NERVE-SHATTERING PAINS IN BACK

Doctors Say: "Almost Every One Has Kidney and Bladder Troubles Before Fifty Years of Age."

Warners' Safe Cure

IS THE ONLY ABSOLUTE CURE FOR ALL FORMS OF KIDNEY DISEASE. A TRIAL BOTTLE WILL BE SENT ABSOLUTELY FREE TO EVERY READER OF BRITISH WHIG.

MRS. F. E. ARGYLE.

Mrs. F. F. Argyle, of Denver, Colorado, President of Knights and Ladies of Golden Precept, thanks Warner's Safe Cure for her restoration to Health, after a siege of pains in the back caused by diseased kidneys.

"About a year ago my health was completely run down, nerves shattered, and frequently dizzy spells, backache, and had to pass my water frequently and with great irritation. The doctor pronounced it kidney and bladder trouble and I was under his care for two months. Failing of results, resolved to try Warner's Safe Cure, which had come to me very highly recommended. The first bottle helped me considerably, and at the end of three months I was a well woman, without a sign of any of the many aches and pains that had heretofore been my lot. I feel much better than I have in years and certainly feel grateful to your medicine." MRS. F. E. ARGYLE, 1446 Stout St., Denver, Colo., Pres. of Knights and Ladies of Golden Precept.

CURES KIDNEY DISEASE

When the kidneys are diseased the uric acid is not carried off, and this causes Gout, Lumbago, Rheumatism of the Joints, Rheumatism of the Muscles, Rheumatism of the Heart, Rheumatism everywhere.

In Bright's Disease the bowels are often constipated and the liver torpid. Warner's Safe Pills quickly relieve this condition, and no ill after effect is experienced.

WARNER'S SAFE CURE is put up in two sizes and is sold by all druggists, or direct, at $1.00 A BOTTLE. Refuse substitutes containing harmful drugs which injure the system.

Trial Bottle Free To convince every sufferer from diseases of the kidneys, liver, bladder and blood that WARNER'S SAFE CURE will cure them, a trial bottle will be sent ABSOLUTELY FREE, postpaid, to any one who will write WARNER'S SAFE CURE CO., 44 Lombard St., Toronto, and mention having seen this liberal offer in The Kingston Whig. The genuineness of this offer is fully guaranteed. Our doctors will also send medical booklet containing descriptions of symptoms and treatment of each disease and many convincing testimonials free to every one.

There IS something after all in a NAME,
When it's a world-wide symbol of quality—

Blue Ribbon Tea

Is a household name everywhere for the most fragrant, delicate, delicious and wholesome Tea in the world.

Black, green, mixed—25c. to $1 a lb.—All grocers

Christmas Jewelry

Scarf Pins

We have a fine selection, in the newest creations and pearls. Solid Gold, $1.75 to $20. Gold Filled, 50c. to $2.

Cuff Links

Our stock in this line is very large, both in Solid Gold and Gold Filled. Solid Gold, $3.50 up. Gold Filled, 75c. up.

Lockets

A very tasty present for a lady and gentleman. We have them, stone-set or plain, square, round, oval and oblong. Solid Gold, $5 up. Gold Filled, $1 up.

Rings

Our stock is large and varied, ranging from Baby Rings to Diamond Rings. All our rings are Solid Gold, and we have them in every combination.

Our stock is now complete, so why not purchase NOW, when you can do so with pleasure and comfort? Your selection laid aside until desired by paying a small deposit.

Brooches

Amythests are very fashionable this season. We have them mounted with Pearls, in Solid Gold and in Gold Filled. Amythest and Pearls in Solid Gold, $5 up. Amythest and Pearls in Gold Filled, $1.25 up.

Toilet Sets

Never have we attempted to show such a magnificent collection of Toilet Sets, in either Ebony or Sterling Silver.

Ebony Brush and Comb, Sterling mounted ... $2.50
Eony Brush, Comb and Mirror, Silver mounted ... $4.25
Sterling Brush and Comb, in case ... $7.50
Sterling Brush, Comb and Mirror, in case ... $22.00

Umbrellas

In Ladies' and Gents' Umbrellas we are showing some most exquisite examples in the Silver and Goldsmith's Art, something just a little different to what you see elsewhere. Best Silk and Mixture Tops and new thin Paragon Frames.

