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CEYLON NATURAL GREEN TEA  
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KEEP THE CAPSULES AND GET A VALUABLE PREMIUM.

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**TRISCUIT**  
The new shredded whole-wheat toast served with butter, cheese or preserves—more nourishing than bread.

Send for the "Vital Question Cook Book," postpaid.  
CANADIAN SHREDDED WHEAT CO., Limited, Niagara Falls, Ont.  
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**E. B. EDDY'S**  
Rising Star  
Parlor Match  
In neat attractive boxes containing about 750 MATCHES  
Ask Your Grocer For Them  
It will cost you only 5c. to try them.

**D & A CORSETS**

The Corset For Utter Comfort

The D & A corset will support you in every point that makes corset-comfort—the comfort of perfect style, of shapely fit, of graceful design, of ease for the woman who wears it. You need not "break in" a D & A—and you cannot break them down. Wear a D & A corset to tatten, and still does it hold its shape. Ask your favorite store to show you why—the D & A shell is the proof.

Price—\$2.25  
Others—\$1.00 up to \$3.50



**STORE YOUR STOVES**

We call for them, store them for the summer, clean and deliver them in the fall for \$2 each. Cheap enough, isn't it. And then think of all the bother it saves you.

**LEMMON & SONS**

**THE SIMPLE LIFE**  
WHERE IT ATTRACTS REAL ATTENTION.

Community of Healthy People Who Live on the Fruits of the Earth—Where Lent is Perpetual.

London, April 10.—The simple life in its best form is known at the Lady Margaret hospital, Bromley, Kent, which is attracting much attention throughout England.

Founded three years ago, it has had no animal killed for the food of a single inmate during the whole of that time. The full healthy faces of the patients and staff get no thinner and paler, because their bodies are fully nourished with all the kindly fruits of the earth from every land. Oranges and apples jostle with bananas and lemons. The sun-dried raisins of Spain and the beautiful currants of Greece are found side by side with figs from Turkey and dates from Egypt and plums from California and pines from Jamaica. There are the varieties of grass fruits—the rice and wheat—and barley and oats—and the leguminous fruits—the peas and beans and lentils and dahlis in small quantities. Besides these some nuts used freely after being put through nut mill and transformed into snowy meal; salads—especially the fresh water cress grown on unpolluted wet farms—vegetables, milk, butter, cheese and eggs.

In place of all the objectionable animal fats there is only used the snow-white coconut oil. Malted nuts and vegetable oils are also freely used. At the Lady Margaret hospital there is no need for the Lenten rigors, for Lent has no rigors—the year is perpetual Lent, and those who have adopted it wisely have found it pleasant and healthful.

Sometimes it is asked, "Are you not a vegetarian?" and the answer is always "No." The hospital had no connection with any vegetarian movement, and wholly repudiates all the fads and extravagances that have been propagated under that name.

**A Tailored School Frock.**



Frills and furbelows have no place in the schoolgirl's wardrobe of every day frocks. The tailored dress is to her what the boy's shirt waist is to him—an absolute necessity. The long-favored Russian blouse for very small boys and girls is this season in the lines of garments for older girls—those from eight to sixteen—dividing favor with the popular Peter Thompson. Any of the lightweight woollens will make up well after this style, the dress pictured employing a lightweight English mohair in a deep rich blue shade. The skirt, reaching half way between the knee and ankle, is laid in deep side pleats either side of the centre front box pleat, and the deep hem is finished with a single row of hem machine stitching. The rather long blouse has triple box pleats back and front, confined at the waistline by a broad belt of the mohair, trimmed with two rows of black silk braid, fastening in front with a plain gun metal buckle. The broad sailor collar trimmed with braid, fastens in front beneath the centre box pleat, the low band at the neck showing double rows of the braid. The full bishop sleeve is tucked about the wrist to simulate a cuff, each tuck showing machine stitching. The jaunty sailor is girlish and becoming with its banding and rosette of ribbon, through which two long quilts are thrust.

**News From Gananoque.**

Gananoque, April 12.—The social held by the members of the Gananoque East circuit—at the parsonage, Messrs James and Brock streets, was attended by a good crowd, considering the weather. An excellent programme was rendered, and an evening of helpful enjoyment spent. Refreshments were served at the same place.

Mr. May, of Kingston, the new assistant master for the high school, arrived here yesterday. His duties will not commence until after Easter.

The engagement of Miss Myrtle Sarah Bamford, daughter of Mr. and Mrs. Alexander Bamford, Pine street, to Roy Edward Marshall, is announced. The marriage will take place on Monday, April 23rd.

The entertainment held in the town hall last evening under the auspices of the Gananoque public library was well attended. E. Pauline Johnston and Walter McRay were the entertainers.

**Have It In The House.**

There is nothing else you can have in your house worth so much that costs so little as a bottle of Smith's White Liniment. It will enable you to escape the discomfort of sprains, bruises, swellings, neuralgia, rheumatism and various aches and pains, and to come to anyone. Cost but 25c. for a big bottle at Wade's. Money back if not satisfactory.

Fifty-cent tape girls' corsets for 35c. New York Dress Reform.

**FROM HALF A DOZEN**  
To Half a Hundred Prayer Meeting Increase.

Batterssea, April 10.—On Sunday, the first, Rev. Mr. Waddell exchanged pulpits with Rev. Mr. Richards, Inverary. The latter's discourses were much appreciated here. The Thursday night prayer meetings have greatly improved under the present pastorate, both from point of attendance and interest manifested. The regular attendance has increased from half a dozen to half a hundred. The choir leads the singing with Miss Maggie Clark as organist.

On the 28th ult, the L. O. L. conducted a concert in their hall. The programme was varied, and contributed entirely by local talent. A fairly good crowd was in attendance, and a nice sum realized to apply on the piano debt.

