

Malta-Vita

"The Perfect Food"
Some food is good to eat but not healthful. Other food is healthful but not good to eat. Malta-Vita is both healthful and good to eat. It is all of the wheat and contains every element necessary to the sustenance of the human body. It develops and nourishes the brain, the nerves, the bones, the muscle and the blood. It fills all the requirements of a food. And it's so fresh and crisp! Just the best you ever tasted and it's always ready to eat.

New 10 cents. All Grocers.

"TORONTO NEWS"

The Advertiser's Opportunity

Is in Ontario. Through the medium of "The News," Toronto. Nowhere in Canada can you reach such a profitable field as Ontario and in no paper can you get as large results for your money.

Do you want to prove it? "The News" will welcome your trial. The flat rate in "The News" enables you to run advertising at the lowest possible rate, and if it does not pay, you can discontinue at any time. The flat rate is 4 cents per line, 56 cents per inch.



Big 3 SHOE POLISH

IN PATENTED SAFETY BOX
Makes polishing your own shoes a pleasure.
No chance to smear your fingers with the paste.
Gives a high, lasting polish, with very little rubbing.
It is black, not blue.
DOMESTIC SPECIALTY CO., HAMILTON, ONTARIO

Wilson's FLY PADS

Three hundred times better than sticky paper.
NO DEAD FLIES LYING ABOUT
Sold by all Druggists and General Stores and by mail.
TEN CENTS PER PACKET FROM ARCHDALE WILSON, HAMILTON, ONT.

SANTAL-MIDY

Standard remedy for Gleet, Gonorrhoea and Runny Nose in 48 HOURS. Cures Miliary and Bladder Troubles.
Waggon, Buggies
As there has not been much of the beautiful snow this season, Waggon will be more used. If you are in need of a Waggon or Buggy of any special design, it will be to your interest to call on

Jas. Laturney

The Carriage Maker
390 Princess Street, Kingston

Storage!

Do You Know That?
Citizens of Kingston and vicinity desiring to store household goods have ample facilities extended to them by

W. G. FROST

200 Queen St. Telephone 526
All goods left in his charge receive the best of care at a reasonable cost. Clean, Dry and Prompt Service. Drapery Painting a Specialty

THE BRITISH NAVY

ITS MANOEUVRES A GREAT SUCCESS.

Nothing Forgotten by the Admiralty - Wonderful Organization - Wounded Cared for and Supplies Provided.
New York, June 25.—The Herald gives some interesting details of the British naval manoeuvre, which today enter upon their final stage, that of the defence and conveying of merchant ships bringing food and raw materials to the British Isles during war time. The Red Fleet will, it is expected, not content itself with defensive operations, but will try to sweep the blue or hostile fleet from the narrow seas. The Herald's correspondent with the fleet of Lord Charles Beresford cables:

"British naval authorities express themselves as thoroughly satisfied with the manner in which the first stage of the naval manoeuvres, which came to an end last Saturday night, was carried out. In conversation with one of the officers who had been most closely concerned in the work, he said:

"Whether considered as a test of the fleet for sudden mobilization or for the purpose of seeing whether naval establishments could efficiently cope with an unexpected call upon their resources, or regarded as a trial of arrangements for defence at naval ports, the results in every case have been most gratifying.

"Everything has gone to prove that the confidence of the nation in the organization of the fleet does not rest upon a flimsy foundation, and that the British people need have no apprehension as to the glorious traditions of the navy should not be upheld."

Defended The Ports.
"The manner in which the arrangements were carried out at each port for placing the harbor in a state of defence was very thorough. Although the booms designed to be laid across the entrance to the inner harbors were not placed in position, in order to lessen interference with port traffic, they were got out and made ready and everything was prepared to place them in position.

"All the small defensive craft, scouts, destroyers and submarines, were sent to their proper places to patrol the approaches to the harbors and announce the appearance of any of the enemy's ships. Furthermore, all vessels coming into port were submitted to an examination so that all conditions that might prevail in case of actual hostilities should be faithfully carried out.

"And this was so not only with that portion of the defence under the immediate direction of the naval authorities, but the military garrisons manned their forts, remaining by their guns, ready for action, all night, and with their searchlights prepared for use, in case, as actually happened, the enemy attacked after dark.

