

There is no economy in buying low priced Coffees for they lack strength and flavor.

ONE CENT A CUP

is all the cost of

SEAL BRAND Coffee

by actual test.

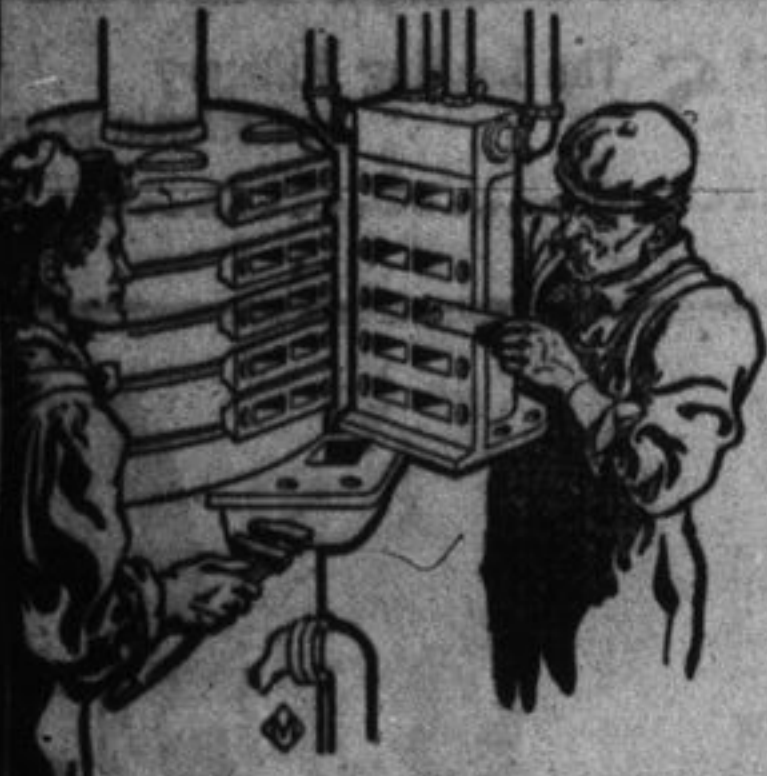
CHASE & SANBORN MONTREAL

VICHY CELESTINS

The only genuine Vichy Water, property of the French Republic

Revin, Wilson & Co., Montreal

BISON FURNACE



Any one of the sections in a Bison Hot Water Furnace can be readily shut off without affecting the others.

A section in the Bison Furnace is not likely to leak, but through neglect and rust it is possible in any furnace.

Your house does not have to remain cold until a new section comes from the distant manufacturer, as is the case with other furnaces. Imagine the value of this in case of sickness in mid-winter.

The Bison has more good heating points than all other heaters combined.

THE H. R. IVES CO., LIMITED MONTREAL

CARLING'S ALE, PORTER AND LAGER

NOTED FOR PURITY, BRILLIANCY AND UNIFORMITY.

J. S. HENDERSON, AGENT, KINGSTON

TO STEAM USERS

The Criss-Cross Tube Cleaner

Has over 150 Cutting Edges. Works equally well in either direction. You can save the cost of the Cleaner in one operation.



It makes a thorough job because its serrated cleaning edges are automatically expanded to fit the boiler tube; and therefore, sure to get ALL the scale and soot without injuring the tubes.

McKelvey & Birch

Ripe Bananas Ripe Tomatoes Ripe Pineapples

A. J. Rees, 166 Princess St.

OPEN THE DOUMA

THE FIRST PARLIAMENTARY BODY IN RUSSIA.

The Streets Were Guarded by Soldiers—A Gorgeous Procession—The Ceremony Was Brief. St. Petersburg, May 10.—The session of the first parliamentary body in the history of Russia was opened at the Tauride Palace by the czar, to-day. It was the occasion of a grand display of imperial splendor and at the same time a demonstration of the fact that the government is determined to arrogate completely its power of dictating to the people. Many thousands of people from all parts of the country had come to St. Petersburg to witness the scene, accompanying the opening of the first National Assembly, or Douma. Troops and police were scattered all through the city and had a watchful eye on everything of a suspicious nature, that might be going on in any part of the city, particularly around the imperial palace, and the Tauride palace. The streets between the two palaces were carefully guarded by a large force of troops and police, to prevent any attempt upon the life of the czar on his way to and from the parliament building. Outside of the cordons of troops thousands of people crowded the streets, eager to catch a glimpse of the czar and his brilliant suite.

