

Lazy Liver Exercise

Your tongue is slightly coated, your breath is under suspicion, your head feels a trifle heavy or digestion seems even a little slow, Heartburn, Belching, Colic or indigestion begin to show themselves, it's the time to eat a Cascaret.

Imagine the Cascaret is ineffective because it is pleasant to eat as Candy, it is as pleasantly as it tastes. It is a laxative to your Bowels as it is to your stomach.

It acts like Exercise, instead, stimulates the muscular lining of the Intestines, so that they mechanically food and drive out the

Why Cascarets differ from all other laxatives, Physic, Cathartics and Whitt-rugs that help today at tomorrow's

Cascarets are the only Bowel and Liver pills that do not need to be used in doses every month you use them. You only need one when you need it.

Only one way to have them ready to use when you need them is to have them constantly in your pocket, as a Watch or a Lead pencil.

Each ten cent box of Cascarets is made of round-edged, and small, for this purpose.

Be very careful to get the genuine, only by the Sterling Remedy Company never sold in bulk. Every tablet is "CCC."

Sample and the famous booklet, "The Cause of Constipation," Free for the asking. Address Sterling Remedy Company, 100 New York.

Patented Oven Souvenir completely in the air therein every minutes without lessening heat one iota.

Hot, cold air is drawn in, aerated flue and sent to the oven before

only be had on the RANGE

Other ranges simply heat the oven, heats it and you have a pan of the oven, and a gust

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Malta-Vita

"The Perfect Food"

A perfect breakfast is impossible without it and it's just as good three times a day. It gives you real nourishment and renewed vitality. For Malta-Vita is rich in nutrition—every nutritive element of the best white wheat and finest barley malt extract. The malt extract, mixed with the flaked wheat, converts the starch of the wheat into maltose, or malt sugar, makes it easy for even the weakest stomach to digest and adds a pleasing taste which cannot be found in grain foods sweetened with sugar, glucose or syrups. Try Malta-Vita with cream or fruit. All grocers, now roc.



The Oxford Warm Air Furnace

Here's the furnace that heats more house with the same fuel, because it gets all the heat out of hard coal before the chimney gets a chance to waste any. One way fire travel means quick use of the heat, and means the use of ALL the heat that any fuel gives. There's no furnace so easy and simple to manage as the Oxford Warm Air Furnace. Ash pit is extra deep, so you needn't fear the draft being choked by accumulated ashes. Because the grate-bars are hollow and triangular, this furnace gets more good from the fuel it does burn, —those bars make the fire use a lot of air, —perfect combustion. Everything about the furnace is built for service and to save trouble and money to the man who buys it. Will you come in and let us talk it over with you?

THE GURNEY FOUNDRY CO., LIMITED 213 Toronto Hamilton Montreal Winnipeg Calgary Vancouver

For sale by Simmons Bros., The Yellow Store, 211-213 Princess street, Toronto, Ont.

There are many baking powders



MAGIC BAKING POWDER

Soap That Dyes!

Soap That Dyes! "Maypole" is the name of the only soap that makes successful dyeing at home easily, successfully, safely. The colors are fast and brilliant. It dyes in any shade. No streaks. No mottling. It is a Maypole soap. Give yourself a Maypole soap. It is the most pleasant treat with which you can treat your skin.

BROADBRIM'S

Letter From Greater New York.

THE W. J. BRYAN CULT

HAS RISEN, WITHOUT EFFORT TO GREAT POPULARITY.

He May Pass Under the Wire Ahead of All Contestants For the Presidency of the Republic in 1908.

