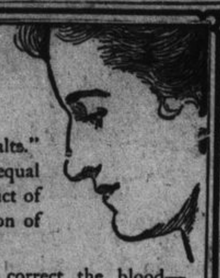
The 20th Century Saline



ABBEY'S is the "salt of salts." It never had an equal. It has no equal to-day. It is the perfect product of ripe experience in the preparation of medicinal Effervescing Salts.

It is the ideal formula to correct the blood—strengthen the stomach—regulate bowels, liver and kidneys—and keep the whole system actively healthy.

Abbey's Effer-vescent Salt

A morning glass is a bracing tonic for the whole day.

25c. and 60c. a bottle.

Free to You, My Sister

Free to You and Every Sister Woman Suffering from Woman's Ailments

I will mail, free of any charge, my **home treatment** with full instructions to any sufferer from woman's ailments. I want to tell **all** women about this cure—you, my reader, for yourself, your daughter, your mother, or your sister. I want to tell you how to cure yourselves at home without the help of a doctor. Men **cannot** understand woman's sufferings. What we women **know from experience** we know better than any doctor. I know that my home treatment is a safe and sure cure for **Leucorrhœa** or **Whitish Discharges, Ulceration, Displacement** or **Falling of the Womb, Profuse, Scanty** or **Painful Periods, Uterine** or **Ovarian Tumors** or **Growths,** also **pains in the head, back and bowels, bearing down feelings, nervousness, creeping feeling up the spine, melancholy, hot flashes, weariness, kidney and bladder troubles** where caused by **weaknesses peculiar** to our sex.

I want to send you a **complete ten days treatment** entirely free to prove to you that you can cure yourself at home, easily, quickly and surely. Remember that **it will cost you nothing** to give the treatment a complete trial, and if you should wish to continue, it will cost you only about 12 cents a week, or less than two cents a day. It will not interfere with your work or occupation. **Just send me your name and address,** tell me how you suffer if you wish, and I will send you the treatment, for your case, entirely free, in plain wrapper, by return mail. I will also send you **free of cost,** my book **"WOMAN'S OWN MEDICAL ADVISER,"** with explanatory illustrations showing why women suffer, and how they can easily cure themselves at home. Every woman should have it, and learn to **think for herself.** Then when the doctor says—"You must have an operation," you can decide for yourself. Thousands of women have cured themselves with my home remedy. It cures **all, old or young.**

To mothers or daughters, I will explain a simple home treatment which speedily and effectually cures Leucorrhœa, Green Sickness and painful or irregular menstruation in young ladies. Plumpness and health always result from its use.

Wherever you live, I can refer you to ladies of your own locality, who know and will gladly tell any sufferer that this **Home Treatment** really **cures** all women's diseases, and makes women well, strong, plump and robust. **Just send me your address,** and the free ten days treatment is yours, also the **book.** Write to-day, as you may not see this offer again. Address

MRS. M. SUMMERS
Box 21 Windsor, Ont.

Dollar Package FREE
Man Medicine Free

You can now obtain a large dollar size free package of Man Medicine—free on request.

Man Medicine cures man-weakness.

Man Medicine gives you once more the gusto, the joyful satisfaction, the pulse and throb of physical pleasure, the keen sense of man-sensation, the luxury of life, body-power and body-comfort—free. Man Medicine does it.

Man Medicine cures man-weakness, nervous debility, early decay, discouraged manhood, functional failure, vital weakness, brain fag, backache, prostatitis, kidney trouble and nervousness.

You can cure yourself at home by Man Medicine, and the full size dollar package will be delivered to you free, plain wrapper, sealed, with full directions how to use it. The full size dollar package free, no payments of any kind, no receipts, no promises, no papers to sign. It is free.

All we want to know is that you are not sending for it out of idle curiosity, but that you want to be well, and become your strong natural self once more. Man Medicine will do what you want it to do; make you a real man, man-like, man-power—i.

Your name and address will bring it; all you have to do is to send and get it. We send it free to every discouraged one of the man sex. Inter-State Remedy Co., 475 Lock Bldg., Detroit, Mich.

Galt Steel Siding

is first among metal siding. It is made from best galvanized sheets or heavily painted cold rolled steel. Handsome as stone or brick, fire and wind proof. Cheaper and warmer than wood

"Worth knowing more about. Write for catalogue and Classik Kids Booklet. This is the Sheet Metal Age.