Charles Anglin has begun operations in connection with the enlarging and improving of his farm residence. Giles Stinson purchased a fine team of horses from Joseph Toland, Simbury, last week. Anderson Knapp also purchased a good single driver in the city. W. H. Jamieson lost a valuable cow lately, and Thomas Abbott suffered the loss of a colt. The cheese factory began operations on Monday, with B. Valleau again as maker. He is ably assisted by two young men from Napane, Messrs. Chadaby and Sparks. W. J. Anglin will again act as treasurer and salesman, and the following shareholders are committee of management: Charles Sleth, Thomas Clark, James Hughes, W. H. Jamieson and W. Ormsbee. A new carpet floor was put in the factory this spring, and other improvements added, under the superintendency of W. H. Jamieson.

George Matthews has completed the work of moving St. Saviour's church, in Kingston. It proved a much more difficult task than he expected. Probably he underestimated the weight of sin in it. Misses Mabel Lake and Ethel Clark are visiting at the parsonage, Sealey's Bay. Visitors in our midst: Lloyd Buck at W. J. Anglin's, Miss Bert Elmer, Kingston at La Vanluc's, Miss Wain, Sealey's Bay, at Everett Card's.

Buy your corsets at New York Dress Reform and you will be sure of a perfect fit.

The small boy can never understand how a grown man can let a doctor keep him from eating things he likes.

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**Richest in Color. Choicest in Design. Perfect in Taste.**

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"For Every Room in Every House."

Ask your dealer to show you the Menzie Line Wall Papers. They are the embodiment of all that is artistic in wall decorations. Be sure you see the name on every roll.

NOT IN ANY COMBINE.

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**THE SILVER BAR**

The Silver Bar property is situated strictly within the rich native silver and cobalt zone and adjoining the richest portion of the famous Gillies Timber Limit and one and a half miles from the Town of Cobalt.

First allotment over-subscribed in a few hours. Second issue of 100,000 shares now selling. Par value \$1.00.

For shares and information apply to

**Messrs. Mills & Cunningham, Bankers, Kingston, Ont.**

**Easter Greeting**

It's a pleasure to add to our Easter Greeting a cordial invitation to you to come and see the handsomest lines of Men's, Young Men's, Boys' and Children's Ready-to-Wear Apparel for spring that we have ever shown. Easter has become the accepted occasion for the change from the heavy garments of winter to the lighter and brighter apparel for spring.

We would like to furnish your Easter Outfit—may we? Come in and see the New Spring Ideas and you will make your selection here, we are sure. You will find everything that is new and up-to-date, and at prices that are from \$1 to \$4 below the other fellows.

**The Suit**

You may have in any style, Double Breasted Frock or Cutaway, Single or Double Breasted Sack. The materials are—Vicunas, Serges, Cheviots, Worsteds and Tweeds; Imported goods. Prices, \$5.50, \$6, \$6.75, \$7.50, \$9.50, \$11.50, \$13.50, \$15, \$16.50.

The Top Coat or Rain Coat you may choose from the best the trade knows anything about. Every new cut and fabric here. Prices for Topcoats, \$6, \$7.50, \$9.50, \$11.50, \$13.50, \$15, \$16.50. Prices for Rain Coats, \$6, \$7.50, \$9.50, \$11.50, \$13.50, \$15, \$16.50.

Men's and Young Men's Trousers, newest patterns, latest cut, \$2, \$2.50, \$3, \$3.50, \$4 and \$4.50.



**Our Display of New Neckwear for Easter**

Is rich in all that pertains to good taste and good dressing. A harmony of colors and elegance never before equalled.

**Gloves**  
See our new Gloves. The very swiftest of the swiftest.

**Shirts**  
In Colored Shirts we are showing the greatest variety in the city.

Many of the smart, handsome lines of Suits, Top Coats and Neckwear we are showing this season are exclusive with us. COME AND SEE.

**A Few Specials for Saturday**

MEN'S SOFT COLORED SHIRTS—Regular 75c., Saturday, each	40c.
MEN'S WORKING SHIRTS—Regular 50c., special Saturday, each	35c.
MEN'S TWEED PANTS—Three patterns, regular \$1.25, special Saturday, per pair	95c.
MEN'S GOOD HEAVY OVERALLS—With and without bibs, regular 75c., special Saturday	50c.
17 MEN'S DARK TWEED SUITS—New patterns, regular \$5.50, special Saturday	\$5.00

Our guarantee goes with our goods. Money refunded if you want it. You are sure to do better here than elsewhere. COME, SEE.

**RONEY & CO.**

127 PRINCESS STREET.  
The Store That Sets the Pace.

Vice-President Izzard, of the International Union urges the striking bricklayers at Hamilton to keep their agreement and go back to work on the old terms.

Sunlight Soap is better than other soaps, but it is best when used in the Sunlight way. Buy Sunlight Soap and follow directions.

**SHEET LEAD** Immediate Delivery  
**GET OUR PRICES**  
**The Canada Metal Co.**  
William Street, Toronto. Phone Main 1729

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The popularity of is a fact.

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And pretty shoes are who called the beautiful "dreams" was not far woman to have a pretty the natty Spring Shoes w elsewhere in Kingston.

Ideal Kid, Vici Kid, ban, medium and low he here to please the well or low shoes.

In Canvas Shoes w ferent styles in white, bl new shades. "Come in a

**J. H. Sutho**  
The House of

**35 Years**

**Ganong's G. B. C**

Has been before the that speaks for it elf.

Manufacturers of the lily Chocolates, unsurpassed

Sold in bulk and pack 1.3 and 4 pounds.

Ask for G. B. Eva

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Having one of th Houses in the city, down, remove and per season.

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Still leads. It is the in the market.

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