

Grandfather's Cure for Constipation



They don't flush out your bowels and intestines with a costly waste of Digestive Juice, as Salts, Castor Oil, Calomel, Jalap, or Aperient Waters, always do.

No. — Cascarets strengthen and stimulate the Bowel Muscles instead.

These are the Muscles that line the Food passages and that tighten up when Food touches them, thus driving that Food on to its Finish.

They are the Muscles that turn Food into Strength through Nutrition.

Well, — a Cascaret acts on your Bowel-Muscles as if you had just Saved a cord of wood, or walked ten miles.

That's why Cascarets are safe to take continuously in health; and out of health. Because they remove the Food Naturally, digesting it without waste of tomorrow's Gastric Juice.

They thus work all the Nutrition out of it before it decays.

The thin, flat, Ten Cent box is made to fit your Vest Pocket, or "My Lady's" Purse.

Carry it constantly with you and take a Cascaret whenever you suspect you need one.

Thus you will ward off Appendicitis, Constipation, Indigestion, — and other things besides.

Druggists — 10 Cents a Box. Be very careful to get the genuine, made only by the Sterling Remedy Company, and never sold in bulk. Every tablet stamped "CCC."

A sample and the famous booklet, "Cure of Constipation," Free for the asking. Address Sterling Remedy Company, Chicago or New York.

GREAT medicine, — the Saw-buck. Two hours a day sawing wood will keep anyone's Bowels regular.

No need of pills, Cathartics, Castor Oil nor "Phytic." If you'll only work the Saw-buck regularly.

Exercise is Nature's Cure for Constipation and — Ten-Mile walk will do, if you haven't got a wood pile.

But, if you will take your Exercise in an Easy Chair, there's only one way to do that, and make a Success of it.

Because, — there's only one kind of Artificial Exercise for the Bowels and its name is "CASCARETS."

Cascarets are the only means to exercise the Bowel Muscles, without work.

They don't Purge, Grip, nor "upset your Stomach," because they don't act like Cathartics.

Address DR. KOHR MEDICINE CO., P.O. Drawer L, 2341, Montreal.



FREE-HELP FOR MEN The only remedy known to science which will positively cure hot manhood...

Address DR. KOHR MEDICINE CO., P.O. Drawer L, 2341, Montreal.



The New Swell QUEEN QUALITY SHOES

Metropolitan shops catering to the smartest trade are showing a variety of tailored "shirts," as they call them, but those which seem to be meeting with the most favor are similar to the one here pictured.

It has a double box pleat in the center of the waistline, this giving, perhaps, better lines to the figure. A double box pleat in the center front is machine stitched in true tailor fashion, and either side of this is a deep pleat stitched from shoulder to waistline, two similar pleats in the shoulder seam stitched only to yoke depth, this giving the necessary fullness of the bust.

The regulation shirt sleeve pattern is used, the stiffened cuff, fastening with links, the collar of the same material as the waist, but made separate.

Have Arrived Come in to-day and look them over. You'll like them.

J. H. Sutherland & Bro., THE HOUSE OF GOOD SHOE MAKING

You're a Back Number If you do not use a Type-writer. The visible writing EMPIRE will please you and draw trade.

Price, \$60. Try one for a month.

J. B. C. DOBBS & CO., 171 Wellington St.

SHEET LEAD Immediate Delivery **GET OUR PRICES** The Canada Metal Co. William Street, Toronto. Phone Main 1729

ROBBED OF WEALTH A BIGAMIST WHO WAS QUITE COLD BLOODED.

Second Wife Persuaded to Write Cheques at the Rate of Five Hundred Dollars a Day.

Chicago, April 4.—Stripped of her entire fortune of \$20,000, she declares by her husband, Dr. Frank E. De-La-Creale, who has fled leaving her in subject poverty, Mrs. Frank E. De-La-Creale, No. 2, 2353 Indiana avenue, yesterday, caused the arrest of Mrs. Frank E. De-La-Creale, No. 1, 2,354 Prairie avenue, who is accused of being the accomplice of the man for whom the police, of every city in the United States are on the lookout. Other women, the police say, were swindled by the man.