GALT ART METAL CO. Ltd. GALT, ONT.

ALWAYS GROWING.

Disease Causes Enormous Development of a Man.

London, June 28.—Among the outpatients of the Manchester Royal infirmary is a man who after attaining normal development cannot stop growing. He is suffering from a disease known as acromegaly, which means an enlargement of the bones, and most obviously of the bones of the skull, hands and feet.

The man is forty-two years of age, and the disease was diagnosed about eleven years ago, during which time he has developed enormously. In appearance he is not a pleasant sight. His figure is becoming somewhat curved and misshapen as the disease affects the long bones. His lower jaw has assumed vast proportions, the teeth spreading out and projecting far in front of those of the upper jaw. His face is shaped somewhat like an egg with a large end downwards.

The nose has broadened considerably, and the ears are nearly as big as an ordinary person's hand, and apparently the cartilages of the larynx have thickened, as at times it is difficult to distinguish his speech. The eyes, too, are growing bigger. He has also developed a peculiar species of blindness known as hemi-anopsia.

He has enormous hands, in comparison with an ordinary man. The fingers are not growing in length, but thickening, and the palm is getting wider. So thick have his feet become that walking is a difficulty.

GENERAL M. R. PATTERSON,
Has been placed in nomination for the governorship by the Democrats of Tennessee and will make a hard fight to defeat the Republican candidate, H. Clay Evans. Both candidates are considered very strong and it is expected that the campaign will be unusually lively.

SEEMED RATHER SHAKY.

Possibility of a Broom Handle Cause.

Sir Algernon Coote, of Ireland, who not long ago visited Toronto, has been studying the universities of America.

One day in New York a teacher of Greek made an extravagant statement about the English universities, and Sir Algernon Coote said:

"That statement appears to me to be rather shaky. It reminds me of a statement that a servant made last month.

"I had in the drawing-room of my hotel a small piece of statuary. The servant cleaned the room one day while I was out of town, and on my return I found the statuette broken. Calling the man, I said to him:

"'What do you know about this broken statuette?'

"'Well, sir,' he replied, 'as I was dustin' the room, sir, I felt a shock similar to the 'Frisco earthquake, and lookin' up, I seen the statuette sway, and before I could get to it it fell and busted, sir.'

"'An earthquake shock? eh?' said I. 'I'll investigate this business. I'll see if anyone else felt the shock. If you have spoken falsely it will go hard with you.'

"The man mused. He looked frightened, and said:

"'I just been wonderin', sir,' he said, 'if there could be any possibility of my having' knocked it over with the broom handle, sir.'"

First, The Ice Cream.

One of first essentials in making ice cream soda is that the ice cream shall be pure and delicious. We use a pure cream ice cream, add a liberal quantity to each glass, combine it with pure fruit juices and serve it properly in an absolutely clean glass. When you want this dainty beverage at its best, get it at Wade's drug store.

It hurts a pretty girl more to be ignored than it does an ugly girl to be reminded of her homeliness.

Many a firm has failed because it wasn't firm.

Many a man who imagines the eyes of the whole world are upon him isn't known outside of his own precinct.

NEW YORK FASHIONS

WOMEN MUST HAVE COOL SUMMER GOWNS.

Some of the Latest Creations Put Upon the Market—Help for Women Now Making Up New Costumes.

New York, June 30.—The woman who, from necessity, lack of time or improvidence, has neglected her sewing, will now sigh with discontent and discomfort; she needs cool gowns and has them not. But the woman who has been "forehanded," as the New England woman puts it, has the delightful consciousness of being ready for whatever the weather prophet may send. Still, as there are almost three months of warm weather yet before us, I will tell you of some of the latest creations put upon the market, which may be a help to the woman now making up new costumes.

A dress of robin-egg surah silk combined with cream lace, was designed for church wear. The unlined pointed yoke and collar of lace and a dainty lace bertha following its outline, ending in two little jabots on each side of the point, and again extended down the front to the belt line. The waist bloused slightly, while the girdle was of the same silk, embroidered in a conventional design in cream silk. The sleeves were loose elbow puffs, finished with an embroidered band of silk and ruffle of lace. The skirt was full, having tucks about the hip to dispose of all extra material, and was trimmed at the bottom with two knife-plaited ruffles about two inches apart and headed with an embroidered band. The hat worn with this costume was of cream straw, the bandeau of which was covered with blue ragged robins, while around the crown was a scarf of cream chiffon. A cream ostrich pompon from which waved a long aigrette, was fastened on the left side of the brim close to the crown. The gloves were of cream silk, with the new open-work arms extending to the elbow and the parasol had an ivory handle and top of blue silk, embroidered in cream silk to match the bands on the dress.

