

When Constipation Poisons the System

Fruit-a-lives will set everything right. These fruit tablets act like magic on the whole digestive tract. They stir up the liver—make it excrete an abundance of bile. The bile makes the intestines move regularly and naturally every day. And Fruit-a-lives leave no constipating after-effects, like calomel, cascara and liver pills.

By curing Constipation to stay cured, FRUIT-A-LIVES purify the blood—clear the complexion—stop bilious headaches—help digestion—make you eat and sleep well.

I have used Fruit-a-lives and think them the best remedy for Constipation I ever tried. I gladly recommend them to my friends, and to everyone suffering from stomach and liver troubles.

Miss J. C. LAW, Housewife, Ont.

Fruit-a-lives are pure fruit juices in tablet form—the discovery of a well-known Ottawa physician. They act so mildly that even the children may take them without gripping or harsh pain. And Fruit-a-lives leave no astringent after-effects.

If Constipation is your trouble, cure yourself with

Fruit-a-lives

or Fruit Liver Tablets.

See a box. At all druggists. Manufactured by Fruit-a-lives Limited, Ottawa.

Here's Luxury in Overcoats.

When it comes right down to elegance, you reach the summit of style, good looks and good wear, in Fit-Reform MELTONS and CHEVIOTS.

Their sumptuous appearance—their masterful tailoring—proclaim them the finest of semi-dress Overcoats.

In specially imported English fabrics—both black and gray.

\$15.00 up to \$35.00.

Fit-Reform

E. P. Jenkins. - Kingston

"Competition is the life of King Edward VII. Scotch."

Why? Because upon tasting it and comparing it with other brands upon the market it is found to be Superior in Quality.

KING EDWARD VII SCOTCH

Peerless Producers
Distillers, Argyleshire.

When shopping you will find that—

Corticelli

costs you no more than inferior silk.

The Smoothest Longest Strongest

Ask for Corticelli

AT BUSY NEWBURGH

ANNUAL MEETING OF PUBLIC LIBRARY.

Accident at Strathcona—A Former Visitor to the Former Old Regent's Hall.

Newburgh, Dec. 27.—The annual Christmas entertainment of the Methodist Sunday school was held on Christmas evening. The school room was filled by a large audience and those taking part did their parts well. A musical drill was decidedly the feature. Service was held in St. John's church on Christmas morning.

Mr. and Miss Hibel of Prince Edward county, are visiting at Charles Weibank's, Misses Edie, Frances and Mattie Weibank and George Weibank are spending the holidays under the parental roof. Dr. Herbert McKim and Mrs. McKim spent Christmas with his mother, Mrs. McKim. Mrs. Yeomans, Miss Edie Yeomans and J. S. Yeomans spent Christmas in Napawa.

Mr. and Mrs. J. E. Shorey and children, Canifton, and Miss Vera Benn and John Benn spent Christmas with Mrs. S. Shorey, Bernard McKim, London, is visiting his mother, Mrs. McKim. Mrs. Jeanne, Mrs. Hinch, Miss Edna Hinch, Miss Marguerite Hinch and Frank Hinch, Centreville, spent Tuesday at Dr. Beaman's. Mr. Ebel, Mevra, Toronto, spent the holidays with her parents at the parsonage. Mr. Ebdshaw, Brockville, is spending the week with his family.

Better Underwear

Keeps your body warm, yet lets your skin breathe.

Woven—It fits, does PEN-ANGLES Underwear.

Guaranteed Against Shrinkage

Trade-marked in red. In a variety of styles, fabrics and prices, for women, men and children, and guaranteed.

MONEY IN CANARIES

Head of Queen street, Kingston, Canada, devoted to higher Commercial and Short-hand education. All Commercial subjects taught. Individual instruction. Day and Evening classes. "Amen" the best.

H. F. METCALFE, Prin.

Kingston Business College

(LIMITED)

Head of Queen street, Kingston, Canada, devoted to higher Commercial and Short-hand education. All Commercial subjects taught. Individual instruction. Day and Evening classes. "Amen" the best.

H. F. METCALFE, Prin.

REPORTED SUCCESS

FALL ASLEEP AND DIE BEFORE CAMERA.

Hundreds of Affected Natives Undergoing Treatment For Terrible Sleeping Sickness.

Berlin, Dec. 29.—Hundreds of natives suffering from sleeping sickness are visiting Prof. Koch's African expedition for treatment.

The Lobaland expedition learns that the expedition which went out to investigate the sickness, is now in the Sesse Islands, in the north-west of Victoria Nyanza. It is divided into two parts. Prof. Koch is with the majority of the doctors at the British mission station in the Sesse Islands, while Prof. Beck, with another doctor, is at Bumanzi, at the French mission.

Soon as the object of the expedition became known, victims of the disease flocked from the adjoining small islands, and even from the distant mainland. There are now from 200 to 400 awaiting treatment, some in the last stage of exhaustion. They were carried in cloths, nets and other primitive contrivances.

The doctors work without ceasing from six in the morning till six in the evening. Some particularly interesting cases have been photographed, but in many instances the patients sank into the fatal sleep actually before the camera.

