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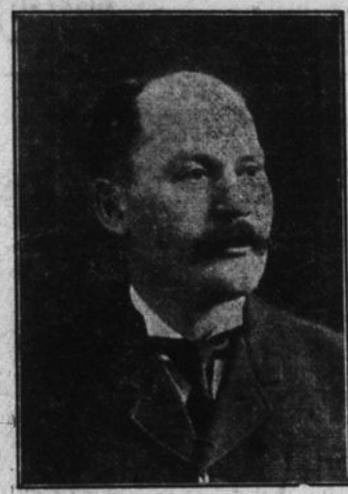
KINGSTON, ONTARIO, SATURDAY, JANUARY 12, 1907.

N 7. 10.

BY T. PASSINGHAM

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YEAR 74.



LOUIS RUBENSTEIN, defeated the best fancy skater the world at St. Petersburgh.

Canadian knows better. He knows that the winter is Canada's time for play, as well as business, and that there is more genuine sport here in the winter than in any other country, and not only more sport, but more forms of it than other parts of the earth know of.

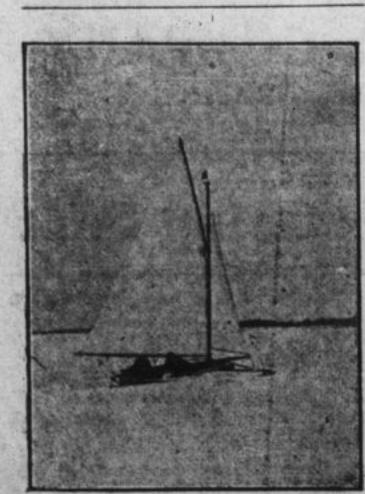
It is only within the last generation this sporting instinct has been so pronounced a feature of Canadian life. Before then the settlers had too hard a struggle for existence to have much time for sport. But with the growing wealth of the country, and its extended population, and area of settlement, the historic Anglo-Saxon love of sport reassures itself, and now, summer and winter the whole population either coes in for some form of sport, or follows the organized games of others with the keenest

Summer has but the one purely Canadian sport, lacrosse. Not so winter. Then there is hookey, snow shoeing, totogganing, horse racing on ice, and many other sports which are indiguous to the country, and remain peculiar to Canada, by reason of her climate. Unfortunate residents o other countries who want to enjoy these sports have come to Canada for them, and they do by thousands, winter after winter, and go away with a very different idea of what "Our Lady of the Snows" has to offer in the way of winter enjoyment than they brow-ht with them. Everything good that any other country has to offer in the way of sport has been adorsted in the dominion, but that which is our own remains ours, and no one can borrow it.

Of all winter sports by far the most popular and exciting is hockey, the ancient -ame familiar to our fore fathers as shinny, and played with clubs on the turd, adapted to the ice. The Canadian ice hockey as played on skates is as far ahead of the ol came as is the Imperial Limited an improvement on the medieval stage

Hockey's Quick Growth. It is only within ten years that hockey has become in winter to Can-

ada what baseball is in summer to



YACHTING ON THE FROZEN LAKE the United States-the pre-eminent sport of the season. Before that the winter game was "shinny," a sort of disorganized hockey, played on any available open ice, and which was an adaptation to ice of the old English