An extra wrap is always needed in summer and nothing is prettier than the little bolero wraps of silk and linen. One which would go well with the above costume was constructed of cream colored linen and decorated with cream edging and appliques of Irish lace.

For a long, loose coat to throw over a light dress, dark grey chiffon broadcloth, stitched with a darker shade of silk was used. It hung perfectly loose from the shoulders, its only fitting being accomplished by the under-arm seams. Around the neck and long, full sleeves was stitched collar and cuffs, while the buttons were of carved dull silver.

A pretty gown for warm afternoons was developed from thin white batiste combined with yoke, insertions about the sleeves and medallions in fine Irish lace, and a sash of flowered ribbon. The waist has a deep yoke of lace, back and front, which is outlined with a row of medallions, while the full puff sleeves which do not come to the elbows are finished with a lace cuff and ruffle. The skirt is a one-piece circular model with clusters of three tucks between which and the bottom is a row of medallions, a size larger than those used upon the waist. A large white chip hat trimmed with white ribbon would be an attractive accompaniment.

A pink linen jacket, embroidered down the outer edges of the plastron front, was a chic little affair for wear with a white mohair skirt and batiste blouse. The buttons used were hand-painted, the embroidered cuffs and collar were edged with white lace, and the little vest was of white embroidery. The hat was a Peter Pan of white leghorn, decorated in the back with pink plumes.

The princess dress is extremely popular, and is a dressy mode for evening occasions. An example of the princess was developed in cream messaline, shirred at the waist for a depth of about six inches, from which point the skirt is extended to a little above the bust line and is attached to a triple-pointed yoke of all-over lace, edged with lace ruffllings. The lower part of the skirt has a gathered flounce, headed by a wide band of lace insertion, and another band of lace insertion is applied half way between this point and the waist. The sleeves are of the popular puff variety finished with a lace band and deep fall of lace. The underslip to this gown was of pastel green silk.

Although organdie had such a vogue last season, it is just as popular this summer. A gown of this material had a simple full skirt, with slight train and finished around the bottom with three overlapping ruffles of the organdie, edged with narrow Valenciennes lace. An inch-wide insertion of the same lace was put on as a heading to the first ruffle. The waist had a Dutch neck, finished with the insertion and lace. The high girdle had very long sash ends with fringe on the ends. Little jackets of plain or pompadour silk are quite a fad for wear with such light dresses. They usually fall just to the top of the girdle and have wide, short sleeves. Some of these are embroidered with flowers or vines, trailing over the fronts, others are more simply trimmed with a ruching or shirred band. Another coat is made on the Louis XVI, mode, which is a three-quarter length, tight-fitting and finished at the waist line with painted buttons, back and front.

A pretty model for a girl's dress is in pink chambray. A stole effect of the material, ornamented with white embroidered dots a half-inch in diameter and white braid, finish the waist. The skirt is box-plaited into a stitched band of the material, bordered on each side with the braid, and having two rows of machine stitching around the bottom.

Charming is a little frock in flowered lawn, with a ground work of white strewn with garlands of violets. The skirt and waist are connected by an inch-wide band of lace insertion. Two rows of the insertion go around the skirt and one around the sleeve caps. The dress is worn with a guimpe of white dotted Swiss.

One young woman going to the country has given particular attention to the question of separate skirts and shirt-waists, and, in buying them, has kept in mind the different pleasures she will wish to enjoy.

First, for morning wear, she provided a pretty skirt of black and white cotton cheviot, for which she made two or three shirt blouses, the latter made exactly like a man's shirt and for which lawns, linens, chambrays and thin ginghams in regular shirt material patterns are most used, although with this skirt a plain color would be in better taste; a bright tie and belt would give just the right amount of color for a finish.

For the afternoon there was a skirt in mode shade of homespun silk, trimmed with bands of insertion, and with this, of course, were many lingerie waists of fine embroidery, all-over eyelet, Hardanger and lace, the last to be worn over fancy slips.

