

### For a Good Complexion

OR Clear Eyes  
—Sweet Breath  
—Clean Tongue  
—Calm Nerves  
—Good Temper and  
—Peace

Eat a Cascaret whenever you suspect you need it. Carry a little 10c Emergency box constantly with you, in your Purse or Pocket.

When do you need one?

—When your Tongue is coated  
—When you have Heartburn, Belching, Acid Ristings in Throat.  
—When Pimples begin to peep out.  
—When your stomach Gnares and Burns.  
That's the time to check coming Constipation, Indigestion and Dyspepsia. That's the time to take a Cascaret.

One candy tablet night and morning, taken regularly for a short time, is warranted to cure the worst case of Constipation or Indigestion that walks the earth.

One tablet taken whenever you suspect you need it will insure you against 90 per cent of all other ills likely to attack you. Because 90 per cent of these ills begin in the Bowels, or exist through poor Nutrition.

Cascarets don't purge, don't weaken, don't irritate, nor upset your stomach. They don't act like "Physic" that flush out the Bowels with a waste of precious Digestive Juice needed for tomorrow's Bowel-work.

No, they act like Exercise, on the Bowels, instead.

They stimulate the Bowel Muscles to contract and propel the Food naturally past the little valves that mix Digestive Juices with Food.

They strengthen these Bowel-Muscles by exercising them.

This stronger action, producing greater nutrition from food, brings back to the Bowel-Muscles great strength for self-operation.

The Bowel-Muscles can thus, in a short time, dispense with any Drug assistance whatever.

Cascarets are safe to take as often as you need them, while pleasant to eat as Candy.

Then carry the little ten-cent box constantly with you in your purse, and take a Cascaret whenever you suspect you need it.

One Cascaret at a time will promptly cleanse a foul Breath, or Coated Tongue.

A thousand dollars a year spent in amusements could not buy for you half so much hearty Happiness, solid Comfort, Cheerful Temper and Health Insurance, as that little ten-cent "Vest Pocket" Box of Cascarets will bring you.

All druggists sell them—over ten million boxes a year, for six years past.

Be very careful to get the genuine, made only by the Sterling Remedy Company and never sold in bulk. Every tablet stamped "CCC."

A sample and the famous booklet, "Curse of Constipation," Free for the asking. Address Sterling Remedy Company, Chicago or New York.

### Two Good Things to Take

A holiday and FERROL, both if possible, but if you cannot take a holiday you can at least take FERROL and that is by far the more important.

If you are overworked, fagged and generally run down a holiday will, no doubt, afford temporary relief. In like case

### FERROL

will effect a permanent cure and restore normal conditions. A holiday is good, FERROL is better; the two taken together are simply irresistible. FERROL, being a scientifically prepared combination of Oil with Iron and Phosphorus, supplies everything that is needed to restore lost weight, renew flagging vim and energy and build up the system generally. Everyone can take FERROL in summer as well as in winter and it never disappoints.

FERROL is not a patent mystery. The formula is freely published. It is prescribed by the best Physicians. It is endorsed by the most eminent Medical Journals. It is used in prominent Hospitals, Sanitariums, etc.

Geo. W. Mahood  
Cor. Baggot and Princess Streets.

**Minerva White-wear**

is as durable and economical as it is fine and pretty.

Cut generously and made with the greatest care. Every seam is double-sewn.

Look for the label, "MINERVA"

And do not be persuaded into taking anything inferior.

With Minerva White-wear, you need not fear the laundry.

If your dealer can't supply you, write us and we will tell you who can.

The Minerva Mfg. Co., Limited  
TORONTO, CANADA

261 PRINCESS ST.  
**American Ladies' Tailoring Co.**  
Successors to Parisian Ladies' Tailoring Co.  
**IS NOW OPEN**

They are prepared to receive orders for all kinds of Ladies' Garments and Dressmaking. Customers may supply own goods or purchase from the company. Money returned if work is not satisfactory. Phone, 556.

### THINGS THEATRICAL

#### MARTIN HARVEY IN "THE RIGHT OF WAY."

Theatre in New York Over a Tunnel—Stranding of the Nelson Comic Opera Company in Australia.

It is that De Wolf Hopper will become a Charles Frohman star next March.

Vincent Serrano will play the principal male part in "Louis Evan Shipman's" comedy "On Parade."

Eugene Cowley will have the part of a Southern Senator, with Marie Cahill, next season, in "Marrying Mary."

Eugenie Blair will be seen next season in "The Woman in the Case," in which Blanche Walsh starred last season.

Arnold Daly may produce Bernard Shaw's "Mrs. Warren's Profession" in New York, without let or hindrance if he so desires.

