The Watch-Dog in your Vest Pocket

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And \$200 per week might not pay for Juices with Food.

Yet "Cascaret Insurance" will cost you ess than Ten Cents a week. That gives you a "Vest Pocket" Box

the body undigested too long, till it decays.

It then supplies the poisons of decay to the system. In place of the nourishm is might have supplied.

lan't that a fremendous handlesp worth

What does it cost to Cure Consilpation sp, with their train of small at ills, and to insure against a

One 10 cent box of Cascarets per week, One candy tablet night and morning. aken regularly for a short time, is warion or Indigestion that walks the earth.

One tablet taken whenever you suspect you need it will insure you against 90 per ent of all other ills likely to attack you. Because 90 per cent of these ills begin

n't initale, nor upset your stomach. They stimulate the Bowel-Muscles contract and propel the Food naturally past the little valves that mix Digestiv

They strengthen these Bowel-Muscle The Bowel-Muscles can thus, is a short time, dispense with any Drug assistance

The time to take a Cascaret is the very ninute you suspect you need one. -When your Tongue is coated a little. -When your breath is not above

-When you have drunk more than was good for your digestion.

-When you have a touch of Heartor a Coming-on-Cold.

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WHAT WHIG CORRESPOND-

ENTS TELL US.

People Are Doing And What They Are Saying.

Lombardy Locals ames Trayner of Carleton. Corners, is the guest of Miss Iva Bryce. Mrs. T. McVesty and George Covell, of Perth, spent Sunday with their parents, Mr. and Mrs. Nelson Covell. Rev. F. G. Kirkpatrick is Cardinal. Miss Ella McGuire of Tole do, is visiting her sister, Mrs. Ed

Wilmur Waftings. ilmur, July 30 .- Miss Bertha Sear

Miss Lulu Freeman spent Sunday at Come to spend her vacation at Thom-N. Amey's; Mr. and Mrs. D. Smith, as Clark's. George Gray, Arden, called Vennachar Jottings.

Lansdowne, July 31,-The Hornerites Dr. E. La Fontaine, formerly a teach ville, N.Y., visited his old friends this week, who were very glad to see him.

Mrs. (Dr.) J. A. Bradley is recovering
from a severe illness. Mrs. John Tapping aged eighty years, died yesterday
in Moretown, at the residence of F. Modler. The agricultural society efecting a commodious grand stand or

Crozier's; Mr. Porter spent Sunday at

Sharpton Reports. Sharpton, July 30.—Hay is getting

Parham Personals.

Parham, July 30.— Farmers are about through haying. The rain of Sunday evening did considerable damage in beating down the grain. The young people of the Methodist church are contemplating forming an Epworth League here. Mrs. Connolly has moved into the parsonage Mrs. S. A. Frightened Horse.

Reity. T. Lawrence, Bath. spent Sunday, with his brother, E. Lawrence. Mrs. W. Harper, visiting friends in the excursion to Picton report a good time.

A Frightened Horse.

Godfrey, July 31.—The recent rains were very party and a spent Sunday. Parham Personals. moved into the parsonage. Mrs. S. A.

Crops At McLean. WARM SUBJECT

Ganada Life Assurance Co. Limited are looking fine since the heavy rains on Sunday night. Many of the young folks attend the shows held by Mr. Labelle, at Wagerville. Visitors: Mr. and Mrs. E. Peters, Wagerville, at J. Parker's, Mr. and Mrs. E. Peters, Wagerville, at J. Parker's, Mr. and Mrs. D. Kirk spent Sunday with friends at Parham; Mr. Sunday wi speak of coal buying and selling as a science, but that's what we've made it. Two important discoveries we have made are that complete satisfaction to our customers pays best, and that the way to win business is to deserve it.

