

Grandfather's Cure for Constipation



They don't flush out your bowels and intestines with a costly waste of Digestive Juice, as Salts, Castor Oil, Calomel, Jalap, or Aperient Waters, always do.

No. — Cascarets strengthen and stimulate the Bowel Muscles instead.

These are the Muscles that line the Food passages and that tighten up when Food touches them, thus driving that Food on to its Finish.

They are the Muscles that turn Food into Strength through Nutrition.

Well—Cascarets act on your Bowel-Muscles as if you had just Sawn a cord of wood, or walked ten miles.

That's why Cascarets are safe to take continuously in health, and out of health.

Because they move the Food Naturally, digesting it without waste of Tomorrow's Gastric Juice.

They thus work all the Nutrition out of it before it decays.

The thin, flat, Ten Cent box is made to fit, in Your Pocket, or "My Lady's" Purse.

Carry it constantly with you and take a Cascarets whenever you suspect you need one.

Thus you will ward off Appendicitis, Constipation, Indigestion, — and other things besides.

Druggists—10 Cents a Box. Be very careful to get the genuine, made only by the Sterling Remedy Company, and never sold in bulk. Every box stamped "C.C.C."

A sample and the famous booklet, "Course of Constipation," Free for the asking. Address Sterling Remedy Company, Chicago or New York.

GREAT medicine. — The Saw-buck. Two hours a day sawing wood will keep anyone's Bowels regular.

No need of pills, Cathartics, Castor Oil nor "Physio," if you'll only use the Saw-buck regularly.

Exercise is Nature's Cure for Constipation and—Ten-Mile walk will do, if you haven't got a wood pile.

But, if you will take your Exercise in an Easy Chair, there's only one way to do that, and make a Success of it.

Because—there's only one kind of Artificial Exercise for the Bowels and its name is "CASCARETS."

Cascarets are the only means to exercise the Bowel Muscles, without work.

They don't Purge, Cripple, nor "upset your Stomach," because they don't act like Cathartics.

Address DR. KOHR MEDICINE CO., P.O. Drawer L, 2341, Montreal.

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ROBBED OF WEALTH A BIGAMIST WHO WAS QUITE COLD BLOODED.

Second Wife Persuaded to Write Cheques at the Rate of Five Hundred Dollars a Day.

Chicago, April 4.—Stripped of her entire fortune of \$20,000, she declares, by her husband, Dr. Frank E. De-La-Creole, who has fled leaving her in subject poverty, Mrs. Frank E. De-La-Creole, No. 2 of 2555 Indiana avenue, yesterday, caused the arrest of Mrs. Frank E. De-La-Creole, No. 1, 2551 Prairie avenue, who is accused of being the accomplice of the man for whom the police of every city in the United States are on the lookout.

Other women, the police say, were swindled by the man. The woman who makes the complaint and whose maiden name was Thelma, was married to Dr. De-La-Creole, a magnetic healer, last November. He declared himself to be the owner of a \$25,000,000 gold mine in Mexico, she says. He needed money to purchase machinery with which to operate his gold mine and the young woman says she wrote checks for him at the rate of \$500 a day until her wealth was gone.

The woman who now turns out to be Mrs. De-La-Creole, No. 1, of eight years' standing, is said to have aroused the suspicions of Mrs. De-La-Creole, No. 2, by constantly shadowing her husband to the very doorstep of the second wife's home.

De-La-Creole, who is known to have passed also as Dr. Reed, explained the appearance of the mysterious woman by saying she was a blackmailer who sought money under threats of having him arrested.

Wife No. 2 admitted to the police that she gave her husband some of \$200 and \$500 at various times in order to stop the annoyance. Mrs. De-La-Creole, No. 1, proclaims her innocence and declares she, too, was swindled by De-La-Creole.

FASHION'S FORM. The Vogue of Tailored Shirt Waist.



Metropolitan shops catering to the smartest trade are showing a variety of tailored "shirts," as they call them, but those which seem to be meeting with the most favor are similar to the one here pictured. The back in some instances is plain white, in others pleats run from the shoulders to the centre of the waistline, this giving, perhaps, better lines to the figure. A double box pleat in the centre line, machine-stitched in true tailor fashion, and either side of this is a deep pleat stitched from shoulder to waistline, two similar pleats in the shoulder seam stitched only to yoke depth, this giving the necessary fullness over the bust. The regulation shirt collar is fastening with links, the collar of the same material as the waist, but made separate.

Asks Damages From King. Halifax, N.S., April 4.—The case of O. M. Olmstead versus the King was taken up for hearing before the exchequer court this morning. Judge Burbridge presiding. The plaintiff is from New York, and is suing the Dominion government for damages for injuries received in the Milford wreck, of the Intercolonial railway in 1904. He was one of the passengers on the train leaving Halifax, on the morning that the railway disaster occurred. He claims that he was slightly injured, that he lost a diamond valued at between \$400 and \$500, and other personal property. He also claims \$2,000 damages for loss of time. The case is a test case, as several other passengers who were on the same train, have filed their claims for damages, and whether they will be tried or not depends on the outcome of the present suit.