Ladies Umbrellas..... $3.00 to $9.00
Gents' Umbrellas ..... $2.75 to $8.50

OPEN EVENINGS

Kinnear & d'Esterre

100 Princess Street

THE COACH QUESTION

DISCUSSED BY QUEEN'S QUARTERLY.

Claim That Professional Coach is Not Working For the Benefit of the Game—He is Severely Scored.

A writer in the Queen's University Quarterly discussing the professional coach in Canadian football says in part:

"In all its various aspects and interests, football has lately received much attention in the press and from laymen not closely connected with the game. We have been reading articles on the ethics of football, professionalism in football, brutality of football, suppression of football, and much nonsense on football. The situation in Canadian football, as regards either rough play or professionalism, has never reached the acute stage in which the American game now finds itself. The Canadian rules do not favor the wedge formation and massed plays that form so undesirable a feature of American football; nor have we here the opportunities for immense gate receipts with their inevitable tendency to make the game not a game, but a serious business. The point of view from which we shall regard the American game as good or bad depends upon our answer to the question—is football a game or a business? As a business proposition, the American game is far ahead of ours. The players lose nothing financially in giving their time and effort to training and play, the coaches and managers are paid good salaries, and the whole thing is as legitimate and and lucrative a business as the presentation of a drama; but there is the

THOMAS LONGBOAT,

A pure blooded Onondaga Indian, of the Caledonia reservation, seven miles from Hamilton, Ont., who is acknowledged to be the swiftest long distance runner in the world.

same difference between the American business game and the Canadian game as there is between the drama in the opera house and private theatricals in the back parlor. In a business game the object is to win; in a game, the object is to play. Which do we want?

"It is not the American game, that we intend to discuss here, but the Queen's game, and that as regards the hiring of a professional coach. The question has been considered at different times in the history of Queen's football. This year the question again came up; it was decided to secure a coach, but a satisfactory agreement with those approached could not be made and the matter was dropped. We believe that prior to the season of 1904, no coach had been hired by the athletic committee. In that year one was secured, and paid $50. The team won the championship, but claimed that they could have done it without any advisory assistance. On the whole, we can hardly consider it a fair trial of the plan. In the season of 1905, no one wanted a coach; this fall, as we said, we tried, and failed to get one.

"We would deeply regret the introduction into the Queen's game of that spirit of professionalism and trade which has destroyed the American game as a game. We, of course, and the other members of the I.C.R.F.U. in our sports, stand for something higher and manlier than the score card and cash box. We like to win, but like better to "play the game." In the game of life, we admire the man who wins high place and fame; we revere the man who attains to but little, or loses all, but who still "plays the game." With regard to the hiring of a professional coach as an introduction of professionalism that is unwarranted and unwarrantable. We believe that such an action means no less than the entrance of the thin edge of the wedge that has dislodged American football from the realm of true sport. In the game as played in the United States, we have professionalism grown to its perfection, and we can judge by its fruit the worth of a tree.

"The professional coach is not working for the best interests of football and of sport in general. His object is to win. If his team wins, he gets the credit for it, and a substantial bonus, in addition to a salary out of all proportion to the services he renders; if the team is defeated he blames the material he had to work with. If he is to produce a winning team he must have the men; once these are chosen, all others who wish to play football are discouraged as nuisances. If the necessary men are not available in the student ranks, what remains but to import men, and dishonor the eligibility rules? The coach only holds his position by virtue of the fact that the team wins; if the team loses, his position is one. He is a product of the commercialism that would win at all cost. There is a very pathetic fallacy evident in the opinion of the ordinary spectator at a game, in that he believes that the coach wins or loses the game. It is the players who win; it is the players who lose. What then is the value of a professional coach."

Did Not Do All The Work.

The junior city hockey league meeting, called for last night, was again postponed, the business proving too much for one night. The trouble arose from the fact that there are five teams applying for admission into the league this year. The matter will be straightened out at the next meeting which was adjourned until tonight.

Hockey Items.

Toronto Telegram: Pittsburg has gone clean to Quebec for hockey material. And if she has signed anything real good in the ancient capital, she had better have it shipped through in bond. For down around Montreal there are some very hungry clubs.

The Manitoba professional season opens on December 15th, with Kenora at Strathcona, and closes on March 4th. Each team plays two games except Kenora, which is down for six because of the Stanley cup trip. The amateur league's schedule is not yet made up.