I means that \$20.00 each year is added to your policy per \$1,000, fant son, Oscar, at A. Foster's, on Sunday: Mr. and Mrs. E. Brown and support the Reserves daughter, Mary, of Mountain Grove, with friends here. C. Brown and S. Rawley were to G. Sills', on Sunday.

L. Stafford, Montreal, at Maxwell Purdy's. Erederick Ferguson, Brock-ville, at David Ferguson's.

Point Road, Aug. 1.-The recent The Tidings From Various Points ing having, as soon as expected. A number from here attended the sports

in the city on Monday and report having a good time. Kenny Murray has engaged with J. Barrett for the harvest. Miss Gladys Ruttan will leave for Prince Edward on Saturday Road, Mrs. W. J. McKee, Toronto, i

Potato Rot Unknown, orly, July 30, The weather has The potato crop promises to be good, no report of any rot yet. The heart-felt sympathy of the people went out on hearing of the sad news of the drowning of Alexander Murdock at Parham. Mr. Murdock was well known in this locality. Sympathy is extended to his young wife, We were treated to a shower of rain on Sunday. Mrs. Marks who was ill is much improved.

Mississippi Matters. new organ from A. McLaren, Perth. good government rule must be

Salem Notes. Salem, July 31.—Farmers are nearly through having, and some have quite numerous on Wolfe lake, and sincerest sympathy. Five months ago some have been successful in securing he laid to rest his only child, a beausome fine fish. Some of the young tiful boy of eight months. On Thurs-

heavy rain of Sunday night was bad-ly needed as pasture land was drying pretty well cut; it is of good quality and a hig crop. The grain crop which is now fast ripening is even better than hay. On the whole the agricultural outlook is very fine. The flow of milk keeps up unusually well. The cheese business from a paying standpoint is a record breaker. Visitors: Miss Wood, Kingston, at E. Taylor's: Miss Jessie Moreland is visiting ber friends in Hartington; Mrs. A. Pateryon; the Misses Taylor with friends in the United States.

**Control of Sunday and was drying up. The heavy grain crops are badly longed and will be trying on maching up. The heavy grain crops are badly on missic constant with the recommendation in missic; congratulations, E. Lawrence spent Sunday afternoon, after which the remains were taken to Sand Hill. Miss Mary Sears, Watertown, N.Y., is paying her old friends a short visit. Miss Morm Elmer, Kingston, Mrs. P. J. Downey has disposed of her business at Almonte and has come to reside with her father, A. Ritchie, W. J. Arthur is recovering after a severe illimeter of the condition of the services of Frank Smith's infant child were conducted by Rev. S. Jeffrey in the Holiness Movement church, on Sunday afternoon, after which the remains were taken to Sand Hill. Miss Mary Sears, Watertown, N.Y., is paying her old friends a short visit. Miss Morm Elmer, Kingston, Mrs. P. J. Downey has disposed of her business at Almonte and has come to reside with her father, A. Ritchie, W. J. Arthur is recovering after a severe illimeter. son, with friends in the United States, Spaffordton, with her brother, P. A. Kelly, T. Lawrence, Bath, spent Sun-

Godfrey, July 31. The recent rains were very much needed for the pota-Conklin is moving to Westport. Mrs. C. Wagar and Mrs. W. D. Bertram, are off for a week's camping. W. D. Hertram, factory, throwing the driver off the wagar and benefit to crop. E. Campbell's horses took fright while coming from the cheese factory, throwing the driver off the Bu-ju" stimulates and number from here intend attending the ber from here intend taking in the cirstrengthens the weakened, circus in Kingston, next week. Mrs. C. D. Godfrey is visiting friends in Toronto. Mr. and Mrs. Ritchie, Mountain Grove, are visiting at A. Howes'.

Indinder from here intend attending the circus on the 7th. The feldspar mines will shut down for the day. G. W. Giles is seriously ill. Rosalie Flynn is improving after several weeks of illimproving after several weeks of ill-ness. A. Beattie has gone to Renfrew Junction, to take charge of the McLean, July 31.—Some of the farm-ers have finished cutting their timo-where she underwent an operation. thy, while others have only just start.

ed. The timothy hay is reported to Toronto, after visiting friends here.