Special Correspondence Letter, No. 1,228, New York, Sept. 7.—The first days in the week just passed were signified by an excitement that had no parallel in the history of New York. A year ago William Jennings Bryan went abroad for health and recreation. There was nothing peculiar or startling to mark his out-going, he had never been distinguished in the politics of the nation, he had held no public office, the only thing that gave him any distinction whatever was the fact of his defeat when he was elected democratic candidate for the presidency; yet, from the day he left his native land, till his return last week, his highway of travel has been like that of a conqueror; wherever he went he has been accepted as a sample



M. DURAY.

One of the most daring automobilists of Europe, driving a 10-horsepower machine, recently won the Circuit des Ardennes trophy after one of the most brilliant runs in the annals of automobile racing. He covered the 295 kilometers of the circuit at an average speed of about 60 miles an hour. Duray is a Belgian.

American, and the most wonderful thing in this connection is, that the immense popularity which he has achieved in the United States during his absence, has come to him without the slightest effort on his part and if the signs of the times are not very much out of order, the single exception of President Roosevelt, he is, in the estimation of his party, one of the greatest living Americans. His leadership is accepted by the masses without murmur, his primacy is unquestioned, and unless something happens out of the usual order of things, no other candidate for the presidency will be done high in the national democratic convention.

For several days delegations came pouring into town and from their assumption it was evident that they were here on some very important mission. They all wore badges of various degrees of beauty; some were of the modest size of a lady's watch, while others were as large as a egg-shaped sunflower; on one point they were agreed; they were members of the William Jennings Bryan reception committee and they had their credentials duly accredited to show that they were OK. It was no small compliment that President Roosevelt paid Mr. Bryan when he sent a special order to the health officer, that Mr. Bryan's friends be allowed to take him from the ocean steamer to the Yacht Club, which had been placed at the disposal of the reception committee by an intimate friend of Mr. Bryan's, and very facility be afforded him for getting ashore by the customs officers.

I can recall no occasion when such distinguished honor has been paid to a private citizen, and only a few to distinguished foreign visitors.

The crowd that went to the battery to witness Mr. Bryan's reception by Acting Mayor McGowan, was simply tremendous; it filled the streets for several blocks, and it required the best efforts of the 1,000 policemen detailed for the task with the occasional use of the long night stick to keep the crowd in order. Madison Square Garden, where Mr. Bryan delivered his address, was crammed to suffocation. The doors were opened two hours before the time set for the speaking, and though this immense place will hold

Do Your Feet Scald and Get Sore?

If you are troubled with sore, scalding burning feet or toes during the hot weather try Dr. Chase's Ointment. It will allay the inflammation and take out the soreness in a remarkably short time.

Especially persons who are much on their feet suffer during the summer from such troubles, and will appreciate the relief brought by this well-known preparation. This is only one of the many ways in which Dr. Chase's Ointment is useful during the warm weather season. It gives splendid satisfaction as a treatment for chafing of the skin, sunburn, insect bites, bites, by poison and skin irritations of whatever form. The exceptional soothing, healing and antiseptic properties of Dr. Chase's Ointment are what make it so effective in the cure of itching skin diseases, and have given it first position as a treatment for such troubles. Get a box, at all dealers, or Edmanson, Bates & Co., Toronto.

10,000 people, it was crammed to the doors in twenty minutes. No ordinary description will convey an adequate idea to the reader of the enthusiasm of the vast multitude that greeted Mr. Bryan; many had come thousands of miles at enormous expense just for the privilege of getting a shake from Mr. Bryan's hand and giving him a God-speed on the way to the White House at Washington, for that appears to be his destination. At the present time no other formidable candidate is in sight while Mr. Bryan's chances are increasing as the days roll by. These are points in Mr. Bryan's political history:

When the democratic national convention was held in Kansas City over a decade ago Mr. Bryan was desirous of attending as a delegate; he entered for the race and other leaders in the Lincoln district which was his home; he came on to Kansas City to make a contest; the committee to which the matter was referred, ignoring Mr. Bryan and his views, elected another delegate. This barred Mr. Bryan from entering the convention; nothing daunted him; he procured a proxy and entered the hall, he was refused admittance; he contrived to get a seat on the stage or who gave him permission to address the convention; he was entirely unknown to the politicians outside of the state of Nebraska; he made a speech, every word of which had been carefully composed and thoroughly considered for years; he entered the convention unknown, but when he sat down as he finished his address he had captured the delegates, and from that hour up to the present day he has had a more potential voice in shaping the action of his party than any other contestant in the United States. Twice nominated for the highest office in the nation's gift, and twice defeated by the people, that which would have been political death to an ordinary candidate has given Mr. Bryan increased vigor and more strenuous life and it is now morally certain that his party will accord him another chance in the presidential election in 1908 and if it does the political world will not be very much surprised to see him pass under the wire ahead of all contestants.

