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Your money refunded by the dealer from whom you buy Sunlight Soap if you find any cause for complaint.

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WOMAN'S EXHIBITION, LONDON, 1900.

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' Established Reputation.

"We have already used Neave's Food in two of our Homes (Babies' Castle and the Village Home), and I have no hesitation in saying it has proved very satisfactory."—July 27th, 1901.

VE & CO., FORDINGBRIDGE, ENGLAND.
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ISEASED MEN

disease you are never safe unless the virus or s system. Have you any of the following symp- ngue or in the mouth, hair falling out, aching blotches on the body eyes red and smart, dys- ndications of the secondary stage. Don't rely tment—mercury and potash—which only sup- ly to break out again when happy in domestic nacks experiment on you. Our New Method ranteed to cure you. Our guarantees are backed at the disease will never return. Thousands of already cured by our New Method Treatment No names used without written consent.

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Abbey's Effer-vescent Salt

puts the whole system in the best possible condition to resist the enervating effects of "spring fever."

It is the only tonic needed to purify and enrich the blood—regulate bowels, liver and kidneys—sweeten the stomach—and strengthen digestion. Physicians everywhere recommend it.

A teaspoonful in a glass of water every morning. 25c and 60c.

Children's

Shoes

We Make a Specialty of Children's Shoes

And can fit the little folks with the best wearing, best looking shoes at most reasonable price. price.

Give our Children's Shoes a trial.

H. JENNINGS, King St.

The Cuban Realty Co's. Land

Is in the eastern end of Cuba, where the soil is virgin and fertile, well drained and well watered.

The Cuba Railroad passes directly through the property—Baztle, the town site, being a regular station on the line, with telegraph and express office established.

Transportation facilities are very important factors. Hotel accommodation is now available to settlers arriving. A Nursery is being established for the care and culture of young trees, plants, etc.

Where an investor or group intend buying largely we will arrange for such persons to meet one of our purchasers who has thoroughly investigated our property in person. We invite all who are interested in Cuban Properties to call at our office and get information regarding our lands. If you live out of town, write for Prospectus, Maps, Charts, etc.

Price of Lands $50 Per Acre

25 per cent. cash; 25 per cent. in 90 days; balance, at 6 per cent.

The Cuba Realty Co.
LIMITED.
J. G. HUTTON - - - - - Agent
18 Market St., Telephone 703.

Waggons Buggies

As there has not been much of the beautiful snow this season, Waggons will be more used. If you are in need of a Waggon or Buggy of any special design, will be to your interest to call on

JAS. LATURNEY
The Carriage Maker
390 Princess Street, Kingston

The Celebrated English Cocoa.

EPPS'S

An admirable food, with all its natural qualities intact. This excellent Cocoa maintains the system in robust health, and enables it to resist winter's extreme cold.

COCOA

The Most Nutritious and Economical.

Dye to any Color At Home!

"Maypole" is a cake of soap that washes and dyes at one operation. Not an old fashioned dirty, messy powder dye. It gives brilliant, fast colors—dyes anything—dyes to any color or shade. Good-bye to that trip to the dye house—dye at home with Maypole.

Maypole Soap

Made in England but sold everywhere. 10c. for Colors—15c. for Black.

It is now proposed to make suits of clothes of paper, which can be thrown away when soiled.

RED FIFE Tooke COLLARS

The life is not bleached out of the linen used in these Collars.

That is one reason they withstand laundry usage longer than other Collars.

Made only from an Irish linen, woven exclusively for Tooke, that will not break or wear out prematurely.

TOOKE BROTHERS, MONTREAL. LIMITED. 911

A MILLION NEEDLES

COULD NOT INFLICT THE TORTURE WOMEN SUFFER FROM HEADACHES

Headache is not in itself a disease, but a symptom or accompaniment of other diseases, principally those of the stomach, liver and bowels, such as Constipation, Dyspepsia, Liver Trouble, Bad Blood, Female Complaints, General Debility and Weakness. Headache is common to both sexes, but more frequently affects females.

The varieties of headache most common are sick or bilious headache, nervous headache, headache from constipation, debility or indigestion, periodical and spasmodic headache. Undoubtedly the cause must be removed before permanent relief can be had.