Mechanics, Farmers, Sportsmen. To heal and soften the skin and remove grease, oil and rust stains, paint and earth, etc., use "The Master Mechanic's" Tar Soap, Albert Toilet Soap Co., Manufacturers.

The Canadian Pacific railway awarded a contract of \$1,300,000 to the Harris & Ross company, limited, for the construction of a line on the Sudbury division from Parry Sound to Greyton. The line will be forty-seven miles.

"Ozone," Its Best Form. The prompt and permanent removal of any internal germs is most surely effected by the use of "Solution of Ozone," if it's the "coupon kind." It means the liquefied oxygen gas in the most concentrated form and that in addition is given free with either the five cent or the one dollar size of the Solution a coupon good for a twenty-five cent package of "Celery King."

This splendid tonic laxative is needed to obtain the best results in the use of the stringent "Ozone" without lessening its curative properties. The Solution is sold by the Dominion Drug Company, Bridgeburg, Ont., and exclusively by the manufacturer of both "Solution of Ozone" and "Celery King."

Immediate Delivery GET OUR PRICES The Canada Metal Co. William Street, Toronto. Phone Main 1729

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COULD NOT REST NIGHT OR DAY

With Irritating Skin Humour—Whole Body Affected—Scalp Itched All the Time and Hair Began to Fall Out—Wonderful Result From APPLICATION OF CUTICURA REMEDIES

"I am never without Cuticura Soap and Cuticura Ointment since I tried them last summer. About the latter part of July my whole body began to itch. I did not take much notice of it at first, but it began to get worse all the time, and then I began to get uneasy and tried all kinds of baths and other remedies that were recommended for skin humours; but I became worse all the time. My hair began to fall out and my scalp itched all the time. Especially at night, just as soon as I would get into bed and get warm, my whole body would begin to itch, and my fingers and toes would keep itched and it was not long before I could not rest night or day. A friend asked for the Cuticura Remedies, and I did, and the first application helped me wonderfully. For about four weeks I would take a hot bath every night and then apply the Cuticura Ointment to my whole body; and I kept getting better and better. I used four boxes of Cuticura. I was entirely cured, and my hair stopped falling out, but I continue to use the Cuticura on my scalp. It keeps all dandruff out and keeps my scalp clean. I always use Cuticura Ointment on my face after shaving, and I never find anything to equal it. I will never be without it." D. E. Haskins, 319 N. 1st St., Indianapolis, Ind.

Oct. 27, 1905. Indianapolis, Ind.

RECOMMENDED TO "MOTHERS" "I have used Cuticura Ointment for chafing of infants, and as they grew older all skin diseases were given treatment with that and the Cuticura Soap. I never found it necessary to call a doctor, as these Remedies are a sure cure, if used as directed. I am glad to recommend them to all mothers." Sincerely yours, Mrs. F. A. Kennard, June 21, 1905. St. Paul Park, Minn.

"IT'S ONLY A COLD, A TRIFLING COUGH" Thousands have said this when they caught cold. Thousands have neglected to cure the cold. Thousands have filled a Consumptive grave through neglect. Never neglect a cough or cold. It can have but one result. It leaves the throat or lungs, or both, affected.

Dr. Wood's Norway Pine Syrup is the medicine you need. It strikes at the very foundation of all throat or lung complaints, relieving or curing Croup, Colds, Bronchitis, Asthma, Grip, Sore Throat, and preventing Pneumonia and Consumption.

It has stood the test for many years, and is now more generally used than ever. It contains all the lung healing virtues of the pine tree combined with Wild Cherry Bark and other potent remedies. It stimulates the weakened bronchial organs, allays irritation and subdues inflammation, soothes and heals the irritated parts, loosens the phlegm and mucous, and aids nature to easily discharge the morbid accumulations. Don't be humbugged into accepting an imitation of Dr. Wood's Norway Pine Syrup. It is put up in a yellow wrapper, three pine trees the trade mark, and price 25 cts.

Mr. Julian J. LeBlanc, Belle Cote, N.S., writes: "I was troubled with a bad cold and severe cough, which assumed such an attitude as to keep me confined to my house. I tried several remedies advertised in the papers, but to no avail. As a last resort I tried Dr. Wood's Norway Pine Syrup and one bottle cured me completely."

No Sleep For The Kidneys. Old people are especially liable to Kidney and Bladder Irritation. The organs are weakened by age. This starts up inflammation—blood is not properly purified as it goes to the kidneys—and the bladder is unable to retain the urine properly. There is a constant desire to urinate day and night—and sound, restful sleep is unknown.

Bu-Uu THE GENTLE KIDNEY CURE gives the vigor and strength of youth to kidneys and bladder. It soothes and heals the irritated surfaces—tones up the organs—enables them to do their work easily and naturally—and cures all kidney troubles.

Cures Rheumatism Too. THE CLAPLIN CHEMICAL CO., LIMITED, WINDSOR, ONT., NEW YORK.