At an early hour, this morning, heralds, gorgeously attired rode through the streets on richly caparisoned horses, and proclaimed the opening of the National Assembly, and at the same time, commanding, in peace and order. It was high noon, when the czar, surrounded by the members of the cabinet, the officials of the court, and a brilliant suite of officers and of the army, started from the imperial palace to the Tauride palace, where the members of the national assembly, who had been recently elected, were already assembled, awaiting the arrival of the emperor. Count Witte was absent and his place near the emperor was taken by the new premier, Goromykin, whose appearance in the signal for hostile demonstrations in the crowd, which, however, were quickly suppressed by the police.

When the gorgeous procession reached the Tauride palace, the military escort formed in double lines, between which the czar and the members of his suite entered. At the portal the emperor was received by a delegation of the Douma and escorted to the grand hall, where the national assembly was awaiting the arrival of the czar.

The actual opening ceremony was brief. The czar delivered a short address, in which he announced amnesty for political prisoners and the abolition of martial law. After a brief reference to the sentiments which had prompted him to give to his people a national assembly, and after having pointed out the duties of the first parliamentary body of the empire, he declared the session formally open. There was great cheering, which lasted until the czar had withdrawn and returned to the imperial palace.

The opening session of the Douma was quite short. President Petrunovich delivered an address and submitted a number of communications from the imperial government, including a plan for the re-organization of the finances of the country. Soon after that the first meeting was adjourned.

The Tauride palace, where at least for the present, the sessions of the Douma will be held, was built in 1783, and was presented by the Empress Catherine II to Prince Potemkin, the "hero of the Taurus," after the conquest of the Crimea. When the prince died, in 1794, it became crown property, and has been used as an exhibition building, and after having been completely remodelled for the purpose of making it suitable as parliament building. The whole central portion of the palace will be occupied for the purpose of the national assembly.

The hall, in which the members meet, is about as large as the House of Representatives in Washington, is entirely decorated in white and adorned with frescoes from Potemkin's time. Behind the president's seat and facing the representatives, is a large low window looking out on a garden. The seats and desks of the representatives have been arranged around the hall, tier on tier, as in a theatre. The tribune from which the members will address the house, is in the center, and on each side of it are two seats for the secretaries of the Douma. The president's chair is behind the tribune, as are also the palaces for the ministers and their assistants. In the rear, there are 464 seats for representatives, and under each is a ventilator. The desks have sliding tops, which will thus do away with the banging of lids, to which turbulent members of an assembly resort to give expression to their displeasure. No place has been made for ink wells, which are not to be permitted, and the representatives will have to make pencil notes. The subject of this, probably, to prevent the throwing of ink wells by disgruntled members, one of the favorite methods of parliamentary warfare in some parliamentary bodies of Europe.

Supplementary estimates were brought down in the Ontario legislature totalling \$662,550.46, making the provincial estimates \$6,288,393.46.

You Need The Other. Ozone is a germ-killer and a valuable remedy, but to get the best results from it you must have a tonic laxative to take with it. "Solution of Ozone (the coupon kind)" is the purest and best form in which Ozone is sold. Every bottle of this remedy contains a coupon which entitles you to a bottle of "Celery King," the well-known remedy, free.

In buying this solution you get about twice as much Ozone for your money as by buying other brands, in addition to receiving a package of "Celery King" for nothing. You thus save money in two ways, besides getting Ozone in its purest and most concentrated form. Ask your druggist for "Solution of Ozone (the coupon kind)" and if he does not keep it you can get it from the Public Drug Co., Bridgeburg, Ont., by writing for it.

MOTHER AND DAUGHTER CURED.

Gastric Ulcers and Biliousness Cured By Bileans.

Mrs. Waugh, of 29 Thornhill house, Thornhill Road, Hammarby, recently related to a London journalist how Bileans rescued her from life-long misery. "As far back as I can remember," she said, "I have suffered from bilious attacks, but about nine months ago my health broke down altogether. At a large hospital I was told that I had gastric ulcers. Night after night I lay awake in agony, from cruel pains in my body. My strength gave way, and I lost all interest in life. The medicine I got from the hospital did me no good, and I had almost given up all hope.

