

# Teaching Children to Play.

## An Important New Function of New York Schools



A Class in Handball

Teaching public school girls to play is the sole aim of a New York organization, officered by altruistic women.

No matter what her conditions in life, the average girl is more or less ignorant of methods of play suitable to her sex, it is asserted. The only games of consequence she attempts are imitations of the games played by boys, which, for many reasons, are not suitable to her.

It is the object of the girls' branch of the public school athletic league, therefore, to devise the especially attractive to larger girls. One woman has offered a prize of \$50 for the best suggestion for an original game for girls.

Instruction is given in the school buildings and yards. So far the progress made has been highly satisfactory. Not only do the girls undertake the new sports with interest, but beneficial physical results are apparent. Furthermore, the pupils learning to play apply themselves to their studies with renewed interest and earnestness.

At the head of the new organization is Miss Katherine Leverich, prominent in New York society and an earnest worker for the advancement of the interest of young women.

"Our whole effort," said Miss Leverich, in explaining the purpose of the league, "is based on the fact that, with rare exception, a girl of fourteen is almost ignorant of the time when its influence is most needed.

"The girl of sixteen or seventeen does not care to play 'King-Around-Bay,' 'London Bridge,' 'Hilling Down,' and the like. She must have something, if she is going to play at all, that appeals to her.

"With us, therefore, the question was: How to bring this about? Looking over the field of boys' games, we found that, as played, in the majority of cases they were unsuitable.

"It is impossible for a girl to play baseball as a boy does, because nature has not constructed her so she can throw a ball with the same force of method as does a boy. She cannot play football well. And so it went with numerous other games.

"The principle of boys' amusements was, however, the one on which we wanted to base our effort—the establishment of a keen interest which would inspire effort that would make the girls better mentally and physically.

"It is nonsense to say that a girl cannot play in vigorous fashion without suffering loss of refinement, of feminine ways. American girls are by nature quiet, gentle, lady-

**MRS. HUNTER'S STORY.**  
Says She and Her Husband Agree Perfectly. Both Quite Well Again.

Mrs. I. Hunter, of 1111 Magellan Road, Kingston, Ont., has written for publication a statement of her case as follows:

"I have suffered with kidney and liver trouble and chronic constipation for some time. I was subject to dizziness, bilious headaches, nervousness, drowsiness, pains in the back and side, and a tired, weary feeling nearly all the time.

"I tried almost every remedy, was treated by doctors and druggists with little or no benefit.

"Finally, a friend advised me to try Dr. Leonard's Anti-Pill, and the result has been truly wonderful. My husband has used Anti-Pill for rheumatism and was benefited greatly. We agree that Anti-Pill is a most wonderful medicine and heartily recommend it."

This is a very strong recommendation. Anti-Pill is undoubtedly the greatest family remedy. All druggists, or the Wilson-Pyle Co., Limited, Kingston Falls, Ont.



Each Girl Needs Her Own Handball



A Very Little Time to Abuse Themselves



It's recess time but they don't know how to play.

like. Our plan is to maintain those characteristics, and I believe we are doing just that. At the same time making the girls' lives broader and better.

**Originate Forms of Play.**  
We have been obliged to practically originate our forms of play, always making them of indoor, ways which permit playing them indoors.

"There is another game our girls play called 'all up,' in which ninetins are used, the contest being between the opposing teams. In one of these circles a number of ninetins are placed, standing in the same position as in a bowling alley.

"First, the teams form in lines, the heads of the lines a little distance from the circles containing the ninetins. At a signal, the girls heading each team run to the circles and as quickly as possible transfer the pins from the circle in which they stand to the empty circle.

"Each pin must be placed upright, and if, in the transfer a pin is left upright position before the girl leaves the circle and takes her place at the rear of her team line. Every player on each team is required to make the transfer of pins, and the team which completes the task first is the victor.

"Perhaps the most popular of all of our efforts to give the girls attractive forms of amusement has been dancing. I do not mean two-step, waltzes and dances like that, but the beautiful folk dances of all nations—complete the most popular of all nations—interest. This has been taken in this is one of the most encouraging features of our work. The girls dis-

play marked enthusiasm, and their interest steadily increases. Not only that but with so large a foreign population to draw from, an existence in New York, we have found that the revival of old-country customs has gained for us in many instances the good-will and co-operation of parents.

"What girls need in the line of developing amusements is mass play—that is, play calling for united interest of individual action. Mass play is a great lever, in that it constantly inspires every girl with the feeling that she must not be outdone in excellence of performance by her companions. It destroys the egotism or self-conceit sometimes created by individual performance and develops common sense, perseverance and the right sort of ambition.