The results of the treatment, which is kept secret for the present, are astonishingly successful.

CONFESION EXTORTED.

Murderer Taken Completely By Surprise Admits Guilt.

Berlin, Dec. 29.—A dramatic confession of murder has been extorted from a school teacher named Mueller at Duernberg, near Bayreuth, by the examining magistrate.

Several murders committed in that neighborhood had remained unexplained. The first victim was a widow, the second a telephone girl and the third an eleven-year-old school girl. The widow was murdered eight years ago and the telephone girl three years ago, and the schoolgirl a few weeks ago.

Mueller was arrested on suspicion by the authorities, who were, however, unable to collect sufficient evidence to convict him. The examining magistrate, according to German custom, endeavored to induce him to confess day after day, but all attempts failed.

Finally the magistrate had the grave of the first victim dug up, and skull and bones, saying: "There are the remains of the poor woman, you murdered eight years ago."

Mueller, who had hitherto withstood all tricks and persuasions, suddenly collapsed, burst into tears and confessed that he killed the widow. The examining magistrate led him on to confess in tears to the other two crimes, and to give details which enabled the police to supply conclusive evidence of his guilt.

YOUNG OFFICER SHOT

By Jealous Singer Dressed as Army Cadet.

Paris, Dec. 29.—A remarkable tragedy of jealousy has occurred at the Ecole Henri IV, at Fontainebleau, where a young officer was shot by a jealous singer, who afterward committed suicide.

Early on Friday morning a revolver shot was heard in the rooms of a young cadet named Lemarcelle, the son of the well-known senator. Several people rushed into the rooms and found the officer bleeding from a wound in the arm. On the table was the dead body of a woman dressed in a uniform like that worn by the wounded man. A revolver was still clutched in her fingers.

The woman was a well-known café-singer named Estelle de Cambour, who is believed to have been jealous because she thought Lemarcelle was about to forsake her for another woman. She borrowed a cadet's uniform, succeeded in passing the sentries, and, after a quarrel, shot Lemarcelle and then killed herself.

BE DONE BEING TIRED.

If you tire easily, if you never rest thoroughly, if there is a constant sense of weariness or exhaustion, what you need is new, rich tissue-building and nerve-strengthening blood. Wade's Tonic Pills supply just the aid required every time. They give quick and thorough benefit.

They are a great never-failing, and blood maker. In boxes, 25c., at Wade's Drug Store. Money back if not satisfactory.

BARON LEAPS TO DEATH.

Ill and Hopeless of Recovery, He Ends Life.

Berlin, Dec. 29.—Baron von Eros, a German nobleman, committed suicide, to-day, by leaping over a bridge into the Rhine at Cologne.

He was staying in a nursing home, and on learning, to-day, that his case was hopeless, he got out of bed and dressed, and, leaving the house unseen, hailed a cab and drove away.

As the cab was crossing a bridge over the Rhine the baron sprang out and, climbing the parapet, dived headlong into the rushing stream below. His body has not been again seen. The baron was the owner of large estates.

EMIGRANTS STRANDED.

Shipping Strike in Rome Has Disastrous Effect.

Rome, Dec. 29.—Thousands of penniless emigrants are stranded here in consequence of the shipping strike. Large parties arrived, today, chiefly from the southern provinces, having sold all their possessions, and expecting to sail immediately for America.

When informed that all steamship departures for December had been cancelled, the emigrants displayed grief and indignation, and the women wept bitterly. Many of the men will lose employment already arranged for in the United States.

Always Uniform Always Reliable Everywhere Obtainable

BAKER'S CHOCOLATE & COCOA

have stood the tests of time and service for over 125 years

Be sure that you get the genuine with the trade-mark on the package.

Directions for preparing more than one hundred dainty dishes in our Choice Recipe Book, sent free on request.

Walter Baker & Co. Ltd.
Established 1780 Dorchester, Mass.

46 Highest Awards in Europe and America

Branch House, 85 St. Peter St., Montreal, Can.

LIANE DE POUGY ENGAGED.

Celebrated Singer to Wed Her Doctor.

Paris, Dec. 29.—Mme. Liane de Pougy, the celebrated music hall singer, is contemplating marriage.

She is engaged to the young house doctor who looked after her at the Beaujon hospital recently when she was nearly killed in a motor-car accident.

Since she has left the hospital she has sent her servant daily to the hospital with a long letter for the doctor and a little box of cigarettes tied up with a pink ribbon. The cigarettes were stamped with the intertwined initials of the doctor and herself.

PASTEUR GREATEST MAN.

Beats Hugo, Gambetta and Napoleon in Vote.

Paris, Dec. 29.—An interesting contest is in progress among the readers of the Petit Parisien to decide by vote who is the greatest man in the modern history of France.

At present Pasteur, with 215,725 votes, heads the list. Victor Hugo is second, Gambetta third and Napoleon fourth.

Much public interest is taken in the contest, for, owing to the immense circulation of the Petit Parisien, the result will give a very fair idea of the opinion of the majority of Frenchmen as to France's greatest man.

Hard or soft comes cured with three applications of Peck's Corn Salve. Guaranteed. Money back if not satisfactory. In bottles 10c., at Wade's Drug Store.

