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Paint -:- Come Off's Paint!

...d at & Son's, tree, ...olute guarantee. It's ...s, too. Try a gallon.

...a Back Number do not use a Type-... The visible writing... E will please you and... ne for a month.

171 Wellington St.

THE "HAPPY THOUGHT" RANGE

...akes glad hearts and sweet tempers... BECAUSE... looks well, bakes perfectly and is... try easy on fuel.

...We have sold over 1,500 in this dis-... tinct—this alone ought to make you... nk seriously before buying any cook... ve except

THE "HAPPY THOUGHT" & BIRCH-... ck Street.

The Habit of Health

Many people have a habit of ailing. How much better it would be to learn to keep well. For health, after all, is largely a matter of habit, which may acquire with a little practice.

BEECHAM'S PILLS

teach good habits to Stomach, Liver, Kidneys and Bowels. If you are subject to Bilious Attacks, suffer from Constipation or are troubled with Indigestion, Nervousness or Headache, Beecham's Pills will reform all these bad habits and set an example of good health, which the body will quickly follow. You can break up all sickly habits by occasionally using the health suggestions transmitted by Beecham's Pills.

Prepared only by Thomas Beecham, St. Helens, Lancashire, England. Sold by all Druggists in Canada and U. S. America. In boxes 25 cents.

SHREDDED WHEAT BISCUIT

Is a ready-cooked, whole-wheat food, made light and porous without yeast, baking powder, fats or chemicals. A natural remedy for digestive troubles.

Send for the "Vital Question Cook Book," postpaid. CANADIAN SHREDDED WHEAT CO., Limited, Niagara Falls, Ont. Toronto Office, 31 Church St.

CARLING'S ALE, PORTER AND LAGER

NOTED FOR PURITY BRILLIANCY AND UNIFORMITY.

J. S. HENDERSON, AGENT, KINGSTON.



RUBBERS AGAIN!

It seemed as though spring had come, yes, but only to go again. Now, we pay particular attention to dry feet. Wear our Rubbers and save colds and trouble.

We highly recommend the "CANADIAN" RUBBERS. They fit the best—wear the best.

We have Rubbers for everybody—men, women, boys, girls and children.

Try us when wanting Rubbers.

Abernethy's Shoe Store

SPRING 1906

Now is the time to buy your Wall Papers. We are offering from Monday, March 19th, to Saturday, March 24th, ...

20% Discount on all Wall Papers

Call and see our samples—they are all of the latest designs and colorings.

W. N. Lemmon's 78 William Street.

WEDDED AND AWAY

A NAPANESE BRIDE LEAVES FOR THE WEST.

A Wedding of Much Interest Was Celebrated on Wednesday—It Was a Quiet But Happy Event.

Napanee, March 22.—A wedding of much interest to Napaneeans was solemnized yesterday afternoon at two o'clock at the residence of the bride's mother, Mrs. J. R. Perry, John street, when her eldest daughter, Miss Augusta, became the bride of E. Barr Hill, of Princeton, B.C. Owing to the recent death in the bride's home, the wedding was of a very quiet nature, only the near relatives of the bride being present. The ceremony was performed by Rev. W. H. Kinsley. The bride was attended by her sister, Miss Pearl, and a like service was performed for the groom by Charles P. Templeton, cousin of the bride. The bride's cousin, little Miss Violet Perry, was flower girl. The bride was attired in a handsome gown of lavender silk, trimmed with lace and chiffon, and carried white carnations, and the bridesmaid, Miss Pearl, wore a similar gown trimmed with lace and carried pink carnations. The flower girl was daintily attired in white embroidered lawn trimmed with blue ribbon, and carried pink carnations. After the wedding ceremony a dainty wedding dinner was partaken of and at 1:30 o'clock Mr. and Mrs. Barr had taken the train for their home in Princeton, B.C., where the groom is a civil engineer. The bride's going away gown was a handsome navy blue broadcloth with dainty hat to match. The presents to the bride were exquisite and very numerous, and consisted of solid silver, cut glass, hand-painted china and bric-a-brac. The groom's gift to the bride was a handsome gold bracelet set with amethysts, to the bridesmaid, a gold pin, with an amethyst, and the flower girl a silver necklace.

The friends from a distance who attended were Mrs. W. A. Rockwell, from Chicago; Mrs. Armstrong, Kingston, Mr. and Mrs. Barr Hall will visit friends in Toronto, Regina and Calgary en route to their home in the west. The bride is one of Napanee's fairest daughters and has a host of friends who wish her and her estimable husband a long and prosperous journey through life. A large number of their friends accompanied them to the station to say good-bye, and deluge them with rice.

A Tailored Shirt-Waist Suit.