Ten teams are in the senior O. H. A. this year, fifty in the intermediate, and thirty-five in the junior. Argonauts, Marlboros, St. George's, 14th Regiment of Kingston; Peterboro, Midland, Guelph, Berlin, Stratford and Galt form the senior. They will be divided into two series.

The New York A. C. hockey club have commenced practice. They have Dillabaugh and Casselman of Morrisburg, Jim Fenwick, the old Montrealer; McArthur, who at one time played on the Argonaut rugby intermediates; Locke of Kingston, besides some new Canadian players.

It is rumored that "Pud" Glass is lost to the Montreal Wanderers. He signed with Montreal last night, as far as can be found out. The salary he is to get is said to be $750 for ten games. It is pretty high price to pay, but it is understood that he asked the Wanderers $950 for the season

Deseronto expects to have a good team this winter. Nearly all last year's players are available, besides several new arrivals. These club officers were elected: Patrons, A. S. Valleau, Thos. A. Stewart, T. P. Culhane, F. T. McMaster, E. Armitage; honorary president, H. M. Rathbun; honorary vice-president, W. H. Stafford; president, Jas. Fairbairn; vice-president, S. Coulter; manager, A. Valleau; secretary-treasurer, W. G. Savors.

General Notes.

T. R. Pritchard was elected commodore of the Rochester Yacht Club.

Catcher Ryan, backstop of the Columbus American association baseball champions, has been sold to the Buffalo Eastern League team. Consideration has not been made public.

American gymnasiums are the best in the world is the opinion of Dr. William G. Anderson, director of the Yale gymnasium, after a tour of investigation extending over several months in Europe.

The Chicago Daily Tribune ends an editorial on football with the following: What is needed most is the definite relegation of college sport to its rightful place as entirely subordinate to the educational curriculum.

There is a movement on foot to have a senior series in the C. L. A. next year consisting of Brantford, St. Catharines, Orillia, Toronto Junction, Young Torontos, and another Toronto team, presumably the Maitlands.

Thirty south of England lacrosse teams object to meet the Capitals of Ottawa because they are professionals. Fifty northern teams, however, will welcome the Canadians. A meeting will be held to consider the question.

Cricket in England pays its champion players better than baseball in America, J. T. Tyldesley, Lancashire's best professional cricketer, has just received a cheque for $15,525, the net proceeds of a match played for his benefit.

Naranse Curling Club elected these officers: President, W. F. Hall; vice-president, J. S. Ham; treasurer, J. W. Robinson; secretary, J. Frank Chalmers; executive committee, W. C. Smith, Wm. Templeton, J. L. Boyes, C. I. Maybee, W. A. Bellhouse; chaplains, Revs. A. Macdonald, F. T. Dibb and T. P. O'Connor.

Purity tea acts as a gentle stimulant, black or green. Crawford's.

Working Indoors Causes Anaemia

Chlorosis or anaemia is simply thinness of blood.

If confined too much indoors, anaemia develops, because the lungs are insufficiently supplied with oxygen, and the blood is consequently ill-nourished and half-starved.

But there is a cure!

Dr. Hamilton has solved the problem in his famous pills of Mandrake and Butternut; as a blood enricher their equal is not known.

All the functions upon which life depends are helped by Dr. Hamilton's Pills.

Richness and purity are instilled with wonderful promptness into the vital fluid.

Healthy color supplants the pallid, ashen face.

Better appetite, strong digestion and dreamless sleep are sure to follow, because of the increased blood supply furnished by Dr. Hamilton's Pills.

Think it over.

Will it pay you to look and feel half dead, to lack color and spirit, when all can be changed by Dr. Hamilton's Pills?

Better act at once!

Your case is more curable now than later on.

Dr. Hamilton personally guarantees his pills of Mandrake and Butternut.

Their merit is unquestioned.

Thousands of anaemics they have cured and kept well.

They will do just the same for you. Try Dr. Hamilton's Pills, 25c. per box or five boxes for $1, and refuse any substitute.

The Best 'Xmas Gift!

IS SOMETHING THAT WILL ENABLE YOUR SON OR DAUGHTER TO OCCUPY AN INFLUENTIAL AND

Well Paid Position

in business or in some trade or profession. Many a Prosperous man has to thank his parents or friends for the Christmas Gift of an education that formed the first rung in his ladder of success. What more useful or appropriate Christmas Present can you give your boy or girl than a course of study in the

International Correspondence Schools of Scranton, Pa.

