

**ADD**

The closest, purest, most nutritious cereal food made, contains all the strength giving elements of the whole wheat in digestible form.

MADE IN CANADA of choice Ontario Wheat

On Cook Book, postpaid, CO., Limited, Niagara Falls, Ont. 22 Church St.

**LIVING TOO HASTILY**  
**CANADIAN WOMEN BREAK DOWN**

Irregularities and Female Derangements Result Caused by Lydia E. Pinkham's Vegetable Compound.

Owing to our mode and manner of living, and the nervous haste of every woman to accomplish just so much each day, it is said that there is not one



Miss Irene Haggood

woman in twenty-five but that suffers with some derangement of the female organism, and this is the secret of so many unhappy homes.

No woman can be amiable, light-hearted and happy, a joy to her husband and children, and perform the duties incumbent upon her, when she is suffering with backache, headache, nervousness, sleeplessness, bearing-down pains, displacements, spinal weakness or diseased organs.

Irritability and snappy retorts take the place of pleasantness, and all sunshine is driven out of the home, and lives are wrecked by woman's great enemy—female trouble.

Read this letter:

Dear Mrs. Pinkham—

I suffered for four years with what the doctors called inflammation of the fallopian tubes, which is a most distressing female disease, undermining the constitution and sapping the life forces. If you had seen me when I had begun taking Lydia E. Pinkham's Vegetable Compound, and had noticed the sunken eyes, pallor complexion and general emaciated condition, and compared that person with me as I am today, robust, healthy and well, you would not wonder that I feel thankful to you and to your wonderful medicine which restored me to new life and health in five months. My friends all marvel at the change it has made in me, but none can appreciate it better than I can myself.

Miss Irene Haggood, 322 Sandwich St., Windsor, Ont.

At the first indication of ill health, regular or irregular periods, pain in the side, headache, backache, bearing-down pains, nervousness, or the "blues," secure at once a bottle of Lydia E. Pinkham's Vegetable Compound and begin its use.

**FAITH CURIST HELD.**

Child Dies of Typhoid Without Attention.

Philadelphia, April 3.—J. Wesley Ankis, pastor of Faith Tabernacle, yesterday held in Niagara Falls, N.Y., a religious conference for the purpose of raising money for the support of the grand jury by former Jernon as an accessory before the fact in the death of Grace Bates, a child who died of typhoid fever.

When Grace Bates was stricken she was not given medical attention, it is alleged, her parents being followers of Ankis, who is a "Faith Curist." After the death of the child about a month ago, Ankis disappeared, but surrendered a few days ago.

**Niagara's Retreat.**

Four Track News.

The only reliable data for speculation as to the progress of Niagara Falls from Lake Ontario, is found by comparing the surveys made in 1842 and 1886. The first was a trigonometrical survey by Dr. John Hall, near the New York State Geological Survey. Monuments were erected at points at which the angles were taken in order that some later surveyor would be able to find with accuracy the extent of the change. The second survey was made in 1886 by R. S. Woodward, of the United States Geological Survey. The result surprised the world. The Falls had moved 220 feet since 1842. The rate at the centre had been, therefore, five feet per annum; Woodward proved that the tremendous area of five acres of rock had been precipitated from the face of the Fall in the half century.

**Edward Everett Hale Is 84.**

Washington, D.C., April 3.—The Rev. Edward Everett Hale, chaplain of the United States senate is celebrating his eighty-fourth birthday today, in a quiet way. Notwithstanding his age he is still in excellent health and vigor, and is taking great interest in the affairs of the senate. He received hundreds of letters and telegrams of congratulation and some of his more intimate friends called at his house to offer their best wishes.

**A needle machine turns out 1,500,000 needles a week.**

What People You Know Say About Gin Pills

THE GREAT KIDNEY CURE

TORONTO, June 6th, 1905.

I take great satisfaction in writing to you and telling you of the splendid condition of health that I am now in, which was brought about entirely by taking your Gin Pills.

For years my kidneys have been my weak spot and kept me unhealthy, and although I knew the cause, I could not get relief. Six weeks ago I heard that Gin Pills were being widely sold in Ontario, and I concluded to try them, although I did not believe that they could entirely cure me, but they have, and I am now sure that my kidney trouble has disappeared.

I will always have some of the pills on hand, and will recommend them to my friends who are troubled with ailments due to the defective work of their kidneys.

Yours respectfully,  
F. R. BASKERVILLE.