The woman who makes the complaint and whose maiden name was Triquet, was married to Dr. De-La-Creale, a magnetic healer, last November. He declared himself to be the owner of a \$25,000,000 gold mine in Mexico, she says. He needed money to purchase machinery with which to operate his gold mine and the young woman says she wrote checks for him at the rate of \$500 a day until all her wealth was gone.

The woman who now turns out to be Mrs. De-La-Creale No. 1, of eight years' standing, is said to have aroused the suspicions of Mrs. De-La-Creale, No. 2, by constantly shadowing her husband to the very doorstep of the second wife's home.

De-La-Creale, who is known to have passed also as Dr. Read, explained the appearance of the mysterious woman by saying she was a blackmailer who sought money under threats of having him arrested.

Wife No. 2 admitted to the police that she gave her husband sums of \$200 and \$300 at various times in order to stop the annoyance. Mrs. De-La-Creale, No. 1, proclaims her innocence and declares she, too, was swindled by De-La-Creale.

FASHION'S FORM. The Vogue of Tailored Shirt Waists.



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The regulation shirt sleeve pattern is used, the stiffened cuff, fastening with links, the collar of the same material as the waist, but made separate.

Aids Damages From King. Halifax, N.S., April 4.—The case of O. M. Olmstead versus the king was taken up for hearing before the exchequer court this morning. Judge Burgess presiding. The plaintiff is from New York, and is suing the Dominion government for damages for injuries, etc., received in the Milford wreck of the Intercolonial railway in 1904. He was one of the passengers on the train leaving Halifax, on the morning that the railway disaster occurred. He claims that he was slightly injured, that he lost a diamond valued at between \$400 and \$500, and other personal property. He also claims \$2,000 damages for loss of time. The case is a test case, as several other passengers who were on the same train, have filed their claims for damages, and whether they will be tried or not depends on the outcome of the present suit.

Mechanics, Farmers, Sportmen. To heal and soften the skin and remove grease, oil and rust stains, paint and earth, etc., use The "Master Mechanic's" Tar Soap, Albert Toilet Soap Co., Manufacturers.

The Canadian Pacific railway awarded a contract of \$1,200,000 to the Harris & Ross company, limited, for the construction of a line on the Sudbury division from Parry Sound to Byng Inlet. The line will be forty-seven miles.

"Ozone," Its Best Form. The prompt and permanent removal of any internal germs is most surely effected by the use of "Ozone King." It means the liquefied oxygen in the most concentrated form and that in addition is given free with either the fifty-cent or one dollar size of the Solution a coupon good for a twenty-five cent package of "Celery King." This splendid toilet laxative is needed to obtain the best results in the use of the "Ozone" without lessening its curative properties. The Public Drug Company, Bridgeburg, Ont., control exclusively the manufacture of both "Solution of Ozone" and "Celery King."

COULD NOT REST NIGHT OR DAY

With Irritating Skin Humour — Whole Body Affected — Scalp Itched All the Time and Hair Began to Fall Out — Wonderful Result From

APPLICATION OF CUTICURA REMEDIES

"I am never without Cuticura Soap and Cuticura Ointment since I tried them last summer. About the latter part of July my whole body began to itch. It would make much of it at first, but it began to get worse all the time, and then I began to get uneasy and tried all kinds of baths and ointments that were recommended for skin humours, but I became worse all the time. My hair began to fall out and my scalp itched all the time. Especially at night, just as soon as I would get in bed and get warm, my whole body would begin to itch and I was unable to sleep. I tried several remedies, but I could not rest night or day. A friend asked me to try the Cuticura Remedies, and I did, and the first application brought relief. After about four weeks I would take a hot bath every night and then apply the Cuticura Ointment to my whole body; and I kept getting better, and by the time I used four boxes of Cuticura I was entirely cured, and my hair stopped falling out, but I continue to use the Cuticura on my scalp. It keeps all dandruff out and keeps my scalp always clean. I always use Cuticura Ointment on my face after shaving, and I have never found anything to equal it. I will never be without it." D. E. Blankenship.

Oct. 27, 1905. 318 E. Lake St., Indianapolis, Ind.