Burdock Blood Bitters

removes the cause of the headache, and not only does this but it also restores the entire system to healthy action and buoyant vigor.

"I was troubled with headache for a number of years, but could get nothing to help me. I procured a bottle of Burdock Blood Bitters, and finding it was doing me so much good, I got two more. I am now fully cured and think there is nothing in the world like Burdock Blood Bitters for headache."

MRS. EDW. KEDDY,
NEW GERMANY, ONT.

B.B.B. is for sale at all Druggists and Dealers.

BRIGHT PROSPECTS.

Hogs in Demand—Call for Gilts Urgent.

Never have prospects for a profitable year in hogs been better than at this time, is the optimistic view taken by the American Swineherd. The prices in the hog market are good. The demand for the hog product is exceedingly strong because of the general prosperity of the country, more meat is being consumed at home, and at the same time a much larger demand than usual comes from importing countries.

The product is well sold up to the supply, which enables the sellers of hogs to get good prices. This is the foundation for good prices in breeding stock. It is stimulating farmers to buy bred sows and pay good prices for good stuff, as they are becoming better acquainted by experience with the value of having good animals, which in turn, helps the smaller breeders to buy better animals for their herds and altogether works in harmony for the advantage of the business of breeding.

Not in five years has there been such strong demand for bred sows and gilts as at this time, and breeders at public and private sales alike say they have had unusual demand for bred sows and gilts at good prices. Altogether it is one of the most encouraging outlooks at this time.

When a man begins to feel old he gets grouchy, when a woman begins to feel old she pretends she's young.

It is poor economy to buy ordinary tea when Blue Ribbon Ceylon Green can be had at a reasonable price.

INVENTED TROLLEY

HONOR CLAIMED FOR J. C. HENRY, TELEGRAPHER.

The Word Originated in Kansas City—Called So Because it Trolled Along the Wire—The Trolley Pole Idea.

How and where the word "trolley" originated has been a matter of some dispute, but there is little question that the honor of giving birth to a word now in almost universal use belongs to Kansas City. This distinction is accorded Kansas City in a recent publication of the government census office dealing with the growth and development of electric traction in the United States.

The place of the birth of the word "trolley" was the present Kansas City Independence line, and the man who probably first uttered it was John C. Henry. The circumstances attending its origin form an interesting bit of history of the use of electricity as a motive power in Kansas City.

John C. Henry was for several years in the early eighties an operator for the Western Union Telegraph company. He lived in Westport and used all his spare time and money in making experiments toward the perfection of electric traction. Henry was a genius, and considering the difficulties under which he worked, the success of his experiments were marvellous. He was far removed from any centre of electrical development and without proper facilities for work, and yet the results of his experiments are embodied in many of the electrical motive power machines in use at the present time. His greatest invention was the trolley.

In the period of 1884-85 electric street railways, as we know them now were in the first stages of development. Experiments that had been made up to that time had all been along the third rail and conduit method of transportation of electric energy to the motors. The latter method, no doubt, was suggested by the conduit of the cable roads, which was then coming into almost universal use as a solution of the rapid transit problem in the cities.

Both methods were full of faults and little headway was made. Henry was quick to recognize the defects in both methods and he early turned his genius to devising a method of overhead transmission. He worked day and night and finally reached a stage development that he thought was perfect. He built a little experimental line at his home in Westport and there gave a practical demonstration of the worth of his invention.

This was at the time when the Kansas City Independence line was taking shape. There was a question as to the motive power to be used, and it was with the idea of demonstrating to the promoters of the line the advantages of electric traction that Henry built his experimental line. His trolley of that day was far different from the trolley as we know it now. His trolley was a travelling carriage, which was moved along the wire with the car by the flexible cable, which carried the power to the motors. Henry rigged up his invention on a short section of the Kansas City Independence line.

He called the travelling carriage a "troller," because it "trolled" along the wire. Then he corrupted "troller" into "trolley" and the word came in to use among the employees on the line. In a short time it spread to other lines, and in a few years was in universal use. The travelling carriage, pulled along by a flexible wire, while it was an advance over anything that had ever been tried, was yet far from perfect.