Canada is beyond any doubt the flat in the blade, which is in universal and last winter the cup returned to always been one of the most popular long narrow strips of carefully selectfinest sporting country the world use, to-day. And instead of the hard- Montreal, being captured by one of and widespread sports of Canada, ed ash, are not cheep. The principle knows to-day. Its varied climate of wood known or rubber ball of the youngest hockey clubs in Canada- from the days when the old wooden of the thing is simple to pole up fers diversity of sports that no "shinny," which were found too fast the Wanderers, who although only skates with a steel blade and snow hill, and then slide down again and other country can dream of. Every on good ice, a flat rubber disk was organized in November, 1903, in ab shoes were almost the only means of it must be a very expert ski-er who game that can be played in any substituted—the "puck" of to-day, in out three years made themselves getting abroad in winter until the gets off without frequent tumbles into country can be enjoyed to the greatest stead of the new puck being hit it champions of Canada, under the lead- present time, when it is a small vil- the snow banks. The best slides are advantage here, while in addition we was lifted. The game as reconstituted ership of "Jimmie" Strachan, one of lage indeed that has not its well- built with "jumps"-sudden declivities, have a number of other sports that sprung into constant popularity the best known hockey players in the are peculiar to Canada, and cannot wherever the weather would permit, metropolis. The club was organized by be played in other countries, which do and to-day there are scores of hockey the dissatisfied member of the older not offer the same happy climatic con- leagues in Canada, and the colder of Victoria and Montreal clubs, and en-In those unfortunate countries, try the game has found almost as which was formed by James Strachen, which do not know what a steady cold great favor as in Canada, as is and the famous "Billy" Foran of Otwinter means, the Canadian winter, shown b- the formation of the Inter- tawa. It immediately started after with its plentitude of snow, and fre- national Hockey League, a profession- the Stanley cup, making a good quent zero weather, is regarded as al organization, which embraces a showing in its earlier games something to be dreaded. The hardy number of American and Canadian that many of the best hockey players cities. Most of the players in this of Montreal joined it, including such to the Americans, and being very the latter the only member of the first key is one of the fastest and hardest on the winning cup team. They will games known, and has proved stren- | have plenty of work ahead of them to very popular in the United States. to it. even outside professional ranks, and there is an Intercollegiate Union, which includes all the great universities of the north-east; as well as the for it. It fourishes at its best in hockey union, which includes the Crescents, of Brooklyn.: St. Nicholas. of New York, end the N.Y.A.C. There are scores of lesser leagues which make hockey their chief winter pastime. Occasionally American teams come over to Crinada for a game; they seldom undoubtedly the oldest winter sport in Canada is curling, which for many be played. The main trouble in the older man, but of late has been taken

ate rules for the winning of the cup world, wherever curling is played, big cities in the snow belt, who have been devised, and it bids fair to This is expected to be the most unique promptly bought up the visible supteams have been coming from the west tish Highlands to make a bid for it, and in 1904-5, it came very near going to Rat Portage. However, the Ottawas managed to Naturally, in a country were good long runners fastened to the feet, and hold it, after a very much criticized ice can be relied upon, for months at it is very expensive sport, as it regame on ice deep in flooded water, a stretch, every winter, skating has quires special outfits, while the skis, the United States. In the latter countered the Federal Hockey League, dians, and they are teaching the game "Pud" Glass, and "Billy" Strachanhandsomely paid for doing so. Hoc- Wanderer team who survived to play yous enough for the most exacting hold the silverware this winter, as all American sportsmen, even those hard- the leading clubs of Canada are getened to rugby football. The came is ting in line to challenge their right

> Manitoba, Quebec and Eastern Ontario, but is played from Halifax to Dawson in the Arctic circle.

Hockey is almost necessarily a Can-

adian game, because no other coun-

try on this continent has the climate

Curling The Oldest Sport. Undoubtedly the oldest winter sport experience as to how the game should | years was regarded as sacred to the States is that the weather is not suf- | up with energy by the younger generficiently steady in winter to permit ation. There are some clubs in Queof "Canadian" rinks being built, in bec, the Ancient Capital, which have which the water is introduced, and been in existence for a century and a the cold does the rest, so that in the half, while one in Montreal is now majority of the American rinks artifi- preparing to celebrate its centenary. cial ice is used. The result is that the In older days the anciest Scottish



A SNOWSHOE TRAMP OVER THE ST. LAWRENCE RIVER

ordinary dress, and they have in fact of an approximate weight, but occasional doses of other frost resisters from Scotland.

The Stanley Cup.

The most famous hockey team of recent years is undoubtedly that which represents the Dominion capital-the Ottawas, who for years held the 'Stanley Cup," by all odds the most famous hockey trophy in the world, as well as the most interesting sporting prize in Canada: no cup has ever gives rise to more fierce competition. As its name indicates, it was presented by Lord Stanley during his term as

governor-general of Canada. The cup was first heard of in 1893, at a dinner of the Ottawa Hockey Club, when Lord Kilcoursie, who represented Lord Stanley, read a letter, n which the governor-general said I have been thinking for some time that it would be a good thing if there were a challenge cup which should be held from year to year by the champion hockey team of the dominion There does not appear to be any out ward and visible sign of the championship at present, and considering the interest which the games elicit, and the importance of having them played under generally recognized rules. I am willing to give a cup

which will be held from year to year by the winning club." This offer was greeted with great enthusiasm, and Lord Stanley lost no time in having the cup-a massive silver bowl on an ebony stand-made. Since then not a winter has passed. without the fiercest kind of ice con flicts for its possession, and the re sult of the sport has been most beneficial. The cup was handed to Sheriff Sweetland and P. D. Ross of Ottawa. as trustees, who soon had to hand it over to the M.A.A.A., as the first champions, with their names fairly engraved on its virgin surface as the