For evening there was a skirt of white chiffon mohair and a couple of white and cream silk waists. A black silk skirt had a waist of black lawn embroidered in violets, another of black lace, and a chiffon waist in black over green silk.

A driving suit of dark tan crash had a sort of short plaited skirt developed from a nine-gored pattern, and the long loose coat was cut in three pieces, the semi-fitting back and fronts depending on the under-arm seams for their fitting. The sleeves were large, loose coat-sleeves, and a shawl collar and cuffs were of brown linen embroidery. The hat was a smart cream sailor trimmed with brown velvet and brown and green peacock feathers, and a loose brown veil. Tam gloves and parasol were the accompaniments.

Embroidered Swiss and handkerchief are the favorite materials for the graduating dresses of young girls, indeed, to-day, there is a tendency toward extreme simplicity for all such gowns for young women. The day of silk and satin graduating dresses is almost a thing of the past for people of good taste, and they are very seldom seen. A charming gown for a young woman who will take her degree at one of our large colleges this month, was a white organdie, made over thin white silk, and depended for its decoration on medallions of point lace which its owner had in some way found time enough to make during the past winter—and she is an honor student, too. Point lace collar and cuffs and a belt of white silk completed the costume.

When shirt waists have become too small or worn they may still be utilized for corset covers or for guimpes for the little girl by taking out the centre front band, and putting in insertion and then cutting down the back and facing for buttons and button-holes.

It is said that the turpentine bath will keep the dainty lavender shades in good condition as to color. It is made by putting a tablespoonful of turpentine to a pail of water in which the goods are soaked. Blues and pink and green should first have a bath of strong salt and water to set the color, and then one of sugar of lead to freshen it; and for black and white one laundress uses a solution of black pepper.

A number of new stocks seen were of mailinette, which stands dampness, held up by little, almost invisible supports, and covered by insets and medallions of fine lace.

CATHERINE MANN-PAYZANT.

The Supreme Court

After you have tried hot springs, sulphur baths, patent medicines, electricity, etc., bring your case to the Supreme Court of rheumatism—Tuck's Rheumatic Bone Oil. This is a powerful, penetrating oil, which, as it's name implies, acts directly on the bone or joint—the lodging seat of rheumatism. If you are troubled with rheumatism, sciatica, lame back or kindred troubles and have not been able to get anything to help you don't get discouraged and make up your mind that nothing can cure you until you have tried Tuck's Rheumatic Bone Oil. It has cured hundreds of cases just as bad as yours. H. S. Brown, of Merrickville, Ontario, writes as follows:

Dear Sirs,—I am free from rheumatism to-day, because I used Tuck's Bone Oil. I had rheumatism in my hands and feet and thought at one time that my life was going to be ruined by it. I consulted a doctor and tried various remedies, but while some of them that I took internally made me feel better for a time none of them took the pain away. After I had suffered for six months or more, doctoring all the time, I was advised one day to try Tuck's Rheumatic Bone Oil. I did and I never can be thankful enough to the man who told me to get it. I had not used a bottle until I was better and before the second one was done my joints were loosened up, the pain was gone and I was well. Tuck's Bone Oil did it. That was six years ago and I have not been bothered since.

H. S. Brown, Merrickville.

For all inflammation arising not only from rheumatism but from colds, croup, bronchitis, quinsy, etc., Tuck's Bone Oil is a sure and speedy cure. Sold by all medicine dealers at 50c. a bottle or sent by mail prepaid by The Tuck Bone Oil Co., Limited, Smith's Falls, Ontario.

GETS $857,000.

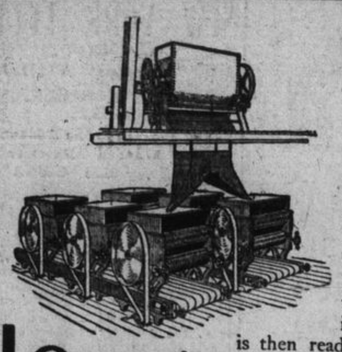
Marshall Field's Daughter Gets Wealth.

Chicago, June 28.—Mrs. Ethel Field Beattie, daughter of the late Marshall Field, will receive stocks and bonds to the value of $857,000 by a decree entered yesterday by Judge Walker in the superior court. In the contest made by Mrs. Beattie, it was shown that some months before his death Mr. Field told his daughter that he intended to turn the stock over to her. When he deposited the securities with the United States Trust company, of New York, he left with them a memorandum that they belonged to his daughter.