RECOMMENDED TO "MOTHERS" "I have used Cuticura Ointment for chafing of infants, and as they grow older all skin diseases were given treatment with that and the Cuticura Soap. I never found it necessary to call a doctor, as these Remedies are a sure-cure, if used as directed. I am glad to recommend them to all mothers." Sincerely yours, Mrs. F. A. Kennard, June 21, 1905. St. Paul Park, Minn.

"IT'S ONLY A COLD, A TRIFLING COUGH"

Thousands have said this when they caught cold. Thousands have neglected to cure the cold, and it has become a Consumptive grave through neglect. Never neglect a cough or cold. It can have but one result. It leaves the throat or lungs, or both, affected.

Dr. Wood's Norway Pine Syrup

is the medicine you need. It strikes at the very foundation of all throat or lung complaints, relieving or curing Croup, Colds, Bronchitis, Asthma, Croup, Whooping Cough, and preventing Pneumonia and Consumption.

It has stood the test for many years, and is now more generally used than ever. It contains all the lung healing virtues of the pine tree combined with Wild Cherry Bark and other natural remedies. It stimulates the weakened bronchial organs, allays irritation and subdues inflammation, soothes and heals the irritated parts, loosens the phlegm and mucus, and aids nature to easily discharge the mucus accumulations. Don't be humbugged into accepting an imitation of Dr. Wood's Norway Pine Syrup. It is put up in a yellow wrapper, and pine trees the trade mark, and price 25 cts.

Mr. Julian J. LeBlanc, Belle Cote, N.S., writes: "I was troubled with a bad cold and severe cough, which assumed such an attitude as to keep me confined to my room. I tried several remedies, but they did not seem to do any good. As a last resort I tried Dr. Wood's Norway Pine Syrup and one bottle cured me completely."

No Sleep For The Kidneys.

Old people are especially liable to Kidney and Bladder troubles. The organs are weakened by age. This starts up inflammation — blood is not properly purified as it goes to the kidneys — the kidneys are unable to retain the urine properly. There is a constant desire to urinate day and night — and sound, restful sleep is unknown.

Bu-Ju THE GENTLE KIDNEY CURE. gives the vigor and strength of youth to kidneys and bladder. It soothes the inflamed and irritated surfaces — tones up the organs — enables them to do their work easily and naturally and cures all kidney troubles.

Cures Rheumatism Too. THE CLAPLIN CHEMICAL CO. LIMITED, WINDSOR, ONT., NEW YORK.

HELP SCOTTISH CROFTERS. Promises Bill to Relieve Their "Land Hunger."

Edinburgh, April 4.—Public sentiment here is strongly in favor of the bill which Premier Campbell-Bannan has promised with the idea of relieving the helpless crofters or peasants of Scotland. The principal cause of the poor people's condition of the crofts is the fact that the land has been given up to game preserves and parks for the pleasure of the rich.

And it isn't always the biggest horn that destroys the most silence.

BRITISH PETROLEUM. A Little Known Industry—60 to 80 Million Gallons Produced Yearly in Scotland—Paraffin Distillation.

The launch of the H. V. S. Dreadnought at Portsmouth by the King recently not only adds a fighting factor of extraordinary power to the navy, but marks a new departure in other respects. She will be the first turbine-driven battleship in the navy, and is provided with combination furnaces in which coal and shale oil or crude petroleum will be used in combination.

A system of jets has been introduced so that the crude oil can be sprayed on to the live coal in the furnaces, thereby largely increasing the heat produced.

The shale oil or crude petroleum is of a dark greenish color of the consistency of treacle, and is used in its crude state on account of the large proportion of carbon it contains.

American and Russian oilfields loom so prominently in the public eye, says Lloyd's Weekly, that few people are aware that from 60 to 80 millions of gallons are produced yearly in Scotland, constituting a home industry which would prove of inestimable value in any possible naval battles of the future.

Although paraffin was obtained by Laurent in 1850 by the distillation of bituminous shale, and in 1835 by Dumas from coal tar, the shale oil and associated industries owe their origin to Mr. James Young, Paraffin candles, wax matches, and all articles in which paraffin wax enters into the composition, owe their existence indirectly to him.