"Reading about Bileans made me decide to try them. The result was remarkable. Soon my pains disappeared, my strength increased rapidly, and very soon I was able to go about my work as if I had never known what illness was.

"For a while I was afraid my recovery was too good to last, but now, after several months of excellent health, I can safely say that Bileans have cured me. Even the biliousness, my life-long trouble, has entirely disappeared.

"My daughter Grace, who is just fifteen, was also a martyr to biliousness. Every week she had an attack which left her weak and ill, and quite unfit for her work. Her skin was quite yellow and she was very nervous. After a course of Bileans she now, after a few weeks' perseverance, her complexion is beautiful. The biliousness has entirely disappeared, and her work never seems to tire her."

Bileans are recommended by Nature's finest medicinal herbs. They correct the morbid condition of the organs, and establish sound health. They accomplish all this so gently and generally that they do not irritate or injure the delicate lining of the digestive canal or liver cells, etc., and may be safely taken by the frailest invalid.

Bileans end those tired, worn-out feelings which you experience about now. They also cure headache, constipation, piles, liver trouble, indigestion and all digestive disorders. Female ailments, skin eruptions, biliousness, sick headache, bad taste in the mouth, foul breath, dizziness, fainting, buzzing noises in the head, feelings of uncomfortable fullness, even after a light meal, wind pains, anaemia, debility, etc. They also act as a general tonic, improve the general circulation and are a boon to pale-faced girls and weak women. For all purposes to which a household remedy is put, Bileans will be found of excellent service.

Bileans are obtainable from all druggists and stores at 5s. per box or direct from the Bilean Co., Colborne St., Toronto, upon receipt of price, 6 boxes for \$2.50.

For The Very Little Tot.



The Mother Hubbard model is replacing to a marked extent the long-winded French dress worn for several seasons past by the little tots of the nursery. Variations from the old-style Mother Hubbard in the form of pointed and round yokes are much seen, with the scalloped model claiming favor with all fond mothers. The white lawn was the material used for this model, though any one of the season's dainty wash fabrics might be employed with equally good effect, and the back is inset with inch-wide Valenciennes insertions. The skirt is very full and shirred into the yoke. Narrow bands of the lawn, inset with the lace, finished the full-length bishop sleeves, which may, if desired, be cut in shorter lengths, and the neck is finished with a lace inserted band of the lawn. The closing is, of course, in the back.

Toledo News.

Toledo, May 10.—Arbor day was celebrated here in the usual fashion, Mrs. Bulger has had the exterior of her residence re-painted. Mr. and Mrs. Thomas Rape, Syracuse, N.Y., are visiting at the former's home here. Mr. and Mrs. C. Sliker, Elgin, spent Sunday and Monday at C. Tallman. Martin Murphy has gone to Elgin, where he will spend the summer months. Mr. and Mrs. William Bell attended the funeral of the late Robert Jovnt, in New Byrns, on 2nd instant. P. Doeherty, Brockville, has moved into the village. William De Wolfe, Winthrop, is visiting friends here. John Fenelon, who has been seriously ill, is now improving. Mr. and Mrs. Ransom Percival were in Portland on Monday. C. Tallman has purchased the residence lately vacated by John Kennedy.

Bradshaw Personal.

Bradshaw, May 9.—Sunday school was reorganized on Sunday with T. Frame as secretary-treasurer, and Mrs. R. Frame as superintendent. Rev. Mr. MacLennan, Shabert Lake, called on some of the members of his congregation last week. O. Campbell, Oconto, had a bee, raising a large stock barn. D. Stafford spent a few days with his daughter, Mrs. Tysic, Perth. G. Lunn was in Cobalt. Mrs. Duffy and Miss Payne, Tichborne visited Mrs. T. Swerbrick.

NEW WAY TO EAT

THOROUGH MASTICATION IS SECRET OF HEALTH.

Yale Professor's Findings—Ten Students Were Experimented With, and as Time Went by They Ate Less and Gained Greater Powers of Endurance.