Melbourne MacDowell has been engaged to play Javart, the detective with Wilton Lackaye, in "The Law and the Man."

Allied Sattor, who wrote "The Walls of Jericho," and "The Fascinating Mr. Vanderveldt," is to write a play for Marie Tempest.

Henry Kolker, who last year was in the support of Bertha Kalich, in "Monna Vanna" will have an important role in her new play.

Charles Frohman has acquired the American rights of "The Dairy Maid," a musical comedy recently running in London. Many of the English company will be in the New York cast.

John Hare, the English actor, will appear as Napoleon in the London production of "La Belle Marsellaise" the play in which Virginia Harned failed to score in New York, last season.

James Young, who will be remembered here as a member of Viola Allen's company, will play Oberon next season.



Among the wedding gifts to Queen Ena of Spain was a handsome Egyptian gazelle hound (Sighth), presented by the King of the Belgians. The number of these dogs at the wedding was 100. They are quite rare and, on account of their great alertness and great attention wherever they are exhibited.

season, in the production of "A Midsummer Night's Dream," in which Edward A. Braden to create the part of Puck. The play, which will be adapted by Louis H. Parker, will be called "The Lady of Dreams." The first production will be at the Liberty theatre, New York, in January.

Fred Terry and Julia Neilson have secured for presentation in London, next season, the comic comedy, entitled "Matt of Merrymonth," by Beulah Mary Dix and Mrs. Evelyn G. Sutherland, of Boston, who write under the pseudonym of "John Rutherford."

Leonard Shepherd, who appeared with Bertha Kalich as Trivulzio in "Monna Vanna," and also in "Therese Raquin" in New York, has been engaged by Harrison Grey Fiske for the Manhattan theatre, New York, when the Pennsylvania railroad tunnel is finished. The owners of the plot have found that a theatre can be built over the tunnel, with entrances from both street and tunnel.

"A Midsummer's Eve," by Evelyn Greenleaf Sutherland, will be one of the new dramas produced by the Messrs. Shubert, the coming season. Another of Mrs. Sutherland's plays, "Young Fernald," will probably be in Margaret Anglin's repertoire. This clever actress will not confine herself to any one play next season.

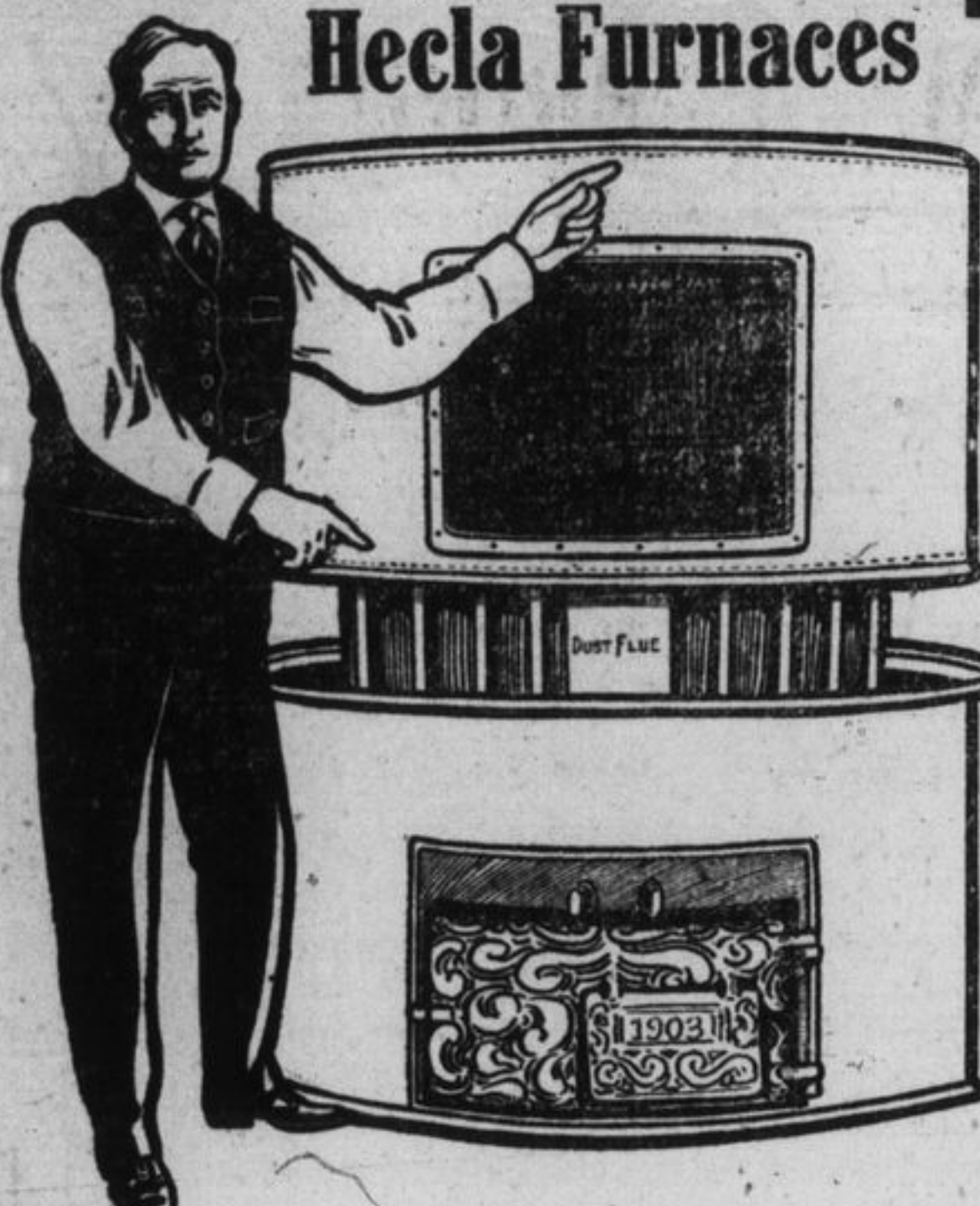
Beecham Tree has decided to withdraw Michael Morton's "Colonel Newcomb"—the American rights of which have been secured by E. S. Fiske—as he is closing his theatre for the season, but there is more than a chance that it will be put on again in the fall either before or after Mr. Tree's revised revival of "Macbeth."