"While in no sense are we part of the public schools, neither being controlled nor financed by the board of education, we work in entire co-operation with the school authorities, the teachers being found some of our most enthusiastic advocates. Indeed, so interested have the teachers become that we have a class for them. In seven schools, teachers, who have gained their knowledge through us are devoting their own time from three to five o'clock each school day afternoon to teaching the new games to their girls.

"Children's games are well enough for small girls, but lack of ability to develop them has turned the attention of girls of fourteen and upward in directions that have aged them before their time. Our methods are giving the girls something in the way of amusement which will supply the demand for recreation that is strong at the age named—a demand heretofore all too often filled by the dance hall and other things whose influence is usually bad."

**Active supervision of the girls' branch is in the hands of Miss Elizabeth Burchenal, formerly physical culture and athletic instructor at Barnard College. It is Miss Burchenal's belief that the new movement will destroy the egotism or self-conceit sometimes created by individual performance and develops common sense, perseverance and the right sort of ambition.**

"You find girls sometimes who excel in tennis, but there are exceptions. The average girl can play a good tennis game, but she stops right there, and it is the boy or man who goes ahead and becomes an expert. It is not the girl's fault. Nature has not given her the physical power; and so far as tennis is concerned, she must be content with the mediocre.

**Folk Dances Taught.**  
"I have given special attention to folk dancing. We teach Russian, Scandinavian, Irish, German, Hungarian and a number of other dances; to the dance and observer, and all of them are of interesting and acquiring grace of movement I know nothing superior. Our effort at all times is to make these things distinctly play."

**Her Drunken Husband Cured.**  
"A lady, who saved her husband from ruin, writes: 'I had for a long time been suffering from my husband's drinking habits. One day when he came home very much intoxicated, and his money was gone, I sent for Dr. Leonard's Anti-Pill, and put it before him. He suspected a thing, and stopped drinking altogether. I honestly believe that Anti-Pill cured my husband's drinking habits. I have since used it for rheumatism and other ailments, and it has done me much good. I have since used it for rheumatism and other ailments, and it has done me much good. I have since used it for rheumatism and other ailments, and it has done me much good.'

"Just now we are paying special attention to relay racing by the girls. Naturally, it is robbed of much of its strenuousness that exists in boys' relay races, but we maintain the principle. The participants do not run so fast as would boys, but for the few seconds, they make astonishing races. Nothing is play that is not

thoroughly enjoyed with the play spirit, and that fact is never forgotten in our work among the public school girls."

Interest in the movement to teach children how to play is by no means confined to the girls' branch. The Public School Athletic League, as a whole, is following out the same principle. Dr. Luther H. Gulick, physical director of the New York public schools, and president of the Public School Athletic League, said on the subject of training girls to play:

"Not long since one of our New York city high schools held an athletic field day for girls. There were seven events, held under conditions practically the same as the conditions of similar events, held annually at Vassar College. These high school girls, in the first field day they ever held, made better records in four of the events than were made by Vassar College students."

"It is not at all uncommon for a team of girls whose ages range about twelve years to defeat a basketball team of young women of college age. Plays and games are an absolute necessity, and a training for girls enter into the matter of recreative enjoyment more than do boys," he said, "but as a matter of fact all American children suffer from the want of play."

"I do not mean to say they do not play after a fashion, but what they need is plays suited to their condition that approach as near as circumstances will permit to what may be called original play—the sort of play the country child is accustomed to enjoy."

"The country child knows how to play, but his cousin of the city does not, because he lacks games suited to his environment. That is the whole thing in a nutshell."

"Every day I see the effect of our teaching children how to play. A schoolroom play that is never taken outside amounts to little. So when we note that the games taught are being played on the street, we have the best of evidence that the lesson is working."

"We find, too, that this idea of teaching children how to play almost invariably results in an improvement in scholarship, thus disposing of the idea that study of play and study of books cannot be successfully combined."

Dr. Dudley Allen Sargent, of Harvard University, holds that athletic exercises and games to which girls are best adapted and in which they are most likely to excel include all forms of dancing, calisthenics and light gymnastics.

Collectively, this well expresses the course of work of the New York organization. It is in the adaptation of games which have aroused the interest of boys that the success of the girls' branch has been largely gained. Take putting the shot, for instance. In place of the usual form, the girls throw the ball used in playing basketball. This form of exercise has proved most popular. A certain amount of jumping exercise has also been enjoyed, and the work of the girls along this line is surprising.