The I. C. S. has taken thousands of men and women of every age and in every walk of life and in a short time qualified them for better positions and increased salaries. To learn how it was done and how you can do the same, FILL IN THE COUPON BELOW AND MAIL IT TO-DAY!

Mind, the sending of this coupon does not obligate you to pay one cent. It simply gives the I. C. S. the opportunity of proving **how easy it is for you** to improve your condition right at home without neglecting your present work.

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Stationary Engineer	Commercial Law for Contractors and Builders
Civil Engineer	Illustrator
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Now! JUST READ THIS COUPON AGAIN AND DO SOMETHING ABOUT IT **Now!**

THE WHIG'S JUMBLE

Tells About a Lot of Things in Short Metre.

See Bibby's $2.50 fancy vests.

Live slowly if you would live long.

Our blends are strictly uniform in Purity tea, at J. Crawford's.

He who indulges in self-praise flatters a fool.

Limoge china cups and saucers. Medley's.

When you die the world will keep right on going around.

Our blends are strictly uniform in Purity tea, at J. Crawford's.

If all men would work there would be fewer overworked.

Some men would rather make excuses than make good.

Enthusiasm is to a man what steam is to a locomotive.

"Half a ton" of McConkey's and Huyler's high class candy for Christmas at Gibson's Red Cross drug store.

Second to none, Purity tea, at J. Crawford's.

Save up your pennies and your heirs will squander your dollars.

Some children fear the dark as much as some men fear the light.

Coal that burns out, and while burning throws out a strong heat. Swift's Scranton coal.

Sinners would have a lot more fun if good people would let them alone.

Purity tea acts as a gentle stimulant, black or green. Crawford's.

Even the living skeleton has a thin chance of getting stout.

Many a man's popularity is due to his lack of self-respect.

Our blends are strictly uniform in Purity tea, at J. Crawford's.

A man saves his religion and his best suit of clothes for Sunday.

Wins its sale from its strength and flavor. Purity tea, at Crawford's.

It is easier to look over another's faults than it is to overlook them.

Our blends are strictly uniform in Purity tea, at J. Crawford's.

Undoubtedly a poorly screened load of coal means a loss to the purchaser. Swift's Scranton coal is well screened.

If a man lets his judgment direct him he is accused of being a quitter. If he bucks it he's a fool.

Probably the undertaker never would get some people if they could live until they acquired wisdom.

Its flavor and strength surpasses all others. Purity tea, in tins, green, black or mixed. J. Crawford.

Baltimore oysters at "The Red Star."

See Bibby's 50c. knitted gloves.

Says a woman: "I care not who does the thinking so long as I am permitted to do the talking."

Put up in useful, as well as ornamental tin boxes. Purity tea, green, black or mixed. J. Crawford.

Only one store in Kingston that sells strictly high class candy, McConkey's and Huyler's are sold at Gibson's Red Cross drug store.

Prevost, at the New York clothing store, Brock street, has made a great reduction in price, in the order and ready-made clothing department; also the gents' furnishing. Everything will be offered at a great reduction in price. The stock is well assorted, with new goods in every department.

Second to none, Purity tea, at J. Crawford's.

See Bibby's dainty neckwear, 50c.

DON'T GET "THE MEDICINE HABIT" GET THE

SHREDDED WHEAT

Get right with Nature. Give Nature a chance. All the strength you have comes from the food you digest. Every Shred in Shredded Wheat, is full of health and strength, and every Shred is digested. Keeps the bowels healthy and active, and the stomach sweet and clean. Made in Canada of Canadian Wheat. Try it for breakfast. Your Grocer sells it.

13c. per Carton or 2 for 25c.

LABATT'S ALE

Is made from tested, natural spring water, selected barley malt, and a blend of the choicest growth of hops. No substitutes for hops or barley are used. An aid to digestion and a cause of comfort after meals.

FULL OF THE VIRTUES OF BARLEY AND HOPS

JAMES McPARLAND - - - - AGENT
Ales, Wines, Liquors and Cigars. 339-341 KING ST.

Purity Tea, Purity Tea.

Superior to other tea, and costs no more, in trunks, 30c., 40c. and 50c. J. Crawford.

New York oysters at "The Red Star."

See Bibby's $1 kid gloves.

Clean Teeth.

To remove tartar and stains from the teeth try a Dr. Horsey fibre tooth brush, a perfect cleanser and polisher. Call and examine them at Wade's drug store.

See Bibby's $2.50 fancy vests.