An Everlasting Challenge. The cup is to remain an everlasting very much. The first curling club in challenge trophy, the names of each Canada to have a closed rink was the winner being engraved on its surface. Montreal Curling Club, which will ada, closely affect of snowshoeing, is been a criminal for forty-three years, | serious. Lastly, ask him if he pre and not a winter passes without a celebrate its hundredth birthday in ski-ing. This is a particularly excit- his first conviction dating from 1863. | scribes Ayer's Cherry Pectoral for this sapling, with the root crook for the new name being engraved thereon, al- January with a big bonspiel, to which was intro- Jones was sentenced to a year's hard disease. Keep in close touch with business end. This was not found though the Ottawas have been fortu- they have invited the principal clubs. duced into Canada a few years ago, labor. An accomplice, Timothy Coop- your family physician. much good for hockey, and some un- rate to hold it most of the time. As not only of Canada and the United and became at once so popular that er, received six months' imprison- who proparations. It was advanced more elabor- States, but throughout the whole a number of clubs were formed in the ment.

become -reat society events; in Can- mechanically perfect, nor polished ada the spectators use all the furs | The game was not played in rinks as they own to keep warm, as well as at present, but on open ice surfaces, where it was not so nearly exact science, as it has since become, but was the scene of much jollity, and the consumption of quantities of the national beverage of the Scotsmen who were the chief exponents of the game at that time, as now. But the game became increasingly popular, and in every town and city and village rinks were built, for the exclusive use of the curlers. Improved stones were imported, exactly made, and of artistic appearance. Later even these were improved upon, and in most parts of Canada to-day "irons" are used. These are simply metal discs built on the same plan as the stones, and it has been found that on the keen Canadian ice they give much better results than the stones, as well as not being nearly so cumbersome; in Eastern Ontario, Quebec, and Manitoba the irons are in general use, while the more conservative Scotchmen of Western Ontario, still stick to the stones, which irons however, gave a shock to the the home of the game. This use of the cot ish corlers who recently visited Canada. They were undoubtedly the are also in general use in Scotland stone curlers in Manitoba with the irons-although their defeats were also partly due t

world, but failed to make good against the veterans of Quebec and the fact that they had never before nadian frosts give. In Western Ontario, however, where the stones are still in vogue, the Scotch visitors did

So heartily have the Canadians taken to curling, especially in the west that, from being an almost purel Scottish game, it is now in Canada that the world's biggest 'bonspiel' is held, at Winnipeg, at which are annually gathered together more of the world's best curlers than can be found on the ice together anywhere else.

In the big French city of Montreal. curling has a long history, although the French-Canadians do not play it

become one of the traditional sporting gathering of the world's best curlers ply of Norwegian instructors. One ablems of Canada as time goes on. ever got together since the beginning the main hindrances to the sport is Each winter the contests grow more of the game which is lost in the that it requires a good supply fre uent, and for several winters past mists of antiquity amongst the Scot- mountains, or at least good hills,

Natural Home Of Skating.



TOBOGGANING IN MONTREAL

built indoor sknting rink. As in

hockey, the Canadians not only took ahold of skating as a sport, but lost no time in improving the skates. The old wooden skates were soon abandoned, as well as the spring steel skates rest. which succeeded them, and to-day almost every sknter-which means / althe ends, much shorter and more sub wherever it is available ice boating burgh some years ago and easily wrested the fancy skuting championship of the world from the best men from all over Europe. Incidentally he not only won the championship, but where the snow is deep there cannot was arrested by secret police, and might have taken a trip to Siberia on

absolutely to Canada is snow shoe- places, where they form centres of at ing, and in those parts of the country where there is sufficient snow it is extraordinarily popular. Naturally the speed and jumping records are owned in Canada. The snow shoe, like lacrosse, is a legacy from the Indians, and was at first, as it is still in the outlying countries to the north,



SKI-ING, A NORWEGIAN SPORT.

not a sport but the only means of winter locomotion. It is practically Don't catch cold, don't catch or inconfined to Quebec, Eastern Ontario cur any disease. You can't if your for him to keep her convinced. and Manitoba, and a few other parts blood is right. Life and the vital eleof the country, where sufficient snow ments that fight disense and weakness falls. It is one of the most pic are in the blood. Strength and effecturesque of sports, the snowshoers tive resisting power can be had wearing brilliant blanket-suits with use of Wade's Iron Tonic Pills. touques, for their tramps, and no They are a great nerve strengthener prettier sight can be imagined than a and blood maker. In boxes, 25c., at gay crowd of young girls and young Wade's Drug Store. Money back men on a "tramp" over the snow, not satisfactory, The snow shoes are almost exclusively made by Indians, many of whom make | Criminal For Forty-three Years. demand almost invariably exceeds the ! supply, visitors to Canada being especially fond of securing a pair to take away as souvenirs.

