

THOUSANDS OF FAIR WOMEN HERALD PRAISES OF PE-RU-NA.

Catarrh and Catarrhal Diseases Make Invalids of More Women Than All Other Ailments Combined.



Consider Pe-ru-na the Best Medicine in the World. Mrs. W. J. Bryanton, 210 Sherman street, Des Moines, Ohio, writes: "I followed the directions you kindly gave me and now I find myself entirely cured. I think your Pe-ru-na is the best medicine in the world."

Permanent Benefit Followed Use of Pe-ru-na. Miss May Cray, 147 11th street, Brooklyn, N. Y., writes: "For more than five years I suffered from rheumatic pains in my joints, and in damp or stormy weather I was obliged to stay in doors."

Pe-ru-na Used For Throat Trouble. Keeps the Remedy at Hand. Mrs. J. A. Baker, 280 Locust avenue, Amherst, N. Y., writes: "I feel it my duty to write and tell you what Pe-ru-na has done for me, so that all those who are troubled as I was may find the same speedy cure."

A HORRID CRIME WOMEN IN COMPACT TO KILL A MAN.

One of Them Was Her Sister and She Shot Him in Another Brother's Presence. Seattle, Wash., July 14.—Ester Mitchell, who shot and killed her brother, George Mitchell, in the Union station, made public a statement in which she describes the murder as a deliberately planned. George Mitchell had recently been acquitted of the murder of Franz Edmund Creffield, a "Holy Roller" prophet, on the plea of insanity.

THE ONLY SURVIVORS OF the Great Custer's Brave Battalion.



New York, July 14.—Sergeant John Martin, of Brooklyn, and Sergeant Thos. W. Harrison, of Philadelphia, are the only survivors of Gen. Custer's battalion, which was annihilated, thirty years ago, in the battle of the Little Big Horn.

A BOAT SCUTTLED! WATERTOWN MAN'S BOAT FOUND NEAR MASSENA.

Was Stolen Last Fall—Machinery, and Metal Parts Had Been Carried Away and the Craft Was Then Sunk—Reward for Arrest of Guilty Parties. Watertown, N. Y., July 14.—E. F. Sargent, of Watertown, who spends his summers at this resort, some time ago found his beautiful yacht at the bottom of the intake near Massena and now seeks to discover the parties responsible for the work by offering a reward for information leading to their arrest.

LATE SOCIAL NOTES.

Mrs. T. M. Fenwick and Miss Florence Fenwick returned, last night, after two weeks' stay in Quebec. Miss Mabel and Miss Mary Johnson, Ottawa, are visiting Miss Irene Milne, University avenue.

Mrs. Ethel Wilcox, of Oswego, is the guest of Mrs. Henry Wade. Mrs. A. C. Johnson and son arrived this afternoon from Montreal, on a visit to Mrs. Johnson's parents, Mr. and Mrs. William Bailey, Barrie street.

SLAIN BY ANARCHIST.

Victim of Crime, With No Apparent Motive. Rome, July 14.—A terrible crime was committed here by an anarchist named Augusto Desantis, Don Antonio Cori, chaplain to Prince Doria, was driving in an open car to the Villa Doria, on the Janiculum, when Desantis sprang on to the step and plunged a long dagger again and again into Cori's breast.

HAS TWO FAMILIES.

Admitted the Charges About the Matter. Napanee, Ont., July 14.—William J. Cronk, was arrested and brought before Police Magistrate Hamilton on Thursday morning to answer to a charge of assault on his sister-in-law. He was given two months in jail at hard labor without fine, for the purpose of giving the authorities time to consider the matter.

BOOMING MANCHURIA.

Japs and Russians Vie with Each Other. London, July 14.—The Daily Telegraph's correspondent at Tokio reports that the Chinese minister at St. Petersburg has telegraphed to Peking, that Russia has decided to double the section of the Chinese eastern railway and expand all its branches, at an estimated cost of \$10,000,000, to be raised by the issue of domestic bonds.

AGRICULTURALIST SEAD.

William Dawson, of Victoria, Ont., Passed Away. Victoria, Ont., July 14.—William Dawson, Sr., of this place died suddenly last night aged seventy-eight. Mr. Dawson was one of the most widely known men in this section, having been reeve of Charlotteville, for many years, also city councillor, and for one term warden of Norfolk county. He was widely known in agricultural circles, and also as a breeder of short-horn cattle and other thoroughbred stock, being often called on by a judge of cattle at exhibitions throughout the province.

Assayed at Kingston.

William Miller, of Renfrew, struck something good in the Cobalt district. An assay gave 2 2-10 ounces of silver to the ton. The spot was then further tested; and they got what was gold-bearing quartz. A Haileybury assayer gave the astonishing report of \$19,004.20 of gold to the ton! This, it was felt, was too good to be true. So eight pounds was taken out of the vein, and Mr. Miller personally brought it to be assayed at Kingston. The report was 42 1-2 ounces of gold and 16 ounces of silver to the ton, which means \$50 of gold to the ton.

Brook Street Methodist Church.