"In addition to the arrangements for mobilizing the ships in reserve and for the defence of the ports, preparations were made in dockyards, victualling yards, arsenals and hospitals for dealing with the inevitable results of a great naval engagement.

"At all the workshops and stores depots everything was put in readiness to cope with a surprise call and preparations were made so that the workmen could be relied upon to be on the spot at any hour, day or night, when their services might be required. Any vessel which would have been obliged to put into dock for repairs would have found men ready to do the necessary work.

"The arrangements made at Portsmouth were put to a practical test. The destroyer Gravel was ordered to put in there for repairs and by the time she had reached the tidal basin the deep dock was open and the ship was put in immediately.

"Other vessels came in also which required difficult repairs, some being fitted with duplicate sets of machinery and gangs of men quickly went on board, others to put supposed defective parts once more into working order.

"Many vessels also went into port which were supposed to have been captured. The crews from these ships were taken off, fresh British crews put into them and they were then commissioned and sent to sea once more to do duty on the Red fleet."

For The Wounded.
"Most interesting, too, were the conditions that prevailed at the Haslar hospital. On Friday a signal was sent to Haslar in charge to prepare to receive 200 patients, supposed to have been wounded in engagements which took place in the early hours of the morning of the same day.

"Each man sent ashore from the various vessels carried a label around his neck, on which was described the nature of his imaginary wound, those men whose injuries rendered them incapable of proceeding unassisted, being conveyed to the hospital in ambulances, others, whose wounds were not so serious, going thither on foot.

"The vessels whose crews had thus been depleted by casualties were again brought up to the full strength of their complement by fresh drafts of men from the depots.

"When the patients reached the hospital arrangements had been completed for dealing with five thousand cases. Those seamen with cards indicating that they were supposed to have received injuries which incapacitated them were provided with beds, surgeons came round to make their examinations, and the necessary material for dealing with each case was placed in readiness for use.

"Other men, whose wounds were of less serious description, were treated accordingly, and everything was done to test the efficiency of the hospital arrangements, the prompt manner in which the medical staff grappled with the unexpected call upon their resources being worthy of the highest praise.

"Those responsible for the manoeuvres seem to have forgotten no single department which would be liable to be called upon for an effort should the country become involved in a naval war. Victualling yards were tested by sudden orders to provide provisions for the crew of a battleship of seven hundred to eight hundred men for thirty days, and the ordnance department were similarly required to supply complete ammunition for first-class warships.

"In neither case was previous notice given, but all proved equal to the demands made upon them, and the instructions received were carried out with commendable smartness and despatch."

AUTOMOBILES RACE

AT LE MANS, FRANCE, FOR THE GRAND PRIX.

Farmers and Villagers Warned as to the Route - Enthusiasts. Present From All Over Europe.
Le Mans, France, June 26.—The great automobile race under the auspices of the Automobile club of France, which is the famous speed contest for the Grand Prix offered annually by the club, began this morning over the Sarthe course, which is probably one of the best and most interesting auto race courses in the world. The races will occupy two days, owing to the large number of contestants who have entered their machines for the great event. Thirty-four machines have entered for the race, a larger number than entered for any previous Grand Prix race. It is rather remarkable that neither American nor English machines will take part in this race.



CLARENCE OSBORNE. A Boston boy, four years old, holds the distinction of being the youngest holder of a medal for bravery. Last winter Clarence ventured out to sea with his four year old cousin Josephine. Duties broke through the sea and would have been water until help came and both were rescued.

SOAP FACTORIES

Started in China By German Capitalists.
Washington, June 25.—In China and Germany great interest is just now being taken in soap. Consular reports indicate that this slippery subject is being handled carefully, and go to show that missionary hopes to China are more or less anchored to the soap bar.

Most Chinese in America are in the business of cleaning and mending. Cottons, wools and shoddy. They are naturally brought into close contact with the subject of soap. They find much to learn. At home soap is a luxury, known sometimes to mandarins. The education of the lower classes in regard to soap is somewhat neglected. This is said by travelers to be plainly visible to the nose in any Chinese village.