PROMISES BILL TO RELIEVE THEIR "LAND HUNGER." Edinburgh, April 4.—Public sentiment here is strongly in favor of the bill which Premier Campbell-Bannerman has promised with the idea of relieving the helpless crofters or tenants of Scotland. The principal cause for the unfortunate condition of the poor people, which has resulted in some cases in the seizure of land, is the fact that so much land has been given up to game preserves and parks for the pleasure of the rich.

And it isn't always the biggest horn that destroys the most silence.

BRITISH PETROLEUM.

A Little Known Industry—50 to 60 Million Gallons Produced Yearly in Scotland—Paraffin Distillation.

The launch of the H. M. S. Dreadnought at Portsmouth by the King recently not only adds a fighting factor of extraordinary power to the navy, but marks a new departure in other respects. She will be the first turbine-driven battleship in the navy, and is provided with combination furnaces in which coal and shale oil or crude petroleum will be used in combination. A system of jets has been introduced so that the crude oil can be sprayed on to the live coal in the furnaces, thereby largely increasing the heat produced.

The shale oil or crude petroleum is a dark greenish color of the consistency of treacle, and is used in its crude state on account of the large proportion of carbon it contains. American and Russian oilfields loom so prominently in the public eye, says Living's Weekly, that few people are aware that from 50 to 60 millions of gallons are produced yearly in Scotland, constituting a home industry which would prove of inestimable value in any possible naval battles of the future.

Although paraffin was obtained by Laurent in 1830 by the distillation of bituminous shale, and in 1835 by Dumas from coal tar, the shale oil and associated industries owe their origin to Mr. James Young, Paisley, who discovered wax matches, and all articles in which paraffin wax enters into the composition, own their existence indirectly to him.

Born in 1811 of humble parents, Mr. Young was apprenticed to his father, a cabinet maker, in Glasgow. A course of evening lectures on chemistry, under Prof. Graham, made him so proficient that he was soon appointed demonstrator and assistant to a professor. It was while he was acting as chemist at some chemical works in Manchester that Dr. Lyon Playfair attracted his attention. The peculiar nature of "scaly" oil from a small stream of oil which oozed from the rocks of some collieries at Alfreton, Derbyshire, which belonged to Playfair's brother-in-law. Having fallen to interest anyone else in his schemes, Young started in 1848 with an old school student named Meldrum to exploit this crude petroleum. But being alive to the fact that the floating supply might easily be exhausted, he experimented with a view to ascertaining the most profitable source. Various sorts of English coal were tried with varying results, but at last a liquid containing solid paraffin was obtained from Cannel coal. In 1850 Young was shown a piece of Boghead coal, and it proved to be so rich in mineral oil that every variety of Scotch coal obtainable was tried.

Having succeeded by artificial means in doing what nature had done—viz., obtain oil from bituminous coals by the application of gentle heat, Young made it the ground of his celebrated patent for obtaining an oil containing paraffin from bituminous coals by slow distillation.

Shale came into prominence for this purpose in a curious way, but the discoverer of its properties, a miner, named Douglas, through some mistaken idea, preferred not to talk of his discovery. The peculiar nature of "scaly" oil, or shale, a mineral deposit generally found both above and beneath a seam of coal, attracted his attention, and filling a clay tobacco pipe with little pieces of shale, he stopped the bowl with clay and thrust it into a fire.

Soon gas was generated, and then a thick black fluid slowly dropped from the stem. This black "juice" contained paraffin, but little use was made of the knowledge until 1852. While prospecting for coal at Broxburn, in Scotland, in that year, such large quantities of shale were found that it was determined to put it to some use; experiments were made with such success that the future use of shale in the petroleum industry was assured.

In 1887 borings at Broxburn brought to the surface a thick fluid oil from the shale. The peculiar nature of "scaly" oil, or shale, a mineral deposit generally found both above and beneath a seam of coal, attracted his attention, and filling a clay tobacco pipe with little pieces of shale, he stopped the bowl with clay and thrust it into a fire.

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Malta-Vita

"The Perfect Food"

It is simply the whole of the wheat, thoroughly cleaned, cooked in absolute cleanliness and then mixed with finest barley malt extract, which converts the starch of the cooked wheat into maltose, or malt sugar. Maltose is of great food value, sweetens the wheat sufficiently to make unnecessary the use of any adulterant sweetening agent and the weakest stomach digests and assimilates it without effort. Rolled into wafer flakes, each grain of wheat a little flake, and baked under intense heat, Malta-Vita comes from the ovens crisp and brown, positively the most delicious food in the world. All grocers, 10 cents.

Fit-Reform

IT-REFORM mirrors what this new season has in store for men in Suits and Top Coats.

Daily, we show some advanced conceit of fashion—some unusual pattern—exclusive with us.

Daily, men are coming here to find out what is proper for spring wear—from the recognized authority on correct dress.

Rely on Fit-Reform for the new things in Suits and Top Coats.

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Free miner may obtain... Sunlight is the best...

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Effer-vesce... Sunlight is the best...