New Haven, Conn., May 10.—Prof. Irving Fisher, of Yale, has concluded an experiment covering ten weeks, in relation of endurance to diet, and last night he published the first statement of the result. Nine Yale graduates were selected for the experiment, and were given one test after the Christmas holidays, when they were fresh from vacations, and another after a term of hard work. The experiment consisted in trying to find a truer food instinct than most persons are said to have. No attempt was made to prescribe the diet or forcibly alter the quantity of proportions of the food. The men were simply asked to follow the plan, eating slowly and thoroughly masticating their food, giving special attention to its taste and then following implicitly the dictate of appetite.

A record was kept of the food consumed by each man each day. The proportion of fat, starches and "protein" were worked out by means of a mechanical diet indicator devised for this purpose by Prof. Fisher. It was found that the men decreased their food ten per cent., the "protein" 15 per cent., and the consumption of meat and other flesh foods by forty per cent. instinctively. To test the working power of the men trials of endurance were made at Yale gymnasium at the beginning of the experiment. The same tests were repeated at the end. It was then found that each of the nine men had improved anywhere from fifteen to more than 100 per cent., despite the fact that no special physical exercise had been taken. The average physical endurance was over fifty per cent. Strength tests were also given, but the improvement in endurance was greater than in strength. Mental tests were also given in form of problems, and it was found that the men had increased in mental quickness. As every precaution was taken to prevent any disturbing factor to which the improved condition of the men might be ascribed, it is believed that the experiment has demonstrated that it is possible for any person in two and a half months' time, by simple mastication of the food, and following the appetite, to improve the endurance by one-half.

Get The Best Liniment.

When you need a liniment you want the one that cures quickest and best. Smith's White Liniment penetrates deeply, relaxes the muscles, reduces inflammation, heals more surely, thoroughly and quickly than any other liniment on the market. Don't fail to get a bottle to-day for 25 cents, at Wade's. Money back if not satisfactory.

Assassinated in Nicaragua.

Washington, May 10.—Mr. Corea, the Nicaraguan minister, here, has received a cablegram stating that Adolfo Altamirano, the Nicaraguan minister for foreign affairs, had been assassinated.

Have no equal as a prompt and positive cure for sick headache, biliousness, constipation, pain in the side, and all liver troubles. Carter's Little Liver Pills. Try them.

Hon. Mr. Ross addressed the legislature, Wednesday, in criticism of the government's power bill.

To Rebuild The Body

When it is Weak and Wasted by Overwork or Disease You Can Use

Dr. Chase's Nerve Food

"Our bodies," says Huxley, "may be likened to an eddy in a river, which retains its shape for a while, though every instant each particle of water is changing."

The tissues of the body, composed of millions of tiny cells, are being constantly broken down and wasted away by the process of life and especially by overwork and disease.

In order to reconstruct these wasted tissues there are necessary such elements as iron, sodium, magnesium, potassium, etc., and when these are not supplied in sufficient quantities in the food we eat it is necessary to aid nature by the use of certain restorative preparations.

Especially during the winter season foods are unusually artificial and as a result the spring finds the body in a weak and run-down condition.

Dr. Chase's Nerve Food is particularly effective under such circumstances because it is composed of the very elements of nature which go to form new, rich blood, create new nerve cells and rebuild wasted tissues.

This great food cure is radically different from the medicines that are usually used for nervous diseases, for while they stimulate tired nerves to over-exertion or by narcotic influence soothe and deaden them, Dr. Chase's Nerve Food revitalizes the wasted nerve cells and so accomplishes, lastingly beneficial results.

While modern and scientific in composition and preparation, Dr. Chase's Nerve Food has been on the market sufficiently long to prove in thousands of cases its extraordinary restorative and reconstructive power.

For men who are suffering from headaches, indigestion and sleeplessness, for women who besides these symptoms suffer from weakness and irregularities of the delicate feminine organism, for children who are pale, weak and puny, there is, we believe, no preparation extant which will bring about such satisfactory results as the use of Dr. Chase's Nerve Food, 50c. a box, 6 boxes \$2.50, at all dealers or Edmanston, Bates & Co., Toronto.

Japan tea will soon be a thing of the past. Machine-made Ceylon is fast displacing it. Blue Ribbon is the best.

DR. J. COLLIS BROWNE'S

CHLORODYNE

(THE ORIGINAL AND ONLY GENUINE.)

Colds, Coughs,



Asthma, Bronchitis.