This condition of affairs is to be remedied by German capitalists in China. In the town of Tsintau, Germans have started a large soap factory in which even toilet soap will be made. Chinese labor will be employed to some extent. The result, of course, will be the gradual dissemination of the unwashed masses, and in time some of them may get right next to Godliness.

American soap has been following the trail of the missionaries in China and some varieties selling at high as \$2.50 per case meet considerable demand even in the supposedly ignorant interior. This is highly encouraging to the missionaries, who believe that the more familiar with soap, will be with soap at home will be ready to jump into the laundry wash tub away—especially in America—and thus rise to comparative affluence.

Death At Ventnor.

Ventnor, June 25.—Mrs. H. Lockberie of Ogdenburg, spent a few days last week with her parents, Mr. and Mrs. William Fairbairn, Mr. and Mrs. N. Cook and Mrs. F. Grier, spent Saturday with friends at Ventnor. Mrs. H. Nesbitt, is organist in the Methodist church here. Mr. and Mrs. William Innes, spent a few days with friends at Matilda. Miss Henderson and daughter, Minnie, visited friends at Smith's Falls, last week. Mr. and Mrs. H. R. Vanderburg spent Sunday with friends at Domeville, C. Little, of San Francisco, is visiting old friends here. He was in the ill-fated city at the time of the earthquake. Mrs. Ida Bennett spent the past week with friends at Spencerville. Mrs. Edward Vanderburg, was the delegate sent by the auxiliary of this place to the district convention of the W. M. S. at Cornwall, on the 11th. Quite a number from here attended the Torrey-Alexander meetings at Ottawa.

Mira

removes all skin and blood diseases—Eczema, Salt Rheum, Scars, Piles, Constipation, Indigestion and other results of impure blood. They correct the cause and destroy the evil condition.
Mira Ointment soothes and heals all diseased skin. Mira Blood Tonic and Mira Tablets cleanse the blood and invigorate stomach, liver, kidneys and bowels.
Ointment and Tablets, each 50c. Blood Tonic, \$1. At drug stores—or from The Chemical Co. of Canada, Limited, Hamilton-Toronto.

IRRIGATING THE WEST.

Costly Schemes Are Afoot to Subside Inhospitable Region.

Washington, June 25.—Water—any kind of water that is damp—lays as important a role in the Canadian North-West Territories and provinces as in the arid states of the American union. There are states in which little or no rain falls from May to December—as parts of California, Arizona, Oregon, Nevada and New Mexico. In these regions under the pitiless glare of summer sunning from 100 to 120 degrees hot, leaves dry up, grass becomes shrivelled, crops wither and worthless, rivers vanish beneath white wastes of sand, and every passing breeze, however small, stirs clouds of choking, blinding, chalklike dust into pernicious activity. The horseman, the automobilist and the wagon traveller, except on roads smeared with ill-smelling oil, are enveloped in clouds of this health-destroying detritus, and the green thing grows except the tourist and the health-seeker, unless irrigated from some deep artesian well in the dry bed of some stream or from the diamond waters of some alkaline mountain stream. But under irrigation some crops thrive fairly well—until the region becomes, as the famous Sacramento valley has become, malarious from irrigation.

The same conditions and needs prevail in parts of the Canadian North-west, and irrigation schemes are being resorted to in the effort to conquer the barriers of nature.

Consul Conant, of Windsor, briefly describes what is being done to promote irrigation in the Canadian North-west:

"An irrigation project unique in the history of America is being carried out by the Canadian Pacific railway just east of Calgary, Alberta. In Canada irrigation work has been heretofore confined to private lands in the Northwest or to small plots of company-owned lands in the interior fruit districts of British Columbia. Some time ago the Canadian Pacific railway undertook to provide a monster irrigation scheme to put water on dry lands lying between Calgary and Medicine Hat for wheat culture. Already sixty miles of the main and secondary canals and over 100 miles of laterals have been completed, and about 110,000 acres of land brought under ditch. The main canal in the undertaking is sixteen miles in length, four feet wide at the bottom, eight feet at the water line, and carries ten feet of water. This, however, is only the first or western section of the vast scheme by which it is ultimately proposed to irrigate nearly 2,000,000 acres, at an expenditure of \$8,000,000. The water is taken from the Bow river, which even at low water has a surge after irrigating these lands. It will be some years before the undertaking is complete."