Mr. Bryan's success and good fortune is not due to what people call luck; it is a clear case of pluck, desert and an energy that never tires, and if he does not win, it won't be the fault of William Jennings Bryan.

The financial typhoon that swept over Philadelphia last week, when the Real Estate Trust company went to the wall did not pass New York without leaving some signs of ruin and disaster in its track. Frank Hipple, the thief who was president of this rotten trust company, was one of those silly Christians who were great in exhortation and powerful in prayer; so good was he that he would not allow a Sunday newspaper to be seen in his house, nothing in the Bible should be read on Sunday, and he never was so happy as when he was surrounded, with nice religious people and refreshing his soul with pious conversation. It was only a couple of weeks before he blew his brains out that he went into the bank and stole a package of securities amounting to \$250,000 and fled that night for a loan of \$50,000 in gold; that night was the regular Friday night prayer meeting that he would not have missed for a thousand dollars, and it was noticed by the brethren and sisters that his prayers were unusually fine. It is reported that the coming state convention, to seven millions of dollars. What did this stupendous thief do with that enormous sum of money? Adolph Regal, the promoter, got some of it; he bought a house for \$100,000 in Austria; he had neither silver nor gold in his pocket, but he had brass enough in his chest to fortify an army. Hipple's men have something to say; keep your eye on Brackett.

Penetrates And Heals. When you buy Smith's White Liniment you secure the most penetrating and healing remedy on the market for sprains, swellings, inflammation, neuralgia, rheumatism, and all other aches and pains. Every drop filled with utmost curative power and the remedy never fails to cure promptly and thoroughly. A big bottle costs but 25c. and can be had at Wade's only. Money back if not satisfactory.

Clean Clothes With Alcohol. Invaluable at home or away is a bottle of alcohol, a piece of blotting paper and a silk sponge for cleaning clothes. Says the Philadelphia Record: Spots appear on one's clothes sometimes in a most mysterious manner, and by placing the blotting paper underneath the spot, applying the blotter with the alcohol, the foreign matter is cleansed from the right side of the goods and absorbed on the blotting paper on the wrong side.

Ninety-Three Years in One Cottage. London, Sept. 8.—Mrs. Betty Brookes, who has lived ninety-three and a half years in the same cottage—it belongs to the East of Ellesmere—at Edgeland, Worsley, Manchester, says her keenest regret is that there was no compulsory education in her young days, and that she was never taught to read. She recalls, with a touch of pathos, that she was carried down a local coal mine to work eight-five years ago!

RED ROSE TEA

"What would the world be without tea? How did it exist? I am glad I was not here before tea." — Sydney Smith.

"IS GOOD TEA"

I wish you could pay a visit to the Red Rose Tea warehouse—the largest in Canada—and see for yourself the great skill and care that is given to the blending and packing of this famous Tea. The testing room and the packing room (where automatic electric machines, which seem almost human, are used would interest you greatly. If you ever visit St. John, it will be a pleasure to show you through; and after you see the care and cleanliness with which it is prepared, Red Rose Tea will taste even better than before.

The Blue Label is especially recommended. Prices, 25c., 30c., 35c., 40c., 50c., and 60c., in lead packets. Black, Green, and Mixed.

T. H. ESTABROOKS, St. John, N. B. Winnipeg, Toronto, Wellington, N. E.

Corticelli Skirt Protector

When soiled, a sponge or brush makes it clean again and no damage done.



