

There isn't Anything Half so Refreshing in the afternoon as a cup or two of

Blue Ribbon Tea

It makes the day seem shorter and work lighter. Black, green, mixed—25c. to \$1 a lb.—All grocers.

EDUCATIONAL.

ATTEND THE BEST

Amplify young men and women who are contemplating a Commercial Education at Sherburne, Tyrone, Rock...

Frontenac Business College Kingston, Ontario. The best equipped and most up-to-date business training institution in Eastern Ontario.

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Man Makes Unique Wager With Rich Uncle. Chicago, July 14.—Nelson Barnes, well known young business man, is trying to quit cigarette smoking...

Give The Boy A Dog's Chance. Conville, Kan., August. If a man had a \$10 pin he would look after it carefully and not let it fall all over town...

Collars, in the 35c. and up. A big pile of the simple real values are far other store in

DAY. es on White- ds. Also the ur Summer ls to clear at

Told in the Twilight

Really the nicest place in town for a garden party, a verandah too is "Maidland House," with its sloping lawn, shut in by high stone walls, its grand old oaks, and its outlook on the river flowing by...

Refuses Solid Food. Boy of Six Thrives on Strange Diet. Cardiff, July 14.—There is a boy living at Penarth, Glamorgan, who has existed entirely on milk since his birth, six years ago.

Merely an Old Woman. Social Position Didn't Affect Her Digestive Powers. A famous American physician was summoned to the bedside of an elderly grande dame, of distinguished name...

Afternoon Frolic of Bats. Tucks, laces and ribbons have always found favor with the mothers in the "little maid's" afternoon frocks...

Chafing and Skin Irritation. Your family doctor will explain to you, if you ask him, the mission of the pores of the skin, and will tell you of the dangers of using pore-clogging powders for the cheeks and ir-

Had the Wrong Ticket. And So Had Man Who Told Conductor. Tristan Bernard, the dramatist and humorist, cannot let pass an opportunity of having a joke.

Relative Nourishment. Bear in mind that a pound of lean beef and a quart of milk contain about the same amount of nourishment, but the meat, although it costs more, is more valuable for food, as it contains the nutrients in more suitable proportion.

Rest For The Hurried Man. Chicago Record-Herald. He hurried when he ate his meals. He hurried when he combed his hair. He hurried when the days were dark.

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THE PEOPLE'S FORUM

HELP WANTED - MALE. TWO LABORERS, STEADY WORK. Apply J. A. Swift & Co. A MAN-SERVANT, MUST UNDER-stand care of horses and flowers...

HELP WANTED - FEMALE. HOUSEMAID, APPLY Mrs. W. Leslie, 57 George street. A BIRING ROOM GIRL, AND kitchen girl, Apply Iroquois Hotel...

HELP WANTED - FEMALE. A GOOD GENERAL SERVANT, APPLY Mrs. A. M. Brown, 125 University Avenue. A YOUNG GIRL, TO TAKE CARE OF a child, during the day, Apply to St. Union street, West.

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