WOODENWARE

To Users of Pails and Tubs

A word of caution may not be out of place. The E. B. Eddy Company's wares are FULLY GUARANTEED against factory defects, so it will be to your interest to see that the name

EDDY

is stamped on every package you buy.

Always, everywhere in Canada, ask for EDDY'S MATCHES.

COOKSON'S ANTIMONY AND PIC LEAD

GET OUR PRICES

Canada Metal Co. Toronto Phone Main 1729

THE Greatest of Tonics

PSYCHINE

(Pronounced Si-KEEN)

FOR ALL THROAT AND LUNG TROUBLES

TOOKE BROTHERS, Limited

MONTEAL

Will not break readily at the turn-over line.

The special quality of linen used gives the greatest resistance to wear.

A row of stitching aids the handy man in preserving the original lines of style.

TOOKE BROTHERS, Limited, MONTREAL.

Calling a water "pure" does not certify it safe for you to drink.

Water can be pure and yet be harmful. Boiled water is pure, in one sense, because heat destroyed the bacteria it contained, but heat does not remove harmful salts from water, nor the organic matter.

Distilled water, used so much on shipboard, is chemically pure; but seafaring men will warn you against drinking too much "condenser" (distilled) water. It brings on bowel trouble, because the salts it should contain have been distilled out of it.

Some spring water is fairly pure; but even the purest spring water contains dissolved mineral matter—sulphate of lime, carbonate of lime, magnesia, common salt, potash, iron.

Even pure water, if it contains too much of some of these salts, does you harm.

So what are you to do? You shouldn't drink boiled water because the salts are not boiled out of it. You mustn't drink distilled water because the salts are boiled out of it. Most spring waters have too much of the wrong kind of salts. What are you to drink?

Why not drink a water that is not only ideally pure, but in which are naturally present exactly the salts that are good for anybody, in exactly the proportion that is right for everybody?

Why not drink a water that is zestful, sparkling, limpid, with no excess of mineral, no trace of harmful salts? That is

York Springs Water

Wholesome — Limpid — Refreshing

Bottled at the Springs for surety of purity and sold in your neighborhood by merchants who discriminate.

Ideally Pure York Springs Water is the basis of these beverages: York Springs Water (natural), York Sparks (York Springs Water charged with purified carbonic gas), York Ginger Ale, York Sarsaparilla, York Soda, York Potash Water, York Aperient (the perfect laxative)

The Mineral Springs Limited Toronto
JAMES MCPARLAND,
RIGNEY & HICKEY.

WILSON'S Invalids' Port

gives a luxuriance of healthful vigor, making the period of motherhood beautiful and happy.

The delicate organs are reinforced and the blood purified and enriched by the cinchona bark in this best of tonics.

Three glasses daily work wonders for tired mothers.

All Druggists

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MONTEAL

Will not break readily at the turn-over line.

The special quality of linen used gives the greatest resistance to wear.

A row of stitching aids the handy man in preserving the original lines of style.

TOOKE BROTHERS, Limited, MONTREAL.

PSYCHINE

FOR ALL THROAT AND LUNG TROUBLES

Twenty-five years' successful record

Money can buy advertising space, but it can't buy a quarter century's successful record of wonderful and almost miraculous cures of the most difficult and intricate cases of throat, lung and stomach troubles. Such is Psychine's record. Thousands of cases given up by leading doctors as hopeless and incurable have been quickly and permanently cured by Psychine. It is an infallible remedy for coughs, colds, bronchitis, pneumonia, consumption, indigestion, loss of appetite and all wasting diseases.

"My son had a terrible cough and we wanted to see a doctor. Doctors said he could not live. He used Psychine, it cured him."—Mrs. J. Bangs, Brockville.

"After taking \$5.00 worth of Psychine my lungs are well and life is again worth living."—Mrs. L. Eckardt, Marquette Cove, N.S.

"My lungs are now sound as a bell after using Psychine."—H. Robb, Bridgford, Ont.

"Psychine saved my life."—A. Walden, 7 Cornwall St., Toronto.

Psychine Never Fails. Psychine has no Substitutes

AT ALL DEALERS, and \$1.00 A BOTTLE

DR. T. A. SLOCUM, Limited, 179 King St. W., Toronto

BOVILS

"I said the stu"

"It's best to be p"

"I said

BOVILS

IRISH WHISKEY DISTILLERS

TO HIS MAJESTY THE KING

Sir John Power & Son Ltd.
ESTABLISHED A.D. 1791.

THREE SWALLOWS

IRISH WHISKEY

Famous for over a century for its delicacy of flavor. Of highest standard of Purity.

It is especially recommended by the Medical Profession on account of its peculiar "DRYNESS"

THE MOTHER

must have reserve strength, sound appetite, a good digestion—a perfectly-regulated system.

Wilson's Invalids' Port gives a luxuriance of healthful vigor, making the period of motherhood beautiful and happy.

The delicate organs are reinforced and the blood purified and enriched by the cinchona bark in this best of tonics.

Three glasses daily work wonders for tired mothers.

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