Be Ready For Pain.

A liniment may be needed any hour. It is a bottle of Smith's White Liniment in the home ready for any emergency. This is the best of all family liniments. A large bottle for the price and the remedy meets a wide range of needs. Cures neuralgia, rheumatism, lumbago, stiff joints or muscle, pain in the back and all ordinary aches. 25c. at Wadde's. Money back if not satisfactory.

Vanderbilt Circus.
Newport, R. I., June 25.—Mr. and Mrs. Reginald Vanderbilt have decided to hold a fair at their farm, August 2nd. In the house of St. Mary's orphanage of Providence, Soldiers from Fort Adams and bluejackets from the naval training school will patrol the grounds, and the young women of the cottage set will entertain, and sell the choicest products from the Sandy Point farm dairy, the booth being in charge of Mrs. Vanderbilt. The bands from the army and navy stations will play alternately, and an amateur circus will be given in the big training ring.

Bleeding Piles Entirely Cured

When Doctor's Treatment and Surgeon's Knife Failed Cure Was Effected By
Dr. Chase's Ointment

It is now universally conceded that Dr. Chase's Ointment is the most effective treatment obtainable for every form of piles.
For the benefit of persons who are accustomed to look upon bleeding piles as incurable except by surgical operation we quote the letter of a young school teacher, who, after frightful experience underwent an operation which failed, was cured positively by Dr. Chase's Ointment.
This statement was given by Mr. Le-pine with the idea of helping others who have not yet been so fortunate as to hear of Dr. Chase's Ointment.
Arthur Lepine, school teacher, Granite Hill, Muskoka, Ont., writes:
"I am taking the liberty of informing you that for two years I suffered from bleeding piles, and lost each day about half a cup of blood. Last summer I went to the Ottawa General Hospital to be operated on, and was under the influence of chloroform for one hour. For about two months I was better, but my old trouble returned, and again I lost much blood. One of my doctors told me I would have to undergo an operation, but I would not consent.
"My father, proprietor of the Richelieu Hotel, Ottawa, advised me to use Dr. Chase's Ointment, and two boxes cured me. I did not lose any blood after beginning this treatment, and I have ever since reason to believe that the cure is permanent one. I gratefully acknowledge Dr. Chase's Ointment as the best treatment in the world for bleeding piles."
Dr. Chase's Ointment, 60c. a box, at all dealers or Edmondson, Bates & Co., Toronto.

Skirt Protector

Sewed on flat—not turned over—will last as long as any skirt.



Home Needlework is a magazine that every lady should take. Issued 4 times a year, 96 pages beautifully illustrated, 50 cts per year. Write for sample sending 15 cents. Corticelli Silk Co. Ltd., St. John's, P.Q.

Corsets

The Really Easy Corset
Most corsets are made as accretions that they should be—so they have style, usually, but little ease. Here's a corset made on a woman's ideas—with ease paramount. Modish to a degree, every corset that bears the "D & A" mark—well-made, whatever their price, every one; but above all easy—comfort and comfort—and again comfort—that is the "D & A" supreme merit. Ask your favorite store to show you the "D & A"—no matter what make you think you like best, look at this make.

The Cleanest, Purest Food in the World is SHREDDED WHEAT

More nourishing, more wholesome, more economical than MEAT, made of the whole-wheat, cleaned, steam-cooked, shredded and baked—An ideal summer food—Keeps the stomach sweet and clean, and the bowels healthy and active.

MADE IN CANADA
Send for the "Vital Question Cook Book" postpaid.
CANADIAN SHREDDED WHEAT CO., Limited, Niagara Falls, Ont.
Toronto Office, 33 Church St.

FINANCE AND INSURANCE

CUSTOMS BROKER - If You Want a Home
The business of the late G. O. Oliver, will be carried on in his office, 79 Clarence street.
G. A. BATEMAN
Who for the last five years has been associated with Mr. Oliver.
Or Insurance, have a talk with
George Zeigler, REAL ESTATE & INSURANCE
57 Brook Street.

Money to Loan

McIntyre & McIntyre
BARRISTERS
King Street : : Kingston

WANTED A Few Acres of Land

With Dwelling and Stable
Convenient to the city.
T. J. Lockhart
Real Estate Agent.