Brook Street Methodist Church—Services, 11 a.m. and 7 p.m. Sunday school, 3 p.m. The pastor, Rev. Dr. Eby, preaches morning and evening. A hearty welcome for all.

Walks And Crossings.

It is just two months ago to-day, since the season's walk and crossing construction was begun. In that time, two miles and one-tenth of concrete walks, and fifty asphalt crossings have been laid.

Buy talcum powder at Gibson's Red Cross Drug Store.

New neckwear at Bibby's.

MEN PAY WHEN CURED

Dr. Hugo's Health Tablets. The most men have been cured out of their long-suffering by Dr. Hugo's Health Tablets, which are a scientific preparation of the most potent and purest medicines. They are a scientific preparation of the most potent and purest medicines. They are a scientific preparation of the most potent and purest medicines.

Women Here is Good Proof that Dr. Hugo's Health Tablets Make Healthy Women.

Here is a testimonial, wholly unolicited, which proves that Dr. Hugo's Health Tablets for Women will make healthy women even after physicians and other remedies have failed. Mrs. McDonald consents to its publication.

E. N. Robinson & Co., Coaticook, Gentlemen—I can testify to the truth of the statement concerning Dr. Hugo's Health Tablets for Women. They make healthy women.

I was in a run-down condition, felt tired, irritable and all out of sorts. Was just able to drag myself about from day to day. I had not much faith in the efficacy of ordinary remedies to help me, for I had tried them. I went therefore to a leading physician of Montreal. He evidently did not know what I especially needed, for his medicine did me little good. I then went to another physician. He gave me a liquid prescription, which made me feel better while I was taking it, but worse when I stopped. Then a friend, who had proved their worth, recommended Dr. Hugo's Health Tablets. I tried them and found they contained just what a run-down woman needs. Again your statement proved true. Improvement was noticed the first week. They increased my appetite and helped digestion. I forgot that I had any nerves. I began to sleep well nights and got up in the morning with the feeling of good and ready for the day's duties. In fact, they did for me just what you claim they will do for women in your advertisements, and best of all I continued feeling well after I stopped taking the tablets.

MRS. D. McDONALD, 12 Outremont Terrace, Annex, Montreal.

These tablets will do for any run-down women just what they did for Mrs. McDonald. They are doing it for women every day. Just buy one box and watch the improvement in a few weeks. Each box 50c, at dealers or by mail postpaid. E. N. Robinson & Co., Coaticook, Que.

THIRD ANNUAL EXCURSION

Montreal and Ottawa

"ALL BY DAYLIGHT" POP STEAMER "ALETHA"

Comfortably fitted for this trip, with easy chairs, etc.

Going Thursday, August 2nd Returning Tuesday, August 7th

From Trenton, Belleville, and Bay of Quinte ports, Kingston and Brockville. Via St. Lawrence River (through American Channel of 1,000 Islands and running all the rapids), Ottawa River and Rideau Falls.

Which includes meals on board the boat and hotel accommodation over night at Opekaucan, Montreal, Ottawa (2 nights), and Smith's Falls. Giving half a day and evening in Montreal, Saturday evening and Sunday in Ottawa.

At a meeting of the provincial cabinet it was decided to establish normal schools at Peterboro, Stratford, Hamilton and North Bay.

Sunlight Soap is better than other soaps, but is best when used in the Sunlight way. Buy Sunlight Soap and follow directions. Try Bibby's for cutting clothes.

JULY WHITEWEAR SALE

BROKEN LOTS—The result of unusually busy white-wear selling of the past few weeks. One size in each has been completely sold out—some times two. These desirable price-reductions:

SPENCE'S The Leading Millinery and Mantle Store

HOW TO REDUCE FLESH.

Increase Your Lung Capacity the First Thing. To increase the lung capacity is the first step in the reduction of flesh, says the Outlook Magazine. For this purpose running is, I think, superior to any other exercise. Boxing and hand ball are also excellent for the "wind." And these exercises will do more than increase the respiratory functions; they will greatly stimulate the circulation as well as all the secretory and excretory processes. What leg exercises will not do, however, is to oxidize, to any great extent, the soft tissues of the trunk and arms. True, by stimulating the organs of elimination, and by increasing lung capacity, leg exercises will oxidize upper tissues somewhat; but when fat is not reduced by muscle, it has a strong tendency to reform. A bad effect of leg exercises exclusively is that they draw a major part of the blood, rich in oxygen, to the lower limbs, whereas if vigorous arm and trunk exercises, much blood would be attracted also to the upper parts, which would then be oxidized to the best advantage, their lost fat being at the same time replaced by solid tissue, and hence, having little tendency to reform. Running, therefore, splendid exercise though it is, should be supplemented by vigorous "upper" exercises. By vigorous upper exercises I do not mean calisthenics nor any kind of so-called light exercises; I mean reasonably hard work.

NEW AMERICAN INDUSTRY.