Then in a happy moment Henry hit upon the trolley pole idea, and it just proved an instant success. At first the poles were of wood, but they broke so often that it was not long before hollow piping was substituted. With that invention electric traction began to gain, and in a few years it had shown its merits and marked the ending of all other forms of rapid transit.

His scheme was adopted on the Kansas City Independence line. Henry began to make money and soon abandoned his little Westport experimental line and secured the use of some side tracks of the old Kansas City, Fort Scott and Gulf road near Rosedale, to continue his experiments. In the fall of 1885 he secured some new machinery and with ample backing went to work to develop the speed of electric motors, which until then had proved somewhat erratic.

His experiments were successful, and he undertook the contract of equipping the old East Side street railway, the foundation of what is now the North-east or Forest Park line. The East Side line had a mile track and Henry installed upon it four single twenty-five horse-power motor cars. The motors were built in Kansas City, and people who live along the line can still remember the noise they made. The cars, palatial for those days, would look like a cigar-box alongside the big cars of to-day. The motors were not connected directly with car axle, but were mounted in the car in full view of the passengers and the power was transmitted to the wheels by belts.

Henry continued his experiments after equipping the East Side line and soon became known far and wide in the electrical traction field. In 1877 he went to California, where he built several electrical street railroads, the machinery for which he had made in Kansas City.

In the field of electrical engineering the success he made with the meagre facilities and the meagre funds at his command is considered remarkable. He was remote from everything that he needed and yet his ingenuity overcame all obstacles. The ground work of his inventions still endures and his word "trolley" is in universal use even though he may be almost forgotten.

An Emergency Physician.

You are sure to save needless suffering and you may save life by having at hand a bottle of Smith's White Liniment.

It is of vital importance that pain or injuries be treated promptly. Here is a remedy that relieves pain in an almost magical way, and cures strains, bruises, lame backs, etc., quicker than any other remedy we know of. Large bottle, 25c., at Wade's. Money back if not satisfactory.

It is stated on good authority that Mrs. Hetty Green, the richest woman in America, intends to retire from business and live the rest of her life in her old home at Bellows Falls, Vt., where her children were born. Like all of Mrs. Green's property the old homestead is sadly neglected and in need of repairs.

FARMER'S WOOD LOT

Will Be Forward Movement This Year.

It is expected that a forward movement will be inaugurated this year in respect to farmers' wood lots and the reclamation of waste lands. What is aimed at is the establishment in each county of at least two experimental wood lots on farms centrally located so as to be easy of access and which would serve as models to farmers in the district. It is proposed to supply farmers, who will give a small portion of their land for experimental wood lots, and give it a reasonable amount of care, with suitable and specially selected saplings. Experts will advise as to the planting, etc. It is expected that the Ontario department of agriculture, the Ontario Agricultural College, the Experimental Union and the Farmers' Institutes will co-operate in carrying on this work.

Demonstration work of this kind, if properly conducted, should prove effective in stimulating an increased interest in the farmer's wood lot. It it can be shown that a replenishing of the wood lot or a reclamation of waste lands can be successfully carried on, many farmers, we are assured, will take up the work. There is a great need for it in the older parts of Canada, where wooded lands are being denuded of tree life quickly and ruthlessly.

Queen Wilhelmina, of Holland, is bearing the cost of concerts given by well known singers in the slum quarters of The Hague. Only the poorest people are allowed to attend.

WHAT ABOUT SPRING MEDICINE?

This is "House-Cleaning" Time For the System Which Needs Purifying and Cleansing.

The inside of your body requires attention just the same as the outside. A great accumulation of effete matter, poisons and wastes is clinging to the various organs, and must be moved off.

Some gentle laxative and tonic must be used.

The system must be relieved of its burden if you are to enjoy a happy, healthy summer.

Physicians who have examined the formula of Dr. Hamilton's Mandrake and Butternut Pills say no medicine could be better.

Whether ill or not, thousands rely on Dr. Hamilton's Pills which are truly marvelous in preventing spring and summer sickness.

Begin Dr. Hamilton's pills without delay. You'll feel stronger, eat heartier, digest better, sleep sounder and gain more in weight.