Sarah Cavell Le Moine, will venture forth as a star once again. She will appear under the Shubert management next fall in Browning's "Pippa Passes." Preparations are being made for the London production of Charles Henry Meltzer's historical play, "The First Duchess of Marlborough." Mrs. Le Moine tried the piece on this side, with indifferent success, some seasons ago.

The Bea Great company ended its fourth American season at Morristown, N.J., on June 29th, and the members sailed for London. After a three months' vacation the company will re-assemble in New York, and start on a tour of the south. To last season's repertoire will be added "Henry IV," "All's Well That Ends Well," "Romeo and Juliet," "Othello," and a play of modern life, to be produced in New York.

Martin Harvey has been engaged by Lishke and company to star in "The Right of Way." It was originally intended that Kyrle Bellew should appear in the dramatization of the Parker romance. It will be recalled that Mr. Harvey made his first American appearance some seasons ago, in "The Only Way." However, the piece did not appeal previously by

### Hecla Furnaces



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**They Mean no Trouble.**—Furnaces, put together with bolts and cement, come apart. Bolts loosen—cement drops out—leaving holes that can only be closed by calling in the furnace man. "HECLA" Fused Joints are tight for all time.

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Now, don't these FUSED JOINTS mean a lot to you? Don't they mean so much that you are going to investigate them thoroughly?

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PRESTON, ONT.

### CHAMBERLAIN KEEPS DIARY

Of Movements of King of Cambodia.

Paris, July 28.—The chamberlain of the King of Cambodia, whose tour in France has been causing no small stir, has been writing a careful diary for publication when the royal party returns to Pnompenh, the capital of Cambodia.

By the help of an interpreter several extracts have been translated, which show how strangely modern life impresses the mind of a visitor from so distant a land.

"The French people," writes the lord chamberlain, "talk a great deal, and talk together, and women interrupt their husbands without fear of punishment. Very little respect is shown to people in high places, and even servants speak to them without prostrating themselves. But most people are rude in France, and the rudest are the men who make pictures. Many of these persons have not even refrained from threatening the sacred dancers of the king with the machines they carry in boxes."

"The French wear far too many clothes, and they are worn all day long. Many wear numbers of unnecessary garments, especially the women. The women do not wear 'santopots' (trousers), but instead wear many superfluous yards of different colored materials, placed one on top of the other, and the husbands encase the bodies of their wives in cuirasses worn underneath the dresses."

"Men and women meet together in large companies, and quite without shame. They pray little, or not at all, but their temples are magnificent and built of stone."

### WITH LITTLE CAPITAL.

Mines Developed By Men of Limited Means.