**ALMOST HOPELESS.**  
The Condition of Thousands of Pale, Anemic Girls.

"Almost hopeless is the best way to describe the condition I was in about a year ago," says Miss Mamie Mammitt, of Ashok, N.S. "My health had been gradually giving way until I reached a condition when I feared I was sinking into chronic invalidism. I was as white as a sheet, my blood apparently having turned to water. I had no appetite, suffered from headaches and dizziness, the least exertion would leave me breathless, and it appeared that I was going into a coma. I had seen Dr. Williams' Pink Pills highly recommended by the newspapers, and I decided to give them a trial. It was a fortunate day for me when I came to this decision, as the pills have not only restored my health but have actually made me stronger than ever I was before. I now have a good appetite, a good color, and new energy, and I am satisfied that I owe all this to Dr. Williams' Pink Pills, which I cheerfully recommend to other pale, feeble, ailing girls."

Dr. Williams' Pink Pills quickly cured Miss Mammitt, simply because they make the new, rich, red blood which enables the system to throw off disease, and brings robust health and cheerfulness to pale anemic sufferers. Dr. Williams' Pink Pills cure a bloodlessness, just as surely as food cures hunger, and the new blood which the pills make braces the nerves and tones and strengthens every organ and every part of the body. That is why these pills strike straight at the root of such common diseases as headaches, dizziness, indigestion, neuralgia, rheumatism, St. Vitus dance, paralysis, and the troubles from which women and growing girls suffer in silence. It has been proved in thousands of cases that Dr. Williams' Pink Pills cure ailer doctors and all other medicines have failed. But you must get the genuine pills with the full name, "Dr. Williams' Pink Pills for Pale People," on the wrapper, around each box. All they ask you to do is to send your medicine dealer, or sell these pills, or you can get them by mail at 50c a box or six boxes for \$2.50 by addressing Dr. Williams' Medicine Co., Brockville, Ont.

**Queen's Health Rules.**  
Ergance.  
Her majesty the Queen of Portugal, plus her faith, it is said, to the following mottoes:

Keep out of doors all you can. Breathe outdoor air—live in it—revel in it. Don't shut yourself up.

Build your house so that the air purifies and live—breathe. Don't have useless ties around you.

Have a favorite form of exercise and make the most of it. Ride on horseback if you can, cycle if you cannot get a horse, do anything to get out in the open air.

Don't over-eat.  
Drink little, and let that little be pure.

Don't try to dress too much, yet dress as well as you are able. Wear everything you can to make yourself lovely.

# THINGS THEATRICAL

## WHAT MANTELL IS LIKELY TO PLAY.

Disorderly London Matinee—H. B. Irving's Repertoire—Oscar Wilde's "Florentine Tragedy." Makee Rankin intends to revive "The Danites" next year.

Mr. and Mrs. Kendall may revisit the United States the ensuing year. Henry Arthur Jones comes to America in August to superintend the rehearsals of his new play, "The Hypocrite."

Miss Virginia Harned (Mrs. Sothorn), who is at present in London, will start next season in "The Girl in Waiting."

"Told in the Hills" was produced in Chicago this week, with Edwin Arden in the leading role, and will run all summer.

Clara Lipman, who wrote "Julius Bonbon," in which she and her husband, Louis Mann, starred last season, is at work on another play, in which they will be seen next year.

Robert Mantell is said to be considering for next season a production of the Momett Sully "Oedipus," and an acting version of Ibsen's "Brand," which has never been professionally staged in America.



Among the new artists engaged for the next season of the Metropolitan Opera House, New York, by Director Heinrich Conried, is Miss Phila Plancher, of the Berlin Royal Opera House. She is a famous singer throughout Europe, and will succeed Mme. Lillian Nordica, including in her repertoire the French and Italian.

In Brussels, next October, Yvette Guilbert will make her first appearance as a legitimate actress. She will play the part of a woman of forty-five, in "L'Enu Trouble," a piece written especially for her by two Parisians.

Edmund Bruce declares that the matinee performance in which he appeared in London recently, attended chiefly by English actors, was treated to the most disorderly and disrespectful notice on the part of the audience that he ever participated in.

A theatrical event which is being awaited with interest in London is the coming production of the late Oscar Wilde's short unpublished play, "A Florentine Tragedy," which will be given with an especially strong cast at the King's hall, Covent Garden.

When H. B. Irving opens his season in New York in October, he will have in his repertoire his adaptation, entitled "Mauroville," Stephen Phillips' two poetical plays, "Paolo and Francesca," and "The Sin of David." Also several plays of the late Sir Henry Irving.