Born in 1811 of humble parents, Mr. Young was apprenticed to his father, a cabinet maker, in Glasgow. A course of evening lectures on chemistry, under Prof. Graham, made him so proficient that he was soon appointed demonstrator and assistant chemistry professor. It was while he was acting as chemist at some chemical works in Manchester that Dr. Lyon Playfair attracted his attention to a small stream of oil which issued from the rocks of some collieries owned from the rocks of some collieries at Alfreton, Derbyshire, which belonged to Playfair's brother-in-law. Having failed to interest anyone else in his schemes, Young started in 1848 with an old fellow-student named Meldrum to exploit this crude petroleum. But being alive to the fact that the floating supply might easily be exhausted, he experimented with a view to ascertaining its most prolific source. Various sorts of English coal were tried with varying results, but at last a Hudd containing solid paraffin was obtained from Cannel coal. In 1850 Young was shown a piece of Boghead coal, and it proved to be so rich in mineral oil that every variety of Scotch coal obtainable was tried.

Having succeeded by artificial means in doing what nature had done—viz., the application of bituminous coals by the application of gentle heat, Young made it the ground of his celebrated patent for obtaining an oil containing paraffin from bituminous coals by slow distillation.

Shale came into prominence for this purpose in a curious way, but the discoverer of its properties, a miner, named Douglas, through some mistaken idea, preferred not to talk of his discovery. The peculiar nature of "scaly blazes," or shale, a mineral deposit generally found both above and beneath a seam of coal, attracted his attention, and filling a clay tobacco pipe with little pieces of shale, he blew a bowl with clay and thrust it into a fire.

Soon gas was generated, and then a thick black fluid slowly dropped from the stem. This black "juice" contained the paraffin of English coal, and his knowledge until 1852. While prospecting for coal at Broxburn, in Scotland, in that year, such large quantities of shale were found that it was determined to put it to some use; experiments were made with such success that the future use of shale in the petroleum industry was assured.

In 1857 borings at Broxburn brought to the surface a thick fluid oil from a depth of 100 feet. The paraffin solution at a temperature of 61 deg. Fahrenheit it was not found practicable to continue pumping operations. Mining was resorted to, and the shale subjected to distillation. Generally speaking the shale is smashed by a steam hammer and placed in a retort, which is subjected to gentle heat; the result, crude shale oil, is then treated for the extraction of the paraffin, which substance was regarded as an encumbrance in the early days of the industry—and the production of purified oil.

The despatched wax has since found a ready market, becoming a valuable asset in various industries.

His Property in Scotland. Montagu Brown was full of military ardor, and he was endeavoring to enlist in the London Scottish volunteers. Of course he was asked if he were a Scotchman, according to London Answers.

"No, not much," he replied. "Parents Scotch?" asked the staff sergeant.

"No, Bethnal Green," said Montagu. "Well, unless you have some connection with Scotland you can't join," he was told. And he pondered for a moment.

"I've got some property in Scotland." "Ah, that will be all right," said the sergeant and proceeded to enlist him.

Before he left, however, the sergeant turned to him.

"Would you mind informing me in what part of Scotland your property is situated?" he asked.

"Oh yes," said the recruit. "I've got a football jersey in the Perth dye works."

Funny Blunders. This is from The London Times: "There was a crowd of people on Slough station to greet Sir Henry Campbell-Bannerman as he passed through the window of a railway carriage with a number of enthusiastic Liberals gathered there."

What the Oxford orator wished to say was this: "The Liberals have come in on a flying tide." Unfortunately, however, he mixed his vowels and told his hearers that "the Liberals have come in on a flying tide."

A reporter wrote of the incident as follows: "Through his horse being frightened by a passing motor car Mr. — was thrown out of his trap and severely injured, the motorist rendering every assistance."

"Three Swallows." Sir John Power & Son's "Three Swallows" Irish Whiskey, famous for over a century. Of highest standard of purity. Distillers to His Majesty the King.

Malta-Vita

"The Perfect Food"

It is simply the whole of the wheat, thoroughly cleaned, cooked in absolute cleanliness and then mixed with finest barley malt extract, which converts the starch of the cooked wheat into maltose, or malt sugar. Maltose is of great food value, sweetens the wheat sufficiently to make unnecessary the use of any adulterant sweetening agent and the weakest stomach digests and assimilates it without effort. Rolled into wafer flakes, each grain of wheat a little flake, and baked under intense heat, Malta-Vita comes from the ovens crisp and brown, positively the most delicious food in the world. All grocers, 10 cents.