Many of the great mines of the west were developed by men who had comparatively little capital. The Aspen, which has yielded about \$23,000,000, was its fortunate lessee \$467,000 in forty-five days. He had spent only \$50,000 in opening it. The Hecla, of Burke, Idaho, was opened by six dairymen, who a few weeks ago refused \$2,670,000 for it. Ex-Senator Thomas Kearns, general manager of the Silver King, which has paid \$10,505,000 in dividends, says that it cost \$55,000 to put the property on a paying basis. He and his partners had nothing but their wages and savings from them when they began to develop the mine.

### I live and let my brethren live

With all that's good to me; Unto the poor some cash I give— The balance I give Rocky Mountain Ten.

Somehow the neighbors always think the sad look on a married woman's face is due to the actions of her husband.

People who borrow trouble always are anxious to circulate it.

**NESTLE'S FOOD**

Always the Same.

Nestlé's Food is always the same, whether you buy it in Canada or China.

Nestlé's never varies day or night—summer or winter. You can't always get milk from the same cow. A change of milk often means serious illness for baby.

You can get Nestlé's Food in every part of the globe.

THE LEXINGTON MILK CO., LIMITED, MONTREAL.

### SMUGS SOCIETY SMOB.

Mrs. John Burns Returns Gushing Invitation to Ball.

London, July 28.—The wife of John Burns, the cabinet minister and erstwhile labor man, does not go out very much in the higher society of town, though she has been to the drawing-rooms at Buckingham palace several times, and occasionally attends political receptions and dinner parties.

The other day Lady Hindlip, who is doing considerable political entertaining, was giving a ball. She had not called on Mrs. Burns, and yet it was her duty to "invite" her. So the duchess wrote rather a gushing note to Mrs. Burns, including a card to the ball, and begging her to forgive the fact of her not having called, but "Governor square was so far away from Battersea."

Mrs. Burns wrote a reply immediately, declining the invitation, and giving the excuse that "Battersea is just as far away from Grosvenor square as the square is from Battersea."

### NEW "SIAMESE TWINS"

One of United Sisters is Sky and Other Bold.

Vienna, July 28.—A pair of "Siamese" twin sisters from Bohemia, who although of totally different temperaments—one being shy, the other merry and outspoken—live very happily together, will shortly appear here.

The twins have separate pulses and constitutions, and if one is ill the other does not necessarily suffer. They sleep well, one lying on her right side the other on the left.

The girls are well educated, speaking French, English, and German, and playing the violin and the zither. They are to be examined under the X-rays by Prof. Schroeter, in order to determine whether there is any danger in an operation to separate them.

The number of strikes in this country fell from 648 in 1900 to 351 in 1904.

### WHAT Fruit-a-tives

Fruit-a-tives are the marvelous medicine. They have accomplished cures—done more good people than any other medicine introduced in Canada for the last 50 years.

Fruit-a-tives are fruit juice nature's cure for

- CONSTIPATION
- BILIOUSNESS
- BAD STOMACH
- DYSPEPSIA
- HEADACHES
- IMPURE BLOOD
- SKIN DISEASES
- KIDNEY TROUBLE
- RHEUMATISM
- BRITANNIA

Fruit-a-tives are the juice of oranges, figs and prunes, are concentrated—and, by process, the juices are combined in a peculiar manner. This new fresh juice—yet so perfect that Fruit-a-tives act on the system in truth a medicinal medicinal stronger than known fruit.

To this combination of tonics and internal antiseptics and the whole made into a palatable beverage.

These are Fruit-a-tives where for 50c a box or 6 boxes FRUIT-A-TIVES LIMITED

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As there has not been beautiful snow this season be more used. If you Wagon or Buggy of it will be to your interest

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The Carriage

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'ADAMANT' Wagon Ready for use by Put up in bags, 10

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Room From \$1.00 OPPOSITE GRAND CE N.E.W.Y. Baggage Towel and

an excellent guide-book and map out on receipt of two cents in postage

It sometimes happens character baskets in popularity.

**\$1.00 One Dollar \$1.00**

It will pay you to look in our ONE DOLLAR WINDOW on Friday and Saturday, as we are clearing out a lot of broken sizes in

### WOMEN'S, GIRLS' AND CHILDREN'S SUMMER SHOES

These goods were sold at higher prices than One Dollar, but you will be convinced you are getting a Bargain if you will see these goods.

These Shoes will only be on sale Friday and Saturday For \$1.00

### Abernethy's Shoe Store

For the Summer Season!

Refrigerators, Ice Cream Freezers, Lawn Mowers, Garden Hose. Window Screens, Screen Doors, Gas Stoves, Wickless Coal Oil Stoves and Ovens.

We carry a large assortment of the above articles at reasonable prices. Inspect our stock before purchasing elsewhere.

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