Shirt-waist suits for early spring in the new materials, light in weight and medium in color, will be much sought with separate covert or griffonette cloth jackets. For these the pleated skirt is maintaining all of its original popularity, and the waist is pleated or tucked in a corresponding fashion. The skirt of this model is walking length, as they all must be, the pleats stitched well below the hips. The back of the waist has those pleats sloping from shoulder to centre waist line, and the fronts are a series of yoke-length and full-length stitched tucks, either side of the front box pleat fastening with small fancy buttons. A stitched belt of the gray mohair, the material of the frock, fastens with a silver coral set buckle in front.

Watson's For March. Watson's Magazine begins its second year with the March number. It has grown and prospered, and Mr. Watson's virile editorials show no falling off. Watson's has been enlarged to 160 pages, the cover has been improved, and instead of the one department with which the magazine first appeared, there are now seven. The fiction and verse have risen to a very high standard of excellence.

THE ORIGIN OF CATARRH

Is Interesting, But a True Cure is What You Seldom Find.

Scarcely anyone escapes catarrh in some form. At first it is a cold. But each day makes it more sickening and offensive.

As the mucus gets plugged up, the patient has to breathe through the mouth, and run the risk of letting consumption germs get into the lungs. No use trying to cure with snuffs, atomizers or stomach medicine.

The germs are in the nostrils, the throat and air passages. Only Catarrhose can reach the trouble, for it goes wherever the air you breathe can go.

Into the smallest air cells, into every passage, wherever there's a sign of catarrh—you can quickly apply Catarrhose.

Sore spots are healed, inflammation subdued, the mucous membranes are cleansed and strengthened, the cause of the trouble being cured by Catarrhose, thorough cure quickly follows.

Foolish to put off when cure is so handy. Your druggist sells Catarrhose, two months' treatment \$1.

PILES A CITY OF CRIPPLES

IS WHAT A WRITER CALLS KINGSTON.

The Independence of the People Eaten Out—Always Looking for Government Support, Instead of Helping Themselves.

Kingston, March 21.—(To the Editor.) As I have heard members of the Frontenac Historical Society discuss their plans very clearly and fully, may I be allowed to reply to "Anti-Extravagance." The members are fully agreed that the great evil that has eaten the independence out of Kingstonians always looking to the government to prop them up, is the amount of government patronage. If our government institutions could be removed, we would have a city of independent, public-spirited people. As it is the working people want the rich people to do things, and the rich ask the council, and the council the government, and what we cannot persuade any one else to do for us, we do without. If any American city, the size of Kingston and with its advantages, had wanted to do things about a summer hotel as much as we have, the citizens, rich and poor, would have united and built it, but we stand waiting for some wealthy person from some where else.

Now from some conversations I have heard, and can vouch that the Frontenac Historical Society will not ask any grant or favor from the council, beyond the free use of the City hall for illustrated lectures, to interest and enthuse the people in Kingston. The tearing down of the fence around Clarence Park—if that is the name—will cost very few dollars, the ground is levelled and I believe that is all that is to be attempted this year. The objection that it will become a resort for immoral persons is a very provincial one; there was never a park opened that did not have to meet that difficulty. The real question is, will it add to the appearance of the city, if so means can be found to overcome the dissatisfied evil.

If we cannot have the park, do not let us ask the government to spend any money on it. When a boy thirteen says, "You are up against a hard proposition, to try to get the Kingston people to do anything." When the working man and the college professor alike bewail the apathy and indifference, the lack of enterprise of the people, and pessimistically assert, it is hopeless to make any attempt to beautify the city or enthuse the people to work for its interests, it is time we recognized the disease and ceased to foster it, by crying for more government patronage. If we could only make the citizens say we can stand on our own feet, through individual effort and co-operation, we can make Kingston beautiful, we can overcome the difficulties, it is possible the faith, independence and co-operation born of the effort might have a deep regenerating effect on the life of the city. Let us try and see—INDEPENDENCE.

Mrs. Williton Speaks. From her home at 29 Gilmour avenue, Toronto Junction, Mrs. J. Williton tells of her new found cure for neuralgia, and muscular pain. "I have long been troubled with neuralgia, and Nerviline has been my only relief. When rubbed on it seems to sink right to the core of the pain, and gives instant ease. I can honestly recommend Nerviline for any pain or ache—it's a sure cure." "Can't help curing, it's so strong and penetrating. Sinks right to the core of the pain, and prevents it returning. But I forget the name—Polson's Nerviline,"—and refuse any substitute.

AN OLD IDEA

Shown to be Absolutely False by Modern Science.

People used to think that baldness was one of those things which are handed down from generation to generation, from father to son—just like a family heirloom. Science has shown the falseness of this belief by proving that baldness itself is not a constitutional disease, but the result of a germ invasion of which only Herpicide can effectually rid the scalp.