Sold by druggists, 50c a box, or 6 boxes for \$2.50. We send sample free if you mention this paper.

THE BOLE DRUG CO., WINNIPEG, MAN.

**Told in the Twilight**

A very novel and at the same time exceedingly interesting dinner party was given to a few friends, on Thursday evening, by the Japanese consul-general, Hon. Tatsuzoro Nosse.

The dinner and its appointments were carried out in true Japanese style even to the chopsticks which the guests managed admirably for the first time.

All the edibles were also thoroughly Japanese and the guests honored with invitations were: Dr. James Fletcher, Dr. Saunders, Mr. G. F. O'Halloran, deputy-minister of agriculture, Mr. C. T. O'Hara, superintendent of commercial agencies and Mr. W. J. Lynch.

On Saturday from five to nine-thirty o'clock the home of Mrs. Cockburn, Queen street, was a place of merriment, some thirty boys and girls having answered to the invitation of Master William. At six o'clock tea was served in the dining-room, to which their attention was directed, and it became a humming bee hive, while they enjoyed the good things provided.

After returning to the parlor, games were played, for which prizes were given to the most skilled. Some of the young people entertained the company with music and singing, which was very much enjoyed.

A pleasant evening was brought to a closing by singing "God Save the King," when all returned to their homes at a seasonable hour.

A dinner was given by the Right Hon. Sir Richard Cartwright at the Rideau Club on Wednesday evening to the following members of parliament: Hon. William Hart, Mr. G. D. Grant, Mr. High Gubrie, Mr. Thomas Martin, Mr. Leighton McCarthy, Mr. J. B. McGill, Mr. C. A. McGoold, G. H. McIntyre, Mr. P. H. Mackenzie, Mr. A. A. Wright, Mr. R. J. Watson, Mr. A. F. Wilson, Mr. Robert Stewart, Mr. W. P. Telford, Mr. M. S. Schell, Mr. George Smith, Mr. N. F. Wilson and Mr. J. R. Schell.

Mrs. Daniel Gordon will give an "At Home" to the graduating class in medicine at Queen's, on Friday evening.

The minstrel show at the Royal Military College is on for to-night, and a good many people from town will go over.

The assembly which was to have been held in the City Hall, before the late, and was postponed, will now come off on the Wednesday in Easter week. This will be a gay opening for the Easter festivities.

The members of the Woman's Art Association, are giving tea to their visitors at the exhibition on the afternoons of this week. Yesterday, Mrs. John Strang was in charge, and today, Mrs. Henry Boak will dispense the cup that cheers.

The young lady members of the society, Miss Edith Mason, Miss Norval Macdonald, the Misses King, Miss Ethel and Miss Lorraine Minnes, Miss Carrie Bajus, and Miss Muriel Shortt.

Mr. Joseph Swift will not receive again until the first Wednesday after Easter.

Remember Chalmers N.W.S. "At Home," at Mrs. Eglov's, April 17th.

Major and Mrs. Grant have decided to stay in town for another year, at any rate, and are looking for a house.

Mrs. Drury, Halifax, accompanied by Miss Edith Drury and Miss Helen Drury, is spending a month at 22 Drummond street, Montreal.

Mr. and Mrs. F. W. Allroy, who have been at Hamilton, Bermuda, expect to start for home soon, reaching here, by easy stages, some time towards the end of the month, or early in May.

Miss Jessie McCann will probably be home on Thursday. She had such a very pleasant visit; Ottawa friends have been so loth to let her go, that she has stayed to the utmost limit of her railway ticket.

Mr. Knox Walkem went down to Montreal, on Sunday.

Mrs. W. Peaberton Page left yesterday, for Toronto. Mrs. F. M. Cole will remain with Mrs. J. S. Turner, for about a fortnight longer.

Miss Kathleen Hartly and Miss Loretta Swift, went down, yesterday, to Ottawa, to spend the week with Major and Mrs. Panet. They will return with the Hon. William Hartly, on Saturday.

Mr. William Hartly, Jr., came back from the west on Saturday.

Mr. and Mrs. James Stonehouse have gone down to Brockville, to spend a few days.

Miss Pearl Oldrieve has returned from a visit in Cleveland and Buffalo.

**ARE TO SETTLE**  
**THE PROSPECTS ARE NOW QUITE BRIGHT.**

A Possible Basis Has Been Arrived at—The Clergymen Working Hard to Bring About Terms Between Parties.