Corticelli Home Needlework is a magazine that every lady should take. Issued 4 times a year, 96 pages beautifully illustrated, 50 cts per year. Write for sample sending 15 cents. Corticelli Silk Co., Ltd., St. John's, P. Q.

CONSTABLE'S BLUNDER.

A Remarkable Mistake made in England.

A remarkable police mistake was made at Sittingbourne, Kent, England. A. E. Wood, an urban councillor, was in a railway carriage occupied by a metropolitan police constable in charge of a prisoner. The constable had fallen asleep, and when the train reached Plaistow the prisoner tried to arouse the policeman, but finding he could not wake the officer, quietly made his escape. Mr. Wood awakened the constable, who, under the impression that his fellow traveller was the prisoner, seized him. Mr. Wood protested the situation. At the police station he only proved his innocence after considerable questioning, and finally by the calling in of an officer who knew and could recognize the real prisoner.

New French African Expedition.

Paris, Sept. 8.—It was officially announced, to-day, that Capt. Lefant, the French explorer, is about to leave on another expedition to West Africa in order to discover, if possible, a navigable waterway connecting Lake Chad with the coast of the Atlantic. In his former expedition of 1903-4, Capt. Lefant ascertained that a thorough waterway existed along the Niger, the Benue, the Mayo-Kebbi, the Logone, and the Shark, but he was unable to follow it from beginning to end by boat, as the Mayo-Kebbi was found to be obstructed by rapids, from which it was necessary to travel by land. His discovery, however, enabled the French government to establish the difficult and costly Congo-Ubangi-Ferté de Poiss route for conveying supplies to the troops on the lower Shari in favor of a route from Fercarols, at the mouth of the Niger, along that river, the Benue, and the Mayo-Kebbi, to Lere, from which points boats of burden are employed as far as Lake Tuberi, where the journey by water is resumed. The result of the expedition is awaited with a great deal of interest.

Money makes the mare go to grass if there is enough of it to pay for an automobile.

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The New Williams

REPRESENT THE LATEST SUCCESS IN SEWING MACHINE MANUFACTURE.

EXCELLENT WORK, ARTISTIC APPEARANCE AND ABSOLUTE DURABLE CONSTRUCTION.

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THE WILLIAMS MANUFACTURING CO. LIMITED, COMPANY OFFICES: MONTREAL, P. Q. TORONTO, LONDON, HAMILTON, OTTAWA, ST. JOHN, N. B. AGENTS WANTED EVERYWHERE.

LONG DISTANCE SINGLE BARREL SHOTGUN \$4.75

Send us \$1.00 deposit, state if the \$4.75 or \$5.75 gun is wanted. State gauge desired, and we will send the guaranteed long distance single barrel Shotgun C. G. 15, 17, express, subject to examination, you to pay the express agent the balance and express charges, after you find it perfectly satisfactory. This Fine Gun is made by expert gun makers, every part and piece fitted strong rigid frame built extra solid to withstand the use of any gauge. Latest improved lug snap and rebounding hammer. Best quality steel works, extra strong spring. We warrant stock heavy rubber butt plate, full pistol grip. Thoroughly tested for safety, precision and strength. For \$5.75 gun with label improved automatic shell ejector which throws shells out automatically, making it possible to reload in rapid succession. Order to-day or send spec. for our catalogue. Special Gun Catalogue single barrel shotguns at \$4.75 and up, and everything in rifle, revolver, ammunition, and sporting goods at T. W. BOYD & SON, 27 NOTRE DAME ST. W., MONTREAL, factory prices.

Breach loading made with finest crackle called steel barrel, taper chokes bored to any size from the muzzle and barrel for any gauge powder. Chamber of 12, 16 or 20 gauge, 20 inch barrel, and sporting goods at T. W. BOYD & SON, 27 NOTRE DAME ST. W., MONTREAL, factory prices.