It is admitted by the profession to be the most wonderful and valuable remedy ever discovered. It is the best remedy known for COUGHS, COLDS, CONSUMPTION, BRONCHITIS, ASTHMA. It acts like a charm in DIARRHOEA, and is the only specific in CHOLERA, and DYSENTERY. It effectively cuts short all attacks of EPILEPSY, HYSTERIA, PALPITATION and SPASMS. It is the only palliative in NEURALGIA, RHEUMATISM, GOUT, CANCER, TOOTHACHE, MENINGITIS, etc.

Always ask for "DR. J. COLLIS BROWNE'S CHLORODYNE," and beware of spurious compounds or imitations. The genuine bears the words "DR. J. COLLIS BROWNE'S CHLORODYNE" on the Government Stamp of each bottle.

Sold in bottles. Prices in England, 1s 1/4d, 2s 9d, 4s, 6s, each.

(Overwhelming Medical Testimony accompanies each bottle.)

Sole Manufacturers:—J. T. DAVENPORT, Limited, LONDON.

Wholesale Agents, LYMAN BROS. & CO., Limited, Toronto.

HIGH-GRADE FOOTWEAR FOR WOMEN



We are showing many new styles in

Women's Shoes

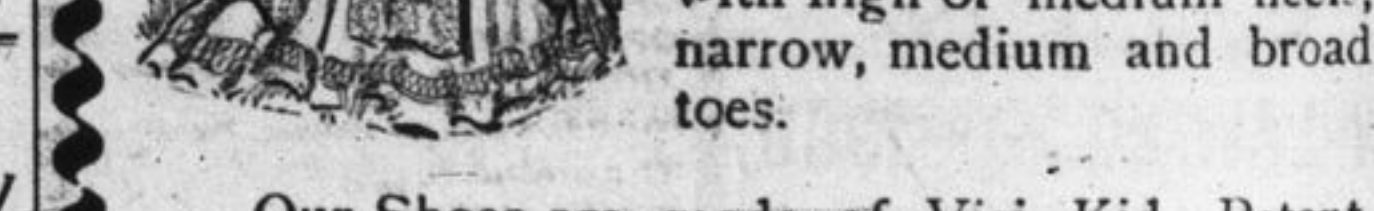
High Shoes and Oxfords with high or medium heels, narrow, medium and broad toes.

Our Shoes are made of Vici Kid, Patent Colt and Gun Metal leathers.

Our Oxford Shoes at \$3 are beauties.

We also have a nice variety of Women's White Canvas Oxfords, ranging in price from \$1.75 to \$2.50, with light or heavy soles, white or brown heels.

ABERNETHY'S



ROOFING

If you are thinking of covering your house or outbuildings this year let us know and we will be pleased to give you an estimate on any kind of roofing.

We carry a large stock of Galvanized Iron, Metal Shingles and Siding, and are prepared to do work on the shortest notice and can guarantee you first-class workmanship.

Ask to see our Rubber Roofing, which is a very durable but cheap roofing for outbuildings, etc.

LEMMON & SONS

351 and 353 King Street Phone 388.

KINGSTON & PEEL RAILWAY

In Connection with Canadian Pacific

TRAINS LEAVE KINGSTON

12:00 p.m.—Express, for Montreal, 12:30 p.m.—Express, for Toronto, 1:00 p.m.—Express, for Ottawa, 1:30 p.m.—Express, for St. Catharines, 2:00 p.m.—Express, for Niagara Falls, 2:30 p.m.—Express, for Hamilton, 3:00 p.m.—Express, for London, 3:30 p.m.—Express, for Windsor, 4:00 p.m.—Express, for Detroit, 4:30 p.m.—Express, for Chicago, 5:00 p.m.—Express, for St. Louis, 5:30 p.m.—Express, for Kansas City, 6:00 p.m.—Express, for St. Paul, 6:30 p.m.—Express, for Minneapolis, 7:00 p.m.—Express, for St. Paul, 7:30 p.m.—Express, for Minneapolis, 8:00 p.m.—Express, for St. Paul, 8:30 p.m.—Express, for Minneapolis, 9:00 p.m.—Express, for St. Paul, 9:30 p.m.—Express, for Minneapolis, 10:00 p.m.—Express, for St. Paul, 10:30 p.m.—Express, for Minneapolis, 11:00 p.m.—Express, for St. Paul, 11:30 p.m.—Express, for Minneapolis.