Ski-ing, Great Sport.

that those unfortunate enough to live on the level cannot go in for it. Ski-ing is practically "coasting" on ski-er jumps as lar down the declivity as possible. Jumps of sixty feet have after the rightful occupants of the been recorded in Norway, but no such records have been approached in Can- upon the scene two tramps, who, a bad way.

Horse Racing On Ice.

ing. This has practically grown up Then they dressed, choosing two of within the past quarter century, but Mr. Brown's most stylish suits, hanghas become so popular that there are ing up their own tattered garments in few places of any importance which the place of those appropriated. can reckon on cold weather and have a river or lake big enough for a quar- the house, from top to bottom, They ter or half mile track that do not took over \$40 in money, and clearing indulge in ice races every winter. The up all that was catable left the farm most famous ice meet in Canada is house and started "on the road world, a few years ago established an called at as two well-to-do men, the ice record of 2:131, which competent more so as they invited every one drink with them. two minutes flat on a mile course in summer. This winter Montreal horsemen are going in for the sport for the first time, and are building an ice at Portsmouth Research course, and letting the weather do the at Portsmouth. By way of substanti-

Ice Boating Is Exciting. most every man, woman and child in For clear, exhilarating sport ice the country-has a pair of steel blades yachting is hard to beat, and it is day night Mr. Brown found that his screwed to his skating boots. Natur- again almost peculiarly a Canadian house had been broken into. He ally, with so much skating, many sport. An ice yacht is simply a huge once gave information to the polispeedy skaters were developed, and a skate with a small platform and a who instituted a search, which re- sold in bulk. Every tablet stamped "CC. number of the world's records are big sail. On a clear ice expanse and sulted in the two tramps who were spectators can attend, the games in game was played with granite stones held by Canadians, notably the record a good breeze fabulous speed can be still wearing their borrowed plumes of 38 3-5 seconds for the quarter mile, attained—the mystery of the thing be and passing as well-to-do centlemen. made by James Drury, of Montreal, ing that the yachts will go faster than being arrested at Aldershot, Both men in 1901. The standard racing skate of the wind blows them. It is most are now under remand in the police the world was originated in Canada, popular on the river and lake fronts cells at Petersfield. by J. K. McCullough, in his day the of Ontario, as in Quebec and the far speed champion of the world; it is west the snow is generally too deep simply a long steel blade with light for it. The ice boat is built of three steel supports screwed to the sole of huge skates with a wooden platform, the boots. He did not patent his and stays to prevent capsizing, with idea, and it is now exclusively used in one mast and a leg of mutton sail, all important race meets. The racing the steering being done by a skate at skate is square ended, while the skate the rear, manipulated by a tiller. The used by fancy skaters is rounded at boats are hard to handle safely, by stantially built. That is the kind of extraordinary popularity especially on skate with which Louis Rubinstein, of such ideal spots as the bay at Toron-Montreal, went over to St. Peters- to, and the water around Kingston. Tobogganning Great Sport. While ice boating does not flourish

> be too much snow for the great eastern Canadian sport of tobogganing, some imaginary political charge, had which is one of the most popular and not the British ambassador come to attractive of all Canada's winter his rescue. Since then trips to Russia sports, and which is always one of the for skating purposes have not been great "show pieces" for visitors. It started of course with boys coasting down snowy hill sides. As they grew Showshoeing Peculiar To Canada. up they remembered the sport they had, until the demand for it grew, and Another winter sport which belongs immense slides have been built in many traction for the younger people every winter night, no matter how fierce the weather. The best slides are of course on hill sides, but where nature has ne glected to supply these artificial chutes have been built at great expense. On some of the slides there are as many as half a dozen narrow chutes, just wider than the toboggan, while at the famous Montreal toboggan slide by all odds the best in the world-the chute is over a mile in length, and when the lieri being the residence of his mothice is in good condition the toboggans travel that distance in less than a the prince is the first cousin to the minute, and slide along the flat ex- King of Italy, who is ever pleased to panse at the bottom for a full half mile or more. There are six chutes at this slide, and races are not only of frequent occurrence, but immensely exploses work and dream-quite a para citing. Despite the tremendous speed dise for the poet, and the man of of the descent accidents are almost un- tion, too. One feels more mettle and known, a spill generally meaning a more spirit in Rome than in any oth-pitch into deep snow, and a good deal er place, and I have since my early of mixed up fun. The tobogganeers boyhood been accustomed to spend wear very much the same outlit as the there a few weeks every year, so as to snowshoers, and a slide in full blast remain in touch with my dear mothis one of the most picturesque sights er's family." The Princess Clotilda This by no means exhausts the list stows all her wealth on the poor, i of Canada's winter sports, but it is at called "our saintly princess," least sufficient to show that the frosts which are feared by those who do not know what they mean are really a blessing to the country, and make it

> > in the world, winter and summer. Be Disease Proof.