Edward Maynard, an old resident of New Westminster, B.C., writes: "I don't say Dr. Hamilton's Pills will cure everything, but they made a quick job of building up my run-down system. I had kidney disease and constipation, and was wholly unfitted for work. Pains shot through my limbs and lodged in my back. Headaches often made me desperate. I had no appetite, an awful color, and felt despondent. Sometimes I was a little rheumatic. After a few days I began to mend and kept up Dr. Hamilton's Pills until I was restored to my present tip-top condition. Can you afford to miss the benefit of this marvelous working medicine? Think it over. All dealers sell Dr. Hamilton's Pills, 25c. per box or five boxes for $1. By mail from N. C. Polson & Co., Hartford, Conn., U.S.A., or Kingston, Ont.

PUT IN THE TIME

MEANS FOR PASSING HOURS OF IDLENESS.

Soldiers Find Time to Knit Their Socks—Amusements of Those in the Foreign Service.

London Tit-Bits.

Soldiers abroad (especially in India) cut off from all sources of enjoyment obtainable at home, are forced to devise means of passing their hours of idleness. The elementary stage in hobbies is knitting socks, hardly the work in which one would expect soldiers to engage, but a hobby which is extremely popular. That this is so the following will show.

In a recent issue of a service paper a man of the Cheshire Regiment throws out a challenge to knit any man in Southern India for a championship and a stake of 300 rupees (£20). Men often purchase new socks from the regimental stores, simply for the pleasure of pulling them to pieces and reknitting them.

From socks the natural transition is to Berlin wool. This mostly takes the form of waist belts and slippers, and men with a good eye for the tasteful blending of colors find it an extremely profitable hobby, their productions finding a ready sale among comrades.

A man of my acquaintance, who evolved a pretty design in forget-me-nots, was inundated with orders for ladies' slippers, the majority of which found their way home to sweethearts and sisters, being in many cases represented as the handiwork of the sender.

Another man was a veritable artist in Berlin wool, and his reproduction of that famous picture, "The Huguenots," besides taking the first prize at the Poona industrial exhibition, sold for £30.

Hearth rugs, quilts and table covers also occupy the time of many men, being made of pieces of military cloth of various colors. The number of pieces required for, and the amount of sewing involved in this description of a quilt or table cover of this description is simply surprising. These mostly find their way home as presents to parents or relatives.

"Fly dodgers" are the men who devote themselves to scouring the country in pursuit of the myriad varieties of fly and beetle to be found in the tropics, thereby becoming acquainted with the beauties of nature and keeping themselves in good health. Fly-dodgers also go in for snakes, scorpions, centipedes, lizards, etc.; and, familiarity breeding contempt, occasionally a life is lost by careless handling of a venomous snake. Successful fly dodgers can always command money, either by supplying dealers or setting up and selling their own cases of files, etc.

Parrots and minas afford a never-failing source of occupation to those gifted with sufficient patience to undertake the task of teaching these birds to speak. A favorite method with bird trainers is to lower the cage down a well, and, seated on the edge of the coping, to pour forth for a couple of hours nightly a monotonous repetition of "Pretty Polly," etc. Others seek the seclusion of a dark room for the same purpose.

Various places lend themselves to particular hobbies. In the Andaman Islands mother of pearl is plentiful, and everybody goes in for polishing shells or making rings and bracelets from them.

Gibraltar has its staple hobby in rock ornaments made from a beautiful fully-veined stone which abounds, is easily worked, and takes a high polish. This is a very profitable hobby, as brooches, crosses, paper-weights, Bible and Prayer-book markers, and other knick-knacks find a ready sale among tourists.

In Burmah, the land of teak, the carving of elaborately decorated photo frames enables many a man to while away hours that would otherwise be dreary. And at Bhamo, pleasure may be combined with profit in fashioning ornaments of serpentine.

In India soldiers recovering from serious illness are usually sent to hill stations to complete their cure, and can find plenty of wood to whittle into walking sticks. For one of these sticks which the writer has an offer of £2 10s was made. Its actual value as a stick might be about one shilling, but it is covered with most elaborate carvings of birds and flowers, and represents four months' work.

Severe Scottish Law.