Mrs. Patrick Campbell has scored a second failure this season, the new play, "The Maclean of Balmores," meeting with slight favor in London. In justice to Mrs. Campbell, it must be admitted that the Italian girl she played is said to have afforded her few opportunities.

Apparently 1906 is going to be even a more disastrous year in the theatrical world than its predecessor, writes an English correspondent. Successes are few and failures are many, while at several of the west end theatres in London plays which are now running are merely revivals of past favorites.

"The Lion and the Mouse" has had a short life at the Duke of York's, and Charles Frohman has shrewdly left in favor of a double bill comprising "Pantolon" and "The Marriage of Kitty." Albert Chevalier essayed the title role in Mr. Barrie's pathetic one-act "Plea For An Ancient Family," and was ably supported by A. W. Baskcomb as Clown, Willie Ward as Harlequin, Miss Pauline Chase as Columbine. An artist to his finger tips, Mr. Chevalier was simply delightful as the broken-hearted "old man." The cast of "The Marriage of Kitty" was exceptionally strong. Of course, Miss Marie Tempest remained the strapper, around each box. All they ask you to do is to send your medicine dealer, or sell these pills, or you can get them by mail at 50c a box or six boxes for \$2.50 by addressing Dr. Williams' Medicine Co., Brockville, Ont.

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It will be hard to show your friends more appreciated favor than to treat them to your delicious ice cream socia. Prompt and dainty service adds beverage as perfect as finest fruits and pure cream can make it.

It always tastes like "more." Wade's drug store.

Antonio Yovitch, a consumptive from Los Angeles, refused passage from New York to Austria, to see his family, fell dead, an hour later.

Have no equal as a prompt and positive cure for sick headaches, biliousness, constipation, pain in the side, and all liver troubles. Carter's Little Liver Pills, Try them.

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Brushed Scales from Face Like Powder—Under Physicians Six Months But Grew Worse—Some Said Face Would Be Marked for Life—Now Without a Blemish.

**CUTICURA REMEDIES WORK WONDERS**

"As I was a sufferer with eczema I write to tell you what a great friend I found in Cuticura Remedies. In six months I had tried three doctors, but did not get any better. It was on my body and on my face so thick that I could hardly put a pin on me without touching eczema. My face was covered with eczema, and then it got in my eye. I then went to another doctor. He asked me what I was taking for it, and I told him Cuticura. He said that was a very good thing, but that he thought that my face would be marked for life. But Cuticura did its work, and my face is now just as clear as I ever was."

"My brother-in-law told me about the wonderful Cuticura remedies. I took his advice and got the Ointment, Soap, and Resolvent. I washed with the Cuticura Soap and then applied the Ointment, and took Cuticura Resolvent as directed. In a short time my face began to get better, and when I had taken one bottle of Resolvent I could brush the scales off my face like a powder. When I had taken four bottles my face was as clear as ever."

"I told all my friends about my remarkable cure. I feel so thankful I want everybody far and wide to know what Cuticura can do. It is a sure cure for eczema. (signed) Mrs. Emma White, 641 Cherry Place, Camden, N. J., April 25, 1905."

Most headaches and pains yield instantly to the new Reduction Method—Dr. Shoop's Twenty Minutes Headache Cure. The cause for these pains is congestion—a rushing of blood to the head—throughout the system. This rushing of blood to the head causes a throbbing pressure on the myriads of nerve branches and areas. Then there is a pain, and finally that excruciating headache. This new Reduction Method discloses the blood, distributes the blood, and restores the system to its normal condition. It does this by the use of a powerful and safe procedure and restores the system to its normal condition. It does this by the use of a powerful and safe procedure and restores the system to its normal condition.

**For Headaches**  
20c. black, not blue

**ALL DRUGGISTS.**

# Twenty Minutes Time Enough?

To Cure the Worst Headache From Any Cause—New Reduction Method.

Most headaches and pains yield instantly to the new Reduction Method—Dr. Shoop's Twenty Minutes Headache Cure. The cause for these pains is congestion—a rushing of blood to the head—throughout the system. This rushing of blood to the head causes a throbbing pressure on the myriads of nerve branches and areas. Then there is a pain, and finally that excruciating headache. This new Reduction Method discloses the blood, distributes the blood, and restores the system to its normal condition. It does this by the use of a powerful and safe procedure and restores the system to its normal condition.

**For Headaches**  
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**ALL DRUGGISTS.**

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