Mountain Grove Notes. Mountain Grove, July 80.-Farmers are very busy having. The ice cream social on Wednesday evening at Mr. And soon to soon around the sumper.

Murvale Matters.

Murvale Mat

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serious illness. Invitations are out for the wedding of a popular young

Campers vs. Farm Hands. Farmers here are nearly through with haying which is a good crop. Grain on friends on Sunday. John Gorden is ripening up fast. Farm help is very of Sydenham, at H. Amey's; Miss Ma-bel Orser spent Sunday at home. has purchased a new organ. Miss Ethel Elliott is improving in health. and shady shores. James Moaney has Vennachar Jottings.

Vennachar July 30.—George Johnston, stage driver, is doing a good business with his stage, especially from this trading post. A gloom was from this trading post. A gloom was rush. Mrs. F. Clark city and Mrs. wood last week. Mrs. M. J. Speagle, wood last week. cast over this place on the 26th, when it was fearned by a message from Kingston General Hospital of the Lorentz Loren Kingston General Hospital of the death of Alfred Bebee, farmer. The body was brought home for burial. Mr. and Mrs. Harry Snider are visiting at Arthur Crankshaw's, Denbigh. George Gregg made a business trip to Lavant last week. Mrs. John Gregg, who has been on the sick list, is able to be around again.

J. D. Allan's for past week. The Minton is to hall service for Sunday evening next has been transferred to Lake Dalhousie camp. Mrs. H. McKinnon is visiting her daughter in the city. Mr. and Mrs. M. G. Storms returned Saturday after a ten days' holiday at Wilton. Miss Annie Scott has returned from Kingston, where she has been for past two months, under treatment at hospital. The Barnum & Bailey circus McGlade and Henry Alore have each hospital. The Barnum & Bailey circus McGlade and Henry Alore have each next week, is the pocket feeling question of the day. Many are intending to indulge in the day's sights. Thomas Erwin has made the purchase of a Rideau is very brisk this season, the

couple of this place on August 8th.

Inverary Items. Inverary, July 30.—The many friends some fine fish. Some of the young people spent a very enjoyable even ing at Mr. Jones' cottage, "Clear-view," and were pleasantly entertained by Mr. and Mrs. Mendals. W. Taggart and Miss Blanche Sanders and are in the midst of haying. A number from here enjoyed the trip to St. Anne de Beaupre. A very enjoyable time was spent at the home of C. Thompson on Wednesday evening. Miss. Manulville, of Descronto, is the guest of her sister, Mrs. E. Goulden. Other visitors: Miss Ritchie, H. Mustard and E. McAllister at J. Hartman's; J. Scanlan, at E. McCann's; A. Barr and J. Cook at Mrs. T. Crozier's; Mr. Porter spent Sunday at C. Stinson's. mains to Latimer where they were in-She made many warm friends, with her young husband mourn the age of twenty-nine. The funeral services of Frank Smith's infant child

> September. Now hath the summer reached her golden And lost amid her cornfields, bright of Scarcely perceives from her divine repose How near, how swift, the inevitable Still, still, she smiles, though from her her careless feet
> The bounty and the fruitful strength And through the soft long wondering The silent sere decadence, sad and sweet. Where the tilled earth, with all its fields Naked and yellow from the harvest By many a loft and husv granary

There the tanned farmers labor without Till twilight deepens round the spouting mill.
Feeding the Joosened sheaves, or fierce will Pitching waist-deep upon the dusty

In far-off russet cornfields, where the dry Gray shocks stand peaked and wetherthe rough earth, the orange pump-Stand pensively about in companies: While all around them form the mo The long, clean shadows sleep without a

Thus without grief the golden days go So soft we scarcely notice how the



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