

Cures Rheumatism. I had an attack of Rheumatism—pains near my heart—which increased to such a degree that I became very anxious. I lost my appetite, and an intense itching or heating of the head made life miserable. I asked a druggist, was there nothing he could suggest that would help me, and he replied 'Why not try ABBEY'S SALT?' I did so, and can now state positively, and without solicitation that the Rheumatism has disappeared—my appetite is grand—and the itching of my scalp has ceased. I suggested to my aged Father and Mother that they should try ABBEY'S SALT for their Rheumatism—and they tell me they have received immense benefit.

BROADBRIM'S Letter From Greater New York. WANTS A NICKNAME OF THE RUINED CITY SET ASIDE FOREVER. The Air Filled With Danger Signals—World's Peace May Be Rudely Disturbed—Joseph Jefferson's Doll Hobby.

of art and for many years dabbled in picture painting himself, not even his most intimate friends suspected the extent of his holdings. The very singular feature in Mr. Jefferson's character was his love of children's dolls. He had them in all nationalities and all costumes and if he saw a doll display in a shop window he could not tear himself away without making a purchase.

SANKEY'S LAST DAYS MOODY'S HELPER IS SLOWLY DYING. Blind and Nearly Deaf, the Famous Gospel Singer is Awaiting the End at His Brooklyn Home. In his Brooklyn home, Ira D. Sankey, the man who sang with Moody in their great missionary tours the world over, is now nearing the valley of the shadow he sang of thirty years ago in the lines:

The little Doctor, in your Vest Pocket

SEE the thin, round-cornered little Enamel Box below! When carried in your vest pocket it means Health-Insurance.

It contains Six Candy Tablets of pleasant taste, almost as pleasant as Chocolate. Each tablet is a working dose of Cascarets, which acts like Exercise on the Bowels and Liver.

It will not purge, sicken, nor upset the stomach. Because it is not a "Bile-driver," like Salts, Sodium, Calomel, Jalap, Senna, nor Aperient Waters.

These waste Digestive Juices of the system needed tomorrow, in merely flushing-out the Bowels today.

Neither is it like Castor Oil, Glycerine, or other Oily Laxatives that simply lubricate the Intestines for transit of the food stopped up in them at that particular time.

These emergency drugs relieve the immediate trouble, but do not relieve its Cause. The same trouble will therefore recur again till that Cause is removed permanently.

The chief cause of Constipation and Indigestion is a weakness of the Muscles that contract the Intestines and Bowels. Cascarets are practically to the Bowels Muscles what a Massage and Cold Bath

are to the Athletic Muscles. They stimulate the Bowel Muscles to contract, expand, and squeeze the Digestive Juices out of food-stuffs. Cascarets do this naturally, without purging or discomfort. They don't help the Bowels and Liver in such a way as to make them lean upon similar assistance for the future.

This is why, with Cascarets, the dose may be lessened each succeeding time instead of increased, as it must be with all succeeding doses of other Cathartics and Laxatives.

Cascarets act like exercise. I carried in your Vest Pocket, (or carried in My Lady's Purse,) and eaten just when you suspect you need one, you will never know a sick day from the ordinary ills of life.

Because, nearly all these ills begin the Bowels, and partial Constipation paves the way for all other Diseases. "Vest Pocket" box 10 cents.

Be sure you get the genuine, made only by the Sterling Remedy Company, and never sold in bulk. Every tablet stamped "C.C.C."

A sample and the famous booklet, "Curse of Constipation," Free for the asking. Address Sterling Remedy Company, Chicago or New York.

Showing size of "Vest Pocket" Cascaret Box compared to Watch.

NEAVE'S Food For Infants, Invalids, And The Aged. GOLD MEDAL, WOMAN'S EXHIBITION, London, 1900. DR. BARNARDO says: "We have already used Neave's Food in two of our Homes (Babies' Castle and the Village Home), and I have no hesitation in saying it has proved very satisfactory."