Silk Manufacture is Developing. The prime industry of raw silk production gives promise of developing into sturdy and vigorous manhood, even though protective duties and the aid of state or national bounties be denied it, says the Technical World Magazine. The father of the movement to establish sericulture as a permanent and profitable branch of American industry, is Louis Borris Magid, a German by birth, an Italian by descent, and an American by adoption. At Tallulah Falls, Georgia, he owns 3,500 acres of land, on which he has planted more than 200,000 mulberry trees, now from three to five years old, and designed for the feeding of millions of silk worms. The land will be subdivided into many small farms and leased or sold to persons willing to engage in silk culture. Mr. Magid has proven that silk can be produced as cheaply in America as in any other country, and that the 800,000,000 or more expended annually for foreign silks might just as well be kept at home for the benefit of American farmers, workmen and manufacturers.

Get The Habit.

Of taking the North King or Caspian among the Thousand Islands—the steamers by the best Service up-date.

Campbell Bros. For truly Warner straw hats, Sale of underwear at Bibby's. Perfectly delicious, the ice cream at Gibson's Red Cross Drug Store. Order by mail at Mealey's book store. Try Bibby's shirt.

A CITY TO ORDER

Transformation Decried by Steel Magnates. Twenty miles southeast of Chicago, a sleepy river winds through tall rank grasses and empties into Lake Michigan, writes Dr. Hoops in Technical Magazine. The straggling oaks and stunted bushes which somehow keep alive in the shifting sand, only serve to emphasize the barren waste. Cacti, natives of southern deserts, here flourish in abundance. Hot winds blow the sand into ever-changing bill-locks, and the lake lies hot and piercing in the glaring sun. The river—"Grand Calumet," so-called—is but a tiny stream, so stagnant in places that its current and the marsh can hardly be distinguished.

Three years hence the traveller along these shores will be greeted by the busy din of the city. The whole face of nature has been changed. The outline of the coast is now symmetrical. As he approaches the river, a great harbor meets his gaze. The largest steamers can now navigate the river, and an ideal haven is afforded the huge freighters which ply between Lake Superior and this new city. A confusion of clanging metal, the roar of steamers, the whirring of the traveller's attention toward the sand hills where great black clouds of heavy smoke, hanging above leaping flames and glaring transformation from desert quiet to every-day industry. The largest steel mills of the world here give employment to 15,000 workmen. Two square miles are filled with noisy mills and belching furnaces. The magnitude of the great plant that this transformation shall take place, has been decreed by the directors of the United States Steel Corporation. They have bought 6,000 acres of land on the Grand Calumet river, drawn up the plans for the new steel plant and city, and have made possible this, the greatest industrial project of all time, by voting \$75,000,000.

LIVED ON BREAD AND MILK.

Woman Dead at 105—Well Preserved Body. New York, July 14.—When the autopsy was held on the body of Mrs. Mary Fay, who died at the city almshouse at the age of 105, it was found the body was as well nourished and preserved as that of a woman of thirty years of age. All her teeth were sound. Mrs. Fay lived for forty years exclusively on a diet of bread and milk which is said to account for the woman's excellent physical condition.

Tallest Officer Retires.

Major Oswald Ames, who was the tallest officer in the British army, has retired after twenty-two years' service in the Second Life Guards. He stands six feet eight inches in his stockings. Col. C. Anstruther Thompson of the same regiment is six feet six inches tall.

A young woman.

Place under suspicion of having abandoned the two-month-old female child found beside the railway track in this yard here.

A fresh supply of ladies' white canvas Blucher cut Oxford, leather heels, \$1.50 a pair, at The Lockett shoe store.

County Constable Wilbert I. Mallory, Mulbarton, has his pocket picked in Brockville of a wallet containing \$35. Sale of soft shirts at Bibby's.

Colgate's violet toilet water, 25c. Gibson's Red Cross Toilet Store.

from quart bottles of... send a silk watch fob... LIMITED, Montreal... BBY CO. way? cool summer has... bought a lot of... we can fit you out... \$7.50 and \$8.50... \$1.25 Negligee... brings great... Serge Suits... more comfortable... tell you about in an... BY CO. SALE... JOHNSTON'S... Ladies' Summer Vests, 3... neck, sleeves with... and drab ribbons on... fine Egyptian white... regular 25c. and 25c... evening... 15c. each... DIES' SKIRTS... Tweed Skirts for \$2.40... Dark Grey Mixture, made... and strappings, splendid... Sale price... \$2.49... Ladies' TIES, 25c... of our whole stock—the... of the largest firms of... four-in-hand and puff ties... 50c. Your choice... 25c. each... we cannot describe... Wellington Street... McNabb of Orillia, are... few days with relatives in... FACTORS FAIL... Firm Disappears—Disinc... \$145,000... July 14.—Alexander &... of the assets of the firm... amounting \$200,000, while... of T. W. Alexander... by T. W. Alexander he... alone is responsible;... her knowledge of the... of the business and had... with it... ginal Corn Cure... he ever been devised... quick, painless results of... Extractor. For Fifty... has been unequalled... through cure use Fut... it, Tweed, has been ap... of the fourth division... county, vice C. J... for fancy hosiery.