London, Jan. 12.-Al man named George Jones; sixty-six years old, who was charged, at the Mansion house, with burglary, at the chambers Bruce Hammond, a barrister, in Temple, pleaded that "he had had very hard life." Sir Joseph Savory | a cold on the chest. He will say, A comparatively new sport in Can- remarked that he appeared to have "Bronchitis." Ask him if it is ever

BREAK INTO HOUSE WHOSE OWNERS ARE VISITING.

Have Jolly Time-Best of Everything-Appropriate Suits Clothing and Money, and Go on Way to Spend it Freely. London, Jan. 12.-From the seclud-Hampshire village of Idsworth

mes an amusing story of the escap- exercise in? de of two tramps, At Hiberden's Farm, Idsworth, live A. Brown, and his sister, Last Saturday they closed up their house,

and went away for a week end. Soon farmhouse had departed there came ada. It is extremely difficult to make finding the house empty and well-prothese big jumps on skis, and keep bal- visioned, settled down for a comfortance, the jumpers frequently landing able week-end. They first of all raided the larder

and made a hearty meal. Then they went to bed, each selecting a comfort-Another distinctly Canadian feature able room, Next morning the tramps of Canadian winter sport is ice rac- rose, bathed, and shaved themselves, The next proceeding was to ransac

held annually at Ottawa, where the again. Being smartly dressed and well famous Cresceus, owned by George H. supplied with money, they were look Ketchum, the champion trotter of the ed upon at the public houses they On arriving in Petersfield the coup

went to an inn, where they representating this one of them swallowed woman's watch, which he had stolen from the farmhouse, and also a watch lent to him by one of the company Upon returning home on the Sun-

ROYAL PRETENDER.

Prince Victor Napoleon Loves the Eternal City.



PRINCE VICTOR NAPOLEON. Rome, Jan. 12.-Prince Victor Na family and pretender to the throne of France has arrived in Rome under the name of Comte di Moncalieri, Monca er. Princess Clotilda of Savoy. Thu

The prince loves Rome: "Rome, says he, "is the city where one c an who leads a very retired life and

That's the house the doctor built-The biggest house you see; what it is, the finest sporting country Thank goodness he don't get

> For we all drink Rocky Mountain woman that he loves her than it is

> class until she begins to get angry An average woman judges the worth of a painting by the beauty of th

No girl is really, in the spinster

a Ask your doctor the medical name for

NIGHT OF LUXURY Your Tongue is Coated Watch for Symptoms!

> OOK in your pocket-mirre: Or inside the lid of your watch-

Fur coat on your tongue? Sad

What you been Eating? What were you drinking? What kind of Lazy Chair did you b

Now don't think it doesn't matter! Because, it's your Bowels that talk n

every time you open your Mouth.

That doesn't help your Populative nor your Earning capacity. Besides, a person with bad Bowdis is E

Go and take a Ten Mile Walk for

Haven't time? Too Lazy? Well, there is another Way. Take Artificial Exercise for your Bowe That's-CASCARETS.

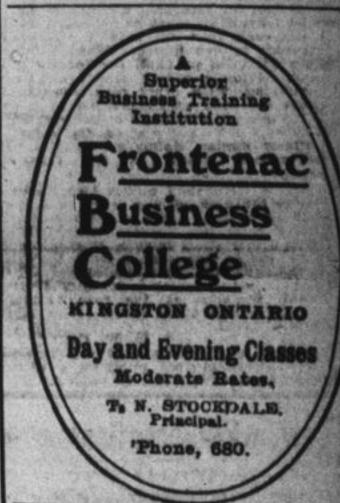
They rouse the Bowel Muscles, just no a Cold Bath freshens Athletic Muscles. Waken them up, Strengthen them so they Contract and Expand the Bowels and In-

testines in a healthy, active manner. That's how these muscles work the Food along, through your thirty feet of Intestines, to its Finish.

That's how they squeeze Gastric Juice into the food, to Digest it. That's how they make the millions of little Suckers in the Intestinas draw 1

into Blood, Brawn, Brain and Bone. One tablet taken whenever you suspect you need it will insure you against 90 per cent of all other ills likely to attack you.

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