Winnipeg, April 3.—Prospects are bright for an early settlement of the street railway strike. The committee from the Ministerial Association met the men, yesterday afternoon, and discussed the issue. The clergymen then met the company and remained in conference until midnight.

The exact results could not be learned, but it is known that a possible basis of settlement was arrived at. The result of the conference, the clergymen's committee have been authorized to present a number of propositions to the men. The committee is hopeful that a friendly settlement of the question in dispute. At a meeting of the city council last night, the strike was the chief topic under discussion, and the council decided to support the company in a body and urge them to arbitrate.

**OUR WOMEN'S HANDICRAFT.**  
**Most Clever Specimens Are Exhibited Here.**

Kingston may well be proud of the artistic ability and handicraft of many of her women, and grateful to the local branch of the Woman's Art Association for exhibiting specimens, along with paintings and handicrafts from other places. Kirkpatrick's art gallery is full of many interesting things.

On the right hand wall are water colors and some oils by Kingston artists. Among these, two girls, almost little girls, Miss Kathleen Gisp and Miss Muriel Shortt, are exhibitors. The former has a water color, "A Morning in the Garden," and the latter shows a pen and ink sketch of her little sister which shows much life in the drawing.

Mrs. Joseph A. D'Arcy has a charming water color, "The Willow," and Miss Gertrude Power's trial at the same subject is very good. Miss John Strang's prettiest, "Road in Ontario Park," is perhaps the best of six good exhibits. "Machata," "Nagley Abbey," is exceedingly pretty, and Miss M. King's "Path Through the Woods," has a bit of sunset coloring which everybody admires.

Miss Drummond has two Toronto bits of masonry, in her collection, the ivy-covered library of the parliament buildings, and a bit of St. Paul's church, Blair street, in which the statue of her husband, the late Hon. Arthur Martin, the only member of the society here, has two characteristically clever sketches, and Miss Norval Macdonald has done some very neat and interesting lettering. The handicrafts include bookbinding, by Miss Drummond, Miss Hickey, and others—all exceptionally well done; wood-carving, most attractive work it is by Miss Marion Lesslie, a sample of her children's handiwork, swaying and Honiton lace, done by Miss Compton, one of the lace makers of the village of Honiton, England.

China painting has for its artistic exponent, Mrs. W. C. Barber, Mrs. David Lovell, Mrs. Hugh Macpherson, and Miss Brophy.

Miss Ella Fraser has for the choice of her work, a water color, with tints and lights very perfectly worked out, of a corridor leading to Grant hall, and the head of a well-known newsboy.

The best thing to do, however, is to visit the exhibition this week, either in the morning, when you can look quietly, or in the afternoon, when a cup of tea will compensate for numbers and loss quiet.

**Portland Council.**

March 19.—Members all present. Auditors presented report showing a balance of \$203. The report having been read by the council, was adopted and the auditors voted \$6 each. J. G. Clark was given the use of part of the third concession till required. The taxes of William Walker and J. C. Wood were remitted. Moved by Mr. Walker, and seconded by Mr. Wallace, that the government has granted \$300 to repair the Sydney road, this council grant \$150 to assist in the work, which was carried. John Curran asked leave of absence, and was placed upon the township as a matter of no motion. The clerk was instructed to find out the terms of placing papers in the Kingston House of Industry. Voted: \$3.15 to J. Tremblay, goods for poor; \$2 to J. E. H. Duffell, rebate taxes; \$25 to D. J. Taggart, part salary as assessor; \$4 to J. Curran, keeping a pauper; \$7 to E. Hughes, work; \$2.75 to K. W. McKay, supplies; \$2.57 to E. Duest, rebate; \$2.20 to W. C. McElroy, rebate; \$4 to J. Crawford, charity; \$4.25 to M. Revell, poor; \$4 to J. Mills and wife, charity. Adjourned to meet in Verona, April 16th at 1 p.m.