Fit-Reform

FIT-REFORM mirrors what this new season has in store for men in Suits and Top Coats.

Daily, we show some advanced conceit of fashion—some unusual pattern—exclusive with us.

Daily, men are coming here to find out what is proper for spring wear—from the recognized authority on correct dress.

Rely on Fit-Reform for the new things in Suits and Top Coats.

E. P. Jenkins, - Kingston.

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DRS. KENNEDY & KERGAN
The Leading Specialists of America. 25 Years in Detroit. Bank Security.
Nine out of every ten men have been guilty of transgression against nature in their youth. Nature never excuses, no matter how young, thoughtless or ignorant he may be. The punishment and suffering corresponds with the crime. The only escape from his ruinous results is prophetic treatment to counteract its effects. The DRAINS, either by nightly losses, or secretly through the urine, can be stopped—the NERVES must be vitalized, the blood must be purified, the SEXUAL ORGANS must be qualified and developed, the BRAIN must be nourished. Our New Method Treatment provides all these requirements. Under its influence the brain becomes active, the blood purified so that all pimples, blotches and spots disappear; the nerves become strong as steel, so that nervousness, bashfulness and despondency disappear; the eyes become bright; the face full and clear, energy returns to the body, and the moral, physical and sexual systems are invigorated; all drains cease—no more vital waste from the system. The various organs become natural and manly. We invite all the afflicted to call and consult as confidentially and free of charge. Cures Guaranteed or our GLEET, EMERSON'S, KIDNEY DRAIN, SPERMATORRHOEA, UNDESIRABLE DISCHARGES, UTERINE DRAIN, SPERMATORRHOEA, UNDESIRABLE DISCHARGES, KIDNEY DRAIN, SPERMATORRHOEA, UNDESIRABLE DISCHARGES. CONSULTATION FREE.
If unable to call, write for a QUESTION BLANK for Home Treatment.
DRS. KENNEDY & KERGAN,
148 SHELBY ST., DETROIT, MICH.
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LABATT'S Ale and Porter

are Nature's Best Tonics. Pure Malt products, made from the choicest barley and best selected hops. They are very healthy and aid digestion. Labatt's are very palatable beverages and agree with the most delicate stomach.

JAS. McPARLAND, AGENT. 339 and 341 King St. Phone 274.

A New Idea in Chocolates

A. J. REES' latest attraction is a very elaborate and dainty window display of the

Evangeline Art Boxes of G. B. Chocolates In a variety of sizes.

The EVANGELINE is the latest production of the G. B. Chocolate people, and is a dainty, neat and artistic package. The quality of the Chocolates is G. B. and that speaks for itself.

A. J. REES, 166 Princess Street

5000 Reward
LITTLE BROTHERS LIMITED
Your Money Redeemed by the dealer from whom you buy Sunlight Soap if you find any cases for complaint.

Sunlight is better than other best white Sunlight. 5c. Buy it. Love it.

SYNOPSIS OF CANADIAN NORTH-WEST MINING REGULATIONS

Any new numbered section of land in the Northwest, excepting 8 and 9, may be homesteaded by any person who has been a resident in any part of the Northwest for one year, to the extent of one-quarter section, or less. Entry may be made personal or by proxy. The local land office for the district in which the land is situated, or the Commissioner of the Northwest, or the local land office for the district in which the land is situated, may be made a condition of the homestead. The homestead entry for such land shall be made at the end of three years from the date of the issue of the certificate of title. The homestead entry for such land shall be made at the end of three years from the date of the issue of the certificate of title. The homestead entry for such land shall be made at the end of three years from the date of the issue of the certificate of title.

WEST MINING REGULATIONS
Coal—Coal lands may be purchased by individuals or corporations. Not more than 320 acres may be acquired by one individual. The fee for a survey made by the Government shall be 25 cents per acre. The fee for a survey made by the individual shall be 50 cents per acre. The fee for a survey made by the individual shall be 50 cents per acre. The fee for a survey made by the individual shall be 50 cents per acre.

XRAY
AT THE FIRS
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GANONG'S
Effer-vesce