ROYAL YEAST CAKES MOST PERFECT MADE. SOLD AND USED EVERYWHERE. E.W. GILLET LIMITED TORONTO, ONT.

Dye to any Color At Home! "Maypole" is a cake of soap that washes and dyes at one operation. Not an old-fashioned dirty, messy powder anything—dyes to any color or shade. Good-bye to that trip to the dye house—dyes at home with Maypole.

YOUR BRAIN HOLDS THE NERVE STRINGS AND IF DISEASE TAKES HOLD OF THE NERVES THE BRAIN LOSES CONTROL OF ALL THE FORCES THAT CONTRIBUTE TO HEALTH AND MENTAL AND PHYSICAL COLLAPSE ARE AS CERTAIN AS SUNSET South American Nervine begins at the beginning to prevent and eradicate disease—it acts on the nerves that control the vital organs of the body, gives strength to the whole nervous system, fills the blood with that richness and purity that is so essential to health—because, remember this, that when these nerves become weakened and exhausted it means indigestion, torpid liver, stagnant kidneys, the heart flutters and becomes irregular and weak, the lungs fail to have the nourishment and weaker, and the climax, naturally enough, is debility—and the next stage may be consumption. All such dire consequences may be saved by the wonderful potency of South American Nervine.

THE PARSON PUBLICAN. Morning and Evening Prayer in a Public House. The local government board has asked Rev. Samuel Thackeray, M.A., L.E.D., landlord of the Fish and Eels hotel, Hoddlesdon, to resign the office of chaplain of the Gordon road workhouse, Camberwell. But Dr. Thackeray will decline to do so.

MISS HARRIET WARE and MISS RUTH HOFER. It seems that Miss Harriet Ware and Miss Ruth Hofer, two adherents of John Alexander Dowie, were principally responsible for Dowie's downfall. His more than fatherly attentions to Miss Ware and Miss Hofer, the Swiss heiresses, whom Dowie addressed as his "lump of gold," caused trouble between Dowie and his wife.

Always Uniform Always Reliable Everywhere Obtainable BAKER'S CHOCOLATE & COCOA have stood the tests of time and service for over 125 years.

CHICKEN CAME HOME TO ROOST. An English manufacturer of pottery is the subject of a joke told in the Liverpool Post. While on a continental tour he purchased a Sevres vase for some hundreds of pounds, and when he returned home he was surprised to find it in his possession.

WALTER BAKER & CO. LTD. Highest Awards in Europe and America. Branch House, 86 St. Peter St., Montreal, Can.

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which, has, up to the present time, distinguished the city, which now lies in ruins, but which, with God's help, will rise like a phoenix from its ashes. I sincerely trust that this request will be granted by every newspaper publishing the Broadbrim letters. California wants no nicknames for the city which is yet to be its chief glory and honor.

The most startling item that catches the eye in the local news of the morning is the appropriation by congress of the astounding sum of one hundred millions of dollars for warlike defense. What is the meaning of this sudden awakening? The nation inscribes on the door of its temple the ancient Latin proverb of "Nunc quem non Paratus," "never unprepared." All the nations in the world seem to be preparing for something in the future, indefinite, but nevertheless much to be feared. There is just built the invincible Dreadnaught with its eighteen thousand tons of measurement and twenty-two knots an hour speed, with a broad side that would pierce to atoms the strongest defenses known to man.

The original commission of Thomas Lord Fairfax, baron of Cameron, was found several days ago at Winchester, Va., among some old relics and documents bought by Dr. Charles Von Witt, of that city. It is a thing engraved on parchment, dated in England, April, 1738, and is in a fair state of preservation.

Vultures cannot discover a carcass by the sense of smell. They rely entirely upon their sight when in quest of food. He who is away from home most of the time dodges a lot of domestic trouble.

CARLING'S ALE, PORTER AND LAGER. NOTED FOR PURITY, BRILLIANCY AND UNIFORMITY. J. S. HENDERSON, AGENT, KINGSTON.

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