**Smiles In Rhyme.**

As we are a bird—dry as a bone  
As live as a bird—dead as a stone  
As plump as a porcupine—poor as a rat  
As light as a feather—weak as a cat  
As hard as flint—so soft as a mole  
As white as a lily—black as a coal  
As plain as a pick-a-stick—so rough as a bear  
As tight as a drum—so free as the air  
As heavy as lead—so light as a feather  
As slow as a turtle—so fast as a weaver  
As hot as an oven—so cold as a frog  
As gay as a lark—so sick as a dog  
As low as a toad—so high as a kite  
As sweet as a rose—so false as a snake  
As light as a feather—so dark as a dove  
As still as a poker—so limp as a glove  
As blind as a bat—so deaf as a post  
As cool as an cucumber—so warm as a toast

**Carriers Saw Ministers.**

Ottawa, April 3.—A deputation of letter carriers waited on the premier and postmaster-general, this morning, and asked that \$800 be fixed as the minimum salary, and that provision be made for paying salaries during sick leave and holidays the same as the civil service. They were promised consideration. The deputation was representative of the carriers throughout Canada.

**Chinese Furniture Cream is the best for your furniture.**

Chinese Furniture Cream is the best for your furniture. It is a cream of the finest quality, and will keep your furniture in perfect condition. It is sold by all druggists and hardware stores.

**Two-For-One Shot.**

When you use Ozone you get "Celery King" with it. Whatever kind of Ozone you buy you will need to use "Celery King," which is a companion remedy to Ozone.

**Solution of Ozone (the coupon kind).**

Each bottle contains about twice as much for your money as other brands, besides which each bottle contains a coupon entitling you to a package of "Celery King" free. This is a great advantage as you save money on the Ozone and also get the "Celery King," which you would otherwise have to buy.

**No other brand of Ozone contains these coupons.**

These coupons, "Solution of Ozone (the coupon kind)," is fifty cents and one dollar at your drug store, including the coupon for the package of "Celery King." Take no other kind, and if your druggist does not carry it, write to the Public Drug Co., Bridgeport, Ont.

**NEWBORN AFFAIRS.**

Farmer's Institute Meeting—A Dwelling Saved.

Newboro, April 2.—The special meeting of the Leeds Farmers Institute were held in Victoria hall on Wednesday and were the most successful meetings in years. The afternoon meeting was attended by a large number of farmers, who came to learn, and they were not disappointed. The speakers showed themselves masters of their subjects. Mr. Zuleff, cheese instructor, of Chesterville, gave an interesting address on the duties of cheese-makers and answered a number of questions asked by dairymen present.

Mr. Fisher, farm superintendent of the experimental farm, Ottawa, spoke for nearly two hours on the value of clover as plant food, and kindred subjects, and the farmers listened with the most intense interest. The evening meeting was attended by a large audience. Addresses were delivered by Prof. Gilbert, poultry superintendent, Ottawa, who spoke on the production of eggs. Mr. Fisher again spoke on the clover growth and also on bee culture. Mr. Zuleff gave a most instructive address on the care of milk for cheese-making. The Fleming orchestra, which was present, played in a way which only they can, and were highly complimented by Prof. Gilbert at the close of the meeting.

President Bass occupied the chair and showed the farmers present the importance of the institute and received many new members. Mr. Britton, publisher of the Gananogue Reporter, and Samuel Fowler, of the Brockville Times staff, occupied seats on the platform at the evening meeting. Dr. Preston and Holmes Eyles, Chantry, moved the vote of thanks to the speakers and orchestra.

Visitors: Dr. Lillie, Westport, and Roy Lillie, Brockville, at E. Chamberlain's; Miss M. Tolley, Portland, at Miss Knapp's; John Nolan and daughters, Phillipsville, at James Nolan's; B. Stewart, Brockville, and James Thompson, Mayton, at Mrs. Mrs. E. Halladay were the guests of friends here on Monday.

Miss Annie Green, one of the most popular young ladies of this vicinity, died at her home about three miles from here on Tuesday, after a lingering illness of many weeks, aged thirty-two years. The funeral, which took place at Westport, on Thursday, was largely attended by many friends, who showed their sympathy for the bereaved relatives. Mr. and Mrs. A. Hull have moved on to a farm near Sherbrooke. Edward Halladay is moving to his cheese factory at Black Creek, where he will make for his own use. William Welsh and family moved to Forfar, where he has been engaged to make cheese for the season.

Sugar-making has commenced, but very little syrup will be made, and the supply will likely be scarce. Syrup is selling at \$1-a-gallon. The Misses Halladay were called to Elgin on Saturday afternoon. The fire started on the roof had made considerable headway before discovered. A volunteer bucket brigade was quickly organized and after a short, sharp struggle the blaze was quenched. The fire fighters deserve the highest praise for their skill as the high north wind, which was blowing at the time, made their task difficult. George Bishop has moved into Mrs. James Kneller's house on Drummond street. Miss Lizette James, Perth, at the guest of Mrs. John Pierce last week.