A Toronto Sneer.

Toronto News.

Rev. Dr. Rose, who has been in Hamilton for some time, is leaving for Winnipeg. A farewell social was tendered to him the other night, when it is believed he remarked: "I am more than delighted to be present on this interesting and long-anticipated occasion."



Talks on Orange Meat No. 4
(THE PURE FOOD)
Mixing and Flaking.

After the wheat is thoroughly cooked—all starch cells broken—and starch converted into carbohydrates—it goes to the mixing machines. Here, malt is added, which converts the starch into maltose (Malt Sugar), which makes ORANGE MEAT so nutritious and wholesome. Then the malted wheat is passed through special machines, which turn the wheat kernals into individual flakes. Orange Meat is then ready for the ovens, to be baked a deliciously crisp golden brown.

Mercerized paper lining of every package insures Orange Meat being always fresh, and clean. At all grocers in 15c and 25c packages.

Orange Meat

Every 15c package contains a coupon, good for valuable premiums. 25c or "Jumbo" package contains 2½ times the quantity of smaller size. Write "Orange Meat, Kingston" for new premium catalogue.

Corticelli Spool Silk

there is just one silk that is always right.

Corticelli Home Needlework is a magazine that every lady should take. Issued 4 times a year, 96 pages beautifully Illustrated, 50 cts per year. Write for sample sending 15 cents. Corticelli Silk Co., Ltd., St. Johns, P.Q.

PERILS OF PETS.

How Cats and Dogs Convey Disease to Human Beings.

London, June 29.—It has been left to recent investigation to urove the important role played by animals in the causation and transmission of disease. Dr. Louis Lambon on Thursday evening, lecturing at the Institute of Public Health, Russell Square, showed that tropical diseases hitherto supposed to be due to heat were in reality caused by parasites.

Parasites were frequently carried by becoming adherent to the hair of animals, by being ingested and then deposited, or by getting into the blood of animals or insects, which on biting man deposited the parasite in his blood.

Flies are the great scourge, being the bearers of the germs of almost every disease, including cholera, enteric and anthrax. Dr. Lombon showed how plague was conveyed from the rat by means of rat fleas, which take up their quarters on the domestic cat and dog, bringing the plague germ with them.

Dr. Lambon has been at work during the past few weeks, investigating the part taken by the ordinary domestic animals, such as the cat and dog, in transmitting disease. He has discovered sufficient evidence to show that many of the diseases of man are transmitted by these animals, and the results of his work are to be published shortly.

PERSONALLY CONDUCTED.

A Tour to Elks' Convention, Denver, Colo.

Via New York Central lines, twelve-day tour. All expenses included in rate. Special train of Pullman drawing-room and compartment sleepers, buffet, library and dining cars, will leave Utica, Syracuse, Rochester and Buffalo, Friday, July 13th. Experienced New York Central representative in charge. Option of lake trip returning from Chicago, Detroit or Cleveland to Buffalo. Ask any New York Central agent for full information and copy of itinerary.

Look In Your Mirror.

If there appears on your face any canker, pimples, boils, blotches or other skin disease you know at once your blood is impure. Perfectly pure blood means an absolutely clear complexion. You can have such blood by using Wade's Iron Tonic Pills. This remedy cleanses and enriches the blood.

They are a great nerve strengthener and blood maker. In boxes, 25c., at Wade's drug store. Money back if not satisfactory.

When in doubt, listen to your wife.

D & A CORSETS

The Corset For Utter Comfort

The D & A corset will content you in every point that makes corset-comfort—the comfort of perfect style, of shapely fit, of graceful design, of ease for the woman who wears it. You need not "break in" a D & A—and you cannot break them down. Wear a D & A corset to tatters, and still does it hold its shape. Ask your favorite store to show you why—the D & A itself is the proof.

Price—$2.25
Others—$1.00 up to $3.50

A-3

Prepare For the Flies

And let us sell you your Screen Doors and Windows. We have a complete stock of these lines in all styles and sizes and at prices that will suit.

We also have a full line of

White Mountain Ice Cream Freezers
Gas Ranges and Hot Plates
Coal Oil Stoves and Ovens
And all warm weather goods

Call in and examine our stock.

LEMMON & SONS
351 and 353 King Street