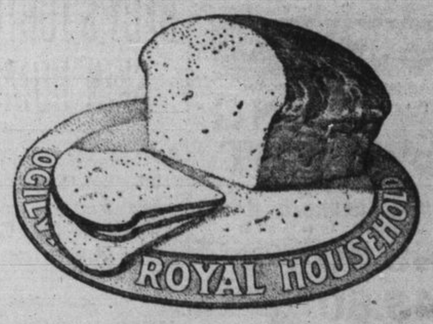
The sentence of outlawry pronounced at the Glasgow high court against an absconding solicitor, charged with forging a check, and a clerk, charged with false pretences, is a curious survival of old Scots law. The persons of the accused, the sentence declares to be forfeited in law. Outlaws become incapable of bearing testimony; they can neither sue nor defend an action, civil or criminal; they cannot act on a jury, nor can they be appointed tutor or curator of another. They, in short, cannot claim any personal benefit whatever from the law. They have lost all the privileges of British subjects.

The sentence of the court is also a warrant for the denunciation of the accused as a rebel; his movable estate is forfeited to the crown, and if the outlaw remain for a year and a day in condition of a rebel the profits of his heritable estate, if he have any, for his lifetime are forfeited. The "denunciation at the Horn" takes place at the Market cross of Edinburgh. "Three Oyesses" are proclaimed, the sentence is read, and three blasts with a horn are given, by which the outlaw is understood to be proclaimed rebel to the king. The sentence is then fixed to the Market cross and thus published. The outlaw can only be reprieved by surrender of his person.

Eastertide Excursion to New York

Via New York Central lines. Thursday, April 12th, 1906. Exceptionally low rates. Ten days return limit. Through day coaches and Pullman sleeping cars. Apply to nearest New York Central ticket agent.

The highest point to which a human being can ascend without involving injury to health is 16,500 feet.



Absolutely white flour makes the most beautiful white bread—the kind we all like.

But white bread is not necessarily pure because it is white. To be pure it must be made from purified flour.

There is only one method of making flour absolutely pure, and that is by electricity. No impurity can withstand the searching, purifying work of this electrical process.

The electrical method is employed by every big mill in the United States.

In Canada the only flour purified by electricity is

Royal Household Flour

therefore it is the only flour that can be considered as absolutely pure.

Say "Ogilvie's Royal Household" to your grocer—he'll do the rest.

Ogilvie Flour Mills Co., Limited, MONTREAL.

"Ogilvie's Book for a Cook," contains 130 pages of excellent recipes, some never before published. Your grocer can tell you how to get it FREE. 2

CARLING'S ALE, PORTER AND LAGER

NOTED FOR PURITY BRILLIANCY AND UNIFORMITY.

J. S. HENDERSON, AGENT, KINGSTON

How to have your Fire Insurance reduced 1\3

Metal Walls and Ceilings—Metal Sidings and Shingles—make homes absolutely fire-proof and lightning proof.

Leading fire insurance companies recognise this fact by making their rates ⅓ LESS on Sheet Metal Buildings than on houses of wood or brick.

This one feature alone should interest every one who is going to erect a building.

Separate catalogue for walls, ceilings, sidings, roofs, etc., beautifully illustrated, FREE, if you say what you are interested in and mention this paper.

THE METAL SHINGLE & SIDING CO. Limited Preston, Ont.

Get The Best

RUBBER STAMPS COSTS NO MORE

We have been at it, same address, since 1891. Also Stencils, Steel Stamps, Co'pany Seals, Rubber Alphabet Sets for printing price cards, White Enamel Letters, &c. Write us, we'll do the rest. C. W. Mack, 9-11-13 King St. W., Toronto.

Disease Germs In Wall Coverings

—with the result that the doctor must be called in, administer medicine to counteract disease that might have been avoided had the old, and it may be, poisonous wall-covering been removed, or, better still, never been put on, and the walls decorated with

Church's Alabastine

The Permanent and Sanitary Wall Coating

ALABASTINE does not rub or scale off like kalsomine. Does not impregnate the air of a room with disease germs, as no arsenic is used in the coloring, nor flour paste in its application to mold, or make a plate for bacteria to thrive in.

The dingy walls of your home can be made bright and new at small expense.

With ALABASTINE the most beautiful effects can be produced. Anyone can do plain tinting with stencil ornamentation. All hardware and paint dealers sell Alabastine.

A simple request by post-card or letter will bring just the information you want and ought to have. Address—

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