**Deaths at Elgin.**

Elgin, April 2.—The funeral of the late Mrs. Eliza McManis was held on Monday last, at the Methodist church, Elgin, where many friends and relatives paid the last tribute of respect to her whom they had known so long and well. She passed away on Thursday morning, aged eighty-two. She suffered from a paralytic stroke on Sunday morning, from which she never rallied sufficiently to speak. The funeral was held on Friday. Rev. Gibbs Taylor, Westport, officiated. Assisted by Rev. Mr. Crane, Elgin. Mrs. Smith's sale yesterday, well attended and prices for mostly everything ruled high. The proceeds amounted to over \$1,200. Mr. Fairbank's wedding arrived Wednesday evening, to be present at her grandmother's funeral. The mill is kept busy sawing by day and night. Sap is running at its best and most bushes may expect to hit the nest. Miss Iren and Miss Agnes Halladay, Newboro, at their father's, E. Halladay's; Mrs. Stewart, Smith's Falls, at her brother's; H. S. Davison's; Miss Lillie McComish, Westport, at her sister's; Mrs. G. H. Howard's.

**Dies Almost At Doorstep.**

Peterboro, Ont., April 3.—Richard Dwyer, seventy-six years of age, was found dead in a field near his home in Dwyer township, a few miles from here. He had left his home on Thursday to visit a neighbor for a few days, and as he did not return on Saturday a search was made, and his dead body discovered a few rods from his own door where it had since Thursday. The cause of his death is attributed to heart failure.

**The Ozonated Air Cure.**

Physicians and patients alike are pleased with the prompt action of "Cartharozone," which destroys Catarrh by the action of ozonated air. No medicine is required, no stomach dosing, or cocaine sniffing.

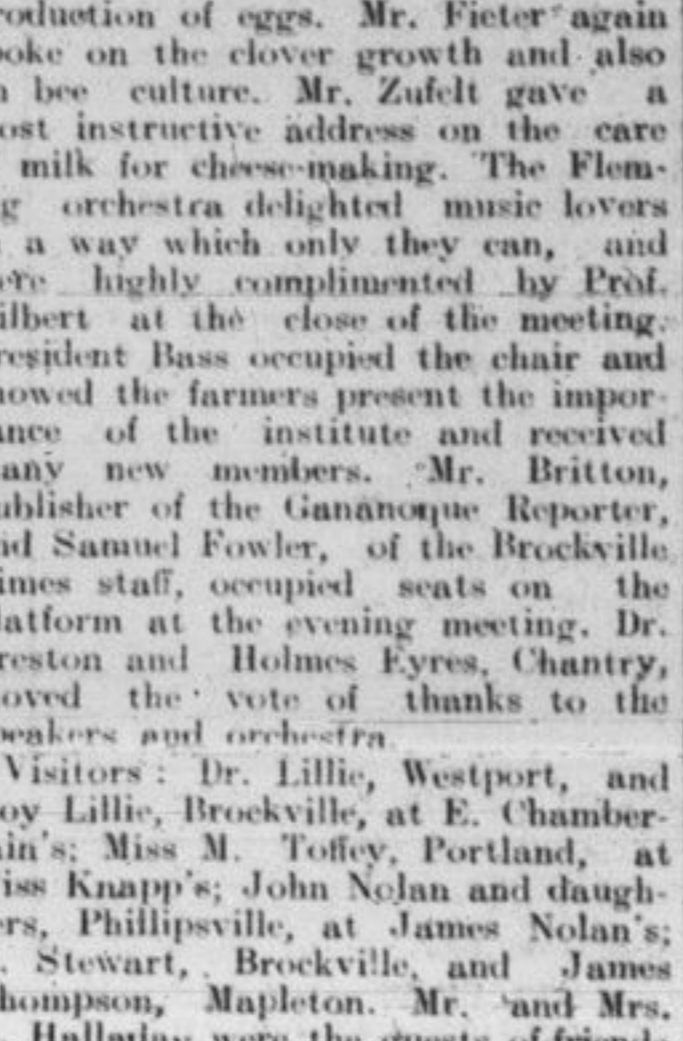
Simply inhale the soothing vapor of Cartharozone and cure is sure and quick. J. A. Hamill of Greenmount, P.E.I., experienced instant relief from Catarrh and writes: "No one could have worse catarrh than I. It caused partial deafness, had taste, upset my stomach, made me sick all over, destroyed the cough, and gave me a clear feeling of my breathing organs. I am absolutely cured."

