. When the liver is weak, bile is lacking. And it is the bile—which the liver excretes—that flows into the intestines and moves the bowels. Fruit is the great liver tonic. It invigorates the liver and causes more bile to flow into the bowels.

"Fruit-a-lives" have already proved a cure in thousands of people in Canada.

"Fruit-a-lives" are free from calomel, cascara, senna and other bowel irritants. They are concentrated fruit juices with valuable tonics and internal antiseptics added. "Fruit-a-lives" move the bowels regularly and easily every day—and thus cure Constipation.



Just what you want for this time of year, something that will stand the wear and tear. I don't fail to see our Boys, before you purchase.

RELIABLE FOOTWEAR FOR BOYS

Just what you want for this time of year, something that will stand the wear and tear. I don't fail to see our Boys, before you purchase.

Our Price \$1.50 and \$1.75

H. Jennings, King St.

THE NOBLE ART OF SELF-DEFENCE

Individuals and Clubs, Gymnasium, etc., will find in our establishment a choice selection of athletic goods, including the best boxing gloves in various sizes and weights. Every man and boy ought to learn how to box, not for aggressive purposes, but to be able to defend himself in case of need.

Nurses' and Mothers' Treasure

—safest regulator for baby. Prevents colic and vomiting—gives healthful rest—cures diarrhoea without the harmful effects of medicines containing opium or other injurious drugs.

Cures Diarrhoea

A Family of Generals. London, March 2.—Major General Evelyn Coningham, who for thirty years held a command in the Indian army, died yesterday at Brighton. His father and brothers all attained the rank of general in the Indian army.

DO NOT NEGLECT THAT COUGH!

Quickly Cure It By Inhaling "Catarrhazone, the Delightful Pine-Air Cure.

The enormous amount of testimony from doctors, ministers and professional people of all classes proves that Catarrhazone is the best and safest cure for coughs, bronchitis and catarrh.

GROWING OLD WHILE YET YOUNG

What a number of women there are who feel that these words exactly suit their case. There are thousands of females all over our land, broken down in health and dragging out a miserable existence, overburdened with disease peculiar to their sex, apparently growing old while yet young.

MILBURN'S HEART AND NERVE PILLS

Mrs. W. J. Russell, Vasey, Ont., writes: "As one time I suffered greatly from my heart and nerves, and the shortness of breath was so bad I could scarcely do my household work. A friend of mine advised me to try Milburn's Heart and Nerve Pills, which I did and I only took them for a short time before I was better."

Polish Editor Sentenced

Berlin, March 2.—The editor of one of the leading Polish newspapers, the "Posty," has been sentenced to 630 marks fine and four and a half months imprisonment for offenses connected with the Polish school strike.

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BROADBRIK'S Your Doctor

Can cure your Cough or Cold, no question about that, but why go to all the trouble and inconvenience of looking him up, and then of having his prescription filled, when you can step into any drug store in Canada and obtain a bottle of SHILOH'S CURE for a quarter.

SHILOH will cure you, and all druggists back up this statement. There were moments when the questions were so brutal, and the reply was so shocking, that it could only have been whispered in the prosecutor's ear, and case-hardened reporters, whose sympathies had been dried up, and who had been persecuted by the cruellest legal violation that ever wrung the heart of a victim of the witness chair.

AMUSEMENTS COST

A TREMENDOUS AMOUNT IN THE UNITED STATES. Total Depravity in Man Shown by the Thaw Case Says Broadbrik—The Great Harm This Trial Has Done to Virtuous Homes.

SALT RHEUM CURED

By Dr. Williams' Pink Pills After Doctors Treatment Had Failed. Skin trouble indicates that the blood is in a poisonous state. It is as if the blood that circulates through the body were a mass of blisters, pimples, eczema, boils, salt rheum or bad complexion.

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SIR PERCY GIROUARD

Character Sketch of the New High Commissioner of Northern Nigeria by J. Saxon Mills.

I was greatly interested to read that Sir Percy Girouard has been appointed high commissioner of Northern Nigeria, in succession to Sir Frederick Lugard, writes J. Saxon Mills. Of none of my friends in Canada is there a more pleasant and more distinguished officer of engineers. I had once once more to Johannesburg, just after the conclusion of peace in the journey had been perhaps a little more pleasant than during the war time, but still very far from luxurious.

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That's It!

That's It! Armour's Solid Extract of Beef

is the kind that is simply the natural Essence of Prime Beef—concentrated. It is not a manufactured article like many extracts and fluid beads, made from extract brought on the open market without any knowledge of its purity, and mixed with salt water and other ingredients. Beef in fluid form offers opportunity for adulteration without detection. This cannot be said of solid extract.

ARMOUR LIMITED

Toronto

COD LIVER OIL and IRON

Add PHOSPHORUS and you have FERROL

For many years it has been recognized by physicians everywhere that Cod Liver Oil and Iron should be given in combination if possible, as where one is required the other is in all probability needed, too, each enhancing the value of the other.

FERROL

which contains in an elegant, palatable and easily digested emulsion Cod Liver Oil, Iron and Phosphorus, the exact constituents necessary to Increase the Weight, Enrich the Blood and Build up the System.

MADE IN CANADA BY A CANADIAN COMPANY.

The New Williams

REPRESENT THE LATEST SUCCESS IN SEWING MACHINE MANUFACTURE. EXCELLENT WORK, ARTISTIC APPEARANCE AND ABSOLUTE DURABLE CONSTRUCTION.

THE WILLIAMS MANUFACTURING CO.

COMPANY OFFICES: MONTREAL, P. Q. LIMITED. TORONTO, LONDON, HAMILTON, OTTAWA, ST. JOHN, N. B. AGENTS WANTED EVERYWHERE.

20 PER CENT. DISCOUNT SALE

During the month of February we will offer for sale our entire stock of

Enamel Ware

which consists of the best Canadian and German and Austrian manufacture

AT 20% DISCOUNT

Try our Brilliant Coal Oil and you would use no other.

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