Washing only cleans the scalp of dandruff, it doesn't kill the germs. "Destroy the cause, you remove the effect." Newbro's Herpicide will do this in every case. It is also a delightful dressing.

Sold by leading druggists. Send 10c. in stamps for sample to the Herpicide Co., Detroit, Mich. G. W. Mahood special agent.

QUITE A CHANGE.

The Canada of To-Day and Twenty Years Hence.

Weekly Sun, Toronto. It is expected that 50,000 immigrants from Great Britain will settle in Ontario this year. About an equal number of Ontario people will remove to the North-West in the same time. The volume of the two human currents is likely to increase rather than decrease. It is quite within the range of possibilities that in the next six or seven years we may lose half a million of our own people to the North-West, and receive an equal number from the old land. Such great changes in a province with a population of a little over 2,000,000, must produce important industrial and social effects. We are losing not only the young and progressive, but those of our own habits and customs; we are getting young as well as old from abroad, but, these, whether young or old, are not as progressive as are the men and women we are losing, and their views of life differ in many respects from those held here. As a result of all this Ontario of ten years hence will differ very materially from the Ontario of to-day. Those of our people who go to the North-West, will also be changing; they will find themselves developing in the boundless West a new point of view, and will be greatly influenced by surroundings formed by strangers from the United States, Great Britain and the four corners of Europe. If one could do the Rip Van Winkle act he would not know the Canada in which he would awake twenty years hence.

MEMBERS WENT TO DANCES.

Would Have to Give Up One or Other.

Brinsley, Ont., March 22.—Rev. A. McKibbin, pastor of Mars' Hill Methodist church, hearing that certain members of the choir had been attending dancing parties, caused a small stir by reading to the choir on Sunday, at the end of his discourse, the footnote in the discipline, referring to amusement, and commenting thereon, particularly putting stress on dancing. He made the statement that the dancing parties in this locality were of the lowest type—that the cards were there. He wanted all the members of the choir to be moral people. He said the time had come when the members of the choir would have to choose between the choir and the dance; that dancers should not be in the choir.

Hard or soft corns cured with three applications of Peck's Corp salve. Guaranteed. Money back if not satisfied. In boxes, 15c., at Wade's drug store.

Nestle's Food

When the stork brings the baby—and you can't nurse the little one—feed only Nestle's Food

It's the perfect substitute for mother's milk. In summer and winter, always the same.

Sample (enough for 8 meals) sent free to mothers.

THE LEEHING, MILLS CO., LIMITED, MONTREAL.

Japan tea will soon be a thing of the past. Machine-made Ceylon is fast displacing it. Blue Ribbon is the best.

DR. J. COLLIS BROWNE'S CHLORODYNE

(THE ORIGINAL AND ONLY GENUINE.)



Colds, Coughs, Asthma, Bronchitis.

Is admitted by the profession to be the most wonderful and valuable remedy ever discovered.

Is the best remedy known for COUGHS, COLDS, CONSUMPTION, BRONCHITIS, ASTHMA.

Acts like a charm in DIARRHOEA, and is the only specific in CHOLERA, and DYSENTERY.

Effectually cuts short all attacks of EPILEPSY, HYSSTERIA, PALPITATION and SPASMS.

Is the only palliative in NEURALGIA, RHEUMATISM, GOUT, CANCER, TOOTHACHE, MENINGITIS, etc.

Always ask for "DR. J. COLLIS BROWNE'S CHLORODYNE," and beware of spurious compounds or imitations. The genuine bears the words "DR. J. COLLIS BROWNE'S CHLORODYNE" on the Government Stamp of each bottle.

Sold in bottles. Prices in England, 1s 1 1/2d., 2s. 9d., 4s. 6d. each. (Overwhelming Medical Testimony accompanies each bottle.)

Sole Manufacturers:—J. T. DAVENPORT, Limited, LONDON.

Wholesale Agents, LYMAN BROS. & CO., Limited, Toronto.

Shoe Whims

Almost every man has shoe whims of his own. Nothing irritates him more than being urged to buy a totally different kind of shoe from those he wants, simply because the Shoe Store in question doesn't carry his favorite kind.

We can please nearly every man with shoes. Not all—that would be impossible—but at least you won't be talked into unsuitable shoes.

THE CHOICE OF GOOD SHOES

Here is both, exceptionally and surprisingly large. Take for example our Men's Patent Colt Blucher and Bal at \$3.50. They are better by a dollar and more than any other shoes you can find at the price.

J. H. Sutherland & Bro. The House of Good Shoe-making.

Kitchen Needs!

There is a lot of things needed in a Kitchen that you never think of unless you keep house or a tin store.

We have been supplying people with these things for so many years that we can tell pretty near what they want.

All the different shapes and styles in Pots and Pans, Bread Boxes, Kettles, Sauce Pans, and the dozens of things that should be in a well appointed kitchen are here, at prices very low.

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