You can be cured also, the dollar buys a month's treatment. Sample size for 25c. All dealers or by mail from N. C. Polson & Co., Hartford, Conn., U.S.A.

**Try "SALADA"**

CEYLON NATURAL GREEN TEA once and you will never return to the adulterated teas of Japan.

Lead Packets Only. 25c, 30c, 40c, 50c, and 60c. per lb. By all Grocers HIGHEST AWARD, ST. LOUIS, 1904.



**Women's Spring Coats**  
**Skirts and Suits**

NEW FAWN COVERT CLOTH JACKETS with fly front, tight-fitting back, trimmed with tailored strapping, well-finished, only \$5.00

NEW FAWN BROADCLOTH JACKETS, tight-fitting back, tailored strap trimming on back and front, an unusual value at \$5.00

Also new "Pony" and tight-fitting coats at 6.50, 7.50, 8, 8.50, 9

NEW LIGHT TWEED SKIRTS for women from \$3.00 to 6.00.

NEW LIGHT TWEED SKIRTS, for girls and misses, sizes 32 to 36.

New Balera, Pony and Eton Suits in latest colorings and effects.

**SPENCE'S** The Leading Millinery and Mantle Store

**UPHOLSTERING**

Now is the time to have your Parlor Sets and Couches and Fancy Odd Chairs Recovered.

As we have a nice line of English and French imported Covering to select from.

We have also increased our staff of Upholsters, which are at your service.

**JAMES REID, THE LEADING UNDERTAKER**

**THE CELEBRATED "STROUSKY" Agateware**

We have a nice assortment of this ware in Double Boilers, Preserving Kettles, Covered Sauce Pans, Strainers, Tea and Coffee Pots—all of which is guaranteed for one year. This is the best Agateware manufactured. It does not rust, nor absorb grease, does not discolor and is not affected by acid in fruits or vegetables. It will last for years. If you once used this you would have no other.

**ELLIOTT BROS**

**FINANCE AND INSURANCE**

**- CUSTOMS BROKER -** If You Want a Home Or Insurance, have a talk with George Zeigler, REAL ESTATE & INSURANCE 57 Brook Street.

**GEORGE CLIFF** Makes a specialty of city property. You will find it to your advantage to call on him if you want to buy or sell City Real Estate. Also for Western Land. You should see him before buying such as he can advise you the best lands to purchase. His office is 92 Clarence street.

**Made Of Wine Press Refuse.** London, April 3.—Phylanthropic people are sending funds to Turkish Armenia, where famine conditions seem to be even worse than at first reported. Hundreds of people are living on bread made from grape skins and seeds after the juice was pressed out.

Boarding houses, hotels, restaurants, private homes, all use Burtch's horse radish, guaranteed pure and fresh. Ask your grocer for it.

**EARLY!**

that you select your Spring patterns are always found at when stocks are unbroken. Week you'll see men wearing be a case of resurrection or coming out in a Spring handsome. We have an choice Cheviots, Serges

**PIECES OF SUIT**

will stop in for a moment's will be impressed with the as well as with the excel-

it will pay you to buy from

**BIBBY CO.**

Offering Goods

Buyer Should Miss

orrow:

Crepe Redona, with a rich glossy silk finish, and will not take the dust. Comes in all the most wanted colors for spring. This cloth is to be had only at this store. Very special per yard

98c. Per Yard

For all wool Plain and Fancy Embroidered Voiles, strictly all pure wool, and 44 inches wide Beautiful black. If you buy this cloth to-morrow you save 25c. per yard.

**ER SUIT NOW**

**hnhston Store**

**GANONG'S**

is a very of the

kes

tes

latest pro- and is a The quality speaks for

s Street

foundry, and at the door of one of the shops he came to a standstill, fascinated by the magnificent voice of one of the workmen, who was singing as he piled his hammer on the anvil.

"What is that man's name?" asked M. Gaillard of the proprietor, and on being told, he asked to see M. Rousseau privately. The result was that he undertook the workman's duty and M. Rousseau has now a larger income than any opera singer in France.

Sunlight Soap is better than other soaps, but it is best when used in Sunlight way. Buy Sunlight Soap and follow directions.