Passengers leaving Kingston

arrive in Ottawa, 12:30 p.m.—Express, for Toronto, 1:00 p.m.—Express, for Ottawa, 1:30 p.m.—Express, for St. Catharines, 2:00 p.m.—Express, for Niagara Falls, 2:30 p.m.—Express, for Hamilton, 3:00 p.m.—Express, for London, 3:30 p.m.—Express, for Windsor, 4:00 p.m.—Express, for Detroit, 4:30 p.m.—Express, for Chicago, 5:00 p.m.—Express, for St. Louis, 5:30 p.m.—Express, for Kansas City, 6:00 p.m.—Express, for St. Paul, 6:30 p.m.—Express, for Minneapolis, 7:00 p.m.—Express, for St. Paul, 7:30 p.m.—Express, for Minneapolis, 8:00 p.m.—Express, for St. Paul, 8:30 p.m.—Express, for Minneapolis, 9:00 p.m.—Express, for St. Paul, 9:30 p.m.—Express, for Minneapolis, 10:00 p.m.—Express, for St. Paul, 10:30 p.m.—Express, for Minneapolis, 11:00 p.m.—Express, for St. Paul, 11:30 p.m.—Express, for Minneapolis.

Full particulars at Kingston

and at the Office, Ontario

F. CONWAY, Gen. Pass. Agent.

Bay of Quinte

short line for Toronto, Deseronto, and all local points, leaving City Hall Depot, CONWAY, Agent B. Q. R.

GRAND TRUNK

LOCAL BRANCH TRUNK

In Effect Jan. 25

Trains will leave and arrive at

Depot, Foot of Johnston St.

GOING WEST

Local ... 12:45 a.m.

Express ... 1:30 a.m.

Local ... 2:15 a.m.

Local ... 3:00 a.m.

Local ... 3:45 a.m.

Local ... 4:30 a.m.

Local ... 5:15 a.m.

Local ... 6:00 a.m.

Local ... 6:45 a.m.

Local ... 7:30 a.m.

Local ... 8:15 a.m.

Local ... 9:00 a.m.

Local ... 9:45 a.m.

Local ... 10:30 a.m.

Local ... 11:15 a.m.

Local ... 12:00 p.m.

Local ... 12:45 p.m.

Local ... 1:30 p.m.

Local ... 2:15 p.m.

Local ... 3:00 p.m.

Local ... 3:45 p.m.

Local ... 4:30 p.m.

Local ... 5:15 p.m.

Local ... 6:00 p.m.

Local ... 6:45 p.m.

Local ... 7:30 p.m.

Local ... 8:15 p.m.

Local ... 9:00 p.m.

Local ... 9:45 p.m.

Local ... 10:30 p.m.

Local ... 11:15 p.m.

Local ... 12:00 a.m.

Local ... 12:45 a.m.

Local ... 1:30 a.m.

Local ... 2:15 a.m.

Local ... 3:00 a.m.

Local ... 3:45 a.m.

Local ... 4:30 a.m.

Local ... 5:15 a.m.

Local ... 6:00 a.m.

Local ... 6:45 a.m.

Local ... 7:30 a.m.

Local ... 8:15 a.m.

Local ... 9:00 a.m.

Local ... 9:45 a.m.

Local ... 10:30 a.m.

Local ... 11:15 a.m.

Local ... 12:00 p.m.

Local ... 12:45 p.m.

Local ... 1:30 p.m.

Local ... 2:15 p.m.

Local ... 3:00 p.m.

Local ... 3:45 p.m.

Local ... 4:30 p.m.

Local ... 5:15 p.m.

Local ... 6:00 p.m.

Local ... 6:45 p.m.

Local ... 7:30 p.m.

Local ... 8:15 p.m.

Local ... 9:00 p.m.

Local ... 9:45 p.m.

Local ... 10:30 p.m.

Local ... 11:15 p.m.

Local ... 12:00 a.m.

Local ... 12:45 a.m.

Local ... 1:30 a.m.

Local ... 2:15 a.m.

Local ... 3:00 a.m.

Local ... 3:45 a.m.